

QUARANTINE GUIDELINES*

COMPARING THE NEW 7 & 10 DAY QUARANTINE GUIDELINES



**QUARANTINE
THROUGH DAY 7**
since date of last exposure

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Negative test result
(specimen collected on
Day 5 or later)
and then release from
quarantine after Day 7

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Person must remain
asymptomatic prior to release
and continue to monitor
through Day 14

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If a person has not received
negative test results by Day 7,
the person must remain in
quarantine until their negative
test result is received



**QUARANTINE
THROUGH DAY 10**
since date of last exposure

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**NO TEST
NEEDED**

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Person must remain
asymptomatic prior to release
and continue to monitor
through Day 14

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**Those in long-term care facilities
are encouraged to adhere to a
14-day quarantine period.*

