

## Suicide

Reduce the suicide age-adjusted death rate for South Dakota from 17.1 per 100,000 in 2014 to 12.6 per 100,000 by 2020

South Dakota Rate	South Dakota 2020 Target	U.S. Rate
20.4 (2015)	12.6	13.0 (2014)

### Significance:

Suicide is a serious public health problem that can have lasting harmful effects on individuals, families, and communities. While the causes of suicide are complex and determined by multiple factors, the goal of suicide prevention is to reduce factors that increase risk and increase factors that promote resilience. Ideally, prevention addresses all levels of influence: individual, relationship, community, and societal. Effective prevention strategies are needed to promote awareness of suicide and encourage a commitment to social change.

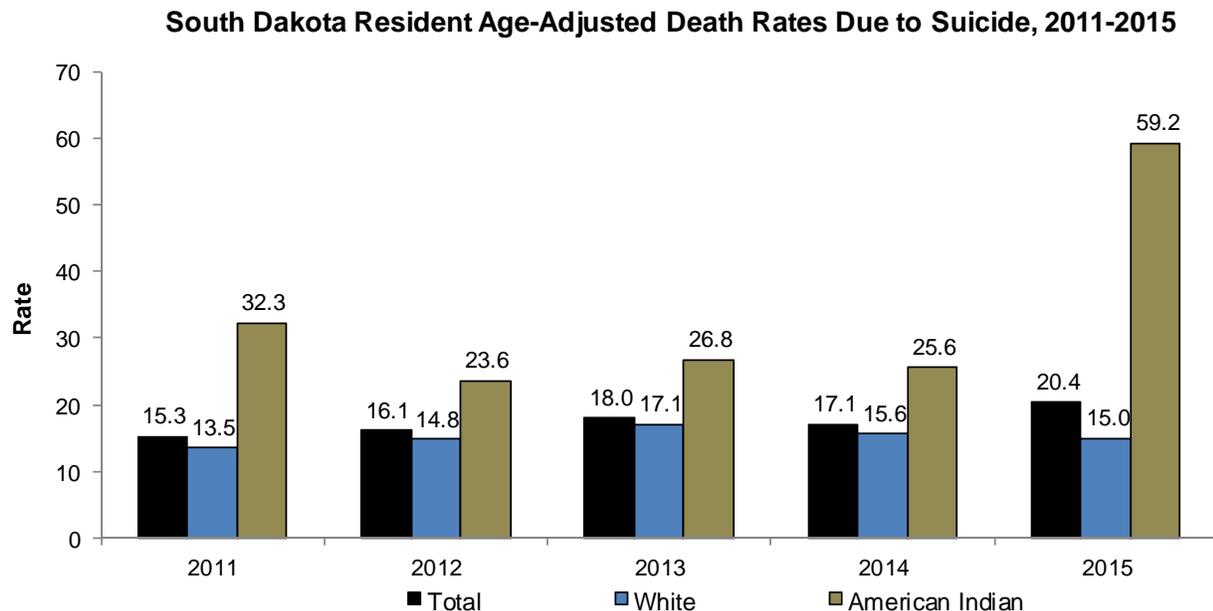
A combination of individual, relational, community, and societal factors contribute to the risk of suicide. Risk factors are those characteristics associated with suicide – they may or may not be direct causes – and may include family history of suicide, family history of child abuse/neglect, previous suicide attempts, history of mental health disorder, alcohol/substance abuse, local epidemics of suicide, loss (relationship, financial, job), etc.

Suicide was the ninth leading cause of death in South Dakota in 2015 with 173 deaths. Suicide was the second leading cause of death for residents ages 10-34 accounting for 80 deaths in 2015. Among the American Indian population, suicide was tied for the sixth leading cause of death with 48 deaths in 2015.

**Definition:** Age-adjusted death rate due to suicide per 100,000 population

**Data Source:** South Dakota Vital Records Data

### Statistical Trend:



**Date Last Updated:** 10/13/2016