

The following table shows the percent of those who have physical, mental, or emotional problems that limit their activities for various health behaviors and conditions. For example, 47 percent of respondents who have previously had a heart attack have physical, mental, or emotional problems that limit their activities, while 19 percent of respondents who have not had a previous heart attack have physical, mental, or emotional problems that limit their activities.

Prevalence of Limited Activities Due to Physical, Mental, or Emotional Problems for Selected Health Behaviors and Conditions, 2011-2014

	Has Physical, Mental, or Emotional Problems
Underweight (BMI < 18.5)	26%
Recommended Weight (BMI = 18.5-24.9)	16%
Overweight (BMI = 25.0-29.9)	18%
Obese - Class I (BMI = 30.0-34.9)	25%
Obese - Classes II & III (BMI = 35.0+)	33%
Participates in Leisure Time Exercise	18%
Does Not Participate in Leisure Time Exercise	31%
Watching Salt Intake	25%
Not Watching Salt Intake	15%
Current Smoker	26%
Former Smoker	26%
Never Smoked	16%
Uses Smokeless Tobacco	16%
Does Not Use Smokeless Tobacco	21%
Heard of "South Dakota Quitline"	19%
Not Heard of "South Dakota Quitline"	23%
Ever Diagnosed with Diabetes	39%
Never Diagnosed with Diabetes	19%
Has High Blood Pressure	32%
Does Not Have High Blood Pressure	16%
Has Health Insurance (18-64)	18%
Does Not Have Health Insurance (18-64)	20%
Employer Based Coverage (18-64)	13%
Private Health Plan (18-64)	12%
Medicare (18-64)	76%
Medicaid or Medical Assistance (18-64)	39%
The military, CHAMPUS, TriCare, or the VA (18-64)	27%
The Indian Health Service (18-64)	20%
Breast Exam Within Past Two Years	18%
No Breast Exam Within Past Two Years	27%
Mammogram Within Past Two Years (40+)	24%
No Mammogram Within Past Two Years (40+)	32%
Pap Smear Within Past Three Years	16%
No Pap Smear Within Past Three Years	24%
Blood Stool Test Within Past Two Years (50+)	30%
No Blood Stool Test Within Past Two Years (50+)	28%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	28%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	29%
PSA Test Within Past Two Years (40+)	27%
No PSA Test Within Past Two Years (40+)	22%
Had a Flu Shot in Past 12 Months (65+)	35%
Did Not Have a Flu Shot in Past 12 Months (65+)	30%
Ever Had a Pneumonia Shot (65+)	37%
Never Had a Pneumonia Shot (65+)	26%
Ever Had a Shingles Shot (50+)	31%
Never Had a Shingles Shot (50+)	27%
Previously Had Heart Attack	47%
Never Had Heart Attack	19%

**Prevalence of Limited Activities Due to Physical, Mental, or Emotional Problems for
Selected Health Behaviors and Conditions, 2011-2014**

	Has Physical, Mental, or Emotional Problems
Have Angina or Coronary Heart Disease	52%
Does Not Have Angina or Coronary Heart Disease	19%
Previously Had a Stroke	56%
Never Had a Stroke	20%
Ever Diagnosed with Cancer (Excluding Skin Cancer)	38%
Never Diagnosed with Cancer	19%
Ever Diagnosed with Skin Cancer	34%
Never Diagnosed with Skin Cancer	20%
Uses Sun Block Most of the Time	21%
Does Not Use Sun Block Most of the Time	21%
Current Asthma	40%
Former Asthma	21%
Never Had Asthma	19%
Ever Diagnosed with Arthritis	45%
Never Diagnosed with Arthritis	13%
Ever Diagnosed with COPD	61%
Never Diagnosed with COPD	18%
Ever Diagnosed with Depression	40%
Never Diagnosed with Depression	17%
Ever Diagnosed with Kidney Disease	52%
Never Diagnosed with Kidney Disease	20%
Has Severe Vision Impairment	61%
Does Not Have Severe Vision Impairment	18%
Recent Increased Confusion/Memory Loss	56%
No Recent Increased Confusion/Memory Loss	18%
< 6 hours of sleep	38%
6+ hours of sleep	17%
Been to the Dentist in the Past Year	17%
Has't Been to the Dentist in the Past Year	25%
Always/Almost Always Wears Seat Belt	20%
Sometimes/Seldom/Never Wears Seat Belt	24%
Drank Alcohol in Past 30 Days	15%
Did Not Drink Alcohol in Past 30 Days	28%
Binge Drinker	13%
Not a Binge Drinker	23%
Heavy Drinker	18%
Not a Heavy Drinker	21%
Good/Very Good/Excellent Health Status	15%
Fair/Poor Health Status	60%
Physical Health Not Good for 0-29 Days of the Past 30	17%
Physical Health Not Good for 30 Days of the Past 30	74%
Mental Health Not Good for 0-19 Days of the Past 30	19%
Mental Health Not Good for 20-30 Days of the Past 30	52%
Usual Activities Unattainable for 0-9 Days of the Past 30	16%
Usual Activities Unattainable for 10-30 Days of the Past 30	76%
Has a Disability with Special Equipment Needed	74%
Does Not Have a Disability with Special Equipment Needed	16%
Injured in a Fall in Past 12 Months (45+)	53%
Not Injured in a Fall in Past 12 Months (45+)	24%
Ever Been Tested for HIV	24%
Never Been Tested for HIV	19%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2014