

---

# Appendix B: BRFSS Questionnaire

---

## Section 1: Health Status

- 1.1 Would you say that in general your health is—
- 1 Excellent
  - 2 Very good
  - 3 Good
  - 4 Fair
  - 5 Poor
- Don't know / Not sure  
Refused

## Section 2: Healthy Days — Health-Related Quality of Life

- 2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?
- \_\_ \_\_ Number of days
- None  
Don't know / Not sure  
Refused
- 2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?
- \_\_ \_\_ Number of days
- None [If Q2.1 and Q2.2 = None, go to next section]  
Don't know / Not sure  
Refused
- 2.3 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
- \_\_ \_\_ Number of days
- None  
Don't know / Not sure  
Refused

## Section 3: Health Care Access

- 3.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?
- 1 Yes
  - 2 No
- Don't know / Not sure  
Refused
- 3.2 Do you have one person you think of as your personal doctor or health care provider?  
If "No," ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"
- 1 Yes, only one
  - 2 More than one
  - 3 No
- Don't know / Not sure  
Refused
- 3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?
- 1 Yes
  - 2 No
- Don't know / Not sure  
Refused

- 3.4 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.
- 1 Within the past year (anytime less than 12 months ago)
  - 2 Within the past 2 years (1 year but less than 2 years ago)
  - 3 Within the past 5 years (2 years but less than 5 years ago)
  - 4 5 or more years ago
- Don't know / Not sure  
Never  
Refused

#### Section 4: Inadequate Sleep

I would like to ask you about your sleep pattern.

- 4.1 On average, how many hours of sleep do you get in a 24-hour period?  
INTERVIEWER NOTE: Enter hours of sleep in whole numbers, rounding 30 minutes (1/2 hour) or more up to the next whole hour and dropping 29 or fewer minutes.
- \_\_ Number of hours [01-24]  
Don't know / Not sure  
Refused

#### Section 5: Hypertension Awareness

- 5.1 Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?  
Read only if necessary: By "other health professional" we mean a nurse practitioner, a physician's assistant, or some other licensed health professional.  
If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"
- 1 Yes
  - 2 Yes, but female told only during pregnancy [Go to next section]
  - 3 No [Go to next section]
  - 4 Told borderline high or pre-hypertensive [Go to next section]
- Don't know / Not sure [Go to next section]  
Refused [Go to next section]
- 5.2 Are you currently taking medicine for your high blood pressure?
- 1 Yes
  - 2 No
- Don't know / Not sure  
Refused

#### Section 6: Cholesterol Awareness

- 6.1 Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?
- 1 Yes
  - 2 No [Go to next section]
- Don't know / Not sure [Go to next section]  
Refused [Go to next section]
- 6.2 About how long has it been since you last had your blood cholesterol checked?  
Read only if necessary:
- 1 Within the past year (anytime less than 12 months ago)
  - 2 Within the past 2 years (1 year but less than 2 years ago)
  - 3 Within the past 5 years (2 years but less than 5 years ago)
  - 4 5 or more years ago
- Don't know / Not sure  
Refused

- 6.3 Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?
- 1 Yes
  - 2 No
  - Don't know / Not sure
  - Refused

### Section 7: Chronic Health Conditions

Now I would like to ask you some questions about general health conditions.

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

- 7.1 (Ever told) you that you had a heart attack also called a myocardial infarction?

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

- 7.2 (Ever told) you had angina or coronary heart disease?

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

- 7.3 (Ever told) you had a stroke?

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

- 7.4 (Ever told) you had asthma?

- 1 Yes
- 2 No [Go to Q7.6]
- Don't know / Not sure [Go to Q7.6]
- Refused [Go to Q7.6]

- 7.5 Do you still have asthma?

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

- 7.6 (Ever told) you had skin cancer?

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

- 7.7 (Ever told) you had any other types of cancer?

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

7.8 (Ever told) you have Chronic Obstructive Pulmonary Disease or COPD, emphysema or chronic bronchitis?  
1 Yes  
2 No  
Don't know / Not sure  
Refused

7.9 (Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?  
1 Yes  
2 No  
Don't know / Not sure  
Refused

INTERVIEWER NOTE: Arthritis diagnoses include:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter's syndrome
- ankylosing spondylitis; spondylosis
- rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)

7.10 (Ever told) you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?  
1 Yes  
2 No  
Don't know / Not sure  
Refused

7.11 (Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence. INTERVIEWER NOTE: Incontinence is not being able to control urine flow.  
1 Yes  
2 No  
Don't know / Not sure  
Refused

7.12 (Ever told) you have diabetes?  
If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"  
If respondent says pre-diabetes or borderline diabetes, use response code 4.  
1 Yes  
2 Yes, but female told only during pregnancy  
3 No  
4 No, pre-diabetes or borderline diabetes  
Don't know / Not sure  
Refused

Note: If Q7.12 = 1 (Yes), go to Diabetes Optional Module (if used). If any other response to Q7.12, go to Pre-Diabetes Optional Module (if used), otherwise, go to next section.

## Section 8: Demographics

- 8.1 What is your age?  
\_\_ Code age in years  
Don't know / Not sure  
Refused
- 8.2 Are you Hispanic, Latino/a, or Spanish origin?  
1 No, not of Hispanic, Latino/a, or Spanish origin  
If yes, ask: Are you...  
Interviewer Note: One or more categories may be selected.  
2 Mexican, Mexican American, Chicano/a  
3 Puerto Rican  
4 Cuban  
5 Another Hispanic, Latino/a, or Spanish origin  
8 No additional choices  
Don't know / Not sure  
Refused
- 8.3 Which one or more of the following would you say is your race?  
Interviewer Note: Select all that apply.  
Interviewer Note: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.  
10 White  
20 Black or African American  
30 American Indian or Alaska Native  
40 Asian  
41 Asian Indian  
42 Chinese  
43 Filipino  
44 Japanese  
45 Korean  
46 Vietnamese  
47 Other Asian  
50 Pacific Islander  
51 Native Hawaiian  
52 Guamanian or Chamorro  
53 Samoan  
54 Other Pacific Islander  
60 Other  
No additional choices  
Don't know / Not sure  
Refused

Note: If more than one response to Q8.3; continue. Otherwise, go to Q8.5.

- 8.4 Which one of these groups would you say best represents your race?  
Interviewer Note: If 04 (Asian) or 05 (Pacific Islander) is selected read and code subcategory underneath major heading.  
10 White  
20 Black or African American  
30 American Indian or Alaska Native  
40 Asian  
41 Asian Indian  
42 Chinese  
43 Filipino  
44 Japanese  
45 Korean

- 46 Vietnamese
- 47 Other Asian
- 50 Pacific Islander
  - 51 Native Hawaiian
  - 52 Guamanian or Chamorro
  - 53 Samoan
  - 54 Other Pacific Islander
- 60 Other
- No additional choices
- Don't know / Not sure
- Refused

8.5 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

8.6 Are you...?

Please read:

- 1 Married
- 2 Divorced
- 3 Widowed
- 4 Separated
- 5 Never married
- 6 A member of an unmarried couple
- Refused

8.7 How many children less than 18 years of age live in your household?

- \_ \_ Number of children
- None
- Refused

8.8 What is the highest grade or year of school you completed?

Read only if necessary:

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)
- Refused

8.9 Are you currently...?

Please read:

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for 1 year or more
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired
- 8 Unable to work
- Refused

- 8.10 Is your annual household income from all sources—  
 If respondent refuses at ANY income level, code '99' (Refused)  
 Read only if necessary:
- 0 4 Less than \$25,000 If "no," ask 05; if "yes," ask 03  
 (\$20,000 to less than \$25,000)
  - 0 3 Less than \$20,000 If "no," code 04; if "yes," ask 02  
 (\$15,000 to less than \$20,000)
  - 0 2 Less than \$15,000 If "no," code 03; if "yes," ask 01  
 (\$10,000 to less than \$15,000)
  - 0 1 Less than \$10,000 If "no," code 02
  - 0 5 Less than \$35,000 If "no," ask 06  
 (\$25,000 to less than \$35,000)
  - 0 6 Less than \$50,000 If "no," ask 07  
 (\$35,000 to less than \$50,000)
  - 0 7 Less than \$75,000 If "no," code 08  
 (\$50,000 to less than \$75,000)
  - 0 8 \$75,000 or more
- Don't know / Not sure  
 Refused
- 8.11 About how much do you weigh without shoes? NOTE: If respondent answers in metrics, put "9" before response. Round fractions up.  
 \_\_\_\_\_ Weight (pounds/kilograms)  
 Don't know / Not sure  
 Refused
- 8.12 About how tall are you without shoes? NOTE: If respondent answers in metrics, put "9" before response. Round fractions down.  
 \_\_\_ / \_\_\_ Height (f t / inches/meters/centimeters)  
 Don't know / Not sure  
 Refused
- 8.13 What county do you live in?  
 \_\_\_\_\_ ANSI County Code (formerly FIPS county code)  
 Don't know / Not sure  
 Refused
- 8.14 What is the ZIP Code where you live?  
 \_\_\_\_\_ ZIP Code  
 Don't know / Not sure  
 Refused
- 8.15 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.
- 1 Yes
  - 2 No [Go to Q8.17]
  - Don't know / Not sure [Go to Q8.17]
  - Refused [Go to Q8.17]
- 8.16 How many of these telephone numbers are residential numbers?  
 \_\_\_\_\_ Residential telephone numbers [6 = 6 or more]  
 Don't know / Not sure  
 Refused

- 8.17 Do you have a cell phone for personal use? Please include cell phones used for both business and personal use.
- 1 Yes
  - 2 No [Go to Q8.19]
  - Don't know / Not sure [Go to Q8.19]
  - Refused [Go to Q8.19]
- 8.18 Thinking about all the phone calls that you receive on your landline and cell phone, what percent, between 0 and 100, are received on your cell phone?
- — Enter percent (1 to 100)
- 8 8 8 Zero
- Don't know / Not sure
  - Refused
- 8.19 Have you used the internet in the past 30 days?
- 1 Yes
  - 2 No
  - Don't know/Not sure
  - Refused
- 8.20 Do you own or rent your home?
- 1 Own
  - 2 Rent
  - 3 Other arrangement
  - Don't know / Not sure
  - Refused

INTERVIEWER NOTE: "Other arrangement" may include group home, staying with friends or family without paying rent.

NOTE: Home is defined as the place where you live most of the time/the majority of the year.

- 8.21 Indicate sex of respondent. Ask only if necessary.
- 1 Male [Go to Q8.23]
  - 2 Female [If respondent is 45 years old or older, go to Q8.23]
- 8.22 To your knowledge, are you now pregnant?
- 1 Yes
  - 2 No
  - Don't know / Not sure
  - Refused

The following questions are about health problems or impairments you may have.

- 8.23 Are you limited in any way in any activities because of physical, mental, or emotional problems?
- 1 Yes
  - 2 No
  - Don't know / Not Sure
  - Refused
- 8.24 Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? NOTE: Include occasional use or use in certain circumstances.
- 1 Yes
  - 2 No
  - Don't know / Not Sure
  - Refused

- 8.25 Are you blind or do you have serious difficulty seeing, even when wearing glasses?  
 1 Yes  
 2 No  
 Don't know / Not Sure  
 Refused
- 8.26 Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?  
 1 Yes  
 2 No  
 Don't know / Not sure  
 Refused
- 8.27 Do you have serious difficulty walking or climbing stairs?  
 1 Yes  
 2 No  
 Don't know / Not sure  
 Refused
- 8.28 Do you have difficulty dressing or bathing?  
 1 Yes  
 2 No  
 Don't know / Not sure  
 Refused
- 8.29 Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?  
 1 Yes  
 2 No  
 Don't know / Not sure  
 Refused

**Section 9: Tobacco Use**

- 9.1 Have you smoked at least 100 cigarettes in your entire life? NOTE: 5 packs = 100 cigarettes  
 1 Yes  
 2 No [Go to Q9.5]  
 Don't know / Not sure [Go to Q9.5]  
 Refused [Go to Q9.5]
- 9.2 Do you now smoke cigarettes every day, some days, or not at all?  
 1 Every day  
 2 Some days  
 3 Not at all [Go to Q9.4]  
 Don't know / Not sure [Go to Q9.5]  
 Refused [Go to Q9.5]
- 9.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?  
 1 Yes [Go to Q9.5]  
 2 No [Go to Q9.5]  
 Don't know / Not sure [Go to Q9.5]  
 Refused [Go to Q9.5]

- 9.4 How long has it been since you last smoked a cigarette, even one or two puffs?
- 0 1 Within the past month (less than 1 month ago)
  - 0 2 Within the past 3 months (1 month but less than 3 months ago)
  - 0 3 Within the past 6 months (3 months but less than 6 months ago)
  - 0 4 Within the past year (6 months but less than 1 year ago)
  - 0 5 Within the past 5 years (1 year but less than 5 years ago)
  - 0 6 Within the past 10 years (5 years but less than 10 years ago)
  - 0 7 10 years or more
  - 0 8 Never smoked regularly
- Don't know / Not sure  
Refused
- 9.5 Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?  
Snus (rhymes with 'goose') NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.
- 1 Every day
  - 2 Some days
  - 3 Not at all
- Don't know / Not sure  
Refused

### Section 10: Alcohol Consumption

- 10.1 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?
- 1 \_\_ Days per week
  - 2 \_\_ Days in past 30 days
  - 8 8 8 No drinks in past 30 days [Go to next section]
- Don't know / Not sure [Go to next section]  
Refused [Go to next section]
- 10.2 One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average? NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.
- \_\_ Number of drinks
- Don't know / Not sure  
Refused
- 10.3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have X [Note X = 5 for men, X = 4 for women] or more drinks on an occasion?
- \_\_ Number of times
  - 8 8 None
- Don't know / Not sure  
Refused
- 10.4 During the past 30 days, what is the largest number of drinks you had on any occasion?
- \_\_ Number of drinks
- Don't know / Not sure  
Refused

### Section 11: Fruits and Vegetables

These next questions are about the fruits and vegetables you ate or drank during the past 30 days. Please think about all forms of fruits and vegetables including cooked or raw, fresh, frozen or canned. Please think about all meals, snacks, and food consumed at home and away from home.

I will be asking how often you ate or drank each one: for example, once a day, twice a week, three times a month, and so forth.

INTERVIEWER NOTE: If respondent responds less than once per month, put "0" times per month. If respondent gives a number without a time frame, ask: "Was that per day, week, or month?"

11.1 During the past month, how many times per day, week or month did you drink 100% PURE fruit juices? Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to. Only include 100% juice.

- 1 \_\_ Per day
- 2 \_\_ Per week
- 3 \_\_ Per month
- 5 5 5 Never
- Don't know / Not sure
- Refused

INTERVIEWER NOTE: Do not include fruit drinks with added sugar or other added sweeteners like Kool-aid, Hi-C, lemonade, cranberry cocktail, Tampico, Sunny Delight, Snapple, Fruitopia, Gatorade, Power-Ade, or yogurt drinks.

Do not include fruit juice drinks that provide 100% daily vitamin C but include added sugar.

Do not include vegetable juices such as tomato and V8 if respondent provides but include in "other vegetables" question 11.6.

DO include 100% pure juices including orange, mango, papaya, pineapple, apple, grape (white or red), or grapefruit. Only count cranberry juice if the respondent's perception is that it is 100% juice with no sugar or artificial sweetener added. 100% juice blends such as orange-pineapple, orange-tangerine, cranberry-grape are also acceptable as are fruit-vegetable 100% blends. 100% pure juice from concentrate (i.e., reconstituted) is counted.

11.2 During the past month, not counting juice, how many times per day, week, or month did you eat fruit?

Count fresh, frozen, or canned fruit

- 1 \_\_ Per day
- 2 \_\_ Per week
- 3 \_\_ Per month
- 5 5 5 Never
- Don't know / Not sure
- Refused

Read only if necessary: "Your best guess is fine. Include apples, bananas, applesauce, oranges, grape fruit, fruit salad, watermelon, cantaloupe or musk melon, papaya, lychees, star fruit, pomegranates, mangos, grapes, and berries such as blueberries and strawberries."

INTERVIEWER NOTE: Do not count fruit jam, jelly, or fruit preserves.

Do not include dried fruit in ready-to-eat cereals.

Do include dried raisins, cran-raisins if respondent tells you - but due to their small serving size they are not included in the prompt.

Do include cut up fresh, frozen, or canned fruit added to yogurt, cereal, jello, and other meal items.

Include culturally and geographically appropriate fruits that are not mentioned (e.g. genip, soursop, sugar apple, figs, tamarind, bread fruit, sea grapes, carambola, longans, lychees, akee, rambutan, etc.).

11.3 During the past month, how many times per day, week, or month did you eat cooked or canned beans, such as refried, baked, black, garbanzo beans, beans in soup, soybeans, edamame, tofu or lentils. Do NOT include long green beans.

- 1 \_\_ Per day
- 2 \_\_ Per week
- 3 \_\_ Per month
- 5 5 5 Never
- Don't know / Not sure
- Refused

Read only if necessary: "Include round or oval beans or peas such as navy, pinto, split peas, cow peas, hummus, lentils, soy beans and tofu. Do NOT include long green beans such as string beans, broad or winged beans, or pole beans."

INTERVIEWER NOTE: Include soybeans also called edamame, TOFU (BEAN CURD MADE FROM SOYBEANS), kidney, pinto, hummus, lentils, black, black-eyed peas, cow peas, lima beans and white beans. Include bean burgers including garden burgers and veggie burgers. Include falafel and tempeh.

11.4 During the past month, how many times per day, week, or month did you eat dark green vegetables for example broccoli or dark leafy greens including romaine, chard, collard greens or spinach?

- 1 \_\_ Per day
- 2 \_\_ Per week
- 3 \_\_ Per month
- 5 5 5 Never
- Don't know / Not sure
- Refused

INTERVIEWER NOTE: Each time a vegetable is eaten it counts as one time. Include all raw leafy green salads including spinach, mesclun, romaine lettuce, bok choy, dark green leafy lettuce, dandelions, komatsuna, watercress, and arugula.

Do not include iceberg (head) lettuce if specifically told type of lettuce. Include all cooked greens including kale, collard greens, choys, turnip greens, mustard greens.

11.5 During the past month, how many times per day, week, or month did you eat orange-colored vegetables such as sweet potatoes, pumpkin, winter squash, or carrots?

- 1 \_\_ Per day
- 2 \_\_ Per week
- 3 \_\_ Per month
- 5 5 5 Never
- Don't know / Not sure
- Refused

Read only if needed: "Winter squash have hard, thick skins and deep yellow to orange flesh. They include acorn, buttercup, and spaghetti squash."

FOR INTERVIEWER: Include all forms of carrots including long or baby-cut. Include carrot-slaw (e.g. shredded carrots with or without other vegetables or fruit). Include all forms of sweet potatoes including baked, mashed, casserole, pie, or sweet potatoes fries. Include all hard-winter squash varieties including acorn, autumn cup, banana, butternut, buttercup, delicate, hubbard, kabocha (Also known as an Ebisu, Delica, Hoka, Hokkaido, or Japanese Pumpkin; blue kuri), and spaghetti squash. Include all forms including soup. Include pumpkin, including pumpkin soup and pie. Do not include pumpkin bars, cake, bread or other grain-based desert-type food containing pumpkin (i.e. similar to banana bars, zucchini bars we do not include).

- 11.6 Not counting what you just told me about, during the past month, about how many times per day, week, or month did you eat OTHER vegetables? Examples of other vegetables include tomatoes, tomato juice or V-8 juice, corn, eggplant, peas, lettuce, cabbage, and white potatoes that are not fried such as baked or mashed potatoes.
- 1 \_\_ Per day
  - 2 \_\_ Per week
  - 3 \_\_ Per month
  - 5 5 5 Never
  - Don't know / Not sure
  - Refused

Read only if needed: "Do not count vegetables you have already counted and do not include fried potatoes."

INTERVIEWER NOTE: Include corn, peas, tomatoes, okra, beets, cauliflower, bean sprouts, avocado, cucumber, onions, peppers (red, green, yellow, orange); all cabbage including American-style cole-slaw; mushrooms, snow peas, snap peas, broad beans, string, wax-, or pole-beans. Include any form of the vegetable (raw, cooked, canned, or frozen). Do include tomato juice if respondent did not count in fruit juice. Include culturally and geographically appropriate vegetables that are not mentioned (e.g. daikon, jicama, oriental cucumber, etc.). Do not include rice or other grains. Do not include products consumed usually as condiments including ketchup, catsup, salsa, chutney, relish.

## Section 12: Exercise (Physical Activity)

The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

INTERVIEWER INSTRUCTION: If respondent does not have a "regular job duty" or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.

- 12.1 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?
- 1 Yes
  - 2 No [Go to Q12.8]
  - Don't know / Not sure [Go to Q12.8]
  - Refused [Go to Q12.8]
- 12.2 What type of physical activity or exercise did you spend the most time doing during the past month?
- \_\_ (Specify) [See Physical Activity Coding List]
  - Don't know / Not Sure [Go to Q12.8]
  - Refused [Go to Q12.8]

INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Physical Activity Coding List, choose the option listed as "Other".

- 12.3 How many times per week or per month did you take part in this activity during the past month?
- 1\_\_ Times per week
  - 2\_\_ Times per month
  - Don't know / Not sure
  - Refused
- 12.4 And when you took part in this activity, for how many minutes or hours did you usually keep at it?
- \_:\_\_ Hours and minutes
  - Don't know / Not sure
  - Refused

- 12.5 What other type of physical activity gave you the next most exercise during the past month?  
 \_\_ \_\_ (Specify) [See Physical Activity Coding List]  
 8 8 No other activity [Go to Q12.8]  
 Don't know / Not Sure [Go to Q12.8]  
 Refused [Go to Q12.8]

INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Coding Physical Activity List, choose the option listed as "Other".

- 12.6 How many times per week or per month did you take part in this activity during the past month?  
 1\_\_ Times per week  
 2\_\_ Times per month  
 Don't know / Not sure  
 Refused
- 12.7 And when you took part in this activity, for how many minutes or hours did you usually keep at it?  
 \_:\_ Hours and minutes  
 Don't know / Not sure  
 Refused
- 12.8 During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.  
 1\_\_ Times per week  
 2\_\_ Times per month  
 8 8 8 Never  
 Don't know / Not sure  
 Refused

### Section 13: Arthritis Burden

If Q7.9 = 1 (yes) then continue, else go to next section.

Next, I will ask you about your arthritis.

Arthritis can cause symptoms like pain, aching, or stiffness in or around a joint.

- 13.1 Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?  
 1 Yes  
 2 No  
 Don't know / Not sure  
 Refused

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

INTERVIEWER NOTE: Q13.2 should be asked of all respondents regardless of employment status.

- 13.2 In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?  
 1 Yes  
 2 No  
 Don't know / Not sure  
 Refused

INTERVIEWER INSTRUCTION: If respondent gives an answer to each issue (whether respondent works, type of work, or amount of work), then if any issue is “yes” mark the overall response as “yes.”

If a question arises about medications or treatment, then the interviewer should say: “Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment.”

13.3 During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings?

Please read [1-3]:

- 1 A lot
- 2 A little
- 3 Not at all
- Don't know / Not sure
- Refused

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: “Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment.”

13.4 Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. DURING THE PAST 30 DAYS, how bad was your joint pain ON AVERAGE? Please answer on a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be.

\_ \_ Enter number [00-10]

- Don't know / Not sure
- Refused

#### Section 14: Seatbelt Use

14.1 How often do you use seat belts when you drive or ride in a car? Would you say—

Please read:

- 1 Always
- 2 Nearly always
- 3 Sometimes
- 4 Seldom
- 5 Never
- Don't know / Not sure
- Never drive or ride in a car
- Refused

#### Section 15: Immunization

Now I will ask you questions about the flu vaccine. There are two ways to get the flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist™.

15.1 During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?

READ IF NECESSARY:

A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

- 1 Yes
- 2 No [Go to Q15.3]
- Don't know / Not sure [Go to Q15.3]
- Refused [Go to Q15.3]

- 15.2 During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?  
 \_\_ / \_\_\_\_ Month / Year  
 Don't know / Not sure  
 Refused
- 15.3 Since 2005, have you had a tetanus shot?  
 If yes, ask: "Was this Tdap, the tetanus shot that also has pertussis or whooping cough vaccine?"  
 1 Yes, received Tdap  
 2 Yes, received tetanus shot, but not Tdap  
 3 Yes, received tetanus shot but not sure what type  
 4 No, did not receive any tetanus since 2005  
 Don't know/Not sure  
 Refused
- 15.4 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?  
 1 Yes  
 2 No  
 Don't know / Not sure  
 Refused

**Section 16: HIV/AIDS**

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

- 16.1 Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.  
 1 Yes  
 2 No [Go to optional module transition]  
 Don't know / Not sure [Go to optional module transition]  
 Refused [Go to optional module transition]
- 16.2 Not including blood donations, in what month and year was your last HIV test?  
 NOTE: If response is before January 1985, code "Don't know." INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.  
 \_\_ / \_\_\_\_ Code month and year  
 Don't know / Not sure  
 Refused / Not sure

NOTE: If Core Q16.2 = within last 12 months continue, else go to optional module transition.

- 16.3 Where did you have your last HIV test — at a private doctor or HMO office, at a counseling and testing site, in the emergency room, as an inpatient in a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else?
- 0 1 Private doctor or HMO office
  - 0 2 Counseling and testing site
  - 0 9 Emergency room
  - 0 3 Hospital inpatient
  - 0 4 Clinic
  - 0 5 Jail or prison (or other correctional facility)
  - 0 6 Drug treatment facility
  - 0 7 At home
  - 0 8 Somewhere else
  - Don't know / Not sure
  - Refused

**Module 1: Pre-Diabetes**

NOTE: Only asked of those not responding “Yes” (code = 1) to Core Q7.12 (Diabetes awareness question).

1. Have you had a test for high blood sugar or diabetes within the past three years?
- 1 Yes
  - 2 No
  - Don't know / Not sure
  - Refused

Note: If Core Q7.12 = 4 (No, pre-diabetes or borderline diabetes); answer Q2 “Yes” (code = 1).

2. Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes? If “Yes” and respondent is female, ask: “Was this only when you were pregnant?”
- 1 Yes
  - 2 Yes, during pregnancy
  - 3 No
  - Don't know / Not sure
  - Refused

**Module 20: Random Child Selection**

Note: If Core Q8.7 = 88, or 99 (No children under age 18 in the household, or Refused), go to next module.

If Core Q8.7 = 1, Interviewer please read: “Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child.” [Go to Q1]

If Core Q8.7 is >1 and Core Q8.7 does not equal 88 or 99, Interviewer please read: “Previously, you indicated there were [number] children age 17 or younger in your household. Think about those [number] children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the last. Please include children with the same birth date, including twins, in the order of their birth.”

INSTRUCTION: RANDOMLY SELECT ONE OF THE CHILDREN. This is the “Xth” child. Please substitute “Xth” child’s number in all questions below.

I have some additional questions about one specific child. The child I will be referring to is the “Xth” [Note: please fill in correct number] child in your household. All following questions about children will be about the “Xth” [Note: please fill in] child.

1. What is the birth month and year of the “Xth” child?
- \_\_ / \_\_-\_\_-\_\_ Code month and year
  - Don't know / Not sure
  - Refused

INSTRUCTION: Calculate the child's age in months (CHLDAGE1=0 to 216) and also in years (CHLDAGE2=0 to 17) based on the interview date and the birth month and year using a value of 15 for the birth day. If the selected child is < 12 months old enter the calculated months in CHLDAGE1 and 0 in CHLDAGE2. If the child is > 12 months enter the calculated months in CHLDAGE1 and set CHLDAGE2=Truncate (CHLDAGE1/12).

2. Is the child a boy or a girl?

- 1 Boy
- 2 Girl
- Refused

3. Is the child Hispanic, Latino/a, or Spanish origin?

- 1 No, not of Hispanic, Latino/a, or Spanish origin

If yes, ask: Are they... (Interviewer Note: One or more categories may be selected)

- 2 Mexican, Mexican American, Chicano/a
- 3 Puerto Rican
- 4 Cuban
- 5 Another Hispanic, Latino/a, or Spanish origin
- No additional choices
- Don't know / Not sure
- Refused

4. Which one or more of the following would you say is the race of the child? (Select all that apply)

Interviewer Note: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
  - 41 Asian Indian
  - 42 Chinese
  - 43 Filipino
  - 44 Japanese
  - 45 Korean
  - 46 Vietnamese
  - 47 Other Asian
- 50 Pacific Islander
  - 51 Native Hawaiian
  - 52 Guamanian or Chamorro
  - 53 Samoan
  - 54 Other Pacific Islander
- 60 Other
- No additional choices
- Don't know / Not sure
- Refused

5. Which one of these groups would you say best represents the child's race?  
Interviewer Note: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
  - 41 Asian Indian
  - 42 Chinese
  - 43 Filipino
  - 44 Japanese
  - 45 Korean
  - 46 Vietnamese
  - 47 Other Asian
- 50 Pacific Islander
  - 51 Native Hawaiian
  - 52 Guamanian or Chamorro
  - 53 Samoan
  - 54 Other Pacific Islander
- 60 Other

No additional choices  
Don't know / Not sure  
Refused

6. How are you related to the child?
- 1 Parent (include biologic, step, or adoptive parent)
  - 2 Grandparent
  - 3 Foster parent or guardian
  - 4 Sibling (include biologic, step, and adoptive sibling)
  - 5 Other relative
  - 6 Not related in any way
- Don't know / Not sure  
Refused

Activity List for Common Leisure Activities (To be used for Section 13: Physical Activity)

Code Description (Physical Activity, Questions 12.2 and 12.5 above)

0 1 Active Gaming Devices (Wii Fit, Dance Dance revolution)	4 1 Rugby
0 2 Aerobics video or class	4 2 Scuba diving
0 3 Backpacking	4 3 Skateboarding
0 4 Badminton	4 4 Skating – ice or roller
0 5 Basketball	4 5 Sledding, tobogganing
0 6 Bicycling machine exercise	4 6 Snorkeling
0 7 Bicycling	4 7 Snow blowing
0 8 Boating (Canoeing, rowing, kayaking, sailing for pleasure or camping)	4 8 Snow shoveling by hand
0 9 Bowling	4 9 Snow skiing
1 0 Boxing	5 0 Snowshoeing
1 1 Calisthenics	5 1 Soccer
1 2 Canoeing/rowing in competition	5 2 Softball/Baseball
1 3 Carpentry	5 3 Squash
1 4 Dancing-ballet, ballroom, Latin, hip hop, zumba, etc	5 4 Stair climbing/Stair master
1 5 Elliptical/EFX machine exercise	5 5 Stream fishing in waders
1 6 Fishing from river bank or boat	5 6 Surfing
1 7 Frisbee	5 7 Swimming
1 8 Gardening (spading, weeding, digging, filling)	5 8 Swimming in laps
1 9 Golf (with motorized cart)	5 9 Table tennis
2 0 Golf (without motorized cart)	6 0 Tai Chi
2 1 Handball	6 1 Tennis
2 2 Hiking – cross-country	6 2 Touch football
2 3 Hockey	6 3 Volleyball
2 4 Horseback riding	6 4 Walking
2 5 Hunting large game – deer, elk	6 6 Waterskiing
2 6 Hunting small game – quail	6 7 Weight lifting
2 7 Inline Skating	6 8 Wrestling
2 8 Jogging	6 9 Yoga
2 9 Lacrosse	7 1 Childcare
3 0 Mountain climbing	7 2 Farm/Ranch Work (caring for livestock, stacking hay, etc.)
3 1 Mowing lawn	7 3 Household Activities (vacuuming, dusting, home repair, etc.)
3 2 Paddleball	7 4 Karate/Martial Arts
3 3 Painting/papering house	7 5 Upper Body Cycle (wheelchair sports, ergometer, etc.)
3 4 Pilates	7 6 Yard work (cutting/gathering wood, trimming hedges, etc.)
3 5 Racquetball	97 Don't know
3 6 Raking lawn	9 8 Other _____
3 7 Running	9 9 Refused
3 8 Rock Climbing	
3 9 Rope skipping	
4 0 Rowing machine exercise	

## **SOUTH DAKOTA'S 2013 STATE-ADDED QUESTIONS**

### **HEALTH CARE COVERAGE**

If "1" to Q. 3.1 in Section 3, continue. Otherwise go to Q. S2.

S1. Earlier you were asked some questions about your health care coverage. We'd now like to ask you what type of health care coverage you use to pay for most of your medical care?

Is it coverage through:

- 01 Your employer
- 02 Someone else's employer
- 03 A plan that you or someone else buys on your own
- 04 Medicare
- 05 Medicaid or Medical Assistance
- 06 The military, CHAMPUS, TriCare, or the VA
- 07 The Indian Health Service
- 08 Some other source
- 88 None
- Don't know/Not sure
- Refused

Go to Q. S3.

If "2" to Q. 3.1 in Section 3, continue. Otherwise go to Q. S3.

S2. Earlier you indicated that you did not have any type of health care coverage, but there are some types of coverage you may not have considered. Please tell me if you have any of the following:

Coverage through:

- 01 Your employer
- 02 Someone else's employer
- 03 A plan that you or someone else buys on your own
- 04 Medicare
- 05 Medicaid or Medical Assistance
- 06 The military, CHAMPUS, TriCare, or the VA
- 07 The Indian Health Service
- 08 Some other source
- 88 None
- Don't know/Not sure
- Refused

### **TOBACCO**

If "1" to Q. 3.4 in Section 3, And

If ("1" or "2" to Q. 9.2 in Section 9) or ("1" or "2" to Q. 9.5 in Section 9), continue. Otherwise, go to Q. S4.

S3. In the past 12 months, has a doctor, nurse, or other health professional advised you to (quit smoking or stop using spit tobacco)?

- 1 Yes
- 2 No
- Don't Know/Not Sure
- Refused

If "1" or "2" to Q. 8.9 in Section 8, continue. Otherwise, go to Q. S7.

- S4. While working at your job, are you indoors most of the time?
- 1 Yes
  - 2 No Go to Q. S7
  - Don't Know/Not Sure Go to Q. S7
  - Refused Go to Q. S7
- S5. Which of the following best describes your place of work's official smoking policy for work areas?
- a. Not allowed in any work areas Go to Q. S7
  - b. Allowed in some work areas
  - c. Allowed in all work areas
  - d. No official policy
  - Don't know/Not sure
  - Refused
- S6. On how many of the past 7 days did someone smoke in your indoor workplace while you were there?
- $\bar{\quad} \bar{\quad}$  Number of days
  - $\bar{5} \bar{5}$  Did not work in the past 7 days
  - 8 8 None
  - Don't know / Not sure
  - Refused
- S7. Which statement best describes the rules about smoking inside your home? Do not include decks, garages, or porches. Please read:
- 1 Smoking is not allowed anywhere inside your home Go to Q. S9
  - 2 Smoking is allowed in some places or at some times
  - 3 Smoking is allowed anywhere inside your home
  - 4 There are no rules about smoking inside your home
  - Don't know / Not sure
  - Refused
- S8. On how many of the past 7 days did someone smoke in your home while you were there?
- $\bar{\quad} \bar{\quad}$  Number of days
  - $\bar{5} \bar{5}$  Not at home in the past 7 days
  - 8 8 None
  - Don't know / Not sure
  - Refused

### Signs and Symptoms of a Heart Attack

Now I would like to ask you about your knowledge of the signs and symptoms of a heart attack. Which of the following do you think is a symptom of a heart attack?

For each, tell me yes, no, or you're not sure.

- S9. Do you think pain or discomfort in the jaw, neck, or back are symptoms of a heart attack?
- 1 Yes
  - 2 No
  - Don't know / Not sure
  - Refused
- S10. (Do you think) feeling weak, lightheaded, or faint (are symptoms of a heart attack?)
- 1 Yes
  - 2 No
  - Don't know / Not sure
  - Refused

S11. (Do you think) chest pain or discomfort (are symptoms of a heart attack?)

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

S12. (Do you think) sudden trouble seeing in one or both eyes (is a symptom of a heart attack?)

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

S13. (Do you think) pain or discomfort in the arms or shoulder (are symptoms of a heart attack?)

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

S14. (Do you think) shortness of breath (is a symptom of a heart attack?)

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

S15. If you thought someone was having a heart attack, what is the first thing you would do?

- 1 Take them to the hospital
- 2 Tell them to call their doctor
- 3 Call 911
- 4 Call their spouse or a family member
- 5 Do something else
- Don't know / Not sure
- Refused

#### **TELEVISION VIEWING**

S16. On an average week day, how many hours do you watch TV?

- 1 Do not watch TV on an average week day
- 2 Less than 1 hour per day
- 3 1 hour per day
- 4 2 hours per day
- 5 3 hours per day
- 6 4 or more hours per day
- Don't know/Not sure
- Refused

#### **NAME RECOGNITION**

S17. Have you heard about the South Dakota Department of Health program called the "South Dakota QuitLine" that offers free services designed to help you quit tobacco?

- 1 Yes
- 2 No
- Don't Know/Not Sure
- Refused

## COGNITIVE IMPAIRMENT

The next few questions ask about difficulties in thinking or remembering that can make a big difference in everyday activities. This does not refer to occasionally forgetting your keys or the name of someone you recently met. This refers to things like confusion or memory loss that are happening more often or getting worse. We want to know how these difficulties impact you or someone in your household.

S18. During the past 12 months, have you experienced confusion or memory loss that is happening more often or is getting worse?

- 1 Yes
- 2 No
- Don't know / Not sure
- Refused

Note: If 1 adult in household and S18 = 1 (Yes), go to S21; otherwise, go to S28.

Note: If number of adults > 1, continue.

S19. [If S18 = 1]; Not including yourself, how many adults 18 or older in your household experienced confusion or memory loss that is happening more often or is getting worse during the past 12 months?

- Number of people [6 = 6 or more]
- 8 NONE
- Don't know / Not sure
- Refused

Note: If number of adults > 1 and S19 < 7; continue. Otherwise, go to S28.

Note: If S19 < 7; go to S20. Otherwise, go to S28.

S20. Of these people, please select the person who had the most recent birthday. How old is this person?

- 0 1 Age 18-29
- 0 2 Age 30-39
- 0 3 Age 40-49
- 0 4 Age 50-59
- 0 5 Age 60-69
- 0 6 Age 70-79
- 0 7 Age 80-89
- 0 8 Age 90 +
- Do not read:
- Don't know / Not sure
- Refused

Note: If S18 ≠ 1 (Yes); read: "For the next set of questions we will refer to the person you identified as 'this person'."

INTERVIEWER NOTE: Repeat definition only as needed: "For these questions, please think about confusion or memory loss that is happening more often or getting worse."

S21. During the past 12 months, how often [If S18 = 1 (Yes): insert "have you;" otherwise, insert "has this person"] given up household activities or chores [If S18 = 1 (Yes): insert "you;" otherwise, insert "they"] used to do, because of confusion or memory loss that is happening more often or is getting worse?

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never
- Do not read:
- Don't know / Not sure
- Refused

- S22. As a result of [If S18 = 1 (Yes): insert “your;” otherwise, insert “this person’s”] confusion or memory loss, in which of the following four areas [If S18 = 1 (Yes): insert “do you;” otherwise, insert “does this person”] need the MOST assistance?
- 1 Safety [read only if necessary: such as forgetting to turn off the stove or falling]
  - 2 Transportation [read only if necessary: such as getting to doctor’s appointments]
  - 3 Household activities [read only if necessary: such as managing money or housekeeping]
  - 4 Personal care [read only if necessary: such as eating or bathing]
  - 5 Needs assistance, but not in those areas
  - 6 Doesn’t need assistance in any area
- Don’t know / Not sure  
Refused
- S23. During the past 12 months, how often has confusion or memory loss interfered with [If S18 = 1 (Yes): insert “your;” otherwise, insert “this person’s”] ability to work, volunteer, or engage in social activities?
- 1 Always
  - 2 Usually
  - 3 Sometimes
  - 4 Rarely
  - 5 Never
- Don’t know / Not sure  
Refused
- S24. During the past 30 days, how often [If S18 = 1 (Yes): insert “has;” otherwise, insert “have you,;”] a family member or friend provided any care or assistance for [If S18 = 1 (Yes): “you;” otherwise, insert “this person”] because of confusion or memory loss?
- 1 Always
  - 2 Usually
  - 3 Sometimes
  - 4 Rarely
  - 5 Never
- Don’t know / Not sure  
Refused
- S25. Has anyone discussed with a health care professional, increases in [If S18 = 1 (Yes): insert “your;” otherwise, insert “this person’s”] confusion or memory loss?
- 1 Yes
  - 2 No [Go to S28]
- Don’t know / Not sure [Go to S28]  
Refused [Go to S28]
- S26. Have [If S18 = 1 (Yes): insert “you;” otherwise, insert “this person”] received treatment such as therapy or medications for confusion or memory loss?
- 1 Yes
  - 2 No
- Don’t know / Not sure  
Refused
- S27. Has a health care professional ever said that [If S18 = 1 (Yes): insert “you have;” otherwise, insert “this person has”] Alzheimer’s disease or some other form of dementia?
- 1 Yes, Alzheimer’s Disease
  - 2 Yes, some other form of dementia but not Alzheimer’s disease
  - 3 No diagnosis has been given
- Don’t know / Not sure  
Refused

**CHILDREN’S HEALTH INSURANCE**

If the total number of children (ages 0-17) is equal to or greater than 1 according to Q. 8.7, continue. Otherwise, go to Closing Statement.

I’m now going to ask you some more questions about the child in the household that we talked about earlier.

S28. Does this child have health coverage?

- 1 Yes
- 2 No Go to Q. S30
- Don’t Know/Not Sure Go to Q. S38
- Refused Go to Q. S38

S29. What type of health coverage do you use to pay for most of this child's medical care? Is it coverage through: Your employer; Someone else's employer; A plan that you or someone else buys on your own; Medicare; Medicaid, CHIP, or Medical Assistance; The military, CHAMPUS, TriCare or the VA; The Indian Health Service; Community Health Services; or Some other source?

- 01 Your employer
- 02 Someone else's employer
- 03 A plan that you or someone else buys on your own
- 04 Medicare
- 05 Medicaid, CHIP, or Medical Assistance
- 06 The military, CHAMPUS, TriCare, or the VA
- 07 The Indian Health Service (IHS)
- 09 Community Health Services
- 08 Some other source
- 88 None
- Don't know/Not sure
- Refused

If “05” to Q. S29 go to Q. S37, otherwise go to S38.

S30. There are some types of coverage you may not have considered, please tell me if this child is covered by any of the following. Coverage through: Your employer; Someone else's employer; A plan that you or someone else buys on your own; Medicare; Medicaid, CHIP, or Medical Assistance; The military, CHAMPUS, TriCare or the VA; The Indian Health Service; Community Health Services; or Some other source?

- 01 Your employer Go to Q. S38
- 02 Someone else's employer Go to Q. S38
- 03 A plan that you or someone else buys on your own Go to Q. S38
- 04 Medicare Go to Q. S38
- 05 Medicaid, CHIP, or Medical Assistance Go to Q. S37
- 06 The military, CHAMPUS, TriCare, or the VA Go to Q. S38
- 07 The Indian Health Service Go to Q. S38
- 09 Community Health Services Go to Q. S38
- 08 Some other source Go to Q. S38
- 88 None
- Don't know/Not sure Go to Q. S38
- Refused Go to Q. S38

S31. Has this child been refused health coverage due to his or her health status?

- 1 Yes
- 2 No
- Don’t Know/Not Sure
- Refused

S32. Is this child without health coverage because of the loss of someone's employment?

- 1 Yes
- 2 No
- Don't Know/Not Sure
- Refused

S33. Is this child without health coverage due to any more of the following?

a. Employer dropped coverage?

- 1 Yes
- 2 No
- Don't know/Not sure
- Refused

b. Cost of premiums?

- 1 Yes
- 2 No
- Don't know/Not sure
- Refused

c. High deductibles?

- 1 Yes
- 2 No
- Don't know/Not sure
- Refused

d. Don't think it's necessary to have health coverage for this child?

- 1 Yes
- 2 No
- Don't know/Not sure
- Refused

S34. Please indicate if any of the following occurred in the last year due to this child's lack of health coverage.

a. Went without medical care when sick or injured, but probably should have received medical care.

- 1 Yes
- 2 No
- Don't know/Not sure
- Refused

b. Medical care was delayed when the child was sick or injured and probably should have received care sooner.

- 1 Yes
- 2 No
- Don't know/Not sure
- Refused

S35. About how long has it been since this child last visited a doctor for a routine checkup or physical examination?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
- Don't know/Not sure
- Never
- Refused

- S36. Who primarily pays for medical care for this uninsured child?
- 1 Parent (Includes caretaker parent and/or absent parent)
  - 2 Other relative
  - 3 County
  - 4 Other (Includes private foundation, charitable organization, provider write-off, etc.)
  - Don't know/Not sure
  - Refused

Go to Q. S38.

- S37. Have you dropped or reduced private health coverage for this child because of the availability of medical assistance programs?
- 1 Yes
  - 2 No
  - Don't Know/Not Sure
  - Refused

### CHILDREN'S ORAL HEALTH

If child's age is greater than or equal to 1 continue. Otherwise go to closing statement.

- S38. How long has it been since this child last visited the dentist or a dental clinic?
- 1 Within the past year (1 to 12 months ago) Go to Q. S40
  - 2 Within the past 2 years (1 to 2 years ago)
  - 3 Within the past 5 years (2 to 5 years ago)
  - 4 5 or more years ago
  - 7 Don't Know/Not Sure Go to Q. S40
  - Never
  - Refused Go to Q. S40
- S39. What is the main reason this child has not visited the dentist in the last year?
- 01 Fear, apprehension, nervousness, pain, dislike going
  - 02 Cost
  - 03 Do not have/know a dentist
  - 04 Cannot get to the office/clinic (too far away, no transportation, no appointments available)
  - 05 No reason to go (no problems, no teeth)
  - 06 Other priorities
  - 07 Have not thought of it
  - 08 Other
  - Don't Know/Not Sure
  - Refused
- S40. Do you have any kind of insurance coverage that pays for some or all of this child's routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicare?
- 1 Yes
  - 2 No
  - Don't Know/Not Sure
  - Refused
- S41. During the past 6 months, did this child have a toothache more than once, when biting or chewing?
- 1 Yes
  - 2 No
  - Don't know/Not sure
  - Refused

S42. During the past 12 months, how many times has this child missed school because of problems with their teeth or mouth?

\_\_ = Number of times (76 = 76+ times)

8 8 None

Don't know/Not sure

Refused

S43. During the past 12 months, how many times has this child visited a hospital emergency room because of problems with their teeth or mouth?

\_\_ = Number of times (76 = 76+ times)

8 8 None

Don't know/Not sure

Refused

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.

