# The Health Behaviors of South Dakotans 2018 

A Report of the South Dakota Behavioral Risk Factor Surveillance System

South Dakota Department of Health<br>600 East Capitol Avenue<br>Pierre, South Dakota 57501

In cooperation with
the Centers for Disease Control and Prevention
Atlanta, Georgia

May 2020
Copies of this report and its distribution were paid for by a grant from the Centers for Disease Control and Prevention.

## Preface

The Health Behaviors of South Dakotans 2018 serves as a way to measure health risks of South Dakotans.

The information used to develop the report came from the Behavioral Risk Factor Surveillance System (BRFSS). The South Dakota Department of Health (DOH) initiated the BRFSS with help from the Centers for Disease Control and Prevention (CDC).

The survey consists of questions aimed at tracking and trending prevalence of health behaviors and conditions over time.

The BRFSS is the world's largest telephone survey. The survey is administered to households with adults age 18 years or older.

The Office of Health Statistics edited and compiled data for this publication. This report contains as much information as practical from the survey.

For questions regarding The Health Behaviors of South Dakotans 2018, please contact:
Office of Health Statistics
615 East 4th Street
Pierre, South Dakota 57501-2536
Phone: (605) 773-3361
http://doh.sd.gov/Statistics/
National web site: http://www.cdc.gov/brfss/

The following people were the main contributors to the development of this report:
Carrie Cushing Policy Data Analyst
Mark Gildemaster Project Director of South Dakota Behavioral Risk Factor Surveillance System
Derrick Haskins Communications Director
Virginia Peterson Project Coordinator of South Dakota Behavioral Risk Factor Surveillance System

## Table of Contents

Preface ..... v
List of Tables ..... viii
List of Figures ..... xii
Overview ..... 3
Methodology ..... 11
Health Behavior Topics ..... 15
Overweight and Obese ..... 17
Physical Activity ..... 28
Tobacco Use ..... 31
Diabetes ..... 47
Chronic Obstructive Pulmonary Disease (COPD) ..... 56
Health Insurance ..... 59
Breast and Cervical Cancer ..... 70
Cardiovascular Disease ..... 76
Colorectal Cancer Screening ..... 85
Cancer ..... 90
Immunization ..... 101
Arthritis ..... 107
Asthma ..... 110
Depression ..... 113
Prostate Cancer ..... 116
Kidney Disease ..... 122
Alcohol Use ..... 128
General Health Status ..... 137
Seat Belt Use ..... 153
Sleep. ..... 156
Sunblock Use ..... 159
Adverse Childhood Experiences ..... 162
Hearing Difficulty ..... 168
HIV/AIDS ..... 171
Prescription Pain Medication ..... 174
Falls ..... 177
Oral Health ..... 180
Appendix A: Demographics ..... 185
Appendix B: BRFSS Questionnaire ..... 191

## List of Tables

1. Estimated Percentage and Number of Persons at Risk Due to Selected Factors (Ages 18 and Older Unless Otherwise Specified): South Dakota BRFSS, 2018 ..... 5
2. Topics Covered on the South Dakota BRFSS, 2009-2018 ..... 6-7
3. Disposition of All Telephone Numbers in the Sample, 2018 ..... 13
4. South Dakotans Who Are Overweight or Obese, 2014-2018 ..... 18
5. South Dakotans Who Are Obese, 2014-2018 ..... 21
6. South Dakotans Who Are Severely Obese, 2014-2018 ..... 24
7. South Dakotans Who Are Morbidly Obese, 2014-2018 ..... 26-27
8. South Dakotans Who Reported Leisure Time Physical Activity, 2014-2018 ..... 29
9. South Dakotans Who Currently Smoke Cigarettes, 2014-2018 ..... 32
10. South Dakotans Who Tried to Stop Smoking, Within the Past 12 Months, for One Day or Longer Because They Were Trying to Quit Smoking, 2011-2018 ..... 34
11. Percentage of Current Cigarette Smoking by Type of Health Insurance, Ages 18-64, 2011-2018 ..... 46
12. Percentage of South Dakotans With an Annual Household Income of Less Than \$25,000 Who Are Current Cigarette Smokers, 2011-2018 ..... 34
13. Percentage of South Dakotans that had a CT or CAT Scan Within the Last 12 Months, 2018 ..... 36
14. South Dakotans Who Use Smokeless Tobacco, 2014-2018 ..... 38
15. South Dakotans Who Currently Smoke E-Cigarettes, 2016-2018 ..... 42
16. South Dakotans Who Currently Smoke Cigarettes, Use Smokeless Tobacco, or Use E-Cigarettes, 2016-2018 ..... 45
17. South Dakotans Who Were Told They Have Diabetes, 2014-2018 ..... 48
18. South Dakotans Who Have Been Told They Have COPD, 2014-2018 ..... 57
19. South Dakotans, Ages 18-64, Who Do Not Have Health Insurance, 2014-2018 ..... 60
20. Type of Health Insurance, Ages 18-64, 2011-2018 ..... 62
21. How Long Since South Dakotans Last Visited a Doctor for a Routine Checkup, 2012-2018 ..... 62
22. South Dakota Males, Ages 18-64, who Have Not Had a Routine Health Check- up in the Past Two Years, 2018 ..... 63
23. South Dakota Children, Ages 0-17, Who Do Not Have Health Insurance, 2014-2018 ..... 65
24. Different Types of Health Coverage for South Dakota Children, Ages 17 and Under, 2011-2018 ..... 66
25. South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2014-2018 ..... 67-68
26. Female South Dakotans, Ages 40-74, Who Have Had a Mammogram in the Past Two Years, 2014-2018 ..... 71
27. Female South Dakotans, Ages 21-65, Who Met Cervical Cancer Screening Recommendations, 2016-2018. ..... 74
28. South Dakotans Who Previously Had a Heart Attack, 2014-2018 ..... 77
29. South Dakotans Who Have Angina or Coronary Heart Disease, 2014-2018 ..... 80
30. South Dakotans Who Previously Had a Stroke, 2014-2018 ..... 83
31. South Dakotans, Ages 50 to 75, Who Met Colorectal Cancer Screening Recommendations, 2014-2018 ..... 85-86
32. South Dakotans, Ages 50 to 75, Who Met Colorectal Cancer Screening Recommendations, 2012, 2014, 2016, and 2018 ..... 88
33. South Dakotans, Ages 50-75, and Whether They Had Met the Colorectal Cancer Screening Recommendations, 2014-2018 ..... 89
34. South Dakotans Who Have Ever Been Diagnosed With Cancer (Excluding Skin Cancer), 2014-2018 ..... 91
35. Number of Cancers that South Dakotans Have Had, 2015-2018 ..... 92
36. Type of Cancer South Dakotans Have Been Diagnosed With, 2015-2018 ..... 93
37. South Dakotans' Treatment for Cancer, 2018 ..... 93
38. Type of Doctor Providing a Majority of Health Care for South Dakotans With Cancer, 2016-2018 ..... 97
39. South Dakotans Diagnosed With Cancer and if the Pain is Currently Under Control, 2016-2018 ..... 97
40. South Dakotans Who Have Ever Been Diagnosed With Skin Cancer, 2014-2018 ..... 98-99
41. South Dakotans, Ages 65 and Older, Who Have Had a Flu Shot Within the Past 12 Months, 2014-2018 ..... 102
42. South Dakotans, Ages 65 and Older, Who Have Had a Pneumonia Shot, 2014-2018 ..... 105
43. South Dakotans Who Were Told They Have Arthritis, 2014-2018 ..... 108
44. South Dakotans Who Were Told They Have Asthma, 2014-2018 ..... 111
45. South Dakotans Who Have Been Told They Have Depression, 2014-2018 ..... 114
46. Male South Dakotans, Ages 40 and Older, Who Have Had a PSA Test Within the Past Two Years, 2014, 2016, and 2018 ..... 117
47. South Dakotans Who Have Been Told They Have Kidney Disease, 2014-2018 ..... 123
48. South Dakotans Who Have a Vision Impairment, 2014-2018. ..... 126
49. South Dakotans Who Drank Alcohol in Past 30 Days, 2014-2018 ..... 129
50. South Dakotans Who Engage in Binge Drinking, 2014-2018 ..... 132
51. South Dakotans Who Engage in Heavy Drinking, 2014-2018 ..... 135
52. South Dakotans Reporting Fair or Poor Health Status, 2014-2018 ..... 138
53. South Dakotans Who Reported Physical Health Not Good for 30 Days of the Past 30, 2014-2018 ..... 142
54. South Dakotans Who Stated Mental Health Not Good for 20-30 Days of the Past 30, 2014-2018 ..... 146
55. South Dakotans Who Stated Usual Activities Unattainable Due to Poor Physical or Mental Health for 10-30 Days of the Past 30, 2014-2018 ..... 150
56. South Dakotans Who Always or Nearly Always Wear a Seat Belt, 2014-2018 ..... 154
57. South Dakotans Who Get Less Than Six Hours of Sleep in a 24 -Hour Period, 2014-2018 ..... 157
58. South Dakotans Who Use Sunblock Most of the Time, 2014-2018 ..... 160
59. South Dakotans Who Have Had One or More Adverse Childhood Experiences, 2017-2018 ..... 163
60. South Dakotans Who Have Had Five or More Adverse Childhood Experiences, 2017-2018 ..... 166
61. South Dakotans Who Are Deaf or Have Serious Difficulty Hearing, 2016-2018 ..... 169
62. South Dakotans, Ages 18-64, Who Have Been Tested for HIV, 2014-2018. ..... 172
63. South Dakotans That Have Taken Prescription Pain Medication in the Last 12 Months, 2017-2018 ..... 175
64. South Dakotans, Ages 45 and Older, Who Were Injured in a Fall in the Past 12 Months, 2014, 2016, and 2018 ..... 178
65. South Dakotans Who Have Visited a Dentist or Dental Clinic for Any Reason Within the Past Year, 2014-2018 ..... 180
66. Demographics of Survey South Dakotans, 2018 ..... 185
67. Surveys Completed by Resident County, 2018 ..... 186-187

## List of Figures

1. Percentage of South Dakotans Who Are Overweight or Obese Based on Body Mass Index, 2011-2018 ..... 17
2. Percentage of South Dakotans Obese Based on Body Mass Index, 2011-2018 ..... 20
3. Percentage of South Dakotans Who Are Severely Obese Based on Body Mass Index, 2011-2018 ..... 23
4. Percentage of South Dakotans Who Reported Leisure Time Physical Activity, 2011-2018 ..... 28
5. Percentage of South Dakotans Who Currently Smoke Cigarettes, 2011-2018 ..... 31
6. Percentage of Smokers Who Have Been Advised by a Doctor, Nurse, or Other Health Professional to Quit Smoking in the Past 12 Months, 2011-2018 ..... 35
7. South Dakotans' Place of Work Smoking Policy, 2014-2018 ..... 35
8. South Dakotans' Rules About Smoking Inside the Home, 2014-2018 ..... 36
9. Percentage of South Dakotans Who Use Smokeless Tobacco, 2011-2018 ..... 37
10. Percentage of South Dakotans Advised to Quit Using Smokeless Tobacco by a Doctor, Nurse, or Other Health Professional, 2011-2018 ..... 40
11. Percentage of South Dakotans Who Currently Smoke E-Cigarettes, 2016-2018 ..... 41
12. Percentage of South Dakotans Who Currently Smoke Cigarettes, Use Smokeless Tobacco, or Use E-Cigarettes, 2016-2018 ..... 44
13. Percentage of South Dakotans Who Were Told They Have Diabetes, 2011-2018. ..... 47
14. South Dakotans With Pre-Diabetes Who Have Had a Test for High Blood Sugar or Diabetes Within the Past Three Years, 2011-2018 ..... 50
15. South Dakotans' Diabetic Status, 2014-2018 ..... 50
16. South Dakotans Who Were Referred by a Health Professional to Pre-Diabetes Education to Prevent Diabetes, 2018 ..... 51
17. South Dakotans Who Use Insulin for Diabetes, 2012-2018 ..... 51
18. South Dakotans Who Check Their Blood for Glucose or Sugar One or More Times Per Day, 2012-2018 ..... 52
19. South Dakotans Who Check Their Feet for Sores or Irritations One or More Times Per Day, 2012-2018 ..... 52
20. South Dakotans Who Have Seen a Doctor, Nurse, or Other Health Professional for Their Diabetes Two or More Times in the Past 12 Months, 2012-2018 ..... 53
21. South Dakotans That Had Hemoglobin A1c Checked by a Doctor, Nurse, or Other Health Professional Two or More Times in the Past 12 Months, 2012-2018 ..... 53
22. South Dakotans Who Had a Health Professional Check Their Feet for Any Sores or Irritations at Least Once in the Past Year, 2012-2018 ..... 54
23. South Dakotans Who Had an Eye Exam in the Past Year in Which the Pupils Were Dilated, 2012-2018 ..... 54
24. South Dakotans Told by a Doctor That Diabetes Has Affected Their Eyes or They Have Retinopathy, 2012-2018 ..... 55
25. South Dakotans Who Have Ever Taken a Course or Class in How to Manage Diabetes, 2012-2018 ..... 55
26. Percentage of South Dakotans Who Were Told They Have COPD, 2011-2018 ..... 56
27. Percentage of South Dakotans, Ages 18-64, Who Do Not Have Health Insurance, 2011-2018 ..... 59
28. Percentage of South Dakotans, Ages 18-64, Who Needed to See a Doctor But Could Not Because of the Cost, 2012-2018 ..... 63
29. Percentage of South Dakota Children, Ages 0-17, Who Do Not Have Health Insurance, 2011-2018 ..... 64
30. Percentage of South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2011-2018 ..... 67
31. Percentage of Female South Dakotans, Ages 40-74, Who Have Had a Mammogram in the Past Two Years, 2012, 2014, 2016, and 2018 ..... 70
32. Percent of Female South Dakotans, Ages 21-65, Who Met Cervical Cancer Screening Recommendations, 2016-2018 ..... 73
33. Percentage of South Dakotans Who Previously Had a Heart Attack, 2011-2018. ..... 76
34. Percentage of South Dakotans Who Have Angina or Coronary Heart Disease, 2011-2018 ..... 79
35. Percentage of South Dakotans Who Have Previously Had a Stroke, 2011-2018 ..... 82
36. South Dakotans, Ages 50 to 75, Who Met Colorectal Cancer Screening Recommendations, 2012-2018 ..... 85
37. Percent of South Dakotans Who Had a Sigmoidoscopy or Colonoscopy for Their Most Recent Colorectal Exam, 2012, 2014, 2016, and 2018 ..... 87
38. Percent of South Dakotans, Ages 50-75, Recommended by a Doctor, Nurse, or Other Health Professional to be Tested for Colorectal or Colon Cancer, 2014, 2016, and 2018 ..... 88
39. South Dakotans Who Received a Written Summary of All Cancer Treatments, 2016-2018 ..... 94
40. South Dakotans Who Received Instructions for Routine Cancer Check-ups, 2016-2018 ..... 94
41. South Dakotans Who Received Written Instructions on Paper for Routine Cancer Check-ups, 2016-2018 ..... 95
42. South Dakotans Whose Health Insurance Paid for Some or All of Cancer Treatments, 2016-2018 ..... 95
43. South Dakotans Denied Health Insurance or Life Insurance Due to Cancer Diagnosis, 2017-2018 ..... 96
44. South Dakotans Who Participated in a Clinical Trial as Part of Their Cancer Treatment, 2016-2018 ..... 96
45. South Dakotans Who Have Physical Pain Caused by Cancer or Cancer Treatments, 2017-2018 ..... 97
46. Percentage of South Dakotans Who Have Ever Been Diagnosed With Skin Cancer, 2011-2018 ..... 98
47. Percentage of South Dakotans, Ages 65 and Older, Who Have Had a Flu Shot Within the Past 12 Months, 2011-2018 ..... 101
48. Percentage of South Dakotans, Ages 65 and Older, Who Have Had a Pneumonia Shot, 2011-2018 ..... 104
49. Percentage of South Dakotans Who Were Told They Have Arthritis, 2011-2018. ..... 107
50. Percentage of South Dakotans Who Were Told They Have Asthma, 2011-2018.. ..... 110
51. Percentage of South Dakotans Who Were Told They Have Depression, 2011-2018 ..... 113
52. Percent of Male South Dakotans, Ages 40 and Older, Who Have Had a PSA Test Within the Past Two Years, 2012, 2014, 2016, and 2018 ..... 116
53. Percent of Male South Dakotans, Ages 40 and Older, Who Stated That a Doctor, Nurse, or Other Health Professional Talked With Them About the Advantages of the PSA Test, 2012, 2014, 2016, and 2018 ..... 119
54. Percent of Male South Dakotans, Ages 40 and Older, Who Stated That a Doctor, Nurse, or Other Health Professional Talked With Them About the Disadvantages of the PSA Test, 2012, 2014, 2016, and 2018 ..... 119
55. Percent of Male South Dakotans, Ages 40 and Older, Who Were Recommended bya Doctor, Nurse, or Other Health Professional to Have a PSA Test, 2012, 2014,2016, and 2018120
56. Male South Dakotans, Ages 40 and Older, Who Had a PSA Test When a Health Professional Recommended It, 2012, 2014, 2016, and 2018 ..... 120
57. Male South Dakotans', Ages 40 and Older, Main Reason for Last PSA Test, 2012, 2014, 2016, and 2018 ..... 121
58. Percentage of South Dakotans Who Have Been Told They Have Kidney Disease, 2011-2018 ..... 122
59. Percentage of South Dakotans Who Have a Vision Impairment, 2013-2018 ..... 125
60. Percentage of South Dakotans Who Drank Alcohol in the Past 30 Days, 2011-2018 ..... 128
61. Percentage of South Dakotans Who Engage in Binge Drinking, 2011-2018 ..... 131
62. Percentage of South Dakotans Who Engage in Heavy Drinking, 2011-2018 ..... 134
63. Percentage of South Dakotans Reporting Fair or Poor Health Status, 2011-2018 ..... 137
64. Percent of American Indian, non-Hispanic South Dakotans Who Report Their General Health as Excellent, Very Good, Or Good, 2011-2018 ..... 140
65. Percentage of South Dakotans Reporting Physical Health Not Good for 30 Days of the Past 30, 2011-2018 ..... 141
66. Average Number of Days South Dakotans' Physical Health Was Not Good in the Past 30 Days, 2011-2018 ..... 144
67. Percentage of South Dakotans Stating Mental Health Not Good for 20-30 Days of the Past 30, 2011-2018 ..... 145
68. Average Number of Days Respondents' Mental Health Was Not Good in the Past 30 Days, 2011-2018 ..... 148
69. Percentage of South Dakotans Reporting Usual Activities Unattainable for 10-30 Days of the Past 30, 2011-2018 ..... 149
70. Average Number of Days Poor Physical or Mental Health Kept South Dakotans From Doing Their Usual Activities in the Past 30 Days, 2011-2018 ..... 152
71. Percentage of South Dakotans Who Always or Nearly Always Wear a Seat Belt, 2011-2018 ..... 153
72. Percent of South Dakotans Who Get Less Than Six Hours of Sleep in an Average 24-Hour Period, 2013, 2014, 2016, and 2018 ..... 156
73. Percent of South Dakotans Who Use Sunblock Most of the Time, 2011, 2014, 2016,and 2018159
74. Percent of South Dakotans Who Had One or More Adverse Childhood Experiences, 2017-2018 ..... 162
75. Percent of South Dakotans Who Had Five or More Adverse Childhood Experiences, 2017-2018 ..... 165
76. Percentage of South Dakotans Who are Deaf or Have Serious Difficulty Hearing, 2016-2018 ..... 168
77. Percentage of South Dakotans, Ages 18-64, Who Have Been Tested for HIV, 2011-2018171
78. Percentage of South Dakotans Who Have Taken Prescription Pain Medication in the Past 12 Months, 2017-2018 ..... 174
79. Percent of South Dakotans, Ages 45 or Older, Who Were Injured in a Fall in the Past12 Months, 2012, 2014, 2016, and 2018177
80. Percent of South Dakotans Who Have Visited a Dentist or Dental Clinic for Any Reason Within the Past Year, 2012, 2014, 2016, and 2018 ..... 180

## History

By the early 1980s, scientific research clearly showed that personal health behaviors played a major role in premature morbidity and mortality. The National Center for Health Statistics (NCHS) periodically used surveys to obtain national estimates of health risk behaviors among U.S. adult populations, but these data were not available on a state-specific basis. This deficiency was critical for state health agencies that have the primary role of targeting resources to reduce behavioral risks and their consequent illnesses.

About the same time as personal health behaviors received wider recognition in relation to chronic disease, morbidity and mortality, telephone surveys emerged as an acceptable method for determining the prevalence of many health risk behaviors among populations. In addition to their cost advantages, telephone surveys were especially desirable at the state and local level, where the necessary abilities and resources for conducting area probability sampling for inperson household interviews were likely unavailable.

As a result, surveys were developed and conducted to monitor state-level prevalence of the major behavioral risks associated with premature morbidity and mortality. The basic philosophy was to collect data on actual behaviors, rather than on attitudes or knowledge, which would be especially useful for planning, initiating, supporting, and evaluating health promotion and disease prevention programs. Data from the questionnaire provided health departments, public health offices, and policymakers with necessary behavioral information. When combined with mortality and morbidity statistics, these data enable public health officials to establish policies and priorities and to initiate and assess health promotion strategies.

In 1984, the creation of the Behavioral Risk Factor Surveillance System (BRFSS) began to collect prevalence data on risk behaviors and preventative health practices that affect health status. The Centers for Disease Control and Prevention (CDC) developed a standard core questionnaire for states to use to provide data that would be comparable with all states. Individual states could add questions to gather additional information on topics of specific interest to them. The South Dakota Department of Health (DOH) started the BRFSS in South Dakota in 1987 with the help of the CDC. By 1994, all states, the District of Columbia, and three territories were participating in the BRFSS.

## Purpose

- The main purpose of the BRFSS at the state level is for program support within the DOH. Every year, various health programs collaborate and plan the optional content of the survey to gather useful data. They are then able to use those data to determine priority health issues and identify populations at highest risk. This leads to effective program planning, initiation, support, and evaluation of health promotion and disease prevention programs.
- The DOH also uses BRFSS data to increase awareness and educate the public, the health community, and policymakers about health matters through responses to media inquiries, reports, and publications. Private and public health officials throughout South Dakota receive a copy of this report to aid program efforts in influencing public health issues.

In December 2019, the South Dakota Department of Health released a strategic plan for the next five years. The plan includes goals that will be measured by key performance indicators. Two of these performance indicators use BRFSS data. They include:

- Increase the percentage of those without diabetes who have had a test for blood sugar or diabetes within the past 3 years from 51.4\% in 2018 to 59\% by 2025.
- Increase the percentage of adults age 50-75 who are up-to-date with recommended colorectal cancer screening from 69\% in 2018 to 80\% by 2025

In subsequent reports we will be highlighting these areas and tracking the progress toward 2025.

## Report Description

This report includes several sections covering major indicators from the survey. The DOH has organized the sections in the following manner:

- A definition of the indicator is given.
- The prevalence of the indicator in South Dakota is given and the prevalence in the United States and D.C. is given if it is available.
- A time trend analysis for each indicator is given as far back as comparable data have been gathered. This includes a dashed trend line as well as the actual data results for each available year. Multiple years of data are very valuable not only for analyzing the trend of the indicator, but also help to show the variability in some indicators.
- A detailed demographic breakdown is included. This table is important because it can identify demographic subgroups at highest risk.
- Text explaining any demographic differences or associations with the given indicator is included. When a prevalence is indicated to be significantly different for different demographics, it simply means the $95 \%$ confidence intervals for the given indicators do not overlap.
- Any additional data gathered on the given topic will then follow.

Table 1, on the next page, shows the estimated risk factor rates and the estimated number of persons in South Dakota who are at risk for the selected risk factors. The DOH based the estimated population at risk on 2018 population estimates from the U. S. Census Bureau.

| Table 1 <br> Estimated Percentage and Number of Persons at Risk Due to Selected Factors (Ages 18 and Older Unless Otherwise Specified): South Dakota BRFSS, 2018 |  |  |
| :---: | :---: | :---: |
| Topic | Estimated \% | Estimated Population |
| Body Mass Index - Overweight (BMI 25.0+) | 68\% | 451,000 |
| Body Mass Index - Obese (BMI 30.0+) | 30\% | 200,000 |
| Body Mass Index - Severely Obese (BMI 35.0+) | 13\% | 84,000 |
| Body Mass Index - Morbidly Obese (BMI 40.0+) | 5\% | 32,000 |
| Leisure Time Physical Activity | 76\% | 505,000 |
| Cigarette Smoking | 19\% | 126,000 |
| Smokeless Tobacco Use | 7\% | 46,000 |
| E-Cigarette Use | 5\% | 31,000 |
| Tobacco Use (Cigarette, Smokeless, or E-Cig) | 28\% | 188,000 |
| Diabetes | 9\% | 62,000 |
| No Health Insurance (18-64 Years Old) | 10\% | 51,000 |
| No Health Insurance (0-17 Years Old) | 3\% | 6,000 |
| No Health Insurance (0-64 Years Old) | 8\% | 57,000 |
| Routine Check-Up in Past Two Years | 86\% | 571,000 |
| Mammogram in Past 2 years - 40-74 years old | 79\% | 136,000 |
| Met Cervical Cancer Screening Recommendations (21-65 years old) | 77\% | 185,000 |
| Met Colorectal Cancer Screening Recommendations (50-75 years old) | 69\% | 178,000 |
| PSA Test within the past 2 years - 40+ | 34\% | 68,000 |
| Flu Shot in Past 12 months (65+ Years Old) | 51\% | 75,000 |
| Ever Had a Pneumonia Shot (65+ Years Old) | 77\% | 113,000 |
| Been to the Dentist in the Past Year | 68\% | 452,000 |
| Ever Had a Heart Attack | 5\% | 34,000 |
| Have Angina or Coronary Heart Disease | 4\% | 29,000 |
| Ever Had a Stroke | 3\% | 18,000 |
| Ever Been Diagnosed with Cancer (Excluding Skin Cancer) | 8\% | 52,000 |
| Ever Been Diagnosed with Skin Cancer | 6\% | 43,000 |
| Use Sun Block Most of the Time | 24\% | 162,000 |
| Current Asthma | 8\% | 52,000 |
| Arthritis | 25\% | 167,000 |
| Chronic Obstructive Pulmonary Disease (COPD) | 5\% | 31,000 |
| Depressive Disorder | 16\% | 108,000 |
| Kidney Disease | 3\% | 18,000 |
| Severe Vision Impairment | 4\% | 28,000 |
| Hearing Difficulty | 8\% | 50,000 |
| Always or Almost Always Use Seat Belt | 85\% | 565,000 |
| Less Than Six Hours of Sleep per Day | 8\% | 56,000 |
| Drank Alcohol in Past 30 Days | 58\% | 385,000 |
| Binge Drinking | 21\% | 141,000 |
| Heavy Drinking | 9\% | 57,000 |
| Taken Prescription Pain Medication in Past 12 Months | 16\% | 104,000 |
| One or More Adverse Childhood Experiences | 49\% | 325,000 |
| Five or More Adverse Childhood Experiences | 9\% | 62,000 |
| Fair/Poor Health Status | 15\% | 97,000 |
| Physical Health Not Good for 30 of the Past 30 days | 5\% | 35,000 |
| Mental Health Not Good for 20-30 Days of the Past 30 days | 6\% | 43,000 |
| Usual Activities Unattainable for 10-30 Days of the Past 30 Days | 7\% | 46,000 |
| Injured in a Fall - 45+ years old (Last 12 months) | 8\% | 30,000 |
| Ever Been Tested for HIV (18-64 Years Old) | 27\% | 141,000 |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

Table 2 shows the topics covered on South Dakota's BRFSS each year from 2009 through 2018.

| Table 2 <br> Topics Covered on the South Dakota BRFSS, 2009-2018 |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Topics | Year |  |  |  |  |  |  |  |  |  |
|  | 2018 | 2017 | 2016 | 2015 | 2014 | 2013 | 2012 | 2011 | 2010 | 2009 |
| Advanced Directive |  | X |  | X |  |  |  |  |  | X |
| Adverse Childhood Experiences (ACE) | X | X |  |  |  |  |  |  |  |  |
| Alcohol Consumption | X | X | X | X | X | X | X | X | X | X |
| Arthritis | X | X | X | X | X | X | X | X |  | X |
| Asthma | X | X | X | X | X | X | X | X | X | X |
| Birth Control |  | X |  |  |  |  |  |  |  |  |
| Body Mass Index |  | X | X | X | X | X | X | X | X | X |
| Breast Cancer Screening | X |  | X |  | X |  | X |  | X |  |
| Cancer | X | X | X | X | X | X | X | X | X | X |
| Cancer Survivorship | X | X | X | X |  |  |  |  |  |  |
| Cardiovascular Disease | X | X | X | X | X | X | X | X | X | X |
| Care Giving |  |  | X |  |  |  |  |  |  | X |
| Cervical Cancer Screening | X |  | X |  | X |  | X |  | X |  |
| Cholesterol Awareness |  | X |  | X |  | X |  | X |  | X |
| Chronic Obstructive Pulmonary Disease (COPD) | X | X | X | X | X | X | X | X |  |  |
| Cognitive Impairment |  |  |  | X | X | X |  |  |  |  |
| Colorectal Cancer Screening | X |  | X |  | X |  | X |  | X |  |
| Depressive Disorder | X | X | X | X | X | X | X | X |  |  |
| Diabetes | X | X | X | X | X | X | X | X | X | X |
| Diabetes - Pre | X | X | X | X | X | X | X | X | X | X |
| Disability (Physical, Mental, or Emotional) |  |  |  | X | X | X | X | X | X | X |
| Emotional Support \& Life Satisfaction |  |  |  |  |  |  |  |  | X | X |
| Falls | X |  | X |  | X |  | X |  | X |  |
| Flu Shots | X | X | X | X | X | X | X | X | X | X |
| Health Care Coverage and Access | X | X | X | X | X | X | X | X | X | X |
| Health Care Coverage - Children | X | X | X | X | X | X | X | X | X | X |
| Health Status / Healthy Days | X | X | X | X | X | X | X | X | X | X |
| "Healthy South Dakota" - Name Recognition |  |  |  |  |  |  | X |  | X |  |
| Hearing Difficulty | X | X | X |  |  |  |  |  |  |  |
| Heart Attack - Knowledge of Signs and Symptoms |  |  |  | X |  | X |  | X |  | X |
| High Blood Pressure - Prevalence |  | X |  | X | X | X | X | X |  | X |
| High Blood Pressure - Actions to Control |  | X |  |  | X |  | X |  |  |  |
| HIV/AIDS | X | X | X | X | X | X | X | X | X | X |
| HPV | X |  | X |  |  |  |  |  |  |  |
| Immunization - Children |  |  |  |  |  |  |  |  | X |  |
| Influenza Like Illness |  |  |  |  |  |  |  | X |  |  |
| Influenza - Pandemic |  |  |  |  |  |  |  |  |  | X |
| Kidney Disease | X | X | X | X | X | X | X | X |  |  |
| Lung Cancer Screening | X |  |  |  |  |  |  |  |  |  |
| Mental Health |  | X | X |  |  |  |  |  |  |  |
| Nutrition/Fruits \& Vegetables |  | X |  | X |  | X |  | X |  | X |
| Oral Health | X |  | X |  | X |  | X |  | X |  |
| Oral Health - Children |  | X |  | X |  | X |  | X |  | X |
| Physical Activity - Exercise Trips |  |  | X | X |  |  |  |  |  |  |
| Physical Activity - Hours Sitting per Day |  |  | X | X |  |  |  |  |  |  |
| Physical Activity - Leisure Time | X | X | X | X | X | X | X | X | X | X |
| Physical Activity - Type and Amount of Time |  | X |  | X |  | X |  | X |  | X |
| Physical, Mental, or Emotional Limitations |  |  |  | X | X | X |  |  |  |  |
| Pneumonia Shots | X | X | X | X | X | X | X | X | X | X |
| Prescription Pain Medication | X | X |  |  |  |  |  |  |  |  |
| Prostate Cancer Screening | X |  | X |  | X |  | X |  | X |  |
| Salt Related Behavior |  |  |  |  | X |  |  |  |  |  |
| Seat Belts | X | X | X | X | X | X | X | X | X |  |
| Sexual Violence |  |  |  |  | X |  |  |  | X | X |
| Shingles Shots |  | X |  |  | X |  |  |  |  |  |

Table 2
Topics Covered on the South Dakota BRFSS, 2009-2018

| Topics | Year |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2018 | 2017 | 2016 | 2015 | 2014 | 2013 | 2012 | 2011 | 2010 | 2009 |
| Sleep | X |  | X |  | X | X |  |  | X | X |
| Special Health Conditions - Children |  |  |  |  |  |  |  |  | X | X |
| Stroke - Signs and Symptoms |  |  |  |  |  |  | X |  | X |  |
| Substance Abuse |  | X | X |  |  |  |  |  |  |  |
| Sun Exposure / Skin Cancer | X |  | X |  | X |  | X | X | X |  |
| Sweetened Beverages / Menu Labeling |  |  |  |  |  |  | X | X | X |  |
| Tetanus Shot |  |  | X |  |  | X |  |  |  |  |
| Tobacco - Cigarette Use | X | X | X | X | X | X | X | X | X | X |
| Tobacco - E-Cigarette Use | X | X | X |  |  |  |  |  |  |  |
| Tobacco - Quitline Name Recognition |  |  | X | X | X | X |  |  |  |  |
| Tobacco - Second Hand Smoke |  |  | X | X | X | X | X | X | X | X |
| Tobacco - Smokeless | X | X | X | X | X | X | X | X | X | X |
| TV Viewing |  |  |  |  |  | X |  | X |  | X |
| Vision Impairment | X | X | X | X | X | X | X | X |  |  |
| Weight Control |  |  |  |  |  |  |  | X |  | X |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2009-2018

## Participating Agencies

The South Dakota Behavioral Risk Factor Surveillance System is a combined effort between the South Dakota Department of Health (DOH) and the Centers for Disease Control and Prevention (CDC). The DOH contracted with Issues and Answers to collect the data through telephone interviews. However, the DOH continues to supervise the survey process, as well as design and distribute the report. The CDC provides financial and technical assistance, develops the questionnaire, designs the methodology, and processes the data.

## Method of Surveillance

This study uses a telephone survey rather than other survey methods because of its low cost, ease of administration in reaching respondents, and reliability. Telephone surveys are less representative of areas where a significant portion of the population does not have telephones. Cell phones were first called in 2011. Fifty-one percent of all surveys were completed via cell phone in 2018 with the intent to continue to increase this percentage in the coming years.

## Questionnaire Development

The BRFSS is designed to collect information on the health behaviors of adults over time. For the 2018 survey (Appendix B), standard demographic questions were included along with sections on general health status, physical and mental health, health insurance, chronic health conditions, tobacco use, alcohol use, cancer screening, oral health, sleep, physical activity, seat belt use, immunization, and HIV/AIDS. South Dakota also added several state-specific questions to the end of the core questionnaire including secondhand smoke, e-cigarettes, cancer survivorship, sun exposure, adverse childhood experiences, prescription pain medication, and children's health insurance.

## Accuracy of Survey Data

It is important to remember that the survey data are self-reported. Therefore, people may tend to report a more favorable lifestyle than actually practiced. The accuracy of self-reported data may also vary according to risk factors, i.e., self-reported smoking status is thought to be more accurate than self-reported eating habits. These limitations do not negate the survey's ability to identify high-risk groups and monitor long-term trends.

## Eligible Respondent Selection

Eligible respondents for the landline survey were individuals 18 years of age or over who resided a majority of the time at the household contacted. In households with more than one eligible respondent, a random selection was made to determine the actual respondent. Data included in the children's sections of this report were estimated based on responses from the adult respondent regarding a randomly selected child in the household. Automated prescreening was done to eliminate business phones and non-working numbers. "No Answers" and "Busy Signals" were re-dialed a minimum of three times on five different days at different times before they were removed.

Eligible respondents for the cell phone survey were individuals 18 years of age or over who did not also have a landline phone or rarely used their landline phone. Six attempts were made to complete a survey. After the sixth attempt the phone number was removed.

## Data Collection Process

There were 7,120 interviews completed between January 1, 2018 and December 31, 2018, at an average of 593 interviews per month.

## Data Processing

The DOH sent the data electronically to the CDC. The CDC then supplied a final data file with applicable data weights and several calculated variables included. The DOH used this file to calculate all the data presented in this report.

## Weighting

Collecting data via telephone survey often produces an over-representation of certain demographic groups in the sample population. Therefore, the sample population may not be representative of the actual population. To account for this, the data are weighted to produce estimates that represent the actual population rather than the sample population.

## Sample Description

Survey interviewers collected demographic variables including age, gender, and race. Those interested can find a summary of the demographic results in a table displayed in Appendix A: Demographics.

Appendix A also summarizes the age, race/ethnicity, household income, education, employment status, marital status, phone status (landline v. cell), home ownership status, presence of children in the household, and pregnancy status of female respondents ages 18-44 years old.

## Completion Rate

Table 3 shows the outcome of all telephone calls. The 7,120 completed interviews represented a completion rate of 2.7 percent. The refusal rate was 5.7 percent.

## Table 3

Disposition of All Telephone Numbers in the Sample, 2018

|  |  |  |
| :--- | ---: | ---: |
| Final Outcome | Number | Percent |
| Completed interview | 7,120 | $2.7 \%$ |
| Refused interview | 14,935 | $5.7 \%$ |
|  |  |  |
| Nonworking number | 175,737 | $67.2 \%$ |
| No answer (Multiple times) | 20,427 | $7.8 \%$ |
| Not a private residence | 10,346 | $4.0 \%$ |
| Telephone answering service (Multiple times) | 9,854 | $3.8 \%$ |
| Fast busy/Line busy (Multiple times) | 8,985 | $3.4 \%$ |
| No eligible respondent at this number | 4,635 | $1.8 \%$ |
| Fax line | 2,180 | $0.8 \%$ |
| On never call list | 1,168 | $0.4 \%$ |
| Physical/mental impairment | 601 | $0.2 \%$ |
| Language barrier | 573 | $0.2 \%$ |
| Interview terminated within questionnaire | 348 | $0.1 \%$ |
| Landline phone (Cell phone study) | 228 | $0.1 \%$ |
| Respondent not available during the interviewing period | 185 | $0.1 \%$ |
| Other | 4,203 | $1.6 \%$ |
|  |  |  |
| Total |  |  |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

## Overweight and Obese

## OVERWEIGHT OR OBESE

Definition: Overweight or obese is defined as having a Body Mass Index (BMI) of 25.0 or above. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds, divided by their height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in) ${ }^{2} x 703$.

## Prevalence of Overweight or Obese

- South Dakota 68\%
- Nationwide median 66\%

Figure 1
Percentage of South Dakotans Who Are Overweight or Obese Based on Body Mass Index, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 4 <br> South Dakotans Who Are Overweight or Obese, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 73\% | 71.7\% | 74.4\% |
|  | Female | 59\% | 57.8\% | 60.6\% |
| Age | 18-29 | 48\% | 45.3\% | 50.8\% |
|  | 30-39 | 67\% | 64.1\% | 69.3\% |
|  | 40-49 | 73\% | 70.5\% | 75.2\% |
|  | 50-59 | 75\% | 73.0\% | 76.6\% |
|  | 60-69 | 75\% | 73.2\% | 76.6\% |
|  | 70-79 | 71\% | 68.7\% | 73.2\% |
|  | 80+ | 60\% | 56.3\% | 62.8\% |
| Race/Ethnicity | White, Non-Hispanic | 66\% | 65.4\% | 67.5\% |
|  | American Indian, Non-Hispanic | 74\% | 70.1\% | 77.1\% |
|  | Hispanic | 66\% | 57.1\% | 74.2\% |
| Household Income | Less than \$ 35,000 | 66\% | 64.2\% | 68.0\% |
|  | \$35,000-\$74,999 | 70\% | 68.0\% | 71.4\% |
|  | \$75,000+ | 68\% | 66.2\% | 69.8\% |
| Education | Less than High School, G.E.D. | 66\% | 61.5\% | 69.5\% |
|  | High School, G.E.D. | 68\% | 65.7\% | 69.3\% |
|  | Some Post-High School | 66\% | 64.6\% | 68.0\% |
|  | College Graduate | 66\% | 64.0\% | 67.1\% |
| Employment Status | Employed for Wages | 67\% | 65.9\% | 68.7\% |
|  | Self-employed | 70\% | 67.6\% | 72.9\% |
|  | Unemployed | 65\% | 59.3\% | 70.6\% |
|  | Homemaker | 57\% | 52.2\% | 61.9\% |
|  | Student | 35\% | 30.3\% | 40.8\% |
|  | Retired | 71\% | 69.1\% | 72.3\% |
|  | Unable to Work | 74\% | 70.1\% | 78.0\% |
| Marital Status | Married/Unmarried Couple | 71\% | 69.4\% | 71.7\% |
|  | Divorced/Separated | 69\% | 66.6\% | 71.7\% |
|  | Widowed | 64\% | 60.9\% | 66.5\% |
|  | Never Married | 55\% | 52.3\% | 57.4\% |
| $\begin{array}{\|l\|} \hline \text { Home Ownership } \\ \text { Status } \\ \hline \end{array}$ | Own Home | 69\% | 68.3\% | 70.4\% |
|  | Rent Home | 61\% | 58.8\% | 63.4\% |
| Children Status | Children in Household (Ages 18-44) | 63\% | 60.4\% | 64.8\% |
|  | No Children in Household (Ages 18-44) | 55\% | 51.7\% | 57.4\% |
| Phone Status | Landline | 68\% | 66.6\% | 69.5\% |
|  | Cell Phone | 66\% | 64.3\% | 66.9\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | 53\% | 50.5\% | 55.7\% |
| County | Minnehaha | 65\% | 62.4\% | 67.5\% |
|  | Pennington | 64\% | 62.0\% | 66.8\% |
|  | Lincoln | 63\% | 59.2\% | 67.6\% |
|  | Brown | 72\% | 69.0\% | 75.0\% |
|  | Brookings | 62\% | 57.8\% | 66.6\% |
|  | Codington | 66\% | 62.9\% | 69.9\% |
|  | Meade | 63\% | 57.7\% | 67.3\% |
|  | Lawrence | 61\% | 56.9\% | 64.0\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

| Gender | Males exhibit a significantly higher prevalence of being overweight than females. |
| :---: | :---: |
| Age | The prevalence of being overweight increases as age increases with a peak in the 50s and 60s including a significant increase as the 30s and 40s are reached. After that, the prevalence of being overweight decreases as age increases with a significant decrease as the 80s are reached. |
| Race/Ethnicity | American Indians demonstrate a significantly higher prevalence of being overweight than whites. |
| Household Income | The prevalence of being overweight does not seem to change as household income changes. |
| Education | The prevalence of being overweight does not seem to change as education levels change. |
| Employment | Those who are self-employed, unemployed, retired, or unable to work demonstrate a very high prevalence of being overweight, while those who are a student show a very low prevalence. |
| Marital Status | Those who are married or divorced exhibit a very high prevalence of being overweight, while those who have never been married show a very low prevalence. |
| Home Ownership | Those who own their home show a significantly higher prevalence of being overweight than those who rent their home. |
| Children Status | Those adults with children in the household demonstrate a significantly higher prevalence of being overweight than those with no children. |
| Phone Status | The prevalence of being overweight does not seem to differ based on phone status. |
| County | Brown county demonstrates a very high prevalence of being overweight, while Minnehaha, Pennington, Lincoln, Brookings, Meade, and Lawrence counties show a very low prevalence. |

## OBESE

Definition: Obese is defined as having a Body Mass Index (BMI) of 30.0 or greater. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds divided by height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in) ${ }^{2} x 703$.

## Prevalence of Obesity

- South Dakota 32\%
- Nationwide median 31\%

Figure 2
Percentage of South Dakotans Who Are Obese Based on Body Mass Index, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 5
South Dakotans Who Are Obese, 2014-2018

|  |  | 2014-2018 | 95\% Confidence Interval |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Low | High |
| Gender | Male |  | 32\% | 31.0\% | 33.6\% |
|  | Female | 28\% | 27.1\% | 29.6\% |
| Age | 18-29 | 19\% | 17.4\% | 21.6\% |
|  | 30-39 | 32\% | 29.5\% | 34.4\% |
|  | 40-49 | 36\% | 33.6\% | 38.8\% |
|  | 50-59 | 37\% | 34.8\% | 39.0\% |
|  | 60-69 | 35\% | 33.6\% | 37.3\% |
|  | 70-79 | 30\% | 27.4\% | 31.8\% |
|  | 80+ | 19\% | 16.3\% | 21.2\% |
| Race/Ethnicity | White, Non-Hispanic | 30\% | 28.7\% | 30.6\% |
|  | American Indian, Non-Hispanic | 43\% | 39.3\% | 46.5\% |
|  | Hispanic | 31\% | 23.8\% | 39.7\% |
| Household Income | Less than \$35,000 | 33\% | 31.3\% | 34.9\% |
|  | \$35,000-\$74,999 | 31\% | 29.6\% | 32.8\% |
|  | \$75,000+ | 30\% | 28.0\% | 31.4\% |
| Education | Less than High School, G.E.D. | 32\% | 28.1\% | 35.4\% |
|  | High School, G.E.D. | 30\% | 28.7\% | 31.9\% |
|  | Some Post-High School | 32\% | 30.1\% | 33.3\% |
|  | College Graduate | 28\% | 26.7\% | 29.5\% |
| Employment Status | Employed for Wages | 32\% | 30.2\% | 32.9\% |
|  | Self-employed | 30\% | 27.7\% | 32.8\% |
|  | Unemployed | 32\% | 26.9\% | 37.1\% |
|  | Homemaker | 23\% | 19.5\% | 27.4\% |
|  | Student | 13\% | 10.3\% | 17.4\% |
|  | Retired | 29\% | 27.7\% | 30.9\% |
|  | Unable to Work | 46\% | 42.2\% | 50.6\% |
| Marital Status | Married/Unmarried Couple | 32\% | 30.9\% | 33.3\% |
|  | Divorced/Separated | 34\% | 31.0\% | 36.1\% |
|  | Widowed | 27\% | 24.8\% | 29.9\% |
|  | Never Married | 25\% | 23.1\% | 27.1\% |
| Home Ownership Status | Own Home | 31\% | 30.2\% | 32.3\% |
|  | Rent Home | 29\% | 27.5\% | 31.5\% |
| Children Status | Children in Household (Ages 18-44) | 29\% | 26.7\% | 30.7\% |
|  | No Children in Household (Ages 18-44) | 24\% | 22.2\% | 26.8\% |
| Phone Status | Landline | 31\% | 30.1\% | 32.8\% |
|  | Cell Phone | 30\% | 28.7\% | 31.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | 26\% | 24.0\% | 28.5\% |
| County | Minnehaha | 29\% | 26.7\% | 31.3\% |
|  | Pennington | 28\% | 26.2\% | 30.7\% |
|  | Lincoln | 27\% | 24.0\% | 31.2\% |
|  | Brown | 35\% | 31.8\% | 38.0\% |
|  | Brookings | 25\% | 21.9\% | 28.6\% |
|  | Codington | 31\% | 28.1\% | 34.3\% |
|  | Meade | 26\% | 22.1\% | 29.2\% |
|  | Lawrence | 25\% | 22.2\% | 27.8\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | Males exhibit a significantly higher prevalence obesity than females. |
| :--- | :--- |
| Age | The prevalence of obesity increases as age increases with a peak in the 50s <br> including a significant increase as the 30s are reached. After that, the <br> prevalence of obesity decreases as age increases with significant decreases <br> as the 70s and 80s are reached. |
| Race/Ethnicity | American Indians demonstrate a significantly higher prevalence of obesity <br> than whites. |
| Household | The prevalence of obesity decreases as household income increases. |
| Income | The prevalence of obesity does not seem to change as education levels <br> change. |
| Education | Those who are unable to work demonstrate a very high prevalence of obesity, <br> while those who are a student show a very low prevalence. |
| Employment |  |
| Marital | Those who are married or divorced exhibit a very high prevalence of obesity, <br> while those who are widowed or have never been married show a very low <br> prevalence. |
| Home | The prevalence of obesity does not seem to change based on home <br> ownership. |
| Ownership | The prevalence of the adults being obese does not seem to change based on |
| Children | the presence of children in the household. |
| Phone Status | The prevalence of obesity does not seem to change based on phone status. |
| Brown and Codington counties demonstrate a very high prevalence of |  |
| obesity, while the other six available counties show a very low prevalence. |  |

## SEVERELY OBESE

Definition: Severely Obese is defined as having a Body Mass Index (BMI) of 35.0 or greater. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds divided by height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in) ${ }^{2}$ x 703.

## Prevalence of Severe Obesity

- South Dakota 13\%
- There is no nationwide median for severe obesity.

Figure 3
Percentage of South Dakotans Who Are Severely Obese Based on Body Mass Index, 2011-2018


| Table 6 <br> South Dakotans Who Are Severely Obese, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 12\% | 10.9\% | 12.7\% |
|  | Female | 12\% | 11.4\% | 13.2\% |
| Age | 18-29 | 9\% | 7.1\% | 10.2\% |
|  | 30-39 | 13\% | 11.0\% | 14.4\% |
|  | 40-49 | 15\% | 13.2\% | 17.1\% |
|  | 50-59 | 15\% | 13.2\% | 16.2\% |
|  | 60-69 | 14\% | 12.5\% | 15.1\% |
|  | 70-79 | 10\% | 8.5\% | 11.2\% |
|  | 80+ | 6\% | 4.8\% | 8.3\% |
| Race/Ethnicity | White, Non-Hispanic | 12\% | 11.0\% | 12.3\% |
|  | American Indian, Non-Hispanic | 18\% | 15.6\% | 21.3\% |
|  | Hispanic | 11\% | 7.1\% | 17.6\% |
| Household Income | Less than \$35,000 | 15\% | 13.7\% | 16.3\% |
|  | \$35,000-\$74,999 | 12\% | 11.1\% | 13.3\% |
|  | \$75,000+ | 10\% | 8.8\% | 11.0\% |
| Education | Less than High School, G.E.D. | 13\% | 10.3\% | 15.7\% |
|  | High School, G.E.D. | 12\% | 11.0\% | 13.3\% |
|  | Some Post-High School | 13\% | 11.7\% | 13.9\% |
|  | College Graduate | 11\% | 9.7\% | 11.6\% |
| Employment Status | Employed for Wages | 13\% | 11.7\% | 13.6\% |
|  | Self-employed | 10\% | 8.6\% | 12.1\% |
|  | Unemployed | 13\% | 10.4\% | 17.1\% |
|  | Homemaker | 10\% | 7.8\% | 13.6\% |
|  | Student | 5\% | 3.3\% | 8.4\% |
|  | Retired | 10\% | 9.2\% | 11.4\% |
|  | Unable to Work | 25\% | 21.5\% | 28.6\% |
| Marital Status | Married/Unmarried Couple | 12\% | 10.8\% | 12.4\% |
|  | Divorced/Separated | 15\% | 13.2\% | 16.9\% |
|  | Widowed | 12\% | 10.2\% | 14.2\% |
|  | Never Married | 12\% | 10.4\% | 13.2\% |
| Home Ownership Status | Own Home | 11\% | 10.8\% | 12.2\% |
|  | Rent Home | 14\% | 12.3\% | 15.2\% |
| Children Status | Children in Household (Ages 18-44) | 12\% | 10.3\% | 13.3\% |
|  | No Children in Household (Ages 18-44) | 11\% | 9.2\% | 12.2\% |
| Phone Status | Landline | 13\% | 12.2\% | 14.3\% |
|  | Cell Phone | 11\% | 10.7\% | 12.3\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | 12\% | 10.3\% | 13.5\% |
| County | Minnehaha | 11\% | 9.4\% | 12.4\% |
|  | Pennington | 11\% | 9.9\% | 13.3\% |
|  | Lincoln | 10\% | 7.6\% | 11.9\% |
|  | Brown | 14\% | 12.3\% | 16.7\% |
|  | Brookings | 10\% | 7.6\% | 12.4\% |
|  | Codington | 12\% | 9.8\% | 14.1\% |
|  | Meade | 10\% | 7.5\% | 12.2\% |
|  | Lawrence | 7\% | 5.8\% | 8.6\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

| Gender | The prevalence of severe obesity does not seem to differ based on gender. |
| :--- | :--- |
| Age | The prevalence of being severely obese increases as age increases with a <br> peak in the 40s and 50s including a significant increase as the 30s are <br> reached. After that, the prevalence of being severely obese decreases as age <br> increases with significant decreases as the 70s and 80s are reached. |
| Race/Ethnicity | American Indians demonstrate a significantly higher prevalence of being <br> severely obese than whites. |
| Household | The prevalence of being severely obese decreases as household income <br> increases. This includes significant decreases as the $\$ 35,000-\$ 74,999$ and <br> \$75,000+ income groups are reached. |
| Income | The prevalence of being severely obese does not seem to change as <br> education levels change. |
| Education | Those who are unable to work demonstrate a very high prevalence of being <br> severely obese, while those who are a homemaker or a student show a very <br> low prevalence. |
| Marital | Those who are divorced exhibit a very high prevalence of being severely <br> obese, while those who are married show a very low prevalence. |
| Status | Those who rent their home show a significantly higher prevalence of being <br> severely obese than those who own their home. |
| Home |  |
| Ownership | The prevalence of the adults being severely obese does not seem to change <br> based on the presence of children in the household. |
| Children | The prevalence of being severely obese does not seem to change based on <br> phone status. |
| Phone Status | Minnehaha, Pennington, Brown, and Codington counties demonstrate a very <br> high prevalence of being severely obese, while Lincoln, Meade, and <br> Lawrence counties show a very low prevalence. |

## MORBIDLY OBESE

Definition: Morbidly Obesity is defined as having a Body Mass Index (BMI) of 40.0 or greater. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds divided by height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in) ${ }^{2} x 703$.

## Prevalence of Morbid Obesity

- South Dakota 5\%
- There is no nationwide median for morbid obesity.

| Table 7 <br> South Dakotans Who Are Morbidly Obese, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 4\% | 3.3\% | 4.3\% |
|  | Female | 5\% | 4.2\% | 5.4\% |
| Age | 18-29 | 3\% | 2.6\% | 4.7\% |
|  | 30-39 | 5\% | 4.0\% | 6.2\% |
|  | 40-49 | 5\% | 3.9\% | 5.9\% |
|  | 50-59 | 5\% | 4.4\% | 6.3\% |
|  | 60-69 | 5\% | 3.9\% | 5.4\% |
|  | 70-79 | 3\% | 2.1\% | 3.6\% |
|  | 80+ | 2\% | 1.0\% | 2.7\% |
| Race/Ethnicity | White, Non-Hispanic | 4\% | 3.7\% | 4.5\% |
|  | American Indian, Non-Hispanic | 6\% | 4.3\% | 7.7\% |
|  | Hispanic | 4\% | 2.5\% | 7.5\% |
| Household Income | Less than \$35,000 | 6\% | 4.8\% | 6.6\% |
|  | \$35,000-\$74,999 | 4\% | 3.7\% | 5.1\% |
|  | \$75,000+ | 3\% | 2.1\% | 3.1\% |
| Education | Less than High School, G.E.D. | 4\% | 2.9\% | 5.9\% |
|  | High School, G.E.D. | 4\% | 3.7\% | 5.0\% |
|  | Some Post-High School | 5\% | 3.8\% | 5.3\% |
|  | College Graduate | 4\% | 3.3\% | 4.5\% |
| Employment Status | Employed for Wages | 4\% | 3.8\% | 5.0\% |
|  | Self-employed | 4\% | 2.6\% | 5.0\% |
|  | Unemployed | 4\% | 3.0\% | 6.3\% |
|  | Homemaker | 3\% | 2.2\% | 5.4\% |
|  | Student | 2\% | 0.7\% | 3.7\% |
|  | Retired | 3\% | 2.8\% | 4.1\% |
|  | Unable to Work | 12\% | 9.6\% | 14.7\% |
| Marital Status | Married/Unmarried Couple | 4\% | 3.3\% | 4.3\% |
|  | Divorced/Separated | 5\% | 4.2\% | 6.4\% |
|  | Widowed | 5\% | 3.5\% | 5.9\% |
|  | Never Married | 5\% | 4.0\% | 5.8\% |
| Home Ownership Status | Own Home | 4\% | 3.5\% | 4.4\% |
|  | Rent Home | 5\% | 4.4\% | 6.2\% |
| Children Status | Children in Household (Ages 18-44) | 4\% | 3.2\% | 5.0\% |
|  | No Children in Household (Ages 18-44) | 5\% | 3.8\% | 5.9\% |
| Phone Status | Landline | 5\% | 4.3\% | 5.7\% |
|  | Cell Phone | 4\% | 3.4\% | 4.4\% |

Table 7 (continued)
South Dakotans Who Are Morbidly Obese, 2014-2018

|  |  |  | 95\% Confidence Interval |  |
| :--- | :--- | :--- | :---: | :---: |
|  |  | Pregnant (Ages 18-44) | 2014-2018 | Low |
|  | Not Pregnant (Ages 18-44) | - | - | High |
| County | Minnehaha | $5 \%$ | $4.0 \%$ | - |
|  | Pennington | $4 \%$ | $3.1 \%$ | $5.2 \%$ |
|  | Lincoln | $4 \%$ | $3.0 \%$ | $5.1 \%$ |
|  | Brown | $4 \%$ | $2.7 \%$ | $5.9 \%$ |
|  | Brookings | $6 \%$ | $4.8 \%$ | $8.0 \%$ |
|  | Codington | $3 \%$ | $2.0 \%$ | $4.8 \%$ |
|  | Meade | $5 \%$ | $3.3 \%$ | $6.4 \%$ |
|  | Lawrence | $4 \%$ | $3.1 \%$ | $6.4 \%$ |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

Gender The prevalence of morbid obesity does not seem to differ based on gender.
Age The prevalence of morbid obesity does not seem to change as age changes, but it does show a significant decrease as the 70s are reached.

Race/Ethnicity The prevalence of morbid obesity does not seem to differ based on race or ethnicity.

Household Income

Education The prevalence of morbid obesity does not seem to change as education levels change.

Employment Those who are unable to work demonstrate a very high prevalence of morbid obesity, while those who are self-employed, unemployed, a homemaker, a student, or retired show a very low prevalence.

The prevalence of morbid obesity does not seem to differ based on marital status.

Home The prevalence of morbid obesity does not seem to change based on home Ownership

Children
Status
Phone Status The prevalence of morbid obesity does not seem to change based on phone status.

County Minnehaha, Pennington, Brown, Codington, and Meade counties demonstrate a very high prevalence of morbid obesity, while Lawrence county shows a very low prevalence.

## Physical Activity

## LEISURE TIME PHYSICAL ACTIVITY

Definition: South Dakotans who report leisure time physical activity or exercise during the past 30 days other than the respondent's regular job.

## Prevalence of Leisure Time Physical Activity

- South Dakota 76\%
- Nationwide median 74\%

Figure 4
Percentage of South Dakotans Who Reported Leisure Time Physical
Activity, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 8South Dakotans Who Reported Leisure Time Physical Activity, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 77\% | 76.2\% | 78.6\% |
|  | Female | 78\% | 77.3\% | 79.4\% |
| Age | 18-29 | 86\% | 83.9\% | 87.6\% |
|  | 30-39 | 83\% | 80.6\% | 84.7\% |
|  | 40-49 | 79\% | 76.3\% | 80.6\% |
|  | 50-59 | 75\% | 73.3\% | 77.0\% |
|  | 60-69 | 73\% | 70.8\% | 74.4\% |
|  | 70-79 | 72\% | 69.4\% | 73.9\% |
|  | 80+ | 66\% | 62.5\% | 68.7\% |
| Race/Ethnicity | White, Non-Hispanic | 78\% | 77.2\% | 78.8\% |
|  | American Indian, Non-Hispanic | 76\% | 72.9\% | 79.0\% |
|  | Hispanic | 81\% | 73.8\% | 86.7\% |
| Household Income | Less than \$25,000 | 72\% | 70.4\% | 73.8\% |
|  | \$25,000-\$74,999 | 79\% | 77.5\% | 80.4\% |
|  | \$75,000+ | 85\% | 83.8\% | 86.4\% |
| Education | Less than High School, G.E.D. | 66\% | 61.9\% | 69.2\% |
|  | High School, G.E.D. | 73\% | 71.6\% | 74.7\% |
|  | Some Post-High School | 80\% | 78.5\% | 81.1\% |
|  | College Graduate | 86\% | 85.4\% | 87.4\% |
| Employment Status | Employed for Wages | 81\% | 79.9\% | 82.1\% |
|  | Self-employed | 75\% | 72.3\% | 77.0\% |
|  | Unemployed | 76\% | 70.7\% | 80.3\% |
|  | Homemaker | 80\% | 76.0\% | 83.8\% |
|  | Student | 90\% | 86.2\% | 93.0\% |
|  | Retired | 73\% | 71.4\% | 74.6\% |
|  | Unable to Work | 56\% | 52.1\% | 60.3\% |
| Marital Status | Married/Unmarried Couple | 79\% | 77.9\% | 80.0\% |
|  | Divorced/Separated | 71\% | 68.5\% | 73.5\% |
|  | Widowed | 69\% | 65.8\% | 71.1\% |
|  | Never Married | 82\% | 79.9\% | 83.4\% |
| Home Ownership Status | Own Home | 78\% | 77.3\% | 79.2\% |
|  | Rent Home | 76\% | 74.4\% | 78.1\% |
| Children Status | Children in Household (Ages 18-44) | 83\% | 81.4\% | 84.7\% |
|  | No Children in Household (Ages 18-44) | 84\% | 82.3\% | 86.3\% |
| Phone Status | Landline | 74\% | 73.1\% | 75.7\% |
|  | Cell Phone | 80\% | 78.6\% | 80.6\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 80\% | 69.7\% | 87.8\% |
|  | Not Pregnant (Ages 18-44) | 85\% | 83.2\% | 86.7\% |
| County | Minnehaha | 78\% | 75.8\% | 80.0\% |
|  | Pennington | 79\% | 76.7\% | 80.7\% |
|  | Lincoln | 83\% | 79.3\% | 85.3\% |
|  | Brown | 76\% | 72.5\% | 78.3\% |
|  | Brookings | 83\% | 79.0\% | 85.6\% |
|  | Codington | 75\% | 71.9\% | 77.9\% |
|  | Meade | 80\% | 76.5\% | 82.3\% |
|  | Lawrence | 83\% | 80.7\% | 85.3\% |

[^0]Gender

Age

Race/Ethnicity There are no significant racial or ethnic differences regarding leisure time physical activity.

Household Income

Education The prevalence of leisure time physical activity increases as education increases. This includes significant increases as the high school graduate, some post-high school, and college graduate levels are reached.

Employment Those who are students demonstrate a very high prevalence of leisure time physical activity, while those who are unable to work show a very low prevalence.

Those who are married or have never been married exhibit a very high prevalence of leisure time physical activity, while those who are divorced or widowed show a very low prevalence.

The prevalence of leisure time physical activity does not seem to change based on home ownership.

Children
Status
Phone Status Those who primarily use a cell phone show a significantly higher prevalence of leisure time physical activity than those who primarily use a landline phone.

Pregnancy The prevalence of leisure time physical activity does not seem to change Status

County Residents of Lincoln, Brookings, and Lawrence counties exhibit a very high prevalence of leisure time physical activity, while residents of Minnehaha, Brown, and Codington counties show a very low prevalence.

## Tobacco Use

## CIGARETTE SMOKING

Definition: South Dakotans who report having smoked at least 100 cigarettes in their lifetime and now smoke every day or smoke some days.

## Prevalence of Current Cigarette Smoking

- South Dakota 19\%
- Nationwide median $16 \%$

Figure 5
Percentage of South Dakotans Who Currently Smoke Cigarettes, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018


Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

Age The prevalence of cigarette smoking generally decreases as age increases including significant decreases as the 60s, 70s, and 80s are reached. However, it should be noted that those under 30 demonstrate a significantly lower prevalence of cigarette smoking than those in their 30s.

Race/Ethnicity American Indians exhibit a significantly higher prevalence of cigarette smoking than whites and Hispanics.

Household The prevalence of cigarette smoking decreases as household income Income

Education The prevalence of cigarette smoking decreases as education levels increase with significant decreases at each level.

Employment Those who are unemployed or unable to work demonstrate a very high prevalence of cigarette smoking, while those who are a student or retired show a very low prevalence.

Those who are divorced exhibit a very high prevalence of cigarette smoking, while those who are married or widowed show a very low prevalence.

Those who rent their home show a significantly higher prevalence of cigarette smoking than those who own their home.

The prevalence of cigarette smoking in the adults does not seem to differ based on the presence of children in the household.

Phone Status Those who primarily use a cell phone show a significantly higher prevalence of cigarette smoking than those who primarily use a landline phone.

Pregnancy
Status
County Pennington and Codington counties demonstrate a very high prevalence of cigarette smoking, while Lincoln county shows a very low prevalence.

In 2017-2018, 54 percent of South Dakotans tried to stop smoking for one day or longer because they were trying to quit smoking as shown below in Table 10.

| Table 10 <br> South Dakotans Who Tried to Stop Smoking, Within the Past <br> $\mathbf{1 2}$ Months, for One Day or Longer, Because They Were Trying <br> to Quit Smoking, 2011-2018 <br> Survey Year Percent |  |
| :---: | :---: |
| $2017-2018$ | $54 \%$ |
| $2016-2017$ | $57 \%$ |
| $2015-2016$ | $57 \%$ |
| $2014-2015$ | $56 \%$ |
| $2013-2014$ | $56 \%$ |
| $2012-2013$ | $55 \%$ |
| $2011-2012$ | $56 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018
Table 11, below, shows the percentage of current cigarette smokers for 2011-2018 by the type of health insurance they have. Those with Indian Health Service coverage had the highest percentage of current smokers with 49 percent. This was followed by Medicaid or medical assistance with 45 percent and Medicare with 33 percent.

| Table 11 <br> Percentage of Current Cigarette Smoking by Type of <br> Health Insurance, Ages 18-64, 2011-2018 |  |
| :--- | :---: |
| Type of Health Insurance |  |
| The Indian Health Service | $\mathbf{2 0 1 1 - 2 0 1 8}$ |
| Medicaid or Medical Assistance | $49 \%$ |
| Medicare | $45 \%$ |
| The Military, CHAMPUS, TriCare, or the VA | $26 \%$ |
| Employer Based Coverage | $17 \%$ |
| Private Health Insurance Plan | $13 \%$ |
| None | $47 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 12, below, shows the percentage of current cigarette smokers for 2011-2018 with a household income of less than $\$ 25,000$ per year. In 2017-2018, 31 percent of those with an annual household income less than $\$ 25,000$ are current cigarette smokers.

| Table 12 <br> Percentage of South Dakotans With an Annual <br> Household Income of Less Than \$25,000 Who Are <br> Current Cigarette Smokers, 2011-2018 |  |
| :---: | :---: |
| Survey Year | Current Smoker |
| $2017-2018$ | $31 \%$ |
| $2016-2017$ | $29 \%$ |
| $2015-2016$ | $33 \%$ |
| $2014-2015$ | $34 \%$ |
| $2013-2014$ | $33 \%$ |
| $2012-2013$ | $35 \%$ |
| $2011-2012$ | $34 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

Figure 6, below, shows the percentage of smokers who have been advised to quit smoking in the past 12 months by a health professional. In 2016-2018, 70 percent of South Dakotans had been advised to quit smoking by a health professional.

Figure 6
Percentage of Smokers Who Have Been Advised by a Doctor, Nurse, or Other Health Professional to Quit Smoking in the Past 12 Months, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Figure 7, below, shows South Dakotans' place of work official smoking policy for work areas. The majority of South Dakotans for all five years stated that smoking was not allowed in any work areas.

Figure 7
South Dakotans' Place of Work Smoking Policy, 2014-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

Figure 8, below, shows the South Dakotans' rules about smoking inside their homes. The majority of South Dakotans for all five years stated that smoking was not allowed anywhere in their homes.

Figure 8
South Dakotans' Rules About Smoking Inside the Home, 2014-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

Table 13, below, shows the percentage of South Dakotans that had a CT or a CAT scan in the last 12 months. In 2018, nine percent of current smokers had a CT scan to check for lung cancer, while four percent of those who never smoked had a CT scan to check for lung cancer.

| Table 13 $\quad$ Percentage of South Dakotans that Had a CT or CAT Scan Within the Last 12 Months, 2018 |  |  |  |
| :---: | :---: | :---: | :---: |
| Smoking Status | Yes, <br> had a CT scan to check for lung cancer | Yes, had a CT scan, but for some other reason | No, did not have a CT scan |
| Current Smoker | 9\% | 9\% | 81\% |
| Former Smoker | 6\% | 19\% | 75\% |
| Never Smoked | 4\% | 12\% | 84\% |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

## SMOKELESS TOBACCO

Definition: South Dakotans who report that they use chewing tobacco or snuff every day or some days.

## Prevalence of Smokeless Tobacco

- South Dakota 7\%
- Nationwide median 4\%

Figure 9
Percentage of South Dakotans Who Use Smokeless Tobacco, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 14
South Dakotans Who Use Smokeless Tobacco, 2014-2018

|  |  | 2014-2018 | 95\% Confidence Interval |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Low | High |
| Gender | Male |  | 11\% | 10.5\% | 12.3\% |
|  | Female | 1\% | 0.8\% | 1.3\% |
| Age | 18-29 | 10\% | 8.2\% | 11.2\% |
|  | 30-39 | 8\% | 6.5\% | 9.2\% |
|  | 40-49 | 8\% | 6.5\% | 9.1\% |
|  | 50-59 | 6\% | 4.8\% | 6.7\% |
|  | 60-69 | 3\% | 2.3\% | 3.7\% |
|  | 70-79 | 3\% | 1.7\% | 4.0\% |
|  | 80+ | 1\% | 0.6\% | 2.5\% |
| Race/Ethnicity | White, Non-Hispanic | 6\% | 5.4\% | 6.5\% |
|  | American Indian, Non-Hispanic | 9\% | 7.3\% | 12.0\% |
|  | Hispanic | 5\% | 2.5\% | 8.5\% |
| Household Income | Less than \$35,000 | 6\% | 4.8\% | 6.5\% |
|  | \$35,000-\$74,999 | 7\% | 6.2\% | 8.2\% |
|  | \$75,000+ | 7\% | 5.7\% | 7.7\% |
| Education | Less than High School, G.E.D. | 8\% | 5.9\% | 10.0\% |
|  | High School, G.E.D. | 7\% | 6.0\% | 7.9\% |
|  | Some Post-High School | 7\% | 5.8\% | 7.6\% |
|  | College Graduate | 4\% | 3.3\% | 4.6\% |
| Employment Status | Employed for Wages | 7\% | 6.6\% | 8.2\% |
|  | Self-employed | 9\% | 7.8\% | 11.0\% |
|  | Unemployed | 8\% | 5.4\% | 11.7\% |
|  | Homemaker | 1\% | 0.4\% | 2.8\% |
|  | Student | 4\% | 2.8\% | 6.9\% |
|  | Retired | 3\% | 1.9\% | 3.4\% |
|  | Unable to Work | 4\% | 2.7\% | 5.4\% |
| Marital Status | Married/Unmarried Couple | 6\% | 5.0\% | 6.2\% |
|  | Divorced/Separated | 8\% | 6.8\% | 10.0\% |
|  | Widowed | 2\% | 1.3\% | 4.1\% |
|  | Never Married | 8\% | 6.7\% | 9.1\% |
| Home Ownership Status | Own Home | 6\% | 5.1\% | 6.2\% |
|  | Rent Home | 8\% | 6.6\% | 8.9\% |
| Children Status | Children in Household (Ages 18-44) | 8\% | 7.0\% | 9.3\% |
|  | No Children in Household (Ages 18-44) | 10\% | 8.2\% | 11.1\% |
| Phone Status | Landline | 4\% | 3.7\% | 4.9\% |
|  | Cell Phone | 7\% | 6.5\% | 7.8\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 0.4\% | 0.0\% | 2.5\% |
|  | Not Pregnant (Ages 18-44) | 2\% | 1.2\% | 2.3\% |
| County | Minnehaha | 4\% | 3.1\% | 5.2\% |
|  | Pennington | 6\% | 4.6\% | 7.1\% |
|  | Lincoln | 6\% | 4.2\% | 7.9\% |
|  | Brown | 5\% | 3.6\% | 7.0\% |
|  | Brookings | 5\% | 3.7\% | 8.0\% |
|  | Codington | 7\% | 5.0\% | 9.0\% |
|  | Meade | 9\% | 7.1\% | 12.6\% |
|  | Lawrence | 7\% | 5.0\% | 8.5\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

| Gender | Males exhibit a significantly higher prevalence of smokeless tobacco use <br> than females. |
| :--- | :--- |
| Age | The prevalence of smokeless tobacco use decreases as age increases <br> including a significant decrease as the 60s are reached. |
| Race/Ethnicity | American Indians exhibit a significantly higher prevalence of smokeless <br> tobacco use than whites. |
| Household | There seems to be no household income difference regarding the prevalence <br> of smokeless tobacco use. |
| Income | The prevalence of smokeless tobacco use decreases as education levels <br> increase with a significant decrease as the college graduate level is reached. |
| Education | Those who are employed for wages, self-employed, or unemployed <br> demonstrate a very high prevalence of smokeless tobacco use, while those <br> who are a homemaker, a student, retired, or unable to work show a very low |
| pmployment |  |

Figure 10 shows the percentage of South Dakotans whose doctor, nurse, or other health professional advised them to stop using smokeless tobacco. Less than half, 47 percent, of South Dakotans stated they were advised to quit using smokeless tobacco by a health professional.

Figure 10
Percentage of South Dakotans Advised to Quit Using Smokeless Tobacco by a Doctor, Nurse, or Other Health Professional, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

## E-CIGARETTE SMOKING

Definition: South Dakotans who currently use electronic cigarettes (e-cigarettes).
Prevalence of E-Cigarette Use

- South Dakota 5\%
- There is no nationwide median for electronic cigarette use

Figure 11
Percentage of South Dakotans Who Currently Smoke E-Cigarettes, 2016-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

| Table 15South Dakotans Who Currently Smoke E-Cigarettes, 2016-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2016-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 5\% | 3.6\% | 5.8\% |
|  | Female | 3\% | 2.4\% | 3.9\% |
| Age | 18-29 | 9\% | 7.0\% | 11.5\% |
|  | 30-39 | 5\% | 3.5\% | 7.7\% |
|  | 40-49 | 3\% | 1.9\% | 4.4\% |
|  | 50-59 | 3\% | 1.9\% | 4.1\% |
|  | 60-69 | 1\% | 0.6\% | 1.5\% |
|  | 70-79 | 0.5\% | 0.2\% | 1.1\% |
|  | 80+ | 0.1\% | 0.0\% | 0.7\% |
| Race/Ethnicity | White, Non-Hispanic | 3\% | 2.8\% | 4.0\% |
|  | American Indian, Non-Hispanic | 6\% | 3.3\% | 9.4\% |
|  | Hispanic | 6\% | 2.3\% | 14.4\% |
| Household Income | Less than \$35,000 | 5\% | 4.0\% | 7.0\% |
|  | \$35,000-\$74,999 | 4\% | 2.9\% | 5.4\% |
|  | \$75,000+ | 2\% | 1.7\% | 3.4\% |
| Education | Less than High School, G.E.D. | 7\% | 3.8\% | 11.6\% |
|  | High School, G.E.D. | 5\% | 3.7\% | 6.2\% |
|  | Some Post-High School | 4\% | 2.8\% | 4.8\% |
|  | College Graduate | 2\% | 1.1\% | 2.2\% |
| Employment Status | Employed for Wages | 4\% | 3.5\% | 5.5\% |
|  | Self-employed | 4\% | 2.7\% | 6.7\% |
|  | Unemployed | 6\% | 2.8\% | 10.7\% |
|  | Homemaker | 2\% | 0.6\% | 7.3\% |
|  | Student | 7\% | 3.6\% | 13.9\% |
|  | Retired | 0.4\% | 0.3\% | 0.7\% |
|  | Unable to Work | 6\% | 3.3\% | 9.2\% |
| Marital Status | Married/Unmarried Couple | 3\% | 2.2\% | 3.6\% |
|  | Divorced/Separated | 4\% | 2.6\% | 5.4\% |
|  | Widowed | 1\% | 0.3\% | 1.1\% |
|  | Never Married | 8\% | 5.7\% | 10.0\% |
| Home Ownership Status | Own Home | 3\% | 2.1\% | 3.3\% |
|  | Rent Home | 7\% | 5.1\% | 8.9\% |
| Children Status | Children in Household (Ages 18-44) | 5\% | 3.5\% | 6.3\% |
|  | No Children in Household (Ages 18-44) | 9\% | 6.9\% | 11.9\% |
| Phone Status | Landline | 2\% | 1.3\% | 2.9\% |
|  | Cell Phone | 5\% | 3.7\% | 5.4\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 7\% | 1.1\% | 34.8\% |
|  | Not Pregnant (Ages 18-44) | 5\% | 3.5\% | 6.6\% |
| County | Minnehaha | 4\% | 2.5\% | 6.4\% |
|  | Pennington | 5\% | 3.5\% | 6.9\% |
|  | Lincoln | 2\% | 0.8\% | 3.4\% |
|  | Brown | 4\% | 2.1\% | 7.9\% |
|  | Brookings | 4\% | 1.4\% | 9.7\% |
|  | Codington | 2\% | 1.0\% | 5.7\% |
|  | Meade | 5\% | 2.4\% | 11.7\% |
|  | Lawrence | 4\% | 2.1\% | 7.5\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

## Demographics

| Gender | There seems to be no gender difference regarding e-cigarette use. |
| :--- | :--- |
| Age | E-cigarette use decreases as age increases. This includes a significant <br> decrease as the 60s are reached. |
| Race/Ethnicity | There seems to be no racial/ethnic difference regarding e-cigarette use. |
| Household | The prevalence of e-cigarette use decreases as household income increases. |
| Income | E-cigarette use decreases as education increases. This includes a significant <br> decrease as the college graduate level is reached. |
| Education | Those who are employed for wages, self-employed, unemployed, a student, <br> or unable to work show a very high prevalence of e-cigarette use, while those <br> who are retired show a very low prevalence. |
| Employment |  |
| Marital | Those who have never been married exhibit a very high prevalence of e- <br> cigarette use, while those who are widowed show a very low prevalence. |
| Status | Those who rent their home show a significantly higher prevalence of e- <br> cigarette use than those who own their home. |
| Home | Those adults who live in a household with no children exhibit a significantly <br> higher prevalence of e-cigarette use than those who live in a household with <br> children. |
| Children | Those who primarily use a cell phone demonstrate a significantly higher <br> Status |
| prevalence of e-cigarette use than those who primarily use a landline. |  |

## TOBACCO USE

Definition: South Dakotans who currently smoke cigarettes, use smokeless tobacco, or use E-cigarettes.

## Prevalence of Tobacco Use

- South Dakota 28\%
- There is no nationwide median for tobacco use

Figure 12
Percentage of South Dakotans Who Currently Smoke Cigarettes, Use Smokeless
Tobacco, or Use E-Cigarettes, 2016-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

| Table 16 <br> South Dakotans Who Currently Smoke Cigarettes, Use Smokeless Tobacco, or Use ECigarettes, 2016-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2016-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 33\% | 30.8\% | 34.6\% |
|  | Female | 18\% | 16.8\% | 19.7\% |
| Age | 18-29 | 31\% | 27.8\% | 34.5\% |
|  | 30-39 | 36\% | 32.4\% | 39.5\% |
|  | 40-49 | 29\% | 25.7\% | 32.4\% |
|  | 50-59 | 26\% | 23.9\% | 29.0\% |
|  | 60-69 | 18\% | 15.9\% | 19.9\% |
|  | 70-79 | 12\% | 10.2\% | 14.9\% |
|  | 80+ | 5\% | 3.5\% | 7.6\% |
| Race/Ethnicity | White, Non-Hispanic | 23\% | 21.9\% | 24.3\% |
|  | American Indian, Non-Hispanic | 49\% | 44.1\% | 53.5\% |
|  | Hispanic | 27\% | 19.0\% | 37.4\% |
| Household Income | Less than \$35,000 | 34\% | 31.5\% | 36.5\% |
|  | \$35,000-\$74,999 | 26\% | 24.1\% | 28.7\% |
|  | \$75,000+ | 16\% | 14.5\% | 18.3\% |
| Education | Less than High School, G.E.D. | 39\% | 33.9\% | 44.6\% |
|  | High School, G.E.D. | 31\% | 29.0\% | 33.7\% |
|  | Some Post-High School | 26\% | 24.3\% | 28.4\% |
|  | College Graduate | 11\% | 10.2\% | 12.9\% |
| Employment Status | Employed for Wages | 29\% | 26.9\% | 30.6\% |
|  | Self-employed | 26\% | 22.6\% | 29.3\% |
|  | Unemployed | 41\% | 33.6\% | 48.1\% |
|  | Homemaker | 25\% | 19.2\% | 31.9\% |
|  | Student | 18\% | 12.2\% | 24.6\% |
|  | Retired | 12\% | 10.8\% | 14.0\% |
|  | Unable to Work | 38\% | 33.0\% | 43.6\% |
| Marital Status | Married/Unmarried Couple | 21\% | 19.3\% | 22.2\% |
|  | Divorced/Separated | 40\% | 36.1\% | 43.3\% |
|  | Widowed | 17\% | 14.0\% | 21.5\% |
|  | Never Married | 33\% | 29.7\% | 35.9\% |
| Home Ownership Status | Own Home | 21\% | 20.0\% | 22.6\% |
|  | Rent Home | 38\% | 35.1\% | 41.0\% |
| Children Status | Children in Household (Ages 18-44) | 33\% | 30.6\% | 36.4\% |
|  | No Children in Household (Ages 18-44) | 32\% | 29.0\% | 35.9\% |
| Phone Status | Landline | 20\% | 17.8\% | 21.3\% |
|  | Cell Phone | 28\% | 26.2\% | 29.3\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 16\% | 6.6\% | 34.4\% |
|  | Not Pregnant (Ages 18-44) | 23\% | 20.5\% | 26.1\% |
| County | Minnehaha | 24\% | 21.0\% | 27.5\% |
|  | Pennington | 26\% | 22.7\% | 28.9\% |
|  | Lincoln | 14\% | 9.4\% | 19.3\% |
|  | Brown | 28\% | 22.8\% | 34.0\% |
|  | Brookings | 23\% | 16.3\% | 30.2\% |
|  | Codington | 27\% | 21.9\% | 33.4\% |
|  | Meade | 32\% | 23.3\% | 42.0\% |
|  | Lawrence | 23\% | 18.7\% | 28.8\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

| Gender | Males exhibit a significantly higher prevalence of tobacco use than females. |
| :--- | :--- |
| Age | Tobacco use peaks with those in their 30s and then decreases as age <br> increases. This includes significant decreases as the 60s, 70 s, and 80 s are <br> reached. |
| Race/Ethnicity | American Indians demonstrate a significantly higher prevalence of tobacco <br> use than whites and Hispanics. |
| Household | Tobacco use decreases as household income increases. This includes <br> significant decreases as the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ income groups <br> are reached. |
| Income | Tobacco use decreases as education levels increase. This includes significant <br> decreases at every level. |
| Education | Those who are unemployed or unable to work demonstrate a very high <br> prevalence of tobacco use, while those who are a student or retired show a <br> very low prevalence. |
| Employment |  |
| Marital | Those who are divorced exhibit a very high prevalence of tobacco use, while <br> those who are married or widowed show a very low prevalence. |
| Home | Those who rent their home show a significantly higher prevalence of tobacco <br> use than those who own their home. |
| Ownership | The prevalence of tobacco use by the adults does not seem to change based |
| Children | on the presence of children in the household. |
| Status | Those who primarily use a cell phone demonstrate a significantly higher <br> prevalence of tobacco use than those who primarily use a landline phone. |
| Phone Status | Minnehaha, Pennington, Brown, Codington, and Meade counties all exhibit a <br> very high prevalence of tobacco use, while Lincoln county shows a very low <br> prevalence. |

## Diabetes

Definition: South Dakotans ever told by a doctor that they have diabetes, excluding women who were told this while they were pregnant.

## Prevalence of Diabetes

- South Dakota 9\%
- Nationwide median 11\%

Figure 13
Percentage of South Dakotans Who Were Told They Have Diabetes, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 17 <br> South Dakotans Who Were Told They Have Diabetes, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 10\% | 9.2\% | 10.7\% |
|  | Female | 9\% | 8.1\% | 9.4\% |
| Age | 18-29 | 1\% | 0.9\% | 2.4\% |
|  | 30-39 | 3\% | 2.2\% | 4.2\% |
|  | 40-49 | 7\% | 6.0\% | 8.7\% |
|  | 50-59 | 11\% | 9.4\% | 11.8\% |
|  | 60-69 | 17\% | 15.3\% | 18.0\% |
|  | 70-79 | 22\% | 20.4\% | 24.4\% |
|  | 80+ | 18\% | 15.2\% | 20.6\% |
| Race/Ethnicity | White, Non-Hispanic | 9\% | 8.4\% | 9.4\% |
|  | American Indian, Non-Hispanic | 17\% | 14.6\% | 19.2\% |
|  | Hispanic | 9\% | 5.4\% | 13.8\% |
| Household Income | Less than \$35,000 | 13\% | 12.3\% | 14.6\% |
|  | \$35,000-\$74,999 | 8\% | 7.5\% | 9.2\% |
|  | \$75,000+ | 6\% | 5.5\% | 7.2\% |
| Education | Less than High School, G.E.D. | 13\% | 10.8\% | 15.6\% |
|  | High School, G.E.D. | 11\% | 9.7\% | 11.5\% |
|  | Some Post-High School | 9\% | 8.1\% | 9.8\% |
|  | College Graduate | 7\% | 6.2\% | 7.5\% |
| Employment Status | Employed for Wages | 6\% | 5.5\% | 6.8\% |
|  | Self-employed | 6\% | 4.9\% | 7.2\% |
|  | Unemployed | 8\% | 5.7\% | 11.2\% |
|  | Homemaker | 8\% | 6.0\% | 10.8\% |
|  | Student | 1\% | 0.4\% | 2.4\% |
|  | Retired | 20\% | 18.8\% | 21.6\% |
|  | Unable to Work | 24\% | 20.6\% | 26.9\% |
| Marital Status | Married/Unmarried Couple | 9\% | 8.4\% | 9.7\% |
|  | Divorced/Separated | 13\% | 11.5\% | 14.7\% |
|  | Widowed | 19\% | 17.2\% | 21.5\% |
|  | Never Married | 5\% | 4.3\% | 5.9\% |
| Home Ownership Status | Own Home | 10\% | 9.3\% | 10.5\% |
|  | Rent Home | 9\% | 8.0\% | 10.1\% |
| Children Status | Children in Household (Ages 18-44) | 3\% | 2.5\% | 4.3\% |
|  | No Children in Household (Ages 18-44) | 3\% | 1.9\% | 3.4\% |
| Phone Status | Landline | 13\% | 12.5\% | 14.5\% |
|  | Cell Phone | 7\% | 6.8\% | 7.9\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 3\% | 0.6\% | 16.0\% |
|  | Not Pregnant (Ages 18-44) | 3\% | 2.3\% | 4.1\% |
| County | Minnehaha | 8\% | 6.9\% | 9.4\% |
|  | Pennington | 9\% | 8.3\% | 10.8\% |
|  | Lincoln | 7\% | 5.3\% | 8.5\% |
|  | Brown | 9\% | 7.3\% | 10.3\% |
|  | Brookings | 6\% | 4.4\% | 7.0\% |
|  | Codington | 8\% | 6.5\% | 9.3\% |
|  | Meade | 9\% | 7.4\% | 11.6\% |
|  | Lawrence | 8\% | 6.7\% | 9.6\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

| Gender | There seems to be no gender difference regarding the prevalence of diabetes. |
| :---: | :---: |
| Age | The prevalence of diabetes generally increases as age increases. This includes significant increases as the 40s, 50s, and 60s are reached with prevalence peaking in the 70s. |
| Race/Ethnicity | American Indians demonstrate a significantly higher prevalence of diabetes than whites and Hispanics. |
| Household Income | The prevalence of diabetes decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ income groups are reached. |
| Education | The prevalence of diabetes decreases as education levels increase. This includes a significant decrease as the college graduate level is reached. |
| Employment | Those who are retired or unable to work demonstrate a very high prevalence of diabetes, while those who are a student show a very low prevalence. |
| Marital Status | Those who are widowed exhibit a very high prevalence of diabetes, while those who have never been married show a very low prevalence. |
| Home Ownership | There seems to be no difference in the prevalence of diabetes regarding home ownership. |
| Children Status | The prevalence of diabetes among adults does not seem to differ based on the presence of children in the household. |
| Phone Status | Those who primarily use a landline phone exhibit a significantly higher prevalence of diabetes than those who primarily use a cell phone. |
| Pregnancy Status | The prevalence of diabetes does not seem to differ based on pregnancy status. |
| County | Pennington, Brown, and Meade counties all demonstrate a very high prevalence of diabetes, while Brookings county shows a very low prevalence. |

Figure 14, below, displays the percentage of South Dakotans with pre-diabetes who had a test for high blood sugar or diabetes within the past three years. Most South Dakotans stated that they had a blood sugar or diabetes test within the past three years.

Figure 14
South Dakotans With Pre-Diabetes Who Have Had a Test for High Blood Sugar or Diabetes Within the Past Three Years,


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Figure 15, below, displays the diabetic status of all South Dakotans for the past five years. Most South Dakotans for all years stated that they have never been diagnosed with any type of diabetes.

Figure 15
South Dakotans' Diabetic Status, 2014-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

Figure 16, below, shows the percent of South Dakotans who were referred by a health professional to pre-diabetes education in order to prevent diabetes. In 2018, 40 percent of South Dakotans were referred to pre-diabetes education.

Figure 16
South Dakotans Who Were Referred by a Health Professional to Pre-Diabetes Education to Prevent Diabetes, 2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

Figure 17, below, shows the percent of South Dakotans who are taking insulin for their diabetes. In 2016 and 2018, about one third of South Dakotans with diabetes indicated they were taking insulin for their diabetes.

Figure 17
South Dakotans Who Use Insulin for Diabetes, 2012-2018


[^1]Figure 18, below, shows the percent of South Dakotans who check their blood for glucose or sugar one or more times per day. In 2016 and 2018, 59 percent of South Dakotans stated they check their blood for glucose or sugar one or more times per day.

Figure 18
South Dakotans Who Check Their Blood for Glucose or Sugar One or More Times Per Day, 2012-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 19, below, shows the percent of South Dakotans who check their feet for any sores or irritations one or more times per day. In 2016 and 2018, 58 percent of South Dakotans stated that they check their feet for any sores or irritations one or more times per day.

Figure 19
South Dakotans Who Check Their Feet for Sores or Irritations One or More Times Per Day, 2012-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 20, below, shows the percent of South Dakotans that have seen a doctor, nurse, or other health professional two or more times in the past 12 months for their diabetes. In 2016 and 2018, 75 percent of South Dakotans indicated that they have seen a doctor, nurse, or other health professional two or more times in the past 12 months for their diabetes.

Figure 20
South Dakotans Who Have Seen a Doctor, Nurse, or Other Health Professional for Their Diabetes Two or More Times in the Past 12 Months, 2012-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 21, below, shows the percent of South Dakotans that had hemoglobin A1c checked two or more times in the past 12 months by a doctor, nurse, or other health professional. In 2016 and 2018, 75 percent of South Dakotans indicated that they have had hemoglobin A1c checked two or more times by a doctor, nurse, or other health professional.

Figure 21
South Dakotans That Had Hemoglobin A1c Checked by a Doctor, Nurse, or Other Health Professional Two or More Times in the Past 12 Months, 2012-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 22, below, shows the percent of South Dakotans that stated they had a health professional check their feet for sores or irritations at least once in the past year. In 2016 and 2018, 80 percent of South Dakotans indicated that they have had their feet checked by a health professional at least once in the past year.

Figure 22
South Dakotans Who Had a Health Professional Check Their Feet for Any Sores or Irritations at Least Once in the Past Year, 2012-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 23, below, shows the percent of South Dakotans that had an eye exam in the past year in which the pupils were dilated. In 2016 and 2018, 70 percent of South Dakotans indicated that they had an eye exam in the past year in which their pupils were dilated.

Figure 23
South Dakotans Who Had an Eye Exam in the Past Year in Which the Pupils Were Dilated, 2012-2018


[^2]Figure 24, below, shows the percent of South Dakotans who were told by a doctor that diabetes has affected their eyes or that they have retinopathy. In 2016 and 2018, 15 percent of South Dakotans indicated that diabetes has affected their eyes or that they had retinopathy.

Figure 24
South Dakotans Told by a Doctor That Diabetes Has Affected Their Eyes or They Have Retinopathy, 2012-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 25, below, shows the percent of South Dakotans who have ever taken a course or class in how to manage diabetes. In 2016 and 2018, 63 percent of South Dakotans indicated that they have taken a course or class to manage diabetes.

Figure 25
South Dakotans Who Have Ever Taken a Course or Class in How to Manage Diabetes, 2012-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

## Chronic Obstructive Pulmonary Disease

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have Chronic Obstructive Pulmonary Disease, or COPD, emphysema or chronic bronchitis?"

## Prevalence of COPD

- South Dakota 5\%
- Nationwide median 7\%

Figure 26
Percentage of South Dakotans Who Were Told They Have COPD, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 18South Dakotans Who Have Been Told They Have COPD, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  | Low | High |
| Gender | Male |  | 5\% | 4.4\% | 5.5\% |
|  | Female | 5\% | 4.8\% | 5.9\% |
| Age | 18-29 | 2\% | 1.0\% | 2.4\% |
|  | 30-39 | 2\% | 1.5\% | 3.0\% |
|  | 40-49 | 3\% | 2.0\% | 3.5\% |
|  | 50-59 | 7\% | 5.5\% | 7.7\% |
|  | 60-69 | 8\% | 7.2\% | 9.2\% |
|  | 70-79 | 11\% | 10.0\% | 13.0\% |
|  | 80+ | 11\% | 8.7\% | 13.2\% |
| Race/Ethnicity | White, Non-Hispanic | 5\% | 4.7\% | 5.6\% |
|  | American Indian, Non-Hispanic | 7\% | 5.2\% | 8.3\% |
|  | Hispanic | 5\% | 2.1\% | 10.5\% |
| Household Income | Less than \$35,000 | 9\% | 8.5\% | 10.5\% |
|  | \$35,000-\$74,999 | 4\% | 3.5\% | 4.8\% |
|  | \$75,000+ | 1\% | 1.2\% | 1.8\% |
| Education | Less than High School, G.E.D. | 10\% | 8.1\% | 12.3\% |
|  | High School, G.E.D. | 6\% | 5.8\% | 7.3\% |
|  | Some Post-High School | 4\% | 3.9\% | 5.1\% |
|  | College Graduate | 2\% | 2.0\% | 2.8\% |
| Employment Status | Employed for Wages | 3\% | 2.3\% | 3.1\% |
|  | Self-employed | 3\% | 2.4\% | 4.3\% |
|  | Unemployed | 6\% | 3.9\% | 8.7\% |
|  | Homemaker | 3\% | 2.4\% | 5.0\% |
|  | Student | 1\% | 0.7\% | 2.5\% |
|  | Retired | 11\% | 9.7\% | 11.9\% |
|  | Unable to Work | 21\% | 17.6\% | 24.4\% |
| Marital Status | Married/Unmarried Couple | 4\% | 3.8\% | 4.7\% |
|  | Divorced/Separated | 10\% | 8.9\% | 12.0\% |
|  | Widowed | 11\% | 9.5\% | 12.8\% |
|  | Never Married | 3\% | 2.4\% | 3.8\% |
| Home Ownership Status | Own Home | 5\% | 4.4\% | 5.3\% |
|  | Rent Home | 6\% | 5.3\% | 7.0\% |
| Children Status | Children in Household (Ages 18-44) | 2\% | 1.3\% | 2.5\% |
|  | No Children in Household (Ages 18-44) | 2\% | 1.5\% | 3.0\% |
| Phone Status | Landline | 7\% | 6.3\% | 7.7\% |
|  | Cell Phone | 4\% | 3.8\% | 4.7\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 1\% | 0.1\% | 6.0\% |
|  | Not Pregnant (Ages 18-44) | 2\% | 1.7\% | 3.3\% |
| County | Minnehaha | 5\% | 3.8\% | 5.5\% |
|  | Pennington | 6\% | 4.7\% | 6.6\% |
|  | Lincoln | 4\% | 3.1\% | 5.5\% |
|  | Brown | 6\% | 4.4\% | 8.0\% |
|  | Brookings | 3\% | 2.0\% | 4.2\% |
|  | Codington | 5\% | 3.9\% | 6.4\% |
|  | Meade | 5\% | 4.1\% | 6.3\% |
|  | Lawrence | 5\% | 4.0\% | 6.4\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | There is no significant gender difference regarding the prevalence of COPD. |
| :---: | :---: |
| Age | The prevalence of COPD increases as age increases. This includes significant increases as the 50 s and 70 s are reached. |
| Race/Ethnicity | There are no racial/ethnicity differences regarding the prevalence of COPD. |
| Household Income | The prevalence of COPD decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income groups are reached. |
| Education | The prevalence of COPD decreases as education levels increase. This includes significant decreases at each level. |
| Employment | Those who are unable to work demonstrate a very high prevalence of COPD, while those who are employed for wages, self-employed, a homemaker, or a student show a very low prevalence. |
| Marital Status | Those who are divorced or widowed exhibit a very high prevalence of COPD, while those who have never been married or are married show a very low prevalence. |
| Home Ownership | The prevalence of COPD does not seem to differ based on home ownership status. |
| Children Status | The prevalence of COPD among adults does not seem to differ based on the presence of children in the household. |
| Phone Status | Those who primarily use a landline phone exhibit a significantly higher prevalence of COPD than those who primarily use a cell phone. |
| Pregnancy Status | The prevalence of COPD does not seem to differ based on pregnancy status. |
| County | Pennington and Brown counties exhibit a very high prevalence of COPD, while Brookings county shows a very low prevalence. |

## Health Insurance

## HEALTH INSURANCE (ADULT)

Definition: South Dakotans, ages 18-64, who do not have health insurance, prepaid plans such as health maintenance organizations (HMOs), or government plans such as Medicare or Indian Health Service.

## Prevalence of No Health Insurance

- South Dakota 10\%
- There is no nationwide median for no health insurance

Figure 27
Percentage of South Dakotans, Ages 18-64, Who Do Not Have Health Insurance, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 19South Dakotans, Ages 18-64, Who Do Not Have Health Insurance, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 9\% | 8.2\% | 10.4\% |
|  | Female | 8\% | 6.7\% | 8.9\% |
| Age | 18-29 | 11\% | 9.4\% | 13.5\% |
|  | 30-39 | 10\% | 8.3\% | 11.9\% |
|  | 40-49 | 9\% | 7.0\% | 10.5\% |
|  | 50-59 | 6\% | 5.0\% | 7.6\% |
|  | 60-69 | 4\% | 3.4\% | 5.8\% |
|  | 70-79 | - | - | - |
|  | 80+ | - | - | - |
| Race/Ethnicity | White, Non-Hispanic | 8\% | 7.2\% | 8.7\% |
|  | American Indian, Non-Hispanic | 2\% | 1.6\% | 3.4\% |
|  | Hispanic | 27\% | 18.5\% | 37.0\% |
| Household Income | Less than \$ 35,000 | 17\% | 15.2\% | 19.4\% |
|  | \$35,000-\$74,999 | 6\% | 5.1\% | 7.4\% |
|  | \$75,000+ | 2\% | 1.3\% | 2.7\% |
| Education | Less than High School, G.E.D. | 20\% | 15.9\% | 25.3\% |
|  | High School, G.E.D. | 12\% | 10.5\% | 13.7\% |
|  | Some Post-High School | 7\% | 5.9\% | 8.2\% |
|  | College Graduate | 3\% | 2.1\% | 3.4\% |
| Employment Status | Employed for Wages | 7\% | 6.3\% | 8.2\% |
|  | Self-employed | 12\% | 9.9\% | 14.3\% |
|  | Unemployed | 26\% | 20.1\% | 32.4\% |
|  | Homemaker | 11\% | 7.5\% | 16.1\% |
|  | Student | 4\% | 2.1\% | 5.8\% |
|  | Retired | 4\% | 2.5\% | 7.0\% |
|  | Unable to Work | 8\% | 5.7\% | 11.5\% |
| Marital Status | Married/Unmarried Couple | 5\% | 4.6\% | 6.3\% |
|  | Divorced/Separated | 15\% | 12.2\% | 17.7\% |
|  | Widowed | 8\% | 5.2\% | 12.9\% |
|  | Never Married | 13\% | 10.9\% | 14.6\% |
| Home Ownership Status | Own Home | 6\% | 4.8\% | 6.3\% |
|  | Rent Home | 16\% | 13.8\% | 18.1\% |
| Children Status | Children in Household (Ages 18-44) | 8\% | 7.1\% | 10.0\% |
|  | No Children in Household (Ages 18-44) | 13\% | 11.4\% | 15.7\% |
| Phone Status | Landline | 6\% | 4.7\% | 7.0\% |
|  | Cell Phone | 10\% | 8.6\% | 10.5\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 7\% | 2.0\% | 23.1\% |
|  | Not Pregnant (Ages 18-44) | 10\% | 8.0\% | 11.5\% |
| County | Minnehaha | 10\% | 7.8\% | 12.1\% |
|  | Pennington | 10\% | 8.3\% | 12.4\% |
|  | Lincoln | 5\% | 3.4\% | 7.9\% |
|  | Brown | 9\% | 6.2\% | 12.4\% |
|  | Brookings | 6\% | 3.8\% | 9.3\% |
|  | Codington | 7\% | 5.3\% | 10.3\% |
|  | Meade | 11\% | 8.4\% | 15.5\% |
|  | Lawrence | 14\% | 10.8\% | 17.1\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

| Gender | There seems to be no gender difference regarding health insurance status. |
| :--- | :--- |
| Age | The prevalence of being uninsured decreases as age increases. |
| Race/Ethnicity | Hispanics demonstrate a significantly higher prevalence of being uninsured <br> than American Indians. |
| Household | The prevalence of being uninsured decreases as household income <br> increases. This includes significant decreases as the $\$ 35,000-\$ 74,999$ and <br> \$ncome |
| Ed5,000+ income groups are reached. |  |

As shown in Table 20 below, employer based coverage was the most common type of health insurance reported by South Dakotans for the past eight years. The second most common was insurance through a private plan.

Table 20
Type of Health Insurance, Ages 18-64, 2011-2018

| Number of Respondents | $\mathbf{4 , 3 3 2}$ | $\mathbf{5 , 1 4 7}$ | $\mathbf{4 , 2 1 6}$ | $\mathbf{4 , 3 8 7}$ | $\mathbf{4 , 0 4 3}$ | $\mathbf{3 , 2 5 8}$ | $\mathbf{3 , 7 7 2}$ | $\mathbf{3 , 8 0 6}$ |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Type of Health Insurance |  |  |  |  |  |  |  |  |
| Employer Based Coverage | $57 \%$ | $59 \%$ | $59 \%$ | $59 \%$ | $60 \%$ | $58 \%$ | $59 \%$ | $56 \%$ |
| Private Plan | $12 \%$ | $11 \%$ | $12 \%$ | $13 \%$ | $13 \%$ | $15 \%$ | $14 \%$ | $12 \%$ |
| Military, CHAMPUS, TriCare, or VA | $6 \%$ | $5 \%$ | $5 \%$ | $4 \%$ | $5 \%$ | $5 \%$ | $5 \%$ | $5 \%$ |
| The Indian Health Service | $5 \%$ | $5 \%$ | $5 \%$ | $5 \%$ | $5 \%$ | $5 \%$ | $4 \%$ | $5 \%$ |
| Medicaid or Medical Assistance | $4 \%$ | $4 \%$ | $5 \%$ | $4 \%$ | $6 \%$ | $4 \%$ | $4 \%$ | $5 \%$ |
| Medicare | $4 \%$ | $3 \%$ | $3 \%$ | $3 \%$ | $3 \%$ | $4 \%$ | $5 \%$ | $4 \%$ |
| Some Other Source | $2 \%$ | $2 \%$ | $1 \%$ | $2 \%$ | $2 \%$ | $2 \%$ | $2 \%$ | $3 \%$ |
| None | $11 \%$ | $10 \%$ | $10 \%$ | $9 \%$ | $8 \%$ | $8 \%$ | $8 \%$ | $10 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018
Table 21, below, displays how long it has been since South Dakotans had a routine checkup and whether they had health insurance. The majority of insured South Dakotans, 69 percent, stated they had a routine checkup within the past year, while only 33 percent of uninsured South Dakotans had a routine checkup within the past year.

The percent of uninsured South Dakotans who stated that they had a routine checkup five or more years ago was 32 percent while only nine percent of South Dakotans with health insurance had a routine checkup five or more years ago.

| Table 21 <br> How Long Since South Dakotans Last Visited a Doctor for a <br> Routine Checkup, 2012-2018 |  |  |
| :--- | :---: | :---: |
|  | Health Insurance | No Health Insurance |
|  |  |  |
| Within the past year | $69 \%$ | $33 \%$ |
| Within the past 2 years | $13 \%$ | $16 \%$ |
| Within the past 5 years | $8 \%$ | $15 \%$ |
| 5 or more years ago | $9 \%$ | $32 \%$ |
| Never | $1 \%$ | $4 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota of Department Health, 2012-2018

Figure 28, below, shows the percentage of South Dakotans, ages 18-64, who were asked if there was a time in the past 12 months when they needed to see a doctor but could not because of the cost. Forty-two percent of South Dakotans without health insurance answered yes to this question.

Figure 28
Percentage of South Dakotans, Ages 18-64, Who Needed to See a Doctor But Could Not Because of the Cost, 2012-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Table 22 below, shows the percentage of South Dakota males who had not had a routine checkup in the past two years and the reason why. Sixty-one percent of South Dakota males, ages 18-39, reported they had not had a routine checkup in the past two years because they had not been sick, rarely get sick, or there was a low need to seek medical services.

| Table 22 <br> South Dakota Males, Ages 18-64, Who Had Not Had a Routine Health Check-up in the Past Two Years, 2018 |  |  |  |
| :---: | :---: | :---: | :---: |
|  | Males Only |  |  |
| Reason | Total | 18-39 | 40-69 |
| Not sick/Rarely get sick/Low perceived need to seek medical services | 56\% | 61\% | 49\% |
| Other priorities/Too busy | 10\% | 12\% | 7\% |
| Just haven't thought of it | 7\% | 6\% | 8\% |
| Can't afford it | 7\% | 3\% | 12\% |
| Other | 20\% | 18\% | 24\% |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

## CHILDREN'S HEALTH INSURANCE

Definition: South Dakota children, ages 0-17, who do not have health insurance, prepaid plans such as health maintenance organizations (HMOs), or government plans such as Medicaid, Children's Health Insurance Program (CHIP), or Indian Health Service (IHS).

## Prevalence of No Health Insurance

- South Dakota 3\%
- There is no nationwide median for no children's health insurance

Figure 29
Percentage of South Dakota Children, Ages 0-17, Who Do Not Have Health Insurance, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 23 <br> South Dakota Children, Ages 0-17, Who Do Not Have Health Insurance, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 2\% | 1.2\% | 2.7\% |
|  | Female | 1\% | 0.9\% | 2.0\% |
| Age | 0-6 | 1\% | 0.7\% | 2.1\% |
|  | 7-12 | 2\% | 0.9\% | 2.9\% |
|  | 13-17 | 2\% | 1.3\% | 2.9\% |
| Race/ Ethnicity | White, Non-Hispanic | 2\% | 1.3\% | 2.4\% |
|  | American Indian, Non-Hispanic | 1\% | 0.2\% | 1.9\% |
|  | Hispanic | 2\% | 0.6\% | 3.7\% |
| Household Income | Less than \$35,000 | 2\% | 0.9\% | 2.7\% |
|  | \$35,000-\$74,999 | 2\% | 1.6\% | 3.7\% |
|  | \$75,000+ | 1\% | 0.4\% | 1.8\% |
| Home Ownership Status | Own home | 2\% | 1.1\% | 2.2\% |
|  | Rent home | 2\% | 1.0\% | 2.9\% |
| Phone Status | Landline | 1\% | 0.9\% | 2.4\% |
|  | Cell phone | 2\% | 1.2\% | 2.3\% |
| County | Minnehaha | 1\% | 0.6\% | 2.8\% |
|  | Pennington | 2\% | 0.7\% | 3.3\% |
|  | Lincoln | 0.2\% | 0.1\% | 0.6\% |
|  | Brown | 1\% | 0.3\% | 3.3\% |
|  | Brookings | 1\% | 0.3\% | 5.7\% |
|  | Codington | 1\% | 0.3\% | 1.9\% |
|  | Meade | 4\% | 2.0\% | 7.1\% |
|  | Lawrence | 3\% | 1.7\% | 6.1\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

Gender There seems to be no gender difference regarding health insurance status for children.

Age There seems to be no age differences regarding health insurance status for children.

Race/Ethnicity There seems to be no racial/ethnic difference regarding health insurance status for children.

Household There seems to be no difference in health insurance status for children Income regarding household income.

Home There seems to be no difference in health insurance status for children Ownership regarding home ownership status.

Phone Status The health insurance status of children does not seem to change based on phone status.

County Pennington, Meade, and Lawrence counties demonstrate a very high prevalence of children being uninsured, while Lincoln and Codington counties show a very low prevalence.

Table 24, below, shows the different types of health coverage for children, ages $0-17$. The main type of health care coverage for the past eight years was employer based coverage. Medicaid, CHIP, or medical assistance coverage was the second most common type of health coverage.

| Table 24 <br> Different Types of Health Coverage for South Dakota Children, Ages 17 and Under, 2011-2018 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2011-2012 | 2012-2013 | 2013-2014 | 2014-2015 | 2015-2016 | 2016-2017 | 2017-2018 |
| Type of Coverage |  |  |  |  |  |  |  |
| Employer Based Coverage | 57\% | 55\% | 55\% | 55\% | 54\% | 53\% | 53\% |
| Medicaid, CHIP, or Medical Assistance | 23\% | 24\% | 24\% | 24\% | 25\% | 26\% | 24\% |
| Private Plan | 10\% | 10\% | 11\% | 12\% | 11\% | 11\% | 10\% |
| The Indian Health Service | 4\% | 3\% | 4\% | 3\% | 3\% | 4\% | 5\% |
| The Military, CHAMPUS, TriCare, or VA | 3\% | 3\% | 3\% | 3\% | 3\% | 3\% | 2\% |
| Medicare | 1\% | 2\% | 1\% | 1\% | 1\% | 1\% | 1\% |
| Some Other Source | 0.5\% | 0.8\% | 1.1\% | 0.8\% | 0.3\% | 1.2\% | 2.6\% |
| None | 2\% | 2\% | 1\% | 1\% | 2\% | 1\% | 2\% |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

## ROUTINE CHECKUP

Definition: South Dakotans who have visited a doctor for a routine checkup within the past two years. A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

## Prevalence of Routine Checkup

- South Dakota 86\%
- There is no nationwide median for routine checkups

Figure 30
Percentage of South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 25South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 76\% | 74.4\% | 77.0\% |
|  | Female | 87\% | 86.4\% | 88.3\% |
| Age | 18-29 | 74\% | 71.6\% | 76.4\% |
|  | 30-39 | 73\% | 70.5\% | 75.3\% |
|  | 40-49 | 80\% | 77.4\% | 81.8\% |
|  | 50-59 | 83\% | 81.5\% | 84.7\% |
|  | 60-69 | 89\% | 88.1\% | 90.7\% |
|  | 70-79 | 94\% | 92.4\% | 95.4\% |
|  | 80+ | 93\% | 90.5\% | 94.4\% |
| Race/Ethnicity | White, Non-Hispanic | 82\% | 81.6\% | 83.2\% |
|  | American Indian, Non-Hispanic | 82\% | 78.3\% | 84.5\% |
|  | Hispanic | 72\% | 63.4\% | 79.1\% |
| Household Income | Less than \$35,000 | 79\% | 77.7\% | 81.0\% |
|  | \$35,000-\$74,999 | 81\% | 79.2\% | 82.2\% |
|  | \$75,000+ | 86\% | 84.2\% | 86.8\% |


| Table 25 (continued) <br> South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Education | Less than High School, G.E.D. | 77\% | 73.1\% | 80.3\% |
|  | High School, G.E.D. | 80\% | 78.5\% | 81.6\% |
|  | Some Post-High School | 82\% | 80.7\% | 83.4\% |
|  | College Graduate | 85\% | 83.5\% | 85.8\% |
| Employment Status | Employed for Wages | 79\% | 77.9\% | 80.3\% |
|  | Self-employed | 73\% | 69.8\% | 75.0\% |
|  | Unemployed | 75\% | 69.0\% | 79.4\% |
|  | Homemaker | 83\% | 78.7\% | 86.4\% |
|  | Student | 83\% | 77.7\% | 87.0\% |
|  | Retired | 93\% | 92.2\% | 94.3\% |
|  | Unable to Work | 89\% | 86.5\% | 91.4\% |
| Marital Status | Married/Unmarried Couple | 84\% | 82.6\% | 84.6\% |
|  | Divorced/Separated | 80\% | 77.1\% | 81.8\% |
|  | Widowed | 91\% | 88.1\% | 92.5\% |
|  | Never Married | 75\% | 72.5\% | 76.8\% |
| Home Ownership Status | Own Home | 84\% | 83.1\% | 84.8\% |
|  | Rent Home | 76\% | 73.5\% | 77.6\% |
| Children Status | Children in Household (Ages 18-44) | 76\% | 74.2\% | 78.0\% |
|  | No Children in Household (Ages 18-44) | 72\% | 69.8\% | 74.7\% |
| Phone Status | Landline | 86\% | 84.7\% | 87.1\% |
|  | Cell Phone | 79\% | 78.3\% | 80.5\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 82\% | 70.1\% | 90.2\% |
|  | Not Pregnant (Ages 18-44) | 83\% | 81.3\% | 85.2\% |
| County | Minnehaha | 82\% | 79.9\% | 84.3\% |
|  | Pennington | 78\% | 76.1\% | 80.5\% |
|  | Lincoln | 86\% | 83.3\% | 88.9\% |
|  | Brown | 81\% | 78.4\% | 84.2\% |
|  | Brookings | 81\% | 77.8\% | 84.4\% |
|  | Codington | 82\% | 79.3\% | 84.9\% |
|  | Meade | 78\% | 74.3\% | 81.5\% |
|  | Lawrence | 77\% | 74.4\% | 80.1\% |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

Gender Females exhibit a significantly higher prevalence of obtaining a routine checkup than males.

Age The prevalence of obtaining a routine checkup generally increases as age increases.

Race/Ethnicity Whites and American Indians demonstrate a significantly higher prevalence of obtaining routine checkups than Hispanics.

Household Income

Education The prevalence of obtaining routine checkups increases as education increases. This includes a significant increase as the college graduate level is reached.

Employment Those who are retired demonstrate a very high prevalence of obtaining a routine checkup, while those who are self-employed or unemployed show a very low prevalence.

Marital Those who are widowed exhibit a very high prevalence of obtaining a routine

Home Those who own their home demonstrate a significantly higher prevalence of Ownership

Children The prevalence of obtaining a routine checkup does not seem to change Status

Phone Status Those who primarily use a landline phone show a significantly higher prevalence of obtaining a routine checkup than those who primarily use a cell phone.

Pregnancy
Status
County checkup, while those who have never been married show a very low prevalence. obtaining a routine checkup than those who rent their home. based on the presence of children in the household.

The prevalence of obtaining a routine checkup does not seem to change based on pregnancy status.

Those in Lincoln county exhibit a very high prevalence of obtaining routine checkups, while those in Pennington, Meade, and Lawrence counties show a very low prevalence.

## Breast and Cervical Cancer Screening

## MAMMOGRAM

Definition: Female South Dakotans, ages 40-74, who have had a mammogram in the past two years.

## Prevalence of Mammogram

- South Dakota 79\%
- There is no nationwide median for mammograms

Figure 31
Percent of Female South Dakotans, Ages 40-74, Who Have Had a Mammogram in the Past Two Years, 2012, 2014, 2016, and 2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

| Table 26 <br> Female South Dakotans, Ages 40-74, Who Have Had a Mammogram in the Past Two <br> Years, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | - | - | - |
|  | Female | 77\% | 75.0\% | 78.7\% |
| Age | 18-29 | - | - | - |
|  | 30-39 | - | - | - |
|  | 40-49 | 67\% | 62.8\% | 71.6\% |
|  | 50-59 | 79\% | 75.5\% | 81.4\% |
|  | 60-69 | 82\% | 79.3\% | 84.9\% |
|  | 70-79 | 80\% | 75.4\% | 84.7\% |
|  | 80+ | - | - | - |
| Race/Ethnicity | White, Non-Hispanic | 78\% | 75.9\% | 79.6\% |
|  | American Indian, Non-Hispanic | 74\% | 67.2\% | 80.0\% |
|  | Hispanic | * | * | * |
| Household Income | Less than \$35,000 | 68\% | 63.6\% | 71.9\% |
|  | \$35,000-\$74,999 | 79\% | 75.5\% | 81.5\% |
|  | \$75,000+ | 84\% | 81.1\% | 87.0\% |
| Education | Less than High School, G.E.D. | 68\% | 57.1\% | 76.8\% |
|  | High School, G.E.D. | 75\% | 71.3\% | 79.1\% |
|  | Some Post-High School | 78\% | 74.5\% | 80.4\% |
|  | College Graduate | 79\% | 76.6\% | 82.0\% |
| Employment Status | Employed for Wages | 76\% | 73.3\% | 78.7\% |
|  | Self-employed | 77\% | 70.9\% | 81.8\% |
|  | Unemployed | 62\% | 48.8\% | 73.9\% |
|  | Homemaker | 75\% | 67.5\% | 82.0\% |
|  | Student | * | * | * |
|  | Retired | 83\% | 79.9\% | 86.3\% |
|  | Unable to Work | 69\% | 61.1\% | 75.8\% |
| Marital Status | Married/Unmarried Couple | 80\% | 78.2\% | 82.2\% |
|  | Divorced/Separated | 67\% | 62.0\% | 72.3\% |
|  | Widowed | 71\% | 62.4\% | 78.0\% |
|  | Never Married | 69\% | 60.1\% | 75.9\% |
| Home Ownership Status | Own Home | 79\% | 77.2\% | 80.9\% |
|  | Rent Home | 65\% | 58.6\% | 70.7\% |
| Children Status | Children in Household (Ages 18-44) | 63\% | 55.9\% | 70.0\% |
|  | No Children in Household (Ages 18-44) | 59\% | 45.9\% | 71.7\% |
| Phone Status | Landline | 78\% | 75.0\% | 80.3\% |
|  | Cell Phone | 76\% | 73.7\% | 78.6\% |
| Pregnancy Status | Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 63\% | 56.3\% | 68.7\% |
| County | Minnehaha | 78\% | 73.2\% | 82.1\% |
|  | Pennington | 72\% | 66.9\% | 76.3\% |
|  | Lincoln | 77\% | 68.3\% | 84.2\% |
|  | Brown | 87\% | 82.5\% | 90.6\% |
|  | Brookings | 78\% | 72.2\% | 82.9\% |
|  | Codington | 81\% | 74.3\% | 85.5\% |
|  | Meade | 66\% | 56.9\% | 73.6\% |
|  | Lawrence | 77\% | 72.2\% | 81.8\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Age | Mammogram screening generally increases as age increases and peaks in <br> the 60s. This includes a significant increase as the 50s are reached. |
| :--- | :--- |
| Race/Ethnicity | The prevalence of mammogram screening does not seem to differ based on <br> race/ethnicity. |
| Household <br> Income | Mammogram screening increases as household income increases. This <br> includes a significant increase as the $\$ 35,000-\$ 74,999$ income group is <br> reached. |
| Education | Mammogram screening increases as education levels increase. |
| Employment | Those who are retired demonstrate a very high prevalence of mammogram <br> screening, while those who are employed for wages, unemployed or unable to <br> work show a very low prevalence. |
| Marital | Those who are married exhibit a significantly higher prevalence of <br> mammogram screening than all other marital status groups. |
| Status | Those who own their home show a significantly higher prevalence of <br> mammogram screening than those who rent their home. |
| Home | The prevalence of mammogram screening does not seem to differ based on <br> the presence of children in the household. |
| Children | There seems to be no difference in mammogram screening regarding phone <br> status. |
| Phone Status | Brown and Codington counties exhibit a very high prevalence of mammogram <br> screening, while Minnehaha, Pennington, Meade, and Lawrence counties all <br> show a very low prevalence. |

## CERVICAL CANCER SCREENING

Definition: Female South Dakotans, ages 21 to 65 years old, who have met cervical cancer screening United States Preventive Services Task Force (USPSTF) recommendations.

## Prevalence of Cervical Cancer Screening

- South Dakota 77\%
- There is no nationwide median for cervical cancer screening recommendations

Figure 32
Percent of Female South Dakotans, Ages 21-65, Who Met Cervical Cancer Screening Recommendations, 2016-2018


[^3]| Table 27Female South Dakotans, Ages 21-65, Who Met Cervical Cancer Screening Recommendations,2016-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2016-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | - | - | - |
|  | Female | 80\% | 77.2\% | 83.0\% |
| Age | 18-29 | 68\% | 59.6\% | 75.3\% |
|  | 30-39 | 86\% | 79.9\% | 90.3\% |
|  | 40-49 | 85\% | 77.9\% | 89.8\% |
|  | 50-59 | 83\% | 78.9\% | 87.1\% |
|  | 60-69 | 82\% | 75.5\% | 86.5\% |
|  | 70-79 | - | - | - |
|  | 80+ | - | - | - |
| Race/ Ethnicity | White, Non-Hispanic | 82\% | 79.2\% | 84.9\% |
|  | American Indian, Non-Hispanic | 84\% | 76.5\% | 88.8\% |
|  | Hispanic | * | * | * |
| Household Income | Less than \$35,000 | 69\% | 61.2\% | 75.4\% |
|  | \$35,000-\$74,999 | 86\% | 80.6\% | 89.7\% |
|  | \$75,000+ | 90\% | 85.9\% | 92.8\% |
| Education | Less than High School, G.E.D. | 64\% | 46.3\% | 79.1\% |
|  | High School, G.E.D. | 70\% | 63.0\% | 76.9\% |
|  | Some Post-High School | 81\% | 75.2\% | 85.1\% |
|  | College Graduate | 89\% | 85.8\% | 91.5\% |
| Employment Status | Employed for Wages | 82\% | 78.3\% | 85.4\% |
|  | Self-employed | 86\% | 76.8\% | 92.0\% |
|  | Unemployed | 75\% | 52.5\% | 88.7\% |
|  | Homemaker | 86\% | 78.2\% | 91.0\% |
|  | Student | * | * | * |
|  | Retired | 78\% | 66.5\% | 86.5\% |
|  | Unable to Work | 69\% | 55.8\% | 79.3\% |
| Marital Status | Married/Unmarried Couple | 85\% | 81.3\% | 87.6\% |
|  | Divorced/Separated | 77\% | 67.5\% | 84.5\% |
|  | Widowed | 71\% | 45.9\% | 87.2\% |
|  | Never Married | 70\% | 61.7\% | 77.0\% |
| Home Ownership Status | Own Home | 85\% | 81.9\% | 87.5\% |
|  | Rent Home | 70\% | 62.6\% | 76.9\% |
| Children Status | Children in Household (Ages 18-44) | 87\% | 82.9\% | 90.3\% |
|  | No Children in Household (Ages 18-44) | 65\% | 56.2\% | 73.2\% |
| Phone Status | Landline | 79\% | 73.8\% | 83.7\% |
|  | Cell Phone | 81\% | 76.9\% | 83.9\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | 78\% | 73.8\% | 82.4\% |
| County | Minnehaha | 79\% | 71.6\% | 84.9\% |
|  | Pennington | 82\% | 74.2\% | 87.5\% |
|  | Lincoln | 83\% | 65.5\% | 93.1\% |
|  | Brown | 88\% | 76.9\% | 94.7\% |
|  | Brookings | 58\% | 37.8\% | 75.8\% |
|  | Codington | * | ${ }^{*}$ | * |
|  | Meade | 86\% | 66.7\% | 94.7\% |
|  | Lawrence | 77\% | 65.4\% | 85.3\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018
$\left.\left.\begin{array}{ll}\text { Age } & \begin{array}{l}\text { The prevalence of cervical cancer screening peaks in the 30s. After that, the } \\ \text { prevalence decreases as age increases. }\end{array} \\ \text { Race/Ethnicity }\end{array} \begin{array}{l}\text { There seems to be no racial/ethnic difference regarding cervical cancer } \\ \text { screening. }\end{array}\right\} \begin{array}{l}\text { Household } \\ \text { Income }\end{array} \begin{array}{l}\text { The prevalence of cervical cancer screening increases as household income } \\ \text { increases. This includes a significant increase as the \$35,000-\$74,999 } \\ \text { income group is reached. }\end{array}\right\}$

## Cardiovascular Disease

## PREVIOUSLY HAD A HEART ATTACK

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?"

## Prevalence of Previous Heart Attack

- South Dakota 5\%
- Nationwide median $5 \%$

Figure 33
Percentage of South Dakotans Who Previously Had a Heart Attack, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 28 <br> South Dakotans Who Previously Had a Heart Attack, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.9\% | 7.1\% |
|  | Female | 3\% | 2.9\% | 3.7\% |
| Age | 18-29 | 1\% | 0.5\% | 1.6\% |
|  | 30-39 | 1\% | 0.5\% | 1.6\% |
|  | 40-49 | 2\% | 1.7\% | 3.2\% |
|  | 50-59 | 4\% | 3.6\% | 5.3\% |
|  | 60-69 | 8\% | 7.5\% | 9.6\% |
|  | 70-79 | 14\% | 12.3\% | 16.0\% |
|  | 80+ | 15\% | 12.9\% | 17.1\% |
| Race/ Ethnicity | White, Non-Hispanic | 5\% | 4.5\% | 5.3\% |
|  | American Indian, Non-Hispanic | 6\% | 5.1\% | 7.7\% |
|  | Hispanic | 5\% | 2.3\% | 9.5\% |
| Household Income | Less than \$35,000 | 7\% | 6.5\% | 8.1\% |
|  | \$35,000-\$74,999 | 5\% | 3.9\% | 5.2\% |
|  | \$75,000+ | 2\% | 1.9\% | 2.9\% |
| Education | Less than High School, G.E.D. | 8\% | 6.4\% | 9.7\% |
|  | High School, G.E.D. | 6\% | 5.6\% | 7.2\% |
|  | Some Post-High School | 4\% | 3.5\% | 4.6\% |
|  | College Graduate | 3\% | 2.5\% | 3.4\% |
| Employment Status | Employed for Wages | 2\% | 2.0\% | 2.7\% |
|  | Self-employed | 3\% | 2.7\% | 4.2\% |
|  | Unemployed | 4\% | 2.6\% | 6.6\% |
|  | Homemaker | 4\% | 2.1\% | 6.2\% |
|  | Student | 0.3\% | 0.1\% | 1.2\% |
|  | Retired | 13\% | 11.6\% | 14.0\% |
|  | Unable to Work | 13\% | 10.9\% | 16.0\% |
| Marital Status | Married/Unmarried Couple | 5\% | 4.3\% | 5.3\% |
|  | Divorced/Separated | 6\% | 5.4\% | 7.7\% |
|  | Widowed | 12\% | 10.6\% | 14.3\% |
|  | Never Married | 2\% | 1.5\% | 2.4\% |
| Home Ownership Status | Own Home | 5\% | 4.7\% | 5.6\% |
|  | Rent Home | 4\% | 3.8\% | 5.2\% |
| Children Status | Children in Household (Ages 18-44) | 1\% | 0.8\% | 1.9\% |
|  | No Children in Household (Ages 18-44) | 1\% | 0.5\% | 1.2\% |
| Phone Status | Landline | 7\% | 6.2\% | 7.5\% |
|  | Cell Phone | 4\% | 3.5\% | 4.4\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 0\% | 0.0\% | 1.4\% |
|  | Not Pregnant (Ages 18-44) | 1\% | 0.5\% | 1.5\% |
| County | Minnehaha | 4\% | 3.6\% | 5.3\% |
|  | Pennington | 5\% | 4.3\% | 6.2\% |
|  | Lincoln | 3\% | 2.2\% | 4.1\% |
|  | Brown | 5\% | 3.8\% | 5.8\% |
|  | Brookings | 4\% | 2.7\% | 5.2\% |
|  | Codington | 7\% | 5.5\% | 8.1\% |
|  | Meade | 5\% | 3.3\% | 6.4\% |
|  | Lawrence | 5\% | 3.7\% | 6.0\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

Gender Males exhibit a significantly higher prevalence of a previous heart attack than females.

Age The prevalence of a previous heart attack increases as age increases with significant increases as the $40 \mathrm{~s}, 50 \mathrm{~s}, 60$ s, and 70 s are reached.

Race/Ethnicity There are no significant racial/ethnicity differences regarding a previous heart attack.

## Household Income

## Education

Marital
Status
Home
Ownership
Children
Status
Phone Status Those who primarily use a landline phone show a significantly higher prevalence of a previous heart attack than those who primarily use a cell phone.

Pregnancy
Status
County Codington county demonstrates a very high prevalence of a previous heart attack, while Minnehaha, Lincoln, and Brookings counties show a very low prevalence.

## ANGINA OR CORONARY HEART DISEASE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have angina or coronary heart disease?"

## Prevalence of Angina or Coronary Heart Disease

- South Dakota 4\%
- Nationwide median 4\%

Figure 34
Percentage of South Dakotans Who Have Angina or Coronary Heart Disease, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018


Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

Gender Males exhibit a significantly higher prevalence of heart disease than females.
Age The prevalence of heart disease generally increases as age increases with significant increases as the $40 \mathrm{~s}, 50 \mathrm{~s}, 60 \mathrm{~s}$, and 70 s are reached.

Race/Ethnicity There are no significant racial/ethnic differences regarding heart disease.

| Household | The prevalence of heart disease decreases as household income increases. <br> Income |
| :--- | :--- |
| This includes significant decreases as the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ <br> household income levels are reached. |  |
| Education | The prevalence of heart disease decreases as education increases. This <br> includes a significant decrease as the some post-high school level is reached. |

Employment Those who are retired demonstrate a very high prevalence of heart disease, while those who are students show a very low prevalence.

Marital Those who are widowed exhibit a very high prevalence of heart disease, while Status

Home Those who own their home demonstrate a significantly higher prevalence of Ownership

Children The prevalence of heart disease among adults does not seem to change Status

Phone Status Those who primarily use a landline phone show a significantly higher prevalence of heart disease than those who primarily use a cell phone.

Pregnancy The prevalence of heart disease does not seem to change based on Status

County Pennington, Brown, and Codington counties demonstrate a very high prevalence of heart disease, while Lincoln and Brookings counties show a very low prevalence.

## PREVIOUSLY HAD A STROKE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a stroke?"

## Prevalence of Previous Stroke

- South Dakota 3\%
- Nationwide median 3\%

Figure 35
Percentage of South Dakotans Who Have Previously Had a Stroke, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 30 <br> South Dakotans Who Previously Had a Stroke, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 3\% | 2.4\% | 3.2\% |
|  | Female | 2\% | 2.2\% | 2.8\% |
| Age | 18-29 | 0.4\% | 0.2\% | 0.9\% |
|  | 30-39 | 1\% | 0.5\% | 1.5\% |
|  | 40-49 | 1\% | 0.7\% | 1.9\% |
|  | 50-59 | 2\% | 1.8\% | 2.9\% |
|  | 60-69 | 4\% | 3.3\% | 4.6\% |
|  | 70-79 | 7\% | 5.9\% | 8.5\% |
|  | 80+ | 10\% | 8.6\% | 12.4\% |
| Race/ Ethnicity | White, Non-Hispanic | 3\% | 2.4\% | 2.9\% |
|  | American Indian, Non-Hispanic | 3\% | 2.7\% | 4.4\% |
|  | Hispanic | 3\% | 1.2\% | 8.3\% |
| Household Income | Less than \$35,000 | 4\% | 3.8\% | 5.1\% |
|  | \$35,000-\$74,999 | 2\% | 1.3\% | 2.0\% |
|  | \$75,000+ | 1\% | 0.9\% | 1.4\% |
| Education | Less than High School, G.E.D. | 5\% | 3.9\% | 6.8\% |
|  | High School, G.E.D. | 3\% | 2.5\% | 3.4\% |
|  | Some Post-High School | 2\% | 2.0\% | 2.7\% |
|  | College Graduate | 2\% | 1.4\% | 2.0\% |
| Employment Status | Employed for Wages | 1\% | 0.7\% | 1.2\% |
|  | Self-employed | 1\% | 0.9\% | 1.7\% |
|  | Unemployed | 2\% | 1.1\% | 2.6\% |
|  | Homemaker | 3\% | 1.8\% | 5.0\% |
|  | Student | 0.3\% | 0.1\% | 1.4\% |
|  | Retired | 7\% | 6.3\% | 8.0\% |
|  | Unable to Work | 11\% | 8.5\% | 13.0\% |
| Marital Status | Married/Unmarried Couple | 2\% | 2.0\% | 2.7\% |
|  | Divorced/Separated | 4\% | 3.0\% | 4.7\% |
|  | Widowed | 8\% | 7.0\% | 10.0\% |
|  | Never Married | 1\% | 0.8\% | 1.4\% |
| Home Ownership Status | Own Home | 3\% | 2.3\% | 2.9\% |
|  | Rent Home | 3\% | 2.4\% | 3.3\% |
| Children Status | Children in Household (Ages 18-44) | 1\% | 0.5\% | 1.4\% |
|  | No Children in Household (Ages 18-44) | 1\% | 0.4\% | 0.9\% |
| Phone Status | Landline | 4\% | 3.6\% | 4.6\% |
|  | Cell Phone | 2\% | 1.6\% | 2.2\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 0.1\% | 0.0\% | 0.4\% |
|  | Not Pregnant (Ages 18-44) | 1\% | 0.4\% | 1.1\% |
| County | Minnehaha | 2\% | 1.4\% | 2.6\% |
|  | Pennington | 3\% | 2.1\% | 3.2\% |
|  | Lincoln | 2\% | 1.5\% | 2.9\% |
|  | Brown | 3\% | 2.5\% | 4.3\% |
|  | Brookings | 2\% | 1.6\% | 3.2\% |
|  | Codington | 3\% | 2.3\% | 4.2\% |
|  | Meade | 3\% | 2.1\% | 4.0\% |
|  | Lawrence | 2\% | 1.8\% | 3.3\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | There seems to be no significant gender difference regarding the prevalence <br> of a previous stroke. |
| :--- | :--- |
| Age | The prevalence of a previous stroke increases as age increases with <br> significant increases as the 60s, 70s, and 80s are reached. |
| Race/Ethnicity | There seems to be no significant racial/ethnic differences regarding the <br> prevalence of a previous stroke. |
| Household | The prevalence of a previous stroke decreases as household income <br> increases. This includes a significant decrease as the \$35,000-\$74,999 <br> household income level is reached. |
| Income | The prevalence of a previous stroke decreases as education increases. This <br> includes a significant decrease as the high school graduate level is reached. |
| Education | Those who are unable to work demonstrate a very high prevalence of a <br> previous stroke, while those who are employed for wages, self-employed, <br> unemployed, or a student show a very low prevalence. |
| Employment |  |
| Marital | Those who are widowed exhibit a very high prevalence of a previous stroke <br> while those who have never been married show a very low prevalence. |
| Status | The prevalence of a previous stroke does not seem to change based on home <br> ownership status. |
| Home | The prevalence of a previous stroke among adults does not seem to change <br> based on the presence of children in the household. |
| Children | Those who primarily use a landline phone show a significantly higher <br> prevalence of a previous stroke than those who primarily use a cell phone. |
| Phone Status | The prevalence of a previous stroke does not seem to change based on <br> pregnancy status. |
| There are no significant differences among the eight counties regarding the |  |
| prevalence of a previous stroke. |  |

## Colorectal Cancer Screening

## MET COLORECTAL CANCER SCREENING RECOMMENDATIONS

Definition: South Dakotans, ages 50 to 75, that met colorectal cancer screening United States Preventive Services Task Force (USPSTF) recommendations.

## Prevalence of Meeting Colorectal Cancer Screening Recommendations

- South Dakota 69\%
- Nationwide median 70\%

Figure 36
South Dakotans, Ages 50 to 75, Who Met Colorectal Cancer Screening Recommendations, 2012-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018


| Table 31 (continued) <br> South Dakotans, Ages 50 to 75, Who Met Colorectal Cancer Screening Recommendations, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Employment Status | Employed for Wages | 64\% | 61.3\% | 66.7\% |
|  | Self-employed | 60\% | 55.0\% | 64.0\% |
|  | Unemployed | 54\% | 42.7\% | 65.4\% |
|  | Homemaker | 63\% | 52.8\% | 72.1\% |
|  | Student | * | * | * |
|  | Retired | 78\% | 74.8\% | 80.3\% |
|  | Unable to Work | 68\% | 61.1\% | 73.4\% |
| Marital Status | Married/Unmarried Couple | 70\% | 68.3\% | 72.3\% |
|  | Divorced/Separated | 60\% | 55.2\% | 64.0\% |
|  | Widowed | 69\% | 61.9\% | 74.8\% |
|  | Never Married | 53\% | 46.9\% | 59.9\% |
| Home Ownership Status | Own Home | 69\% | 67.1\% | 70.7\% |
|  | Rent Home | 56\% | 50.7\% | 61.2\% |
| Children Status | Children in Household (Ages 18-44) | - | - | - |
|  | No Children in Household (Ages 18-44) | - | - | - |
| Phone Status | Landline | 70\% | 67.1\% | 71.9\% |
|  | Cell Phone | 65\% | 63.0\% | 67.8\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | - | - | - |
| County | Minnehaha | 72\% | 67.5\% | 76.0\% |
|  | Pennington | 69\% | 64.9\% | 73.0\% |
|  | Lincoln | 72\% | 65.2\% | 77.8\% |
|  | Brown | 73\% | 68.7\% | 77.7\% |
|  | Brookings | 73\% | 68.1\% | 77.2\% |
|  | Codington | 72\% | 67.4\% | 76.7\% |
|  | Meade | 64\% | 55.9\% | 70.5\% |
|  | Lawrence | 63\% | 58.7\% | 67.8\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

## Gender

Age

Race/Ethnicity

Household Income

## Education

Employment Those who are retired demonstrate a significantly higher prevalence of meeting colorectal cancer screening recommendations than all other types of employment.

Marital Those who are married or widowed exhibit a very high prevalence of meeting Status

Home Those who own their home demonstrate a significantly higher prevalence of colorectal cancer screening recommendations, while those who have never been married or divorced show a very low prevalence.

## Ownership

Phone Status There seems to be no difference in meeting colorectal cancer screening recommendations regarding phone status.

County Brown and Brookings counties exhibit a very high prevalence of meeting colorectal cancer screening recommendations, while Lawrence county shows a very low prevalence.

Figure 37, below, displays the percent of South Dakotans who had a sigmoidoscopy or colonoscopy for their most recent colorectal exam. In each year, the majority of South Dakotans who had a colorectal exam said that it was a colonoscopy test.

Figure 37
Percent of South Dakotans Who Had a Sigmoidoscopy or Colonoscopy for Their Most Recent Colorectal Exam, 2012, 2014, 2016, and 2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

Table 32, below, shows the percent of South Dakotans, ages 50-75, who met colorectal cancer screening recommendations and which type of screening test they had. In 2018, 69 percent of South Dakotans met the colorectal cancer screening recommendations while 31 percent did not. In each of the four years, most South Dakotans had a colonoscopy exam within the past 10 years.

| Table 32 <br> South Dakotans, Ages 50 to 75, Who Met Colorectal Cancer Screening Recommendations, 2012, 2014, 2016, and 2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Year |  |  |  |
|  | 2012 | 2014 | 2016 | 2018 |
| Met Recommendation | 62\% | 67\% | 66\% | 69\% |
| Blood Stool Test Within the Past Year | 3\% | 3\% | 2\% | 2\% |
| Colonoscopy Within the Past 10 Years | 54\% | 59\% | 58\% | 63\% |
| Blood Stool Test Within Past Year and Colonoscopy Within Past 10 Years | 6\% | 5\% | 5\% | 4\% |
| Blood Stool Test Within Past 3 years and Sigmoidoscopy Within Past 5 Years | 0.52\% | 0.30\% | 0.02\% | 0.26\% |
| Did Not Meet Screening Recommendations | 38\% | 33\% | 34\% | 31\% |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

Figure 38, below, shows the percent of South Dakotans, ages 50-75, who report that a doctor, nurse, or other health professional recommended that they be tested for colorectal or colon cancer. In 2018, 27 percent of South Dakotans stated a health professional recommended a colorectal or colon cancer test.

Figure 38
Percent of South Dakotans, Ages 50-75, Recommended by a Doctor, Nurse, or Other Health Professional to be Tested for Colorectal or Colon Cancer, 2014, 2016, and 2018


[^4]Table 33, below, shows the percent of South Dakotans, ages 50-75, who met colorectal cancer screening recommendations and whether a health professional had recommended they be screened. In 2016 and 2018, 73 percent of South Dakotans had met the colorectal cancer screening recommendations after a health professional recommended a colorectal or colon cancer test.

Table 33
South Dakotans, Ages 50-75, and Whether They Had Met the Colorectal Cancer Screening Recommendations, 2014-2018

|  |  | Met <br> Recommendation |
| :--- | :--- | :---: |
| $\mathbf{2 0 1 6}$ \& 2018 | Recommended | $73 \%$ |
|  | Never Recommended | $65 \%$ |
| $\mathbf{2 0 1 4}$ \& 2016 | Recommended | $75 \%$ |
|  | Never Recommended | $61 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Cardiovascular Disease

## PREVIOUSLY HAD A HEART ATTACK

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?"

## Prevalence of Previous Heart Attack

- South Dakota 5\%
- Nationwide median $5 \%$

Figure 33
Percentage of South Dakotans Who Previously Had a Heart Attack, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 28 <br> South Dakotans Who Previously Had a Heart Attack, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.9\% | 7.1\% |
|  | Female | 3\% | 2.9\% | 3.7\% |
| Age | 18-29 | 1\% | 0.5\% | 1.6\% |
|  | 30-39 | 1\% | 0.5\% | 1.6\% |
|  | 40-49 | 2\% | 1.7\% | 3.2\% |
|  | 50-59 | 4\% | 3.6\% | 5.3\% |
|  | 60-69 | 8\% | 7.5\% | 9.6\% |
|  | 70-79 | 14\% | 12.3\% | 16.0\% |
|  | 80+ | 15\% | 12.9\% | 17.1\% |
| Race/ Ethnicity | White, Non-Hispanic | 5\% | 4.5\% | 5.3\% |
|  | American Indian, Non-Hispanic | 6\% | 5.1\% | 7.7\% |
|  | Hispanic | 5\% | 2.3\% | 9.5\% |
| Household Income | Less than \$35,000 | 7\% | 6.5\% | 8.1\% |
|  | \$35,000-\$74,999 | 5\% | 3.9\% | 5.2\% |
|  | \$75,000+ | 2\% | 1.9\% | 2.9\% |
| Education | Less than High School, G.E.D. | 8\% | 6.4\% | 9.7\% |
|  | High School, G.E.D. | 6\% | 5.6\% | 7.2\% |
|  | Some Post-High School | 4\% | 3.5\% | 4.6\% |
|  | College Graduate | 3\% | 2.5\% | 3.4\% |
| Employment Status | Employed for Wages | 2\% | 2.0\% | 2.7\% |
|  | Self-employed | 3\% | 2.7\% | 4.2\% |
|  | Unemployed | 4\% | 2.6\% | 6.6\% |
|  | Homemaker | 4\% | 2.1\% | 6.2\% |
|  | Student | 0.3\% | 0.1\% | 1.2\% |
|  | Retired | 13\% | 11.6\% | 14.0\% |
|  | Unable to Work | 13\% | 10.9\% | 16.0\% |
| Marital Status | Married/Unmarried Couple | 5\% | 4.3\% | 5.3\% |
|  | Divorced/Separated | 6\% | 5.4\% | 7.7\% |
|  | Widowed | 12\% | 10.6\% | 14.3\% |
|  | Never Married | 2\% | 1.5\% | 2.4\% |
| Home Ownership Status | Own Home | 5\% | 4.7\% | 5.6\% |
|  | Rent Home | 4\% | 3.8\% | 5.2\% |
| Children Status | Children in Household (Ages 18-44) | 1\% | 0.8\% | 1.9\% |
|  | No Children in Household (Ages 18-44) | 1\% | 0.5\% | 1.2\% |
| Phone Status | Landline | 7\% | 6.2\% | 7.5\% |
|  | Cell Phone | 4\% | 3.5\% | 4.4\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 0\% | 0.0\% | 1.4\% |
|  | Not Pregnant (Ages 18-44) | 1\% | 0.5\% | 1.5\% |
| County | Minnehaha | 4\% | 3.6\% | 5.3\% |
|  | Pennington | 5\% | 4.3\% | 6.2\% |
|  | Lincoln | 3\% | 2.2\% | 4.1\% |
|  | Brown | 5\% | 3.8\% | 5.8\% |
|  | Brookings | 4\% | 2.7\% | 5.2\% |
|  | Codington | 7\% | 5.5\% | 8.1\% |
|  | Meade | 5\% | 3.3\% | 6.4\% |
|  | Lawrence | 5\% | 3.7\% | 6.0\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

Gender Males exhibit a significantly higher prevalence of a previous heart attack than females.

Age The prevalence of a previous heart attack increases as age increases with significant increases as the $40 \mathrm{~s}, 50 \mathrm{~s}, 60$ s, and 70 s are reached.

Race/Ethnicity There are no significant racial/ethnicity differences regarding a previous heart attack.

## Household Income

## Education

Marital
Status
Home
Ownership
Children
Status
Phone Status Those who primarily use a landline phone show a significantly higher prevalence of a previous heart attack than those who primarily use a cell phone.

Pregnancy
Status
County Codington county demonstrates a very high prevalence of a previous heart attack, while Minnehaha, Lincoln, and Brookings counties show a very low prevalence.

## ANGINA OR CORONARY HEART DISEASE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have angina or coronary heart disease?"

## Prevalence of Angina or Coronary Heart Disease

- South Dakota 4\%
- Nationwide median 4\%

Figure 34
Percentage of South Dakotans Who Have Angina or Coronary Heart Disease, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018


Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

Gender Males exhibit a significantly higher prevalence of heart disease than females.
Age The prevalence of heart disease generally increases as age increases with significant increases as the $40 \mathrm{~s}, 50 \mathrm{~s}, 60 \mathrm{~s}$, and 70 s are reached.

Race/Ethnicity There are no significant racial/ethnic differences regarding heart disease.

| Household | The prevalence of heart disease decreases as household income increases. <br> Income |
| :--- | :--- |
| This includes significant decreases as the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ <br> household income levels are reached. |  |
| Education | The prevalence of heart disease decreases as education increases. This <br> includes a significant decrease as the some post-high school level is reached. |

Employment Those who are retired demonstrate a very high prevalence of heart disease, while those who are students show a very low prevalence.

Marital Those who are widowed exhibit a very high prevalence of heart disease, while Status

Home Those who own their home demonstrate a significantly higher prevalence of Ownership

Children The prevalence of heart disease among adults does not seem to change Status

Phone Status Those who primarily use a landline phone show a significantly higher prevalence of heart disease than those who primarily use a cell phone.

Pregnancy The prevalence of heart disease does not seem to change based on Status

County Pennington, Brown, and Codington counties demonstrate a very high prevalence of heart disease, while Lincoln and Brookings counties show a very low prevalence.

## PREVIOUSLY HAD A STROKE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a stroke?"

## Prevalence of Previous Stroke

- South Dakota 3\%
- Nationwide median 3\%

Figure 35
Percentage of South Dakotans Who Have Previously Had a Stroke, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 30 <br> South Dakotans Who Previously Had a Stroke, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 3\% | 2.4\% | 3.2\% |
|  | Female | 2\% | 2.2\% | 2.8\% |
| Age | 18-29 | 0.4\% | 0.2\% | 0.9\% |
|  | 30-39 | 1\% | 0.5\% | 1.5\% |
|  | 40-49 | 1\% | 0.7\% | 1.9\% |
|  | 50-59 | 2\% | 1.8\% | 2.9\% |
|  | 60-69 | 4\% | 3.3\% | 4.6\% |
|  | 70-79 | 7\% | 5.9\% | 8.5\% |
|  | 80+ | 10\% | 8.6\% | 12.4\% |
| Race/ Ethnicity | White, Non-Hispanic | 3\% | 2.4\% | 2.9\% |
|  | American Indian, Non-Hispanic | 3\% | 2.7\% | 4.4\% |
|  | Hispanic | 3\% | 1.2\% | 8.3\% |
| Household Income | Less than \$35,000 | 4\% | 3.8\% | 5.1\% |
|  | \$35,000-\$74,999 | 2\% | 1.3\% | 2.0\% |
|  | \$75,000+ | 1\% | 0.9\% | 1.4\% |
| Education | Less than High School, G.E.D. | 5\% | 3.9\% | 6.8\% |
|  | High School, G.E.D. | 3\% | 2.5\% | 3.4\% |
|  | Some Post-High School | 2\% | 2.0\% | 2.7\% |
|  | College Graduate | 2\% | 1.4\% | 2.0\% |
| Employment Status | Employed for Wages | 1\% | 0.7\% | 1.2\% |
|  | Self-employed | 1\% | 0.9\% | 1.7\% |
|  | Unemployed | 2\% | 1.1\% | 2.6\% |
|  | Homemaker | 3\% | 1.8\% | 5.0\% |
|  | Student | 0.3\% | 0.1\% | 1.4\% |
|  | Retired | 7\% | 6.3\% | 8.0\% |
|  | Unable to Work | 11\% | 8.5\% | 13.0\% |
| Marital Status | Married/Unmarried Couple | 2\% | 2.0\% | 2.7\% |
|  | Divorced/Separated | 4\% | 3.0\% | 4.7\% |
|  | Widowed | 8\% | 7.0\% | 10.0\% |
|  | Never Married | 1\% | 0.8\% | 1.4\% |
| Home Ownership Status | Own Home | 3\% | 2.3\% | 2.9\% |
|  | Rent Home | 3\% | 2.4\% | 3.3\% |
| Children Status | Children in Household (Ages 18-44) | 1\% | 0.5\% | 1.4\% |
|  | No Children in Household (Ages 18-44) | 1\% | 0.4\% | 0.9\% |
| Phone Status | Landline | 4\% | 3.6\% | 4.6\% |
|  | Cell Phone | 2\% | 1.6\% | 2.2\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 0.1\% | 0.0\% | 0.4\% |
|  | Not Pregnant (Ages 18-44) | 1\% | 0.4\% | 1.1\% |
| County | Minnehaha | 2\% | 1.4\% | 2.6\% |
|  | Pennington | 3\% | 2.1\% | 3.2\% |
|  | Lincoln | 2\% | 1.5\% | 2.9\% |
|  | Brown | 3\% | 2.5\% | 4.3\% |
|  | Brookings | 2\% | 1.6\% | 3.2\% |
|  | Codington | 3\% | 2.3\% | 4.2\% |
|  | Meade | 3\% | 2.1\% | 4.0\% |
|  | Lawrence | 2\% | 1.8\% | 3.3\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | There seems to be no significant gender difference regarding the prevalence <br> of a previous stroke. |
| :--- | :--- |
| Age | The prevalence of a previous stroke increases as age increases with <br> significant increases as the 60s, 70s, and 80s are reached. |
| Race/Ethnicity | There seems to be no significant racial/ethnic differences regarding the <br> prevalence of a previous stroke. |
| Household | The prevalence of a previous stroke decreases as household income <br> increases. This includes a significant decrease as the \$35,000-\$74,999 <br> household income level is reached. |
| Income | The prevalence of a previous stroke decreases as education increases. This <br> includes a significant decrease as the high school graduate level is reached. |
| Education | Those who are unable to work demonstrate a very high prevalence of a <br> previous stroke, while those who are employed for wages, self-employed, <br> unemployed, or a student show a very low prevalence. |
| Employment |  |
| Marital | Those who are widowed exhibit a very high prevalence of a previous stroke <br> while those who have never been married show a very low prevalence. |
| Status | The prevalence of a previous stroke does not seem to change based on home <br> ownership status. |
| Home | The prevalence of a previous stroke among adults does not seem to change <br> based on the presence of children in the household. |
| Children | Those who primarily use a landline phone show a significantly higher <br> prevalence of a previous stroke than those who primarily use a cell phone. |
| Phone Status | The prevalence of a previous stroke does not seem to change based on <br> pregnancy status. |
| There are no significant differences among the eight counties regarding the |  |
| prevalence of a previous stroke. |  |

## Cancer

## CANCER

Definition: South Dakotans who reported they had ever been diagnosed with cancer (excluding skin cancer).

## Prevalence of Cancer

- South Dakota 8\%
- Nationwide median 7\%

Figure 38
Percentage of South Dakotans Who Have Ever Been


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 34South Dakotans Who Have Ever Been Diagnosed With Cancer (Excluding Skin Cancer)2014-20182014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.5\% | 6.7\% |
|  | Female | 8\% | 7.8\% | 9.0\% |
| Age | 18-29 | 1\% | 0.5\% | 1.7\% |
|  | 30-39 | 2\% | 1.7\% | 3.2\% |
|  | 40-49 | 3\% | 2.5\% | 4.4\% |
|  | 50-59 | 7\% | 5.6\% | 7.7\% |
|  | 60-69 | 12\% | 11.3\% | 13.8\% |
|  | 70-79 | 19\% | 17.7\% | 21.4\% |
|  | 80+ | 23\% | 20.1\% | 25.9\% |
| Race/Ethnicity | White, Non-Hispanic | 8\% | 7.2\% | 8.1\% |
|  | American Indian, Non-Hispanic | 5\% | 3.7\% | 6.7\% |
|  | Hispanic | 3\% | 1.1\% | 6.7\% |
| Household Income | Less than \$ 35,000 | 8\% | 7.5\% | 9.4\% |
|  | \$35,000-\$74,999 | 7\% | 6.4\% | 8.0\% |
|  | \$75,000+ | 6\% | 5.2\% | 6.7\% |
| Education | Less than High School, G.E.D. | 8\% | 6.1\% | 10.0\% |
|  | High School, G.E.D. | 8\% | 7.0\% | 8.6\% |
|  | Some Post-High School | 7\% | 6.2\% | 7.7\% |
|  | College Graduate | 7\% | 6.0\% | 7.3\% |
| Employment Status | Employed for Wages | 4\% | 3.6\% | 4.7\% |
|  | Self-employed | 5\% | 3.7\% | 5.6\% |
|  | Unemployed | 5\% | 3.0\% | 7.0\% |
|  | Homemaker | 7\% | 5.2\% | 9.3\% |
|  | Student | 0.2\% | 0.1\% | 0.6\% |
|  | Retired | 18\% | 17.1\% | 19.7\% |
|  | Unable to Work | 16\% | 12.5\% | 19.1\% |
| Marital Status | Married/Unmarried Couple | 8\% | 7.2\% | 8.3\% |
|  | Divorced/Separated | 8\% | 7.0\% | 9.7\% |
|  | Widowed | 17\% | 15.0\% | 18.9\% |
|  | Never Married | 2\% | 1.9\% | 3.2\% |
| Home Ownership Status | Own Home | 8\% | 7.8\% | 8.9\% |
|  | Rent Home | 5\% | 4.1\% | 5.7\% |
| Children Status | Children in Household (Ages 18-44) | 2\% | 1.6\% | 2.9\% |
|  | No Children in Household (Ages 18-44) | 1\% | 0.9\% | 2.0\% |
| Phone Status | Landline | 11\% | 10.1\% | 11.8\% |
|  | Cell Phone | 5\% | 4.9\% | 5.9\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 1\% | 0.3\% | 2.7\% |
|  | Not Pregnant (Ages 18-44) | 3\% | 2.1\% | 3.7\% |
| County | Minnehaha | 7\% | 5.9\% | 8.1\% |
|  | Pennington | 7\% | 6.5\% | 8.4\% |
|  | Lincoln | 7\% | 5.9\% | 9.0\% |
|  | Brown | 7\% | 5.9\% | 8.3\% |
|  | Brookings | 5\% | 3.7\% | 5.6\% |
|  | Codington | 8\% | 6.5\% | 9.5\% |
|  | Meade | 6\% | 5.0\% | 7.7\% |
|  | Lawrence | 7\% | 6.0\% | 8.5\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

## Gender Females exhibit a significantly higher prevalence of cancer than males.

Age The prevalence of cancer increases as age increases. This includes significant increases as the 50 s , 60 s , and 70 s are reached.

Race/Ethnicity Whites demonstrate a significantly higher prevalence of cancer than American Indians and Hispanics.

Household The prevalence of cancer decreases as household income increases. Income

Education The prevalence of cancer does not seem to differ as education levels change.
Employment Those who are retired or unable to work demonstrate a very high prevalence of cancer, while those who are students show a very low prevalence.

Marital
Status
Home Those who own their home demonstrate a significantly higher prevalence of
Ownership
Children
Status
Those who are widowed exhibit a very high prevalence of cancer, while those who have never been married show a very low prevalence. cancer than those who rent their home.

The prevalence of cancer among adults does not seem to differ based on the presence of children in the household.

Phone Status Those who primarily use a landline phone exhibit a significantly higher prevalence of cancer than those who primarily use a cell phone.

Pregnancy The prevalence of cancer does not seem to differ based on pregnancy status.
Status
County Minnehaha, Pennington, Lincoln, Brown, Codington, and Lawrence counties exhibit a very high prevalence of cancer, while Brookings county shows a very low prevalence.

Table 35, below, shows that in 2017-2018, most respondents diagnosed with cancer have had just one type of cancer while 17 percent have had two or more types of cancer. Four percent of respondents have had three or more types of cancer.

| Table 35 |  |  |  |
| :---: | :---: | :---: | :---: |
| Number of Cancers that South Dakotans Have Had, 2015-2018 |  |  |  |
| Year | One Type of Cancer | Two Types of Cancer | Three or More Types <br> of Cancer |
| $2017-2018$ | $80 \%$ | $17 \%$ | $4 \%$ |
| $2016-2017$ | $83 \%$ | $15 \%$ | $2 \%$ |
| $2015-2016$ | $84 \%$ | $14 \%$ | $2 \%$ |

[^5]Table 36, below, shows the type of cancer that South Dakotans had. The most common type of cancer for South Dakotans in 2017-2018 was skin cancer other than melanoma at 23 percent followed by breast cancer at 14 percent.

| Table 36 |  |  |  |
| :--- | :---: | :---: | :---: |
| Type of Cancer South Dakotans Have Been Diagnosed With, 2015-2018 |  |  |  |
| Cancer Type | $\mathbf{2 0 1 5 - 2 0 1 6}$ | $\mathbf{2 0 1 6 - 2 0 1 7}$ | $\mathbf{2 0 1 7 - 2 0 1 8}$ |
| Skin cancer other than melanoma | $30 \%$ | $27 \%$ | $23 \%$ |
| Breast | $14 \%$ | $13 \%$ | $14 \%$ |
| Melanoma | $16 \%$ | $14 \%$ | $13 \%$ |
| Prostate | $9 \%$ | $11 \%$ | $12 \%$ |
| Cervical | $5 \%$ | $4 \%$ | $4 \%$ |
| Bladder | $2 \%$ | $4 \%$ | $4 \%$ |
| Colon (intestine) | $4 \%$ | $3 \%$ | $4 \%$ |
| Thyroid | $2 \%$ | $2 \%$ | $3 \%$ |
| Renal (kidney) | $3 \%$ | $2 \%$ | $2 \%$ |
| Endometrial | $2 \%$ | $2 \%$ | $2 \%$ |
| Ovarian | $2 \%$ | $2 \%$ | $2 \%$ |
| Non-Hodgkin's Lymphoma | $2 \%$ | $1 \%$ | $1 \%$ |
| Lung | $2 \%$ | $1 \%$ | $1 \%$ |
| Other | $7 \%$ | $12 \%$ | $16 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2015-2018
Table 37, below, shows the percent of respondents with cancer and if they were currently seeking cancer treatments. Most respondents, 71 percent, stated they have completed cancer treatments, while 16 percent of respondents answered they were currently receiving cancer treatments. Two percent said that they had refused cancer treatments.

| Table 37 |  |
| :--- | :---: |
| South Dakotans' Treatment for Cancer, 2018 |  |
| Current Treatment for Cancer | $\%$ |
| Yes | $16 \%$ |
| No, l've completed treatment | $71 \%$ |
| No, l've refused treatment | $2 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018
Table 38, below, shows the type of doctor that provides the majority of health care to South Dakotans with cancer. Most respondents, 51 percent, stated they see a family practitioner for their health care. Twenty-seven percent stated they see a general practitioner, internist for the majority of their health care.

| Table 38 <br> Type of Doctor Providing a Majority of Health Care for <br> South Dakotans With Cancer, 2016-2018 |  |
| :--- | :---: |
| Physicians' Specialty | $\%$ |
| Family Practitioner | $51 \%$ |
| General Practitioner, Internist | $27 \%$ |
| General Surgeon | $3 \%$ |
| Medical Oncologist | $3 \%$ |
| Gynecologic Oncologist | $2 \%$ |
| Cancer Surgeon | $2 \%$ |
| Other | $13 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

Figure 39, below, shows that of the respondents who said they had cancer, 46 percent received a written summary given to them by a doctor, nurse, or other health professional of all the cancer treatments they received.

Figure 39
South Dakotans Who Received a Written Summary of All Cancer Treatments, 2016-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

Figure 40, below, shows that of the South Dakotans who said they had cancer, 75 percent received instructions from a doctor, nurse, or other health professional about where they should return or who they should see for routine cancer check-ups after completing cancer treatments.

Figure 40
South Dakotans Who Received Instructions for Routine Cancer Check-ups, 2016-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

Figure 41, below, shows that of the South Dakotans who received instructions from a doctor, nurse, or other health professional about routine cancer check-ups after their treatments, 78 percent said that these instructions were written down or printed on paper for them.

Figure 41

## South Dakotans Who Received Written Instructions on Paper for Routine Cancer

 Check-ups, 2016-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

Figure 42, below, shows that of the respondent's most recent cancer diagnosis, 93 percent said that they had health insurance that paid for all or part of their cancer treatments. This question included those on Medicare, Medicaid, and other types of state health programs.

Figure 42
South Dakotans Whose Health Insurance Paid for Some or All of Cancer Treatments, 2016-2018


Figure 43, below, shows that of South Dakotans ever diagnosed with cancer, 93 percent stated they had never been denied health insurance or life insurance coverage because of their cancer.

Figure 43
South Dakotans Denied Health Insurance or Life Insurance Due to Cancer Diagnosis, 2017-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

Figure 44, below, shows that of South Dakotans ever diagnosed with cancer, four percent stated they had participated in a clinical trial as part of their cancer treatment.

Figure 44
South Dakotans Who Participated in a Clinical Trial as Part of Their Cancer Treatment, 2016-2018


[^6]Figure 45, below, shows that of South Dakotans ever diagnosed with cancer, nine percent stated they currently have physical pain caused by their cancer or cancer treatments.

Figure 45
South Dakotans Who Have Physical Pain Caused by Cancer or Cancer Treatments, 2017-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

Table 39, below, shows the percent of South Dakotans that have pain caused by cancer or cancer treatments and whether the pain is currently under control. In 2016-2018, 42 percent of respondents indicated their pain was under control with medication or treatment, while seven percent of respondents indicated their pain was not under control with medication or treatment.

| Table 39 <br> South Dakotans Diagnosed With Cancer and if the Pain is <br> Currently Under Control, 2016-2018 |  |
| :--- | :---: |
| Yes, with medication (or treatment) | $42 \%$ |
| Yes, without medication (or treatment) | $42 \%$ |
| No, with medication (or treatment) | $7 \%$ |
| No, without medication (or treatment) | $9 \%$ |

## SKIN CANCER

Definition: South Dakotans who reported they have ever been diagnosed with skin cancer.

## Prevalence of Skin Cancer

- South Dakota 6\%
- Nationwide median 6\%

Figure 46
Percentage of South Dakotans Who Have Ever Been
Diagnosed With Skin Cancer, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 40South Dakotans Who Have Ever Been Diagnosed With Skin Cancer, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.3\% | 6.4\% |
|  | Female | 6\% | 5.8\% | 6.8\% |
| Age | 18-29 | 0.4\% | 0.2\% | 1.1\% |
|  | 30-39 | 1\% | 0.7\% | 1.7\% |
|  | 40-49 | 3\% | 2.2\% | 3.8\% |
|  | 50-59 | 6\% | 5.0\% | 6.9\% |
|  | 60-69 | 10\% | 8.6\% | 10.7\% |
|  | 70-79 | 17\% | 15.7\% | 19.2\% |
|  | 80+ | 22\% | 19.9\% | 24.9\% |
| Race/Ethnicity | White, Non-Hispanic | 7\% | 6.5\% | 7.3\% |
|  | American Indian, Non-Hispanic | 1\% | 0.6\% | 1.8\% |
|  | Hispanic | 2\% | 0.5\% | 5.9\% |
| Household Income | Less than \$25,000 | 5\% | 4.9\% | 6.1\% |
|  | \$25,000-\$74,999 | 6\% | 5.6\% | 7.0\% |
|  | \$75,000+ | 6\% | 5.3\% | 6.8\% |
| Education | Less than High School, G.E.D. | 6\% | 4.5\% | 7.4\% |
|  | High School, G.E.D. | 6\% | 5.7\% | 7.0\% |
|  | Some Post-High School | 6\% | 5.0\% | 6.1\% |
|  | College Graduate | 6\% | 5.9\% | 7.1\% |



Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

Gender

Age The prevalence of skin cancer increases as age increases. This includes significant increases as the 40s, $50 \mathrm{~s}, 60 \mathrm{~s}, 70 \mathrm{~s}$, and 80s are reached.

Race/Ethnicity

Household Income

Education The prevalence of skin cancer does not seem to change as education levels change.

Employment Those who are retired demonstrate a very high prevalence of skin cancer, while those who are a student show a very low prevalence.

Those who are widowed exhibit a very high prevalence of skin cancer, while those who have never been married show a very low prevalence.

Those who own their home demonstrate a significantly higher prevalence of skin cancer than those who rent their home.

Children The prevalence of adult skin cancer does not seem to change based on the

Phone Status Those who primarily use a landline phone exhibit a significantly higher prevalence of skin cancer than those who primarily use a cell phone.

Pregnancy
Status
County presence of children in the household. prevalence skin
The prevalence of skin cancer does not seem to change based on pregnancy status.

Pennington, Lincoln, Meade, and Lawrence counties exhibit a very high prevalence of skin cancer, while Minnehaha, Brown, Brookings, and Codington counties show a very low prevalence.

## FLU SHOT

Definition: South Dakotans ages 65 and older who have had an influenza vaccination within the past 12 months.

## Prevalence of Flu Shot

- South Dakota 51\%
- Nationwide median 61\%

Figure 35
Percentage of South Dakotans, Ages 65 and Older, Who Have Had a Flu Shot Within the Past 12 Months, 2011-2018


[^7]| Table 32 <br> South Dakotans, Ages 65 and Older, Who Have Had a Flu Shot Within the Past 12 Months, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 63\% | 60.9\% | 65.9\% |
|  | Female | 64\% | 62.3\% | 66.3\% |
| Age | 18-29 | - | - | - |
|  | 30-39 | - | - | - |
|  | 40-49 | - | - | - |
|  | 50-59 | - | - | - |
|  | 60-69 | 58\% | 55.4\% | 60.8\% |
|  | 70-79 | 65\% | 62.5\% | 67.3\% |
|  | 80+ | 69\% | 66.0\% | 72.2\% |
| Race Ethnicity | White, Non-Hispanic | 64\% | 62.5\% | 65.7\% |
|  | American Indian, Non-Hispanic | 53\% | 44.4\% | 61.7\% |
|  | Hispanic | * | * | + |
| Household Income | Less than \$35,000 | 61\% | 58.6\% | 64.1\% |
|  | \$35,000-\$74,999 | 67\% | 64.0\% | 69.7\% |
|  | \$75,000+ | 64\% | 60.3\% | 67.8\% |
| Education | Less than High School, G.E.D. | 59\% | 52.4\% | 64.5\% |
|  | High School, G.E.D. | 64\% | 61.2\% | 66.4\% |
|  | Some Post-High School | 64\% | 61.4\% | 66.8\% |
|  | College Graduate | 67\% | 64.5\% | 69.5\% |
| Employment Status | Employed for Wages | 61\% | 56.3\% | 65.2\% |
|  | Self-employed | 49\% | 43.9\% | 54.4\% |
|  | Unemployed | 49\% | 32.1\% | 65.5\% |
|  | Homemaker | 68\% | 61.3\% | 74.9\% |
|  | Student | * | * | * |
|  | Retired | 66\% | 64.5\% | 68.2\% |
|  | Unable to Work | 56\% | 46.8\% | 65.1\% |
| Marital Status | Married/Unmarried Couple | 65\% | 62.6\% | 66.7\% |
|  | Divorced/Separated | 57\% | 51.9\% | 61.1\% |
|  | Widowed | 65\% | 61.7\% | 67.8\% |
|  | Never Married | 66\% | 58.8\% | 72.8\% |
| Home Ownership Status | Own Home | 64\% | 62.5\% | 65.9\% |
|  | Rent Home | 64\% | 59.4\% | 67.5\% |
| Children Status | Children in Household (Ages 18-44) | - | - | - |
|  | No Children in Household (Ages 18-44) | - | - | - |
| Phone Status | Landline | 67\% | 64.6\% | 68.6\% |
|  | Cell Phone | 60\% | 57.3\% | 62.4\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | - | - | - |
| County | Minnehaha | 69\% | 65.6\% | 73.0\% |
|  | Pennington | 65\% | 61.1\% | 67.9\% |
|  | Lincoln | 66\% | 59.9\% | 72.0\% |
|  | Brown | 66\% | 61.3\% | 69.8\% |
|  | Brookings | 67\% | 62.7\% | 71.6\% |
|  | Codington | 71\% | 66.2\% | 74.6\% |
|  | Meade | 61\% | 55.3\% | 67.2\% |
|  | Lawrence | 66\% | 61.7\% | 70.7\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

Gender There seems to be no gender difference regarding getting a flu shot.
Age The prevalence of getting a flu shot increases as age increases. This includes a significant increase as the 70s are reached.

Race/Ethnicity Whites demonstrate a significantly higher prevalence of getting a flu shot than American Indians.

Household The prevalence of getting a flu shot does not seem to differ based on Income

Education The prevalence of getting a flu shot increases as education levels increase.
Employment Those who are employed for wages, a homemaker, or retired demonstrate a very high prevalence of getting a flu shot, while those who are self-employed show a very low prevalence.

| Marital | Those who are married or widowed exhibit a very high prevalence of getting a |
| :--- | :--- |
| Status | flu shot, while those who are divorced show a very low prevalence. |

Home The prevalence of getting a flu shot does not seem to differ based on home
Ownership ownership status.

Phone Status Those who primarily use a landline phone demonstrate a significantly higher prevalence of getting a flu shot than those who primarily use a cell phone.

County $\quad$ There seems to be no difference in the prevalence of getting a flu shot among the eight counties with sufficient sample size.

## PNEUMONIA SHOT

Definition: South Dakotans, ages 65 and older, who have had a pneumonia vaccination.

## Prevalence of Pneumonia Shot

- South Dakota 77\%
- Nationwide median 74\%

Figure 36
Percentage of South Dakotans, Ages 65 and Older, Who Have Had a Pneumonia Shot, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 33 <br> South Dakotans, Ages 65 and Older, Who Have Had a Pneumonia Shot, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 72\% | 69.8\% | 74.4\% |
|  | Female | 76\% | 73.9\% | 77.5\% |
| Age | 18-29 | - | - | - |
|  | 30-39 | - | - | - |
|  | 40-49 | - | - | - |
|  | 50-59 | - | - | - |
|  | 60-69 | 66\% | 62.9\% | 68.2\% |
|  | 70-79 | 78\% | 75.6\% | 79.7\% |
|  | 80+ | 78\% | 75.0\% | 80.7\% |
| Race/Ethnicity | White, Non-Hispanic | 74\% | 72.6\% | 75.6\% |
|  | American Indian, Non-Hispanic | 74\% | 66.3\% | 80.1\% |
|  | Hispanic | * | * | * |
| Household Income | Less than \$35,000 | 73\% | 70.3\% | 75.5\% |
|  | \$35,000-\$74,999 | 77\% | 74.4\% | 79.3\% |
|  | \$75,000+ | 72\% | 68.4\% | 75.4\% |
| Education | Less than High School, G.E.D. | 72\% | 65.8\% | 76.8\% |
|  | High School, G.E.D. | 74\% | 71.6\% | 76.3\% |
|  | Some Post-High School | 74\% | 71.0\% | 76.0\% |
|  | College Graduate | 77\% | 74.2\% | 78.7\% |
| Employment Status | Employed for Wages | 66\% | 61.8\% | 70.4\% |
|  | Self-employed | 58\% | 52.3\% | 62.7\% |
|  | Unemployed | 57\% | 39.1\% | 73.3\% |
|  | Homemaker | 77\% | 69.9\% | 82.6\% |
|  | Student | * | * | * |
|  | Retired | 77\% | 75.3\% | 78.7\% |
|  | Unable to Work | 83\% | 76.7\% | 88.3\% |
| Marital Status | Married/Unmarried Couple | 74\% | 71.8\% | 75.6\% |
|  | Divorced/Separated | 67\% | 62.9\% | 71.6\% |
|  | Widowed | 78\% | 74.9\% | 80.1\% |
|  | Never Married | 74\% | 66.2\% | 80.2\% |
| Home Ownership Status | Own Home | 74\% | 72.4\% | 75.5\% |
|  | Rent Home | 75\% | 71.7\% | 78.7\% |
| Children Status | Children in Household (Ages 18-44) | - | - | - |
|  | No Children in Household (Ages 18-44) | - | - | - |
| Phone Status | Landline | 75\% | 73.4\% | 77.0\% |
|  | Cell Phone | 72\% | 70.0\% | 74.6\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | - | - | - |
| County | Minnehaha | 75\% | 71.6\% | 78.6\% |
|  | Pennington | 77\% | 73.9\% | 80.0\% |
|  | Lincoln | 72\% | 65.2\% | 77.4\% |
|  | Brown | 72\% | 67.6\% | 76.0\% |
|  | Brookings | 76\% | 72.2\% | 80.2\% |
|  | Codington | 81\% | 77.1\% | 84.2\% |
|  | Meade | 69\% | 63.6\% | 74.2\% |
|  | Lawrence | 72\% | 67.6\% | 76.1\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

| Gender | The prevalence of getting a pneumonia shot does not seem to differ based on gender. |
| :---: | :---: |
| Age | Overall, the prevalence of getting a pneumonia shot does not seem to change consistently as age changes, but it does show a significant increase as the 70s are reached. |
| Race/Ethnicity | The prevalence of getting a pneumonia shot does not seem to differ based on race/ethnicity. |
| Household Income | The prevalence of getting a pneumonia shot does not seem to change as household income changes. |
| Education | The prevalence of getting a pneumonia shot increases as education levels increase. |
| Employment | Those who are a homemaker, retired, or unable to work demonstrate a very high prevalence of getting a pneumonia shot, while those who are employed for wages, self-employed, or unemployed show a very low prevalence. |
| Marital Status | Those who are married or widowed exhibit a very high prevalence of getting a pneumonia shot, while those who are divorced show a very low prevalence. |
| Home Ownership | The prevalence of getting a pneumonia shot does not seem to differ based on home ownership. |
| Phone Status | The prevalence of getting a pneumonia shot does not seem to differ based on phone status. |
| County | Codington county exhibits a very high prevalence of getting a pneumonia shot, while Meade and Lawrence counties show a very low prevalence. |

## Arthritis

Definition: South Dakotans who answered "yes" to the question: "Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?"

## Prevalence of Arthritis

- South Dakota 25\%
- Nationwide median $26 \%$

Figure 49
Percentage of South Dakotans Who Were Told They Have Arthritis, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 43 <br> South Dakotans Who Were Told They Have Arthritis, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 22\% | 20.9\% | 23.0\% |
|  | Female | 27\% | 26.4\% | 28.5\% |
| Age | 18-29 | 4\% | 3.2\% | 5.2\% |
|  | 30-39 | 9\% | 7.8\% | 10.8\% |
|  | 40-49 | 18\% | 15.7\% | 19.6\% |
|  | 50-59 | 29\% | 27.5\% | 31.2\% |
|  | 60-69 | 42\% | 40.3\% | 44.1\% |
|  | 70-79 | 53\% | 50.1\% | 54.9\% |
|  | 80+ | 58\% | 54.6\% | 61.0\% |
| Race/Ethnicity | White, Non-Hispanic | 25\% | 24.7\% | 26.3\% |
|  | American Indian, Non-Hispanic | 26\% | 23.0\% | 29.0\% |
|  | Hispanic | 16\% | 11.3\% | 22.8\% |
| Household Income | Less than \$ 35,000 | 31\% | 29.4\% | 32.6\% |
|  | \$35,000-\$74,999 | 24\% | 22.6\% | 25.3\% |
|  | \$75,000+ | 18\% | 16.4\% | 19.0\% |
| Education | Less than High School, G.E.D. | 32\% | 28.9\% | 35.7\% |
|  | High School, G.E.D. | 27\% | 25.8\% | 28.7\% |
|  | Some Post-High School | 24\% | 23.0\% | 25.6\% |
|  | College Graduate | 19\% | 17.8\% | 19.9\% |
| Employment Status | Employed for Wages | 15\% | 14.6\% | 16.4\% |
|  | Self-employed | 21\% | 19.2\% | 23.4\% |
|  | Unemployed | 20\% | 16.3\% | 24.2\% |
|  | Homemaker | 25\% | 21.4\% | 29.3\% |
|  | Student | 3\% | 2.0\% | 4.5\% |
|  | Retired | 51\% | 49.5\% | 52.9\% |
|  | Unable to Work | 59\% | 54.7\% | 62.9\% |
| Marital Status | Married/Unmarried Couple | 25\% | 24.4\% | 26.3\% |
|  | Divorced/Separated | 31\% | 29.1\% | 33.8\% |
|  | Widowed | 54\% | 51.2\% | 56.8\% |
|  | Never Married | 10\% | 9.2\% | 11.7\% |
| Home Ownership Status | Own Home | 27\% | 26.4\% | 28.2\% |
|  | Rent Home | 19\% | 18.0\% | 21.0\% |
| Children Status | Children in Household (Ages 18-44) | 9\% | 8.2\% | 10.7\% |
|  | No Children in Household (Ages 18-44) | 6\% | 4.8\% | 7.2\% |
| Phone Status | Landline | 34\% | 32.8\% | 35.4\% |
|  | Cell Phone | 20\% | 19.1\% | 21.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 3\% | 1.4\% | 8.2\% |
|  | Not Pregnant (Ages 18-44) | 9\% | 8.1\% | 10.9\% |
| County | Minnehaha | 21\% | 19.6\% | 23.2\% |
|  | Pennington | 28\% | 25.7\% | 29.7\% |
|  | Lincoln | 20\% | 17.4\% | 23.5\% |
|  | Brown | 28\% | 25.0\% | 30.4\% |
|  | Brookings | 15\% | 13.4\% | 17.7\% |
|  | Codington | 26\% | 23.1\% | 28.2\% |
|  | Meade | 24\% | 21.4\% | 27.7\% |
|  | Lawrence | 29\% | 26.4\% | 32.5\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

| Demographics |  |
| :---: | :---: |
| Gender | Females exhibit a significantly higher prevalence of arthritis than males. |
| Age | The prevalence of arthritis increases as age increases. This includes significant increases as the $30 \mathrm{~s}, 40 \mathrm{~s}, 50 \mathrm{~s}, 60 \mathrm{~s}$, and 70 s are reached. |
| Race/Ethnicity | Whites and American Indians demonstrate a significantly higher prevalence of arthritis than Hispanics. |
| Household Income | The prevalence of arthritis decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income groups are reached. |
| Education | The prevalence of arthritis decreases as education levels increase. This includes significant decreases as the high school graduate, some post-high school, and college graduate levels are reached. |
| Employment | Those who are unable to work demonstrate a very high prevalence of arthritis, while those who are students show a very low prevalence. |
| Marital Status | Those who are widowed exhibit a very high prevalence of arthritis, while those who have never been married show a very low prevalence. |
| Home Ownership | Those who own their home demonstrate a significantly higher prevalence of arthritis than those who rent their home. |
| Children Status | Those with children in the household show a significantly higher prevalence of arthritis than those with no children in the household. |
| Phone Status | Those who primarily use a landline phone exhibit a significantly higher prevalence of arthritis than those who primarily use a cell phone. |
| Pregnancy Status | The prevalence of arthritis does not seem to differ based on pregnancy status. |
| County | Pennington, Brown, Codington, Meade, and Lawrence counties exhibit a very high prevalence of arthritis, while Lincoln and Brookings counties show a very low prevalence. |

## Asthma

Definition: South Dakotans who were told by a doctor, nurse, or health professional that they had asthma and that they still have asthma.

## Prevalence of Asthma

- South Dakota 8\%
- Nationwide median 10\%

Figure 50
Percentage of South Dakotans Who Were Told They Have Asthma, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 44 <br> South Dakotans Who Were Told They Have Asthma, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.1\% | 6.4\% |
|  | Female | 9\% | 8.4\% | 9.9\% |
| Age | 18-29 | 8\% | 6.5\% | 9.4\% |
|  | 30-39 | 7\% | 5.9\% | 8.7\% |
|  | 40-49 | 7\% | 5.6\% | 8.2\% |
|  | 50-59 | 8\% | 7.1\% | 9.3\% |
|  | 60-69 | 7\% | 5.8\% | 7.5\% |
|  | 70-79 | 8\% | 7.2\% | 9.7\% |
|  | 80+ | 7\% | 5.2\% | 9.1\% |
| Race/Ethnicity | White, Non-Hispanic | 7\% | 6.7\% | 7.7\% |
|  | American Indian, Non-Hispanic | 11\% | 8.9\% | 12.5\% |
|  | Hispanic | 8\% | 4.3\% | 14.5\% |
| Household Income | Less than \$35,000 | 10\% | 8.5\% | 10.7\% |
|  | \$35,000-\$74,999 | 6\% | 5.2\% | 6.9\% |
|  | \$75,000+ | 6\% | 5.4\% | 7.2\% |
| Education | Less than High School, G.E.D. | 12\% | 9.2\% | 14.3\% |
|  | High School, G.E.D. | 7\% | 6.7\% | 8.4\% |
|  | Some Post-High School | 7\% | 6.3\% | 8.0\% |
|  | College Graduate | 6\% | 5.5\% | 6.9\% |
| Employment Status | Employed for Wages | 7\% | 5.9\% | 7.3\% |
|  | Self-employed | 5\% | 3.8\% | 6.1\% |
|  | Unemployed | 11\% | 8.2\% | 15.1\% |
|  | Homemaker | 9\% | 6.3\% | 12.5\% |
|  | Student | 8\% | 5.5\% | 11.4\% |
|  | Retired | 7\% | 6.6\% | 8.5\% |
|  | Unable to Work | 19\% | 15.7\% | 22.1\% |
| Marital Status | Married/Unmarried Couple | 7\% | 6.1\% | 7.3\% |
|  | Divorced/Separated | 10\% | 8.1\% | 11.1\% |
|  | Widowed | 9\% | 7.3\% | 10.3\% |
|  | Never Married | 8\% | 6.7\% | 9.4\% |
| Home Ownership Status | Own Home | 7\% | 6.1\% | 7.2\% |
|  | Rent Home | 10\% | 8.5\% | 11.1\% |
| Children Status | Children in Household (Ages 18-44) | 8\% | 6.6\% | 8.9\% |
|  | No Children in Household (Ages 18-44) | 7\% | 5.9\% | 8.7\% |
| Phone Status | Landline | 8\% | 6.9\% | 8.4\% |
|  | Cell Phone | 7\% | 6.7\% | 8.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 13\% | 5.8\% | 27.2\% |
|  | Not Pregnant (Ages 18-44) | 9\% | 7.6\% | 10.4\% |
| County | Minnehaha | 7\% | 6.2\% | 8.8\% |
|  | Pennington | 8\% | 6.8\% | 9.4\% |
|  | Lincoln | 7\% | 5.0\% | 9.1\% |
|  | Brown | 7\% | 5.7\% | 9.1\% |
|  | Brookings | 7\% | 5.1\% | 9.3\% |
|  | Codington | 7\% | 5.4\% | 8.9\% |
|  | Meade | 10\% | 6.6\% | 14.5\% |
|  | Lawrence | 10\% | 7.7\% | 12.2\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | Females exhibit a significantly higher prevalence of asthma than males. |
| :--- | :--- |
| Age | The prevalence of asthma does not seem to change as age increases. |

Race/Ethnicity American Indians demonstrate a significantly higher prevalence of asthma than whites.

Household The prevalence of asthma decreases as household income increases. This

## Income

Education The prevalence of asthma decreases as education increases. This includes a significant decrease as the high school graduate level is reached.

Employment Those who are unable to work demonstrate a very high prevalence of asthma, while those who are employed for wages, self-employed, or a student show a very low prevalence.

Those who are divorced exhibit a very high prevalence of asthma, while those who are married show a very low prevalence.

Those who rent their home demonstrate a significantly higher prevalence of asthma than those who own their home.

Children The prevalence of asthma does not seem to differ based on the presence of Status

Phone Status
Pregnancy Status

County The prevalence of asthma does not seem to differ among the available counties.

## Depression

Definition: South Dakotans who were told by a doctor, nurse, or health professional that they had some form of depression.

## Prevalence of Depression

- South Dakota 16\%
- Nationwide median 20\%

Figure 51
Percentage of South Dakotans Who Were Told They Have Depression, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 45 <br> South Dakotans Who Were Told They Have Depression, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 12\% | 11.2\% | 13.0\% |
|  | Female | 21\% | 19.7\% | 21.9\% |
| Age | 18-29 | 18\% | 16.2\% | 20.3\% |
|  | 30-39 | 19\% | 16.8\% | 20.8\% |
|  | 40-49 | 17\% | 15.5\% | 19.3\% |
|  | 50-59 | 18\% | 16.2\% | 19.4\% |
|  | 60-69 | 15\% | 13.6\% | 16.2\% |
|  | 70-79 | 12\% | 10.1\% | 13.2\% |
|  | 80+ | 9\% | 7.1\% | 10.2\% |
| Race/ Ethnicity | White, Non-Hispanic | 16\% | 15.3\% | 16.8\% |
|  | American Indian, Non-Hispanic | 22\% | 19.1\% | 25.5\% |
|  | Hispanic | 16\% | 11.0\% | 22.5\% |
| Household Income | Less than \$35,000 | 24\% | 22.2\% | 25.4\% |
|  | \$35,000-\$74,999 | 14\% | 13.2\% | 15.6\% |
|  | \$75,000+ | 10\% | 9.4\% | 11.6\% |
| Education | Less than High School, G.E.D. | 18\% | 15.5\% | 21.2\% |
|  | High School, G.E.D. | 16\% | 14.6\% | 17.1\% |
|  | Some Post-High School | 18\% | 16.8\% | 19.4\% |
|  | College Graduate | 14\% | 13.1\% | 15.3\% |
| Employment Status | Employed for Wages | 15\% | 14.3\% | 16.3\% |
|  | Self-employed | 10\% | 8.2\% | 11.3\% |
|  | Unemployed | 28\% | 23.7\% | 33.6\% |
|  | Homemaker | 20\% | 16.5\% | 24.8\% |
|  | Student | 16\% | 12.0\% | 20.4\% |
|  | Retired | 13\% | 11.5\% | 13.7\% |
|  | Unable to Work | 51\% | 46.6\% | 54.9\% |
| Marital Status | Married/Unmarried Couple | 14\% | 12.9\% | 14.6\% |
|  | Divorced/Separated | 26\% | 23.9\% | 28.6\% |
|  | Widowed | 17\% | 14.8\% | 19.1\% |
|  | Never Married | 18\% | 16.5\% | 20.2\% |
| Home Ownership Status | Own Home | 14\% | 13.2\% | 14.7\% |
|  | Rent Home | 23\% | 21.0\% | 24.6\% |
| Children Status | Children in Household (Ages 18-44) | 18\% | 16.5\% | 19.8\% |
|  | No Children in Household (Ages 18-44) | 19\% | 16.8\% | 20.9\% |
| Phone Status | Landline | 14\% | 13.4\% | 15.4\% |
|  | Cell Phone | 17\% | 16.5\% | 18.4\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 21\% | 13.2\% | 32.9\% |
|  | Not Pregnant (Ages 18-44) | 24\% | 22.4\% | 26.6\% |
| County | Minnehaha | 18\% | 16.3\% | 20.2\% |
|  | Pennington | 20\% | 17.8\% | 21.8\% |
|  | Lincoln | 15\% | 11.9\% | 17.9\% |
|  | Brown | 18\% | 15.7\% | 21.4\% |
|  | Brookings | 16\% | 12.6\% | 19.0\% |
|  | Codington | 16\% | 13.4\% | 18.4\% |
|  | Meade | 18\% | 14.8\% | 22.8\% |
|  | Lawrence | 18\% | 15.2\% | 20.2\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | Females exhibit a significantly higher prevalence of depression than males. |
| :--- | :--- |
| Age | The prevalence of depression is similar for those 18-59, and then decreases <br> as age increases including a significant decrease as the 70s are reached. |
| Race/Ethnicity | American Indians demonstrate a significantly higher prevalence of depression <br> than whites. |
| Household | The prevalence of depression decreases as household income increases. <br> This includes significant decreases as the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ <br> household income groups are reached. |
| Education | There seems to be no difference in the prevalence of depression as education <br> levels change. |
| Employment | Those who are unable to work demonstrate a very high prevalence of <br> depression, while those who are self-employed show a very low prevalence. |
| Marital | Those who are divorced exhibit a very high prevalence of depression, while <br> those who are married show a very low prevalence. |
| Status | Those who rent their home demonstrate a significantly higher prevalence of <br> depression than those who own their home. |
| Ownership | The prevalence of depression among adults does not seem to differ based on <br> the presence of children in the household. |
| Children |  |
| Status | Those who primarily use a cell phone exhibit a significantly higher prevalence <br> of depression than those who primarily use a landline phone. |
| Phone Status |  |
| Pregnancy | The prevalence of depression does not seem to differ based on pregnancy <br> status. |
| County | The prevalence of depression does not seem to differ for the counties <br> available for analysis. |

## Prostate Cancer

## PROSTATE-SPECIFIC ANTIGEN (PSA) TEST

Definition: Males, ages 40 and older, who have had a PSA test within the past two years.

## Prevalence of PSA Test

- South Dakota 34\%
- Nationwide median 33\%

Figure 52
Percent of Male South Dakotans, Ages 40 and Older, Who Have Had a PSA Test Within the Past Two Years, 2012, 2014, 2016, and 2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

| Table 46 <br> Male South Dakotans, Ages 40 and Older, Who Have Had a PSA Test Within the Past Two Years, 2014, 2016, and 2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 40\% | 37.5\% | 41.7\% |
|  | Female | - | - | - |
| Age | 18-29 | - | - | - |
|  | 30-39 | - | - | - |
|  | 40-49 | 10\% | 7.0\% | 12.8\% |
|  | 50-59 | 33\% | 29.4\% | 37.2\% |
|  | 60-69 | 55\% | 51.2\% | 58.9\% |
|  | 70-79 | 68\% | 62.7\% | 72.8\% |
|  | 80+ | 51\% | 43.8\% | 59.0\% |
| Race/ Ethnicity | White, Non-Hispanic | 42\% | 39.5\% | 43.8\% |
|  | American Indian, Non-Hispanic | 32\% | 22.6\% | 42.4\% |
|  | Hispanic | * | , | * |
| Household Income | Less than \$ 35,000 | 37\% | 32.5\% | 41.0\% |
|  | \$35,000-\$74,999 | 41\% | 37.8\% | 45.1\% |
|  | \$75,000+ | 40\% | 36.0\% | 43.1\% |
| Education | Less than High School, G.E.D. | 28\% | 21.1\% | 35.6\% |
|  | High School, G.E.D. | 38\% | 34.9\% | 42.2\% |
|  | Some Post-High School | 39\% | 35.3\% | 42.6\% |
|  | College Graduate | 48\% | 44.8\% | 51.7\% |
| Employment Status | Employed for Wages | 28\% | 25.4\% | 31.1\% |
|  | Self-employed | 39\% | 34.4\% | 43.6\% |
|  | Unemployed | 24\% | 14.4\% | 36.4\% |
|  | Homemaker | * | * | * |
|  | Student | * | * | * |
|  | Retired | 60\% | 56.0\% | 63.6\% |
|  | Unable to Work | 44\% | 34.4\% | 53.4\% |
| Marital Status | Married/Unmarried Couple | 44\% | 41.2\% | 46.2\% |
|  | Divorced/Separated | 28\% | 23.3\% | 32.8\% |
|  | Widowed | 46\% | 37.7\% | 55.5\% |
|  | Never Married | 28\% | 22.4\% | 35.5\% |
| Home Ownership Status | Own Home | 43\% | 40.3\% | 44.9\% |
|  | Rent Home | 25\% | 20.1\% | 30.6\% |
| Children Status | Children in Household (Ages 18-44) | 6\% | 3.1\% | 12.3\% |
|  | No Children in Household (Ages 18-44) | 8\% | 3.4\% | 19.0\% |
| Phone Status | Landline | 48\% | 44.9\% | 51.5\% |
|  | Cell Phone | 34\% | 31.7\% | 36.9\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | - | - | - |
| County | Minnehaha | 36\% | 30.6\% | 41.0\% |
|  | Pennington | 40\% | 34.9\% | 44.9\% |
|  | Lincoln | 40\% | 31.2\% | 49.3\% |
|  | Brown | 36\% | 30.2\% | 42.0\% |
|  | Brookings | 34\% | 28.4\% | 39.8\% |
|  | Codington | 44\% | 37.8\% | 50.1\% |
|  | Meade | 35\% | 28.1\% | 43.1\% |
|  | Lawrence | 44\% | 38.9\% | 49.9\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014, 2016, and 2018

## Demographics

| Age | PSA testing increases as age increases with a peak in the 70s. This includes <br> significant increases as the 50s, 60s, and 70s are reached. |
| :--- | :--- |
| Race/ | There seems to be no difference in the prevalence of PSA testing regarding <br> race/ethnicity. |
| Ethnicity | There seems to be no difference in the prevalence of PSA testing as <br> Household <br> Income |
| household income changes. |  |

Figure 53, below, shows the percent of male South Dakotans, ages 40 and older, who stated that a doctor, nurse or other health professional talked with them about the advantages of the PSA test. In 2018, 44 percent said that they had been informed of the advantages.

Figure 53
Percent of Male South Dakotans, Ages 40 and Older, Who Stated That a Doctor, Nurse, or Other Health Professional Talked With Them About the Advantages of the PSA Test, 2012, 2014, 2016, and 2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018
Figure 54, below, shows the percent of male South Dakotans, ages 40 and older, who stated that a doctor, nurse or other health professional talked with them about the disadvantages of the PSA test. Only 17 percent in 2018 stated that a health professional talked with them about the disadvantages.

Figure 54
Percent of Male South Dakotans, Ages 40 and Older, Who Stated That a Doctor, Nurse, or Other Health Professional Talked With Them About the Disadvantages of the PSA Test, 2012, 2014, 2016, and 2018


[^8]Figure 55, below, shows the percent of male South Dakotans, ages 40 and older, who stated that a doctor, nurse or other health professional ever recommended that they have a PSA test. Less than half of respondents in 2018 stated that they were recommended to have a PSA test.

Figure 55
Percent of Male South Dakotans, Ages 40 and Older, Who Were Recommended by a Doctor, Nurse, or Other Health Professional to Have a PSA Test, 2012, 2014, 2016, and 2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

Figure 56, below, shows the percent of male South Dakotans, ages 40 and older, who had a PSA test when their health professional recommended it. Most respondents for all years stated that they had the PSA test that was recommended.

Figure 56
Male South Dakotans, Ages 40 and Older, Who Had a PSA Test When a Health
Professional Recommended It, 2012, 2014, 2016, and 2018


[^9]Figure 57, below, shows the main reason male South Dakotans, ages 40 and older, gave for having their last PSA test. The majority of respondents for all years stated the main reason they had their last PSA test was because it was part of a routine exam.

Figure 57
Male South Dakotans', Ages 40 and Older, Main Reason for Last PSA Test, 2012, 2014, 2016, and 2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

## Kidney Disease

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence."

## Prevalence of Kidney Disease

- South Dakota 3\%
- Nationwide median 3\%

Figure 58
Percentage of South Dakotans Who Have Been
Told They Have Kidney Disease, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 47 <br> South Dakotans Who Have Been Told They Have Kidney Disease, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 2\% | 2.1\% | 2.9\% |
|  | Female | 2\% | 2.1\% | 2.8\% |
| Age | 18-29 | 1\% | 0.7\% | 2.1\% |
|  | 30-39 | 1\% | 0.5\% | 1.4\% |
|  | 40-49 | 2\% | 1.3\% | 3.1\% |
|  | 50-59 | 2\% | 1.9\% | 3.0\% |
|  | 60-69 | 3\% | 2.8\% | 4.2\% |
|  | 70-79 | 5\% | 4.4\% | 6.5\% |
|  | 80+ | 6\% | 4.2\% | 7.3\% |
| Race/ Ethnicity | White, Non-Hispanic | 2\% | 2.1\% | 2.7\% |
|  | American Indian, Non-Hispanic | 3\% | 2.2\% | 3.5\% |
|  | Hispanic | 3\% | 1.0\% | 6.3\% |
| Household Income | Less than \$35,000 | 4\% | 3.3\% | 4.7\% |
|  | \$35,000-\$74,999 | 2\% | 1.8\% | 2.6\% |
|  | \$75,000+ | 1\% | 1.0\% | 1.9\% |
| Education | Less than High School, G.E.D. | 4\% | 2.4\% | 5.4\% |
|  | High School, G.E.D. | 3\% | 2.2\% | 3.2\% |
|  | Some Post-High School | 2\% | 1.8\% | 2.7\% |
|  | College Graduate | 2\% | 1.6\% | 2.4\% |
| Employment Status | Employed for Wages | 1\% | 1.1\% | 1.8\% |
|  | Self-employed | 1\% | 1.0\% | 2.3\% |
|  | Unemployed | 1\% | 0.4\% | 1.4\% |
|  | Homemaker | 2\% | 1.0\% | 3.1\% |
|  | Student | 1\% | 0.2\% | 2.9\% |
|  | Retired | 5\% | 4.7\% | 6.3\% |
|  | Unable to Work | 8\% | 6.2\% | 10.5\% |
| Marital Status | Married/Unmarried Couple | 2\% | 2.0\% | 2.8\% |
|  | Divorced/Separated | 3\% | 2.6\% | 4.5\% |
|  | Widowed | 5\% | 4.0\% | 6.1\% |
|  | Never Married | 1\% | 1.0\% | 2.0\% |
| Home Ownership Status | Own Home | 3\% | 2.2\% | 2.9\% |
|  | Rent Home | 2\% | 1.9\% | 3.0\% |
| Children Status | Children in Household (Ages 18-44) | 1\% | 0.9\% | 2.2\% |
|  | No Children in Household (Ages 18-44) | 1\% | 0.6\% | 1.7\% |
| Phone Status | Landline | 3\% | 3.0\% | 4.1\% |
|  | Cell Phone | 2\% | 1.6\% | 2.3\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 5\% | 1.2\% | 18.0\% |
|  | Not Pregnant (Ages 18-44) | 1\% | 0.7\% | 1.6\% |
| County | Minnehaha | 2\% | 1.3\% | 2.3\% |
|  | Pennington | 3\% | 2.0\% | 3.4\% |
|  | Lincoln | 2\% | 1.3\% | 3.0\% |
|  | Brown | 3\% | 2.3\% | 4.4\% |
|  | Brookings | 2\% | 1.3\% | 3.5\% |
|  | Codington | 3\% | 1.7\% | 4.0\% |
|  | Meade | 2\% | 1.3\% | 4.1\% |
|  | Lawrence | 2\% | 1.2\% | 2.5\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | The prevalence of kidney disease does not seem to differ based on gender. |
| :---: | :---: |
| Age | The prevalence of kidney disease increases as age increases. This includes a significant increase as the 70s are reached. |
| Race/Ethnicity | The prevalence of kidney disease does not seem to change based on race or ethnicity. |
| Household Income | The prevalence of kidney disease decreases as household income increases. This includes a significant decrease as the \$35,000-\$74,999 income group is reached. |
| Education | The prevalence of kidney disease decreases as education levels increase. |
| Employment | Those who are retired or unable to work demonstrate a very high prevalence of kidney disease, while those who are employed for wages, self-employed, unemployed, a homemaker, or a student show a very low prevalence. |
| Marital Status | Those who are divorced or widowed exhibit a very high prevalence of kidney disease, while those who are married or have never been married show a very low prevalence. |
| Home Ownership | There seems to be no difference in the prevalence of kidney disease regarding home ownership. |
| Children Status | The prevalence of kidney disease among adults does not seem to change based on the presence of children in the household. |
| Phone Status | Those who primarily use a landline phone exhibit a significantly higher prevalence of kidney disease than those who primarily use a cell phone. |
| Pregnancy Status | The prevalence of kidney disease does not seem to change based on pregnancy status. |
| County | There seems to be no difference in the prevalence of kidney disease regarding the eight available counties. |

## Vision Impairment

Definition: South Dakotans who answered "yes" to the question: "Are you blind or do you have serious difficulty seeing, even when wearing glasses?"

## Prevalence of Vision Impairment

- South Dakota 4\%
- There is no nationwide median for vision impairment

Figure 59
Percent of South Dakotans Who Have a Vision Impairment, 2013-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2018

| Table 48South Dakotans Who Have a Vision Impairment, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 4\% | 3.0\% | 4.2\% |
|  | Female | 4\% | 3.6\% | 4.6\% |
| Age | 18-29 | 3\% | 1.7\% | 3.7\% |
|  | 30-39 | 1\% | 0.9\% | 2.1\% |
|  | 40-49 | 3\% | 2.4\% | 4.4\% |
|  | 50-59 | 4\% | 3.6\% | 5.4\% |
|  | 60-69 | 4\% | 3.3\% | 4.7\% |
|  | 70-79 | 6\% | 5.0\% | 7.8\% |
|  | 80+ | 11\% | 9.2\% | 13.2\% |
| Race/Ethnicity | White, Non-Hispanic | 3\% | 2.9\% | 3.6\% |
|  | American Indian, Non-Hispanic | 9\% | 7.0\% | 11.3\% |
|  | Hispanic | 6\% | 2.7\% | 11.9\% |
| Household Income | Less than \$35,000 | 7\% | 5.8\% | 7.6\% |
|  | \$35,000-\$74,999 | 3\% | 2.0\% | 3.1\% |
|  | \$75,000+ | 1\% | 0.8\% | 1.7\% |
| Education | Less than High School, G.E.D. | 9\% | 6.9\% | 11.0\% |
|  | High School, G.E.D. | 5\% | 3.9\% | 5.3\% |
|  | Some Post-High School | 3\% | 2.5\% | 3.7\% |
|  | College Graduate | 2\% | 1.5\% | 2.3\% |
| Employment Status | Employed for Wages | 2\% | 1.6\% | 2.5\% |
|  | Self-employed | 2\% | 1.2\% | 3.1\% |
|  | Unemployed | 6\% | 3.8\% | 8.4\% |
|  | Homemaker | 6\% | 3.8\% | 8.3\% |
|  | Student | 2\% | 0.6\% | 5.0\% |
|  | Retired | 7\% | 5.8\% | 7.7\% |
|  | Unable to Work | 16\% | 13.2\% | 19.1\% |
| Marital Status | Married/Unmarried Couple | 3\% | 2.4\% | 3.1\% |
|  | Divorced/Separated | 5\% | 4.4\% | 6.6\% |
|  | Widowed | 11\% | 8.9\% | 12.6\% |
|  | Never Married | 4\% | 2.8\% | 4.8\% |
| Home Ownership Status | Own Home | 3\% | 2.9\% | 3.7\% |
|  | Rent Home | 5\% | 4.4\% | 6.3\% |
| Children Status | Children in Household (Ages 18-44) | 2\% | 1.5\% | 2.7\% |
|  | No Children in Household (Ages 18-44) | 2\% | 1.4\% | 3.3\% |
| Phone Status | Landline | 5\% | 4.7\% | 6.0\% |
|  | Cell Phone | 3\% | 2.6\% | 3.5\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 3\% | 0.7\% | 10.0\% |
|  | Not Pregnant (Ages 18-44) | 2\% | 1.2\% | 2.5\% |
| County | Minnehaha | 3\% | 2.5\% | 4.3\% |
|  | Pennington | 4\% | 3.2\% | 5.1\% |
|  | Lincoln | 3\% | 1.7\% | 6.4\% |
|  | Brown | 4\% | 2.9\% | 5.1\% |
|  | Brookings | 3\% | 1.6\% | 3.9\% |
|  | Codington | 4\% | 3.4\% | 5.8\% |
|  | Meade | 5\% | 3.4\% | 6.6\% |
|  | Lawrence | 3\% | 2.5\% | 4.3\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | There seems to be no gender difference regarding the prevalence of severe vision impairment. |
| :---: | :---: |
| Age | The prevalence of severe vision impairment generally increases as age increases including significant increases as the 70s and 80s are reached. |
| Race/Ethnicity | American Indians exhibit a significantly higher prevalence of severe vision impairment than whites. |
| Household Income | The prevalence of severe vision impairment decreases as household income increases with significant decreases as the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ income groups are reached. |
| Education | The prevalence of severe vision impairment decreases as education levels increase with significant decreases at every level. |
| Employment | Those who are unable to work demonstrate a very high prevalence of severe vision impairment, while those who are employed for wages, self-employed, or a student show a very low prevalence. |
| Marital Status | Those who are widowed exhibit a very high prevalence of severe vision impairment, while those who are married or have never been married show a very low prevalence. |
| Home Ownership | Those who rent their home show a significantly higher prevalence of severe vision impairment than those who own their home. |
| Children Status | The prevalence of severe vision impairment in the adults does not seem to change based on the presence of children in the household. |
| Phone Status | Those who primarily use a landline phone show a significantly higher prevalence of severe vision impairment than those who primarily use a cell phone. |
| Pregnancy Status | The prevalence of severe vision impairment does not seem to change based on pregnancy status. |
| County | There seems to be no difference regarding the prevalence of severe vision impairment among the eight counties with sufficient sample size. |

## Alcohol Use

## DRANK IN PAST 30 DAYS

Definition: South Dakotans who report drinking alcohol in the past 30 days.

## Prevalence of Drinking in Past 30 Days

- South Dakota 58\%
- Nationwide median 54\%

Figure 60
Percentage of South Dakotans Who Drank Alcohol in the Past 30 Days, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 49 <br> South Dakotans Who Drank Alcohol in Past 30 Days, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 63\% | 61.9\% | 64.7\% |
|  | Female | 50\% | 49.0\% | 51.7\% |
| Age | 18-29 | 60\% | 56.9\% | 62.3\% |
|  | 30-39 | 62\% | 59.8\% | 65.1\% |
|  | 40-49 | 64\% | 60.9\% | 66.0\% |
|  | 50-59 | 60\% | 57.9\% | 62.0\% |
|  | 60-69 | 54\% | 52.3\% | 56.2\% |
|  | 70-79 | 43\% | 41.0\% | 45.8\% |
|  | 80+ | 32\% | 28.9\% | 34.9\% |
| Race/Ethnicity | White, Non-Hispanic | 59\% | 58.1\% | 60.1\% |
|  | American Indian, Non-Hispanic | 40\% | 36.2\% | 43.4\% |
|  | Hispanic | 46\% | 37.9\% | 54.9\% |
| Household Income | Less than \$35,000 | 46\% | 44.3\% | 48.2\% |
|  | \$35,000-\$74,999 | 62\% | 59.9\% | 63.4\% |
|  | \$75,000+ | 73\% | 71.1\% | 74.4\% |
| Education | Less than High School, G.E.D. | 38\% | 34.4\% | 42.3\% |
|  | High School, G.E.D. | 49\% | 47.4\% | 51.0\% |
|  | Some Post-High School | 61\% | 58.9\% | 62.2\% |
|  | College Graduate | 69\% | 67.1\% | 70.0\% |
| Employment Status | Employed for Wages | 64\% | 62.9\% | 65.6\% |
|  | Self-employed | 65\% | 62.2\% | 67.5\% |
|  | Unemployed | 50\% | 44.4\% | 55.8\% |
|  | Homemaker | 38\% | 33.5\% | 42.5\% |
|  | Student | 51\% | 44.7\% | 56.4\% |
|  | Retired | 46\% | 44.1\% | 47.6\% |
|  | Unable to Work | 28\% | 24.7\% | 32.3\% |
| Marital Status | Married/Unmarried Couple | 62\% | 60.3\% | 62.7\% |
|  | Divorced/Separated | 51\% | 48.1\% | 53.7\% |
|  | Widowed | 36\% | 33.1\% | 38.5\% |
|  | Never Married | 55\% | 52.1\% | 57.1\% |
| Home Ownership Status | Own Home | 59\% | 58.2\% | 60.4\% |
|  | Rent Home | 53\% | 50.6\% | 55.1\% |
| Children Status | Children in Household (Ages 18-44) | 59\% | 57.0\% | 61.4\% |
|  | No Children in Household (Ages 18-44) | 64\% | 60.9\% | 66.3\% |
| Phone Status | Landline | 48\% | 46.7\% | 49.6\% |
|  | Cell Phone | 61\% | 59.8\% | 62.4\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 14\% | 6.4\% | 26.5\% |
|  | Not Pregnant (Ages 18-44) | 57\% | 54.4\% | 59.4\% |
| County | Minnehaha | 58\% | 55.8\% | 60.9\% |
|  | Pennington | 57\% | 54.3\% | 59.2\% |
|  | Lincoln | 59\% | 54.6\% | 63.1\% |
|  | Brown | 57\% | 54.2\% | 60.6\% |
|  | Brookings | 61\% | 57.2\% | 65.3\% |
|  | Codington | 58\% | 54.5\% | 61.4\% |
|  | Meade | 55\% | 50.8\% | 59.5\% |
|  | Lawrence | 61\% | 57.6\% | 64.5\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

| Gender | Males exhibit a significantly higher prevalence of drinking alcohol than <br> females. |
| :--- | :--- |
| Age | Alcohol use increases with age until the 40s when it peaks. After that, it <br> decreases as age increases with significant decreases as the 60s, 70 s, and <br> 80s are reached. |
| Race/Ethnicity |  |$\quad$| Whites demonstrate a significantly higher prevalence of drinking alcohol than |
| :--- |
| American Indians and Hispanics. |

## BINGE DRINKING

Definition: South Dakota males who report having five or more alcoholic drinks on one occasion or South Dakota females who have four or more alcoholic drinks on one occasion, one or more times in the past month.

## Prevalence of Binge Drinking

- South Dakota 21\%
- Nationwide median $16 \%$

Figure 61
Percentage of South Dakotans Who Engage in Binge Drinking, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 50 <br> South Dakotans Who Engage in Binge Drinking, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 24\% | 22.9\% | 25.4\% |
|  | Female | 13\% | 12.0\% | 14.0\% |
| Age | 18-29 | 31\% | 28.9\% | 34.0\% |
|  | 30-39 | 23\% | 21.3\% | 25.6\% |
|  | 40-49 | 21\% | 19.1\% | 23.4\% |
|  | 50-59 | 18\% | 16.0\% | 19.4\% |
|  | 60-69 | 10\% | 8.6\% | 11.1\% |
|  | 70-79 | 4\% | 3.1\% | 4.9\% |
|  | 80+ | 1\% | 0.4\% | 1.3\% |
| Race/Ethnicity | White, Non-Hispanic | 18\% | 17.5\% | 19.2\% |
|  | American Indian, Non-Hispanic | 22\% | 18.9\% | 25.3\% |
|  | Hispanic | 15\% | 9.4\% | 22.7\% |
| Household Income | Less than \$35,000 | 17\% | 15.8\% | 18.9\% |
|  | \$35,000-\$74,999 | 20\% | 18.0\% | 21.1\% |
|  | \$75,000+ | 22\% | 20.8\% | 24.0\% |
| Education | Less than High School, G.E.D. | 16\% | 12.7\% | 18.8\% |
|  | High School, G.E.D. | 17\% | 15.7\% | 18.6\% |
|  | Some Post-High School | 20\% | 18.9\% | 21.9\% |
|  | College Graduate | 19\% | 17.5\% | 20.1\% |
| Employment Status | Employed for Wages | 23\% | 22.2\% | 24.7\% |
|  | Self-employed | 20\% | 17.8\% | 22.4\% |
|  | Unemployed | 22\% | 18.0\% | 27.4\% |
|  | Homemaker | 8\% | 6.0\% | 11.4\% |
|  | Student | 27\% | 22.6\% | 32.5\% |
|  | Retired | 5\% | 4.3\% | 5.8\% |
|  | Unable to Work | 11\% | 8.6\% | 14.3\% |
| Marital Status | Married/Unmarried Couple | 17\% | 15.6\% | 17.5\% |
|  | Divorced/Separated | 18\% | 16.3\% | 20.6\% |
|  | Widowed | 5\% | 3.6\% | 7.1\% |
|  | Never Married | 28\% | 25.9\% | 30.4\% |
| Home Ownership Status | Own Home | 16\% | 15.5\% | 17.2\% |
|  | Rent Home | 25\% | 23.1\% | 27.2\% |
| Children Status | Children in Household (Ages 18-44) | 22\% | 19.8\% | 23.3\% |
|  | No Children in Household (Ages 18-44) | 34\% | 31.3\% | 36.5\% |
| Phone Status | Landline | 11\% | 10.2\% | 12.1\% |
|  | Cell Phone | 22\% | 21.0\% | 23.3\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 9\% | 3.1\% | 22.5\% |
|  | Not Pregnant (Ages 18-44) | 20\% | 18.3\% | 22.3\% |
| County | Minnehaha | 19\% | 16.6\% | 20.7\% |
|  | Pennington | 16\% | 14.1\% | 17.9\% |
|  | Lincoln | 16\% | 13.5\% | 19.6\% |
|  | Brown | 17\% | 14.9\% | 20.2\% |
|  | Brookings | 22\% | 18.1\% | 25.9\% |
|  | Codington | 19\% | 16.4\% | 22.0\% |
|  | Meade | 16\% | 13.0\% | 19.4\% |
|  | Lawrence | 19\% | 16.0\% | 21.8\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018
$\left.\begin{array}{ll}\text { Gender } & \text { Males exhibit a significantly higher prevalence of binge drinking than females. } \\ \text { Age } & \begin{array}{l}\text { Binge drinking decreases as age increases with significant decreases as the } \\ \text { 30s, 60s, 70s, and 80s are reached. }\end{array} \\ \text { Race/Ethnicity }\end{array} \quad \begin{array}{l}\text { The prevalence of binge drinking does not seem to differ based on } \\ \text { race/ethnicity. }\end{array}\right\}$

## HEAVY DRINKING

Definition: South Dakota males who report having more than 2 drinks per day, or South Dakota females who report having more than 1 drink per day.

## Prevalence of Heavy Drinking

- South Dakota 9\%
- Nationwide median 7\%

Figure 62
Percentage of South Dakotans Who Engage in Heavy Drinking, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018


Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | Males exhibit a significantly higher prevalence of heavy drinking than <br> females. |
| :--- | :--- |
| Age | Heavy drinking generally decreases as age increases. This includes <br> significant decreases as the 70s and 80s are reached. |
| Race/Ethnicity | There seems to be no racial/ethnic difference regarding heavy drinking. |
| Household | The prevalence of heavy drinking does not seem to change as household <br> income changes. |
| Income |  |$\quad$| The prevalence of heavy drinking decreases as education levels increase. |
| :--- |

## General Health Status

## FAIR OR POOR HEALTH STATUS

Definition: South Dakotans who report having fair or poor health from possible response choices of "excellent", "very good", "good", "fair", or "poor".

## Prevalence of Fair or Poor Health Status

- South Dakota 15\%
- Nationwide median 17\%

Figure 63
Percentage of South Dakotans Reporting Fair or Poor Health Status, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 52 <br> South Dakotans Reporting Fair or Poor Health Status, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  | Low | High |
| Gender | Male |  | 14\% | 12.7\% | 14.6\% |
|  | Female | 14\% | 13.4\% | 15.1\% |
| Age | 18-29 | 7\% | 6.0\% | 8.8\% |
|  | 30-39 | 9\% | 7.3\% | 10.2\% |
|  | 40-49 | 11\% | 9.7\% | 12.8\% |
|  | 50-59 | 16\% | 15.0\% | 18.1\% |
|  | 60-69 | 19\% | 17.8\% | 21.0\% |
|  | 70-79 | 21\% | 18.8\% | 22.8\% |
|  | 80+ | 28\% | 24.9\% | 30.8\% |
| Race/Ethnicity | White, Non-Hispanic | 13\% | 12.4\% | 13.7\% |
|  | American Indian, Non-Hispanic | 25\% | 22.0\% | 27.9\% |
|  | Hispanic | 14\% | 8.9\% | 20.0\% |
| Household Income | Less than \$35,000 | 24\% | 22.7\% | 25.7\% |
|  | \$35,000-\$74,999 | 10\% | 9.3\% | 11.4\% |
|  | \$75,000+ | 5\% | 4.7\% | 6.4\% |
| Education | Less than High School, G.E.D. | 26\% | 22.9\% | 29.2\% |
|  | High School, G.E.D. | 17\% | 15.8\% | 18.3\% |
|  | Some Post-High School | 13\% | 11.7\% | 13.9\% |
|  | College Graduate | 7\% | 5.9\% | 7.3\% |
| Employment Status | Employed for Wages | 8\% | 7.6\% | 9.2\% |
|  | Self-employed | 9\% | 7.3\% | 10.4\% |
|  | Unemployed | 20\% | 15.9\% | 24.7\% |
|  | Homemaker | 14\% | 10.9\% | 17.6\% |
|  | Student | 5\% | 3.4\% | 7.8\% |
|  | Retired | 22\% | 20.5\% | 23.5\% |
|  | Unable to Work | 61\% | 57.2\% | 65.4\% |
| Marital Status | Married/Unmarried Couple | 11\% | 10.6\% | 12.1\% |
|  | Divorced/Separated | 23\% | 21.4\% | 25.7\% |
|  | Widowed | 26\% | 23.5\% | 28.4\% |
|  | Never Married | 12\% | 10.4\% | 13.4\% |
| Home Ownership Status | Own Home | 12\% | 11.8\% | 13.2\% |
|  | Rent Home | 18\% | 16.3\% | 19.4\% |
| Children Status | Children in Household (Ages 18-44) | 8\% | 7.2\% | 9.6\% |
|  | No Children in Household (Ages 18-44) | 8\% | 7.1\% | 10.0\% |
| Phone Status | Landline | 17\% | 16.3\% | 18.4\% |
|  | Cell Phone | 12\% | 11.5\% | 13.1\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 7\% | 2.1\% | 19.5\% |
|  | Not Pregnant (Ages 18-44) | 9\% | 7.6\% | 10.3\% |
| County | Minnehaha | 11\% | 10.0\% | 13.1\% |
|  | Pennington | 16\% | 14.0\% | 17.5\% |
|  | Lincoln | 10\% | 8.1\% | 12.6\% |
|  | Brown | 15\% | 12.8\% | 17.2\% |
|  | Brookings | 12\% | 9.7\% | 15.1\% |
|  | Codington | 12\% | 9.9\% | 13.6\% |
|  | Meade | 14\% | 11.7\% | 17.7\% |
|  | Lawrence | 12\% | 10.4\% | 14.9\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | There seems to be no significant gender difference in the prevalence of those in fair or poor health. |
| :---: | :---: |
| Age | The prevalence of fair or poor health increases as age increases. This includes significant increases when people reach their 50 s and 80 s. |
| Race/Ethnicity | American Indians exhibit a significantly higher prevalence of those in fair or poor health than do whites or Hispanics. |
| Household Income | The prevalence of fair or poor health decreases as household income increases. This includes significant decreases when the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ household incomes are reached. |
| Education | The prevalence of fair or poor health decreases as education increases. This includes significant decreases as the high school graduate, some college, and college graduate levels are reached. |
| Employment | Those who are unable to work demonstrate a very high prevalence of those in fair or poor health while those who are employed for wages, self-employed, or a student show a very low prevalence. |
| Marital Status | Those who are divorced or widowed exhibit a very high prevalence of those in fair or poor health, while those who are married or have never been married show a very low prevalence. |
| Home Ownership | Those who rent their home demonstrate a significantly higher prevalence of fair or poor health than those who own their home. |
| Children Status | The prevalence of fair or poor health of adults does not seem to differ based on the presence of children in the household. |
| Phone Status | Those who primarily use a landline phone show a significantly higher prevalence of fair or poor health than those who primarily use a cell phone. |
| Pregnancy Status | The prevalence of fair or poor health does not seem to differ based on pregnancy status. |
| County | Pennington and Brown counties exhibit a very high prevalence of those in fair or poor health, while those in Minnehaha, Lincoln, and Codington counties show a very low prevalence. |

Figure 64, below, shows the percent of American Indian, non-Hispanic South Dakotans who answered that their general health was excellent, very good, or good. Over all the years since 2011, the trend has been decreasing - from 78 percent in 2011-2013 to 74 percent in 20162018.

Figure 64
Percent of American Indian, non-Hispanic South Dakotans Who Report Their General Health as Excellent, Very Good, Or Good, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

## PHYSICAL HEALTH NOT GOOD

Definition: South Dakotans who reported their physical health was not good for 30 days of the past 30, including physical illness and injury.

## Prevalence of Physical Health Not Good for 30 Days of the Past 30

- South Dakota 5\%
- There is no nationwide median for physical health not good

Figure 65
Percentage of South Dakotans Reporting Physical Health Not
Good for 30 Days of the Past 30, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 53 <br> South Dakotans Who Reported Physical Health Not Good for 30 Days of the Past 30, 20142018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.2\% | 6.5\% |
|  | Female | 7\% | 6.0\% | 7.2\% |
| Age | 18-29 | 2\% | 1.8\% | 3.5\% |
|  | 30-39 | 4\% | 2.6\% | 4.8\% |
|  | 40-49 | 5\% | 4.1\% | 6.2\% |
|  | 50-59 | 8\% | 6.6\% | 8.7\% |
|  | 60-69 | 10\% | 8.5\% | 10.8\% |
|  | 70-79 | 10\% | 8.9\% | 11.9\% |
|  | 80+ | 11\% | 9.0\% | 12.6\% |
| Race/ Ethnicity | White, Non-Hispanic | 6\% | 5.5\% | 6.4\% |
|  | American Indian, Non-Hispanic | 10\% | 8.4\% | 12.8\% |
|  | Hispanic | 5\% | 2.6\% | 10.9\% |
| Household Income | Less than \$35,000 | 10\% | 9.4\% | 11.4\% |
|  | \$35,000-\$74,999 | 5\% | 4.3\% | 5.8\% |
|  | \$75,000+ | 3\% | 2.2\% | 3.3\% |
| Education | Less than High School, G.E.D. | 11\% | 8.6\% | 12.8\% |
|  | High School, G.E.D. | 7\% | 6.6\% | 8.4\% |
|  | Some Post-High School | 6\% | 5.2\% | 6.6\% |
|  | College Graduate | 3\% | 2.8\% | 3.8\% |
| Employment Status | Employed for Wages | 3\% | 2.6\% | 3.6\% |
|  | Self-employed | 3\% | 2.2\% | 3.9\% |
|  | Unemployed | 7\% | 4.8\% | 9.7\% |
|  | Homemaker | 7\% | 4.9\% | 10.6\% |
|  | Student | 3\% | 1.6\% | 6.5\% |
|  | Retired | 9\% | 8.6\% | 10.5\% |
|  | Unable to Work | 39\% | 34.9\% | 42.9\% |
| Marital Status | Married/Unmarried Couple | 6\% | 5.0\% | 6.1\% |
|  | Divorced/Separated | 11\% | 9.6\% | 12.8\% |
|  | Widowed | 11\% | 9.4\% | 12.8\% |
|  | Never Married | 4\% | 3.2\% | 4.8\% |
| Home Ownership Status | Own Home | 6\% | 5.2\% | 6.2\% |
|  | Rent Home | 8\% | 6.7\% | 8.9\% |
| Children Status | Children in Household (Ages 18-44) | 4\% | 2.9\% | 4.7\% |
|  | No Children in Household (Ages 18-44) | 3\% | 1.9\% | 3.3\% |
| Phone Status | Landline | 8\% | 7.1\% | 8.6\% |
|  | Cell Phone | 5\% | 4.9\% | 6.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 1\% | 0.1\% | 1.9\% |
|  | Not Pregnant (Ages 18-44) | 4\% | 3.0\% | 4.9\% |
| County | Minnehaha | 5\% | 4.1\% | 6.3\% |
|  | Pennington | 7\% | 6.0\% | 8.3\% |
|  | Lincoln | 4\% | 2.8\% | 5.8\% |
|  | Brown | 7\% | 5.9\% | 9.2\% |
|  | Brookings | 4\% | 2.8\% | 5.4\% |
|  | Codington | 6\% | 4.8\% | 7.8\% |
|  | Meade | 7\% | 5.2\% | 9.0\% |
|  | Lawrence | 7\% | 5.4\% | 8.8\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

Gender The prevalence of poor physical health does not seem to differ based on gender.

Age The prevalence of poor physical health increases as age increases. This includes a significant increase as the 50s are reached.

Race/Ethnicity American Indians exhibit a significantly higher prevalence of poor physical health than whites.

Household Income

Education The prevalence of poor physical health decreases as education increases. This includes significant decreases as the high school and college graduate levels are reached.

Employment Those who are unable to work demonstrate a very high prevalence of poor physical health while those who are employed for wages, self-employed, or a student show a very low prevalence.

Marital
Status

Home
Ownership
Children
Status
Phone Status Those who primarily use a landline phone show a significantly higher prevalence of poor physical health than those who primarily use a cell phone.

Pregnancy Those who are not pregnant demonstrate a significantly higher prevalence of Status

County Pennington and Brown counties exhibit a very high prevalence of poor physical health, while those in Lincoln and Brookings counties show a very low prevalence.

Figure 66, below, shows the average number of days South Dakotans stated their physical health was not good for the past 30 days. For the past eight years the average number of days has remained steady.

Figure 66
Average Number of Days South Dakotans' Physical Health Was Not Good in the Past 30 Days, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

## MENTAL HEALTH NOT GOOD

Definition: South Dakotans who report their mental health was not good for 20 to 30 days of the past 30, including stress, depression, and problems with emotions.

## Prevalence of Mental Health Not Good for 20-30 Days of the Past 30

- South Dakota 6\%
- There is no nationwide median for poor mental health

Figure 67
Percentage of South Dakotans Stating Mental Health Not Good for 20-30 Days of the Past 30, 2011-2018


Table 54
South Dakotans Who Stated Mental Health Not Good for 20-30 Days of the Past 30, 2014-2018

|  |  | 2014-2018 | 95\% Confidence Interval |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Low | High |
| Gender | Male |  | 5\% | 4.1\% | 5.3\% |
|  | Female | 7\% | 6.1\% | 7.6\% |
| Age | 18-29 | 7\% | 5.9\% | 8.7\% |
|  | 30-39 | 7\% | 5.5\% | 8.1\% |
|  | 40-49 | 6\% | 5.1\% | 7.6\% |
|  | 50-59 | 6\% | 4.7\% | 6.6\% |
|  | 60-69 | 4\% | 3.6\% | 5.1\% |
|  | 70-79 | 4\% | 3.0\% | 5.3\% |
|  | 80+ | 4\% | 2.7\% | 5.3\% |
| Race/Ethnicity | White, Non-Hispanic | 5\% | 5.0\% | 6.0\% |
|  | American Indian, Non-Hispanic | 8\% | 6.2\% | 9.1\% |
|  | Hispanic | 6\% | 2.6\% | 12.1\% |
| Household Income | Less than \$35,000 | 10\% | 8.6\% | 10.9\% |
|  | \$35,000-\$74,999 | 4\% | 3.8\% | 5.2\% |
|  | \$75,000+ | 3\% | 2.0\% | 3.3\% |
| Education | Less than High School, G.E.D. | 9\% | 7.4\% | 12.0\% |
|  | High School, G.E.D. | 6\% | 5.6\% | 7.4\% |
|  | Some Post-High School | 6\% | 5.1\% | 6.8\% |
|  | College Graduate | 3\% | 2.7\% | 3.8\% |
| Employment Status | Employed for Wages | 5\% | 4.2\% | 5.5\% |
|  | Self-employed | 4\% | 2.7\% | 4.7\% |
|  | Unemployed | 12\% | 8.8\% | 16.5\% |
|  | Homemaker | 5\% | 2.9\% | 8.5\% |
|  | Student | 6\% | 3.5\% | 8.6\% |
|  | Retired | 4\% | 3.2\% | 4.7\% |
|  | Unable to Work | 25\% | 22.0\% | 29.1\% |
| Marital Status | Married/Unmarried Couple | 4\% | 3.7\% | 4.7\% |
|  | Divorced/Separated | 10\% | 8.1\% | 11.4\% |
|  | Widowed | 8\% | 5.9\% | 10.0\% |
|  | Never Married | 7\% | 6.1\% | 8.5\% |
| Home Ownership Status | Own Home | 4\% | 3.8\% | 4.7\% |
|  | Rent Home | 9\% | 7.4\% | 9.8\% |
| Children Status | Children in Household (Ages 18-44) | 7\% | 6.0\% | 8.4\% |
|  | No Children in Household (Ages 18-44) | 6\% | 5.3\% | 7.7\% |
| Phone Status | Landline | 5\% | 4.6\% | 6.0\% |
|  | Cell Phone | 6\% | 5.4\% | 6.7\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 6\% | 2.0\% | 15.3\% |
|  | Not Pregnant (Ages 18-44) | 8\% | 7.1\% | 9.9\% |
| County | Minnehaha | 6\% | 4.7\% | 7.1\% |
|  | Pennington | 7\% | 5.7\% | 8.5\% |
|  | Lincoln | 4\% | 3.2\% | 5.9\% |
|  | Brown | 5\% | 4.1\% | 7.0\% |
|  | Brookings | 5\% | 3.8\% | 7.7\% |
|  | Codington | 6\% | 4.5\% | 8.1\% |
|  | Meade | 7\% | 5.3\% | 9.0\% |
|  | Lawrence | 5\% | 4.1\% | 6.9\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

| Gender | Females exhibit a significantly higher prevalence of poor mental health than males. |
| :---: | :---: |
| Age | The prevalence of poor mental health decreases as age increases. |
| Race/Ethnicity | American Indians exhibit a significantly higher prevalence of poor mental health than whites. |
| Household Income | The prevalence of poor mental health decreases as household income increases. This includes significant decreases when the $\$ 35,000-\$ 74,999$ and \$75,000+ household incomes are reached. |
| Education | The prevalence of poor mental health decreases as education increases. This includes a significant decrease as the college graduate level is reached. |
| Employment | Those who are unable to work demonstrate a very high prevalence of poor mental health while those who are employed for wages, self-employed, homemakers, students, or retired show a very low prevalence. |
| Marital Status | Those who are married exhibit a significantly lower prevalence of poor mental health than all other types of marital status. |
| Home Ownership | Those who rent their home demonstrate a significantly higher prevalence of poor mental health than those who own their home. |
| Children Status | The prevalence of poor mental health of the adults does not seem to change based on the presence of children in the household. |
| Phone Status | The prevalence of poor mental health does not seem to change based on phone status. |
| Pregnancy Status | The prevalence of poor mental health does not seem to change based on pregnancy status. |
| County | The prevalence of poor mental health does not seem to differ among the eight available counties. |

Figure 68, below, shows the average number of days South Dakotans stated their mental health was not good for the past 30 days. For the past eight years the average number of days has remained steady.

Figure 68
Average Number of Days South Dakotans' Mental Health Was Not Good in the Past 30 Days, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

## USUAL ACTIVITIES UNATTAINABLE

Definition: South Dakotans who report poor physical or mental health kept them from doing their usual activities for 10 to 30 days of the past 30 days, such as self-care, work, or recreation.

## Prevalence of Usual Activities Unattainable for 10-30 Days of the Past 30

- South Dakota 7\%
- There is no national median for usual activities unattainable for 10-30 days of the past 30

Figure 69
Percentage of South Dakotans Reporting Usual Activities Unattainable for 10-30 Days of the Past 30, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 55 <br> South Dakotans Who Stated Usual Activities Unattainable Due to Poor Physical or Mental Health for 10-30 Days of the Past 30, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.6\% | 6.9\% |
|  | Female | 8\% | 7.3\% | 8.6\% |
| Age | 18-29 | 4\% | 3.2\% | 5.4\% |
|  | 30-39 | 5\% | 3.9\% | 6.2\% |
|  | 40-49 | 7\% | 5.9\% | 8.6\% |
|  | 50-59 | 9\% | 7.9\% | 10.2\% |
|  | 60-69 | 10\% | 9.0\% | 11.3\% |
|  | 70-79 | 8\% | 7.2\% | 9.9\% |
|  | 80+ | 7\% | 6.0\% | 9.0\% |
| Race/Ethnicity | White, Non-Hispanic | 7\% | 6.2\% | 7.2\% |
|  | American Indian, Non-Hispanic | 11\% | 9.4\% | 13.7\% |
|  | Hispanic | 9\% | 5.1\% | 16.0\% |
| Household Income | Less than \$35,000 | 12\% | 10.9\% | 13.1\% |
|  | \$35,000-\$74,999 | 6\% | 4.8\% | 6.4\% |
|  | \$75,000+ | 3\% | 2.3\% | 3.3\% |
| Education | Less than High School, G.E.D. | 11\% | 8.9\% | 13.1\% |
|  | High School, G.E.D. | 9\% | 7.7\% | 9.6\% |
|  | Some Post-High School | 7\% | 6.0\% | 7.4\% |
|  | College Graduate | 4\% | 3.5\% | 4.6\% |
| Employment Status | Employed for Wages | 4\% | 3.2\% | 4.2\% |
|  | Self-employed | 4\% | 2.9\% | 4.8\% |
|  | Unemployed | 13\% | 9.7\% | 16.6\% |
|  | Homemaker | 6\% | 3.8\% | 8.5\% |
|  | Student | 5\% | 2.8\% | 8.4\% |
|  | Retired | 9\% | 7.6\% | 9.5\% |
|  | Unable to Work | 47\% | 42.4\% | 50.7\% |
| Marital Status | Married/Unmarried Couple | 6\% | 5.4\% | 6.5\% |
|  | Divorced/Separated | 13\% | 11.6\% | 15.1\% |
|  | Widowed | 10\% | 8.2\% | 12.1\% |
|  | Never Married | 6\% | 4.8\% | 6.9\% |
| Home Ownership Status | Own Home | 6\% | 5.5\% | 6.5\% |
|  | Rent Home | 9\% | 8.2\% | 10.7\% |
| Children Status | Children in Household (Ages 18-44) | 5\% | 4.3\% | 6.4\% |
|  | No Children in Household (Ages 18-44) | 4\% | 3.3\% | 5.2\% |
| Phone Status | Landline | 8\% | 7.4\% | 9.0\% |
|  | Cell Phone | 6\% | 5.9\% | 7.1\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 4\% | 0.9\% | 15.0\% |
|  | Not Pregnant (Ages 18-44) | 6\% | 4.8\% | 6.9\% |
| County | Minnehaha | 7\% | 5.7\% | 8.2\% |
|  | Pennington | 8\% | 6.8\% | 9.3\% |
|  | Lincoln | 4\% | 2.9\% | 5.5\% |
|  | Brown | 7\% | 5.7\% | 9.2\% |
|  | Brookings | 6\% | 4.4\% | 7.8\% |
|  | Codington | 6\% | 4.7\% | 7.9\% |
|  | Meade | 8\% | 6.1\% | 10.1\% |
|  | Lawrence | 8\% | 6.1\% | 9.8\% |

Note: *Results based on small sample sizes have been suppressed
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

| Gender | Females exhibit a significantly higher prevalence of poor health keeping them <br> from usual activities than males. |
| :--- | :--- |
| Age | The prevalence of poor health keeping someone from usual activities <br> increases as age increases and peaks in the 60s. After that, it decreases as <br> age increases. |
| Race/Ethnicity | American Indians exhibit a significantly higher prevalence of poor health <br> keeping them from usual activities than whites. |
| Household | The prevalence of poor health keeping someone from usual activities <br> decreases as household income increases. This includes significant <br> decreases when the \$35,000-\$74,999 and \$75,000+ household income <br> groups are reached. |
| Income | The prevalence of poor health keeping someone from usual activities <br> decreases as education increases. This includes significant decreases as <br> some post-high school and college graduate levels are reached. |
| Education | Those who are unable to work demonstrate a very high prevalence of poor <br> health keeping them from usual activities, while those who are employed for <br> wages, self-employed, a homemaker, or a student show a very low |
| prevalence. |  |$\quad$| Those who are divorced or widowed exhibit a very high prevalence of poor |
| :--- |
| health keeping them from usual activities, while those who are married or |
| have never been married show a very low prevalence. |

Figure 70, below, shows the average number of days in the past 30 days where poor physical or mental health kept South Dakotans from doing their usualy activities. For the past eight years the average number of days has remained steady.

Figure 70
Average Number of Days Poor Physical or Mental Health Kept South Dakotans From Doing Their Usual Activities in the Past 30 Days, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Definition: South Dakotans who report they "always" or "nearly always" use seat belts when driving or riding in a car.

## Prevalence of Seat Belt Use

- South Dakota 85\%
- Nationwide median $94 \%$

Figure 71
Percentage of South Dakotans Who Always or Nearly Always Wear a Seat
Belt, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 56 <br> South Dakotans Who Always or Nearly Always Wear a Seat Belt, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 79\% | 77.3\% | 79.8\% |
|  | Female | 91\% | 90.2\% | 91.8\% |
| Age | 18-29 | 82\% | 80.4\% | 84.4\% |
|  | 30-39 | 83\% | 80.3\% | 84.5\% |
|  | 40-49 | 85\% | 82.8\% | 86.8\% |
|  | 50-59 | 84\% | 81.9\% | 85.3\% |
|  | 60-69 | 87\% | 86.0\% | 88.7\% |
|  | 70-79 | 88\% | 86.0\% | 89.7\% |
|  | 80+ | 91\% | 89.3\% | 92.9\% |
| Race/Ethnicity | White, Non-Hispanic | 85\% | 84.2\% | 85.7\% |
|  | American Indian, Non-Hispanic | 84\% | 80.5\% | 86.3\% |
|  | Hispanic | 86\% | 77.8\% | 91.7\% |
| Household Income | Less than \$ 35,000 | 81\% | 79.3\% | 82.5\% |
|  | \$35,000-\$74,999 | 84\% | 82.8\% | 85.6\% |
|  | \$75,000+ | 89\% | 88.2\% | 90.6\% |
| Education | Less than High School, G.E.D. | 76\% | 71.9\% | 79.0\% |
|  | High School, G.E.D. | 82\% | 80.3\% | 83.1\% |
|  | Some Post-High School | 85\% | 84.0\% | 86.5\% |
|  | College Graduate | 92\% | 90.8\% | 92.6\% |
| Employment Status | Employed for Wages | 85\% | 84.1\% | 86.2\% |
|  | Self-employed | 75\% | 72.2\% | 77.1\% |
|  | Unemployed | 78\% | 72.1\% | 82.6\% |
|  | Homemaker | 91\% | 87.4\% | 94.3\% |
|  | Student | 89\% | 85.0\% | 92.5\% |
|  | Retired | 90\% | 89.2\% | 91.5\% |
|  | Unable to Work | 79\% | 75.7\% | 82.8\% |
| Marital Status | Married/Unmarried Couple | 87\% | 86.0\% | 87.8\% |
|  | Divorced/Separated | 79\% | 76.7\% | 81.5\% |
|  | Widowed | 89\% | 87.1\% | 91.2\% |
|  | Never Married | 81\% | 78.9\% | 82.7\% |
| Home Ownership Status | Own Home | 86\% | 84.8\% | 86.5\% |
|  | Rent Home | 82\% | 80.0\% | 83.5\% |
| Children Status | Children in Household (Ages 18-44) | 83\% | 81.3\% | 84.8\% |
|  | No Children in Household (Ages 18-44) | 83\% | 80.7\% | 84.7\% |
| Phone Status | Landline | 87\% | 85.8\% | 88.0\% |
|  | Cell Phone | 84\% | 82.8\% | 84.7\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 86\% | 72.1\% | 93.9\% |
|  | Not Pregnant (Ages 18-44) | 90\% | 88.2\% | 91.2\% |
| County | Minnehaha | 88\% | 85.7\% | 89.3\% |
|  | Pennington | 89\% | 86.9\% | 90.2\% |
|  | Lincoln | 90\% | 86.8\% | 92.0\% |
|  | Brown | 81\% | 77.9\% | 83.7\% |
|  | Brookings | 88\% | 84.4\% | 90.2\% |
|  | Codington | 80\% | 77.0\% | 82.9\% |
|  | Meade | 79\% | 74.4\% | 83.0\% |
|  | Lawrence | 86\% | 83.6\% | 88.1\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

Gender
Age

Race/Ethnicity There seems to be no racial/ethnic difference regarding seat belt use.

## Household Income

Education

## Employment

Marital
Status

Home
Ownership
Children
Status
Phone Status Those who primarily use a landline phone demonstrate a significantly higher prevalence of seat belt use than those who primarily use a cell phone.

Pregnancy
Status
County Minnehaha, Pennington, Lincoln, Brookings, and Lawrence counties all exhibit a very high prevalence of seat belt use, while Brown, Codington, and Meade counties all show a very low prevalence.

Definition: South Dakotans who said that they got less than six hours of sleep in an average 24-hour period.

## Prevalence of Inadequate Sleep

- South Dakota 8\%
- There is no nationwide median for sleep

Figure 72
Percent of South Dakotans Who Get Less Than Six Hours of Sleep in an Average 24-Hour Period, 2013, 2014, 2016, and 2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013, 2014, 2016, and 2018


Note: $\quad$ *Results based on sample sizes less than 100 have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | There seems to be no gender difference regarding lack of sleep. |
| :--- | :--- |
| Age | Lack of sleep seems to peak in the 40s and then decreases as age increases <br> with a significant decrease as the 60 s are reached. |
| Race/Ethnicity | There seems to be no significant racial/ethnic differences regarding lack of <br> sleep. |
| Household | The prevalence of lack of sleep decreases as household income increases. <br> This includes significant decreases when the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ <br> household income levels are reached. |
| Income | The prevalence of lack of sleep decreases as education increases. This <br> includes a significant decrease as the college graduate level is reached. |
| Employment | Those who are unable to work demonstrate a very high prevalence of lack of <br> sleep, while those who are self-employed, a homemaker, a student, or retired <br> show a very low prevalence. |
| Marital | Those who are divorced exhibit a very high prevalence of lack of sleep, while <br> those who are married or have never been married show a very low |
| prevalence. |  |$\quad$| Those who rent their home show a significantly higher prevalence of lack of |
| :--- |
| sleep than those who own their home. |

## Sunblock Use

Definition: South Dakotans who answered "always" or "nearly always" to the question: "When you are outside for more than one hour on a sunny day, how often do you wear sunblock or sunscreen with an SPF of 15 or higher?"

## Prevalence of Sunblock Use

- South Dakota 24\%
- There is no nationwide median for sunblock use

Figure 73
Percent of South Dakotans Who Use Sunblock Most of the
Time, 2011, 2014, 2016, and 2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011, 2014, 2016, and 2018

| Table 58South Dakotans Who Use Sunblock Most of the Time, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 15\% | 13.3\% | 15.8\% |
|  | Female | 35\% | 33.2\% | 36.7\% |
| Age | 18-29 | 18\% | 15.1\% | 20.6\% |
|  | 30-39 | 26\% | 23.0\% | 29.3\% |
|  | 40-49 | 29\% | 26.0\% | 32.0\% |
|  | 50-59 | 25\% | 22.4\% | 27.1\% |
|  | 60-69 | 27\% | 24.6\% | 29.3\% |
|  | 70-79 | 26\% | 23.6\% | 29.4\% |
|  | 80+ | 23\% | 19.5\% | 26.9\% |
| Race/Ethnicity | White, Non-Hispanic | 26\% | 25.0\% | 27.4\% |
|  | American Indian, Non-Hispanic | 15\% | 12.1\% | 18.8\% |
|  | Hispanic | 19\% | 11.5\% | 29.1\% |
| Household Income | Less than \$35,000 | 19\% | 16.7\% | 20.6\% |
|  | \$35,000-\$74,999 | 26\% | 23.6\% | 27.7\% |
|  | \$75,000+ | 32\% | 29.6\% | 34.1\% |
| Education | Less than High School, G.E.D. | 12\% | 8.7\% | 15.4\% |
|  | High School, G.E.D. | 20\% | 17.6\% | 21.5\% |
|  | Some Post-High School | 25\% | 23.3\% | 27.2\% |
|  | College Graduate | 35\% | 32.6\% | 36.6\% |
| Employment Status | Employed for Wages | 26\% | 24.0\% | 27.2\% |
|  | Self-employed | 20\% | 17.4\% | 23.0\% |
|  | Unemployed | 17\% | 11.4\% | 23.9\% |
|  | Homemaker | 34\% | 28.1\% | 40.8\% |
|  | Student | 20\% | 14.4\% | 27.9\% |
|  | Retired | 26\% | 24.5\% | 28.6\% |
|  | Unable to Work | 20\% | 15.7\% | 25.0\% |
| Marital Status | Married/Unmarried Couple | 28\% | 26.5\% | 29.4\% |
|  | Divorced/Separated | 20\% | 17.5\% | 22.9\% |
|  | Widowed | 27\% | 23.6\% | 30.7\% |
|  | Never Married | 17\% | 14.4\% | 19.3\% |
| Home Ownership Status | Own Home | 27\% | 25.8\% | 28.4\% |
|  | Rent Home | 18\% | 16.0\% | 20.6\% |
| Children Status | Children in Household (Ages 18-44) | 25\% | 22.6\% | 27.5\% |
|  | No Children in Household (Ages 18-44) | 21\% | 17.6\% | 23.7\% |
| Phone Status | Landline | 26\% | 24.7\% | 28.0\% |
|  | Cell Phone | 24\% | 22.1\% | 25.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 21\% | 12.0\% | 34.7\% |
|  | Not Pregnant (Ages 18-44) | 34\% | 30.8\% | 37.2\% |
| County | Minnehaha | 24\% | 21.6\% | 27.2\% |
|  | Pennington | 31\% | 27.9\% | 33.7\% |
|  | Lincoln | 35\% | 29.5\% | 41.2\% |
|  | Brown | 25\% | 21.3\% | 28.0\% |
|  | Brookings | 27\% | 21.9\% | 32.0\% |
|  | Codington | 20\% | 17.0\% | 23.3\% |
|  | Meade | 26\% | 21.6\% | 31.4\% |
|  | Lawrence | 28\% | 24.3\% | 31.0\% |

Note: *Results based on sample sizes less than 100 have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## Demographics

| Gender | Females exhibit a significantly higher prevalence of sun block use than males. |
| :--- | :--- |
| Age | There seems to be no consistent differences with sun block use as age <br> changes. |
| Race/Ethnicity | Whites demonstrate a significantly higher prevalence of sun block use than <br> American Indians. |
| Household | The prevalence of sun block use increases as household income increases. <br> This includes significant increases as the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ <br> income groups are reached. |
| Education | The prevalence of sun block use increases as education levels increase. This <br> includes significant increases as each new education level is reached. |
| Employment | Those who are a homemaker or retired demonstrate a very high prevalence of <br> sun block use, while those who are self-employed, unemployed, a student, or <br> unable to work show a very low prevalence. |
| Marital | Those who are married or widowed exhibit a very high prevalence of sun <br> block use, while those who are divorced or have never been married show a <br> very low prevalence. |
| Status | Those who own their home show a significantly higher prevalence of sun <br> block use than those who rent their home. |
| Home | There seems to be no difference in the prevalence of sun block use regarding <br> whether children are in the household. |
| Children | There seems to be no difference in the prevalence of sun block use regarding <br> phone status. |
| Phone Status | Pennington, Lincoln, and Lawrence counties demonstrate a very high <br> prevalence of sun block use, while Minnehaha, Brown, and Codington <br> counties show a very low prevalence. |

## Adverse Childhood Experiences

## ONE OR MORE ADVERSE CHILDHOOD EXPERIENCES

Definition: South Dakotans that report they have had one or more adverse childhood experiences such as: lived with anyone who was depressed, mentally ill, or suicidal, lived with anyone who was a problem drinker or an alcoholic.

## Prevalence of One or More Adverse Childhood Experiences

- South Dakota 49\%
- There was no nationwide median for having adverse childhood experiences

Figure 74
Percent of South Dakotans Who Had One or More Adverse Childhood Experiences, 2017-2018


[^10]

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

## Demographics

| Gender | The prevalence of having faced at least one adverse childhood experience <br> does not seem to differ by gender. |
| :--- | :--- |
| Age | The prevalence of having faced at least one adverse childhood experience <br> generally decreases as adult age increases. |
| Race/Ethnicity | American Indians demonstrate a very high prevalence of having faced at least <br> one adverse childhood experience, while whites show a very low prevalence. |
| Household | The prevalence of having faced at least one adverse childhood experience <br> decreases as adult household income increases. |
| Income | The prevalence of having faced at least one adverse childhood experience <br> decreases as their adult education levels increase. |
| Education | Those who are employed for wages, unemployed, a homemaker, or unable to <br> work demonstrate a very high prevalence of having faced at least one <br> adverse childhood experience, while those who are self-employed or retired <br> show a very low prevalence. |
| Employment |  |
| Marital | Those who have never been married or are divorced exhibit a very high <br> prevalence of having faced at least one adverse childhood experience, while <br> those who are widowed show a very low prevalence. |
| Status | Those who rent their home demonstrate a significantly higher prevalence of <br> having faced at least one adverse childhood experience than those who own <br> their home. |
| Children | The prevalence of having faced at least one adverse childhood experience <br> does not seem to differ based on the presence of children in the household. |
| Status | Those who primarily use a cell phone exhibit a significantly higher prevalence <br> of having faced at least one adverse childhood experience than those who <br> primarily use a landline phone. |
| Phership Status | There seems to be no difference among the seven counties with enough <br> sample size to analyze with regard to having faced at least one adverse <br> childhood experience. |

## FIVE OR MORE ADVERSE CHILDHOOD EXPERIENCES

Definition: South Dakotans that report they have had five or more adverse childhood experiences such as: lived with anyone who was depressed, mentally ill, or suicidal, lived with anyone who was a problem drinker or an alcoholic.

## Prevalence of Five or More Adverse Childhood Experiences

- South Dakota 9\%
- There was no nationwide median for having adverse childhood experiences

Figure 75
Percent of South Dakotans Who Had Five or More Adverse Childhood Experiences, 2017-2018


[^11]

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

## Demographics

| Gender | Females exhibit a significantly higher prevalence of having faced at least five <br> adverse childhood experiences than males. |
| :--- | :--- |
| Age | The prevalence of having faced at least five adverse childhood experiences <br> generally decreases as adult age increases. |
| Race/Ethnicity |  | | American Indians and Hispanics demonstrate a significantly higher |
| :--- |
| prevalence of having faced at least five adverse childhood experiences than |
| whites. |

## Hearing Difficulty

Definition: South Dakotans that answered yes to the question: "Are you deaf or do you have serious difficulty hearing?"

## Prevalence of Hearing Difficulty

- South Dakota 8\%
- Nationwide median 7\%

Figure 76
Percentage of South Dakotans Who are Deaf or Have Serious
Difficulty Hearing, 2016-2018


| Table 61 <br> South Dakotans Who Are Deaf or Have Serious Difficulty Hearing, 2016-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2016-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 10\% | 9.2\% | 11.3\% |
|  | Female | 5\% | 4.6\% | 5.9\% |
| Age | 18-29 | 2\% | 1.5\% | 4.0\% |
|  | 30-39 | 3\% | 2.1\% | 4.3\% |
|  | 40-49 | 4\% | 2.9\% | 5.4\% |
|  | 50-59 | 7\% | 5.6\% | 8.4\% |
|  | 60-69 | 10\% | 8.5\% | 11.4\% |
|  | 70-79 | 19\% | 16.0\% | 21.5\% |
|  | 80+ | 29\% | 25.1\% | 33.1\% |
| Race/Ethnicity | White | 8\% | 6.9\% | 8.2\% |
|  | American Indian, Non-Hispanic | 10\% | 7.7\% | 12.4\% |
|  | Hispanic | 7\% | 3.3\% | 13.9\% |
| Household Income | Less than \$35,000 | 10\% | 8.3\% | 10.9\% |
|  | \$35,000-\$74,999 | 7\% | 6.2\% | 8.3\% |
|  | \$75,000+ | 5\% | 3.8\% | 5.4\% |
| Education | Less than High School, G.E.D. | 11\% | 8.5\% | 14.9\% |
|  | High School, G.E.D. | 9\% | 8.2\% | 10.6\% |
|  | Some Post-High School | 7\% | 6.1\% | 8.0\% |
|  | College Graduate | 5\% | 4.5\% | 6.0\% |
| Employment Status | Employed for Wages | 4\% | 3.6\% | 5.0\% |
|  | Self-employed | 6\% | 4.6\% | 7.4\% |
|  | Unemployed | 5\% | 3.4\% | 8.2\% |
|  | Homemaker | 7\% | 4.8\% | 10.9\% |
|  | Student | 1\% | 0.2\% | 1.8\% |
|  | Retired | 18\% | 16.4\% | 20.0\% |
|  | Unable to Work | 17\% | 13.4\% | 21.8\% |
| Marital Status | Married/Unmarried Couple | 7\% | 6.6\% | 8.2\% |
|  | Divorced/Separated | 9\% | 7.5\% | 11.5\% |
|  | Widowed | 21\% | 18.2\% | 24.6\% |
|  | Never Married | 3\% | 2.5\% | 4.5\% |
| Home Ownership Status | Own Home | 8\% | 7.6\% | 9.1\% |
|  | Rent Home | 6\% | 5.2\% | 7.7\% |
| Children Status | Children in Household (Ages 18-44) | 3\% | 2.1\% | 4.2\% |
|  | No Children in Household (Ages 18-44) | 2\% | 1.6\% | 3.8\% |
| Phone Status | Landline | 12\% | 10.3\% | 12.9\% |
|  | Cell Phone | 6\% | 5.6\% | 7.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 3\% | 0.4\% | 14.9\% |
|  | Not Pregnant (Ages 18-44) | 1\% | 0.8\% | 2.4\% |
| County | Minnehaha | 6\% | 4.9\% | 7.8\% |
|  | Pennington | 10\% | 7.9\% | 11.6\% |
|  | Lincoln | 3\% | 1.8\% | 6.7\% |
|  | Brown | 10\% | 7.1\% | 13.7\% |
|  | Brookings | 4\% | 2.9\% | 5.8\% |
|  | Codington | 12\% | 8.9\% | 15.7\% |
|  | Meade | 8\% | 5.0\% | 11.4\% |
|  | Lawrence | 6\% | 4.6\% | 8.7\% |

[^12]
## Demographics

| Gender | Males exhibit a significantly higher prevalence of hearing difficulty than females. |
| :---: | :---: |
| Age | The prevalence of hearing difficulty increases as age increases. This includes significant increases when people reach their $50 \mathrm{~s}, 60 \mathrm{~s}, 70 \mathrm{~s}$, and 80 s . |
| Race/Ethnicity | There seems to be no racial/ethnic difference regarding hearing difficulty. |
| Household Income | The prevalence of hearing difficulty decreases as household income increases. This includes a significant decrease as the \$75,000+ household income group is reached. |
| Education | The prevalence of hearing difficulty decreases as education increases. This includes significant decreases as some post-high school and college graduate levels are reached. |
| Employment | Those who are retired or unable to work demonstrate a very high prevalence of hearing difficulty while those who are a student show a very low prevalence. |
| Marital Status | Those who are widowed exhibit a very high prevalence of hearing difficulty, while those who have never been married show a very low prevalence. |
| Home Ownership | The prevalence of hearing difficulty does not seem to change based on home ownership status. |
| Children Status | The prevalence of hearing difficulty does not seem to change based on the presence of children in the household. |
| Phone Status | Those who primarily use a landline phone show a significantly higher prevalence of hearing difficulty than those who primarily use a cell phone. |
| County | Pennington, Brown, and Codington counties exhibit a very high prevalence of hearing difficulty, while those in Minnehaha, Lincoln, and Brookings counties show a very low prevalence. |

Definition: South Dakotans, ages 18-64, that report they have had an HIV test.
Prevalence of HIV Test

- South Dakota 27\%
- Nationwide median 38\%

Figure 77
Percentage of South Dakotans, Ages 18-64, Who Have Been
Tested for HIV, 2011-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

| Table 62 <br> South Dakotans, Ages 18-64, Who Have Been Tested for HIV, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 24\% | 22.5\% | 25.0\% |
|  | Female | 27\% | 25.7\% | 28.3\% |
| Age | 18-29 | 29\% | 26.2\% | 31.2\% |
|  | 30-39 | 42\% | 39.1\% | 44.5\% |
|  | 40-49 | 37\% | 34.2\% | 39.4\% |
|  | 50-59 | 23\% | 21.0\% | 24.5\% |
|  | 60-69 | 15\% | 13.3\% | 16.0\% |
|  | 70-79 | 7\% | 6.3\% | 8.8\% |
|  | 80+ | 3\% | 1.9\% | 4.1\% |
| Race/Ethnicity | White, Non-Hispanic | 22\% | 21.5\% | 23.3\% |
|  | American Indian, Non-Hispanic | 50\% | 46.0\% | 53.4\% |
|  | Hispanic | 39\% | 31.1\% | 48.0\% |
| Household Income | Less than \$35,000 | 30\% | 27.9\% | 31.6\% |
|  | \$35,000-\$74,999 | 25\% | 23.5\% | 26.7\% |
|  | \$75,000+ | 25\% | 23.1\% | 26.4\% |
| Education | Less than High School, G.E.D. | 23\% | 19.6\% | 26.4\% |
|  | High School, G.E.D. | 22\% | 20.3\% | 23.5\% |
|  | Some Post-High School | 28\% | 26.1\% | 29.4\% |
|  | College Graduate | 27\% | 25.9\% | 28.9\% |
| Employment Status | Employed for Wages | 30\% | 28.3\% | 31.0\% |
|  | Self-employed | 21\% | 18.4\% | 23.1\% |
|  | Unemployed | 43\% | 37.3\% | 48.7\% |
|  | Homemaker | 33\% | 27.6\% | 38.1\% |
|  | Student | 17\% | 13.4\% | 21.3\% |
|  | Retired | 9\% | 8.3\% | 10.3\% |
|  | Unable to Work | 40\% | 36.0\% | 44.6\% |
| Marital Status | Married/Unmarried Couple | 23\% | 22.3\% | 24.5\% |
|  | Divorced/Separated | 39\% | 36.3\% | 42.0\% |
|  | Widowed | 8\% | 7.0\% | 10.2\% |
|  | Never Married | 29\% | 26.4\% | 30.9\% |
| Home Ownership Status | Own Home | 22\% | 20.9\% | 22.9\% |
|  | Rent Home | 35\% | 33.2\% | 37.6\% |
| Children Status | Children in Household (Ages 18-44) | 40\% | 37.4\% | 41.8\% |
|  | No Children in Household (Ages 18-44) | 30\% | 27.4\% | 32.4\% |
| Phone Status | Landline | 17\% | 16.2\% | 18.4\% |
|  | Cell Phone | 29\% | 28.2\% | 30.6\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 66\% | 53.8\% | 76.9\% |
|  | Not Pregnant (Ages 18-44) | 41\% | 38.4\% | 43.4\% |
| County | Minnehaha | 28\% | 25.2\% | 30.0\% |
|  | Pennington | 32\% | 29.2\% | 34.1\% |
|  | Lincoln | 26\% | 21.7\% | 29.8\% |
|  | Brown | 21\% | 18.2\% | 24.1\% |
|  | Brookings | 17\% | 13.6\% | 19.9\% |
|  | Codington | 20\% | 17.4\% | 23.7\% |
|  | Meade | 28\% | 23.7\% | 32.0\% |
|  | Lawrence | 22\% | 19.5\% | 25.2\% |

[^13]
## Demographics

| Gender | Females exhibit a significantly higher prevalence of HIV testing than males. |
| :---: | :---: |
| Age | HIV testing peaks with those in their 30s and then decreases as age increases with significant decreases as the $50 \mathrm{~s}, 60 \mathrm{~s}, 70 \mathrm{~s}$, and 80 s are reached. |
| Race/Ethnicity | American Indians and Hispanics exhibit a significantly higher prevalence of HIV testing than whites. |
| Household Income | The prevalence of HIV testing does not seem to change as household income changes. |
| Education | There seems to be no difference in the prevalence of HIV testing regarding changing education levels. |
| Employment | Those who are unemployed, a homemaker, or unable to work demonstrate a very high prevalence of HIV testing, while those who are retired show a very low prevalence. |
| Marital Status | Those who are divorced exhibit a very high prevalence of HIV testing, while those who are widowed show a very low prevalence. |
| Home Ownership | Those who rent their home demonstrate a significantly higher prevalence of HIV testing than those who own their home. |
| Children Status | Those who have children in the household demonstrate a significantly higher prevalence of HIV testing than those who do not have children. |
| Phone Status | Those who primarily use a cell phone demonstrate a significantly higher prevalence of HIV testing than those who primarily use a landline. |
| Pregnancy Status | Those who are pregnant exhibit a significantly higher prevalence of HIV testing than those who are not pregnant. |
| County | Minnehaha, Pennington, Lincoln, and Meade counties exhibit a very high prevalence of HIV testing, while Brown, Brookings, Codington, and Lawrence counties all show a very low prevalence. |

## Prescription Pain Medication

Definition: South Dakotans that have taken prescription pain medication in the past twelve months.

## Prevalence of Prescription Pain Medication

- South Dakota 16\%
- There is no nationwide median for prescription pain medication

Figure 78
Percentage of South Dakotans Who Have Taken Prescription Pain Medication in the Past 12 Months, 2017-2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

| Table 63 <br> South Dakotans That Have Taken Prescription Pain Medication in the Last 12 Months, 2017-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2017-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 14\% | 12.7\% | 16.0\% |
|  | Female | 16\% | 14.7\% | 17.9\% |
| Age | 18-29 | 13\% | 9.7\% | 16.1\% |
|  | 30-39 | 13\% | 10.3\% | 16.0\% |
|  | 40-49 | 15\% | 12.0\% | 18.3\% |
|  | 50-59 | 19\% | 16.1\% | 21.9\% |
|  | 60-69 | 18\% | 15.9\% | 20.7\% |
|  | 70-79 | 16\% | 13.4\% | 19.0\% |
|  | 80+ | 12\% | 8.4\% | 15.8\% |
| Race/ Ethnicity | White, Non-Hispanic | 15\% | 14.1\% | 16.5\% |
|  | American Indian, Non-Hispanic | 16\% | 13.0\% | 20.1\% |
|  | Hispanic | 18\% | 10.1\% | 29.4\% |
| Household Income | Less than \$35,000 | 18\% | 15.9\% | 20.8\% |
|  | \$35,000-\$74,999 | 14\% | 12.4\% | 16.1\% |
|  | \$75,000+ | 14\% | 12.4\% | 16.8\% |
| Education | Less than High School, G.E.D. | 14\% | 9.8\% | 19.3\% |
|  | High School, G.E.D. | 15\% | 13.0\% | 17.1\% |
|  | Some Post-High School | 16\% | 13.8\% | 17.9\% |
|  | College Graduate | 16\% | 13.7\% | 17.7\% |
| Employment Status | Employed for Wages | 14\% | 12.8\% | 16.1\% |
|  | Self-employed | 11\% | 8.4\% | 14.1\% |
|  | Unemployed | 21\% | 15.1\% | 29.7\% |
|  | Homemaker | 14\% | 9.4\% | 20.0\% |
|  | Student | 15\% | 9.2\% | 24.9\% |
|  | Retired | 15\% | 12.9\% | 16.8\% |
|  | Unable to Work | 35\% | 29.0\% | 42.3\% |
| Marital Status | Married/Unmarried Couple | 15\% | 13.7\% | 16.7\% |
|  | Divorced/Separated | 19\% | 16.0\% | 23.1\% |
|  | Widowed | 18\% | 14.1\% | 21.5\% |
|  | Never Married | 13\% | 10.5\% | 15.9\% |
| Home Ownership Status | Own Home | 15\% | 14.0\% | 16.7\% |
|  | Rent Home | 15\% | 13.1\% | 18.2\% |
| Children Status | Children in Household (Ages 18-44) | 13\% | 10.4\% | 15.6\% |
|  | No Children in Household (Ages 18-44) | 13\% | 10.1\% | 16.1\% |
| Phone Status | Landline | 15\% | 13.1\% | 16.3\% |
|  | Cell Phone | 16\% | 14.1\% | 17.1\% |
| Pregnancy Status | Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 13\% | 10.6\% | 16.5\% |
| County | Minnehaha | 14\% | 11.3\% | 17.0\% |
|  | Pennington | 19\% | 16.0\% | 22.6\% |
|  | Lincoln | 21\% | 14.6\% | 29.9\% |
|  | Brown | 18\% | 13.4\% | 22.5\% |
|  | Brookings | 12\% | 7.8\% | 17.3\% |
|  | Codington | 13\% | 9.3\% | 16.8\% |
|  | Meade | 18\% | 11.2\% | 26.6\% |
|  | Lawrence | * | * | * |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

## Demographics

\(\left.$$
\begin{array}{ll}\text { Gender } & \begin{array}{l}\text { The prevalence of taking prescription pain medication does not seem to differ } \\
\text { based on gender. }\end{array} \\
\text { Age } & \begin{array}{l}\text { The prevalence of taking prescription pain medication increases as age } \\
\text { increases and peaks in the 50s. After that, the prevalence decreases as age } \\
\text { increases. }\end{array} \\
\text { Race/Ethnicity }\end{array}
$$ \quad \begin{array}{l}The prevalence of taking prescription pain medication does not seem to differ <br>

based on race or ethnicity.\end{array}\right]\)| Household | The prevalence of taking prescription pain medication does not seem to <br> change as household income changes. |
| :--- | :--- |
| Income | The prevalence of taking prescription pain medication increases as education <br> levels increase. |
| Education | Those who are unemployed or unable to work demonstrate a much higher <br> prevalence of taking prescription pain medication than all other types of <br> employment. |
| Employment |  |
| Marital | Those who are divorced exhibit a very high prevalence of taking prescription <br> pain medication, while those who have never been married show a very low <br> prevalence. |
| Home | The prevalence of taking prescription pain medication does not seem to differ <br> based on home ownership. |
| Chwnership | The prevalence of taking prescription pain medication does not seem to differ <br> based on the presence of children in the household. |
| Chatus | The prevalence of taking prescription pain medication does not seem to differ <br> based on phone status. |
| The prevalence of taking prescription pain medication does not seem to differ |  |
| among the seven available counties. |  |

## Falls

Definition: South Dakotans ages 45 and older who answered 'yes" to the question: "In the past 12 months were you injured in a fall; by injured we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor?"

## Prevalence of Injuries Due to a Fall

- South Dakota 8\%
- There is no nationwide median for injuries due to a fall

Figure 79
Percent of South Dakotans, Ages 45 or Older, Who Were Injured in a Fall in the Past 12 Months, 2012, 2014, 2016, and 2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

| Table 64 <br> South Dakotans, Ages 45 and Older, Who Were Injured in a Fall in the Past 12 Months, 2014, 2016, and 2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 8\% | 6.6\% | 9.0\% |
|  | Female | 11\% | 9.9\% | 12.2\% |
| Age | 18-29 | - | - | - |
|  | 30-39 | - | - | - |
|  | 40-49 | 9\% | 6.7\% | 12.0\% |
|  | 50-59 | 10\% | 8.6\% | 11.9\% |
|  | 60-69 | 10\% | 8.2\% | 11.1\% |
|  | 70-79 | 8\% | 6.5\% | 9.7\% |
|  | 80+ | 10\% | 7.7\% | 12.2\% |
| Race/Ethnicity | White, Non-Hispanic | 9\% | 8.3\% | 10.0\% |
|  | American Indian, Non-Hispanic | 16\% | 11.7\% | 22.2\% |
|  | Hispanic | 5\% | 2.2\% | 11.6\% |
| Household Income | Less than \$35,000 | 14\% | 12.3\% | 16.4\% |
|  | \$35,000-\$74,999 | 9\% | 7.8\% | 10.7\% |
|  | \$75,000+ | 5\% | 4.2\% | 6.4\% |
| Education | Less than High School, G.E.D. | 10\% | 6.9\% | 14.2\% |
|  | High School, G.E.D. | 10\% | 8.3\% | 11.3\% |
|  | Some Post-High School | 9\% | 7.8\% | 10.4\% |
|  | College Graduate | 9\% | 8.1\% | 11.0\% |
| Employment Status | Employed for Wages | 7\% | 5.6\% | 7.8\% |
|  | Self-employed | 8\% | 6.1\% | 10.3\% |
|  | Unemployed | 15\% | 8.7\% | 23.9\% |
|  | Homemaker | 8\% | 5.3\% | 12.2\% |
|  | Student | * | * | * |
|  | Retired | 9\% | 7.7\% | 10.2\% |
|  | Unable to Work | 32\% | 26.2\% | 38.2\% |
| Marital Status | Married/Unmarried Couple | 8\% | 7.2\% | 9.0\% |
|  | Divorced/Separated | 14\% | 11.6\% | 17.3\% |
|  | Widowed | 11\% | 8.6\% | 12.9\% |
|  | Never Married | 10\% | 6.7\% | 14.4\% |
| Home Ownership Status | Own Home | 8\% | 7.6\% | 9.3\% |
|  | Rent Home | 14\% | 11.6\% | 17.3\% |
| Children Status | Children in Household (Ages 18-44) | - | - | - |
|  | No Children in Household (Ages 18-44) | - | - | - |
| Phone Status | Landline | 10\% | 8.4\% | 10.8\% |
|  | Cell Phone | 9\% | 8.2\% | 10.5\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | - | - | - |
| County | Minnehaha | 8\% | 6.2\% | 10.0\% |
|  | Pennington | 11\% | 8.7\% | 13.0\% |
|  | Lincoln | 5\% | 3.6\% | 7.5\% |
|  | Brown | 10\% | 7.5\% | 12.2\% |
|  | Brookings | 8\% | 5.9\% | 10.4\% |
|  | Codington | 10\% | 7.9\% | 13.0\% |
|  | Meade | 10\% | 7.6\% | 13.1\% |
|  | Lawrence | 10\% | 8.3\% | 12.9\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014, 2016, and 2018

## Demographics

| Gender | Females exhibit a significantly higher prevalence of being injured in a fall than <br> males. |
| :--- | :--- |
| Age | The prevalence of being injured in a fall does not seem to be affected by age. |
| Race/Ethnicity | American Indians demonstrate a significantly higher prevalence of being <br> injured in a fall than whites or Hispanics. |
| Household | The prevalence of being injured in a fall decreases as household income <br> increases. This includes significant decreases as the \$35,000-\$74,999 and <br> \$75,000+ income groups are reached. |
| Income | The prevalence of being injured in a fall does not seem to change as <br> education levels change. |
| Education | Those who are unable to work demonstrate a very high prevalence of being <br> injured in a fall, while those who are employed for wages, self-employed, a <br> homemaker, or retired show a very low prevalence. |
| Employment | Those who are divorced exhibit a very high prevalence of being injured in a <br> fall, while those who are married show a very low prevalence. |
| Marital | Those who rent their home show a significantly higher prevalence of being <br> injured in a fall than those who own their home. |
| Home | The prevalence of being injured in a fall does not seem to change based on <br> phone status. |
| Chwnership | Pennington, Codington, Meade, and Lawrence counties all demonstrate a <br> very high prevalence of being injured in a fall, while Lincoln county shows a <br> very low prevalence. |

Definition: South Dakotans who have visited a dentist or dental clinic for any reason within the past year.

## Prevalence of Oral Health

- South Dakota 68\%
- Nationwide median 68\%

Figure 80
Percent of South Dakotans Who Have Visited a Dentist or Dental Clinic for Any Reason Within the Past Year, 2012, 2014, 2016, and 2018


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

| Table 65 <br> South Dakotans Who Have Visited a Dentist or Dental Clinic for Any Reason Within the Past Year, 2014-2018 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2018 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 65\% | 63.1\% | 66.6\% |
|  | Female | 74\% | 72.8\% | 75.8\% |
| Age | 18-29 | 70\% | 66.8\% | 73.2\% |
|  | 30-39 | 67\% | 64.1\% | 70.5\% |
|  | 40-49 | 73\% | 69.8\% | 75.8\% |
|  | 50-59 | 71\% | 68.1\% | 73.1\% |
|  | 60-69 | 73\% | 70.5\% | 75.1\% |
|  | 70-79 | 65\% | 61.4\% | 67.9\% |
|  | 80+ | 62\% | 58.0\% | 66.1\% |
| Race/Ethnicity | White, Non-Hispanic | 71\% | 70.1\% | 72.5\% |
|  | American Indian, Non-Hispanic | 58\% | 53.3\% | 62.6\% |
|  | Hispanic | 57\% | 46.0\% | 67.5\% |
| Household Income | Less than \$35,000 | 55\% | 52.6\% | 57.5\% |
|  | \$35,000-\$74,999 | 71\% | 68.6\% | 72.9\% |
|  | \$75,000+ | 85\% | 83.2\% | 86.7\% |
| Education | Less than High School, G.E.D. | 54\% | 48.6\% | 58.8\% |
|  | High School, G.E.D. | 62\% | 59.9\% | 64.4\% |
|  | Some Post-High School | 72\% | 70.4\% | 74.4\% |
|  | College Graduate | 82\% | 80.0\% | 83.2\% |
| Employment Status | Employed for Wages | 72\% | 70.3\% | 73.7\% |
|  | Self-employed | 66\% | 63.0\% | 69.7\% |
|  | Unemployed | 58\% | 51.3\% | 64.9\% |
|  | Homemaker | 68\% | 61.3\% | 73.4\% |
|  | Student | 82\% | 74.8\% | 86.7\% |
|  | Retired | 69\% | 66.5\% | 70.9\% |
|  | Unable to Work | 53\% | 48.1\% | 58.7\% |
| Marital Status | Married/Unmarried Couple | 75\% | 73.3\% | 76.2\% |
|  | Divorced/Separated | 57\% | 53.2\% | 60.3\% |
|  | Widowed | 59\% | 55.2\% | 62.8\% |
|  | Never Married | 66\% | 62.7\% | 68.7\% |
| Home Ownership Status | Own Home | 74\% | 72.4\% | 75.0\% |
|  | Rent Home | 58\% | 54.9\% | 60.6\% |
| Children Status | Children in Household (Ages 18-44) | 70\% | 67.4\% | 72.6\% |
|  | No Children in Household (Ages 18-44) | 69\% | 65.7\% | 72.1\% |
| Phone Status | Landline | 71\% | 69.3\% | 72.8\% |
|  | Cell Phone | 69\% | 67.3\% | 70.4\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 73\% | 56.9\% | 85.2\% |
|  | Not Pregnant (Ages 18-44) | 75\% | 72.3\% | 77.9\% |
| County | Minnehaha | 72\% | 69.1\% | 75.1\% |
|  | Pennington | 67\% | 64.4\% | 70.3\% |
|  | Lincoln | 77\% | 71.5\% | 81.0\% |
|  | Brown | 71\% | 67.3\% | 75.1\% |
|  | Brookings | 75\% | 70.3\% | 78.8\% |
|  | Codington | 74\% | 70.2\% | 77.2\% |
|  | Meade | 63\% | 57.2\% | 69.1\% |
|  | Lawrence | 70\% | 66.3\% | 73.4\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018
\(\left.$$
\begin{array}{ll}\text { Gender } & \begin{array}{l}\text { Females exhibit a significantly higher prevalence of visiting the dentist in the } \\
\text { past year than males. }\end{array} \\
\text { Age } & \begin{array}{l}\text { The prevalence of visiting a dentist in the past year does not seem to change } \\
\text { as age changes. }\end{array} \\
\text { Race/Ethnicity }\end{array}
$$ \begin{array}{l}Whites demonstrate a significantly higher prevalence of visiting the dentist in <br>

the past year than American Indians and Hispanics.\end{array}\right\}\)| Household |
| :--- |
| Income | | The prevalence of visiting the dentist in the past year increases as household |
| :--- |
| income increases. This includes significant increases as the \$35,000-\$74,999 |
| and \$75,000+ income groups are reached. |


| Table 66Demographics of Survey Respondents, 2018 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total |  | Male |  | Female |  |
|  |  | \# Resp. | Col \% | \# Resp. | Col \% | \# Resp. | Col \% |
| Total |  | 7,120 | 100\% | 3,240 | 100\% | 3,880 | 100\% |
| Age | 18-29 | 690 | 10\% | 361 | 11\% | 329 | 8\% |
|  | 30-39 | 749 | 11\% | 377 | 12\% | 372 | 10\% |
|  | 40-49 | 819 | 12\% | 404 | 12\% | 415 | 11\% |
|  | 50-59 | 1,299 | 18\% | 627 | 19\% | 672 | 17\% |
|  | 60-69 | 1,662 | 23\% | 736 | 23\% | 926 | 24\% |
|  | 70-79 | 1,204 | 17\% | 508 | 16\% | 696 | 18\% |
|  | 80+ | 697 | 10\% | 227 | 7\% | 470 | 12\% |
| Race/Ethnicity | White, Non-Hispanic | 5,704 | 80\% | 2,612 | 81\% | 3,092 | 80\% |
|  | American Indian, Non-Hispanic | 1,023 | 14\% | 430 | 13\% | 593 | 15\% |
|  | Hispanic | 140 | 2\% | 66 | 2\% | 74 | 2\% |
|  | Other | 253 | 4\% | 132 | 4\% | 121 | 3\% |
| Household Income | Less than \$10,000 | 308 | 4\% | 119 | 4\% | 189 | 5\% |
|  | \$10,000-\$14,999 | 243 | 3\% | 103 | 3\% | 140 | 4\% |
|  | \$15,000-\$19,999 | 394 | 6\% | 172 | 5\% | 222 | 6\% |
|  | \$20,000-\$24,999 | 390 | 6\% | 178 | 6\% | 212 | 6\% |
|  | \$25,000-\$34,999 | 703 | 10\% | 307 | 10\% | 396 | 10\% |
|  | \$35,000-\$49,999 | 1,009 | 14\% | 459 | 14\% | 550 | 14\% |
|  | \$50,000-\$74,999 | 1,024 | 14\% | 496 | 15\% | 528 | 14\% |
|  | \$75,000 + | 1,706 | 24\% | 906 | 28\% | 800 | 21\% |
|  | Not Stated | 1,286 | 18\% | 475 | 15\% | 811 | 21\% |
| Education | $8^{\text {th }}$ Grade or Less | 110 | 2\% | 66 | 2\% | 44 | 1\% |
|  | Some High School | 309 | 4\% | 146 | 5\% | 163 | 4\% |
|  | High School or G.E.D. | 2,072 | 29\% | 995 | 31\% | 1,077 | 28\% |
|  | Some Post-High School | 2,189 | 31\% | 957 | 30\% | 1,232 | 32\% |
|  | College Graduate | 2,419 | 34\% | 1,060 | 33\% | 1,359 | 35\% |
|  | Not Stated | 21 | 0\% | 16 | 0\% | 5 | 0\% |
| Employment Status | Employed for Wages | 2,877 | 40\% | 1,357 | 42\% | 1,520 | 39\% |
|  | Self-employed | 841 | 12\% | 572 | 18\% | 269 | 7\% |
|  | Unemployed | 255 | 4\% | 120 | 4\% | 135 | 3\% |
|  | Homemaker | 298 | 4\% | 10 | 0\% | 288 | 7\% |
|  | Student | 154 | 2\% | 77 | 2\% | 77 | 2\% |
|  | Retired | 2,192 | 31\% | 862 | 27\% | 1,330 | 34\% |
|  | Unable to Work | 425 | 6\% | 206 | 6\% | 219 | 6\% |
|  | Not Stated | 65 | 1\% | 33 | 1\% | 32 | 1\% |
| Marital Status | Married/Unmarried Couple | 4,038 | 57\% | 1,913 | 59\% | 2,125 | 55\% |
|  | Divorced/Separated | 924 | 13\% | 427 | 13\% | 497 | 13\% |
|  | Widowed | 943 | 13\% | 219 | 7\% | 724 | 19\% |
|  | Never Married | 1,166 | 16\% | 657 | 20\% | 509 | 13\% |
|  | Not Stated | 49 | 1\% | 24 | 1\% | 25 | 1\% |
| Phone Status | Landline | 3,490 | 49\% | 1,330 | 41\% | 2,160 | 56\% |
|  | Cell Phone | 3,630 | 51\% | 1,910 | 59\% | 1,720 | 44\% |
| Home Ownership | Own Home | 5,339 | 78\% | 2,407 | 78\% | 2,932 | 78\% |
|  | Rent Home | 1,485 | 22\% | 670 | 22\% | 815 | 22\% |
| Children in Household | Yes | 1,948 | 27\% | 859 | 27\% | 1,089 | 28\% |
|  | No | 5,125 | 72\% | 2,360 | 73\% | 2,765 | 71\% |
|  | Not Stated | 31 | 0\% | 16 | 0\% | 15 | 0\% |
| Pregnant (1844) | Yes | 42 | 4\% | 0 | 0\% | 42 | 4\% |
|  | No | 1,020 | 95\% | 0 | 0\% | 1,020 | 95\% |
|  | Not Stated | 16 | 1\% | 0 | 0\% | 16 | 1\% |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

| Table 67 <br> Surveys Completed by Resident County, 2018 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Resident County | Surveys Completed | \% of Total Surveys | Total Adult Population | \% of Total Population | \# Surveyed per 1,000 Population |
| Total | 7,120 | 100.0\% | 664,629 | 100.0\% | 10.7 |
| Aurora | 13 | 0.2\% | 2,106 | 0.3\% | 6.2 |
| Beadle | 43 | 0.6\% | 13,675 | 2.1\% | 3.1 |
| Bennett | 150 | 2.1\% | 2,293 | 0.3\% | 65.4 |
| Bon Homme | 15 | 0.2\% | 5,562 | 0.8\% | 2.7 |
| Brookings | 543 | 7.6\% | 28,009 | 4.2\% | 19.4 |
| Brown | 543 | 7.6\% | 29,900 | 4.5\% | 18.2 |
| Brule | 20 | 0.3\% | 3,864 | 0.6\% | 5.2 |
| Buffalo | 28 | 0.4\% | 1,234 | 0.2\% | 22.7 |
| Butte | 57 | 0.8\% | 7,746 | 1.2\% | 7.4 |
| Campbell | 10 | 0.1\% | 1,158 | 0.2\% | 8.6 |
| Charles Mix | 26 | 0.4\% | 6,563 | 1.0\% | 4.0 |
| Clark | 24 | 0.3\% | 2,773 | 0.4\% | 8.7 |
| Clay | 53 | 0.7\% | 11,585 | 1.7\% | 4.6 |
| Codington | 512 | 7.2\% | 21,291 | 3.2\% | 24.0 |
| Corson | 142 | 2.0\% | 2,627 | 0.4\% | 54.1 |
| Custer | 39 | 0.5\% | 7,383 | 1.1\% | 5.3 |
| Davison | 43 | 0.6\% | 15,251 | 2.3\% | 2.8 |
| Day | 28 | 0.4\% | 4,264 | 0.6\% | 6.6 |
| Deuel | 37 | 0.5\% | 3,305 | 0.5\% | 11.2 |
| Dewey | 221 | 3.1\% | 3,667 | 0.6\% | 60.3 |
| Douglas | 10 | 0.1\% | 2,180 | 0.3\% | 4.6 |
| Edmunds | 32 | 0.4\% | 2,949 | 0.4\% | 10.9 |
| Fall River | 26 | 0.4\% | 5,603 | 0.8\% | 4.6 |
| Faulk | 13 | 0.2\% | 1,740 | 0.3\% | 7.5 |
| Grant | 39 | 0.5\% | 5,538 | 0.8\% | 7.0 |
| Gregory | 15 | 0.2\% | 3,220 | 0.5\% | 4.7 |
| Haakon | 31 | 0.4\% | 1,469 | 0.2\% | 21.1 |
| Hamlin | 67 | 0.9\% | 4,187 | 0.6\% | 16.0 |
| Hand | 14 | 0.2\% | 2,547 | 0.4\% | 5.5 |
| Hanson | 12 | 0.2\% | 2,344 | 0.4\% | 5.1 |
| Harding | 14 | 0.2\% | 959 | 0.1\% | 14.6 |
| Hughes | 48 | 0.7\% | 13,399 | 2.0\% | 3.6 |
| Hutchinson | 19 | 0.3\% | 5,500 | 0.8\% | 3.5 |
| Hyde | 5 | 0.1\% | 1,017 | 0.2\% | 4.9 |
| Jackson | 129 | 1.8\% | 2,202 | 0.3\% | 58.6 |
| Jerauld | 6 | 0.1\% | 1,563 | 0.2\% | 3.8 |
| Jones | 3 | 0.0\% | 722 | 0.1\% | 4.2 |
| Kingsbury | 26 | 0.4\% | 3,792 | 0.6\% | 6.9 |
| Lake | 33 | 0.5\% | 10,430 | 1.6\% | 3.2 |
| Lawrence | 114 | 1.6\% | 21,141 | 3.2\% | 5.4 |
| Lincoln | 648 | 9.1\% | 42,342 | 6.4\% | 15.3 |
| Lyman | 9 | 0.1\% | 2,698 | 0.4\% | 3.3 |
| McCook | 16 | 0.2\% | 4,019 | 0.6\% | 4.0 |
| McPherson | 15 | 0.2\% | 1,815 | 0.3\% | 8.3 |
| Marshall | 25 | 0.4\% | 3,921 | 0.6\% | 6.4 |
| Meade | 556 | 7.8\% | 21,831 | 3.3\% | 25.5 |
| Mellette | 83 | 1.2\% | 1,415 | 0.2\% | 58.7 |
| Miner | 9 | 0.1\% | 1,689 | 0.3\% | 5.3 |
| Minnehaha | 708 | 9.9\% | 143,825 | 21.6\% | 4.9 |
| Moody | 36 | 0.5\% | 4,865 | 0.7\% | 7.4 |
| Oglala Lakota | 383 | 5.4\% | 8,985 | 1.4\% | 42.6 |
| Pennington | 725 | 10.2\% | 86,126 | 13.0\% | 8.4 |
| Perkins | 36 | 0.5\% | 2,317 | 0.3\% | 15.5 |
| Potter | 13 | 0.2\% | 1,728 | 0.3\% | 7.5 |
| Roberts | 42 | 0.6\% | 7,458 | 1.1\% | 5.6 |
| Sanborn | 13 | 0.2\% | 1,815 | 0.3\% | 7.2 |
| Spink | 25 | 0.4\% | 5,002 | 0.8\% | 5.0 |


| Surveys Completed by Resident County, 2018 (continued) |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Resident <br> County | Surveys <br> Completed | \% of Total <br> Surveys | Total Adult <br> Population | \% of Total <br> Population | \# Surveyed per 1,000 <br> Population |
| Stanley | 10 | $0.1 \%$ | 2,291 | $0.3 \%$ | 4.4 |
| Sully | 9 | $0.1 \%$ | 1,100 | $0.2 \%$ | 8.2 |
| Todd | 252 | $3.5 \%$ | 5,965 | $0.9 \%$ | 42.2 |
| Tripp | 22 | $0.3 \%$ | 4,214 | $0.6 \%$ | 5.2 |
| Turner | 53 | $0.7 \%$ | 6,370 | $1.0 \%$ | 8.3 |
| Union | 51 | $0.7 \%$ | 11,840 | $1.8 \%$ | 4.3 |
| Walworth | 26 | $0.4 \%$ | 4,263 | $0.6 \%$ | 6.1 |
| Yankton | 49 | $0.7 \%$ | 18,009 | $2.7 \%$ | 2.7 |
| Ziebach | 103 | $1.4 \%$ | 1,968 | $0.3 \%$ | 52.3 |

Source: South Dakota Behavioral Risk Factor Surveillance System, 2018
2018 Population Estimates, United States Census Bureau

## Appendix B: BRFSS Questionnaire

Section 1: Health Status
1.1 Would you say that in general your health is-

1 Excellent
2 Very good
3 Good
4 Fair
5 Poor
7 Don't know / Not sure
9 Refused
Section 2: Healthy Days — Health-Related Quality of Life
2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?
$\overline{8}-\quad \begin{aligned} & \text { Number of days } \\ & \text { None }\end{aligned}$
77 Don't know / Not sure
99 Refused
2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

| $\overline{8}-$ | Number of days |
| :--- | :--- |
| 77 | None [If Q2.1 and Q2.2 = 88 (None), go to next section] |
| 99 | Don't know / Not sure |
| Refused |  |

2.3 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

| $\overline{8} 8^{-}$ | Number of days |
| :--- | :--- |
| 77 | None |
| 99 | Don't know / Not sure |
| Refused |  |

## Section 3: Health Care Access

3.1.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
3.2 Do you have one person you think of as your personal doctor or health care provider? If No, ask: Is there more than one, or is there no person who you think of as your personal doctor or health care provider?

1 Yes, only one
2 More than one
3 No
7 Don't know / Not sure
9 Refused
3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
3.4 About how long has it been since you last visited a doctor for a routine checkup?

INTERVIEWER NOTE: A ROUTINE CHECKUP IS A GENERAL PHYSICAL EXAM, NOT AN EXAM FOR A SPECIFIC INJURY, ILLNESS, OR CONDITION.
$1 \quad$ Within the past year (anytime less than 12 months ago)
2 Within the past 2 years ( 1 year but less than 2 years ago)
3 Within the past 5 years (2 years but less than 5 years ago)
45 or more years ago
7 Don't know / Not sure
8 Never
9 Refused

## Section 4: Exercise

4.1 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

Section 5: Inadequate Sleep
5.1 On average, how many hours of sleep do you get in a 24 -hour period?

INTERVIEWER NOTE: Enter hours of sleep in whole numbers, rounding 30 minutes ( $1 / 2$ hour) or more up to the next whole hour and dropping 29 or fewer minutes.

$$
\begin{array}{ll}
\overline{7} \overline{7} & \text { Number of hours [01-24] } \\
99 & \text { Ren't know / Not sure } \\
\text { Refused }
\end{array}
$$

## Section 6: Chronic Health Conditions

Has a doctor, nurse, or other health professional ever told you that you had any of the following? For each, tell me Yes, No, or you're Not sure.
6.1 (Ever told) you that you had a heart attack also called a myocardial infarction?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
6.2 (Ever told) you had angina or coronary heart disease?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
6.3 (Ever told) you had a stroke?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
6.4 (Ever told) you had asthma?

1 Yes
2 No
[Go to Q6.6]
7 Don't know / Not sure
9 Refused
[Go to Q6.6]
[Go to Q6.6]
6.5 Do you still have asthma?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
(Ever told) you had skin cancer?
1 Yes
2 No
7 Don't know / Not sure
9 Refused
6.7 (Ever told) you had any other types of cancer?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
6.8 (Ever told) you have chronic obstructive pulmonary disease or C.O.P.D., emphysema or chronic bronchitis?
1 Yes
2 No
7 Don't know / Not sure
9 Refused
6.9 (Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?
1 Yes
2 No
7 Don't know / Not sure
9 Refused
INTERVIEWER NOTE: Arthritis diagnoses include:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter's syndrome
- ankylosing spondylitis; spondylosis
- rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)
6.10 (Ever told) you have a depressive disorder (including depression, major depression, dysthymia, or minor depression)?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

6.11 Not including kidney stones, bladder infection or incontinence, were you ever told you have kidney disease?
INTERVIEWER NOTE: Incontinence is not being able to control urine flow.
1 Yes
2 No
7 Don't know / Not sure
9 Refused
6.12 (Ever told) you have diabetes?

INTERVIEWER NOTE: IF YES AND RESPONDENT IS FEMALE, ASK: WAS THIS ONLY WHEN YOU WERE PREGNANT? IF RESPONDENT SAYS PRE-DIABETES OR BORDERLINE DIABETES, USE RESPONSE CODE 4.

1 Yes
2 Yes, but female told only during pregnancy
3 No
4 No, pre-diabetes or borderline diabetes
7 Don't know / Not sure
9 Refused
NOTE: If Q6.12 = 1 (Yes), go to next question. If any other response to Q6.12, go to Pre-Diabetes Optional Module (if used). Otherwise, go to next section.
6.13 How old were you when you were told you have diabetes?
_- Code age in years [97 = 97 and older]
$\overline{9} \overline{8} \quad$ Don't know / Not sure
99 Refused
NOTE: Go to Diabetes Optional Module (if used). Otherwise, go to next section.
Section 7: Oral Health
7.1 Including all types of dentists, such as orthodontists, oral surgeons, and all other dental specialists as well as dental hygienists, how long has it been since you last visited a dentist or a dental clinic for any reason?

1 Within the past year (anytime less than 12 months ago)
2 Within the past 2 years (1 year but less than 2 years ago)
3 Within the past 5 years ( 2 years but less than 5 years ago)
$4 \quad 5$ or more years ago
7 Don't know / Not sure
8 Never
9 Refused
7.2 Not including teeth lost for injury or orthodontics, how many of your permanent teeth have been removed because of tooth decay or gum disease?
INTERVIEWER NOTE: If wisdom teeth are removed because of tooth decay or gum disease, they should be included in the count for lost teeth.
$1 \quad 1$ to 5
26 or more but not all
3 All
8 None
7 Don't know / Not sure
9 Refused
Section 8: Demographics
8.1 (What was your sex at birth? Was it... )
(What is your sex?)
NOTE: STATES MAY ADOPT ONE OF THE TWO FORMATS OF THE QUESTION. IF FIRST FORMAT IS USED, READ OPTIONS.

1 Male
2 Female
9 Refused
8.2 What is your age?
_- Code age in years
07 Don't know / Not sure
09 Refused
8.3 Are you Hispanic, Latino/a, or Spanish origin?

If yes, ask: Are you...
INTERVIEWER NOTE: One or more categories may be selected.
1 Mexican, Mexican American, Chicano/a
2 Puerto Rican
3 Cuban
4 Another Hispanic, Latino/a, or Spanish origin
5 No
7 Don't know / Not sure
9 Refused
8.4 Which one or more of the following would you say is your race?

INTERVIEWER NOTE: Select all that apply.
INTERVIEWER NOTE: IF 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

10 White
20 Black or African American
30 American Indian or Alaska Native
40 Asian
41 Asian Indian
42 Chinese
43 Filipino
44 Japanese
45 Korean
46 Vietnamese
47 Other Asian
$50 \quad$ Pacific Islander
51 Native Hawaiian

52 Guamanian or Chamorro
53 Samoan
54 Other Pacific Islander
60 Other
88 No additional choices
77 Don't know / Not sure
99 Refused
NOTE: If more than one response to Q8.4; continue. Otherwise, go to Q8.6.
8.5 Which one of these groups would you say best represents your race?

INTERVIEWER NOTE: IF RESPONDENT HAS SELECTED MULTIPLE RACES IN PREVIOUS AND REFUSES TO SELECT A SINGLE RACE, CODE "REFUSED."
INTERVIEWER NOTE: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategory underneath major heading.

10 White
20 Black or African American
30 American Indian or Alaska Native
40 Asian
41 Asian Indian
42 Chinese
43 Filipino
44 Japanese
45 Korean
46 Vietnamese
47 Other Asian
50 Pacific Islander
51 Native Hawaiian
52 Guamanian or Chamorro
53 Samoan
54 Other Pacific Islander
60 Other
77 Don't know / Not sure
99 Refused
8.6 Are you...?

1 Married
2 Divorced
3 Widowed
4 Separated
5 Never married
6 A member of an unmarried couple
9 Refused
8.7 What is the highest grade or year of school you completed?

1 Never attended school or only attended kindergarten
$2 \quad$ Grades 1 through 8 (Elementary)
$3 \quad$ Grades 9 through 11 (Some high school)
4 Grade 12 or GED (High school graduate)
$5 \quad$ College 1 year to 3 years (Some college or technical school)
$6 \quad$ College 4 years or more (College graduate)
9 Refused
8.8

Do you own or rent your home?
1 Own
2 Rent
3 Other arrangement
7 Don't know / Not sure
9 Refused
INTERVIEWER NOTE: Other arrangement may include group home, staying with friends or family without paying rent. NOTE: Home is defined as the place where you live most of the time/the majority of the year.

INTERVIEWER NOTE: We ask this question in order to compare health indicators among people with different housing situations.
8.9 In what county do you currently live?

| $\overline{7}$ | $\overline{7}$ | $\overline{7}$ | ANSI County Code (formerly FIPS county code) |
| :--- | :--- | :--- | :--- |
| 9 | 9 | 9 | Don't know / Not sure |
| Refused |  |  |  |

8.10 What is the ZIP Code where you currently live?

|  | ZIP Code |
| :---: | :---: |
| 77777 | Don't know / Not sure |
| 99999 | Refused |

NOTE: If cellular telephone interview skip to 8.14
8.11 Not including cell phones or numbers used for computers, fax machines or security systems, do you have more than one telephone number in your household?
1 Yes
2 No [Go to Q8.13]
7 Don't know / Not sure [Go to Q8.13]
9 Refused [Go to Q8.13]
8.12 How many of these telephone numbers are residential numbers?

- Residential telephone numbers [6=6 or more]

7 Don't know / Not sure
9 Refused
8.13 How many cell phones do you have for personal use?

INTERVIEWER NOTE: INCLUDE CELL PHONES USED FOR BOTH BUSINESS AND PERSONAL USE.

Enter number (1-5)
$\overline{6} \quad$ Six or more
7 Don't know / Not sure
8 None
9 Refused
8.14 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

INTERVIEWER NOTE: Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

8.15 Are you currently...?

INTERVIEWER NOTE: IF MORE THAN ONE, SAY "SELECT THE CATEGORY WHICH BEST DESCRIBES YOU".

1 Employed for wages
2 Self-employed
3 Out of work for 1 year or more
4 Out of work for less than 1 year
5 A Homemaker
6 A Student
7 Retired
8 Unable to work
9 Refused
8.16 How many children less than 18 years of age live in your household?

- $-\quad$ Number of children
$\overline{8} \overline{8} \quad$ None
99 Refused
8.17 Is your annual household income from all sources-

04 Less than \$25,000 If no, ask 05; if yes, ask 03 ( $\$ 20,000$ to less than $\$ 25,000$ )
03 Less than \$20,000 If no, code 04; if yes, ask 02 ( $\$ 15,000$ to less than $\$ 20,000$ )
02 Less than \$15,000 If no, code 03; if yes, ask 01 ( $\$ 10,000$ to less than $\$ 15,000$ )
01 Less than \$10,000 If no, code 02
05 Less than \$35,000 If no, ask 06 ( $\$ 25,000$ to less than $\$ 35,000$ )
06 Less than \$50,000 If no, ask 07
( $\$ 35,000$ to less than $\$ 50,000$ )
07 Less than \$75,000 If no, code 08 ( $\$ 50,000$ to less than $\$ 75,000$ )
08 \$75,000 or more
77 Don't know / Not sure
99 Refused
8.18 About how much do you weigh without shoes?

NOTE: If respondent answers in metrics, put 9 in column XXX.
Round fractions up
Weight
(pounds/kilograms)
7777 Don't know / Not sure
9999 Refused
8.19 About how tall are you without shoes? NOTE: If respondent answers in metrics, put 9 in column XXX.

Round fractions down
_- I_- Height
(ft / inches/meters/centimeters)

77/ 77 Don't know / Not sure
99/99 Refused
If male, go to 8.21 , if female respondent is 45 years old or older, go to Q8.21
8.20 To your knowledge, are you now pregnant?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
Some people who are deaf or have serious difficulty hearing use assistive devices to communicate by phone.
8.21 Are you deaf or do you have serious difficulty hearing?

1 Yes
2 No
7 Don't know / Not Sure
9 Refused
8.22 Are you blind or do you have serious difficulty seeing, even when wearing glasses?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not Sure |
| 9 | Refused |

8.23 Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

8.24 Do you have serious difficulty walking or climbing stairs?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
8.25 Do you have difficulty dressing or bathing?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
8.26 Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?
1 Yes
2 No
7 Don't know / Not sure
9 Refused
9.1 Have you smoked at least 100 cigarettes in your entire life?

INTERVIEWER NOTE: FOR CIGARETTES, DO NOT INCLUDE: ELECTRONIC CIGARETTES (ECIGARETTES, NJOY, BLUETIP), HERBAL CIGARETTES, CIGARS, CIGARILLOS, LITTLE CIGARS, PIPES, BIDIS, KRETEKS, WATER PIPES (HOOKAHS) OR MARIJUANA.
NOTE: 5 packs $=100$ cigarettes

1 Yes
2 No
[Go to Q9.5]
7 Don't know / Not sure [Go to Q9.5]
9 Refused [Go to Q9.5]
9.2 Do you now smoke cigarettes every day, some days, or not at all?

1 Every day
2 Some days
3 Not at all
[Go to Q9.4]
7 Don't know / Not sure [Go to Q9.5]
9 Refused [Go to Q9.5]
9.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

| 1 | Yes | [Go to Q9.5] |
| :--- | :--- | ---: |
| 2 | No | [Go to Q9.5] |
| 7 | Don't know / Not sure [Go to Q9.5] |  |
| 9 | Refused | [Go to Q9.5] |

9.4 How long has it been since you last smoked a cigarette, even one or two puffs?

01 Within the past month (less than 1 month ago)
02 Within the past 3 months (1 month but less than 3 months ago)
03 Within the past 6 months ( 3 months but less than 6 months ago)
04 Within the past year ( 6 months but less than 1 year ago)
05 Within the past 5 years (1 year but less than 5 years ago)
06 Within the past 10 years (5 years but less than 10 years ago)
$07 \quad 10$ years or more
08 Never smoked regularly
77 Don't know / Not sure
99 Refused
9.5 Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all? Snus (rhymes with 'goose')
INTERVIEWER NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.

1 Every day
2 Some days
3 Not at all
7 Don't know / Not sure
9 Refused
10.1 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?
1__ Days per week
2 _- Days in past 30 days
888 No drinks in past 30 days [Go to next section]
777 Don't know / Not sure [Go to next section]
999 Refused [Go to next section]
10.2 One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?
INTERVIEWER NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

Number of drinks
$\overline{7} \overline{7} \quad$ Don't know / Not sure
99 Refused
10.3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have $X[X=5$ for men, $X=4$ for women] or more drinks on an occasion?

Number of times
88 None
77 Don't know / Not sure
99 Refused
10.4 During the past 30 days, what is the largest number of drinks you had on any occasion? Number of drinks
77 Don't know / Not sure
99 Refused
Section 11: Immunization
11.1 During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?
Read if necessary: A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

| 1 | Yes |  |
| :--- | :--- | ---: |
| 2 | No | [Go to Q11.4] |
| 7 | Don't know / Not sure [Go to Q11.4] |  |
| 9 | Refused | [Go to Q11.4] |

11.2 During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?
$\overline{7 \overline{7} / \overline{7} \overline{7} \overline{7}--} \begin{array}{ll}\text { Month / Year } \\ \text { Don't know / Not sure }\end{array}$
99/9999 Refused
11.3 At what kind of place did you get your last flu shot/vaccine?

01 A doctor's office or health maintenance organization (HMO)
02 A health department
03 Another type of clinic or health center (a community health center)
04 A senior, recreation, or community center
05 A store (supermarket, drug store)

06 A hospital (inpatient)
07 An emergency room
08 Workplace
09 Some other kind of place
11 A school
10 Received vaccination in Canada/Mexico
77 Don't know / Not sure
99 Refused
11.4 Have you ever had a pneumonia shot also known as a pneumococcal vaccine?

INTERVIEWER NOTE: IF RESPONDENT IS CONFUSED READ: THERE ARE TWO TYPES OF PNEUMONIA SHOTS: POLYSACCHARIDE, ALSO KNOWN AS PNEUMOVAX, AND CONJUGATE, ALSO KNOWN AS PREVNAR.

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

Section 12: Falls
If respondent is 45 years or older continue, otherwise go to next section.
12.1 In the past 12 months, how many times have you fallen?

| $\overline{8} \overline{8}$ | Number of times | [76 = 76 or more] |
| :--- | :--- | :--- |
| 77 | None | [Go to next section] |
| 99 | Refused | Not sure |
| 9 | [Go to next section] |  |
| [Go to next section] |  |  |

INTERVIEWER NOTE: By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level.
12.2 [Fill in Did this fall (from Q12.1) cause an injury?]. If only one fall from Q12.1 and response is Yes (caused an injury); code 01. If response is No, code 88.

How many of these falls caused an injury that limited your regular activities for at least a day?

INTERVIEWER NOTE: By an injury, we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor.
_ $\quad$ Number of falls 76 or more]
$\overline{8} \overline{8} \quad$ None
77 Don't know / Not sure
99 Refused
Section 13: Seat Belt Use and Drinking and Driving
13.1 How often do you use seat belts when you drive or ride in a car? Would you say-

1 Always
2 Nearly always
3 Sometimes
4 Seldom
5 Never

7 Don't know / Not sure
8 Never drive or ride in a car
9 Refused
Note: If Q13.1 = 8 (Never drive or ride in a car), go to next section; otherwise continue.
Note: If Q10.1 = 888 (No drinks in the past 30 days); go to next section.
13.2 During the past 30 days, how many times have you driven when you've had perhaps too much to drink?

Number of times
$\overline{8}{ }^{-} \quad$ None
77 Don't know / Not sure
99 Refused
Section 14: Breast and Cervical Cancer Screening
NOTE: If male go to the next section.
The next questions are about breast and cervical cancer.
14.1 Have you ever had a mammogram?

INTERVIEWER NOTE: A mammogram is an x-ray of each breast to look for breast cancer.
1 Yes
2 No [Go to Q14.3]
7 Don't know / Not sure
[Go to Q14.3]
9 Refused
[Go to Q14.3]
14.2 How long has it been since you had your last mammogram?
$1 \quad$ Within the past year (anytime less than 12 months ago)
$2 \quad$ Within the past 2 years ( 1 year but less than 2 years ago)
3 Within the past 3 years (2 years but less than 3 years ago)
$4 \quad$ Within the past 5 years (3 years but less than 5 years ago)
$5 \quad 5$ or more years ago
7 Don't know / Not sure
9 Refused
14.3 Have you ever had a Pap test?

INTERVIEWER NOTE: A Pap test is a test for cancer of the cervix.
1 Yes
2 No [Go to Q14.5]
7 Don't know / Not sure [Go to Q14.5]
9 Refused [Go to Q14.5]
14.4 How long has it been since you had your last Pap test?

1 Within the past year (anytime less than 12 months ago)
$2 \quad$ Within the past 2 years ( 1 year but less than 2 years ago)
$3 \quad$ Within the past 3 years (2 years but less than 3 years ago)
$4 \quad$ Within the past 5 years (3 years but less than 5 years ago)
$5 \quad 5$ or more years ago
7 Don't know / Not sure
9 Refused
14.5 An H.P.V. test is sometimes given with the Pap test for cervical cancer screening. Have you ever had an H.P.V. test?
INTERVIEWER NOTE: HUMAN PAPILLOMARVIRUS (PAP-UH-LOH-MUH VIRUS)
1 Yes
2 No [Go to Q14.7]
7 Don't know/Not sure [Go to Q14.7]
9 Refused [Go to Q14.7]
14.6 How long has it been since you had your last H.P.V. test?
$1 \quad$ Within the past year (anytime less than 12 months ago)
$2 \quad$ Within the past 2 years ( 1 year but less than 2 years ago)
$3 \quad$ Within the past 3 years (2 years but less than 3 years ago)
$4 \quad$ Within the past 5 years (3 years but less than 5 years ago)
$5 \quad 5$ or more years ago
7 Don't know / Not sure
9 Refused
NOTE: If response to Core Q8.20 = 1 (is pregnant); then go to next section.
14.7 Have you had a hysterectomy?

INTERVIEWER NOTE: A HYSTERECTOMY IS AN OPERATION TO REMOVE THE UTERUS (WOMB).
1 Yes
2 No
7 Don't know / Not sure
9 Refused
Section 15: Prostate Cancer Screening
Note: If respondent is $\leq 39$ years of age, or is female, go to next section.
15.1 Has a doctor, nurse, or other health professional ever talked with you about the advantages of the Prostate-Specific Antigen or P.S.A. test?

INTERVIEWER NOTE: A PROSTATE-SPECIFIC ANTIGEN TEST, ALSO CALLED A P.S.A. TEST, IS A BLOOD TEST USED TO CHECK MEN FOR PROSTATE CANCER.
1 Yes

2 No
7 Don't Know / Not sure
9 Refused
15.2 Has a doctor, nurse, or other health professional ever talked with you about the disadvantages of the P.S.A. test?
1 Yes
2 No
7 Don't Know / Not sure
9 Refused
15.3 Has a doctor, nurse, or other health professional ever recommended that you have a P.S.A. test?

1 Yes
2 No
7 Don't Know / Not sure
9 Refused
15.4. Have you ever had a P.S.A. test?
1 Yes

2 No [Go to next section]
7 Don't Know / Not sure [Go to next section]
9 Refused [Go to next section]
15.5. How long has it been since you had your last P.S.A. test?

1 Within the past year (anytime less than 12 months ago)
$2 \quad$ Within the past 2 years (1 year but less than 2 years)
$3 \quad$ Within the past 3 years (2 years but less than 3 years)
$4 \quad$ Within the past 5 years (3 years but less than 5 years)
$5 \quad 5$ or more years ago
7 Don't know / Not sure
9 Refused
15.6. What was the main reason you had this P.S.A. test - was it ...?

1 Part of a routine exam
2 Because of a prostate problem
3 Because of a family history of prostate cancer
4 Because you were told you had prostate cancer
5 Some other reason
7 Don't know / Not sure
9 Refused
Section 16: Colorectal Cancer Screening
Note: If respondent is $\leq 49$ years of age, go to next section.
16.1 A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?
1 Yes
2 No
[Go to Q16.3]
7 Don't know / Not sure [Go to Q16.3]
9 Refused
[Go to Q16.3]
16.2 How long has it been since you had your last blood stool test using a home kit?
$1 \quad$ Within the past year (anytime less than 12 months ago)
$2 \quad$ Within the past 2 years ( 1 year but less than 2 years ago)
3 Within the past 3 years (2 years but less than 3 years ago)
$4 \quad$ Within the past 5 years (3 years but less than 5 years ago)
$5 \quad 5$ or more years ago
7 Don't know / Not sure
9 Refused
16.3 Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?

| 1 | Yes |  |
| :--- | :--- | :--- |
| 2 | No | [Go to next section] |
| 7 | Don't know / Not sure | [Go to next section] |
| 9 | Refused | [Go to next section] |

16.4

For a sigmoidoscopy, a flexible tube is inserted into the rectum to look for problems. A colonoscopy is similar, but uses a longer tube, and you are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test. Was your most recent exam a sigmoidoscopy or a colonoscopy?

1 Sigmoidoscopy
2 Colonoscopy
7 Don't know / Not sure
9 Refused
16.5 How long has it been since you had your last sigmoidoscopy or colonoscopy?
$1 \quad$ Within the past year (anytime less than 12 months ago)
2 Within the past 2 years ( 1 year but less than 2 years ago)
3 Within the past 3 years (2 years but less than 3 years ago)
$4 \quad$ Within the past 5 years (3 years but less than 5 years ago)
$5 \quad$ Within the past 10 years (5 years but less than 10 years ago)
$6 \quad 10$ or more years ago
7 Don't know / Not sure
9 Refused
Section 17: HIV/AIDS
The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.
17.1 Not counting tests you may have had as part of blood donation, have you ever been tested for HIV?
1 Yes
2 No
[Go to Q17.3]
7 Don't know / Not sure
[Go to Q17.3]
9 Refused [Go to Q17.3]
17.2 Not including blood donations, in what month and year was your last HIV test?

NOTE: If response is before January 1985, code Don't know.
INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.
$\overline{7}-1 / \overline{7}=-\quad$ Code month and year
77/ 7777 Don't know / Not sure
99/ 9999 Refused / Not sure
17.3 I am going to read you a list. When I am done, please tell me if any of the situations apply to you. You do not need to tell me which one.
You have used intravenous drugs in the past year.
You have been treated for a sexually transmitted or venereal disease in the past year.
You have given or received money or drugs in exchange for sex in the past year.
You had anal sex without a condom in the past year.
You had four or more sex partners in the past year.
Do any of these situations apply to you?
1 Yes
2 No
7 Don't know / Not sure
9 Refused

NOTE: Only asked of those not responding Yes (code =1) to Core Q6. 12 (Diabetes awareness question).

1. Have you had a test for high blood sugar or diabetes within the past three years?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

Note: If Core Q6.12 = 4 (No, pre-diabetes or borderline diabetes); answer Q2 Yes (code = 1).
2. Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?
If Yes and respondent is female, ask: Was this only when you were pregnant?
1 Yes
2 Yes, during pregnancy
3 No
7 Don't know / Not sure
9 Refused
Module 2: Diabetes

Note: To be asked following Core Q6.13; if response to Q6.12 is Yes (code = 1)

1. Are you now taking insulin?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 9 | Refused |

2. About how often do you check your blood for glucose or sugar?

INTERVIEWER NOTE: Include times when checked by a family member or friend, but do not include times when checked by a health professional.

|  | Times per day |
| :---: | :---: |
| 2 | Times per week |
| 3 | Times per month |
| 4 | Times per year |
| 888 | Never |
| 777 | Don't know / Not sure |
| 999 | Refused |

INTERVIEWER NOTE: If the respondent uses a continuous glucose monitoring system (a sensor inserted under the skin to check glucose levels continuously), fill in ' 98 times per day.'
3. Including times when checked by a family member or friend by not including times when checked by a health professional, about how often do you check your feet for any sores or irritations?

1
2
3
4
555
888
777
999

Times per day
Times per week
Times per month
Times per year
No feet
Never
Don't know / Not sure
Refused
4. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

| $\overline{88}-$ | Number of times [76 = 76 or more] |
| :--- | :--- |
| 77 | None |
| 99 | Don't know / Not sure |
| Refused |  |

5. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for A-one-C? Interviewer note: A test for A one C measures the average level of blood sugar over the past three months.

Number of times [76 = 76 or more]
$\overline{8} \overline{8} \quad$ None
98 Never heard of A one C test
77 Don't know / Not sure
99 Refused
Note: If Q3 = 555 (No feet), go to Q7.
6. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

| $\overline{8}-$ | Number of times [76 $=$ |
| :--- | :--- |
| 77 | None |
| 99 | Don't know / Not sure |
| Refused |  |

7. When was the last time you had an eye exam in which the pupils were dilated, making you temporarily sensitive to bright light?
$1 \quad$ Within the past month (anytime less than 1 month ago)
$2 \quad$ Within the past year (1 month but less than 12 months ago)
3 Within the past 2 years (1 year but less than 2 years ago)
42 or more years ago
7 Don't know / Not sure
8 Never
9 Refused
8. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
9. Have you ever taken a course or class in how to manage your diabetes yourself?

1 Yes
2 No
7 Don't know / Not sure
9 Refused

Read if necessary: Electronic cigarettes (e-cigarettes) and other electronic vaping products include electronic hookahs (e-hookahs), vape pens, e-cigars, and others. These products are battery-powered and usually contain nicotine and flavors such as fruit, mint, or candy.

INTERVIEWER NOTE: THESE QUESTIONS CONCERN ELECTRONIC VAPING PRODUCTS FOR NICOTINE USE. THE USE OF ELECTRONIC VAPING PRODUCTS FOR MARIJUANA USE IS NOT INCLUDED IN THESE QUESTIONS.

1. Have you ever used an e-cigarette or other electronic vaping product, even just one time, in your entire life?
1 Yes
2 No [Go to next module]
7 Don't know / Not Sure [Go to next module]
9 Refused [Go to next module]
2. Do you now use e-cigarettes or other electronic vaping products every day, some days, or not at all?
1 Every Day
2 Some days
3 Not at all
7 Don't know/Not sure
9 Refused
Module 13: Lung Cancer Screening
NOTE: IF CORE Q9.1=1 (YES) AND Q9.2 = 1, 2, OR 3 (EVERY DAY, SOME DAYS, OR NOT AT ALL) CONTINUE, ELSE GO TO QUESTION 4.

You've told us that you have smoked in the past or are currently smoking. The next questions are about screening for lung cancer.

1. How old were you when you first started to smoke cigarettes regularly?

| $\overline{8} \overline{8}-$ | Age in Years (001-100) |
| :--- | :--- |
| Never smoked cigarettes regularly [GO TO Q4] |  |
| 777 | Don't know/Not sure |
| 999 | Refused |

INTERVIEWER NOTE 1: REGULARLY IS AT LEAST ONE CIGARETTE OR MORE ON DAYS THAT A RESPONDENT SMOKES (EITHER EVERY DAY OR SOME DAYS) OR SMOKED (NOT AT ALL).
[INSTRUCTION/ INTERVIEWER NOTE: (IF RESPONDENT INDICATES AGE INCONSISTENT WITH PREVIOUSLY ENTERED AGE) THE RESPONDENT INDICATED THEIR AGE TO BE__ YEARS OLD. YOU INDICATED THEY STARTED SMOKING REGULARLY AT THE AGE OF YEARS. PLEASE VERIFY THAT THIS IS THE CORRECT ANSWER AND CHANGE THE AGE OF THE RESPONDENT REGULARLY SMOKING OR MAKE A NOTE TO CORRECT THE AGE OF THE RESPONDENT.]
2. How old were you when you last smoked cigarettes regularly?

[^14]INTERVIEWER NOTE 1: REGULARLY IS AT LEAST ONE CIGARETTE OR MORE ON DAYS THAT A RESPONDENT SMOKES (EITHER EVERY DAY OR SOME DAYS) OR SMOKED (NOT AT ALL).
3. On average, when you \{smoke/smoked\} regularly, about how many cigarettes \{do/did\} you usually smoke each day?
$\begin{array}{ll}\overline{777}- & \begin{array}{l}\text { Number of cigarettes } \\ \text { Don't know/Not sure }\end{array} \\ 999 & \text { Refused }\end{array}$
INTERVIEWER NOTE 1: REGULARLY IS AT LEAST ONE CIGARETTE OR MORE ON DAYS THAT A RESPONDENT SMOKES (EITHER EVERY DAY OR SOME DAYS) OR SMOKED (NOT AT ALL).

INTERVIEWER NOTE 2: RESPONDENTS MAY ANSWER IN PACKS INSTEAD OF NUMBER OF CIGARETTES. BELOW IS A CONVERSION TABLE:
0.5 PACK = 10 CIGARETTES
0.75 PACK = 15 CIGARETTES

1 PACK = 20 CIGARETTES
1.25 PACK = 25 CIGARETTES
1.5 PACK $=30$ CIGARETTES
1.75 PACK = 35 CIGARETTES

2 PACKS $=40$ CIGARETTES
2.5 PACKS=50 CIGARETTES

3 PACKS $=60$ CIGARETTES
4. The next question is about CT or CAT scans. During this test, you lie flat on your back on a table. While you hold your breath, the table moves through a donut shaped $x$-ray machine while the scan is done. In the last 12 months, did you have a CT or CAT scan?

1. Yes, to check for lung cancer
2. No (did not have a CT scan)
3. Had a CT scan, but for some other reason
4. Don't know/not sure
5. Refused

Module 15: Cancer Survivorship
Note: If Core Q6.6 or Q6.7 = 1 (Yes) or Q15.6 = 4 (Because you were told you had prostate cancer) continue, else go to next module.

You've told us that you have had cancer. I would like to ask you a few more questions about your cancer.

1. How many different types of cancer have you had?

1 Only one
2 Two
3 Three or more
7 Don't know / Not sure [Go to next module]
9 Refused [Go to next module]
2. At what age were you told that you had cancer?

-     - Code age in years [97 = 97 and older]
$\overline{9} 8^{-}$Don't know / Not sure
99 Refused
Note: If Q1 = 2 (Two) or 3 (Three or more), ask: At what age were you first diagnosed with cancer?
INTERVIEWER NOTE: This question refers to the first time they were told about their first cancer.

Note: If Core Q6.6 = 1 (Yes) and Q1 = 1 (Only one): ask Was it Melanoma or other skin cancer? then code 21 if Melanoma or 22 if other skin cancer

Note: If Core Q16.6 = 4 (Because you were told you had Prostate Cancer) and Q1 = 1 (Only one) then code 19.
3. What type of cancer was it?

If Q1 = 2 (Two) or 3 (Three or more), ask: With your most recent diagnoses of cancer, what type of cancer was it?

INTERVIEWER NOTE: Read list only if respondent needs prompting for cancer type (i.e., name of cancer) [1-30]:

Breast
01 Breast cancer
Female reproductive (Gynecologic)
02 Cervical cancer (cancer of the cervix)
03 Endometrial cancer (cancer of the uterus)
04 Ovarian cancer (cancer of the ovary)
Head/Neck
05 Head and neck cancer
06 Oral cancer
07 Pharyngeal (throat) cancer
08 Thyroid
09 Larynx
Gastrointestinal
10 Colon (intestine) cancer
11 Esophageal (esophagus)
12 Liver cancer
13 Pancreatic (pancreas) cancer
14 Rectal (rectum) cancer
15 Stomach
Leukemia/Lymphoma (lymph nodes and bone marrow)
16 Hodgkin's Lymphoma (Hodgkin's disease)
17 Leukemia (blood) cancer
18 Non-Hodgkin's Lymphoma
Male reproductive
19 Prostate cancer
20 Testicular cancer
Skin
21 Melanoma
22 Other skin cancer
Thoracic
23 Heart
24 Lung

Urinary cancer:
25 Bladder cancer
26 Renal (kidney) cancer
Others
27 Bone
28 Brain
29 Neuroblastoma
30 Other
77 Don't know / Not sure
99 Refused
4. Are you currently receiving treatment for cancer?

INTERVIEWER NOTE: BY TREATMENT, WE MEAN SURGERY, RADIATION THERAPY, CHEMOTHERAPY, OR CHEMOTHERAPY PILLS.

1 Yes
2 No, l've completed treatment
3 No, l've refused treatment
$4 \quad$ No, I haven't started treatment
7 Don't know / Not sure
9 Refused
[Go to next module]
[Go to next module]
[Go to next module]
[Go to next module]
[Go to next module]
5. What type of doctor provides the majority of your health care?

INTERVIEWER NOTE: If the respondent requests clarification of this question, say: We want to know which type of doctor you see most often for illness or regular health care (Examples: annual exams and/or physicals, treatment of colds, etc.).

01 Cancer Surgeon
02 Family Practitioner
03 General Surgeon
04 Gynecologic Oncologist
05 General Practitioner, Internist
06 Plastic Surgeon, Reconstructive Surgeon
07 Medical Oncologist
08 Radiation Oncologist
09 Urologist
10 Other
77 Don't know / Not sure
99 Refused
6. Did any doctor, nurse, or other health professional EVER give you a written summary of all the cancer treatments that you received?

Read only if necessary: By 'other healthcare professional', we mean a nurse practitioner, a physician's assistant, social worker, or some other licensed professional.

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

7. Have you ever received instructions from a doctor, nurse, or other health professional about where you should return or who you should see for routine cancer check-ups after completing your treatment for cancer?

| 1 | Yes |  |
| :--- | :--- | ---: |
| 2 | No | [Go to Q9] |
| 7 | Don't know / Not sure | [Go to Q9] |
| 9 | Refused | [Go to Q9] |

8. Were these instructions written down or printed on paper for you?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
9. With your most recent diagnosis of cancer, did you have health insurance that paid for all or part of your cancer treatment?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
INTERVIEWER NOTE: HEALTH INSURANCE ALSO INCLUDES MEDICARE, MEDICAID, OR OTHER TYPES OF STATE HEALTH PROGRAMS.
10. Were you ever denied health insurance or life insurance coverage because of your cancer?

1 Yes
2 No
7 Don't know / Not sure
9 Refused
11. Did you participate in a clinical trial as part of your cancer treatment?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| 7 | Don't know / Not sure |
| 9 | Refused |

12. Do you currently have physical pain caused by your cancer or cancer treatment?

1 Yes
2 No [Go to next module]
7 Don't know / Not sure [Go to next module]
9 Refused [Go to next module]
13. Would you say your pain currently under control...?

1 With medication (or treatment)
2 Without medication (or treatment)
3 Not under control, with medication (or treatment)
4 Not under control, without medication (or treatment)
7 Don't know / Not sure
9 Refused

NOTE: If Core Q8.16 = 88, or 99 (No children under age 18 in the household, or Refused), go to next module.

If Core Q8.16 = 1, Interviewer please read: Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child. [Go to Q1]

If Core Q8.16 is $>1$ and Core Q8.16 does not equal 88 or 99, Interviewer please read: Previously, you indicated there were [number] children age 17 or younger in your household. Think about those [number] children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the last. Please include children with the same birth date, including twins, in the order of their birth.

INSTRUCTION: RANDOMLY SELECT ONE OF THE CHILDREN. This is the Xth child. Please substitute Xth child's number in all questions below.
INTERVIEWER PLEASE READ:
I have some additional questions about one specific child. The child I will be referring to is the Xth [please fill in correct number] child in your household. All following questions about children will be about the Xth [please fill in] child.
1.

What is the birth month and year of the Xth child?
$\overline{77 /} \overline{77} \overline{7} \overline{7}^{-} \quad \begin{aligned} & \text { Code month and year } \\ & \text { Don't know / Not sure }\end{aligned}$
99/9999 Refused
INSTRUCTION: Calculate the child's age in months (CHLDAGE1=0 to 216) and also in years (CHLDAGE2=0 to 17) based on the interview date and the birth month and year using a value of 15 for the birth day. If the selected child is $<12$ months old enter the calculated months in CHLDAGE1 and 0 in CHLDAGE2. If the child is $\geq 12$ months enter the calculated months in CHLDAGE1 and set CHLDAGE2=Truncate (CHLDAGE1/12).
2. Is the child a boy or a girl?

1 Boy
2 Girl
9 Refused
3. Is the child Hispanic, Latino/a, or Spanish origin?

If yes, ask: Are they...
INTERVIEWER NOTE: ONE OR MORE CATEGORIES MAY BE SELECTED
1 Mexican, Mexican American, Chicano/a
2 Puerto Rican
3 Cuban
4 Another Hispanic, Latino/a, or Spanish origin
5 No
7 Don't know / Not sure
9 Refused
4. Which one or more of the following would you say is the race of the child?
(Select all that apply)
INTERVIEWER NOTE: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

10 White
20 Black or African American
30 American Indian or Alaska Native
40 Asian
41 Asian Indian
42 Chinese
43 Filipino
44 Japanese
45 Korean
46 Vietnamese
47 Other Asian
$50 \quad$ Pacific Islander
51 Native Hawaiian
52 Guamanian or Chamorro
53 Samoan
54 Other Pacific Islander
60 Other
88 No additional choices
77 Don't know / Not sure
99 Refused
[NOTE: IF MORE THAN ONE RESPONSE TO Q4; CONTINUE. OTHERWISE, GO TO Q6.]
5. Which one of these groups would you say best represents the child's race?

INTERVIEWER NOTE: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

10 White
20 Black or African American
30 American Indian or Alaska Native
40 Asian
41 Asian Indian
42 Chinese
43 Filipino
44 Japanese
45 Korean
46 Vietnamese
47 Other Asian
$50 \quad$ Pacific Islander
51 Native Hawaiian
52 Guamanian or Chamorro
53 Samoan
54 Other Pacific Islander
60 Other
77 Don't know / Not sure
99 Refused
6.

How are you related to the child?
1 Parent (include biologic, step, or adoptive parent)
2 Grandparent
3 Foster parent or guardian
4 Sibling (include biologic, step, and adoptive sibling)
5 Other relative
6 Not related in any way
7 Don't know / Not sure
9 Refused

## HEALTH CARE COVERAGE

If "1" to Q. 3.1, continue. Otherwise go to SD01Q02.
SD01Q01. Earlier you were asked some questions about your health care coverage. We'd now like to ask you what type of health care coverage you use to pay for most of your medical care?

Is it coverage through:
01 Your employer
02 Someone else's employer
03 A plan that you or someone else buys on your own
04 Medicare
05 Medicaid or Medical Assistance
06 The military, CHAMPUS, TriCare, or the VA
07 The Indian Health Service
08 Some other source
88 None
77 Don't know/Not sure
99 Refused
Go to Q. SD02Q01.
If "2" to Q. 3.1, continue. Otherwise go to SD02Q01.
SD01Q02. Earlier you indicated that you did not have any type of health care coverage, but there are some types of coverage you may not have considered. Please tell me if you have any of the following:

Coverage through:
01 Your employer
02 Someone else's employer
03 A plan that you or someone else buys on your own
04 Medicare
05 Medicaid or Medical Assistance
06 The military, CHAMPUS, TriCare, or the VA
07 The Indian Health Service
08 Some other source
88 None
77 Don't know/Not sure
99 Refused
TOBACCO
If " 1 " to Q. 3.4, And If (" 1 " or " 2 " to Q. 9.2) or (" 1 " or " 2 " to Q. 9.5), continue. Otherwise, go to SD02Q02.
SD02Q01. In the past 12 months, has a doctor, nurse, or other health professional advised you to (quit smoking or stop using spit tobacco)?

1 Yes
2 No
7 Don't Know/Not Sure
9 Refused
If " 1 " or " 2 " to Q. 8.15 , continue. Otherwise, go to SD02Q04.
SD02Q02. While working at your job, are you indoors most of the time?
1 Yes
2 No Go to SD02Q04
7 Don't Know/Not Sure Go to SD02Q04
9 Refused
Go to SD02Q04
SD02Q03. Which of the following best describes your place of work's official smoking policy for work areas?
1 Not allowed in any work areas
2 Allowed in some work areas
3 Allowed in all work areas
or
4 No official policy
7 Don't know/Not sure
9 Refused
SD02Q04. Which statement best describes the rules about smoking inside your home? Do not include decks, garages, or porches.
1 Smoking is not allowed anywhere inside your home Go to SD02Q06
2 Smoking is allowed in some places or at some times
3 Smoking is allowed anywhere inside your home
or
4 There are no rules about smoking inside your home
7 Don't know / Not sure
9 Refused
SD02Q05. On how many of the past 7 days did someone smoke in your home while you were there? Number of days
$\overline{5} \overline{5}$ Not at home in the past 7 days
88 None
77 Don't know / Not sure
99 Refused

## SUN EXPOSURE

SD03Q01. When you are outside for more than one hour on a sunny day, how often do you wear sun block or sunscreen with an SPF of 15 or higher?
1 Always
2 Nearly Always
3 Sometimes
4 Seldom
5 Never
6 Don't stay out for more than an hour
7 Don't Know/Not Sure
9 Refused

## COLORECTAL CANCER SCREENING

If respondent is $\leq 49$ years of age, go to Q. SD05Q01
SD04Q01. Has a doctor, nurse, or other health professional ever recommended that you be tested for colorectal or colon cancer?
1 Yes
2 No
7 Don't Know/Not Sure
9 Refused
SUBSTANCE ABUSE AND MENTAL HEALTH
SD05Q01. During the past 12 months, have you ever taken a prescription pain medication such as OxyContin, Percocet, Vicodin, Tramadol, or Fentanyl?
1 Yes
2 No
7 Don't know/Not sure
9 Refused
CHILDREN'S HEALTH INSURANCE
If the total number of children (ages $0-17$ ) is equal to or greater than 1 according to Q. 8.16, continue. Otherwise, go to SD07Q01.

I'm now going to ask you some more questions about the child in the household that we talked about earlier.

SD06Q01. Does this child have health coverage?
1 Yes
2 No Go to SD06Q03
7 Don't Know/Not Sure Go to SD07Q01
9 Refused
Go to SD07Q01
SD06Q02. What type of health coverage do you use to pay for most of this child's medical care?
Is it coverage through:
01 Your employer
02 Someone else's employer
03 A plan that you or someone else buys on your own
04 Medicare
05 Medicaid, CHIP, or Medical Assistance
06 The military, CHAMPUS, TriCare, or the VA
07 The Indian Health Service (IHS)
09 Community Health Services
08 Some other source
88 None
77 Don't know/Not sure
99 Refused

Go to SD07Q01.
SD06Q03. There are some types of coverage you may not have considered, please tell me if this child is covered by any of the following.
Coverage through:
01 Your employer
02 Someone else's employer
03 A plan that you or someone else buys on your own
04 Medicare
05 Medicaid, CHIP, or Medical Assistance
06 The military, CHAMPUS, TriCare, or the VA
07 The Indian Health Service
09 Community Health Services
08 Some other source
88 None
77 Don't know/Not sure
99 Refused
If "1" to Q. 2 in Module 1, continue. Otherwise, go to SD08Q01.
SD07Q01. Earlier in the survey you indicated that you had been diagnosed with pre-diabetes or borderline diabetes. Did your doctor or another health professional refer you to pre-diabetes education to prevent diabetes?

1 Yes
2 No
7 Don't know
9 Refused
If ("3", "4", or "8") to Q. 3.4, continue. Otherwise, go to SD09Q01.
SD08Q01. Earlier in the survey you indicated that you had not had a routine health check-up in the past two years, what is the main reason you have not been to a doctor for a routine checkup in the past two years?

1 Can't afford it
2 Do not have health insurance
3 Not sick/Rarely get sick/Low perceived need to seek medical services
4 Clinic hours don't fit my schedule
5 Transportation difficulties
$6 \quad$ Distrust of doctors
$7 \quad$ Waiting times are too long
8 Past negative experiences
9 Personal factors such as fear, guilt, embarrassment
10 Believe in alternative medicine
11 Clinic too far away
12 Do not have a personal doctor
13 Other priorities/Too busy
14 Just haven't thought of it
97 Other (specify) $\qquad$
77 Don't Know/Not Sure
99 Refused

## Adverse Childhood Experiences

I'd like to ask you some questions about events that happened during your childhood. This information will allow us to better understand problems that may occur early in life and may help others in the future. This is a sensitive topic and some people may feel uncomfortable with these questions. At the end of this section, I will give you a phone number for an organization that can provide information and referral for these issues. Please keep in mind that you can ask me to skip any question you do not want to answer.

All questions refer to the time period before you were 18 years of age. Now, looking back before you were 18 years of age-

SD09Q01. Did you live with anyone who was depressed, mentally ill, or suicidal?
1 Yes
2 No
7 Don't Know/Not Sure
9 Refused
SD09Q02. Did you live with anyone who was a problem drinker or alcoholic?
1 Yes
2 No
7 Don't Know/Not Sure
9 Refused
SD09Q03. Did you live with anyone who used illegal street drugs or who abused prescription medications?
1 Yes
2 No
7 Don't Know/Not Sure
9 Refused
SD09Q04. Did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility?
1 Yes
2 No
7 Don't Know/Not Sure
9 Refused
SD09Q05. Were your parents separated or divorced?
1 Yes
2 No
7 Don't Know/Not Sure
9 Refused
SD09Q06. How often did your parents or adults in your home ever slap, hit, kick, punch, or beat each other up?
1 Never
2 Once
3 More than once
7 Don't know / Not sure
9 Refused

SD09Q07. Before age 18, how often did a parent or adult in your home ever hit, beat, kick, or physically hurt you in any way? Do not include spanking. Would you say---
1 Never
2 Once
3 More than once
7 Don't know / Not sure
9 Refused
SD09Q08. How often did a parent or adult in your home ever swear at you, insult you, or put you down?
1 Never
2 Once
3 More than once
7 Don't know / Not sure
9 Refused
SD09Q09. How often did anyone at least 5 years older than you or an adult touch you sexually?
1 Never
2 Once
3 More than once
7 Don't know / Not sure
9 Refused
SD09Q10. How often did anyone at least 5 years older than you or an adult try to make you touch them sexually?
1 Never
2 Once
3 More than once
7 Don't know / Not sure
9 Refused
SD09Q11. How often did anyone at least 5 years older than you or an adult force you to have sex?
1 Never
2 Once
3 More than once
7 Don't know / Not sure
9 Refused
Please read:
Closing Statement: We realize that this topic may bring up past experiences that some people may wish to talk about. If you or someone you know would like to talk to a trained counselor, please call 1-800-656HOPE (4673). Would you like me to repeat this number?

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.


[^0]:    Note: *Results based on small sample sizes have been suppressed.
    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

[^1]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

[^2]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

[^3]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

[^4]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014, 2016, and 2018

[^5]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2015-2018

[^6]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

[^7]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

[^8]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

[^9]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

[^10]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

[^11]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

[^12]:    Note: $\quad$ *Results based on small sample sizes have been suppressed.
    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

[^13]:    Note: *Results based on small sample sizes have been suppressed.
    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

[^14]:    Age in Years
    $\overline{777}$ Don't know/Not sure
    999 Refused

