QUARANTINE GUIDELINES*

COMPARING THE NEW 7 & 10 DAY QUARANTINE GUIDELINES

7
QUARANTINE THROUGH DAY 7
since date of last exposure

Negative test result
(specimen collected on Day 5 or later)
and then release from quarantine after Day 7

Person must remain asymptomatic prior to release and continue to monitor through Day 14

If a person has not received negative test results by Day 7, the person must remain in quarantine until their negative test result is received

10
QUARANTINE THROUGH DAY 10
since date of last exposure

NO TEST NEEDED

Person must remain asymptomatic prior to release and continue to monitor through Day 14

*Those in long-term care facilities are encouraged to adhere to a 14-day quarantine period.

FULLY VACCINATED? Find Public Health Recommendations here!