

The following table shows the percent of those who are obese (BMI 30+) for various health behaviors and conditions. For example, 43 percent of respondents who have high blood pressure are obese, while 23 percent of respondents who do not have high blood pressure are obese.

**Class I-III Obesity Prevalence for Selected Health Behaviors and Conditions, 2011-2014**

	<b>Obese - Classes I-III (BMI = 30+)</b>
Participates in Leisure Time Exercise	27%
Does Not Participate in Leisure Time Exercise	36%
Watching Salt Intake	34%
Not Watching Salt Intake	27%
Current Smoker	27%
Former Smoker	34%
Never Smoked	27%
Uses Smokeless Tobacco	34%
Does Not Use Smokeless Tobacco	29%
Heard of "South Dakota Quitline"	31%
Not Heard of "South Dakota Quitline"	29%
Ever Diagnosed with Diabetes	55%
Never Diagnosed with Diabetes	26%
Has High Blood Pressure	43%
Does Not Have High Blood Pressure	23%
Has Health Insurance (18-64)	31%
Does Not Have Health Insurance (18-64)	30%
Employer Based Coverage (18-64)	30%
Private Health Plan (18-64)	27%
Medicare (18-64)	42%
Medicaid or Medical Assistance (18-64)	34%
The military, CHAMPUS, TriCare, or the VA (18-64)	30%
The Indian Health Service (18-64)	40%
Breast Exam Within Past Two Years	28%
No Breast Exam Within Past Two Years	28%
Mammogram Within Past Two Years (40+)	29%
No Mammogram Within Past Two Years (40+)	29%
Pap Smear Within Past Three Years	27%
No Pap Smear Within Past Three Years	23%
Blood Stool Test Within Past Two Years (50+)	31%
No Blood Stool Test Within Past Two Years (50+)	32%
Ever Had a Sigmoidoscopy or Colonoscopy (50+)	32%
Never Had a Sigmoidoscopy or Colonoscopy (50+)	32%
PSA Test Within Past Two Years (40+)	37%
No PSA Test Within Past Two Years (40+)	33%
Had a Flu Shot in Past 12 Months (65+)	27%
Did Not Have a Flu Shot in Past 12 Months (65+)	27%
Ever Had a Pneumonia Shot (65+)	28%
Never Had a Pneumonia Shot (65+)	24%
Ever Had a Shingles Shot (50+)	29%
Never Had a Shingles Shot (50+)	35%
Previously Had Heart Attack	35%
Never Had Heart Attack	29%
Have Angina or Coronary Heart Disease	38%
Does Not Have Angina or Coronary Heart Disease	29%
Previously Had a Stroke	30%
Never Had a Stroke	29%

**Class I-III Obesity Prevalence for Selected Health Behaviors and Conditions, 2011-2014**

	<b>Obese - Classes I-III (BMI = 30+)</b>
Ever Diagnosed with Cancer (Excluding Skin Cancer)	29%
Never Diagnosed with Cancer	29%
Ever Diagnosed with Skin Cancer	27%
Never Diagnosed with Skin Cancer	29%
Uses Sun Block Most of the Time	26%
Does Not Use Sun Block Most of the Time	31%
Current Asthma	40%
Former Asthma	32%
Never Had Asthma	28%
Ever Diagnosed with Arthritis	38%
Never Diagnosed with Arthritis	26%
Ever Diagnosed with COPD	37%
Never Diagnosed with COPD	29%
Ever Diagnosed with Depression	36%
Never Diagnosed with Depression	28%
Ever Diagnosed with Kidney Disease	41%
Never Diagnosed with Kidney Disease	29%
Has Severe Vision Impairment	33%
Does Not Have Severe Vision Impairment	30%
Recent Increased Confusion/Memory Loss	40%
No Recent Increased Confusion/Memory Loss	30%
< 6 hours of sleep	34%
6+ hours of sleep	29%
Been to the Dentist in the Past Year	28%
Hasn't Been to the Dentist in the Past Year	32%
Always/Almost Always Wears Seat Belt	28%
Sometimes/Seldom/Never Wears Seat Belt	35%
Drank Alcohol in Past 30 Days	28%
Did Not Drink Alcohol in Past 30 Days	30%
Binge Drinker	27%
Not a Binge Drinker	30%
Heavy Drinker	25%
Not a Heavy Drinker	29%
Good/Very Good/Excellent Health Status	27%
Fair/Poor Health Status	41%
Physical Health Not Good for 0-29 Days of the Past 30	28%
Physical Health Not Good for 30 Days of the Past 30	39%
Mental Health Not Good for 0-19 Days of the Past 30	29%
Mental Health Not Good for 20-30 Days of the Past 30	36%
Usual Activities Unattainable for 0-9 Days of the Past 30	28%
Usual Activities Unattainable for 10-30 Days of the Past 30	39%
Has Physical, Mental, or Emotional Problems	39%
Does Not Have Physical, Mental, or Emotional Problems	26%
Has a Disability with Special Equipment Needed	41%
Does Not Have a Disability with Special Equipment Needed	28%
Injured in a Fall in Past 12 Months (45+)	38%
Not Injured in a Fall in Past 12 Months (45+)	31%
Ever Been Tested for HIV	31%
Never Been Tested for HIV	29%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2014