# Frequently Asked Questions

## SD DEPARTMENT OF HEALTH COVID-19

**What is the Care19 Diary app?**

The Care19 Diary is a location logging app for your mobile device that serves as a tool to speed up the disease investigation process should you test positive for COVID-19. The app helps users log and categorize locations they have visited for at least 10 minutes.

**Does the Care19 Diary app share my personal information?**

No. Your information is 100% anonymous and will be used in an aggregated form. If you test positive for the virus, you can choose to make your location data available at your discretion to the Department of Health.

**What should I do if I have been in contact with someone who has tested positive for COVID-19?**

If an employee or patron of a business who has had a positive test for COVID-19 can't continue to make the business operate safely, the business owner or manager should notify the Department of Health. They do not issue a public health notice if all close contacts can be identified.

**What is flattening the curve?**

Flattening the curve refers to reducing the rapid transmission of COVID-19 but not others?

**Can I practice social distancing outside?**

It's possible to follow CDC social distancing guidelines or isolation or quarantine while doing outdoor activities, but this is not thought to be the main way the virus spreads.

**Are some activities safer than others?**

Social activities during COVID-19, click here.

**Is it safe to resume activities like shopping, summer recreation, dining out, and going to church, backyard gatherings, camping, etc.?**

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**When is a person considered recovered from COVID-19?**

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**What is the spread of the virus like?**

**How does the virus spread?**

Coronaviruses are believed to spread from person to person through the following:

- Breathing in close quarters, etc.
- There is no current evidence to suggest that the index virus can live on plastic for more than 2 days.

**How long do coronaviruses last on surfaces?**

<table>
<thead>
<tr>
<th>Surface Type</th>
<th>Days</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Plastic</td>
<td>2-3</td>
<td></td>
</tr>
<tr>
<td>Glass</td>
<td>3-5</td>
<td></td>
</tr>
<tr>
<td>Metal</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Paper</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Wood</td>
<td>2-3</td>
<td></td>
</tr>
<tr>
<td>Leather</td>
<td>2-3</td>
<td></td>
</tr>
</tbody>
</table>
| Glass surfaces have the virus on it and then touching their own mouth, nose, or eyes,

**Can food be a source of COVID-19 transmission?**

If a worker in a meat or food processing plant became infected with coronavirus, would the food processed at that facility be safe to eat?

**Is it safe to cook Gospel according to the CDC, 2019-nCoV?**

If a worker in a meat or food processing plant became infected with coronavirus, would the food processed at that facility be safe to eat?

**Are the chemicals typically used in household cleaners effective against COVID-19?**

Individuals should clean and disinfect all surfaces in their environment daily.

**Where can I go for emotional health support?**

If you or someone you know needs help with mental health issues like depression, anxiety, or suicidal thoughts, call 1.800.273.8255.

**What is Flattening the curve?**

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**What can we do to slow the spread of COVID-19?**

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## SYMPTOMS AND POTENTIAL EXPOSURE

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fever or chills</td>
<td>...</td>
</tr>
<tr>
<td>Sore throat</td>
<td>...</td>
</tr>
<tr>
<td>New loss of taste or smell</td>
<td>...</td>
</tr>
</tbody>
</table>

**How do you identify people who might have been exposed to COVID-19?**

Users can opt out at any time. If an individual using the app tests positive, the Care19 ID number is used to identify others who may have been exposed. Care19 Diary is a location logging app for your mobile device that serves as a tool to speed up the disease investigation process should you test positive for COVID-19. The app helps users log and categorize locations they have visited for at least 10 minutes.

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## GENERAL RESOURCES

- COVID-19 Resources for Businesses
- COVID-19 Resources for Providers
- COVID-19 Resources for Families
- COVID-19 Resources for Students
- COVID-19 Resources for Seniors
- COVID-19 Resources for Communities

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## SOCIAL DISTANCING

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