

21st Annual Yankton Area Mental Wellness Conference



June 5 - 6, 2019

Mount Marty College, Yankton, South Dakota

Registration form is online at: www.yamwi.org

Yankton Area Mental Wellness, Inc.

1028 Walnut, Yankton, SD 57078

Email: yamwi.org@gmail.com

Wednesday Plenary

Wednesday, June 5: 8:00 a.m.

Ethics in a Digital Age

Louise Stanger, Ed.D, LCSW, CDWF, CIP



Dr. Louise has been a licensed clinician since 1973 and uses a variety of evidenced based modalities of which she has been trained in, including but not limited to, MI, SFT, Mindfulness, DBT, 12 step, Daring Way-Rising Strong as she helps families whose loved ones experience substance abuse, process disorders, mental health and physical maladies such as chronic pain.

Wednesday Plenary

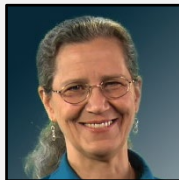
Wednesday, June 5: 9:15 a.m.

Brain Changes in Dementia

Wednesday, June 5: 12:30 p.m.

Using a Positive Approach to Dementia Care

Teepa Snow, MS, OTR/L, FAOTA



Teepa Snow is one of the world's leading advocates and educators for anyone living with dementia. Her philosophy is reflective of her education, work experience, medical research, and first-hand caregiving experiences. Teepa's advocacy efforts led her to the development of the GEMS® dementia classification model and the Positive Approach® to Care training strategies. She is an occupational therapist with 40 years of rich and varied clinical and academic experience and presents with extraordinary expertise and humor to audiences throughout the world.

Wednesday Closing Session

Wednesday, June 5: 3:30 p.m.

Burnout / Resilience / Recharging Yourself

Connie Schroeder, BS, MA



Connie is the Executive Director of the South Dakota Leadership Academy and is currently pursuing a Ph.D in Leadership. Connie's life experience provides a wide base of leadership experience. After working her way into Corporate management for a national company, she left in 2000 to start her own company, which she has owned since. In addition, she has extensive community leadership experience and has served on many local, state, and regional boards.

Thursday Plenary

Thursday, June 6: 8:00 a.m.

Trauma and The Body

Daniel Burow, Ed.D



Daniel is a licensed psychologist and CEO of Daniel Burow Consulting in Sioux Falls, SD. From 2006-2014 he worked at Deer Oaks Behavioral Health as Chief Clinical Officer and supervised 400 clinicians in 18 states. From 2014-2018 Daniel was the Vice President of Operations at MedOptions, the nation's largest for-profit behavioral health company, and supervised behavioral health operations in 21 states with more than 700 clinical staff. Daniel currently works as a geriatric psychologist, consultant to multiple long-term care/rehabilitation companies, and as a training/consultant to managers and executives in behavioral health industry across the United States.

Thursday Plenary

Thursday, June 6: 9:30 a.m.

Angela Kennecke Broadcasts Her Own Daughter's Heart-breaking Overdose Death

Angela Kennecke, MA



Angela is a veteran broadcast journalist and award-winning investigative reporter. Over the last decade, many of Angela's stories focused on the growing opioid crisis. On the day her 21-year-old daughter, Emily, died of an overdose, Angela was working on Good Samaritan Laws and overdose deaths. Emily died of fentanyl poisoning. Angela speaks tirelessly about the issues surrounding opioid addiction, a parent's frustration, and sense of helplessness and tells it all from the perspective of a mother who has lost her child. Angela started a charity called "Emily's Hope," because she never gave up hope on her daughter and now wants to offer hope to other families struggling with addiction.

Thursday Closing Session

Thursday, June 6: 3:15 p.m.

Doing the Right Moves to Work-Play-Live Pain Free

Mark "Coach Rozy" Roozen, M.Ed, CDCS,*D, TSAC-F, FNCSA



Mark "Coach Rozy" holds a master's degree in HPERD with emphasis in Exercise Physiology. He has been in the Strength, Conditioning, and Performance field for over 30 years. Mark presents and consults internationally with various sport teams, fitness groups, and organizations. He is also an author with numerous articles, training manuals, and books.



"Caring for Self...Caring for Community"

7:30 a.m. **REGISTRATION**
Mount Marty College – Roncalli Lobby

7:55 a.m. **WELCOME AND INTRODUCTIONS** – Jean Hunhoff, BSN, MSN, MHA, SD District 18 Representative
Roncalli Main Dining Room

PLENARY SESSION: 8:00 a.m.

Roncalli Main Dining Room

Ethics in a Digital Age

Louise Stanger, Ed.D, LCSW, CDWF, CIP

This lively training looks at rules and regulations governing digital communications, the use of social media, telepsychology, and crossing state lines as a licensed provider. Advertising and ethics will be explored as ethics in individual, group, and community perspectives are examined.

PLENARY SESSION: 9:15 a.m.

Roncalli Main Dining Room

Brain Changes in Dementia

Teepa Snow, MS, OTR/L, FAOTA

This session will improve the participant’s understanding of the brain changes that occur and the ways in which these changes often vary based on the type of dementia present. Participants will understand the ways these structural changes contribute to transformations in everyday function. Also addressed will be the differences between “normal” and “not normal” aging.

BREAKOUT 1 – Wednesday, 10:45 a.m.

1) Medication Assisted Withdrawal Management

Pam VanMeeteren, RN, MS, CARN-AP, DNP

This presentation will discuss symptoms and clinical monitoring of withdrawal from commonly abused substances including alcohol, methamphetamines, benzodiazepines, and opioids. The pharmacological approaches to manage withdrawal on both an inpatient and outpatient basis will be discussed. Emphasis will be given to use of Medication Assisted Treatment for opioid use disorder.

2) Brain Changes in Dementia, Interactive Session

Teepa Snow, MS, OTR/L, FAOTA

This session is a continuation of the Plenary Session. It will be very interactive with the goal of providing knowledge, skills, and attitudes that will change daily outcomes of dementia care.

3) Emotional Toll of Immigration

Sarah Brandt, BS

Many stressors are generated when entering a new country depending on reasons for leaving the home country. Participants will explore these stressors and learn how to assist immigrants.

4) Maladaptive Behaviors in the Classroom Setting

Tyler Anderson, M.Ed

What maladaptive behaviors are, how to determine if a maladaptive behavior is socially significant, functions of behaviors, positive/negative reinforcement/punishment, and common classroom interventions are some of the topics that will be covered in this session.

5) The Sexual Exploitation of Homeless LGBTQ Youth

Tiffany C. Graham, BA, JD

This session will explore the relationships that link mental health challenges, homelessness among the LGBTQ youth population, and the forms of sexual exploitation that can occur as a result.

6) Trafficking in our Communities: What You Can Do To Make a Difference

Bridget Diamond-Welch, Ph.D

This presentation will provide the basics of human trafficking and what it looks like in our communities. How to spot a victim of trafficking and how you can respond in a safe manner will be discussed.

LUNCH AND LEARN

12:00 noon

Roncalli Main Dining Room

**Research Poster Presentations, University of SD Sanford School of Medicine Students
and Other Graduate and Undergraduate Students** (*Presentations Listed on Page 4*)

PLENARY SESSION: 12:30 p.m.

Roncalli Main Dining Room

Using a Positive Approach to Dementia Care

Teepa Snow, MS, OTR/L, FAOTA

The goal of this session is to help caregivers manage their own behaviors for improved outcomes and interactions. It may seem like the person living with dementia is deliberately choosing their behavior because the behavior can change from one moment or day to the next and can vary widely between individuals. This session will provide participants strategies and methods of providing help to people with dementia that recognize losses and use retained abilities to promote positive outcomes in interactions. Emphasis will be placed on helping participants to approach people with dementia safely and consistently, provide verbal support and responses that reduce distress, and improve social engagement.

BREAKOUT 2 – Wednesday, 2:00 p.m.

7) Gen Z - Trends in Anxiety, Depression, Texting, Vaping, & More

Louise Stanger, Ed.D, LCSW, CDWF, CIP

This session will discuss the teens today and offer strategies to help parents and teens deal strategically and effectively in a time where confusion reigns, bodies change, and identities fluctuate.

8) Using a Positive Approach to Dementia Care, Interactive Session

Teepa Snow, MS, OTR/L, FAOTA

This session is a continuation of the Plenary Session. It will be very interactive with the goal of providing knowledge, skills, and attitudes that will change daily outcomes of dementia care.

9) Suicide Prevention Training: Question, Persuade, Refer

(Note: This training meets requirements of suicide prevention training for teachers)

Sheri Nelson, MA, LAC

QPR stands for Question, Persuade and Refer, three steps anyone can learn to help prevent suicide. In this training participants first learn about the nature of suicidal communications, what forms these communications take, and how they may be used as a stimulus for a QPR intervention.

10) The Counselor's Role in Red Cross Disaster Relief

Terry Crandall, MA, and Amy Reyes, MS.Ed

Licensed Mental Health Professionals and School Counselors are invited to become American Red Cross Disaster Mental Health (DMH) volunteers. Learn how these volunteers provide basic emotional support, crisis intervention, and referral for individuals and families impacted by disasters of all types. DMH also work with other Red Cross volunteers in handling the stress of disaster response. The needs are real, and the rewards are great!

11) Disability Rights = Diversity Rights

Natalie Perry, JD

This session will provide information to gain a better understanding and awareness of the philosophy and mission that drives the services Disability Rights South Dakota offers to citizens of the state who have a disability or significant mental illness. Protection and advocacy for rights and inclusion will be presented through the nine different programs for inclusion at all levels of life.

12) L.I.V.E. Presentation on Active Shooter Options

Michael Burgeson, MA

The L.I.V.E. program is an instructor led program that provides viable options to students who may find themselves caught in an active shooter event. This training is designed to be utilized in any location and with any type of intruder.

PLENARY SESSION: 3:30 p.m. - 4:30 p.m.

Roncalli Main Dining Room

Burnout / Resilience / Recharging Yourself

Connie Schroeder, BS, MA

Resilience is about how you recharge, not how you endure. We all know that we can't pour from an empty cup, yet we ask ourselves to do just that. Learn how to build your resilience and take home some tools to take care of your most important Leadership Task - Leading Yourself!

OPTIONAL SESSION: 4:45 p.m.

Mead Cultural Education Center

History of the Yankton State Hospital

Crystal Nelson, BS, AS

This presentation will include the history of the mental health hospital that started in 1879, in Yankton. Information about the ebbs and flows of the hospital and events that made significant contributions both to the care of patients onsite and the awareness of various illnesses nationwide. Healthcare prior to the availability of medication and a movement started by hospital administrator Dr. Leonard C. Mead to care for the mentally ill will be discussed during this lecture. This session will include a tour of one of the remaining historic buildings, the Women's Ward of the Hospital, more recently known as the Mead Building.

OPTIONAL SESSION: 5:45 p.m. - 6:45 p.m.

South Dakota Human Services Center (Meet at HSC Main Entrance)

Overview of the South Dakota Human Services Center

Barb Mechtenberg, MSW, LCSW

The South Dakota Human Services Center (HSC) is a division of the South Dakota Department of Social Services. HSC provides an Adult Acute Psychiatric Program, Adult Psychiatric Rehabilitation and Recovery Program, Intensive Treatment Unit, Geriatric Program, Adolescent Program, Adult Chemical Dependency Program, and Ancillary and Support Services. There will be discussions with time for questions and answers on admission, treatment, and discharge planning.

University of South Dakota Sanford School of Medicine
Research Poster Presentations:

1. Oak Lane Hutterite Colony, Alexandria, SD
Cultural Visit on the Prairie: Oak Lane Hutterite Colony
Lauren Fanta
2. Pine Ridge Retreat Center, Pine Ridge, SD
Pine Ridge: Understanding History & Witnessing Hope
Adam Cloos and Eric Mehlhaff
3. Pine Ridge Retreat Center, Pine Ridge, SD
Restoring Lakota Heritage in Pine Ridge
Patrick Kane and Katelyn Taylor
4. Black Hills Works, Rapid City, SD
Ability through Art
Kate Ferrell
5. Pine Ridge Retreat Center, Pine Ridge, SD
Elders in Lakota Culture: Reflections from Pine Ridge
Derek Lee, Rachel Saltness, and Hannah Schumacher
6. Dougherty Hospice House, Sioux Falls, SD
Hospice: Compassionate End of Life Care
Tyler Sternhagen and Jessica Simpkins

Other Graduate and Undergraduate Student Presentations will also be displayed

OPTIONAL SESSION: 7:00 a.m.

Mount Marty College Library

Yoga for Physical and Mental Wellness

Amy Reyes, M.S.Ed, Registered Yoga Teacher (RYT-200)

So often in our professional roles as “helpers,” we become so focused on others that we neglect our own self-care. Yoga isn’t a “cure-all,” however, it can be used as a tool in psychological and emotional healing as well as help in resolving issues with self-confidence, relationships, and self-discovery. This session will introduce participants to basic yoga philosophy followed by a gentle vinyasa yoga class. Participants will experience a combination of poses (asana) and breathwork (pranayama) which will help conference attendees start their day in a calm and mindful manner. The session will end with a guided meditation.

7:30 a.m. **REGISTRATION (ONLY FOR THOSE WHO DID NOT ATTEND ON WEDNESDAY)**

Mount Marty College – Roncalli Lobby

7:30 a.m. **YANKTON RIVERBOAT DAYS CAPTAIN AND BELLE WELCOME YAMWI CONFERENCE PARTICIPANTS**

Mount Marty College – Roncalli Lobby

7:50 a.m. **WELCOME AND INTRODUCTIONS** – Jean Hunhoff, BSN, MSN, MHA, District 18 Representative

Roncalli Main Dining Room

PLENARY SESSION: 8:00 a.m.

Roncalli Main Dining Room

Trauma and The Body

Daniel Burow, Ed.D

Through this primarily experiential session, participants will focus on developing the skills necessary to establish rapport with a client and then work with their traumatic symptoms in a way that can bring immediate change to the client’s experience. The session’s primary goal is to give participants the ability to change the traumatized client’s current physiological and neurological patterns of experience in a way that brings integration and learning to the client’s life.

PLENARY SESSION: 9:30 a.m.

Roncalli Main Dining Room

Angela Kennecke Broadcasts Her Own Daughter’s Heartbreaking Overdose Death

Angela Kennecke, MA

Angela will talk about her own experiences of losing her daughter to an accidental opioid overdose and her choice to make the story public. She will share the heartbreak, what she’s learned, and her crusade to stop more overdoses of young people. This is an educational presentation on the opioid epidemic told through a mother’s eyes.

BREAKOUT 3 – Thursday, 10:45 a.m.

13) Finding Happiness in Our Messes and Strengths in Our Weaknesses

Claretta Cunningham, BS, BA, MA and
Tiffany Kashas, BS, MAIS

Topics for this session include, but are not limited to trauma, body communication, exploring habits and patterns (in ourselves and others), processing dualistic perception and unity perception, and recognizing gifts in all situations.

14) Silver Tsunami - Aging, Addiction, Mental Health, and Chronic Pain

Louise Stanger, Ed.D, LCSW, CDWF, CIP

The baby boomer population will be over the age of 65 by the middle of the century. According to the Census Bureau this will present the largest group of older citizens in American history. This turn in demographics poses challenging questions for clinicians, policymakers, and behavioral health care professionals. More importantly, this population of aging Americans are experiencing upward trends in substance abuse and chronic pain. These two forces, the greying of baby boomers and the increase in alcohol and other drug use, are creating one of the fastest growing problems in our country. This interactive session will look at best practices for treating seniors and their families.

15) High School Graduation Requirements

Andrea Diehm, MA

New graduation requirements were adopted in July 2018. This session will provide an overview of the graduation requirements and implications for students.

16) An Ethical Prospective on Counselor Training and Supervision, Part 1

(Participation in Part 1 is recommended to attend Session 24)
Daniel Burow, Ed.D

Becoming aware of the needs that drive us, our clients, and our supervisees is the first step to transformational learning. With learning comes maturity which allows us to put our needs aside and really focus on helping our clients achieve their goals. This workshop will help participants see these needs and engineer the experiences necessary to help their clients/supervisees change and grow.

17) Helping the Healing Process Using Indigenous Cosmologies

Gary Cheeseman, Ed.D, MA, BA, AA

Dr. Cheeseman will speak about and describe how he and his community use Indigenous traditions, cosmologies, and ceremonies to help in the healing of American Indian people.

18) Playing Russian Roulette

Angela Kennecke, MA

Angela will talk about the increase use of opioids and street drugs and what caused the rise of heroin use. Fentanyl overdoses have increased by 1,000 percent in 6 years. Angela will share what she’s learned from the DEA and prosecutors about the problems, and how the drugs are getting into the country. She will also talk about what she’s learned from lawmakers about potential solutions.

LUNCH AND LEARN

12:00 noon

Roncalli Main Dining Room

Research Poster Presentations, University of SD Sanford School of Medicine Students and Other Graduate and Undergraduate Students *(Presentations Listed on Page 4)*

12:25 p.m. **WELCOME** – Dr. Marcus Long, President, Mount Marty College

Roncalli Main Dining Room

HOT TOPICS: 12:30 p.m.

Roncalli Main Dining Room

Avera JIVE

USD Center for Child Maltreatment

Call to Freedom: Human Trafficking

SD Association of Healthcare Organizations

Mark “Coach Rozy” Roozen, M.Ed

BREAKOUT 4 – Thursday, 2:00 p.m.

19) Publicly Funded Services for Individuals with Serious Mental Illness, Including Schizophrenia and Other Major Mental Illnesses

SD Division of Behavioral Health Staff

This session will provide an overview of mental health and substance use disorder programs and services funded by the SD Division of Behavioral Health including updates regarding prevention efforts, opioid abuse, telehealth services, and services available to the justice-involved population.

20) Understanding Addiction Disorders and the Impact on Mental Health

Alicia Hagstrom, MS, LPC, LAC, CRC, and
Melissa Roby, MS, LPC, LAC

An overview of addiction disorders, what to look for, treatment options, and resources available to the public. Also discussed will be how addiction impacts an individual’s mental health and how to treat both for the best success rate of long-term recovery.

21) Drugs, Addiction, and The Court System

Angela Kennecke, MA

Angela will talk about how addiction is being treated in the court system and the new programs and ideas being tried. She will share what she’s seen in covering these cases and what it’s like to be on the flip-side as a family member who has lost a loved one and the dealer is prosecuted.

22) Fifteen Minutes Ago: A Vietnam Memoir

Craig Tschetter, AS

For Craig Tschetter, Vietnam was home from November 1967 to July 1969. Like many, the naïve 18-year-old was utterly unprepared for the Marine Corps, and Vietnam left its deep, unyielding scars on his memories for life. Craig learned that combat-weary veterans look forward to building a normal life. They seldom realize that normal is not an option for veterans of combat. Craig shares his personal experience, discussing mental health, Post Traumatic Stress Disorder, depression, and suicide, to help others who served and those who love them.

23) Integrating Mindfulness and Other Treatment Modalities in Trauma Therapy

Donna Aldridge, MA, LPC, QMHP

Mindfulness, Somatic Therapy, and Expressive Arts Therapy have been shown to literally change the structure of the brain in positive ways. This information will be presented in simple, relatable, and unforgettable terms with pictures, stories, and examples.

24) An Ethical Prospective on Counselor Training and Supervision, Part 2

(Participation in Session 16 is recommended to attend this session)

Daniel Burow, Ed.D

Becoming aware of the needs that drive us, our clients, and our supervisees is the first step to transformational learning. With learning comes maturity which allows us to put our needs aside and really focus on helping our clients achieve their goals. This workshop will help participants see these needs and engineer the experiences necessary to help their clients/supervisees change and grow.

CONFERENCE CLOSING SESSION: 3:15 p.m. - 4:45 p.m.

Roncalli Main Dining Room

Doing the Right Moves to Work-Play-Live Pain Free

Mark “Coach Rozy” Roozen, M.Ed, CDCS,*D, TSAC-F, FNCSA

This session will cover the benefits of moving the body in the correct way, and how training the body to move instead of just training muscles can help attendees learn to work-play-live pain free at any age. This session will provide helpful information for all areas of health: physical, mental, and spiritual.

THURSDAY, June 6, 2019

“Together Towards Tomorrow”

DIRECTIONS

This conference will be held at Mount Marty College, 1105 West 8th Street, Yankton, South Dakota. The College is located near Avera Sacred Heart Hospital, Yankton Medical Clinic, and Bishop Marty Chapel. Watch for signs directing participants to the conference registration entrance. For information about Yankton, including city map, motels, restaurants, entertainment, etc., contact the Yankton Area Chamber of Commerce at 605-665-3636 or access the www.yanktonsd.com website.

ACCESSIBILITY

The conference site is primarily Americans with Disabilities Act accessible. Please note on your registration form as to special accommodations needed.

DOG ATTENDANCE & SERVICE DOG POLICY

The YAMWI board established that personal dogs are NOT allowed at our annual conference. This decision was based on concern for the safety and comfort of our canine friends and on our conference format. Personal dogs include emotional support, comfort animals, and therapy dogs, which are not defined as service animals under Title II and Title III of the ADA. Service dogs are an exception to this policy. Service dogs are defined and covered by Federal Law under the ADA. Service dogs must be house trained and handlers are responsible for cleaning up after the animal at all times.



Thank You
2019 Conference
Planning Committee
Your work is greatly appreciated!

YANKTON AREA MENTAL WELLNESS CONFERENCE

2019 REGISTRATION FEES

2-Day Fee = \$175.00

Late Fee: If received after May 17th = \$200.00

1-Day Fee = \$150.00

Late Fee: If received after May 17th = \$175.00

Make checks payable to YAMWI

Thank You

for participating in the 2019 YAMWI Conference!

CONFERENCE GOAL

The Yankton Area Mental Wellness logo depicts the overall conference goal. The main design resembles the sunshine, the warmth gained by caring for others, and the vitality of good health. The rays indicate how mental wellness adds brightness all around. The bold print reminds us that “wellness” is the core of this conference. The word “conference” at the bottom of the logo denotes that this training will provide a strong foundation for caregivers and professionals. The spacing of the letters indicates that there is room for everyone to support this event and a need for everyone to care about mental wellness.



2019 MENTAL WELLNESS CONFERENCE OBJECTIVES

Conference participants will:

1. Explore different therapeutic interventions and therapeutic techniques
2. Explore contemporary theory, research, and practice for working with people
3. Examine the impact crisis events have on individuals
4. Examine factors that impact ethical therapy practice
5. Identify behaviors that may indicate chemical dependency or mental illness as experts explore the latest findings concerning intervention and treatment
6. Address the issues involved in the practice of working with people with physical and/or mental health needs
7. Examine the current status of all generations in society, their pressures of life, and how professionals can support them
8. Describe new methods of ***"CARING FOR SELF ... CARING FOR COMMUNITY"***
9. Incorporate the 2019 conference theme: ***"Together Towards Tomorrow"***

PROFESSIONAL CREDIT FOR THIS CONFERENCE:

It is the responsibility of each participant to ensure that professional credit meets the criteria for their discipline.

Professional credit applications for this conference have been submitted to the following:

- Board of Examiners for Nursing Home Administrators in SD
- Certification Board of Addiction and Prevention Professionals
- SD Board of Counselor Examiners – Ethics hours requested
- SD Board of Social Work Examiners
- SD Department of Social Services Childcare Services
- SD Emergency Services Office – Emergency Medical Technicians
- SD State Board of Dentistry
- SD State Board of Pharmacy for Pharmacists & Technicians
- Credits for Licensed Nutritionists / Dietitians
- Commission on Rehabilitation Counselor Certification (CRCC)
- Continuing Education Units through the SD State Department of Education
- Graduate Credit through Mount Marty College: 1 credit @ \$50.00 (in addition to conference registration fee)



"Caring for Self...Caring for Community"

Printable Registration Form

(Registration form is also online at: www.yamwi.org)

Yankton Area Mental Wellness Conference

"Together Towards Tomorrow"

Wednesday, June 5th – Thursday, June 6th

*REQUIRED INFORMATION

*First Name: _____

*Last Name: _____

Organization: _____

Title/Position: _____

*Phone #: _____

*Email Address: _____

*Address: _____

*City, State, Zip: _____

Breakout Session Preferences

As a courtesy to our Conference Presenters, Participants will be expected to **attend the session that they pre-registered.** Participants will receive a copy of their Final Conference Itinerary upon registration check-in.

BREAKOUT SESSION 1, Wed. 10:45am Please select your 1st & 2nd preferences: *1st preference: ____ *2nd preference: ____

- 1) Medication Assisted Withdrawal Management, Pam VanMeeteren, RN, MS, CARN-AP, DNP
- 2) Brain Changes in Dementia, Interactive / Part 1, Teepa Snow, MS, OTR/L, FAOTA
- 3) Emotional Toll of Immigration, Sarah Brandt, BS
- 4) Maladaptive Behaviors in the Classroom Setting, Tyler Anderson, M.Ed
- 5) The Sexual Exploitation of Homeless LGBTQ Youth, Tiffany C. Graham, BA, JD
- 6) Trafficking in our Communities: What You Can Do To Make a Difference, Bridget Diamond-Welch, Ph.D

BREAKOUT SESSION 2, Wed. 2:00pm Please select your 1st & 2nd preferences: *1st preference: ____ *2nd preference: ____

- 7) Gen Z - Trends in Anxiety, Depression, Texting, Vaping, & More, Louise Stanger, Ed.D, LCSW, CDWF, CIP
- 8) Using a Positive Approach to Dementia Care, Interactive / Part 2, Teepa Snow, MS, OTR/L, FAOTA
- 9) Suicide Prevention Training: Question, Persuade, Refer (QPR), Sheri Nelson, MA, LAC
- 10) The Counselor's Rose in Red Cross Disaster Relief, Terry Crandall, MA, and Amy Reyes, MS.Ed
- 11) Disability Rights = Diversity Rights, Natalie Perry, JD
- 12) L.I.V.E. Presentation on Active Shooter Options, Michael Burgeson, MA

OPTIONAL SESSIONS:

- *History of the Yankton State Hospital, Wednesday, June 5th, 4:45pm I will attend. I will not be able to attend.
- *Overview of the South Dakota Human Services Center, Wednesday, June 5th, 5:45pm I will attend. I will not be able to attend.
- *Yoga for Physical and Mental Wellness, Thursday, June 6th, 7:00am I will attend. I will not be able to attend.

BREAKOUT SESSION 3, Thur. 10:45am Please select your 1st & 2nd preferences: *1st preference: ____ *2nd preference: ____

- 13) Finding Happiness in Our Messes and Strengths in Our Weaknesses, Claretta Cunningham, BS, BA, MA, and Tiffany Kashes, BS, MAIS
- 14) Silver Tsunami - Aging, Addiction, Mental Health, and Chronic Pain, Louise Stanger, Ed.D, LCSW, CDWF, CIP
- 15) 2018 Graduation Requirements, Andrea Diehm, MA
- 16) An Ethical Prospective on Counselor Training and Supervision, Part 1, Daniel Burrow, Ed.D (*Participation is recommended to attend Session #24*)
- 17) Helping the Healing Process Using Indigenous Cosmologies, Gary Cheeseman, Ed.D, MA, BA, AA
- 18) Playing Russian Roulette, Angela Kennecke, MA

BREAKOUT SESSION 4, Thurs. 2:00pm Please select your 1st & 2nd preferences: *1st preference: ____ *2nd preference: ____

- 19) Publicly Funded Services for Individuals with Serious Mental Illness, Including Schizophrenia and Other Major Mental Illnesses, Division of Behavioral Health Staff
- 20) Understanding Addiction Disorders and the Impact on Mental Health, Alicia Hagstrom, MS, LPC, LAC, CRC, and Melissa Roby, MS, LPC, LAC
- 21) Drugs, Addiction, and The Court System, Angela Kennecke, MA
- 22) Fifteen Minutes Ago: A Vietnam Memoir, Craig Tschetter, MA
- 23) Integrating Mindfulness and Other Treatment Modalities in Trauma Therapy, Donna Aldredge, MA, LPC, QMHP
- 24) An Ethical Prospective on Counselor Training and Supervision, Part 2, Daniel Burrow, Ed.D (*Participation in Session #16 is recommended to attend Part 2*)

Meals

- *Lunch, Wednesday, June 5th, 12:00pm I will not be able to attend. I will attend and eat LUNCH provided.
- *Lunch, Thursday, June 6th, 12:00pm I will not be able to attend. I will attend and eat LUNCH provided.

Accessibility

The conference site is primarily Americans with Disabilities Act accessible. Please list here special needs for accommodations:

CONFERENCE REGISTRATION FEES: 2-Day: \$175.00 (Rcvd after May 17th: \$200.00); 1-Day: \$150.00 (Rcvd after May 17th: \$175.00)

MAIL COMPLETED REGISTRATION FORM TO: Yankton Area Mental Wellness, Inc., 1028 Walnut, Yankton, SD 57078