

Falling is **NOT** a normal part of getting older!

1

Have you fallen in the past year?

2

Do you feel unsteady when standing or walking?

3

Do you worry about falling?

If you answered **“YES”** to any of these key screening questions, tell the receptionist/nurse.



For more information about preventing older adult falls, please visit the South Dakota State Trauma Register website at doh.sd.gov/providers/ruralhealth/trauma/.