Falling is NOT a normal part of getting older!

1. Have you fallen in the past year?
2. Do you feel unsteady when standing or walking?
3. Do you worry about falling?

If you answered “YES” to any of these key screening questions, tell the receptionist/nurse.

For more information about preventing older adult falls, please visit the South Dakota State Trauma Register website at doh.sd.gov/providers/ruralhealth/trauma/.