

The following table shows the percent of those who have high cholesterol for various health behaviors and conditions. For example, 59 percent of respondents with kidney disease have high cholesterol, while 35 percent of respondents who do not have kidney disease have high cholesterol.

**Prevalence of High Cholesterol for Selected Health Behaviors and Conditions,
2011-2015**

	Has High Blood Cholesterol
Underweight (BMI < 18.5)	21%
Recommended (BMI = 18.5-24.9)	25%
Overweight (BMI = 25.0-29.9)	38%
Obese - Class I (BMI = 30.0-34.9)	42%
Obese - Classes II & III (BMI = 35.0+)	45%
Participates in Leisure Time Exercise	33%
Does Not Participate in Leisure Time Exercise	44%
Meets Physical Activity Recommendations	34%
Does Not Meet Physical Activity Recommendations	38%
7+ Exercise Trips Per Week	24%
Less Than 7 Exercise Trips Per Week	35%
12+ Hours Sitting Per Day	38%
< 12 Hours Sitting Per Day	33%
Has 2+ Servings of Fruit per Day	34%
Has Less Than 2 Servings of Fruit per Day	36%
Has 3+ Servings of Vegetables per Day	29%
Has Less Than 3 Servings of Vegetables per Day	36%
Has 5+ Servings of Fruits and Vegetables per Day	31%
Has Less Than 5 Servings of Fruits and Vegetables per Day	36%
Current Smoker	34%
Former Smoker	44%
Never Smoked	31%
Uses Smokeless Tobacco	30%
Does Not Use Smokeless Tobacco	36%
Current E-Cigarette User	33%
Not E-Cigarette User	35%
Heard of "South Dakota Quitline"	35%
Not Heard of "South Dakota Quitline"	41%
Ever Diagnosed with Diabetes	64%
Never Diagnosed with Diabetes	32%
Has High Blood Pressure	56%
Does Not Have High Blood Pressure	24%
Has Health Insurance (18-64)	31%
Does Not Have Health Insurance (18-64)	25%
Employer Based Coverage (18-64)	29%
Private Health Plan (18-64)	27%
Medicare (18-64)	49%
Medicaid or Medical Assistance (18-64)	26%
The military, CHAMPUS, TriCare, or the VA (18-64)	41%
The Indian Health Service (18-64)	29%
Had a Flu Shot in Past 12 Months (65+)	56%
Did Not Have a Flu Shot in Past 12 Months (65+)	51%
Ever Had a Pneumonia Shot (65+)	56%
Never Had a Pneumonia Shot (65+)	50%
Previously Had Heart Attack	63%
Never Had Heart Attack	34%

**Prevalence of High Cholesterol for Selected Health Behaviors and Conditions,
2011-2015**

	Has High Blood Cholesterol
Knows Symptoms of Heart Attack	40%
Does Not Know Symptoms of Heart Attack	36%
Has Angina or Coronary Heart Disease	72%
Does Not Have Angina or Coronary Heart Disease	33%
Previously Had a Stroke	62%
Never Had a Stroke	35%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	47%
Never Diagnosed with Cancer	34%
Ever Diagnosed with Skin Cancer	51%
Never Diagnosed with Skin Cancer	34%
Current Asthma	42%
Former Asthma	29%
Never Had Asthma	35%
Ever Diagnosed with Arthritis	51%
Never Diagnosed with Arthritis	29%
Ever Diagnosed with COPD	56%
Never Diagnosed with COPD	34%
Ever Diagnosed with Depression	44%
Never Diagnosed with Depression	34%
Ever Diagnosed with Kidney Disease	59%
Never Diagnosed with Kidney Disease	35%
Has Severe Vision Impairment	57%
Does Not Have Severe Vision Impairment	34%
Recent Increased Confusion/Memory Loss (45+)	59%
No Recent Increased Confusion/Memory Loss (45+)	45%
Always Wears Seat Belt	36%
Does Not Always Wear Seat Belt	36%
Drank Alcohol in Past 30 Days	33%
Did Not Drink Alcohol in Past 30 Days	39%
Binge Drinker	27%
Not a Binge Drinker	37%
Heavy Drinker	36%
Not a Heavy Drinker	36%
Has an Advance Directive	41%
Does Not Have an Advance Directive	31%
Good/Very Good/Excellent Health Status	33%
Fair/Poor Health Status	52%
Physical Health Not Good for 0-29 Days of the Past 30	34%
Physical Health Not Good for 30 Days of the Past 30	50%
Mental Health Not Good for 0-19 Days of the Past 30	35%
Mental Health Not Good for 20-30 Days of the Past 30	43%
Usual Activities Unattainable for 0-9 Days of the Past 30	34%
Usual Activities Unattainable for 10-30 Days of the Past 30	49%
Has Physical, Mental, or Emotional Problems	47%
Does Not Have Physical, Mental, or Emotional Problems	32%
Has a Disability with Special Equipment Needed	48%
Does Not Have a Disability with Special Equipment Needed	34%
Ever Been Tested for HIV	30%
Never Been Tested for HIV	38%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2015