

# The Health Behaviors of South Dakotans 2010

*A Report of the South Dakota  
Behavioral Risk Factor Surveillance System*

South Dakota Department of Health  
600 East Capitol Avenue  
Pierre, South Dakota 57501

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## **Preface**

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*The Health Behaviors of South Dakotans 2010* serves as a way to measure health risks of South Dakotans.

The information used to develop the report came from the Behavioral Risk Factor Surveillance System (BRFSS). The South Dakota Department of Health (DOH) initiated the BRFSS with help from the Centers for Disease Control and Prevention (CDC).

The survey consists of questions aimed at tracking and trending prevalence of health behaviors and conditions over time. The report also compares data from this survey to the **Healthy People 2010 National Health Objectives** as well as to the rest of the nation.

The BRFSS is the world's largest telephone survey. The survey is administered to households with adults age 18 years or older.

The Office of Health Statistics edited and compiled data for this publication. This report contains as much information as practical from the survey.

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