Long Term Care Call 3.3.21

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Visitation - *guidance based on the Center for Medicare and Medicaid Services (CMS) revised guidance September 17, 2020 (QSO-20-39-NH)*

- Facilities **must** have a plan with policies and procedures in place to ensure person-centered visitation is reasonably allowed.

- Visitation may occur safely and based on the community (county) test positivity rate, the absence of COVID-19 within the facility, and the core principles of COVID-19 infection prevention.

- DOH Staff will conduct a visitation phone survey.

- Lack of visitation in a facility without adequate reasoning may indicate a Resident Rights concern.

- **State of South Dakota Back to Normal Long-Term Care Reopening Plan** - *Revised September 25, 2020*

- The guidance represents reasonable ways a NH and ALC can facilitate in-person visitation.

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SOUTH DAKOTA
DEPARTMENT OF HEALTH

Percent Positive and Tests in prior 14 days:

County	FIPS	State	Region	Population	Type	Positive	Tests	Percent	Color
Aurora County, SD	46003	SD	8	2,751	Non-core	23	836	4.3%	Green
Beadle County, SD	46005	SD	8	18,453	Micropolitan	48	260	12.5%	Yellow
Bennett County, SD	46007	SD	8	3,365	Non-core	54	1,605	0.0%	Green
Bon Homme County, SD	46009	SD	8	6,901	Non-core	53	768	3.8%	Green
Brookings County, SD	46011	SD	8	35,077	Micropolitan	395	1,126	2.3%	Green
Brown County, SD	46013	SD	8	38,839	Micropolitan	406	1,045	6.2%	Yellow
Brule County, SD	46015	SD	8	5,297	Non-core	33	623	0.0%	Green
Buffalo County, SD	46017	SD	8	1,962	Non-core	<20 tests	<20 tests	<20 tests	Green
Butte County, SD	46019	SD	8	10,429	Non-core	159	1,525	5.7%	Yellow
Campbell County, SD	46021	SD	8	1,376	Non-core	29	2,108	0.0%	Green
Charles Mix County, SD	46023	SD	8	9,292	Non-core	107	1,152	11.2%	Yellow
Clark County, SD	46025	SD	8	3,736	Non-core	31	830	0.0%	Green
Clay County, SD	46027	SD	8	14,070	Micropolitan	50	355	2.0%	Green
Codington County, SD	46029	SD	8	28,009	Micropolitan	86	307	2.3%	Green
Corson County, SD	46031	SD	8	4,086	Non-core	27	661	14.8%	Yellow
Custer County, SD	46033	SD	8	8,972	Small metro	94	1,048	10.6%	Yellow
Davison County, SD	46035	SD	8	19,775	Micropolitan	228	1,153	4.4%	Green
Day County, SD	46037	SD	8	5,424	Non-core	<20 tests	<20 tests	<20 tests	Green
Deuel County, SD	46039	SD	8	4,351	Non-core	20	460	0.0%	Green
Dewey County, SD	46041	SD	8	5,892	Non-core	28	475	21.4%	Yellow
Douglas County, SD	46043	SD	8	2,921	Non-core	<20 tests	<20 tests	<20 tests	Green
Edmunds County, SD	46045	SD	8	3,829	Micropolitan	32	836	9.4%	Yellow
Fall River County, SD	46047	SD	8	6,713	Non-core	121	1,802	6.6%	Yellow
Faulk County, SD	46049	SD	8	2,299	Non-core	25	1,087	4.0%	Green
Grant County, SD	46051	SD	8	7,052	Non-core	82	1,163	7.3%	Yellow
Gregory County, SD	46053	SD	8	4,185	Non-core	58	1,386	10.3%	Yellow
Haakon County, SD	46055	SD	8	1,899	Non-core	<20 tests	<20 tests	<20 tests	Green
Hamlin County, SD	46057	SD	8	6,164	Non-core	<20 tests	<20 tests	<20 tests	Green
Hand County, SD	46059	SD	8	3,191	Non-core	48	1,504	6.2%	Yellow
Hanson County, SD	46061	SD	8	3,453	Micropolitan	37	1,072	16.2%	Yellow
Harding County, SD	46063	SD	8	1,298	Non-core	<20 tests	<20 tests	<20 tests	Green
Hughes County, SD	46065	SD	8	17,526	Micropolitan	266	1,518	2.3%	Green
Hutchinson County, SD	46067	SD	8	7,291	Non-core	108	1,481	16.7%	Yellow
Hyde County, SD	46069	SD	8	1,301	Non-core	<20 tests	<20 tests	<20 tests	Green
Jackson County, SD	46071	SD	8	3,344	Non-core	<20 tests	<20 tests	<20 tests	Green
Jerauld County, SD	46073	SD	8	2,013	Non-core	<20 tests	<20 tests	<20 tests	Green
Jones County, SD	46075	SD	8	903	Non-core	<20 tests	<20 tests	<20 tests	Green
Kingsbury County, SD	46077	SD	8	4,939	Non-core	56	1,134	3.6%	Green
Lake County, SD	46079	SD	8	12,797	Non-core	67	524	0.0%	Green
Lawrence County, SD	46081	SD	8	25,844	Micropolitan	543	2,101	4.8%	Green
Lincoln County, SD	46083	SD	8	61,128	Small metro	814	1,332	7.4%	Yellow
Lyman County, SD	46085	SD	8	3,781	Non-core	<20 tests	<20 tests	<20 tests	Green
Marshall County, SD	46091	SD	8	4,935	Non-core	46	932	13.0%	Yellow
McCook County, SD	46087	SD	8	5,586	Small metro	52	931	7.7%	Yellow
McPherson County, SD	46089	SD	8	2,379	Non-core	148	6,221	0.0%	Green
Meade County, SD	46093	SD	8	28,332	Small metro	351	1,239	11.7%	Yellow
Mellette County, SD	46095	SD	8	2,061	Non-core	<20 tests	<20 tests	<20 tests	Green
Miner County, SD	46097	SD	8	2,216	Non-core	<20 tests	<20 tests	<20 tests	Green
Minnehaha County, SD	46099	SD	8	193,134	Small metro	3,843	1,990	4.6%	Green
Moody County, SD	46101	SD	8	6,576	Non-core	53	806	5.7%	Yellow
Oglala Lakota County, SD	46102	SD	8	14,177	Non-core	36	254	5.6%	Yellow
Pennington County, SD	46103	SD	8	113,775	Small metro	1,466	1,289	8.1%	Yellow
Perkins County, SD	46105	SD	8	2,865	Non-core	<20 tests	<20 tests	<20 tests	Green
Potter County, SD	46107	SD	8	2,153	Non-core	61	2,833	11.5%	Red
Roberts County, SD	46109	SD	8	10,394	Non-core	49	471	6.1%	Yellow
Sanborn County, SD	46111	SD	8	2,344	Non-core	<20 tests	<20 tests	<20 tests	Green
Spink County, SD	46115	SD	8	6,376	Non-core	112	1,757	7.1%	Yellow
Stanley County, SD	46117	SD	8	3,098	Micropolitan	41	1,323	2.4%	Green
Sully County, SD	46119	SD	8	1,391	Micropolitan	30	2,157	3.3%	Green
Todd County, SD	46121	SD	8	10,177	Non-core	21	206	0.0%	Green
Tripp County, SD	46123	SD	8	5,441	Non-core	32	588	9.4%	Yellow
Turner County, SD	46125	SD	8	8,384	Small metro	38	453	5.3%	Yellow
Union County, SD	46127	SD	8	15,932	Small metro	286	1,795	6.3%	Yellow
Walworth County, SD	46129	SD	8	5,435	Non-core	90	1,656	13.3%	Yellow
Yankton County, SD	46135	SD	8	22,814	Micropolitan	307	1,346	2.3%	Green
Ziebach County, SD	46137	SD	8	2,756	Non-core	<20 tests	<20 tests	<20 tests	Green

Data.CMS.gov
Data from February 11-February 24

Or

https://doh.sd.gov/COVID/Dashboard.aspx

County Test Positivity Rate				
Green	Monthly		38	58%
Yellow	Weekly		27	41%
Red	2 X Weekly		1	2%
		Counties	**66**	
Nursing Home Testing/Visitation				
Green	Monthly		52	50%
Yellow	Weekly		51	49%
Red	2 X Weekly		1	1%
		Nursing Homes	**104**	

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Community (County) Test Positivity Rate

- <mark>Low (<5%)</mark> = **Visitation should occur** according to the core principles of COVID-19 infection prevention and facility policies (**beyond** compassionate care visits)

- <mark>Medium (5% – 10%)</mark> = **Visitation should occur** according to the core principles of COVID-19 infection prevention and facility policies (**beyond** compassionate care visits)

- <mark>High (>10%)</mark> = Visitation should only occur for **compassionate care situations** according to the core principles of COVID-19 infection prevention and facility policies

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Compassionate Care – *for counties over 10% test positivity rate*

Source: CMS Frequently Asked Questions – October 6, 2020

While end-of-life situations have been used as examples of compassionate care situations, the term "compassionate care situations" **does not exclusively refer to end-of-life situations**. Examples of other types of compassionate care situations include, **but are not limited to**:

- A resident, who was living with their family before recently being admitted to a nursing home, is struggling with the change in environment and lack of physical family support.
- A resident who is grieving after a friend or family member recently passed away.
- A resident who needs cueing and encouragement with eating or drinking, previously provided by family and/or caregiver(s), is experiencing weight loss or dehydration.
- A resident, who used to talk and interact with others, is experiencing emotional distress, seldom speaking, or crying more frequently (when the resident had rarely cried in the past).

Allowing a visit in these situations would be consistent with the intent of, "compassionate care situations." Also, in addition to family members, compassionate care visits can be conducted by any individual that can meet the resident's needs, such as clergy or lay persons offering religious and spiritual support.

Furthermore, the above list is not an exhaustive list as there may be other compassionate care situations not included.

SOUTH DAKOTA
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The <u>**Core Principles of COVID-19 Infection Prevention**</u>

The **Core Principles of COVID-19 Infection Prevention**
- **Screening** of all who enter the facility for signs and symptoms of COVID-19 (e.g., temperature checks, questions or observations about signs or symptoms), and denial of entry of those with signs or symptoms
- **Hand hygiene** (use of alcohol-based hand rub is preferred)
- **Face covering or mask** (covering mouth and nose)
- **Social distancing** at least six feet between persons
- **Instructional signage** throughout the facility and proper **visitor education** on COVID19 signs and symptoms, infection control precautions, other applicable facility practices (e.g., use of face covering or mask, specified entries, exits and routes to designated areas, hand hygiene)
- **Cleaning and disinfecting** high frequency touched surfaces in the facility often, and designated visitation areas after each visit
- Appropriate use of **Personal Protective Equipment (PPE)**
- **Effective cohorting** of residents (e.g., separate areas dedicated COVID-19 care)
- **Resident and staff testing** are accessible

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PPE and BinaxNOW
are available to facilitate visitation in LTC

To facilitate visitation please contact:

- ✓ PPE – email a request form to COVIDResourceRequests@state.sd.us OR call **605.773.3048** and requesting entities must provide information regarding their current facility status.

- ✓ BinaxNOW Testing Kits - Please send an email to Cindy Koopman-Viergets at Cindy.KoopmanViergets@state.sd.us
- ✓ Please look at your **BinaxNOW expiration dates**.
- ✓ Use kits with the earliest expiration date first.

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Re-admission/ New Admission Guidance - CDC

Create a Plan for Managing New Admissions and Readmissions Whose COVID-19 Status is Unknown.

- Depending on the prevalence of COVID-19 in the community, this might include placing the resident in a single-person room or in a separate observation area so the resident can be monitored for evidence of COVID-19.
- HCP should wear an N95 or higher-level respirator (or facemask if a respirator is not available), eye protection (i.e., goggles or a face shield that covers the front and sides of the face), gloves, and gown when caring for these residents.
- Residents can be transferred out of the observation area to the main facility if they remain afebrile and without symptoms for 14 days after their admission.
- Testing at the end of this period can be considered to increase certainty that the resident is not infected.

https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html

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Re-admission/ New Admission Guidance - CMS

CMS – qso-20-38-nh – COVID-19 Focused Survey

- Does the facility have a plan (including appropriate placement and PPE use) to manage residents that are new/readmissions under observation, those exposed to COVID-19, and those suspected of COVID-19?

- Are these actions based on national (e.g., CDC), state, or local public health authority recommendations?

https://www.cms.gov/files/document/qso-20-38-nh.pdf

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South Dakota Department of Health

MEDIUM

LOW — **HIGH**

RISK

Risk for Residents after Community/Medical Visits

Assess risk of visit, and place patient in most appropriate location upon return.

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Risk Assessment Examples

❑ https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/riskassessment_communityvisit.pdf

❑ http://www.dph.illinois.gov/sites/default/files/COVID-19_LTC_FacilityRiskAssessment.pdf

❑ Georgia Risk Assessment – Page 3
https://assets.website-files.com/5ead5c72cd1146a4d27183f3/5fbbc832ed56ccca38a9f21d_LTCF%20Holiday%20Guidance-Update%2011202020.pdf

❑ https://www.nj.gov/health/cd/documents/topics/NCOV/INFCONT_exp_risk_assess_template_patients_postacute.pdf

PPE

Green zone: Universal masking (this is the well-fitting hospital grade facemask) should be implemented if there is community spread of COVID.

➤ The addition of eye protection for staff working in all patient care zones will be based on *community transmission rates*.

➤ https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control.html

➤ https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html (halfway down the page for PPE use strategies)

Using Eye Protection

Use of eye protection is recommended in areas with moderate to substantial community transmission. For areas with minimal to no community transmission, eye protection is considered optional, unless otherwise indicated as part of standard precautions.
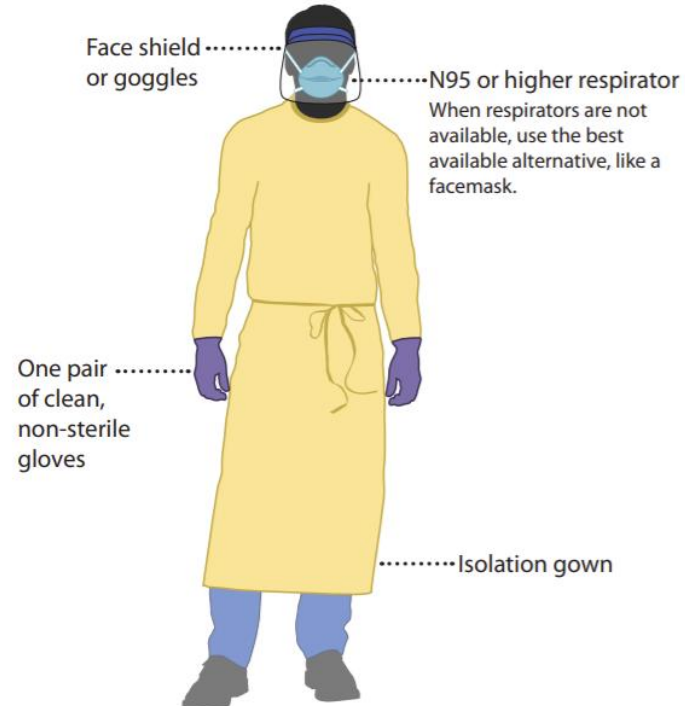
See the Guidance

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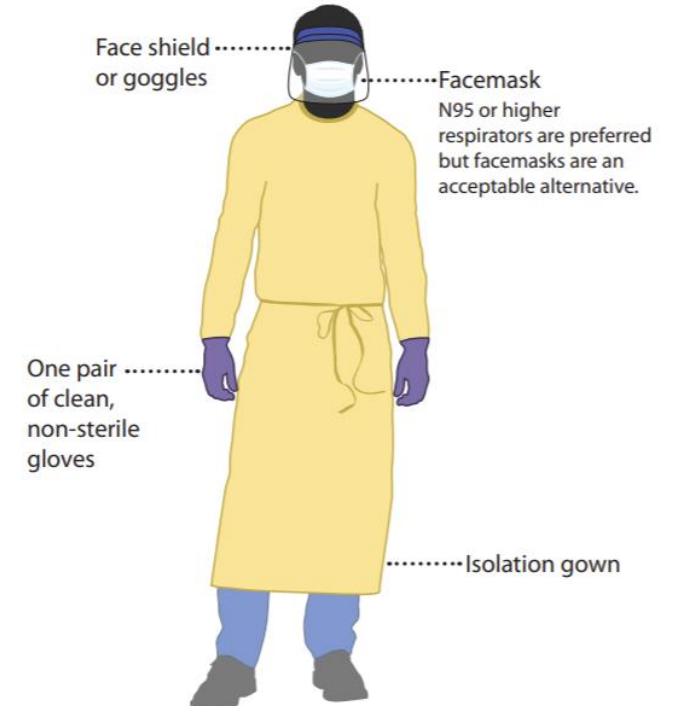
YELLOW or RED Zone (Quarantine or COVID unit)

❖ **Yellow zone**: You want to use all PPE with this group *as if they have COVID until they prove otherwise* to reduce the risk of spread. **This PPE includes**: gown, gloves, facemask OR respirator (N-95 if available) and eye protections.

❖ **Red Zone:** Is the same as the yellow zone. As always, N-95 or higher respirator is preferred in the COVID unit.

COVID-19 Personal Protective Equipment (PPE) for Healthcare Personnel

Preferred PPE – Use N95 or Higher Respirator

Face shield or goggles

N95 or higher respirator
When respirators are not available, use the best available alternative, like a facemask.

One pair of clean, non-sterile gloves

Isolation gown

Acceptable Alternative PPE – Use Facemask

Face shield or goggles

Facemask
N95 or higher respirators are preferred but facemasks are an acceptable alternative.

One pair of clean, non-sterile gloves

Isolation gown

CDC

cdc.gov/COVID19

https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID-19_PPE_illustrations-p.pdf