WELCOME TO YOUR VACCINE JOURNEY

Follow the steps to your vaccine.

1. **Find Where to Get Vaccinated**
   - Get vaccinated as soon as you can.
   - Go to vaccines.gov to find a vaccine site near you.

2. **Make an Appointment**
   - Call or make an appointment online for yourself or someone you love.

3. **Go Time**
   - Bring an I.D. and insurance cards.
   - No insurance? No worries. The vaccine is free, even with no health insurance.

4. **Check In**
   - Check in and be prepared to answer questions about your allergy history.
   - Line up. Stay 6 feet apart. And wear a mask.

5. **Get Your Shot**
   - Arm, alcohol wipe, shot—done. You’ll get a vaccination card that tells you which COVID-19 vaccine you got and where and when you got it.

6. **Wait 15 Minutes**
   - You need to be observed for 15 minutes afterwards to make sure you do not have an allergic reaction.

7. **Go Home**
   - Time to go. Shot done. You’re done.

8. **Rest**
   - Side effects can happen and are normal. You could have a sore arm, low fever, chills, headache, or fatigue, but they will likely go away in a few days.*

9. **Get Second Shot (If Required)**
   - Some COVID-19 vaccines require two shots for them to work.

10. **Protect Yourself and Others**
    - Until you’re fully vaccinated (2 weeks after your final dose), continue to wear a mask when inside public places, stay 6 feet apart from people who don’t live with you and who may not be vaccinated, avoid crowds, and wash your hands often.

*A small number of people have had a severe allergic reaction (called “anaphylaxis”) after vaccination, but this is extremely rare. If this occurs, vaccination providers have medicines available to effectively and immediately treat the reaction.

It is important for everyone to continue using all the tools available to help stop this pandemic as we learn more about how COVID-19 vaccines work in real-world conditions.

Content last reviewed: May 24, 2021