

General Health Status

FAIR OR POOR HEALTH STATUS

Definition: Fair or Poor Health Status is defined as respondents who report having fair or poor health from possible response choices of “excellent”, “very good”, “good”, “fair”, or “poor”.

Prevalence of Fair or Poor Health Status

- South Dakota 11.5%
- Nationwide median 14.9%

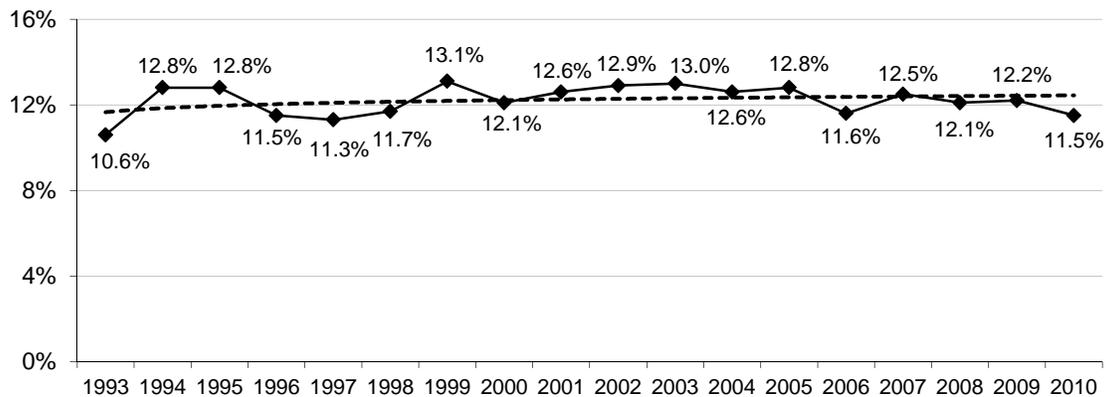
Healthy People 2010 Objective

There was no stated Healthy People 2010 Objective for fair or poor health status.

Trend Analysis

The percent of respondents reporting fair or poor health status has remained steady since the question was first asked in 1993. In 2010, 11.5 percent of respondents had fair or poor health status, a decrease from 12.2 percent in 2009.

Figure 66
Percent of Respondents Reporting Fair or Poor Health Status, 1993-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 1993-2010

Table 47
Respondents Who Reported Fair or Poor Health Status, 2010

	Total			Male			Female		
	# Resp.	%	95% CI	# Resp.	%	95% CI	# Resp.	%	95% CI
Total	6,706	11.5	(10.5-12.6)	2,648	11.6	(10.1-13.2)	4,058	11.5	(10.1-13.0)
Age									
18-24	211	5.5	(2.6-11.1)	102	1.8	(0.5-5.7)	109	9.5	(4.1-20.6)
25-34	581	7.2	(4.8-10.8)	242	7.9	(4.2-14.2)	339	6.6	(4.1-10.4)
35-44	782	7.3	(5.3-10.0)	309	9.2	(5.8-14.4)	473	5.3	(3.7-7.6)
45-54	1,288	9.7	(7.9-11.8)	545	11.0	(8.2-14.7)	743	8.3	(6.3-10.8)
55-64	1,465	13.7	(11.7-15.9)	616	13.2	(10.4-16.6)	849	14.1	(11.4-17.3)
65-74	1,164	19.4	(16.8-22.3)	467	21.0	(17.0-25.7)	697	17.8	(14.7-21.4)
75+	1,178	26.2	(23.3-29.3)	358	28.8	(23.6-34.6)	820	24.5	(21.2-28.2)
Race									
White	5,680	10.6	(9.6-11.7)	2,252	10.9	(9.5-12.5)	3,428	10.3	(9.0-11.7)
American Indian	781	22.0	(16.0-29.5)	298	15.3	(10.0-22.8)	483	28.0	(18.4-40.0)
Region									
Southeast	1,351	10.6	(8.7-12.8)	529	11.2	(8.4-14.9)	822	10.0	(7.8-12.8)
Northeast	1,436	12.0	(10.2-14.0)	563	11.7	(9.2-14.8)	873	12.2	(9.8-15.1)
Central	1,288	13.2	(10.1-16.9)	507	12.2	(9.1-16.2)	781	14.0	(9.2-20.7)
West	1,329	10.6	(8.9-12.6)	540	10.9	(8.5-13.9)	789	10.3	(8.1-13.0)
American Indian Counties	1,302	17.0	(14.4-20.0)	509	15.3	(11.6-19.9)	793	18.8	(15.4-22.7)
Household Income									
Less than \$15,000	658	32.1	(26.1-38.8)	229	25.8	(18.4-34.8)	429	37.9	(29.3-47.3)
\$15,000-\$19,999	420	26.3	(20.7-32.9)	152	24.0	(16.2-33.9)	268	28.4	(21.0-37.1)
\$20,000-\$24,999	562	18.4	(14.4-23.4)	215	20.3	(14.0-28.5)	347	16.8	(12.0-23.1)
\$25,000-\$34,999	770	16.6	(12.8-21.3)	335	17.5	(11.8-25.1)	435	15.4	(11.4-20.6)
\$35,000-\$49,999	1,006	8.8	(6.7-11.6)	425	11.4	(7.8-16.4)	581	5.9	(4.2-8.3)
\$50,000-\$74,999	1,027	5.9	(4.4-7.9)	438	6.8	(4.7-9.9)	589	5.0	(3.1-7.9)
\$75,000+	1,179	4.0	(2.9-5.4)	558	3.9	(2.4-6.1)	621	4.1	(2.6-6.3)
Education									
Less than High School	598	22.4	(17.9-27.7)	268	18.9	(13.3-26.1)	330	28.5	(21.7-36.5)
High School or G.E.D.	2,180	16.2	(14.0-18.6)	892	16.3	(13.2-19.9)	1,288	16.1	(13.2-19.5)
Some Post-High School	1,879	10.4	(8.6-12.6)	692	10.4	(7.8-13.6)	1,187	10.5	(8.0-13.6)
College Graduate	2,039	5.6	(4.5-6.9)	793	5.6	(4.1-7.8)	1,246	5.6	(4.2-7.3)
Marital Status									
Married/Unmarried Couple	4,048	9.7	(8.5-11.0)	1,734	10.7	(9.1-12.7)	2,314	8.6	(7.1-10.3)
Divorced/Separated	848	24.8	(20.7-29.5)	341	24.8	(18.1-33.0)	507	24.8	(20.1-30.2)
Widowed	1,054	24.7	(21.7-28.0)	164	28.0	(20.5-36.9)	890	24.0	(20.7-27.6)
Never Married	745	8.7	(6.3-11.9)	405	8.2	(5.7-11.7)	340	9.4	(5.3-16.1)
Children Status									
Children in Household	1,172	7.1	(5.1-9.8)	441	6.7	(4.1-10.7)	731	7.5	(4.8-11.5)
No Children in Household	401	5.9	(3.9-8.8)	211	6.2	(3.6-10.5)	190	5.5	(3.1-9.6)

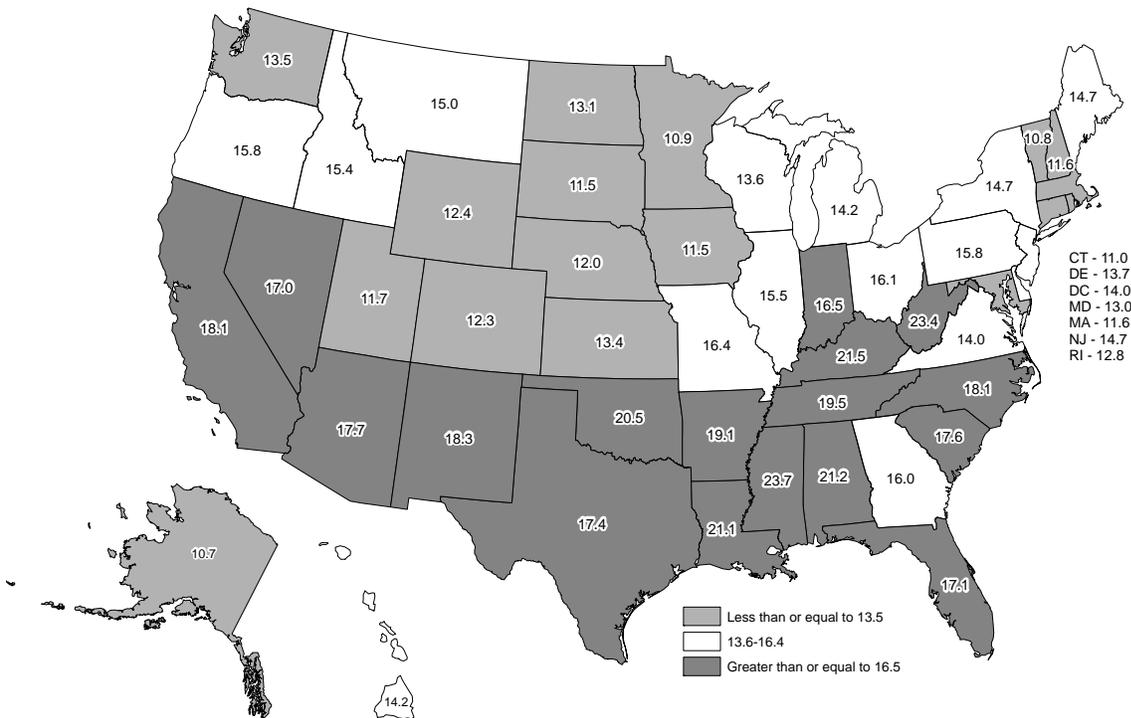
Note: *Results based on sample sizes less than 100 have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2010

National Statistics

The national median for respondents who reported fair or poor health status was 14.9 percent. South Dakota had 11.5 percent of respondents who reported fair or poor health status. Alaska had the lowest percent of respondents who reported fair or poor health status with 10.7 percent, while Mississippi had the highest with 23.7 percent.

Figure 67
Nationally, Respondents Who Reported Fair or Poor Health Status, 2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2010

PHYSICAL HEALTH NOT GOOD

Definition: Respondents who reported their physical health was not good for 30 days of the past 30, including physical illness and injury.

Prevalence of Physical Health Not Good for 30 Days of the Past 30

- South Dakota 4.9%
- There is no nationwide median for physical health not good for 30 days of the past 30 days

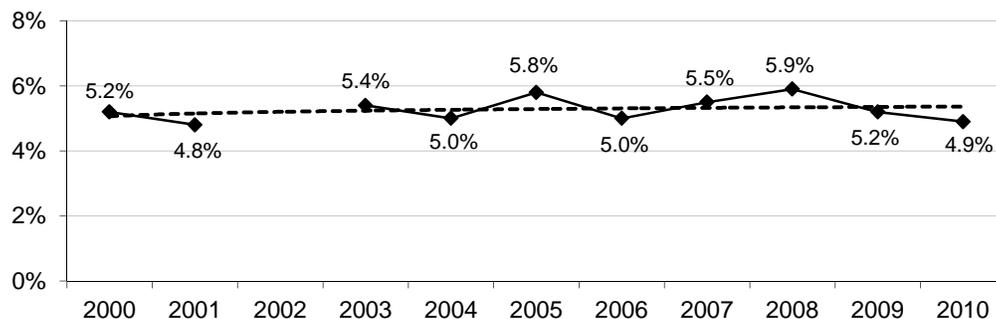
Healthy People 2010 Objective

There was no stated Healthy People 2010 Objective for physical health not good for 30 days of the past 30 days.

Trend Analysis

The percent of respondents who report that their physical health is not good for 30 days of the past 30 has remained steady since the question was first asked in 2000. More recently, this has been decreasing from an all-time high of 5.9 percent in 2008 to 4.9 percent in 2010.

Figure 68
Percent of Respondents Reporting Physical Health Not Good for 30 Days of the Past 30, 2000-2001, and 2003-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2000-2001, and 2003-2010

Table 48
Respondents Who Reported Physical Health Not Good for 30 Days of the Past 30, 2010

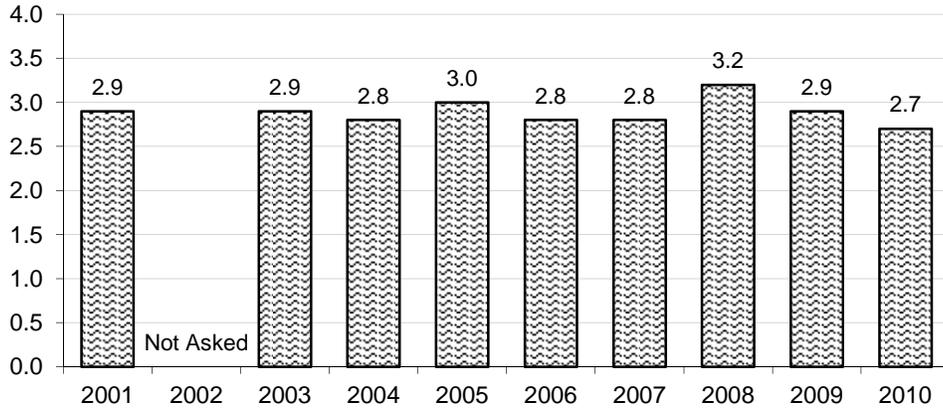
	Total			Male			Female		
	# Resp.	%	95% CI	# Resp.	%	95% CI	# Resp.	%	95% CI
Total	6,583	4.9	(4.3-5.6)	2,604	4.8	(3.9-5.9)	3,979	5.0	(4.1-6.0)
Age									
18-24	208	2.4	(0.8-6.8)	101	1.3	(0.2-8.4)	107	3.6	(1.0-12.2)
25-34	577	1.0	(0.4-2.4)	240	0.6	(0.1-2.9)	337	1.4	(0.5-4.0)
35-44	775	3.6	(2.1-6.3)	306	4.8	(2.2-10.1)	469	2.5	(1.3-4.8)
45-54	1,276	4.2	(3.1-5.7)	540	4.3	(2.7-6.8)	736	4.1	(2.8-6.0)
55-64	1,445	6.8	(5.3-8.6)	610	6.1	(4.1-9.1)	835	7.4	(5.5-10.0)
65-74	1,136	9.1	(7.2-11.3)	456	9.5	(6.8-13.1)	680	8.7	(6.4-11.7)
75+	1,131	11.5	(9.4-13.9)	343	14.1	(10.3-19.1)	788	9.8	(7.7-12.3)
Race									
White	5,582	4.8	(4.2-5.6)	2,216	4.8	(3.9-6.1)	3,366	4.8	(4.0-5.9)
American Indian	764	5.2	(3.6-7.4)	295	4.2	(2.3-7.6)	469	6.1	(3.9-9.4)
Region									
Southeast	1,327	4.3	(3.3-5.7)	522	5.1	(3.4-7.6)	805	3.6	(2.6-5.0)
Northeast	1,415	4.8	(3.8-6.1)	557	4.5	(3.0-6.5)	858	5.2	(3.9-6.8)
Central	1,265	4.3	(3.1-6.0)	498	3.5	(2.4-5.0)	767	5.2	(3.2-8.4)
West	1,300	6.0	(4.5-8.0)	526	5.4	(3.5-8.0)	774	6.7	(4.4-10.1)
American Indian Counties	1,276	5.3	(4.2-6.8)	501	4.6	(3.2-6.7)	775	6.1	(4.5-8.2)
Household Income									
	635	13.8	(10.5-17.9)	220	10.2	(6.1-16.6)	415	17.0	(12.4-22.8)
\$15,000-\$19,999	407	8.7	(5.9-12.7)	146	8.1	(4.0-15.7)	261	9.3	(6.1-14.0)
\$20,000-\$24,999	553	7.5	(4.8-11.7)	213	9.0	(4.4-17.8)	340	6.2	(4.0-9.5)
\$25,000-\$34,999	764	6.9	(4.6-10.1)	332	7.2	(3.9-12.8)	432	6.4	(4.2-9.7)
\$35,000-\$49,999	990	3.1	(2.1-4.7)	416	3.9	(2.3-6.7)	574	2.2	(1.3-3.9)
\$50,000-\$74,999	1,018	2.4	(1.4-4.1)	433	2.5	(1.1-5.6)	585	2.3	(1.1-4.5)
\$75,000+	1,173	1.9	(1.3-2.9)	556	1.9	(1.1-3.3)	617	1.9	(1.0-3.6)
Education									
Less than High School	581	9.5	(6.4-13.9)	262	8.0	(4.1-15.1)	319	12.1	(8.1-17.6)
High School or G.E.D.	2,128	6.7	(5.3-8.4)	875	7.1	(5.2-9.7)	1,253	6.2	(4.4-8.7)
Some Post-High School	1,848	4.4	(3.4-5.6)	681	3.8	(2.5-5.8)	1,167	4.8	(3.6-6.4)
College Graduate	2,019	2.7	(2.0-3.6)	784	2.4	(1.6-3.7)	1,235	2.9	(1.9-4.4)
Marital Status									
Married/Unmarried Couple	3,989	4.0	(3.3-4.7)	1,715	4.7	(3.7-6.0)	2,274	3.2	(2.5-4.1)
Divorced/Separated	828	12.7	(9.2-17.3)	331	13.6	(7.8-22.5)	497	11.9	(8.5-16.6)
Widowed	1,022	10.9	(8.9-13.3)	159	12.6	(7.5-20.4)	863	10.5	(8.4-13.1)
Never Married	734	3.4	(1.9-5.9)	395	1.5	(0.8-3.0)	339	6.0	(2.9-11.9)
Children Status									
Children in Household	1,163	2.0	(1.0-3.7)	438	1.9	(0.7-4.8)	725	2.0	(0.8-4.8)
No Children in Household	396	3.2	(1.6-6.0)	208	2.8	(1.1-7.3)	188	3.7	(1.6-8.4)

Note: *Results based on sample sizes less than 100 have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2010

Figure 69, on the following page, shows the average number of days all respondents stated their physical health was not good for the past 30 days. Overall, the average number of days has remained steady, however there was an increase from 2.8 days in 2007 to 3.2 days in 2008.

Figure 69
Average Number of Days Respondents' Physical Health Was Not Good in the Past 30 Days, 2001, and 2003-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2001, and 2003-2010

MENTAL HEALTH NOT GOOD

Definition: Respondents who report their mental health was not good for 20 to 30 days of the past 30, including stress, depression, and problems with emotions.

Prevalence of Mental Health Not Good for 20-30 Days of the Past 30

- South Dakota 4.4%
- There is no nationwide median for mental health not good for 20 to 30 days of the past 30 days

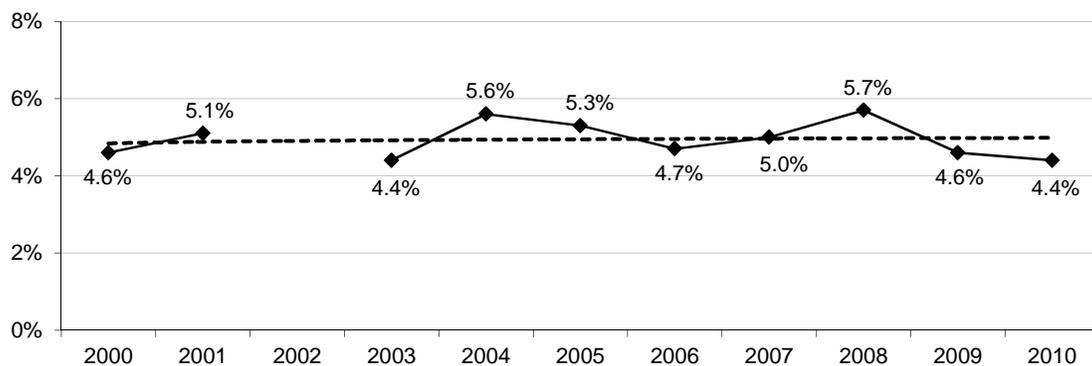
Healthy People 2010 Objective

There was no stated Healthy People 2010 Objective for mental health not good for 20 to 30 days of the past 30 days.

Trend Analysis

The percent of respondents with poor mental health for 20 to 30 days of the past 30 has remained steady since this question was first asked in 2000. In recent years, there has been a decrease from the all-time high of 5.7 percent in 2008 to 4.4 percent in 2010.

Figure 70
Percent of Respondents Stating Mental Health Not Good for 20-30 Days of the Past 30, 2000-2001, and 2003-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2000-2001, and 2003-2010

Table 49
Respondents Who Stated Mental Health Not Good for 20-30 Days of the Past 30, 2010

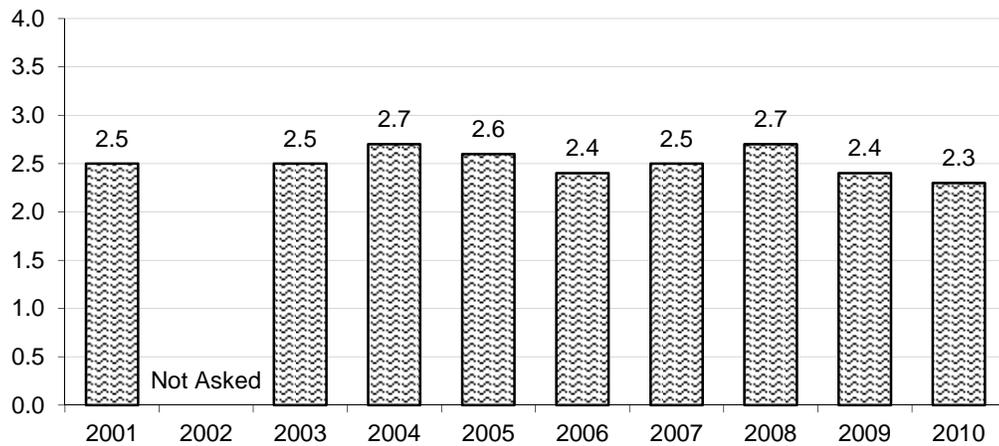
	Total			Male			Female		
	# Resp.	%	95% CI	# Resp.	%	95% CI	# Resp.	%	95% CI
Total	6,608	4.4	(3.7-5.3)	2,619	3.2	(2.4-4.3)	3,989	5.6	(4.5-6.9)
Age									
18-24	207	5.5	(2.8-10.5)	102	0.8	(0.2-3.3)	105	10.8	(5.3-20.8)
25-34	575	3.9	(2.3-6.4)	242	3.8	(1.7-8.5)	333	3.9	(2.1-7.1)
35-44	776	3.5	(2.1-5.8)	307	2.8	(1.0-7.8)	469	4.2	(2.6-6.9)
45-54	1,276	5.5	(4.2-7.1)	543	5.1	(3.3-7.7)	733	5.9	(4.3-8.0)
55-64	1,445	5.2	(4.0-6.9)	612	3.7	(2.3-6.0)	833	6.8	(5.0-9.3)
65-74	1,134	3.2	(2.2-4.8)	453	2.1	(1.0-4.5)	681	4.3	(2.7-6.8)
75+	1,159	3.0	(2.0-4.4)	352	3.1	(1.6-6.0)	807	3.0	(1.8-4.7)
Race									
White	5,601	4.3	(3.5-5.1)	2,227	3.2	(2.4-4.4)	3,374	5.3	(4.1-6.7)
American Indian	769	5.0	(3.3-7.4)	297	4.0	(1.8-8.6)	472	5.9	(3.8-9.0)
Region									
Southeast	1,334	4.9	(3.5-6.9)	524	3.9	(2.2-6.6)	810	5.9	(3.9-9.0)
Northeast	1,422	3.3	(2.5-4.4)	557	1.7	(1.0-2.9)	865	4.8	(3.4-6.6)
Central	1,267	3.3	(2.2-5.0)	502	2.3	(1.2-4.3)	765	4.3	(2.5-7.2)
West	1,308	4.8	(3.5-6.6)	531	3.7	(2.3-5.7)	777	6.1	(4.0-9.2)
American Indian Counties	1,277	6.7	(4.8-9.3)	505	5.5	(3.0-10.0)	772	8.0	(5.5-11.4)
Household Income									
Less than \$15,000	637	16.2	(11.0-23.1)	225	12.7	(7.7-20.4)	412	19.4	(11.5-30.8)
\$15,000-\$19,999	412	7.3	(4.0-13.0)	148	5.3	(1.6-16.3)	264	9.1	(4.7-17.0)
\$20,000-\$24,999	551	7.1	(4.2-11.9)	214	8.1	(3.3-18.5)	337	6.2	(3.9-9.9)
\$25,000-\$34,999	764	4.1	(2.3-7.2)	332	3.6	(1.2-9.7)	432	4.7	(2.8-7.8)
\$35,000-\$49,999	997	4.9	(3.1-7.6)	420	2.8	(1.4-5.4)	577	7.2	(4.1-12.4)
\$50,000-\$74,999	1,014	2.5	(1.6-3.9)	434	1.1	(0.5-2.2)	580	4.0	(2.3-6.7)
\$75,000+	1,168	2.2	(1.4-3.6)	552	1.5	(0.6-3.5)	616	3.1	(1.7-5.5)
Education									
Less than High School	583	7.2	(4.2-12.0)	263	6.6	(2.8-14.7)	320	8.2	(4.9-13.4)
High School or G.E.D.	2,142	5.3	(3.9-7.2)	881	3.8	(2.4-6.1)	1,261	6.9	(4.6-10.2)
Some Post-High School	1,856	4.5	(3.4-6.0)	689	3.0	(1.8-4.9)	1,167	5.8	(4.0-8.2)
College Graduate	2,019	3.0	(2.1-4.1)	784	1.9	(1.1-3.2)	1,235	3.9	(2.6-6.0)
Marital Status									
Married/Unmarried Couple	3,991	3.6	(2.8-4.6)	1,716	2.6	(1.8-3.8)	2,275	4.6	(3.3-6.3)
Divorced/Separated	836	13.4	(9.8-18.0)	338	11.9	(6.3-21.1)	498	14.8	(11.0-19.6)
Widowed	1,040	4.1	(2.8-5.9)	161	8.3	(4.1-16.1)	879	3.2	(2.1-4.8)
Never Married	731	4.2	(2.6-6.5)	400	2.0	(1.1-3.6)	331	7.3	(4.0-12.7)
Children Status									
Children in Household	1,162	4.8	(3.3-7.1)	439	3.1	(1.5-6.4)	723	6.4	(4.0-10.1)
No Children in Household	395	2.7	(1.5-4.8)	211	1.5	(0.7-3.3)	184	4.7	(2.1-10.0)

Note: *Results based on sample sizes less than 100 have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2010

Figure 71, below, displays the average number of days all respondents stated their mental health was not good for the past 30 days. For all nine years the respondents answered the question, the average number of days ranged from a low of 2.3 days to a high of 2.7 days.

Figure 71
Average Number of Days Respondents' Mental Health Was Not Good
in the Past 30 Days, 2001, and 2003-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2001, and 2003-2010

USUAL ACTIVITIES UNATTAINABLE

Definition: Respondents who report poor physical or mental health kept them from doing their usual activities for 10 to 30 days of the past 30 days, such as self-care, work, or recreation.

Prevalence of Usual Activities Unattainable for 10-30 Days of the Past 30

- South Dakota 5.3%
- There is no nationwide median for usual activities unattainable for 10 through 30 days of the past 30 days

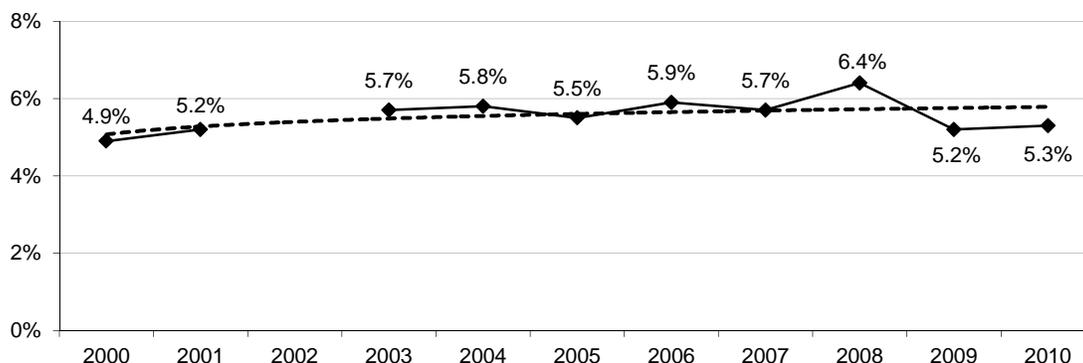
Healthy People 2010 Objective

There was no stated Healthy People 2010 Objective for usual activities unattainable for 10 through 30 days of the past 30 days.

Trend Analysis

This question was first asked in 2000, when 4.9 percent of respondents reported their usual activities were unattainable for 10 to 30 days of the past 30. Since that time, the percent has remained steady. In 2010, there were 5.3 percent of respondents reporting their usual activities were unattainable for 10 to 30 days of the past 30.

Figure 72
Percent of Respondents Reporting Usual Activities Unattainable for 10-30 Days of the Past 30, 2001, and 2003-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2000-2001, and 2003-2008

Table 50
Respondents Who Stated Usual Activities Unattainable for 10-30 Days of the Past 30, 2010

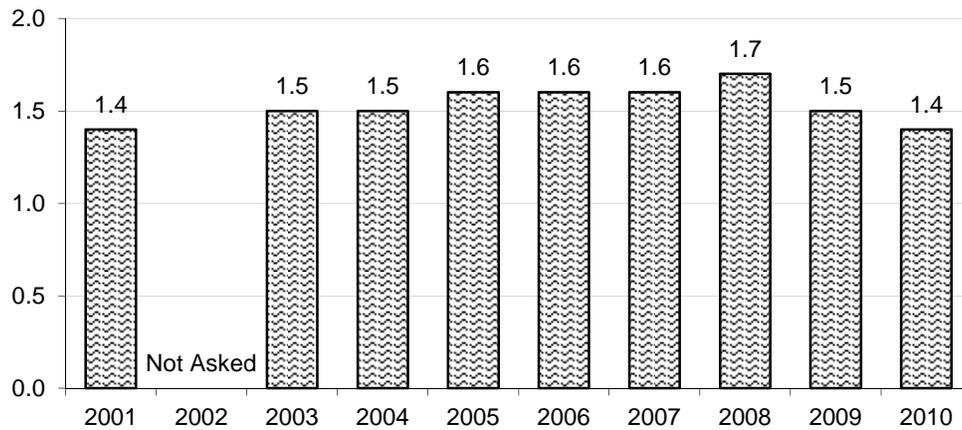
	Total			Male			Female		
	# Resp.	%	95% CI	# Resp.	%	95% CI	# Resp.	%	95% CI
Total	6,665	5.3	(4.6-6.0)	2,632	4.6	(3.8-5.5)	4,033	6.0	(5.0-7.1)
Age									
18-24	210	3.7	(1.8-7.4)	102	1.4	(0.3-5.4)	108	6.2	(2.7-13.6)
25-34	580	3.4	(2.1-5.5)	241	3.4	(1.7-6.7)	339	3.4	(1.7-6.8)
35-44	780	2.9	(1.9-4.5)	309	2.1	(1.0-4.5)	471	3.8	(2.3-6.2)
45-54	1,287	6.3	(4.9-8.0)	545	5.5	(3.7-8.2)	742	7.0	(5.2-9.4)
55-64	1,455	6.9	(5.5-8.6)	611	5.3	(3.7-7.7)	844	8.5	(6.4-11.1)
65-74	1,151	6.8	(5.3-8.8)	462	7.0	(4.8-10.2)	689	6.6	(4.7-9.4)
75+	1,165	8.3	(6.6-10.4)	353	10.9	(7.6-15.2)	812	6.7	(4.9-8.9)
Race									
White	5,646	5.1	(4.5-5.9)	2,237	4.4	(3.6-5.4)	3,409	5.8	(4.8-7.0)
American Indian	776	7.2	(4.9-10.6)	298	7.4	(3.8-14.2)	478	7.0	(4.6-10.5)
Region									
Southeast	1,335	4.7	(3.6-6.0)	522	4.2	(2.9-6.1)	813	5.2	(3.7-7.2)
Northeast	1,429	4.9	(3.8-6.3)	561	4.5	(3.1-6.5)	868	5.3	(3.8-7.3)
Central	1,282	5.8	(4.1-8.1)	503	4.0	(2.4-6.8)	779	7.4	(4.8-11.3)
West	1,327	5.7	(4.4-7.3)	537	4.5	(3.1-6.5)	790	7.0	(5.0-9.7)
American Indian Counties	1,292	8.3	(6.0-11.3)	509	9.0	(5.3-14.8)	783	7.5	(5.6-10.2)
Household Income									
Less than \$15,000	646	15.3	(11.8-19.6)	226	16.1	(10.6-23.8)	420	14.5	(10.6-19.6)
\$15,000-\$19,999	417	11.6	(8.1-16.2)	151	11.9	(6.8-20.1)	266	11.3	(7.2-17.1)
\$20,000-\$24,999	560	5.6	(3.7-8.3)	215	5.5	(2.8-10.8)	345	5.7	(3.6-8.9)
\$25,000-\$34,999	770	8.1	(5.6-11.4)	335	6.5	(3.9-10.6)	435	10.1	(6.1-16.4)
\$35,000-\$49,999	1,001	3.5	(2.3-5.1)	422	1.8	(1.0-3.3)	579	5.4	(3.3-8.6)
\$50,000-\$74,999	1,025	2.0	(1.2-3.2)	436	1.2	(0.5-2.8)	589	2.7	(1.5-4.9)
\$75,000+	1,175	3.2	(2.2-4.7)	557	3.1	(1.8-5.2)	618	3.4	(2.0-5.8)
Education									
Less than High School	593	7.1	(5.0-9.9)	266	6.2	(3.7-10.2)	327	8.6	(5.6-12.9)
High School or G.E.D.	2,166	6.9	(5.6-8.5)	888	5.9	(4.4-7.9)	1,278	7.9	(5.8-10.7)
Some Post-High School	1,866	4.6	(3.6-5.8)	684	3.2	(2.1-4.8)	1,182	5.7	(4.3-7.6)
College Graduate	2,031	3.9	(3.0-5.1)	791	3.7	(2.4-5.6)	1,240	4.1	(2.9-5.8)
Marital Status									
Married/Unmarried Couple	4,031	4.5	(3.8-5.4)	1,726	4.2	(3.3-5.3)	2,305	4.9	(3.9-6.2)
Divorced/Separated	840	12.7	(10.1-15.9)	337	12.0	(8.2-17.2)	503	13.3	(9.9-17.5)
Widowed	1,044	7.7	(5.9-9.8)	163	6.8	(3.4-12.8)	881	7.9	(6.0-10.3)
Never Married	740	4.3	(2.9-6.5)	402	3.2	(1.9-5.6)	338	5.9	(3.2-10.6)
Children Status									
Children in Household	1,169	3.1	(2.0-4.7)	440	2.4	(1.3-4.6)	729	3.7	(2.1-6.3)
No Children in Household	400	3.9	(2.4-6.4)	211	2.2	(1.0-4.6)	189	6.7	(3.5-12.4)

Note: *Results based on sample sizes less than 100 have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2010

Figure 73, below, displays the average number of days all respondents stated their physical or mental health kept them from doing their usual activities. Overall, the average number of days remained steady, however in 2008, there was a slight increase to 1.7 days.

Figure 73
Average Number of Days Where Poor Physical or Mental Health Kept Respondent From Doing Usual Activities, 2001, and 2003-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2001, and 2003-2010

DISSATISFIED WITH LIFE

Definition: Respondents who are dissatisfied or very dissatisfied with their life.

Prevalence of Dissatisfied with Life

- South Dakota 3.4%
- There is no nationwide median for dissatisfaction with life.

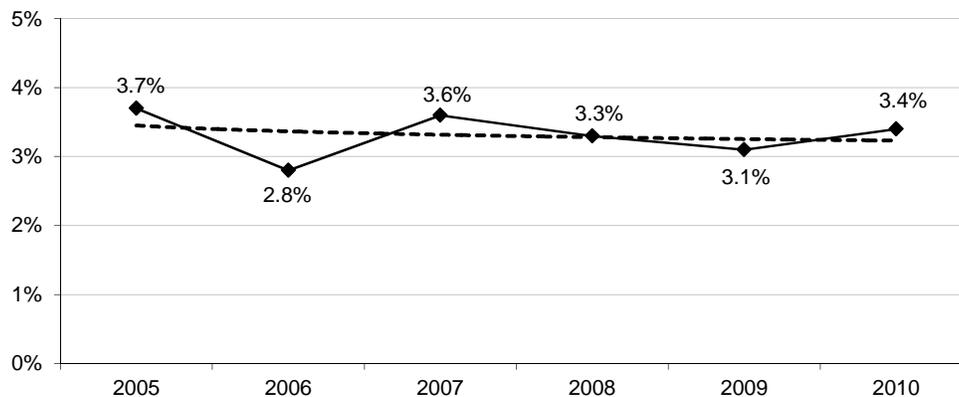
Healthy People 2010 Objective

There was no stated Healthy People 2010 Objective for dissatisfaction with life.

Trend Analysis

This question was first asked in 2005 with 3.7 percent of respondents stating they were dissatisfied or very dissatisfied with life. Overall, there has been a slight decrease in the percent of those dissatisfied or very dissatisfied with life.

Figure 74
Percent of Respondents Who Are Dissatisfied With Life, 2005-2010



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2005-2008

**Table 51
Respondents Who Are Dissatisfied With Life, 2010**

	Total			Male			Female		
	# Resp.	%	95% CI	# Resp.	%	95% CI	# Resp.	%	95% CI
Total	6,538	3.4	(2.8-4.2)	2,564	4.0	(2.9-5.5)	3,974	2.8	(2.3-3.5)
Age									
18-24	203	2.1	(0.5-8.5)	*	*	*	*	*	*
25-34	572	4.1	(2.4-7.0)	239	5.6	(2.7-11.0)	333	2.6	(1.3-5.2)
35-44	762	4.0	(2.4-6.5)	303	5.1	(2.6-10.0)	459	2.9	(1.6-5.1)
45-54	1,255	4.0	(2.9-5.7)	522	4.3	(2.6-7.0)	733	3.8	(2.4-6.1)
55-64	1,433	3.0	(2.1-4.1)	600	2.5	(1.5-4.2)	833	3.4	(2.2-5.2)
65-74	1,132	2.9	(2.0-4.2)	452	1.4	(0.7-2.9)	680	4.2	(2.7-6.5)
75+	1,150	3.0	(2.1-4.4)	345	3.7	(2.0-6.5)	805	2.6	(1.6-4.3)
Race									
White	5,545	3.4	(2.7-4.2)	2,185	4.0	(2.8-5.7)	3,360	2.8	(2.2-3.5)
American Indian	762	2.8	(1.7-4.5)	288	2.7	(1.3-5.7)	474	2.9	(1.5-5.3)
Region									
Southeast	1,312	3.3	(2.3-4.8)	510	3.6	(2.0-6.5)	802	3.0	(2.0-4.6)
Northeast	1,408	2.9	(2.0-4.3)	548	3.5	(1.9-6.5)	860	2.4	(1.6-3.6)
Central	1,252	2.0	(1.3-3.0)	490	2.4	(1.4-4.2)	762	1.5	(0.8-2.9)
West	1,297	4.7	(3.0-7.2)	523	5.8	(3.0-10.8)	774	3.5	(2.4-5.0)
American Indian Counties	1,269	3.7	(2.5-5.3)	493	4.0	(2.3-7.0)	776	3.3	(2.1-5.2)
Household Income									
Less than \$15,000	635	13.0	(8.1-20.3)	218	19.4	(10.3-33.5)	417	7.2	(4.6-11.0)
\$15,000-\$19,999	403	8.7	(4.7-15.6)	147	8.6	(3.0-22.3)	256	8.9	(4.4-17.2)
\$20,000-\$24,999	550	5.9	(3.0-11.2)	208	7.5	(2.6-19.6)	342	4.5	(2.3-8.8)
\$25,000-\$34,999	758	4.3	(2.3-8.0)	328	4.6	(1.7-11.5)	430	4.0	(2.2-7.3)
\$35,000-\$49,999	994	3.3	(2.0-5.3)	419	3.3	(1.5-7.0)	575	3.3	(1.8-5.8)
\$50,000-\$74,999	1,004	1.2	(0.7-2.0)	424	0.6	(0.2-1.7)	580	1.8	(0.9-3.3)
\$75,000+	1,160	0.9	(0.5-1.6)	547	0.7	(0.3-1.7)	613	1.2	(0.6-2.5)
Education									
Less than High School	580	6.0	(3.3-10.9)	259	5.9	(2.3-14.2)	321	6.4	(3.9-10.1)
High School or G.E.D.	2,106	4.6	(3.2-6.7)	851	5.7	(3.3-9.7)	1,255	3.5	(2.5-5.0)
Some Post-High School	1,838	3.2	(2.2-4.6)	672	4.0	(2.3-6.8)	1,166	2.6	(1.7-4.1)
College Graduate	2,007	1.9	(1.3-2.7)	779	1.9	(1.1-3.3)	1,228	1.9	(1.2-3.0)
Marital Status									
Married/Unmarried Couple	3,961	2.3	(1.7-3.0)	1,694	2.5	(1.6-3.9)	2,267	2.0	(1.5-2.8)
Divorced/Separated	824	11.7	(8.1-16.4)	326	11.3	(5.8-20.8)	498	11.9	(8.2-17.0)
Widowed	1,027	3.8	(2.6-5.7)	156	7.0	(3.5-13.4)	871	3.1	(1.9-5.1)
Never Married	720	4.5	(2.4-8.1)	387	6.6	(3.3-12.7)	333	1.5	(0.7-3.0)
Children Status									
Children in Household	1,147	2.8	(1.7-4.4)	436	3.7	(1.9-7.0)	711	2.0	(1.1-3.4)
No Children in Household	389	5.4	(2.7-10.3)	203	7.7	(3.6-15.9)	186	1.9	(0.8-4.6)

Note: *Results based on sample sizes less than 100 have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2010