SD Coalition Development

October 2019

- Conversations Started in the South Dakota

November 2019

- NCOA = Inactive SD Coalition
- Planning Meeting
- Call for members
  - GOAL = Multidisciplinary Team
December 2019

- First Coalition Meeting
- Needs Assessment
  - State Data Sources
  - Trauma Registry
  - Injury Report
- Current Efforts
  - CDC STEADI – most familiar
  - Limited EB Fall Prevention Programs
SD Data: Primary Cause of Injury 2017-18

- Fall: 1793 (2017), 2173 (2018)
SD Data: Cause of Death 2017-18

- Fall: 40 (2017), 54 (2018)
- Other: 23 (2017), 18 (2018)
SD Coalition Development

Jan – May 2020

• Mission, Vision, Values
• ByLaws
• Steering Committee
• Strategic Plan
• Membership Recruitment
  • 35 Organizations Represented
• Making a Case for SD
Strategic Plan

Vision

• Older South Dakotans will have fewer falls and fall-related injuries, maximizing their independence and quality of life.

Mission

• “Cultivate collaboration to reduce falls by increasing knowledge and implementing evidence-based fall prevention solutions for older adults.”

Goals

• Reduce the number of fall related deaths by 5% by 2025 or 2026.
• Reduce the number of fall related hospitalizations by 10% by 2025 or 2026.
Website
- South Dakota Dept of Health Trauma System
- Fall Prevention Link

Toolkit Links
- At-Home exercise videos
- CDC STEADI website Testimonials and personal stories of people who have fallen
- AGS Beers Criteria
- National Council on Aging website
Falling is NOT a normal part of getting older!

1. Have you fallen in the past year?
2. Do you feel unsteady when standing or walking?
3. Do you worry about falling?

If you answered “YES” to any of these key screening questions, contact your primary health provider (nurse practitioner, physician assistant, doctor, chiropractor, etc.) to schedule a fall risk assessment.

South Dakota Falls Prevention Coalition

For more information about preventing older adult falls, please visit the South Dakota State Trauma Register website at deh.sd.gov/providers/nrclhealth/trauma/
Online Resource

https://doh.sd.gov/providers/ruralhealth/trauma/FallsPrevention.aspx
Continuing to Build

Membership is always open

• Get involved in the Coalition
• Email PreventFallsSD@gmail.com
  • Name
  • Email Address
  • Affiliation/Profession
• Fall Prevention Awareness Week
  • Push out information to contacts related to ToolKit and Coalition information
  • Distribute Posters on SDFPC
Thank you for inviting me to present at this meeting.

Questions?