# The Health Behaviors of South Dakotans 2018

A Report of the South Dakota Behavioral Risk Factor Surveillance System

> South Dakota Department of Health 600 East Capitol Avenue Pierre, South Dakota 57501

In cooperation with the Centers for Disease Control and Prevention Atlanta, Georgia

May 2020

Copies of this report and its distribution were paid for by a grant from the Centers for Disease Control and Prevention.

### Preface

*The Health Behaviors of South Dakotans 2018* serves as a way to measure health risks of South Dakotans.

The information used to develop the report came from the Behavioral Risk Factor Surveillance System (BRFSS). The South Dakota Department of Health (DOH) initiated the BRFSS with help from the Centers for Disease Control and Prevention (CDC).

The survey consists of questions aimed at tracking and trending prevalence of health behaviors and conditions over time.

The BRFSS is the world's largest telephone survey. The survey is administered to households with adults age 18 years or older.

The Office of Health Statistics edited and compiled data for this publication. This report contains as much information as practical from the survey.

For questions regarding *The Health Behaviors of South Dakotans 2018, please contact:* 

Office of Health Statistics 615 East 4th Street Pierre, South Dakota 57501-2536 Phone: (605) 773-3361 <u>http://doh.sd.gov/Statistics/</u> National web site: http://www.cdc.gov/brfss/

The following people were the main contributors to the development of this report:

Carrie Cushing	Policy Data Analyst
Mark Gildemaster	Project Director of South Dakota Behavioral Risk Factor Surveillance
	System
Derrick Haskins	Communications Director
Virginia Peterson	Project Coordinator of South Dakota Behavioral Risk Factor Surveillance System

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### <u>History</u>

By the early 1980s, scientific research clearly showed that personal health behaviors played a major role in premature morbidity and mortality. The National Center for Health Statistics (NCHS) periodically used surveys to obtain national estimates of health risk behaviors among U.S. adult populations, but these data were not available on a state-specific basis. This deficiency was critical for state health agencies that have the primary role of targeting resources to reduce behavioral risks and their consequent illnesses.

About the same time as personal health behaviors received wider recognition in relation to chronic disease, morbidity and mortality, telephone surveys emerged as an acceptable method for determining the prevalence of many health risk behaviors among populations. In addition to their cost advantages, telephone surveys were especially desirable at the state and local level, where the necessary abilities and resources for conducting area probability sampling for in-person household interviews were likely unavailable.

As a result, surveys were developed and conducted to monitor state-level prevalence of the major behavioral risks associated with premature morbidity and mortality. The basic philosophy was to collect data on actual behaviors, rather than on attitudes or knowledge, which would be especially useful for planning, initiating, supporting, and evaluating health promotion and disease prevention programs. Data from the questionnaire provided health departments, public health offices, and policymakers with necessary behavioral information. When combined with mortality and morbidity statistics, these data enable public health officials to establish policies and priorities and to initiate and assess health promotion strategies.

In 1984, the creation of the Behavioral Risk Factor Surveillance System (BRFSS) began to collect prevalence data on risk behaviors and preventative health practices that affect health status. The Centers for Disease Control and Prevention (CDC) developed a standard core questionnaire for states to use to provide data that would be comparable with all states. Individual states could add questions to gather additional information on topics of specific interest to them. The South Dakota Department of Health (DOH) started the BRFSS in South Dakota in 1987 with the help of the CDC. By 1994, all states, the District of Columbia, and three territories were participating in the BRFSS.

### <u>Purpose</u>

- The main purpose of the BRFSS at the state level is for program support within the DOH. Every year, various health programs collaborate and plan the optional content of the survey to gather useful data. They are then able to use those data to determine priority health issues and identify populations at highest risk. This leads to effective program planning, initiation, support, and evaluation of health promotion and disease prevention programs.
- The DOH also uses BRFSS data to increase awareness and educate the public, the health community, and policymakers about health matters through responses to media inquiries, reports, and publications. Private and public health officials throughout South Dakota receive a copy of this report to aid program efforts in influencing public health issues.

In December 2019, the South Dakota Department of Health released a strategic plan for the next five years. The plan includes goals that will be measured by key performance indicators. Two of these performance indicators use BRFSS data. They include:

• Increase the percentage of those without diabetes who have had a test for blood sugar or diabetes within the past 3 years from 51.4% in 2018 to 59% by 2025.

• Increase the percentage of adults age 50-75 who are up-to-date with recommended colorectal cancer screening from 69% in 2018 to 80% by 2025

In subsequent reports we will be highlighting these areas and tracking the progress toward 2025.

### Report Description

This report includes several sections covering major indicators from the survey. The DOH has organized the sections in the following manner:

- A definition of the indicator is given.
- The prevalence of the indicator in South Dakota is given and the prevalence in the United States and D.C. is given if it is available.
- A time trend analysis for each indicator is given as far back as comparable data have been gathered. This includes a dashed trend line as well as the actual data results for each available year. Multiple years of data are very valuable not only for analyzing the trend of the indicator, but also help to show the variability in some indicators.
- A detailed demographic breakdown is included. This table is important because it can identify demographic subgroups at highest risk.
- Text explaining any demographic differences or associations with the given indicator is included. When a prevalence is indicated to be significantly different for different demographics, it simply means the 95% confidence intervals for the given indicators do not overlap.
- Any additional data gathered on the given topic will then follow.

Table 1, on the next page, shows the estimated risk factor rates and the estimated number of persons in South Dakota who are at risk for the selected risk factors. The DOH based the estimated population at risk on 2018 population estimates from the U. S. Census Bureau.

Table 1 Estimated Percentage and Number of Persons at Risk Due to Selected Factors (Ages 18 and Older Unless Otherwise Specified): South Dakota BRFSS, 2018		
Торіс	Estimated %	Estimated Population
Body Mass Index - Overweight (BMI 25.0+)	68%	451,000
Body Mass Index - Obese (BMI 30.0+)	30%	200,000
Body Mass Index - Severely Obese (BMI 35.0+)	13%	84,000
Body Mass Index - Morbidly Obese (BMI 40.0+)	5%	32,000
Leisure Time Physical Activity	76%	505,000
Cigarette Smoking	19%	126,000
Smokeless Tobacco Use	7%	46,000
E-Cigarette Use	5%	31,000
Tobacco Use (Cigarette, Smokeless, or E-Cig)	28%	188,000
Diabetes	9%	62,000
No Health Insurance (18-64 Years Old)	10%	51,000
No Health Insurance (0-17 Years Old)	3%	6,000
No Health Insurance (0-64 Years Old)	8%	57,000
Routine Check-Up in Past Two Years	86%	571,000
Mammogram in Past 2 years - 40-74 years old	79%	136,000
Met Cervical Cancer Screening Recommendations (21-65 years old)	77%	185,000
Met Colorectal Cancer Screening Recommendations (21 of years old)	69%	178,000
PSA Test within the past 2 years - 40+	34%	68,000
Flu Shot in Past 12 months (65+ Years Old)	51%	75,000
Ever Had a Pneumonia Shot (65+ Years Old)	77%	113,000
Been to the Dentist in the Past Year	68%	452,000
Ever Had a Heart Attack	5%	34,000
Have Angina or Coronary Heart Disease	4%	29,000
Ever Had a Stroke	3%	18,000
Ever Been Diagnosed with Cancer (Excluding Skin Cancer)	8%	52,000
Ever Been Diagnosed with Skin Cancer	6%	43,000
Use Sun Block Most of the Time	24%	162,000
Current Asthma	8%	52,000
Arthritis	25%	167,000
	25% 5%	
Chronic Obstructive Pulmonary Disease (COPD) Depressive Disorder	16%	<u>31,000</u> 108,000
Kidney Disease Severe Vision Impairment	3%	18,000 28,000
	4%	
Hearing Difficulty Always or Almost Always Use Seat Belt	<u>8%</u> 85%	50,000 565,000
Less Than Six Hours of Sleep per Day	8%	56,000
Drank Alcohol in Past 30 Days	58%	385,000
Binge Drinking	21%	141,000
Heavy Drinking	9%	57,000
Taken Prescription Pain Medication in Past 12 Months	16%	104,000
One or More Adverse Childhood Experiences	49%	325,000
Five or More Adverse Childhood Experiences	9%	62,000
Fair/Poor Health Status	15%	97,000
Physical Health Not Good for 30 of the Past 30 days	5%	35,000
Mental Health Not Good for 20-30 Days of the Past 30 days	6%	43,000
Usual Activities Unattainable for 10-30 Days of the Past 30 Days	7%	46,000
Injured in a Fall - 45+ years old (Last 12 months)	8%	30,000
Ever Been Tested for HIV (18-64 Years Old) Source: The Behavioral Risk Factor Surveillance System, South Dakota Department	27%	141,000

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

Table 2 shows the topics covered on South Dakota's BRFSS each year from 2009 through 2018.

Table 2 Topics Covered on the South Dakota BRFSS, 2009-2018										
Topics Year										
Topico	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
Advanced Directive		Х		Х						Х
Adverse Childhood Experiences (ACE)	Х	Х								
Alcohol Consumption	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Arthritis	Х	Х	Х	Х	Х	Х	Х	Х		Х
Asthma	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Birth Control		Х								
Body Mass Index		Х	Х	Х	Х	Х	Х	Х	Х	Х
Breast Cancer Screening	Х		Х		Х		Х		Х	
Cancer	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Cancer Survivorship	Х	Х	Х	Х						
Cardiovascular Disease	Х	Х	Х	Х	Х	Х	Х	Х	Х	X
Care Giving			X							Х
Cervical Cancer Screening	Х		Х		Х		Х		Х	
Cholesterol Awareness		Х		Х		Х		Х		Х
Chronic Obstructive Pulmonary Disease	v	v	v	v	v	v	v	v		
(COPD) Cognitive Impairment	Х	Х	Х	X X	X X	X X	Х	Х		
Cognitive impairment Colorectal Cancer Screening	Х	-	Х	^	X	^	Х		Х	
Depressive Disorder	X	Х	X	Х	X	Х	X	Х	^	
Diabetes	X	X	X	X	X	X	X	X	Х	Х
Diabetes - Pre	X	X	X	X	X	X	X	X	X	X
Disability (Physical, Mental, or Emotional)	^	^	^	X	X	X	X	X	X	X
Emotional Support & Life Satisfaction				^	^	^	^	^	X	X
Falls	Х		Х		Х		Х		X	~
Flu Shots	X	Х	X	Х	X	Х	X	Х	X	Х
Health Care Coverage and Access	X	X	X	X	X	X	X	X	X	X
Health Care Coverage - Children	X	X	X	X	X	X	X	X	X	X
Health Status / Healthy Days	X	X	X	X	X	X	X	X	X	X
"Healthy South Dakota" - Name Recognition	~	~	~	~	~	~	X	~	X	~
Hearing Difficulty	Х	Х	Х				~		~	
Heart Attack - Knowledge of Signs and	~	~	~							
Symptoms				Х		Х		Х		Х
High Blood Pressure - Prevalence		Х		Х	Х	Х	Х	Х		Х
High Blood Pressure - Actions to Control		Х			Х		Х			
HIV/AIDS	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
HPV	Х		Х							
Immunization - Children									Х	
Influenza Like Illness								Х		
Influenza - Pandemic										Х
Kidney Disease	Х	Х	Х	Х	Х	Х	Х	Х		
Lung Cancer Screening	Х									
Mental Health		Х	Х							
Nutrition/Fruits & Vegetables		Х		Х		Х		Х		Х
Oral Health	Х		Х		Х		Х		Х	
Oral Health - Children		Х		Х		Х		Х		Х
Physical Activity - Exercise Trips			Х	Х						
Physical Activity - Hours Sitting per Day			Х	Х						
Physical Activity - Leisure Time	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Physical Activity - Type and Amount of Time		Х		Х		Х		Х		Х
Physical, Mental, or Emotional Limitations				Х	Х	Х				
Pneumonia Shots	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Prescription Pain Medication	Х	Х								
Prostate Cancer Screening	Х		Х		Х		Х		Х	
Salt Related Behavior					Х					
Seat Belts	Х	Х	Х	Х	Х	Х	Х	Х	Х	
Sexual Violence					Х				Х	Х
Shingles Shots		Х			Х					

Table 2										
Topics Covered on the South Dakota BRFSS, 2009-2018										
Topics	Year									
	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009
Sleep	Х		Х		Х	Х			Х	Х
Special Health Conditions - Children									Х	Х
Stroke - Signs and Symptoms							Х		Х	
Substance Abuse		Х	Х							
Sun Exposure / Skin Cancer	Х		Х		Х		Х	Х	Х	
Sweetened Beverages / Menu Labeling							Х	Х	Х	
Tetanus Shot			Х			Х				
Tobacco - Cigarette Use	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Tobacco - E-Cigarette Use	Х	Х	Х							
Tobacco - Quitline Name Recognition			Х	Х	Х	Х				
Tobacco - Second Hand Smoke			Х	Х	Х	Х	Х	Х	Х	Х
Tobacco - Smokeless	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
TV Viewing						Х		Х		Х
Vision Impairment	Х	Х	Х	Х	Х	Х	Х	Х		
Weight Control								Х		Х

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2009-2018

### Methodology

### Participating Agencies

The South Dakota Behavioral Risk Factor Surveillance System is a combined effort between the South Dakota Department of Health (DOH) and the Centers for Disease Control and Prevention (CDC). The DOH contracted with Issues and Answers to collect the data through telephone interviews. However, the DOH continues to supervise the survey process, as well as design and distribute the report. The CDC provides financial and technical assistance, develops the questionnaire, designs the methodology, and processes the data.

### Method of Surveillance

This study uses a telephone survey rather than other survey methods because of its low cost, ease of administration in reaching respondents, and reliability. Telephone surveys are less representative of areas where a significant portion of the population does not have telephones. Cell phones were first called in 2011. Fifty-one percent of all surveys were completed via cell phone in 2018 with the intent to continue to increase this percentage in the coming years.

### **Questionnaire Development**

The BRFSS is designed to collect information on the health behaviors of adults over time. For the 2018 survey (Appendix B), standard demographic questions were included along with sections on general health status, physical and mental health, health insurance, chronic health conditions, tobacco use, alcohol use, cancer screening, oral health, sleep, physical activity, seat belt use, immunization, and HIV/AIDS. South Dakota also added several state-specific questions to the end of the core questionnaire including secondhand smoke, e-cigarettes, cancer survivorship, sun exposure, adverse childhood experiences, prescription pain medication, and children's health insurance.

### Accuracy of Survey Data

It is important to remember that the survey data are **self-reported**. Therefore, people may tend to report a more favorable lifestyle than actually practiced. The accuracy of self-reported data may also vary according to risk factors, i.e., self-reported smoking status is thought to be more accurate than self-reported eating habits. These limitations do not negate the survey's ability to identify high-risk groups and monitor long-term trends.

### **Eligible Respondent Selection**

Eligible respondents for the landline survey were individuals 18 years of age or over who resided a majority of the time at the household contacted. In households with more than one eligible respondent, a random selection was made to determine the actual respondent. Data included in the children's sections of this report were estimated based on responses from the adult respondent regarding a randomly selected child in the household. Automated prescreening was done to eliminate business phones and non-working numbers. "No Answers" and "Busy Signals" were re-dialed a minimum of three times on five different days at different times before they were removed.

Eligible respondents for the cell phone survey were individuals 18 years of age or over who did not also have a landline phone or rarely used their landline phone. Six attempts were made to complete a survey. After the sixth attempt the phone number was removed.

### **Data Collection Process**

There were 7,120 interviews completed between January 1, 2018 and December 31, 2018, at an average of 593 interviews per month.

### Data Processing

The DOH sent the data electronically to the CDC. The CDC then supplied a final data file with applicable data weights and several calculated variables included. The DOH used this file to calculate all the data presented in this report.

### <u>Weighting</u>

Collecting data via telephone survey often produces an over-representation of certain demographic groups in the sample population. Therefore, the sample population may not be representative of the actual population. To account for this, the data are weighted to produce estimates that represent the actual population rather than the sample population.

### Sample Description

Survey interviewers collected demographic variables including age, gender, and race. Those interested can find a summary of the demographic results in a table displayed in Appendix A: Demographics.

Appendix A also summarizes the age, race/ethnicity, household income, education, employment status, marital status, phone status (landline v. cell), home ownership status, presence of children in the household, and pregnancy status of female respondents ages 18-44 years old.

### **Completion Rate**

Table 3 shows the outcome of all telephone calls. The 7,120 completed interviews represented a completion rate of 2.7 percent. The refusal rate was 5.7 percent.

Completed interview Refused interview	7,120	<b>a</b>
Refused interview		2.7%
	14,935	5.7%
Nonworking number	175,737	67.2%
No answer (Multiple times)	20,427	7.8%
Not a private residence	10,346	4.0%
Telephone answering service (Multiple times)	9,854	3.8%
Fast busy/Line busy (Multiple times)	8,985	3.4%
No eligible respondent at this number	4,635	1.8%
Fax line	2,180	0.8%
On never call list	1,168	0.4%
Physical/mental impairment	601	0.2%
Language barrier	573	0.2%
Interview terminated within questionnaire	348	0.1%
Landline phone (Cell phone study)	228	0.1%
Respondent not available during the interviewing period	185	0.1%
Other	4,203	1.6%

Table 3
Disposition of All Telephone Numbers in the Sample, 2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

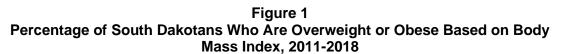
### **Overweight and Obese**

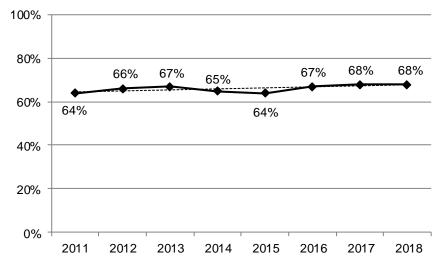
### **OVERWEIGHT OR OBESE**

Definition: Overweight or obese is defined as having a Body Mass Index (BMI) of 25.0 or above. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds, divided by their height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in)  $^2 x$  703.

### Prevalence of Overweight or Obese

- o South Dakota 68%
- Nationwide median 66%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

			95% Confidence Interva		
		2014-2018	Low	High	
Condor	Male	73%	71.7%	74.4%	
Gender	Female	59%	57.8%	60.6%	
	18-29	48%	45.3%	50.8%	
	30-39	67%	64.1%	69.3%	
	40-49	73%	70.5%	75.2%	
Age	50-59	75%	73.0%	76.6%	
	60-69	75%	73.2%	76.6%	
	70-79	71%	68.7%	73.2%	
	80+	60%	56.3%	62.8%	
	White, Non-Hispanic	66%	65.4%	67.5%	
Race/Ethnicity	American Indian, Non-Hispanic	74%	70.1%	77.1%	
•	Hispanic	66%	57.1%	74.2%	
	Less than \$35,000	66%	64.2%	68.0%	
Household Income	\$35,000-\$74,999	70%	68.0%	71.4%	
	\$75,000+	68%	66.2%	69.8%	
	Less than High School, G.E.D.	66%	61.5%	69.5%	
	High School, G.E.D.	68%	65.7%	69.3%	
	Some Post-High School	66%	64.6%	68.0%	
	College Graduate	66%	64.0%	67.1%	
	Employed for Wages	67%	65.9%	68.7%	
	Self-employed	70%	67.6%	72.9%	
	Unemployed	65%	59.3%	70.6%	
Employment Status	Homemaker	57%	52.2%	61.9%	
	Student	35%	30.3%	40.8%	
	Retired	71%	69.1%	72.3%	
	Unable to Work	74%	70.1%	78.0%	
	Married/Unmarried Couple	71%	69.4%	71.7%	
	Divorced/Separated	69%	66.6%	71.7%	
Marital Status	Widowed	64%	60.9%	66.5%	
	Never Married	55%	52.3%	57.4%	
Home Ownership	Own Home	69%	68.3%	70.4%	
Status	Rent Home	61%	58.8%	63.4%	
	Children in Household (Ages 18-44)	63%	60.4%	64.8%	
Children Status	No Children in Household (Ages 18-44)	55%	51.7%	57.4%	
	Landline	68%	66.6%	69.5%	
Phone Status	Cell Phone	66%	64.3%	66.9%	
	Pregnant (Ages 18-44)	-	-		
Pregnancy Status	Not Pregnant (Ages 18-44)	53%	50.5%	55.7%	
	Minnehaha	65%	62.4%	67.5%	
	Pennington	64%	62.0%	66.8%	
	Lincoln	63%	59.2%	67.6%	
	Brown	72%	69.0%	75.0%	
County	Brookings	62%	57.8%	66.6%	
	Codington	66%	62.9%	69.9%	
	Meade	63%	57.7%	67.3%	
	Lawrence	61%	56.9%	64.0%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

### **Demographics**

- **Gender** Males exhibit a significantly higher prevalence of being overweight than females.
- Age The prevalence of being overweight increases as age increases with a peak in the 50s and 60s including a significant increase as the 30s and 40s are reached. After that, the prevalence of being overweight decreases as age increases with a significant decrease as the 80s are reached.
- **Race/Ethnicity** American Indians demonstrate a significantly higher prevalence of being overweight than whites.
- **Household** The prevalence of being overweight does not seem to change as household income changes.
- **Education** The prevalence of being overweight does not seem to change as education levels change.
- **Employment** Those who are self-employed, unemployed, retired, or unable to work demonstrate a very high prevalence of being overweight, while those who are a student show a very low prevalence.
- MaritalThose who are married or divorced exhibit a very high prevalence of being<br/>overweight, while those who have never been married show a very low<br/>prevalence.
- **Home** Those who own their home show a significantly higher prevalence of being overweight than those who rent their home.
- ChildrenThose adults with children in the household demonstrate a significantly higherStatusprevalence of being overweight than those with no children.
- **Phone Status** The prevalence of being overweight does not seem to differ based on phone status.
- **County** Brown county demonstrates a very high prevalence of being overweight, while Minnehaha, Pennington, Lincoln, Brookings, Meade, and Lawrence counties show a very low prevalence.

### <u>OBESE</u>

Definition: Obese is defined as having a Body Mass Index (BMI) of 30.0 or greater. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds divided by height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in)  $^2 x$  703.

#### **Prevalence of Obesity**

- o South Dakota 32%
- Nationwide median 31%

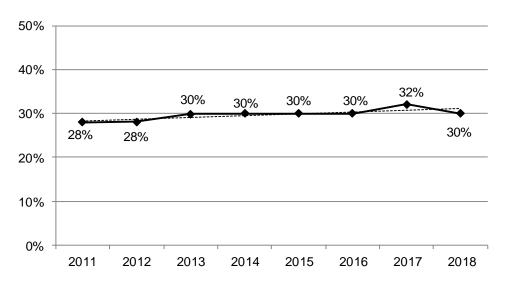


Figure 2 Percentage of South Dakotans Who Are Obese Based on Body Mass Index, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

	Table 5 South Dakotans Who Are		2018		
		,	95% Confidence Interval		
		2014-2018	Low	High	
Condon	Male	32%	31.0%	33.6%	
Gender	Female	28%	27.1%	29.6%	
	18-29	19%	17.4%	21.6%	
	30-39	32%	29.5%	34.4%	
	40-49	36%	33.6%	38.8%	
Age	50-59	37%	34.8%	39.0%	
	60-69	35%	33.6%	37.3%	
	70-79	30%	27.4%	31.8%	
	80+	19%	16.3%	21.2%	
	White, Non-Hispanic	30%	28.7%	30.6%	
Race/Ethnicity	American Indian, Non-Hispanic	43%	39.3%	46.5%	
	Hispanic	31%	23.8%	39.7%	
Household	Less than \$35,000	33%	31.3%	34.9%	
Household	\$35,000-\$74,999	31%	29.6%	32.8%	
Income	\$75,000+	30%	28.0%	31.4%	
Education	Less than High School, G.E.D.	32%	28.1%	35.4%	
	High School, G.E.D.	30%	28.7%	31.9%	
	Some Post-High School	32%	30.1%	33.3%	
	College Graduate	28%	26.7%	29.5%	
	Employed for Wages	32%	30.2%	32.9%	
	Self-employed	30%	27.7%	32.8%	
	Unemployed	32%	26.9%	37.1%	
Employment	Homemaker	23%	19.5%	27.4%	
Status	Student	13%	10.3%	17.4%	
	Retired	29%	27.7%	30.9%	
	Unable to Work	46%	42.2%	50.6%	
	Married/Unmarried Couple	32%	30.9%	33.3%	
	Divorced/Separated	34%	31.0%	36.1%	
Marital Status	Widowed	27%	24.8%	29.9%	
	Never Married	25%	23.1%	27.1%	
Home Ownership	Own Home	31%	30.2%	32.3%	
Status	Rent Home	29%	27.5%	31.5%	
	Children in Household (Ages 18-44)	29%	26.7%	30.7%	
Children Status	No Children in Household (Ages 18-44)	24%	22.2%	26.8%	
	Landline	31%	30.1%	32.8%	
Phone Status	Cell Phone	30%	28.7%	31.0%	
		5070	20.7 /0	51.070	
Pregnancy Status	Pregnant (Ages 18-44) Not Pregnant (Ages 18-44)	- 26%	24.0%	- 28.5%	
	Minnehaha	29% 28%	26.7% 26.2%	31.3% 30.7%	
	Pennington				
	Lincoln	27%	24.0%	31.2%	
County	Brown	35%	31.8%	38.0%	
-	Brookings	25%	21.9%	28.6%	
	Codington	31%	28.1%	34.3%	
	Meade	26%	22.1%	29.2%	
	Lawrence	25%	22.2%	27.8%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

### **Demographics**

Income

- **Gender** Males exhibit a significantly higher prevalence obesity than females.
- Age The prevalence of obesity increases as age increases with a peak in the 50s including a significant increase as the 30s are reached. After that, the prevalence of obesity decreases as age increases with significant decreases as the 70s and 80s are reached.
- **Race/Ethnicity** American Indians demonstrate a significantly higher prevalence of obesity than whites.
- **Household** The prevalence of obesity decreases as household income increases.
- **Education** The prevalence of obesity does not seem to change as education levels change.
- **Employment** Those who are unable to work demonstrate a very high prevalence of obesity, while those who are a student show a very low prevalence.
- MaritalThose who are married or divorced exhibit a very high prevalence of obesity,<br/>while those who are widowed or have never been married show a very low<br/>prevalence.
- HomeThe prevalence of obesity does not seem to change based on homeOwnershipownership.

# ChildrenThe prevalence of the adults being obese does not seem to change based on<br/>the presence of children in the household.

- **Phone Status** The prevalence of obesity does not seem to change based on phone status.
- **County** Brown and Codington counties demonstrate a very high prevalence of obesity, while the other six available counties show a very low prevalence.

### SEVERELY OBESE

Definition: Severely Obese is defined as having a Body Mass Index (BMI) of 35.0 or greater. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds divided by height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in) <sup>2</sup> x 703.

#### Prevalence of Severe Obesity

- South Dakota 13%
- There is no nationwide median for severe obesity.

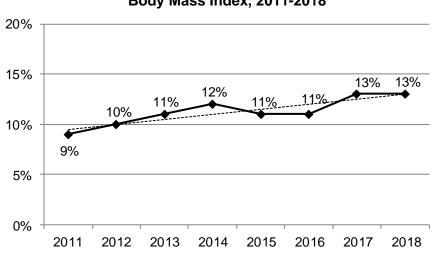


Figure 3 Percentage of South Dakotans Who Are Severely Obese Based on Body Mass Index, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

	Ĩ	-		4-2018		
			95% Confidence Interval			
		2014-2018	Low	High		
Condor	Male	12%	10.9%	12.7%		
Gender	Female	12%	11.4%	13.2%		
	18-29	9%	7.1%	10.2%		
	30-39	13%	11.0%	14.4%		
	40-49	15%	13.2%	17.1%		
Age	50-59	15%	13.2%	16.2%		
	60-69	14%	12.5%	15.1%		
	70-79	10%	8.5%	11.2%		
	80+	6%	4.8%	8.3%		
	White, Non-Hispanic	12%	11.0%	12.3%		
Race/Ethnicity	American Indian, Non-Hispanic	18%	15.6%	21.3%		
	Hispanic	11%	7.1%	17.6%		
	Less than \$35,000	15%	13.7%	16.3%		
Household Income	\$35,000-\$74,999	12%	11.1%	13.3%		
	\$75,000+	10%	8.8%	11.0%		
Education	Less than High School, G.E.D.	13%	10.3%	15.7%		
	High School, G.E.D.	12%	11.0%	13.3%		
	Some Post-High School	13%	11.7%	13.9%		
	College Graduate	11%	9.7%	11.6%		
	Employed for Wages	13%	11.7%	13.6%		
	Self-employed	10%	8.6%	12.1%		
	Unemployed	13%	10.4%	17.1%		
Employment Status	Homemaker	10%	7.8%	13.6%		
	Student	5%	3.3%	8.4%		
	Retired	10%	9.2%	11.4%		
	Unable to Work	25%	21.5%	28.6%		
	Married/Unmarried Couple	12%	10.8%	12.4%		
	Divorced/Separated	15%	13.2%	16.9%		
Marital Status	Widowed	12%	10.2%	14.2%		
	Never Married	12%	10.4%	13.2%		
Home Ownership	Own Home	11%	10.8%	12.2%		
Status	Rent Home	14%	12.3%	15.2%		
	Children in Household (Ages 18-44)	12%	10.3%	13.3%		
Children Status	No Children in Household (Ages 18-44)	11%	9.2%	12.2%		
	Landline	13%	12.2%	14.3%		
Phone Status	Cell Phone	11%	10.7%	14.3%		
	Pregnant (Ages 18-44)			-		
Pregnancy Status	Not Pregnant (Ages 18-44)	- 12%	10.3%	- 13.5%		
	Minnehaha	11%	9.4%	12.4%		
	Pennington	11%	9.4%	12.4%		
	Lincoln	10%	<u> </u>	13.3%		
	Brown	14%	12.3%	16.7%		
County	Brookings	14%	7.6%	10.7%		
		10%	9.8%	12.4%		
	Codington Meade	12%	<u> </u>	14.1%		
	Lawrence	7%	<u>7.5%</u> 5.8%	8.6%		

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

### **Demographics**

Gender	The prevalence of severe obesity does not seem to differ based on gender.
Age	The prevalence of being severely obese increases as age increases with a peak in the 40s and 50s including a significant increase as the 30s are reached. After that, the prevalence of being severely obese decreases as age increases with significant decreases as the 70s and 80s are reached.
Race/Ethnicity	American Indians demonstrate a significantly higher prevalence of being severely obese than whites.
Household Income	The prevalence of being severely obese decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
Education	The prevalence of being severely obese does not seem to change as education levels change.
Employment	Those who are unable to work demonstrate a very high prevalence of being severely obese, while those who are a homemaker or a student show a very low prevalence.
Marital Status	Those who are divorced exhibit a very high prevalence of being severely obese, while those who are married show a very low prevalence.
Home Ownership	Those who rent their home show a significantly higher prevalence of being severely obese than those who own their home.
Children Status	The prevalence of the adults being severely obese does not seem to change based on the presence of children in the household.
Phone Status	The prevalence of being severely obese does not seem to change based on phone status.
County	Minnehaha, Pennington, Brown, and Codington counties demonstrate a very high prevalence of being severely obese, while Lincoln, Meade, and Lawrence counties show a very low prevalence.

### **MORBIDLY OBESE**

Definition: Morbidly Obesity is defined as having a Body Mass Index (BMI) of 40.0 or greater. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds divided by height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in)  $^{2}$  x 703.

### Prevalence of Morbid Obesity

- South Dakota 5%
- There is no nationwide median for morbid obesity.

Table 7 South Dakotans Who Are Morbidly Obese, 2014-2018						
			95% Confidence Interva			
		2014-2018	Low	High		
O a mala m	Male	4%	3.3%	4.3%		
Gender	Female	5%	4.2%	5.4%		
	18-29	3%	2.6%	4.7%		
	30-39	5%	4.0%	6.2%		
	40-49	5%	3.9%	5.9%		
Age	50-59	5%	4.4%	6.3%		
-	60-69	5%	3.9%	5.4%		
	70-79	3%	2.1%	3.6%		
	80+	2%	1.0%	2.7%		
Race/Ethnicity	White, Non-Hispanic	4%	3.7%	4.5%		
	American Indian, Non-Hispanic	6%	4.3%	7.7%		
	Hispanic	4%	2.5%	7.5%		
Household Income	Less than \$35,000	6%	4.8%	6.6%		
	\$35,000-\$74,999	4%	3.7%	5.1%		
	\$75,000+	3%	2.1%	3.1%		
	Less than High School, G.E.D.	4%	2.9%	5.9%		
	High School, G.E.D.	4%	3.7%	5.0%		
Education	Some Post-High School	5%	3.8%	5.3%		
	College Graduate	4%	3.3%	4.5%		
	Employed for Wages	4%	3.8%	5.0%		
	Self-employed	4%	2.6%	5.0%		
-	Unemployed	4%	3.0%	6.3%		
Employment	Homemaker	3%	2.2%	5.4%		
Status	Student	2%	0.7%	3.7%		
	Retired	3%	2.8%	4.1%		
	Unable to Work	12%	9.6%	14.7%		
	Married/Unmarried Couple	4%	3.3%	4.3%		
	Divorced/Separated	5%	4.2%	6.4%		
Marital Status	Widowed	5%	3.5%	5.9%		
	Never Married	5%	4.0%	5.8%		
Home Ownership	Own Home	4%	3.5%	4.4%		
Status	Rent Home	5%	4.4%	6.2%		
	Children in Household (Ages 18-44)	4%	3.2%	5.0%		
Children Status	No Children in Household (Ages 18-44)	5%	3.8%	5.9%		
	Landline	5%	4.3%	5.7%		
Phone Status	Cell Phone	4%	3.4%	4.4%		

Table 7 (continued) South Dakotans Who Are Morbidly Obese, 2014-2018							
			95% Confidence Interva				
		2014-2018	Low	High			
Brognonov Status	Pregnant (Ages 18-44)	-	-	-			
Pregnancy Status	Not Pregnant (Ages 18-44)	5%	4.0%	6.2%			
	Minnehaha	4%	3.1%	5.1%			
	Pennington	4%	3.0%	5.1%			
	Lincoln	4%	2.7%	5.9%			
County	Brown	6%	4.8%	8.0%			
County	Brookings	3%	2.0%	4.8%			
	Codington	5%	3.3%	6.4%			
	Meade	4%	3.1%	6.4%			
	Lawrence	2%	1.5%	2.9%			

Note: \*Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

#### **Demographics**

**Gender** The prevalence of morbid obesity does not seem to differ based on gender.

- Age The prevalence of morbid obesity does not seem to change as age changes, but it does show a significant decrease as the 70s are reached.
- **Race/Ethnicity** The prevalence of morbid obesity does not seem to differ based on race or ethnicity.
- **Household** The prevalence of morbid obesity decreases as household income increases. **Income** This includes a significant decrease as the \$75,000+ income group is reached.
- **Education** The prevalence of morbid obesity does not seem to change as education levels change.
- **Employment** Those who are unable to work demonstrate a very high prevalence of morbid obesity, while those who are self-employed, unemployed, a homemaker, a student, or retired show a very low prevalence.
- MaritalThe prevalence of morbid obesity does not seem to differ based on marital<br/>status.

HomeThe prevalence of morbid obesity does not seem to change based on homeOwnershipownership.

- ChildrenThe prevalence of the adults being morbidly obese does not seem to change<br/>based on the presence of children in the household.
- **Phone Status** The prevalence of morbid obesity does not seem to change based on phone status.
- **County** Minnehaha, Pennington, Brown, Codington, and Meade counties demonstrate a very high prevalence of morbid obesity, while Lawrence county shows a very low prevalence.

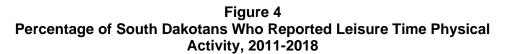
### **Physical Activity**

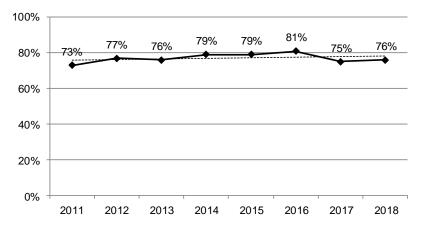
### LEISURE TIME PHYSICAL ACTIVITY

Definition: South Dakotans who report leisure time physical activity or exercise during the past 30 days other than the respondent's regular job.

### Prevalence of Leisure Time Physical Activity

- o South Dakota 76%
- Nationwide median 74%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

South Dak	Table 8 otans Who Reported Leisure Time	Physical Ac	tivity, 2014-20	)18	
			95% Confidence Interva		
		2014-2018	Low	High	
O - m - d - m	Male	77%	76.2%	78.6%	
Gender	Female	78%	77.3%	79.4%	
	18-29	86%	83.9%	87.6%	
	30-39	83%	80.6%	84.7%	
	40-49	79%	76.3%	80.6%	
Age	50-59	75%	73.3%	77.0%	
<b>J</b> *	60-69	73%	70.8%	74.4%	
	70-79	72%	69.4%	73.9%	
	80+	66%	62.5%	68.7%	
	White, Non-Hispanic	78%	77.2%	78.8%	
Race/Ethnicity	American Indian, Non-Hispanic	76%	72.9%	79.0%	
	Hispanic	81%	73.8%	86.7%	
	Less than \$25,000	72%	70.4%	73.8%	
Household Income	\$25,000-\$74,999	79%	77.5%	80.4%	
	\$75,000+	85%	83.8%	86.4%	
	Less than High School, G.E.D.	66%	61.9%	69.2%	
	High School, G.E.D.	73%	71.6%	74.7%	
Education	Some Post-High School	80%	78.5%	81.1%	
	College Graduate	86%	85.4%	87.4%	
	Employed for Wages	81%	79.9%	82.1%	
	Self-employed	75%	79.9%	77.0%	
	Unemployed	76%	70.7%	80.3%	
Employment Status	Homemaker	80%	76.0%	83.8%	
	Student	90%	86.2%	93.0%	
	Retired	73%	71.4%	93.0% 74.6%	
	Unable to Work	56%	52.1%	60.3%	
	Married/Unmarried Couple Divorced/Separated	<u>79%</u> 71%	77.9% 68.5%	80.0% 73.5%	
Marital Status	Widowed				
	Never Married	69% 82%	65.8% 79.9%	71.1% 83.4%	
Home Ownership	Own Home	78%	77.3%	79.2%	
Status	Rent Home	76%	74.4%	78.1%	
Children Status	Children in Household (Ages 18-44)	83%	81.4%	84.7%	
	No Children in Household (Ages 18-44)	84%	82.3%	86.3%	
Phone Status	Landline	74%	73.1%	75.7%	
	Cell Phone	80%	78.6%	80.6%	
Pregnancy Status	Pregnant (Ages 18-44)	80%	69.7%	87.8%	
	Not Pregnant (Ages 18-44)	85%	83.2%	86.7%	
	Minnehaha	78%	75.8%	80.0%	
County	Pennington	79%	76.7%	80.7%	
	Lincoln	83%	79.3%	85.3%	
	Brown	76%	72.5%	78.3%	
oounty	Brookings	83%	79.0%	85.6%	
	Codington	75%	71.9%	77.9%	
	Meade	80%	76.5%	82.3%	
	Lawrence	83%	80.7%	85.3%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## **Demographics**

- **Gender** The prevalence of leisure time physical activity does not seem to differ based on gender.
- Age The prevalence of leisure time physical activity decreases as age increases. This includes a significant decrease when the 80s are reached.
- **Race/Ethnicity** There are no significant racial or ethnic differences regarding leisure time physical activity.
- **Household Income** The prevalence of leisure time physical activity increases as household income increases. This includes significant increases when the \$35,000-\$74,999 and \$75,000+ household income levels are reached.
- **Education** The prevalence of leisure time physical activity increases as education increases. This includes significant increases as the high school graduate, some post-high school, and college graduate levels are reached.
- **Employment** Those who are students demonstrate a very high prevalence of leisure time physical activity, while those who are unable to work show a very low prevalence.
- MaritalThose who are married or have never been married exhibit a very high<br/>prevalence of leisure time physical activity, while those who are divorced or<br/>widowed show a very low prevalence.
- HomeThe prevalence of leisure time physical activity does not seem to change<br/>based on home ownership.
- ChildrenThe prevalence of leisure time physical activity among adults does not seemStatusto change based on the presence of children in the household.
- **Phone Status** Those who primarily use a cell phone show a significantly higher prevalence of leisure time physical activity than those who primarily use a landline phone.
- PregnancyThe prevalence of leisure time physical activity does not seem to change<br/>based on pregnancy status.
- **County** Residents of Lincoln, Brookings, and Lawrence counties exhibit a very high prevalence of leisure time physical activity, while residents of Minnehaha, Brown, and Codington counties show a very low prevalence.

## **CIGARETTE SMOKING**

Definition: South Dakotans who report having smoked at least 100 cigarettes in their lifetime and now smoke every day or smoke some days.

## Prevalence of Current Cigarette Smoking

- South Dakota 19%
- Nationwide median 16%

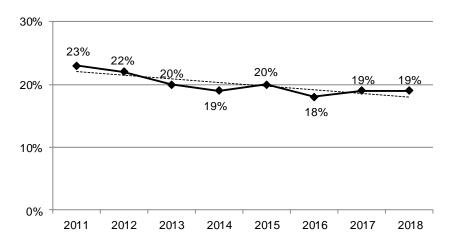


Figure 5 Percentage of South Dakotans Who Currently Smoke Cigarettes, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Sol	th Dakotans Who Currently Smo	ke Cigarettes			
			95% Confidence Interval		
		2014-2018	Low	High	
Gender	Male	21%	19.5%	21.9%	
Gender	Female	17%	16.3%	18.5%	
	18-29	20%	18.3%	22.5%	
	30-39	27%	24.3%	29.3%	
	40-49	22%	19.8%	24.3%	
Age	50-59	21%	19.4%	22.9%	
	60-69	16%	14.2%	17.2%	
	70-79	8%	7.0%	9.5%	
	80+	4%	2.7%	5.3%	
	White, Non-Hispanic	17%	16.0%	17.6%	
Race/Ethnicity	American Indian, Non-Hispanic	41%	37.2%	44.4%	
•	Hispanic	21%	15.2%	27.7%	
	Less than \$35,000	29%	27.3%	30.9%	
Household Income	\$35,000-\$74,999	18%	16.4%	19.3%	
	\$75,000+	10%	8.6%	11.0%	
	Less than High School, G.E.D.	33%	29.8%	37.3%	
	High School, G.E.D.	23%	21.9%	25.0%	
Education	Some Post-High School	19%	18.0%	20.8%	
	College Graduate	7%	6.3%	8.0%	
	Employed for Wages	21%	19.8%	22.2%	
	Self-employed	16%	13.6%	17.8%	
	Unemployed	41%	35.4%	46.5%	
Employment Status	Homemaker	21%	16.7%	25.4%	
p.ojoo.a.a.o	Student	8%	5.5%	10.6%	
	Retired	9%	8.3%	10.3%	
	Unable to Work	39%	34.5%	42.8%	
	Married/Unmarried Couple	15%	13.7%	15.5%	
	Divorced/Separated	33%	30.5%	35.8%	
Marital Status	Widowed	14%	12.2%	17.0%	
	Never Married	24%	22.4%	26.7%	
Home Ownership	Own Home	16%	14.7%	16.4%	
Status	Rent Home	30%	27.9%	32.1%	
	Children in Household (Ages 18-44)	25%	23.0%	26.9%	
Children Status	No Children in Household (Ages 18-44)	21%	19.1%	20.9%	
	Landline	16%	14.8%	17.0%	
Phone Status	Cell Phone	21%			
			19.5%	21.7%	
Pregnancy Status	Pregnant (Ages 18-44)	18%	9.5%	30.5%	
	Not Pregnant (Ages 18-44)	22%	19.9%	24.0%	
	Minnehaha	19%	16.6%	21.0%	
County	Pennington	21%	18.5%	22.9%	
	Lincoln	14%	11.9%	17.2%	
	Brown	18%	15.7%	21.6%	
-	Brookings	16%	13.3%	20.1%	
	Codington	21%	18.4%	24.8%	
	Meade	19%	15.9%	22.6%	
	Lawrence	18%	15.6%	21.2%	

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## **Demographics**

- **Gender** Males exhibit a significantly higher prevalence of cigarette smoking than females.
- Age The prevalence of cigarette smoking generally decreases as age increases including significant decreases as the 60s, 70s, and 80s are reached. However, it should be noted that those under 30 demonstrate a significantly lower prevalence of cigarette smoking than those in their 30s.
- **Race/Ethnicity** American Indians exhibit a significantly higher prevalence of cigarette smoking than whites and Hispanics.
- **Household** The prevalence of cigarette smoking decreases as household income increases with significant decreases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
- **Education** The prevalence of cigarette smoking decreases as education levels increase with significant decreases at each level.
- **Employment** Those who are unemployed or unable to work demonstrate a very high prevalence of cigarette smoking, while those who are a student or retired show a very low prevalence.
- MaritalThose who are divorced exhibit a very high prevalence of cigarette smoking,<br/>while those who are married or widowed show a very low prevalence.
- HomeThose who rent their home show a significantly higher prevalence of cigaretteOwnershipsmoking than those who own their home.
- ChildrenThe prevalence of cigarette smoking in the adults does not seem to differStatusbased on the presence of children in the household.
- **Phone Status** Those who primarily use a cell phone show a significantly higher prevalence of cigarette smoking than those who primarily use a landline phone.
- PregnancyThe prevalence of cigarette smoking does not seem to differ based on<br/>pregnancy status.
- **County** Pennington and Codington counties demonstrate a very high prevalence of cigarette smoking, while Lincoln county shows a very low prevalence.

In 2017-2018, 54 percent of South Dakotans tried to stop smoking for one day or longer because they were trying to quit smoking as shown below in Table 10.

Table 10 South Dakotans Who Tried to Stop Smoking, Within the Past 12 Months, for One Day or Longer, Because They Were Trying to Quit Smoking, 2011-2018	
Survey Year	Percent
2017-2018	54%
2016-2017	57%
2015-2016	57%
2014-2015	56%
2013-2014	56%
2012-2013	55%
2011-2012	56%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 11, below, shows the percentage of current cigarette smokers for 2011-2018 by the type of health insurance they have. Those with Indian Health Service coverage had the highest percentage of current smokers with 49 percent. This was followed by Medicaid or medical assistance with 45 percent and Medicare with 33 percent.

Table 11 Percentage of Current Cigarette Smoking Health Insurance, Ages 18-64, 2011	
Type of Health Insurance	2011-2018
The Indian Health Service	49%
Medicaid or Medical Assistance	45%
Medicare	33%
The Military, CHAMPUS, TriCare, or the VA	26%
Employer Based Coverage	17%
Private Health Insurance Plan	13%
None	47%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 12, below, shows the percentage of current cigarette smokers for 2011-2018 with a household income of less than \$25,000 per year. In 2017-2018, 31 percent of those with an annual household income less than \$25,000 are current cigarette smokers.

Table 12 Percentage of South Dakotans With an Annual Household Income of Less Than \$25,000 Who Are Current Cigarette Smokers, 2011-2018		
Survey Year	Current Smoker	
2017-2018	31%	
2016-2017	29%	
2015-2016	33%	
2014-2015	34%	
2013-2014	33%	
2012-2013	35%	
2011-2012	34%	

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

Figure 6, below, shows the percentage of smokers who have been advised to quit smoking in the past 12 months by a health professional. In 2016-2018, 70 percent of South Dakotans had been advised to quit smoking by a health professional.

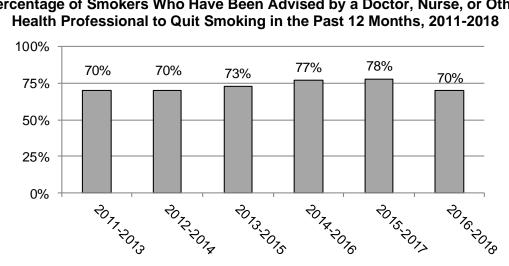


Figure 6 Percentage of Smokers Who Have Been Advised by a Doctor, Nurse, or Other

Figure 7, below, shows South Dakotans' place of work official smoking policy for work areas. The majority of South Dakotans for all five years stated that smoking was not allowed in any work areas.

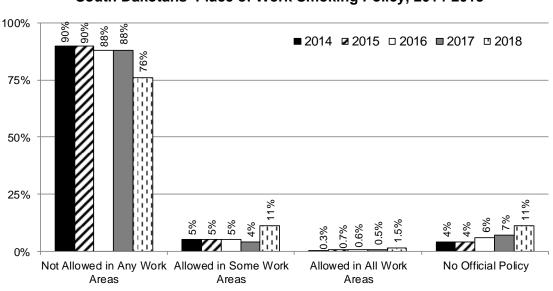


Figure 7 South Dakotans' Place of Work Smoking Policy, 2014-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018 Source:

Figure 8, below, shows the South Dakotans' rules about smoking inside their homes. The majority of South Dakotans for all five years stated that smoking was not allowed anywhere in their homes.

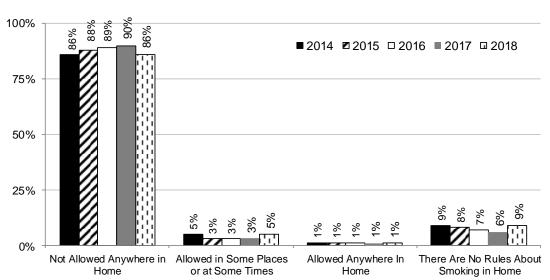


Figure 8 South Dakotans' Rules About Smoking Inside the Home, 2014-2018

Table 13, below, shows the percentage of South Dakotans that had a CT or a CAT scan in the last 12 months. In 2018, nine percent of current smokers had a CT scan to check for lung cancer, while four percent of those who never smoked had a CT scan to check for lung cancer.

Table 13 Percentage of South Dakotans that Had a CT or CAT Scan Within the Last 12 Months, 2018			
Smoking Status	Yes, had a CT scan to check for lung cancer	Yes, had a CT scan, but for some other reason	No, did not have a CT scan
Current Smoker	9%	9%	81%
Former Smoker	6%	19%	75%
Never Smoked	4%	12%	84%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

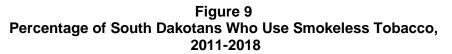
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

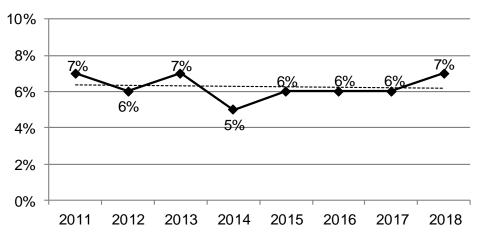
## **SMOKELESS TOBACCO**

Definition: South Dakotans who report that they use chewing tobacco or snuff every day or some days.

## Prevalence of Smokeless Tobacco

- South Dakota 7%
- Nationwide median 4%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

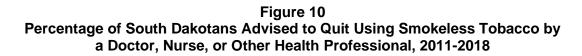
Sout	Table 14 h Dakotans Who Use Smokeless	Tobacco. 201	4-2018	
			95% Confide	nce Interval
		2014-2018	Low	High
	Male	11%	10.5%	12.3%
Gender	Female	1%	0.8%	1.3%
	18-29	10%	8.2%	11.2%
	30-39	8%	6.5%	9.2%
	40-49	8%	6.5%	9.1%
Age	50-59	6%	4.8%	6.7%
-	60-69	3%	2.3%	3.7%
	70-79	3%	1.7%	4.0%
	80+	1%	0.6%	2.5%
	White, Non-Hispanic	6%	5.4%	6.5%
Race/Ethnicity	American Indian, Non-Hispanic	9%	7.3%	12.0%
2	Hispanic	5%	2.5%	8.5%
	Less than \$35,000	6%	4.8%	6.5%
Household Income	\$35,000-\$74,999	7%	6.2%	8.2%
	\$75,000+	7%	5.7%	7.7%
	Less than High School, G.E.D.	8%	5.9%	10.0%
	High School, G.E.D.	7%	6.0%	7.9%
Education	Some Post-High School	7%	5.8%	7.6%
	College Graduate	4%	3.3%	4.6%
	Employed for Wages	7%	6.6%	8.2%
	Self-employed	9%	7.8%	11.0%
	Unemployed	8%	5.4%	11.7%
Employment Status	Homemaker	1%	0.4%	2.8%
	Student	4%	2.8%	6.9%
	Retired	3%	1.9%	3.4%
	Unable to Work	4%	2.7%	5.4%
	Married/Unmarried Couple	6%	5.0%	6.2%
	Divorced/Separated	8%	6.8%	10.0%
Marital Status	Widowed	2%	1.3%	4.1%
	Never Married	8%	6.7%	9.1%
	Own Home	6%	5.1%	6.2%
Home Ownership Status	Rent Home	8%	6.6%	8.9%
	Children in Household (Ages 18-44)	8%	7.0%	9.3%
Children Status	No Children in Household (Ages 18-44)	10%	8.2%	11.1%
	Landline	4%	3.7%	4.9%
Phone Status	Cell Phone	7%	6.5%	7.8%
		0.4%		2.5%
Pregnancy Status	Pregnant (Ages 18-44) Not Pregnant (Ages 18-44)	2%	0.0%	2.3%
	a (a /			
	Minnehaha	4%	3.1%	5.2%
	Pennington	6%	4.6%	7.1%
	Lincoln	6% 5%	4.2%	7.9%
County	Brown	5% 5%	3.6%	7.0%
	Brookings	5%	3.7%	8.0%
	Codington Meade	7% 9%	5.0% 7.1%	9.0% 12.6%
	Lawrence	7%	5.0%	8.5%

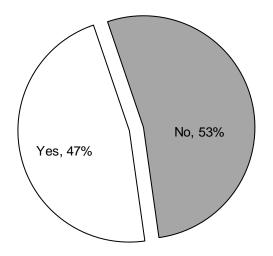
Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## **Demographics**

- **Gender** Males exhibit a significantly higher prevalence of smokeless tobacco use than females.
- Age The prevalence of smokeless tobacco use decreases as age increases including a significant decrease as the 60s are reached.
- **Race/Ethnicity** American Indians exhibit a significantly higher prevalence of smokeless tobacco use than whites.
- HouseholdThere seems to be no household income difference regarding the prevalenceIncomeof smokeless tobacco use.
- **Education** The prevalence of smokeless tobacco use decreases as education levels increase with a significant decrease as the college graduate level is reached.
- **Employment** Those who are employed for wages, self-employed, or unemployed demonstrate a very high prevalence of smokeless tobacco use, while those who are a homemaker, a student, retired, or unable to work show a very low prevalence.
- MaritalThose who are divorced or have never been married exhibit a very high<br/>prevalence of smokeless tobacco use, while those who are widowed show a<br/>very low prevalence.
- HomeThose who rent their home show a significantly higher prevalence of<br/>smokeless tobacco use than those who own their home.
- ChildrenThe prevalence of smokeless tobacco use in the adults does not seem to<br/>change based on the presence of children in the household.
- **Phone Status** Those who primarily use a cell phone show a significantly higher prevalence of smokeless tobacco use than those who primarily use a landline phone.
- PregnancyThe prevalence of smokeless tobacco use does not seem to change basedStatuson pregnancy status.
- **County** Meade county exhibits a very high prevalence of smokeless tobacco use, while Minnehaha and Brown counties show a very low prevalence.

Figure 10 shows the percentage of South Dakotans whose doctor, nurse, or other health professional advised them to stop using smokeless tobacco. Less than half, 47 percent, of South Dakotans stated they were advised to quit using smokeless tobacco by a health professional.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

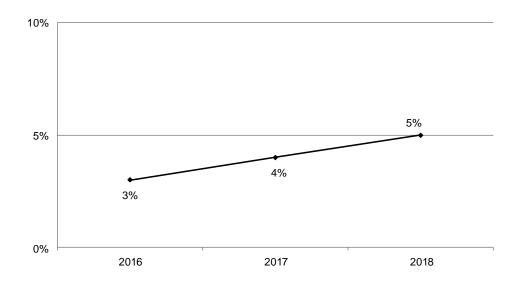
## **E-CIGARETTE SMOKING**

Definition: South Dakotans who currently use electronic cigarettes (e-cigarettes).

## Prevalence of E-Cigarette Use

- o South Dakota 5%
- o There is no nationwide median for electronic cigarette use

## Figure 11 Percentage of South Dakotans Who Currently Smoke E-Cigarettes, 2016-2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

Sou	Table 15 hth Dakotans Who Currently Smoke	E-Cigarettes	<u>, 2016-2018</u>		
			95% Confidence Interva		
		2016-2018	Low	High	
O and an	Male	5%	3.6%	5.8%	
Gender	Female	3%	2.4%	3.9%	
	18-29	9%	7.0%	11.5%	
	30-39	5%	3.5%	7.7%	
	40-49	3%	1.9%	4.4%	
Age	50-59	3%	1.9%	4.1%	
•	60-69	1%	0.6%	1.5%	
	70-79	0.5%	0.2%	1.1%	
	80+	0.1%	0.0%	0.7%	
	White, Non-Hispanic	3%	2.8%	4.0%	
Race/Ethnicity	American Indian, Non-Hispanic	6%	3.3%	9.4%	
	Hispanic	6%	2.3%	14.4%	
	Less than \$35,000	5%	4.0%	7.0%	
Household Income	\$35,000-\$74,999	4%	2.9%	5.4%	
	\$75,000+	2%	1.7%	3.4%	
	Less than High School, G.E.D.	7%	3.8%	11.6%	
	High School, G.E.D.	5%	3.7%	6.2%	
Education	Some Post-High School	4%	2.8%	4.8%	
	College Graduate	2%	1.1%	2.2%	
	Employed for Wages	4%	3.5%	5.5%	
	Self-employed	4%	2.7%	6.7%	
	Unemployed	6%	2.8%	10.7%	
Employment Status	Homemaker	2%	0.6%	7.3%	
	Student	7%	3.6%	13.9%	
	Retired	0.4%	0.3%	0.7%	
	Unable to Work	6%	3.3%	9.2%	
	Married/Unmarried Couple	3%	2.2%	3.6%	
	Divorced/Separated	4%	2.6%	5.4%	
Marital Status	Widowed	1%	0.3%	1.1%	
	Never Married	8%	5.7%	10.0%	
Joma Ownershin	Own Home	3%	2.1%	3.3%	
Home Ownership Status	Rent Home		<u> </u>	3.3% 8.9%	
σιαιύδ					
Children Status	Children in Household (Ages 18-44)	5%	3.5%	6.3%	
	No Children in Household (Ages 18-44)	9%	6.9%	11.9%	
Phone Status	Landline	2%	1.3%	2.9%	
	Cell Phone	5%	3.7%	5.4%	
Pregnancy Status	Pregnant (Ages 18-44)	7%	1.1%	34.8%	
- ghaney status	Not Pregnant (Ages 18-44)	5%	3.5%	6.6%	
	Minnehaha	4%	2.5%	6.4%	
	Pennington	5%	3.5%	6.9%	
	Lincoln	2%	0.8%	3.4%	
County	Brown	4%	2.1%	7.9%	
Jounty	Brookings	4%	1.4%	9.7%	
	Codington	2%	1.0%	5.7%	
	Meade	5%	2.4%	11.7%	
	Lawrence	4%	2.1%	7.5%	

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

## **Demographics**

Income

Gender	There seems to be no	gender difference	regarding e-cigarette use.

- Age E-cigarette use decreases as age increases. This includes a significant decrease as the 60s are reached.
- **Race/Ethnicity** There seems to be no racial/ethnic difference regarding e-cigarette use.

**Household** The prevalence of e-cigarette use decreases as household income increases.

- **Education** E-cigarette use decreases as education increases. This includes a significant decrease as the college graduate level is reached.
- **Employment** Those who are employed for wages, self-employed, unemployed, a student, or unable to work show a very high prevalence of e-cigarette use, while those who are retired show a very low prevalence.
- MaritalThose who have never been married exhibit a very high prevalence of e-<br/>cigarette use, while those who are widowed show a very low prevalence.
- **Home** Those who rent their home show a significantly higher prevalence of e-cigarette use than those who own their home.
- ChildrenThose adults who live in a household with no children exhibit a significantly<br/>higher prevalence of e-cigarette use than those who live in a household with<br/>children.
- **Phone Status** Those who primarily use a cell phone demonstrate a significantly higher prevalence of e-cigarette use than those who primarily use a landline.
- **County** Pennington county residents exhibit a very high prevalence of e-cigarette use, while Lincoln county residents show a very low prevalence.

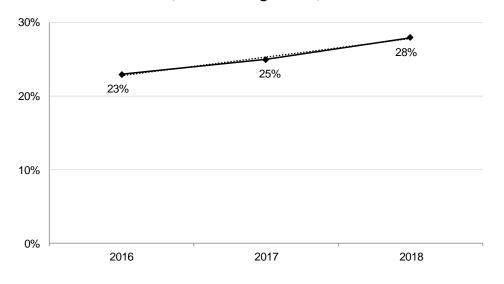
## **TOBACCO USE**

Definition: South Dakotans who currently smoke cigarettes, use smokeless tobacco, or use E-cigarettes.

## Prevalence of Tobacco Use

- South Dakota 28%
- There is no nationwide median for tobacco use

## Figure 12 Percentage of South Dakotans Who Currently Smoke Cigarettes, Use Smokeless Tobacco, or Use E-Cigarettes, 2016-2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

			95% Confidence Interv	
		2016-2018	Low	High
Gender	Male	33%	30.8%	34.6%
Gender	Female	18%	16.8%	19.7%
	18-29	31%	27.8%	34.5%
	30-39	36%	32.4%	39.5%
	40-49	29%	25.7%	32.4%
Age	50-59	26%	23.9%	29.0%
-	60-69	18%	15.9%	19.9%
	70-79	12%	10.2%	14.9%
	80+	5%	3.5%	7.6%
	White, Non-Hispanic	23%	21.9%	24.3%
Race/Ethnicity	American Indian, Non-Hispanic	49%	44.1%	53.5%
	Hispanic	27%	19.0%	37.4%
	Less than \$35,000	34%	31.5%	36.5%
Household Income	\$35,000-\$74,999	26%	24.1%	28.7%
	\$75,000+	16%	14.5%	18.3%
	Less than High School, G.E.D.	39%	33.9%	44.6%
	High School, G.E.D.	31%	29.0%	33.7%
Education	Some Post-High School	26%	24.3%	28.4%
	College Graduate	11%	10.2%	12.9%
	Employed for Wages	29%	26.9%	30.6%
	Self-employed	26%	22.6%	29.3%
	Unemployed	41%	33.6%	48.1%
Employment Status	Homemaker	25%	19.2%	31.9%
	Student	18%	12.2%	24.6%
	Retired	12%	10.8%	14.0%
	Unable to Work	38%	33.0%	43.6%
	Married/Unmarried Couple	21%	19.3%	22.2%
	Divorced/Separated	40%	36.1%	43.3%
Marital Status	Widowed	17%	14.0%	21.5%
	Never Married	33%	29.7%	35.9%
Home Ownership	Own Home	21%	20.0%	22.6%
Status	Rent Home	38%	35.1%	41.0%
Oldius	Children in Household (Ages 18-44)	33%	30.6%	36.4%
Children Status	No Children in Household (Ages 18-44)	32%	29.0%	35.9%
		20%	17.8%	21.3%
Phone Status	Landline Cell Phone	20%	26.2%	21.3%
Pregnancy Status	Pregnant (Ages 18-44) Not Pregnant (Ages 18-44)	16% 23%	6.6% 20.5%	34.4% 26.1%
	Minnehaha	24%	21.0%	27.5%
County	Pennington	26%	22.7%	28.9%
	Lincoln	14%	9.4%	19.3%
	Brown	28%	22.8%	34.0%
-	Brookings	23%	16.3%	30.2%
	Codington	27%	21.9% 23.3%	33.4% 42.0%
	Meade	32%	23.3%	47 0%

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

#### **Demographics** Gender Males exhibit a significantly higher prevalence of tobacco use than females. Age Tobacco use peaks with those in their 30s and then decreases as age increases. This includes significant decreases as the 60s, 70s, and 80s are reached. Race/Ethnicity American Indians demonstrate a significantly higher prevalence of tobacco use than whites and Hispanics. Household Tobacco use decreases as household income increases. This includes Income significant decreases as the \$35,000-\$74,999 and \$75,000+ income groups are reached. Education Tobacco use decreases as education levels increase. This includes significant decreases at every level. Employment Those who are unemployed or unable to work demonstrate a very high prevalence of tobacco use, while those who are a student or retired show a very low prevalence. Marital Those who are divorced exhibit a very high prevalence of tobacco use, while Status those who are married or widowed show a very low prevalence. Home Those who rent their home show a significantly higher prevalence of tobacco use than those who own their home. Ownership Children The prevalence of tobacco use by the adults does not seem to change based on the presence of children in the household. Status Phone Status Those who primarily use a cell phone demonstrate a significantly higher prevalence of tobacco use than those who primarily use a landline phone. County Minnehaha, Pennington, Brown, Codington, and Meade counties all exhibit a very high prevalence of tobacco use, while Lincoln county shows a very low prevalence.

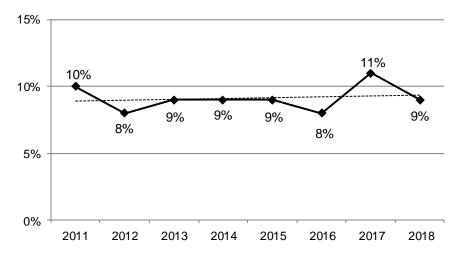
# **Diabetes**

Definition: South Dakotans ever told by a doctor that they have diabetes, excluding women who were told this while they were pregnant.

## **Prevalence of Diabetes**

- South Dakota 9%
- Nationwide median 11%

Figure 13 Percentage of South Dakotans Who Were Told They Have Diabetes, 2011-2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

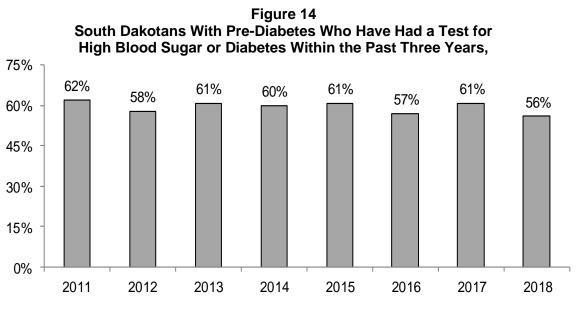
			95% Confidence Interva	
		2014-2018	Low	High
O a mala m	Male	10%	9.2%	10.7%
Gender	Female	9%	8.1%	9.4%
	18-29	1%	0.9%	2.4%
	30-39	3%	2.2%	4.2%
	40-49	7%	6.0%	8.7%
Age	50-59	11%	9.4%	11.8%
•	60-69	17%	15.3%	18.0%
	70-79	22%	20.4%	24.4%
	80+	18%	15.2%	20.6%
	White, Non-Hispanic	9%	8.4%	9.4%
Race/Ethnicity	American Indian, Non-Hispanic	17%	14.6%	19.2%
	Hispanic	9%	5.4%	13.8%
	Less than \$35,000	13%	12.3%	14.6%
Household Income	\$35,000-\$74,999	8%	7.5%	9.2%
	\$75,000+	6%	5.5%	7.2%
	Less than High School, G.E.D.	13%	10.8%	15.6%
	High School, G.E.D.	11%	9.7%	11.5%
Education	Some Post-High School	9%	8.1%	9.8%
	College Graduate	7%	6.2%	7.5%
	Employed for Wages	6%	5.5%	6.8%
	Self-employed	6%	4.9%	7.2%
	Unemployed	8%	5.7%	11.2%
Employment Status	Homemaker	8%	6.0%	10.8%
	Student	1%	0.4%	2.4%
	Retired	20%	18.8%	21.6%
	Unable to Work	24%	20.6%	26.9%
	Married/Unmarried Couple	9%	8.4%	9.7%
	Divorced/Separated	13%	11.5%	14.7%
Marital Status	Widowed	19%	17.2%	21.5%
	Never Married	5%	4.3%	5.9%
Home Ownership	Own Home	10%	9.3%	10.5%
Status	Rent Home	9%	<u>9.3%</u> 8.0%	10.5%
510105		3%	2.5%	4.3%
Children Status	Children in Household (Ages 18-44)	3%		
	No Children in Household (Ages 18-44)		1.9%	3.4%
Phone Status	Landline	13%	12.5%	14.5%
	Cell Phone	7%	6.8%	7.9%
Pregnancy Status	Pregnant (Ages 18-44)	3%	0.6%	16.0%
J ,	Not Pregnant (Ages 18-44)	3%	2.3%	4.1%
	Minnehaha	8%	6.9%	9.4%
	Pennington	9%	8.3%	10.8%
	Lincoln	7%	5.3%	8.5%
County	Brown	9%	7.3%	10.3%
	Brookings	6%	4.4%	7.0%
	Codington	8%	6.5%	9.3%
	Meade	9%	7.4%	11.6%
	Lawrence	8%	6.7%	9.6%

Note:\*Results based on small sample sizes have been suppressed.Source:The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

# **Demographics**

Gender	There seems to be no gender difference regarding the prevalence of diabetes.
Age	The prevalence of diabetes generally increases as age increases. This includes significant increases as the 40s, 50s, and 60s are reached with prevalence peaking in the 70s.
Race/Ethnicity	American Indians demonstrate a significantly higher prevalence of diabetes than whites and Hispanics.
Household Income	The prevalence of diabetes decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
Education	The prevalence of diabetes decreases as education levels increase. This includes a significant decrease as the college graduate level is reached.
Employment	Those who are retired or unable to work demonstrate a very high prevalence of diabetes, while those who are a student show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of diabetes, while those who have never been married show a very low prevalence.
Home Ownership	There seems to be no difference in the prevalence of diabetes regarding home ownership.
Children Status	The prevalence of diabetes among adults does not seem to differ based on the presence of children in the household.
Phone Status	Those who primarily use a landline phone exhibit a significantly higher prevalence of diabetes than those who primarily use a cell phone.
Pregnancy Status	The prevalence of diabetes does not seem to differ based on pregnancy status.
County	Pennington, Brown, and Meade counties all demonstrate a very high prevalence of diabetes, while Brookings county shows a very low prevalence.

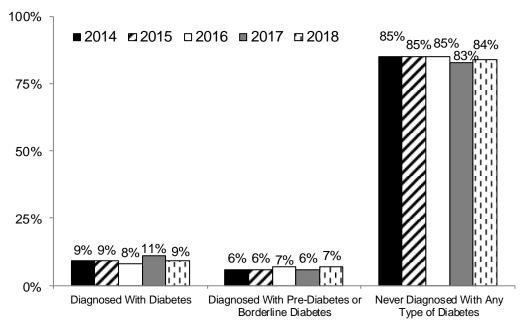
Figure 14, below, displays the percentage of South Dakotans with pre-diabetes who had a test for high blood sugar or diabetes within the past three years. Most South Dakotans stated that they had a blood sugar or diabetes test within the past three years.



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

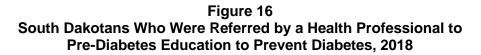
Figure 15, below, displays the diabetic status of all South Dakotans for the past five years. Most South Dakotans for all years stated that they have never been diagnosed with any type of diabetes.

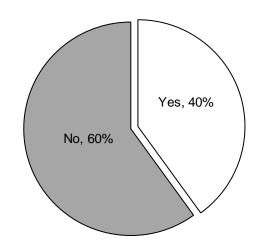
Figure 15 South Dakotans' Diabetic Status, 2014-2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

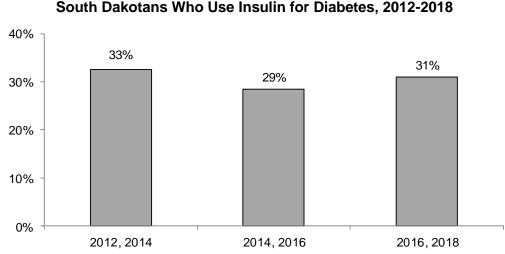
Figure 16, below, shows the percent of South Dakotans who were referred by a health professional to pre-diabetes education in order to prevent diabetes. In 2018, 40 percent of South Dakotans were referred to pre-diabetes education.

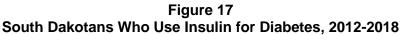




Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

Figure 17, below, shows the percent of South Dakotans who are taking insulin for their diabetes. In 2016 and 2018, about one third of South Dakotans with diabetes indicated they were taking insulin for their diabetes.

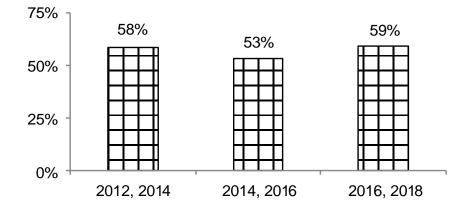




Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 18, below, shows the percent of South Dakotans who check their blood for glucose or sugar one or more times per day. In 2016 and 2018, 59 percent of South Dakotans stated they check their blood for glucose or sugar one or more times per day.

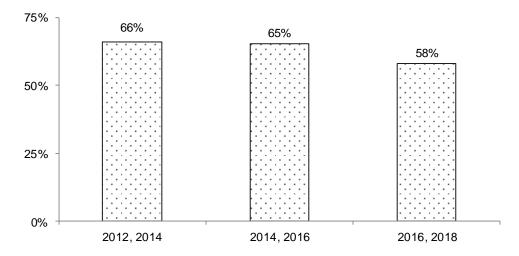




Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

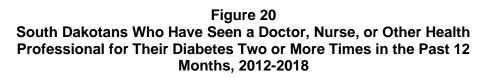
Figure 19, below, shows the percent of South Dakotans who check their feet for any sores or irritations one or more times per day. In 2016 and 2018, 58 percent of South Dakotans stated that they check their feet for any sores or irritations one or more times per day.

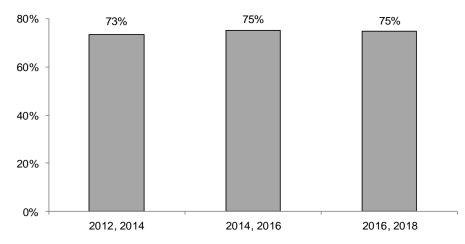
Figure 19 South Dakotans Who Check Their Feet for Sores or Irritations One or More Times Per Day, 2012-2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 20, below, shows the percent of South Dakotans that have seen a doctor, nurse, or other health professional two or more times in the past 12 months for their diabetes. In 2016 and 2018, 75 percent of South Dakotans indicated that they have seen a doctor, nurse, or other health professional two or more times in the past 12 months for their diabetes.

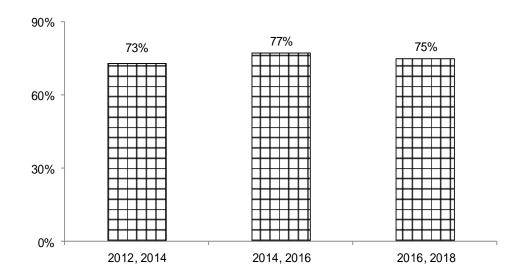




Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

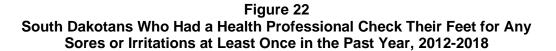
Figure 21, below, shows the percent of South Dakotans that had hemoglobin A1c checked two or more times in the past 12 months by a doctor, nurse, or other health professional. In 2016 and 2018, 75 percent of South Dakotans indicated that they have had hemoglobin A1c checked two or more times by a doctor, nurse, or other health professional.

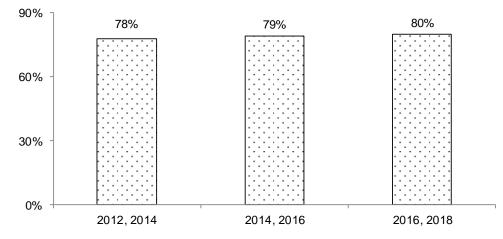
## Figure 21 South Dakotans That Had Hemoglobin A1c Checked by a Doctor, Nurse, or Other Health Professional Two or More Times in the Past 12 Months, 2012-2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 22, below, shows the percent of South Dakotans that stated they had a health professional check their feet for sores or irritations at least once in the past year. In 2016 and 2018, 80 percent of South Dakotans indicated that they have had their feet checked by a health professional at least once in the past year.

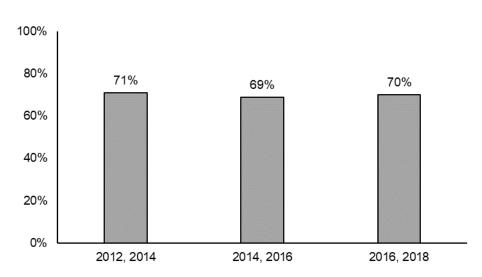




Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 23, below, shows the percent of South Dakotans that had an eye exam in the past year in which the pupils were dilated. In 2016 and 2018, 70 percent of South Dakotans indicated that they had an eye exam in the past year in which their pupils were dilated.

Figure 23 South Dakotans Who Had an Eye Exam in the Past Year in Which the Pupils Were Dilated, 2012-2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 24, below, shows the percent of South Dakotans who were told by a doctor that diabetes has affected their eyes or that they have retinopathy. In 2016 and 2018, 15 percent of South Dakotans indicated that diabetes has affected their eyes or that they had retinopathy.

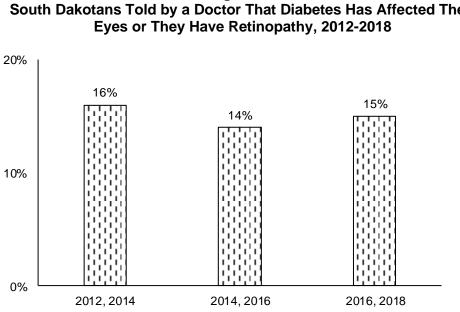
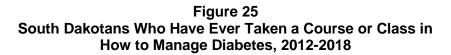
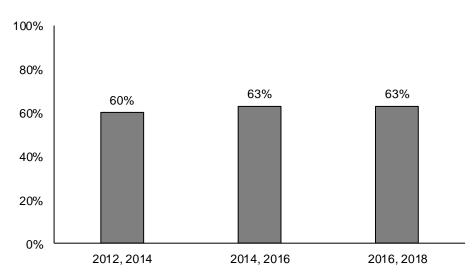


Figure 24 South Dakotans Told by a Doctor That Diabetes Has Affected Their

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

Figure 25, below, shows the percent of South Dakotans who have ever taken a course or class in how to manage diabetes. In 2016 and 2018, 63 percent of South Dakotans indicated that they have taken a course or class to manage diabetes.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

# **Chronic Obstructive Pulmonary Disease**

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have Chronic Obstructive Pulmonary Disease, or COPD, emphysema or chronic bronchitis?"

## Prevalence of COPD

- South Dakota 5%
- $\circ \quad \text{Nationwide median 7\%}$

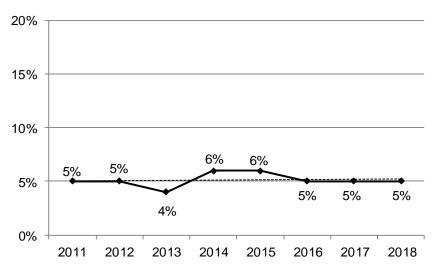


Figure 26 Percentage of South Dakotans Who Were Told They Have COPD, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 18 South Dakotans Who Have Been Told They Have COPD, 2014-2018					
			95% Confidence Interval		
		2014-2018	Low	High	
Condon	Male	5%	4.4%	5.5%	
Gender	Female	5%	4.8%	5.9%	
	18-29	2%	1.0%	2.4%	
	30-39	2%	1.5%	3.0%	
	40-49	3%	2.0%	3.5%	
Age	50-59	7%	5.5%	7.7%	
-	60-69	8%	7.2%	9.2%	
	70-79	11%	10.0%	13.0%	
	80+	11%	8.7%	13.2%	
	White, Non-Hispanic	5%	4.7%	5.6%	
Race/Ethnicity	American Indian, Non-Hispanic	7%	5.2%	8.3%	
•	Hispanic	5%	2.1%	10.5%	
	Less than \$35,000	9%	8.5%	10.5%	
Household Income	\$35,000-\$74,999	4%	3.5%	4.8%	
	\$75,000+	1%	1.2%	1.8%	
	Less than High School, G.E.D.	10%	8.1%	12.3%	
	High School, G.E.D.	6%	5.8%	7.3%	
Education	Some Post-High School	4%	3.9%	5.1%	
	College Graduate	2%	2.0%	2.8%	
	Employed for Wages	3%	2.3%	3.1%	
	Self-employed	3%	2.4%	4.3%	
	Unemployed	6%	3.9%	8.7%	
Employment Status	Homemaker	3%	2.4%	5.0%	
	Student	1%	0.7%	2.5%	
	Retired	11%	9.7%	11.9%	
	Unable to Work	21%	17.6%	24.4%	
	Married/Unmarried Couple	4%	3.8%	4.7%	
	Divorced/Separated	10%	8.9%	12.0%	
Marital Status	Widowed	11%	9.5%	12.8%	
	Never Married	3%	2.4%	3.8%	
Home Ownership	Own Home	5%	4.4%	5.3%	
Status	Rent Home	6%	5.3%	7.0%	
oluluo	Children in Household (Ages 18-44)	2%	1.3%	2.5%	
Children Status	No Children in Household (Ages 18-44)	2%	1.5%	3.0%	
Phone Status	Landline Cell Phone	7% 4%	6.3% 3.8%	7.7% 4.7%	
Pregnancy Status	Pregnant (Ages 18-44)	1%	0.1%	6.0%	
	Not Pregnant (Ages 18-44)	2%	1.7%	3.3%	
	Minnehaha	5%	3.8%	5.5%	
	Pennington	<u>6%</u>	4.7%	6.6%	
	Lincoln	4%	3.1%	5.5%	
County	Brown	6%	4.4%	8.0%	
-	Brookings	3%	2.0%	4.2%	
	Codington	5%	3.9%	6.4%	
	Meade	5%	4.1%	6.3%	
	Lawrence	5%	4.0%	6.4%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

# **Demographics**

Gender	There is no significant gender difference regarding the prevalence of COPD.				
Age	The prevalence of COPD increases as age increases. This includes significant increases as the 50s and 70s are reached.				
Race/Ethnicity	There are no racial/ethnicity differences regarding the prevalence of COPD.				
Household Income	The prevalence of COPD decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income groups are reached.				
Education	The prevalence of COPD decreases as education levels increase. This includes significant decreases at each level.				
Employment	Those who are unable to work demonstrate a very high prevalence of COPD, while those who are employed for wages, self-employed, a homemaker, or a student show a very low prevalence.				
	Those who are divorced or widowed exhibit a very high prevalence of COPD, while those who have never been married or are married show a very low prevalence.				
Marital Status	while those who have never been married or are married show a very low				
	while those who have never been married or are married show a very low				
Status Home	<ul><li>while those who have never been married or are married show a very low prevalence.</li><li>The prevalence of COPD does not seem to differ based on home ownership</li></ul>				
Status Home Ownership Children	<ul><li>while those who have never been married or are married show a very low prevalence.</li><li>The prevalence of COPD does not seem to differ based on home ownership status.</li><li>The prevalence of COPD among adults does not seem to differ based on the</li></ul>				
Status Home Ownership Children Status	<ul><li>while those who have never been married or are married show a very low prevalence.</li><li>The prevalence of COPD does not seem to differ based on home ownership status.</li><li>The prevalence of COPD among adults does not seem to differ based on the presence of children in the household.</li><li>Those who primarily use a landline phone exhibit a significantly higher</li></ul>				

## HEALTH INSURANCE (ADULT)

Definition: South Dakotans, ages 18-64, who do not have health insurance, prepaid plans such as health maintenance organizations (HMOs), or government plans such as Medicare or Indian Health Service.

## Prevalence of No Health Insurance

- o South Dakota 10%
- o There is no nationwide median for no health insurance

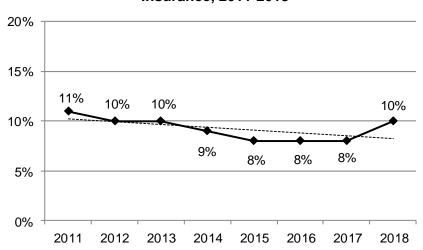


Figure 27 Percentage of South Dakotans, Ages 18-64, Who Do Not Have Health Insurance, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

			95% Confidence Interval			
		2014-2018	Low	High		
	Male	9%	8.2%	10.4%		
Gender	Female	8%	6.7%	8.9%		
	18-29	11%	9.4%	13.5%		
	30-39	10%	8.3%	11.9%		
	40-49	9%	7.0%	10.5%		
Age	50-59	6%	5.0%	7.6%		
5	60-69	4%	3.4%	5.8%		
	70-79	-	-	-		
	80+	-	-	-		
	White, Non-Hispanic	8%	7.2%	8.7%		
Race/Ethnicity	American Indian, Non-Hispanic	2%	1.6%	3.4%		
<b>,</b>	Hispanic	27%	18.5%	37.0%		
	Less than \$35,000	17%	15.2%	19.4%		
Household Income	\$35,000-\$74,999	6%	5.1%	7.4%		
	\$75,000+	2%	1.3%	2.7%		
	Less than High School, G.E.D.	20%	15.9%	25.3%		
	High School, G.E.D.	12%	10.5%	13.7%		
Education	Some Post-High School	7%	5.9%	8.2%		
	College Graduate	3%	2.1%	3.4%		
	Employed for Wages	7%	6.3%	8.2%		
	Self-employed	12%	9.9%	14.3%		
	Unemployed	26%	20.1%	32.4%		
Employment Status	Homemaker	11%	7.5%	16.1%		
	Student	4%	2.1%	5.8%		
	Retired	4%	2.5%	7.0%		
	Unable to Work	8%	5.7%	11.5%		
	Married/Unmarried Couple	5%	4.6%	6.3%		
	Divorced/Separated	15%	12.2%	17.7%		
Marital Status	Widowed	8%	5.2%	12.9%		
	Never Married	13%	10.9%	14.6%		
Home Ownership	Own Home	6%	4.8%	6.3%		
Status	Rent Home	16%	13.8%	18.1%		
	Children in Household (Ages 18-44)	8%	7.1%	10.1%		
Children Status	No Children in Household (Ages 18-44)	13%	11.4%	15.7%		
	Landline	6%	4.7%	7.0%		
Phone Status	Cell Phone	10%	<u>4.7%</u> 8.6%	10.5%		
	Pregnant (Ages 18-44)					
Pregnancy Status	Not Pregnant (Ages 18-44)	7%	2.0%	23.1%		
		10%	8.0%	11.5%		
	Minnehaha Bannington	10%	7.8%	12.1%		
	Pennington	10%	8.3%	12.4%		
	Lincoln	5%	3.4%	7.9%		
County	Brown	9% 6%	6.2%	12.4%		
	Brookings	6%	3.8%	9.3%		
	Codington	7%	5.3%	10.3%		
	Meade	11%	8.4%	15.5%		

Note:\*Results based on small sample sizes have been suppressed.Source:The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

## **Demographics**

- **Gender** There seems to be no gender difference regarding health insurance status.
- Age The prevalence of being uninsured decreases as age increases.
- **Race/Ethnicity** Hispanics demonstrate a significantly higher prevalence of being uninsured than American Indians.
- **Household** The prevalence of being uninsured decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
- **Education** The prevalence of being uninsured decreases as education levels increase. This includes significant decreases at each education level.
- **Employment** Those who are unemployed demonstrate a very high prevalence of being uninsured, while those who are a student, retired, or unable to work show a very low prevalence.
- MaritalThose who are divorced or have never been married exhibit a very high<br/>prevalence of being uninsured, while those who are married show a very low<br/>prevalence.
- HomeThose who rent their home show a significantly higher prevalence of being<br/>uninsured than those who own their home.
- ChildrenThose without children in the household exhibit a significantly higherStatusprevalence of being uninsured than those with children.
- **Phone Status** Those who primarily use a cell phone demonstrate a significantly higher prevalence of being uninsured than those who primarily use a landline.
- **County** Pennington, Meade, and Lawrence counties all demonstrate a very high prevalence of being uninsured, while Lincoln, Brookings, and Codington counties show a very low prevalence.

As shown in Table 20 below, employer based coverage was the most common type of health insurance reported by South Dakotans for the past eight years. The second most common was insurance through a private plan.

Table 20 Type of Health Insurance, Ages 18-64, 2011-2018								
	2011	2012	2013	2014	2015	2016	2017	2018
Number of Respondents	4,332	5,147	4,216	4,387	4,043	3,258	3,772	3,806
Type of Health Insurance								
Employer Based Coverage	57%	59%	59%	59%	60%	58%	59%	56%
Private Plan	12%	11%	12%	13%	13%	15%	14%	12%
Military, CHAMPUS, TriCare, or VA	6%	5%	5%	4%	5%	5%	5%	5%
The Indian Health Service	5%	5%	5%	5%	5%	5%	4%	5%
Medicaid or Medical Assistance	4%	4%	5%	4%	6%	4%	4%	5%
Medicare	4%	3%	3%	3%	3%	4%	5%	4%
Some Other Source	2%	2%	1%	2%	2%	2%	2%	3%
None	11%	10%	10%	9%	8%	8%	8%	10%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 21, below, displays how long it has been since South Dakotans had a routine checkup and whether they had health insurance. The majority of insured South Dakotans, 69 percent, stated they had a routine checkup within the past year, while only 33 percent of uninsured South Dakotans had a routine checkup within the past year.

The percent of uninsured South Dakotans who stated that they had a routine checkup five or more years ago was 32 percent while only nine percent of South Dakotans with health insurance had a routine checkup five or more years ago.

Table 21 How Long Since South Dakotans Last Visited a Doctor for a Routine Checkup, 2012-2018						
	Health Insurance No Health Insu					
Within the past year	69%	33%				
Within the past 2 years	13%	16%				
Within the past 5 years	8%	15%				
5 or more years ago	9%	32%				
Never	1%	4%				

Source: The Behavioral Risk Factor Surveillance System, South Dakota of Department Health, 2012-2018

Figure 28, below, shows the percentage of South Dakotans, ages 18-64, who were asked if there was a time in the past 12 months when they needed to see a doctor but could not because of the cost. Forty-two percent of South Dakotans without health insurance answered yes to this question.

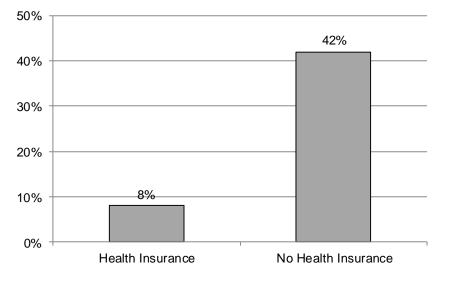


Figure 28 Percentage of South Dakotans, Ages 18-64, Who Needed to See a Doctor But Could Not Because of the Cost, 2012-2018

Table 22 below, shows the percentage of South Dakota males who had not had a routine checkup in the past two years and the reason why. Sixty-one percent of South Dakota males, ages 18-39, reported they had not had a routine checkup in the past two years because they had not been sick, rarely get sick, or there was a low need to seek medical services.

Table 22 South Dakota Males, Ages 18-64, Who Had Not Had a Routine Health Check-up in the Past Two Years, 2018						
	Males Only					
Reason	Total	18-39	40-69			
Not sick/Rarely get sick/Low perceived need to seek medical services	56%	61%	49%			
Other priorities/Too busy	10%	12%	7%			
Just haven't thought of it	7%	6%	8%			
Can't afford it	7%	3%	12%			
Other	20%	18%	24%			

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

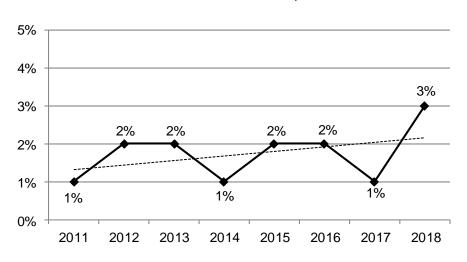
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

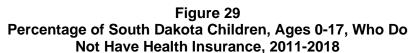
## **CHILDREN'S HEALTH INSURANCE**

Definition: South Dakota children, ages 0-17, who do not have health insurance, prepaid plans such as health maintenance organizations (HMOs), or government plans such as Medicaid, Children's Health Insurance Program (CHIP), or Indian Health Service (IHS).

## Prevalence of No Health Insurance

- South Dakota 3%
- There is no nationwide median for no children's health insurance





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 23 South Dakota Children, Ages 0-17, Who Do Not Have Health Insurance, 2014-2018				
			95% Confide	nce Interval
		2014-2018	Low	High
Gender	Male	2%	1.2%	2.7%
Gender	Female	1%	0.9%	2.0%
	0-6	1%	0.7%	2.1%
Age	7-12	2%	0.9%	2.9%
-	13-17	2%	1.3%	2.9%
	White, Non-Hispanic	2%	1.3%	2.4%
Race/ Ethnicity	American Indian, Non-Hispanic	1%	0.2%	1.9%
-	Hispanic	2%	0.6%	3.7%
	Less than \$35,000	2%	0.9%	2.7%
Household Income	\$35,000-\$74,999	2%	1.6%	3.7%
	\$75,000+	1%	0.4%	1.8%
	Own home	2%	1.1%	2.2%
Home Ownership Status	Rent home	2%	1.0%	2.9%
	Landline	1%	0.9%	2.4%
Phone Status	Cell phone	2%	1.2%	2.3%
	Minnehaha	1%	0.6%	2.8%
	Pennington	2%	0.7%	3.3%
	Lincoln	0.2%	0.1%	0.6%
Country	Brown	1%	0.3%	3.3%
County	Brookings	1%	0.3%	5.7%
	Codington	1%	0.3%	1.9%
	Meade	4%	2.0%	7.1%
	Lawrence	3%	1.7%	6.1%

Note: \*Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

#### **Demographics**

- **Gender** There seems to be no gender difference regarding health insurance status for children.
- Age There seems to be no age differences regarding health insurance status for children.

**Race/Ethnicity** There seems to be no racial/ethnic difference regarding health insurance status for children.

**Household** There seems to be no difference in health insurance status for children regarding household income.

**Home** There seems to be no difference in health insurance status for children regarding home ownership status.

**Phone Status** The health insurance status of children does not seem to change based on phone status.

**County** Pennington, Meade, and Lawrence counties demonstrate a very high prevalence of children being uninsured, while Lincoln and Codington counties show a very low prevalence.

Table 24, below, shows the different types of health coverage for children, ages 0-17. The main type of health care coverage for the past eight years was employer based coverage. Medicaid, CHIP, or medical assistance coverage was the second most common type of health coverage.

Table 24 Different Types of Health Coverage for South Dakota Children, Ages 17 and Under, 2011-2018							
	2011-2012	2012-2013	2013-2014	2014-2015	2015-2016	2016-2017	2017-2018
Type of Coverage							
Employer Based Coverage	57%	55%	55%	55%	54%	53%	53%
Medicaid, CHIP, or Medical Assistance	23%	24%	24%	24%	25%	26%	24%
Private Plan	10%	10%	11%	12%	11%	11%	10%
The Indian Health Service	4%	3%	4%	3%	3%	4%	5%
The Military, CHAMPUS, TriCare, or VA	3%	3%	3%	3%	3%	3%	2%
Medicare	1%	2%	1%	1%	1%	1%	1%
Some Other Source	0.5%	0.8%	1.1%	0.8%	0.3%	1.2%	2.6%
None	2%	2%	1%	1%	2%	1%	2%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

#### **ROUTINE CHECKUP**

Definition: South Dakotans who have visited a doctor for a routine checkup within the past two years. A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

#### Prevalence of Routine Checkup

- o South Dakota 86%
- o There is no nationwide median for routine checkups

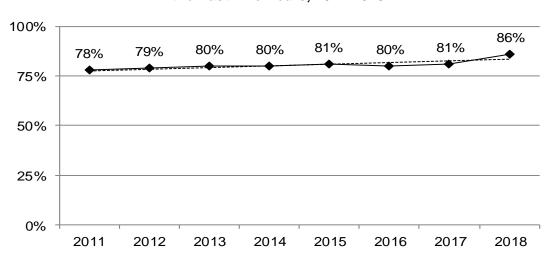


Figure 30 Percentage of South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 25 South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2014-2018					
			95% Confide	95% Confidence Interval	
		2014-2018	Low	High	
Candar	Male	76%	74.4%	77.0%	
Gender	Female	87%	86.4%	88.3%	
	18-29	74%	71.6%	76.4%	
	30-39	73%	70.5%	75.3%	
	40-49	80%	77.4%	81.8%	
Age	50-59	83%	81.5%	84.7%	
	60-69	89%	88.1%	90.7%	
	70-79	94%	92.4%	95.4%	
	80+	93%	90.5%	94.4%	
	White, Non-Hispanic	82%	81.6%	83.2%	
Race/Ethnicity	American Indian, Non-Hispanic	82%	78.3%	84.5%	
•	Hispanic	72%	63.4%	79.1%	
Household Income	Less than \$35,000	79%	77.7%	81.0%	
	\$35,000-\$74,999	81%	79.2%	82.2%	
	\$75,000+	86%	84.2%	86.8%	

Table 25 (continued) South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2014-2018				
South Dakotana		within the ras		ence Interval
		2014-2018	Low	High
	Less than High School, G.E.D.	77%	73.1%	80.3%
E dava a di a m	High School, G.E.D.	80%	78.5%	81.6%
Education	Some Post-High School	82%	80.7%	83.4%
	College Graduate	85%	83.5%	85.8%
	Employed for Wages	79%	77.9%	80.3%
	Self-employed	73%	69.8%	75.0%
	Unemployed	75%	69.0%	79.4%
Employment Status	Homemaker	83%	78.7%	86.4%
	Student	83%	77.7%	87.0%
	Retired	93%	92.2%	94.3%
	Unable to Work	89%	86.5%	91.4%
	Married/Unmarried Couple	84%	82.6%	84.6%
Manifel Ofates	Divorced/Separated	80%	77.1%	81.8%
Marital Status	Widowed	91%	88.1%	92.5%
	Never Married	75%	72.5%	76.8%
Home Ownership	Own Home	84%	83.1%	84.8%
Status	Rent Home	76%	73.5%	77.6%
Obiliation Oferica	Children in Household (Ages 18-44)	76%	74.2%	78.0%
Children Status	No Children in Household (Ages 18-44)	72%	69.8%	74.7%
	Landline	86%	84.7%	87.1%
Phone Status	Cell Phone	79%	78.3%	80.5%
	Pregnant (Ages 18-44)	82%	70.1%	90.2%
Pregnancy Status	Not Pregnant (Ages 18-44)	83%	81.3%	85.2%
	Minnehaha	82%	79.9%	84.3%
County	Pennington	78%	76.1%	80.5%
	Lincoln	86%	83.3%	88.9%
	Brown	81%	78.4%	84.2%
	Brookings	81%	77.8%	84.4%
	Codington	82%	79.3%	84.9%
	Meade	78%	74.3%	81.5%
	Lawrence	77%	74.4%	80.1%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

### **Demographics**

**Gender** Females exhibit a significantly higher prevalence of obtaining a routine checkup than males.

- Age The prevalence of obtaining a routine checkup generally increases as age increases.
- **Race/Ethnicity** Whites and American Indians demonstrate a significantly higher prevalence of obtaining routine checkups than Hispanics.
- **Household** The prevalence of obtaining routine checkups increases as household income increases. This includes a significant increase when the \$75,000+ household income level is reached.
- **Education** The prevalence of obtaining routine checkups increases as education increases. This includes a significant increase as the college graduate level is reached.
- **Employment** Those who are retired demonstrate a very high prevalence of obtaining a routine checkup, while those who are self-employed or unemployed show a very low prevalence.

Marital Status	Those who are widowed exhibit a very high prevalence of obtaining a routine checkup, while those who have never been married show a very low prevalence.
Home Ownership	Those who own their home demonstrate a significantly higher prevalence of obtaining a routine checkup than those who rent their home.
Children Status	The prevalence of obtaining a routine checkup does not seem to change based on the presence of children in the household.
Phone Status	Those who primarily use a landline phone show a significantly higher prevalence of obtaining a routine checkup than those who primarily use a cell phone.
Pregnancy Status	The prevalence of obtaining a routine checkup does not seem to change based on pregnancy status.
County	Those in Lincoln county exhibit a very high prevalence of obtaining routine checkups, while those in Pennington, Meade, and Lawrence counties show a very low prevalence.

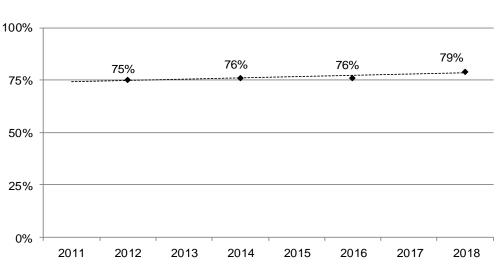
# Breast and Cervical Cancer Screening

### MAMMOGRAM

Definition: Female South Dakotans, ages 40 -74, who have had a mammogram in the past two years.

#### **Prevalence of Mammogram**

- South Dakota 79% 0
- There is no nationwide median for mammograms 0



Mammogram in the Past Two Years, 2012, 2014, 2016, and 2018

Figure 31 Percent of Female South Dakotans, Ages 40-74, Who Have Had a

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

	Years, 2014-20		95% Confide	noo Internel
		2014-2018		1
	Male	2014-2010	Low	High
Gender	Female	- 77%		- 78.7%
	18-29	11/0	-	10.170
	30-39	-		
	40-49	67%	62.8%	71.6%
Age	50-59	79%	75.5%	81.4%
-ye	60-69	82%	79.3%	84.9%
	70-79	80%	75.4%	84.7%
	80+	-	-	-
	White, Non-Hispanic	78%	75.9%	79.6%
Race/Ethnicity	American Indian, Non-Hispanic	74%	67.2%	80.0%
	Hispanic	۲ <del>۲</del> /۵ *	*	*
	Less than \$35,000	68%	63.6%	71.9%
Household Income	\$35,000-\$74,999	68% 79%	75.5%	81.5%
	\$35,000-\$74,999 \$75,000+	79% 84%	<u>75.5%</u> 81.1%	81.5%
	Less than High School, G.E.D. High School, G.E.D.	68% 75%	<u>57.1%</u> 71.3%	76.8% 79.1%
Education	Some Post-High School	73%	74.5%	80.4%
	College Graduate	79%	76.6%	82.0%
	Employed for Wages	76%	73.3%	78.7%
	Self-employed	77%	70.9%	81.8%
Employment Status	Unemployed Homemaker	62% 75%	<u>48.8%</u> 67.5%	73.9%
Employment Status		/5%	07.5% *	82.0% *
	Student Retired	83%	79.9%	86.3%
	Unable to Work	69%	61.1%	75.8%
	Married/Unmarried Couple	80% 67%	78.2% 62.0%	82.2% 72.3%
Marital Status	Divorced/Separated	71%		
	Widowed Never Married	69%	<u>62.4%</u> 60.1%	78.0% 75.9%
Lama Quunarakin		69% 79%	77.2%	
Home Ownership	Own Home Rent Home			80.9% 70.7%
Status		65%	58.6%	
Children Status	Children in Household (Ages 18-44)	63%	55.9%	70.0%
	No Children in Household (Ages 18-44)	59%	45.9%	71.7%
Phone Status		78%	75.0%	80.3%
	Cell Phone	76% *	*	78.6%
Pregnancy Status	Pregnant (Ages 18-44)			
J = - , - : Allo	Not Pregnant (Ages 18-44)	63%	56.3%	68.7%
	Minnehaha	78%	73.2%	82.1%
	Pennington	72%	66.9%	76.3%
	Lincoln	77%	68.3%	84.2%
County	Brown	87%	82.5%	90.6%
	Brookings	78%	72.2%	82.9%
	Codington	81%	74.3%	85.5%
	Meade	66%	56.9%	73.6%
	Lawrence	77%	72.2%	81.8%

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

Age	Mammogram screening generally increases as age increases and peaks in the 60s. This includes a significant increase as the 50s are reached.
Race/Ethnicity	The prevalence of mammogram screening does not seem to differ based on race/ethnicity.
Household Income	Mammogram screening increases as household income increases. This includes a significant increase as the \$35,000-\$74,999 income group is reached.
Education	Mammogram screening increases as education levels increase.
Employment	Those who are retired demonstrate a very high prevalence of mammogram screening, while those who are employed for wages, unemployed or unable to work show a very low prevalence.
Marital Status	Those who are married exhibit a significantly higher prevalence of mammogram screening than all other marital status groups.
Home Ownership	Those who own their home show a significantly higher prevalence of mammogram screening than those who rent their home.
Children Status	The prevalence of mammogram screening does not seem to differ based on the presence of children in the household.
Phone Status	There seems to be no difference in mammogram screening regarding phone status.
County	Brown and Codington counties exhibit a very high prevalence of mammogram screening, while Minnehaha, Pennington, Meade, and Lawrence counties all show a very low prevalence.

#### **CERVICAL CANCER SCREENING**

Definition: Female South Dakotans, ages 21 to 65 years old, who have met cervical cancer screening United States Preventive Services Task Force (USPSTF) recommendations.

#### Prevalence of Cervical Cancer Screening

- o South Dakota 77%
- There is no nationwide median for cervical cancer screening recommendations

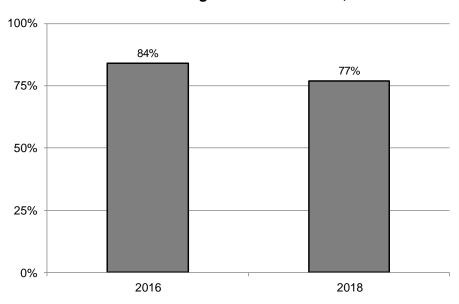


Figure 32 Percent of Female South Dakotans, Ages 21-65, Who Met Cervical Cancer Screening Recommendations, 2016-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

Female South Dakotans, Ages 21-65, Who Met Cervical Cancer Screening Recommendations, 2016-2018					
			95% Confide	ence Interval	
		2016-2018	Low	High	
Gender	Male	-	-	-	
Gender	Female	80%	77.2%	83.0%	
	18-29	68%	59.6%	75.3%	
	30-39	86%	79.9%	90.3%	
	40-49	85%	77.9%	89.8%	
Age	50-59	83%	78.9%	87.1%	
	60-69	82%	75.5%	86.5%	
	70-79	-	-	-	
	80+	-	-	-	
	White, Non-Hispanic	82%	79.2%	84.9%	
Race/ Ethnicity	American Indian, Non-Hispanic	84%	76.5%	88.8%	
-	Hispanic	*	*	*	
	Less than \$35,000	69%	61.2%	75.4%	
Household Income	\$35,000-\$74,999	86%	80.6%	89.7%	
	\$75,000+	90%	85.9%	92.8%	
	Less than High School, G.E.D.	64%	46.3%	79.1%	
	High School, G.E.D.	70%	63.0%	76.9%	
Education	Some Post-High School	81%	75.2%	85.1%	
	College Graduate	89%	85.8%	91.5%	
	Employed for Wages	82%	78.3%	85.4%	
	Self-employed	86%	76.8%	92.0%	
	Unemployed	75%	52.5%	88.7%	
Employment Status	Homemaker	86%	78.2%	91.0%	
	Student	*	*	*	
	Retired	78%	66.5%	86.5%	
	Unable to Work	69%	55.8%	79.3%	
	Married/Unmarried Couple	85%	81.3%	87.6%	
Marital Status	Divorced/Separated	77%	67.5%	84.5%	
Marital Status	Widowed	71%	45.9%	87.2%	
	Never Married	70%	61.7%	77.0%	
Homo Oumorabin Otation	Own Home	85%	81.9%	87.5%	
Home Ownership Status	Rent Home	70%	62.6%	76.9%	
	Children in Household (Ages 18-44)	87%	82.9%	90.3%	
Children Status	No Children in Household (Ages 18-44)	65%	56.2%	73.2%	
	Landline	79%	73.8%	83.7%	
Phone Status	Cell Phone	81%	76.9%	83.9%	
D	Pregnant (Ages 18-44)	-	-	-	
Pregnancy Status	Not Pregnant (Ages 18-44)	78%	73.8%	82.4%	
	Minnehaha	79%	71.6%	84.9%	
	Pennington	82%	74.2%	87.5%	
	Lincoln	83%	65.5%	93.1%	
	Brown	88%	76.9%	94.7%	
County	Brookings	58%	37.8%	75.8%	
	Codington	*	*	*	
	Meade	86%	66.7%	94.7%	
	Lawrence	77%	65.4%	85.3%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

- Age The prevalence of cervical cancer screening peaks in the 30s. After that, the prevalence decreases as age increases.
- **Race/Ethnicity** There seems to be no racial/ethnic difference regarding cervical cancer screening.
- **Household** The prevalence of cervical cancer screening increases as household income increases. This includes a significant increase as the \$35,000-\$74,999 income group is reached.
- **Education** The prevalence of cervical cancer screening increases as education levels increase. This includes a significant increase as the college graduate level is reached.
- **Employment** The prevalence of cervical cancer screening does not seem to differ by employment status.
- MaritalThose who are married exhibit a very high prevalence of cervical cancerStatusscreening, while those who have never been married show a very low<br/>prevalence.
- HomeThose who own their home show a significantly higher prevalence of cervical<br/>cancer screening than those who rent their home.
- ChildrenThose who have children in the household demonstrate a significantly higherStatusprevalence of cervical cancer screening than those who do not have children.
- **Phone Status** The prevalence of cervical cancer screening does not seem to differ by phone status.
- **County** Brown county exhibits a very high prevalence of cervical cancer screening, while Brookings county shows a very low prevalence.

# Cardiovascular Disease

# **PREVIOUSLY HAD A HEART ATTACK**

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?"

#### Prevalence of Previous Heart Attack

- o South Dakota 5%
- $\circ$  Nationwide median 5%

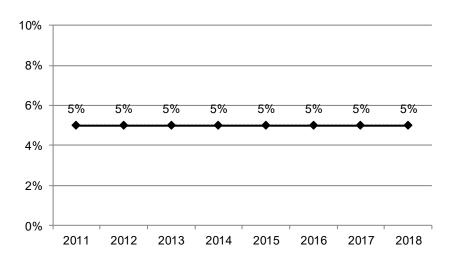


Figure 33 Percentage of South Dakotans Who Previously Had a Heart Attack, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

	h Dakotans Who Previously Had a		95% Confidence Interval		
		2014-2018	Low	High	
	Male	6%	5.9%	7.1%	
Gender	Female	3%	2.9%	3.7%	
		-			
	18-29 30-39	1% 1%	0.5% 0.5%	1.6% 1.6%	
A	40-49	2%	1.7%	3.2% 5.3%	
Age	50-59	4%	3.6%		
	60-69	8%	7.5%	9.6%	
	70-79	14%	12.3%	16.0%	
	80+	15%	12.9%	17.1%	
	White, Non-Hispanic	5%	4.5%	5.3%	
Race/ Ethnicity	American Indian, Non-Hispanic	6%	5.1%	7.7%	
	Hispanic	5%	2.3%	9.5%	
	Less than \$35,000	7%	6.5%	8.1%	
Household Income	\$35,000-\$74,999	5%	3.9%	5.2%	
	\$75,000+	2%	1.9%	2.9%	
	Less than High School, G.E.D.	8%	6.4%	9.7%	
Education	High School, G.E.D.	6%	5.6%	7.2%	
Education	Some Post-High School	4%	3.5%	4.6%	
	College Graduate	3%	2.5%	3.4%	
	Employed for Wages	2%	2.0%	2.7%	
	Self-employed	3%	2.7%	4.2%	
	Unemployed	4%	2.6%	6.6%	
Employment Status	Homemaker	4%	2.1%	6.2%	
	Student	0.3%	0.1%	1.2%	
	Retired	13%	11.6%	14.0%	
	Unable to Work	13%	10.9%	16.0%	
	Married/Unmarried Couple	5%	4.3%	5.3%	
Marital Status	Divorced/Separated	6%	5.4%	7.7%	
Marital Status	Widowed	12%	10.6%	14.3%	
	Never Married	2%	1.5%	2.4%	
Home Ownership	Own Home	5%	4.7%	5.6%	
Status	Rent Home	4%	3.8%	5.2%	
	Children in Household (Ages 18-44)	1%	0.8%	1.9%	
Children Status	No Children in Household (Ages 18-44)	1%	0.5%	1.2%	
	Landline	7%	6.2%	7.5%	
Phone Status	Cell Phone	4%	3.5%	4.4%	
	Pregnant (Ages 18-44)	0%	0.0%	1.4%	
Pregnancy Status	Not Pregnant (Ages 18-44)	1%	0.5%	1.5%	
	Minnehaha	4%	3.6%	5.3%	
	Pennington	4% 5%	4.3%	<u> </u>	
	Lincoln	3%	2.2%	4.1%	
	Brown	<u> </u>	3.8%	<u>4.1%</u> 5.8%	
County	Brookings	4%	2.7%	5.8%	
		4% 7%	5.5%		
	Codington			8.1%	
	Meade	5%	3.3%	6.4%	
	Lawrence	5%	3.7%	6.0%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

<b>Demographics</b>	
Gender	Males exhibit a significantly higher prevalence of a previous heart attack than females.
Age	The prevalence of a previous heart attack increases as age increases with significant increases as the 40s, 50s, 60s, and 70s are reached.
Race/Ethnicity	There are no significant racial/ethnicity differences regarding a previous heart attack.
Household Income	The prevalence of a previous heart attack decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income levels are reached.
Education	The prevalence of a previous heart attack decreases as education increases. This includes significant decreases as the some post-high school and college graduate levels are reached.
Employment	Those who are retired or unable to work demonstrate a very high prevalence of a previous heart attack, while those who are students show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of a previous heart attack while those who have never been married show a very low prevalence.
Home Ownership	The prevalence of a previous heart attack does not seem to change based on home ownership status.
Children Status	The prevalence of a previous heart attack among adults does not seem to change based on the presence of children in the household.
Phone Status	Those who primarily use a landline phone show a significantly higher prevalence of a previous heart attack than those who primarily use a cell phone.
Pregnancy Status	The prevalence of a previous heart attack does not seem to change based on pregnancy status.
County	Codington county demonstrates a very high prevalence of a previous heart attack, while Minnehaha, Lincoln, and Brookings counties show a very low prevalence.

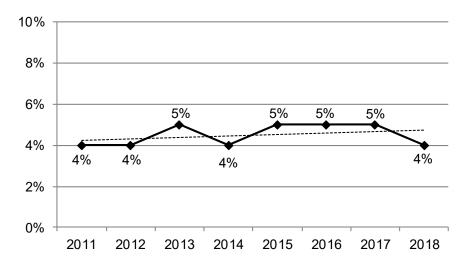
## ANGINA OR CORONARY HEART DISEASE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have angina or coronary heart disease?"

#### Prevalence of Angina or Coronary Heart Disease

- South Dakota 4%
- Nationwide median 4%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

			95% Confidence Interval		
		2014-2018	Low	High	
Candar	Male	6%	5.2%	6.3%	
Gender	Female	3%	3.1%	3.9%	
	18-29	1%	0.5%	1.6%	
	30-39	0.3%	0.1%	0.6%	
	40-49	1%	0.9%	2.0%	
Age	50-59	4%	3.6%	5.2%	
	60-69	8%	7.3%	9.3%	
	70-79	14%	11.9%	15.4%	
	80+	16%	13.8%	18.9%	
	White, Non-Hispanic	5%	4.4%	5.1%	
Race/ Ethnicity	American Indian, Non-Hispanic	5%	3.4%	6.2%	
-	Hispanic	4%	1.7%	7.6%	
	Less than \$35,000	6%	5.7%	7.2%	
Household	\$35,000-\$74,999	4%	3.7%	4.9%	
Income	\$75,000+	3%	2.2%	3.2%	
	Less than High School, G.E.D.	6%	4.7%	7.8%	
	High School, G.E.D.	6%	5.0%	6.4%	
Education	Some Post-High School	4%	3.6%	4.7%	
	College Graduate	3%	2.9%	3.8%	
	Employed for Wages	2%	1.7%	2.4%	
	Self-employed	3%	2.0%	3.5%	
	Unemployed	3%	1.3%	5.0%	
Employment	Homemaker	2%	1.6%	3.7%	
Status	Student	0.2%	0.0%	0.9%	
	Retired	14%	12.9%	15.5%	
	Unable to Work	10%	7.7%	11.9%	
	Married/Unmarried Couple	5%	4.1%	5.0%	
	Divorced/Separated	6%	4.7%	6.9%	
Marital Status	Widowed	12%	10.5%	14.4%	
	Never Married	2%	1.3%	2.4%	
Home Ownership	Own Home	5%	4.6%	5.5%	
Status	Rent Home	4%	3.2%	4.5%	
	Children in Household (Ages 18-44)	1%	0.3%	0.9%	
Children Status	No Children in Household (Ages 18-44)	1%	0.4%	1.3%	
	Landline	7%	6.1%	7.5%	
Phone Status	Cell Phone	4%	3.1%	3.9%	
Pregnancy	Pregnant (Ages 18-44)	0%	0.0%	1.4%	
Status	Not Pregnant (Ages 18-44)	1%	0.3%	1.4 %	
014140	Minnehaha	4%	3.2%	4.7%	
	Pennington	4% 5%	4.2%	4.7% 6.0%	
	Lincoln	3%	2.3%	4.2%	
	Brown	5%	4.3%	4.2% 6.4%	
County	Brookings	3%	2.1%	0.4 <i>%</i> 3.5%	
	Codington	5%	4.1%	6.3%	
	Meade	4%	2.9%	5.5%	
	Lawrence	4%	3.4%	5.5%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

Gender	Males exhibit a significantly higher prevalence of heart disease than females.
Age	The prevalence of heart disease generally increases as age increases with significant increases as the 40s, 50s, 60s, and 70s are reached.
Race/Ethnicity	There are no significant racial/ethnic differences regarding heart disease.
Household Income	The prevalence of heart disease decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income levels are reached.
Education	The prevalence of heart disease decreases as education increases. This includes a significant decrease as the some post-high school level is reached.
Employment	Those who are retired demonstrate a very high prevalence of heart disease, while those who are students show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of heart disease, while those who have never been married show a very low prevalence.
Home Ownership	Those who own their home demonstrate a significantly higher prevalence of heart disease than those who rent their home.
Children Status	The prevalence of heart disease among adults does not seem to change based on the presence of children in the household.
Phone Status	Those who primarily use a landline phone show a significantly higher prevalence of heart disease than those who primarily use a cell phone.
Pregnancy Status	The prevalence of heart disease does not seem to change based on pregnancy status.
County	Pennington, Brown, and Codington counties demonstrate a very high prevalence of heart disease, while Lincoln and Brookings counties show a very low prevalence.

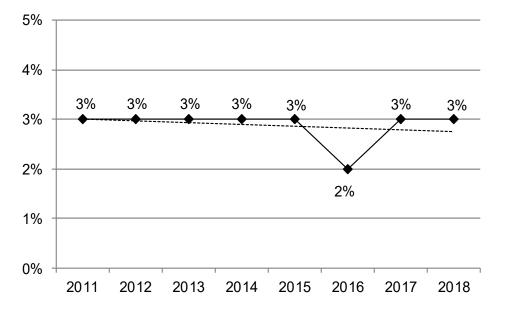
## PREVIOUSLY HAD A STROKE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a stroke?"

#### Prevalence of Previous Stroke

- o South Dakota 3%
- Nationwide median 3%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

			95% Confidence Interval		
		2014-2018	Low	High	
0	Male	3%	2.4%	3.2%	
Gender	Female	2%	2.2%	2.8%	
	18-29	0.4%	0.2%	0.9%	
	30-39	1%		1.5%	
	40-49	1%		1.9%	
Age	50-59	2%	1.8%	2.9%	
-	60-69	4%	3.3%	4.6%	
	70-79	7%	5.9%	8.5%	
	80+	10%	8.6%	12.4%	
	White, Non-Hispanic	3%	2.4%	2.9%	
Race/ Ethnicity	American Indian, Non-Hispanic	3%	2.7%	4.4%	
	Hispanic	3%	1.2%	8.3%	
	Less than \$35,000	4%	Low 2.4% 2.2% 0.2% 0.5% 0.7% 1.8% 3.3% 5.9% 8.6% 2.4% 2.7%	5.1%	
Household Income	\$35,000-\$74,999	2%		2.0%	
	\$75,000+	1%	Low 2.4% 2.2% 0.2% 0.5% 0.7% 1.8% 3.3% 5.9% 8.6% 2.4% 2.7% 1.2% 3.8% 1.3% 0.9% 3.9% 2.5% 2.0% 1.4% 0.7% 0.9% 1.1% 1.8% 0.1% 6.3% 8.5% 2.0% 3.0% 7.0% 0.8% 2.3% 2.3% 2.3% 2.4% 0.5% 0.4% 3.6% 1.6% 0.4% 1.4% 2.3% 2.5%	1.4%	
	Less than High School, G.E.D.	5%	3.9%	6.8%	
	High School, G.E.D.	3%		3.4%	
Education	Some Post-High School	2%		2.7%	
	College Graduate	2%		2.0%	
	Employed for Wages	1%	0.7%	1.2%	
	Self-employed	1%		1.7%	
	Unemployed	2%		2.6%	
Employment Status	Homemaker	3%		5.0%	
	Student	0.3%	0.1%	1.4%	
	Retired	7%	6.3%	8.0%	
	Unable to Work	11%	8.5%	13.0%	
	Married/Unmarried Couple	2%	2.0%	2.7%	
	Divorced/Separated	4%		4.7%	
Marital Status	Widowed	8%	7.0%	10.0%	
	Never Married	1%	$\begin{array}{r} 3.3\% \\ 5.9\% \\ 8.6\% \\ 2.4\% \\ 2.7\% \\ 1.2\% \\ 3.8\% \\ 1.3\% \\ 0.9\% \\ 3.9\% \\ 2.5\% \\ 2.0\% \\ 1.4\% \\ 0.7\% \\ 0.9\% \\ 1.4\% \\ 0.7\% \\ 0.9\% \\ 1.1\% \\ 1.8\% \\ 0.1\% \\ 6.3\% \\ 8.5\% \\ 2.0\% \\ 3.0\% \\ 7.0\% \\ 0.8\% \\ 2.3\% \\ 2.4\% \\ 0.5\% \\ 0.4\% \\ 1.6\% \\ 0.0\% \\ 0.4\% \\ 1.4\% \end{array}$	1.4%	
Home Ownership	Own Home	3%	2.3%	2.9%	
Status	Rent Home	3%		3.3%	
	Children in Household (Ages 18-44)	1%		1.4%	
Children Status	No Children in Household (Ages 18-44)	1%		0.9%	
	Landline	4%		4.6%	
Phone Status	Cell Phone	2%	0.7%           1.8%           3.3%           5.9%           8.6%           2.4%           2.7%           1.2%           3.8%           1.3%           0.9%           3.9%           2.5%           2.0%           1.4%           0.7%           0.9%           1.1%           1.8%           0.1%           6.3%           8.5%           2.0%           3.0%           7.0%           0.8%           2.3%           2.4%           0.5%           0.4%           3.6%           1.6%           0.0%           1.4%           2.1%	2.2%	
	Pregnant (Ages 18-44)	0.1%		0.4%	
Pregnancy Status	Not Pregnant (Ages 18-44)	1%		1.1%	
	Minnehaha	2%		2.6%	
	Pennington	3%		3.2%	
	Lincoln	2%		2.9%	
	Brown	3%		4.3%	
County	Brookings	2%		3.2%	
	Codington	3%		4.2%	
	Meade	3%	2.1%	4.0%	
	Lawrence	2%	1.8%	3.3%	

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

- **Gender** There seems to be no significant gender difference regarding the prevalence of a previous stroke.
- Age The prevalence of a previous stroke increases as age increases with significant increases as the 60s, 70s, and 80s are reached.
- **Race/Ethnicity** There seems to be no significant racial/ethnic differences regarding the prevalence of a previous stroke.
- **Household** The prevalence of a previous stroke decreases as household income increases. This includes a significant decrease as the \$35,000-\$74,999 household income level is reached.
- **Education** The prevalence of a previous stroke decreases as education increases. This includes a significant decrease as the high school graduate level is reached.
- **Employment** Those who are unable to work demonstrate a very high prevalence of a previous stroke, while those who are employed for wages, self-employed, unemployed, or a student show a very low prevalence.
- MaritalThose who are widowed exhibit a very high prevalence of a previous strokeStatuswhile those who have never been married show a very low prevalence.
- HomeThe prevalence of a previous stroke does not seem to change based on homeOwnershipownership status.
- ChildrenThe prevalence of a previous stroke among adults does not seem to changeStatusbased on the presence of children in the household.
- **Phone Status** Those who primarily use a landline phone show a significantly higher prevalence of a previous stroke than those who primarily use a cell phone.
- **Pregnancy** The prevalence of a previous stroke does not seem to change based on pregnancy status.
- **County** There are no significant differences among the eight counties regarding the prevalence of a previous stroke.

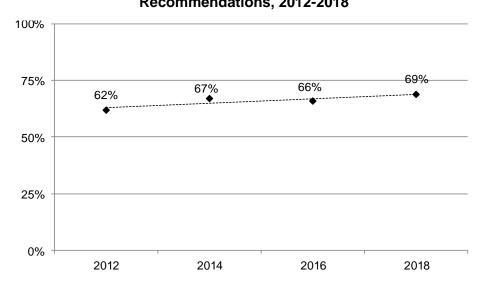
# **Colorectal Cancer Screening**

## MET COLORECTAL CANCER SCREENING RECOMMENDATIONS

Definition: South Dakotans, ages 50 to 75, that met colorectal cancer screening United States Preventive Services Task Force (USPSTF) recommendations.

#### Prevalence of Meeting Colorectal Cancer Screening Recommendations

- South Dakota 69% 0
- Nationwide median 70% 0



South Dakotans, Ages 50 to 75, Who Met Colorectal Cancer Screening Recommendations, 2012-2018

Figure 36

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2018

South Dakotans	Table Ages 50 to 75, Who Met Color 2014-20	ectal Cancer Scre	ening Recomr	nendations,
			95% Confider	
		2014-2018	Low	High
Condor	Male	63%	60.6%	65.8%
Gender	Female	71%	69.1%	73.3%
	18-29	-	-	-
	30-39	-	-	-
	40-49	-	-	-
Age	50-59	59%	56.1%	61.7%
-	60-69	73%	70.1%	75.0%
	70-79	78%	73.6%	81.0%
	80+	-	-	-
	White, Non-Hispanic	68%	66.4%	69.9%
Race/Ethnicity	American Indian, Non-Hispanic	58%	51.0%	65.5%
-	Hispanic	*	*	*
	Less than \$35,000	61%	57.1%	64.2%
Household Income	\$35,000-\$74,999	68%	64.5%	70.4%
	\$75,000+	74%	71.0%	76.8%
	Less than High School, G.E.D.	48%	39.6%	56.8%
Education	High School, G.E.D.	64%	61.0%	67.0%
	Some Post-High School	67%	64.6%	70.1%
	College Graduate	78%	75.5%	80.2%

South Dakotans	Table 31 (contir Ages 50 to 75, Who Met Colorecta, 2014-2018		ening Recomr	nendations,
			95% Confide	
		2014-2018	Low	High
	Employed for Wages	64%	61.3%	66.7%
	Self-employed	60%	55.0%	64.0%
	Unemployed	54%	42.7%	65.4%
Employment Status	Homemaker	63%	52.8%	72.1%
	Student	*	*	*
	Retired	78%	74.8%	80.3%
	Unable to Work	68%	61.1%	73.4%
Marital Status	Married/Unmarried Couple	70%	68.3%	72.3%
	Divorced/Separated	60%	55.2%	64.0%
	Widowed	69%	61.9%	74.8%
	Never Married	53%		59.9%
Home Ownership	Own Home	69%	67.1%	70.7%
Status	Rent Home	56%	50.7%	61.2%
	Children in Household (Ages 18-44)	-	-	-
Children Status	No Children in Household (Ages 18-44)	-	-	-
Disease Ofering	Landline	70%	67.1%	71.9%
Phone Status	Cell Phone	65%	63.0%	67.8%
D	Pregnant (Ages 18-44)	-	-	-
Pregnancy Status	Not Pregnant (Ages 18-44)	-	-	-
	Minnehaha	72%	67.5%	76.0%
	Pennington	69%	64.9%	73.0%
	Lincoln	72%	65.2%	77.8%
County	Brown	73%	68.7%	77.7%
County	Brookings	73%	68.1%	77.2%
	Codington	72%	67.4%	76.7%
	Meade	64%	55.9%	70.5%
	Lawrence	63%	58.7%	67.8%

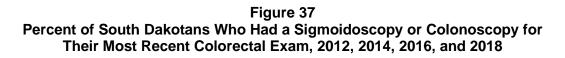
 Note:
 \*Results based on small sample sizes have been suppressed.

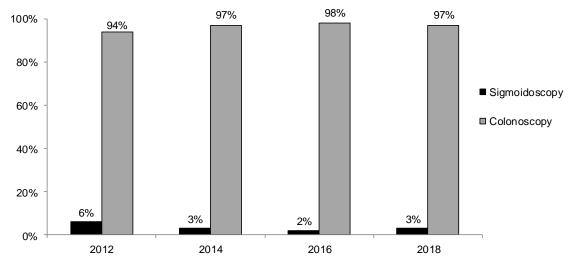
 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

Gender	Females demonstrate a significantly higher prevalence of meeting colorectal cancer screening recommendations than males.
Age	The prevalence of meeting colorectal cancer screening recommendations increases as age increases with a significant increase as the 60s are reached.
Race/Ethnicity	Whites demonstrate a significantly higher prevalence of meeting colorectal cancer screening recommendations than American Indians.
Household Income	The prevalence of meeting colorectal cancer screening recommendations increases as household income increases. This includes significant increases as the \$35,000-\$74,999, and the \$75,000+ income groups are reached.
Education	The prevalence of meeting colorectal cancer screening recommendations increases as education levels increase with significant increases as the high school and college graduate levels are reached.
Employment	Those who are retired demonstrate a significantly higher prevalence of meeting colorectal cancer screening recommendations than all other types of employment.

Marital Status	Those who are married or widowed exhibit a very high prevalence of meeting colorectal cancer screening recommendations, while those who have never been married or divorced show a very low prevalence.
Home Ownership	Those who own their home demonstrate a significantly higher prevalence of meeting colorectal cancer screening recommendations than those who rent their home.
Phone Status	There seems to be no difference in meeting colorectal cancer screening recommendations regarding phone status.
County	Brown and Brookings counties exhibit a very high prevalence of meeting colorectal cancer screening recommendations, while Lawrence county shows a very low prevalence.

Figure 37, below, displays the percent of South Dakotans who had a sigmoidoscopy or colonoscopy for their most recent colorectal exam. In each year, the majority of South Dakotans who had a colorectal exam said that it was a colonoscopy test.





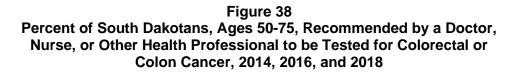
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

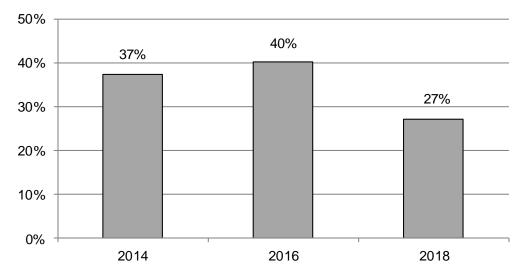
Table 32, below, shows the percent of South Dakotans, ages 50-75, who met colorectal cancer screening recommendations and which type of screening test they had. In 2018, 69 percent of South Dakotans met the colorectal cancer screening recommendations while 31 percent did not. In each of the four years, most South Dakotans had a colonoscopy exam within the past 10 years.

Table 32 South Dakotans, Ages 50 to 75, Who Met Colorecta Recommendations, 2012, 2014, 2016, a			ning	
		Ye	ar	
	2012	2014	2016	2018
Met Recommendation	62%	67%	66%	69%
Blood Stool Test Within the Past Year	3%	3%	2%	2%
Colonoscopy Within the Past 10 Years	54%	59%	58%	63%
Blood Stool Test Within Past Year and Colonoscopy Within Past 10 Years	6%	5%	5%	4%
Blood Stool Test Within Past 3 years and Sigmoidoscopy Within Past 5 Years	0.52%	0.30%	0.02%	0.26%
Did Not Meet Screening Recommendations	38%	33%	34%	31%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

Figure 38, below, shows the percent of South Dakotans, ages 50-75, who report that a doctor, nurse, or other health professional recommended that they be tested for colorectal or colon cancer. In 2018, 27 percent of South Dakotans stated a health professional recommended a colorectal or colon cancer test.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014, 2016, and 2018

Table 33, below, shows the percent of South Dakotans, ages 50-75, who met colorectal cancer screening recommendations and whether a health professional had recommended they be screened. In 2016 and 2018, 73 percent of South Dakotans had met the colorectal cancer screening recommendations after a health professional recommended a colorectal or colon cancer test.

Table 33 South Dakotans, Ages 50-75, and Whether They Had Met the Colorectal Cancer Screening Recommendations, 2014-2018		
		Met Recommendation
2016 & 2018	Recommended	73%
2010 & 2018	Never Recommended	65%
2014 8 2016	Recommended	75%
2014 & 2016	Never Recommended	61%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

# Cardiovascular Disease

# **PREVIOUSLY HAD A HEART ATTACK**

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?"

#### Prevalence of Previous Heart Attack

- o South Dakota 5%
- $\circ$  Nationwide median 5%

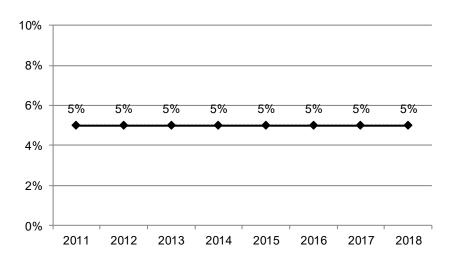


Figure 33 Percentage of South Dakotans Who Previously Had a Heart Attack, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

	h Dakotans Who Previously Had a		95% Confidence Interval		
		2014-2018	Low	High	
	Male	6%	5.9%	7.1%	
Gender	Female	3%	2.9%	3.7%	
		-			
	18-29 30-39	1% 1%		1.6% 1.6%	
A	40-49	2%		3.2% 5.3%	
Age	50-59	4%			
	60-69	8%		9.6%	
	70-79	14%		16.0%	
	80+	15%		17.1%	
	White, Non-Hispanic	5%		5.3%	
Race/ Ethnicity	American Indian, Non-Hispanic	6%		7.7%	
	Hispanic	5%	6.5% 3.9% 1.9% 6.4% 5.6% 3.5%	9.5%	
	Less than \$35,000	7%		8.1%	
Household Income	\$35,000-\$74,999	5%		5.2%	
	\$75,000+	2%	$\begin{array}{c} 3.9\% \\ \hline 1.9\% \\ \hline 6.4\% \\ \hline 5.6\% \\ \hline 3.5\% \\ \hline 2.5\% \\ \hline 2.0\% \\ \hline 2.7\% \\ \hline 2.6\% \\ \hline 2.1\% \\ \hline 0.1\% \\ \hline 11.6\% \\ \hline 10.9\% \\ \hline 4.3\% \\ \hline 5.4\% \\ \hline 10.6\% \\ \hline 1.5\% \\ \hline 4.7\% \\ \hline 3.8\% \\ \hline 0.8\% \\ \hline 0.5\% \\ \hline 6.2\% \\ \hline 3.5\% \\ \hline 0.0\% \end{array}$	2.9%	
	Less than High School, G.E.D.	8%		9.7%	
Education	High School, G.E.D.	6%		7.2%	
Education	Some Post-High School	4%		4.6%	
	College Graduate	3%	2.5%	3.4%	
	Employed for Wages	2%		2.7%	
	Self-employed	3%		4.2%	
	Unemployed	4%		6.6%	
Employment Status	Homemaker	4%		6.2%	
	Student	0.3%		1.2%	
	Retired	13%		14.0%	
	Unable to Work	13%	10.9%	16.0%	
	Married/Unmarried Couple	5%	4.3%	5.3%	
Marital Status	Divorced/Separated	6%	5.4%	7.7%	
Marital Status	Widowed	12%	10.6%	14.3%	
	Never Married	2%	1.5%	2.4%	
Home Ownership	Own Home	5%	4.7%	5.6%	
Status	Rent Home	4%	3.8%	5.2%	
	Children in Household (Ages 18-44)	1%	0.8%	1.9%	
Children Status	No Children in Household (Ages 18-44)	1%		1.2%	
	Landline	7%		7.5%	
Phone Status	Cell Phone	4%		4.4%	
	Pregnant (Ages 18-44)	0%		1.4%	
Pregnancy Status	Not Pregnant (Ages 18-44)	1%	0.5%	1.5%	
	Minnehaha	4%	3.6%	5.3%	
	Pennington	4% 5%	4.3%	<u> </u>	
	Lincoln	3%	2.2%	4.1%	
	Brown	<u> </u>	3.8%	<u>4.1%</u> 5.8%	
County	Brookings	4%	2.7%	5.8%	
		4% 7%	5.5%		
	Codington			8.1%	
	Meade	5%	3.3%	6.4%	
	Lawrence	5%	3.7%	6.0%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

<b>Demographics</b>	
Gender	Males exhibit a significantly higher prevalence of a previous heart attack than females.
Age	The prevalence of a previous heart attack increases as age increases with significant increases as the 40s, 50s, 60s, and 70s are reached.
Race/Ethnicity	There are no significant racial/ethnicity differences regarding a previous heart attack.
Household Income	The prevalence of a previous heart attack decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income levels are reached.
Education	The prevalence of a previous heart attack decreases as education increases. This includes significant decreases as the some post-high school and college graduate levels are reached.
Employment	Those who are retired or unable to work demonstrate a very high prevalence of a previous heart attack, while those who are students show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of a previous heart attack while those who have never been married show a very low prevalence.
Home Ownership	The prevalence of a previous heart attack does not seem to change based on home ownership status.
Children Status	The prevalence of a previous heart attack among adults does not seem to change based on the presence of children in the household.
Phone Status	Those who primarily use a landline phone show a significantly higher prevalence of a previous heart attack than those who primarily use a cell phone.
Pregnancy Status	The prevalence of a previous heart attack does not seem to change based on pregnancy status.
County	Codington county demonstrates a very high prevalence of a previous heart attack, while Minnehaha, Lincoln, and Brookings counties show a very low prevalence.

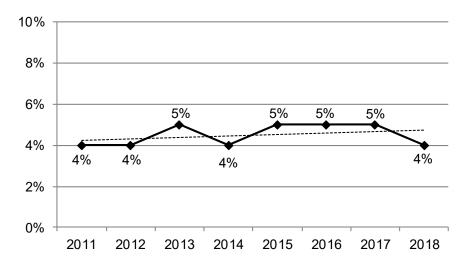
## ANGINA OR CORONARY HEART DISEASE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have angina or coronary heart disease?"

#### Prevalence of Angina or Coronary Heart Disease

- South Dakota 4%
- Nationwide median 4%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

			95% Confidence Interval		
		2014-2018	Low	High	
Candar	Male	6%	5.2%	6.3%	
Gender	Female	3%	3.1%	3.9%	
	18-29	1%	0.5%	1.6%	
	30-39	0.3%	0.1%	0.6%	
	40-49	1%	0.9%	2.0%	
Age	50-59	4%	3.6%	5.2%	
	60-69	8%	7.3%	9.3%	
	70-79	14%	11.9%	15.4%	
	80+	16%	13.8%	18.9%	
	White, Non-Hispanic	5%	4.4%	5.1%	
Race/ Ethnicity	American Indian, Non-Hispanic	5%	3.4%	6.2%	
-	Hispanic	4%	1.7%	7.6%	
	Less than \$35,000	6%	5.7%	7.2%	
Household	\$35,000-\$74,999	4%	3.7%	4.9%	
Income	\$75,000+	3%	$\begin{array}{c} 5.2\% \\ 3.1\% \\ 0.5\% \\ 0.1\% \\ 0.9\% \\ 3.6\% \\ 7.3\% \\ 11.9\% \\ 13.8\% \\ 4.4\% \\ 3.4\% \\ 1.7\% \\ 5.7\% \\ 3.7\% \\ 2.2\% \\ 4.7\% \\ 5.0\% \\ 3.6\% \\ 2.9\% \\ 1.7\% \\ 5.0\% \\ 3.6\% \\ 2.9\% \\ 1.7\% \\ 1.7\% \\ 5.0\% \\ 3.6\% \\ 2.9\% \\ 1.7\% \\ 1.7\% \\ 1.0\% \\ 3.1\% \\ 1.6\% \\ 0.0\% \\ 12.9\% \\ 7.7\% \\ 4.1\% \\ 1.6\% \\ 0.0\% \\ 12.9\% \\ 7.7\% \\ 4.1\% \\ 1.6\% \\ 0.0\% \\ 12.9\% \\ 7.7\% \\ 4.1\% \\ 10.5\% \\ 1.3\% \\ 4.6\% \\ 3.2\% \\ 0.3\% \\ 0.4\% \\ 6.1\% \\ 3.1\% \\ 0.0\% \\ 0.3\% \\ 3.2\% \\ 4.2\% \end{array}$	3.2%	
	Less than High School, G.E.D.	6%		7.8%	
	High School, G.E.D.	6%		6.4%	
Education	Some Post-High School	4%		4.7%	
	College Graduate	3%	4.7% 5.0% 3.6% 2.9% 1.7% 2.0% 1.3% 1.6% 0.0%	3.8%	
	Employed for Wages	2%		2.4%	
	Self-employed	3%	2.0%	3.5%	
	Unemployed	3%		5.0%	
Employment Status	Homemaker	2%		3.7%	
	Student	0.2%		0.9%	
	Retired	14%		15.5%	
	Unable to Work	10%		11.9%	
	Married/Unmarried Couple	5%		5.0%	
	Divorced/Separated	6%		6.9%	
Marital Status	Widowed	12%		14.4%	
	Never Married	2%		2.4%	
Home Ownership	Own Home	5%		5.5%	
Status	Rent Home	4%		4.5%	
	Children in Household (Ages 18-44)	1%		0.9%	
Children Status	No Children in Household (Ages 18-44)	1%	$\begin{array}{c} 0.5\% \\ 0.1\% \\ 0.9\% \\ 3.6\% \\ 7.3\% \\ 11.9\% \\ 13.8\% \\ 4.4\% \\ 3.4\% \\ 1.7\% \\ 5.7\% \\ 3.7\% \\ 2.2\% \\ 4.7\% \\ 5.0\% \\ 3.6\% \\ 2.9\% \\ 1.7\% \\ 2.0\% \\ 1.3\% \\ 1.6\% \\ 0.0\% \\ 1.29\% \\ 7.7\% \\ 4.1\% \\ 4.6\% \\ 3.2\% \\ 0.3\% \\ 0.3\% \\ 0.4\% \\ 6.1\% \\ 3.1\% \\ 0.0\% \\ 0.3\% \\ 3.2\% \end{array}$	1.3%	
	Landline	7%		7.5%	
Phone Status	Cell Phone	4%		3.9%	
Pregnancy	Pregnant (Ages 18-44)	0%		1.4%	
Status	Not Pregnant (Ages 18-44)	1%		1.4 %	
014140	Minnehaha	4%		4.7%	
	Pennington	4% 5%		4.7% 6.0%	
	Lincoln	3%		4.2%	
	Brown	5%		4.2% 6.4%	
County	Brookings	3%		0.4 <i>%</i> 3.5%	
	Codington	5%		6.3%	
	Meade	4%		5.5%	
	Lawrence	4%		5.5%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

Gender	Males exhibit a significantly higher prevalence of heart disease than females.
Age	The prevalence of heart disease generally increases as age increases with significant increases as the 40s, 50s, 60s, and 70s are reached.
Race/Ethnicity	There are no significant racial/ethnic differences regarding heart disease.
Household Income	The prevalence of heart disease decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income levels are reached.
Education	The prevalence of heart disease decreases as education increases. This includes a significant decrease as the some post-high school level is reached.
Employment	Those who are retired demonstrate a very high prevalence of heart disease, while those who are students show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of heart disease, while those who have never been married show a very low prevalence.
Home Ownership	Those who own their home demonstrate a significantly higher prevalence of heart disease than those who rent their home.
Children Status	The prevalence of heart disease among adults does not seem to change based on the presence of children in the household.
Phone Status	Those who primarily use a landline phone show a significantly higher prevalence of heart disease than those who primarily use a cell phone.
Pregnancy Status	The prevalence of heart disease does not seem to change based on pregnancy status.
County	Pennington, Brown, and Codington counties demonstrate a very high prevalence of heart disease, while Lincoln and Brookings counties show a very low prevalence.

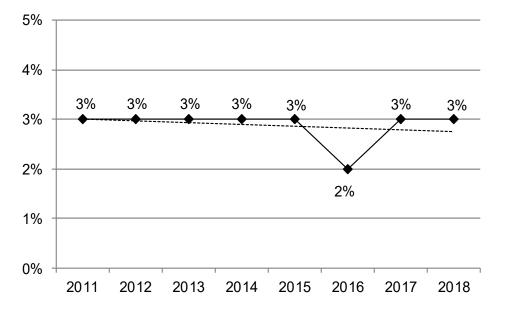
## PREVIOUSLY HAD A STROKE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a stroke?"

#### Prevalence of Previous Stroke

- o South Dakota 3%
- Nationwide median 3%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

			95% Confidence Interval		
		2014-2018	Low	High	
0	Male	3%	2.4%	3.2%	
Gender	Female	2%	2.2%	2.8%	
	18-29	0.4%	0.2%	0.9%	
	30-39	1%		1.5%	
	40-49	1%		1.9%	
Age	50-59	2%	1.8%	2.9%	
-	60-69	4%	3.3%	4.6%	
	70-79	7%	5.9%	8.5%	
	80+	10%	8.6%	12.4%	
	White, Non-Hispanic	3%	2.4%	2.9%	
Race/ Ethnicity	American Indian, Non-Hispanic	3%	2.7%	4.4%	
	Hispanic	3%	1.2%	8.3%	
	Less than \$35,000	4%	Low 2.4% 2.2% 0.2% 0.5% 0.7% 1.8% 3.3% 5.9% 8.6% 2.4% 2.7%	5.1%	
Household Income	\$35,000-\$74,999	2%		2.0%	
	\$75,000+	1%	Low 2.4% 2.2% 0.2% 0.5% 0.7% 1.8% 3.3% 5.9% 8.6% 2.4% 2.7% 1.2% 3.8% 1.3% 0.9% 3.9% 2.5% 2.0% 1.4% 0.7% 0.9% 1.1% 1.8% 0.1% 6.3% 8.5% 2.0% 3.0% 7.0% 0.8% 2.3% 2.3% 2.3% 2.4% 0.5% 0.4% 3.6% 1.6% 0.4% 1.4% 2.3% 2.5%	1.4%	
	Less than High School, G.E.D.	5%	3.9%	6.8%	
	High School, G.E.D.	3%		3.4%	
Education	Some Post-High School	2%		2.7%	
	College Graduate	2%		2.0%	
	Employed for Wages	1%	0.7%	1.2%	
	Self-employed	1%		1.7%	
	Unemployed	2%		2.6%	
Employment Status	Homemaker	3%		5.0%	
	Student	0.3%	0.1%	1.4%	
	Retired	7%	6.3%	8.0%	
	Unable to Work	11%	8.5%	13.0%	
	Married/Unmarried Couple	2%	2.0%	2.7%	
	Divorced/Separated	4%		4.7%	
Marital Status	Widowed	8%	7.0%	10.0%	
	Never Married	1%	$\begin{array}{r} 3.3\% \\ 5.9\% \\ 8.6\% \\ 2.4\% \\ 2.7\% \\ 1.2\% \\ 3.8\% \\ 1.3\% \\ 0.9\% \\ 3.9\% \\ 2.5\% \\ 2.0\% \\ 1.4\% \\ 0.7\% \\ 0.9\% \\ 1.4\% \\ 0.7\% \\ 0.9\% \\ 1.1\% \\ 1.8\% \\ 0.1\% \\ 6.3\% \\ 8.5\% \\ 2.0\% \\ 3.0\% \\ 7.0\% \\ 0.8\% \\ 2.3\% \\ 2.4\% \\ 0.5\% \\ 0.4\% \\ 1.6\% \\ 0.0\% \\ 0.4\% \\ 1.4\% \end{array}$	1.4%	
Home Ownership	Own Home	3%	2.3%	2.9%	
Status	Rent Home	3%		3.3%	
	Children in Household (Ages 18-44)	1%		1.4%	
Children Status	No Children in Household (Ages 18-44)	1%		0.9%	
	Landline	4%		4.6%	
Phone Status	Cell Phone	2%	0.7%           1.8%           3.3%           5.9%           8.6%           2.4%           2.7%           1.2%           3.8%           1.3%           0.9%           3.9%           2.5%           2.0%           1.4%           0.7%           0.9%           1.1%           1.8%           0.1%           6.3%           8.5%           2.0%           3.0%           7.0%           0.8%           2.3%           2.4%           0.5%           0.4%           3.6%           1.6%           0.0%           1.4%           2.1%	2.2%	
	Pregnant (Ages 18-44)	0.1%		0.4%	
Pregnancy Status	Not Pregnant (Ages 18-44)	1%		1.1%	
	Minnehaha	2%		2.6%	
	Pennington	3%		3.2%	
	Lincoln	2%		2.9%	
	Brown	3%		4.3%	
County	Brookings	2%		3.2%	
	Codington	3%		4.2%	
	Meade	3%	2.1%	4.0%	
	Lawrence	2%	1.8%	3.3%	

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

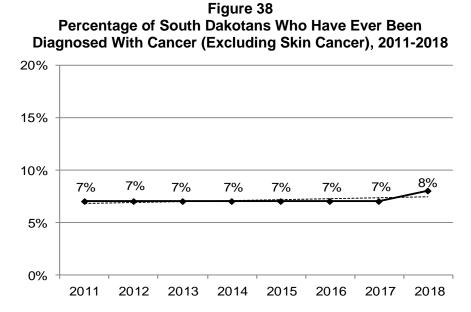
- **Gender** There seems to be no significant gender difference regarding the prevalence of a previous stroke.
- Age The prevalence of a previous stroke increases as age increases with significant increases as the 60s, 70s, and 80s are reached.
- **Race/Ethnicity** There seems to be no significant racial/ethnic differences regarding the prevalence of a previous stroke.
- **Household** The prevalence of a previous stroke decreases as household income increases. This includes a significant decrease as the \$35,000-\$74,999 household income level is reached.
- **Education** The prevalence of a previous stroke decreases as education increases. This includes a significant decrease as the high school graduate level is reached.
- **Employment** Those who are unable to work demonstrate a very high prevalence of a previous stroke, while those who are employed for wages, self-employed, unemployed, or a student show a very low prevalence.
- MaritalThose who are widowed exhibit a very high prevalence of a previous strokeStatuswhile those who have never been married show a very low prevalence.
- HomeThe prevalence of a previous stroke does not seem to change based on homeOwnershipownership status.
- ChildrenThe prevalence of a previous stroke among adults does not seem to changeStatusbased on the presence of children in the household.
- **Phone Status** Those who primarily use a landline phone show a significantly higher prevalence of a previous stroke than those who primarily use a cell phone.
- **Pregnancy** The prevalence of a previous stroke does not seem to change based on pregnancy status.
- **County** There are no significant differences among the eight counties regarding the prevalence of a previous stroke.

## **CANCER**

Definition: South Dakotans who reported they had ever been diagnosed with cancer (excluding skin cancer).

#### **Prevalence of Cancer**

- o South Dakota 8%
- Nationwide median 7%



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

		2014-2018	95% Confidence Interval	
			Low	High
Gender	Male	6%	5.5%	6.7%
	Female	8%	7.8%	9.0%
Age	18-29	1%	0.5%	1.7%
	30-39	2%	1.7%	3.2%
	40-49	3%	2.5%	4.4%
	50-59	7%	5.6%	7.7%
	60-69	12%	11.3%	13.8%
	70-79	19%	17.7%	21.4%
	80+	23%	20.1%	25.9%
Race/Ethnicity	White, Non-Hispanic	8%	7.2%	8.1%
	American Indian, Non-Hispanic	5%	3.7%	6.7%
	Hispanic	3%	1.1%	6.7%
Household Income	Less than \$35,000	8%	7.5%	9.4%
	\$35,000-\$74,999	7%	6.4%	8.0%
	\$75,000+	6%	5.2%	6.7%
Education	Less than High School, G.E.D.	8%	6.1%	10.0%
	High School, G.E.D.	8%	7.0%	8.6%
	Some Post-High School	7%	6.2%	7.7%
	College Graduate	7%	6.0%	7.3%
Employment Status	Employed for Wages	4%	3.6%	4.7%
	Self-employed	5%	3.7%	5.6%
	Unemployed	5%	3.0%	7.0%
	Homemaker	7%	5.2%	9.3%
	Student	0.2%	0.1%	0.6%
	Retired	18%	17.1%	19.7%
	Unable to Work	16%	12.5%	19.1%
Marital Status	Married/Unmarried Couple	8%	7.2%	8.3%
	Divorced/Separated	8%	7.0%	9.7%
	Widowed	17%	15.0%	18.9%
	Never Married	2%	1.9%	3.2%
Home Ownership	Own Home	8%	7.8%	8.9%
Status	Rent Home	5%	4.1%	5.7%
Children Status Phone Status	Children in Household (Ages 18-44)	2%	1.6%	2.9%
	No Children in Household (Ages 18-44)	1%	0.9%	2.0%
	Landline	11%	10.1%	11.8%
	Cell Phone	5%	4.9%	5.9%
Pregnancy Status	Pregnant (Ages 18-44)	1%	0.3%	2.7%
	Not Pregnant (Ages 18-44)	3%	2.1%	3.7%
County	Minnehaha	7%	5.9%	8.1%
	Pennington	7%	6.5%	8.4%
	Lincoln	7%	5.9%	9.0%
	Brown	7%	5.9%	8.3%
	Brookings	5%	3.7%	5.6%
	Codington	8%	6.5%	9.5%
	Meade	6%	5.0%	7.7%
	Lawrence	7%	6.0%	8.5%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

### **Demographics**

Gender	Females exhibit a significantly higher prevalence of cancer than males.
Age	The prevalence of cancer increases as age increases. This includes significant increases as the 50s, 60s, and 70s are reached.
Race/Ethnicity	Whites demonstrate a significantly higher prevalence of cancer than American Indians and Hispanics.
Household Income	The prevalence of cancer decreases as household income increases.
Education	The prevalence of cancer does not seem to differ as education levels change.
Employment	Those who are retired or unable to work demonstrate a very high prevalence of cancer, while those who are students show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of cancer, while those who have never been married show a very low prevalence.
Home Ownership	Those who own their home demonstrate a significantly higher prevalence of cancer than those who rent their home.
Children Status	The prevalence of cancer among adults does not seem to differ based on the presence of children in the household.
Phone Status	Those who primarily use a landline phone exhibit a significantly higher prevalence of cancer than those who primarily use a cell phone.
Pregnancy Status	The prevalence of cancer does not seem to differ based on pregnancy status.
County	Minnehaha, Pennington, Lincoln, Brown, Codington, and Lawrence counties exhibit a very high prevalence of cancer, while Brookings county shows a very low prevalence.

Table 35, below, shows that in 2017-2018, most respondents diagnosed with cancer have had just one type of cancer while 17 percent have had two or more types of cancer. Four percent of respondents have had three or more types of cancer.

Table 35           Number of Cancers that South Dakotans Have Had, 2015-2018				
Year One Type of Cancer Two Types of Cancer of Cancer				
2017-2018	80%	17%	4%	
2016-2017	83%	15%	2%	
2015-2016	84%	14%	2%	

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2015-2018

Table 36, below, shows the type of cancer that South Dakotans had. The most common type of cancer for South Dakotans in 2017-2018 was skin cancer other than melanoma at 23 percent followed by breast cancer at 14 percent.

Table 36 Type of Cancer South Dakotans Have Been Diagnosed With, 2015-2018					
Cancer Type	2015-2016	2016-2017	2017-2018		
Skin cancer other than melanoma	30%	27%	23%		
Breast	14%	13%	14%		
Melanoma	16%	14%	13%		
Prostate	9%	11%	12%		
Cervical	5%	4%	4%		
Bladder	2%	4%	4%		
Colon (intestine)	4%	3%	4%		
Thyroid	2%	2%	3%		
Renal (kidney)	3%	2%	2%		
Endometrial	2%	2%	2%		
Ovarian	2%	2%	2%		
Non-Hodgkin's Lymphoma	2%	1%	1%		
Lung	2%	1%	1%		
Other	7%	12%	16%		

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2015-2018

Table 37, below, shows the percent of respondents with cancer and if they were currently seeking cancer treatments. Most respondents, 71 percent, stated they have completed cancer treatments, while 16 percent of respondents answered they were currently receiving cancer treatments. Two percent said that they had refused cancer treatments.

Table 37 South Dakotans' Treatment for Cance	er, 2018
Current Treatment for Cancer	%
Yes	16%
No, I've completed treatment	71%
No, I've refused treatment	2%

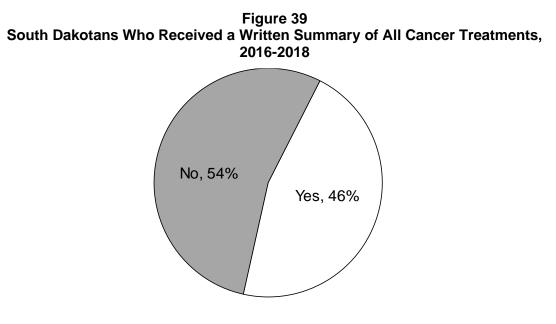
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

Table 38, below, shows the type of doctor that provides the majority of health care to South Dakotans with cancer. Most respondents, 51 percent, stated they see a family practitioner for their health care. Twenty-seven percent stated they see a general practitioner, internist for the majority of their health care.

Table 38 Type of Doctor Providing a Majority of Health Care for South Dakotans With Cancer, 2016-2018		
Physicians' Specialty	%	
Family Practitioner	51%	
General Practitioner, Internist	27%	
General Surgeon	3%	
Medical Oncologist	3%	
Gynecologic Oncologist	2%	
Cancer Surgeon	2%	
Other	13%	

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

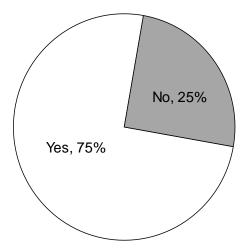
Figure 39, below, shows that of the respondents who said they had cancer, 46 percent received a written summary given to them by a doctor, nurse, or other health professional of all the cancer treatments they received.



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

Figure 40, below, shows that of the South Dakotans who said they had cancer, 75 percent received instructions from a doctor, nurse, or other health professional about where they should return or who they should see for routine cancer check-ups after completing cancer treatments.

Figure 40 South Dakotans Who Received Instructions for Routine Cancer Check-ups, 2016-2018



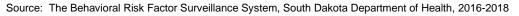
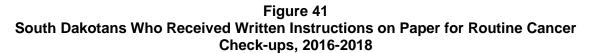
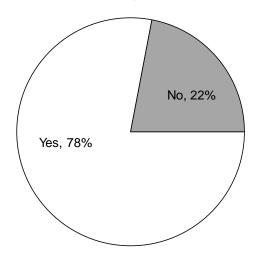


Figure 41, below, shows that of the South Dakotans who received instructions from a doctor, nurse, or other health professional about routine cancer check-ups after their treatments, 78 percent said that these instructions were written down or printed on paper for them.

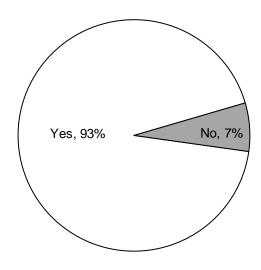




Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

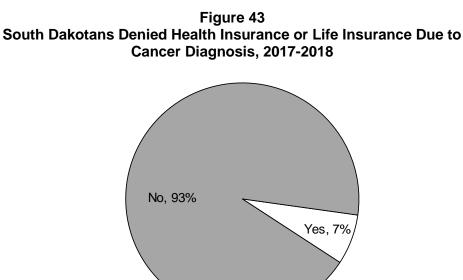
Figure 42, below, shows that of the respondent's most recent cancer diagnosis, 93 percent said that they had health insurance that paid for all or part of their cancer treatments. This question included those on Medicare, Medicaid, and other types of state health programs.

Figure 42 South Dakotans Whose Health Insurance Paid for Some or All of Cancer Treatments, 2016-2018



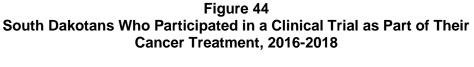
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

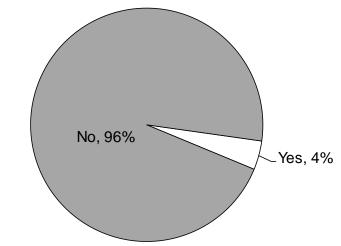
Figure 43, below, shows that of South Dakotans ever diagnosed with cancer, 93 percent stated they had never been denied health insurance or life insurance coverage because of their cancer.



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

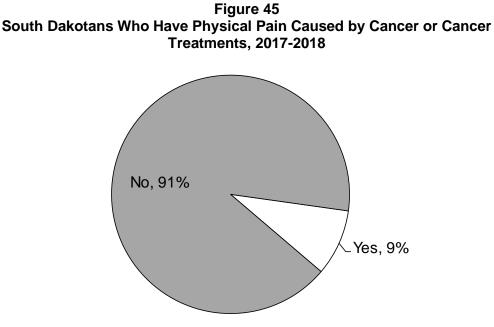
Figure 44, below, shows that of South Dakotans ever diagnosed with cancer, four percent stated they had participated in a clinical trial as part of their cancer treatment.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

Figure 45, below, shows that of South Dakotans ever diagnosed with cancer, nine percent stated they currently have physical pain caused by their cancer or cancer treatments.



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

Table 39, below, shows the percent of South Dakotans that have pain caused by cancer or cancer treatments and whether the pain is currently under control. In 2016-2018, 42 percent of respondents indicated their pain was under control with medication or treatment, while seven percent of respondents indicated their pain was not under control with medication or treatment.

Table 39 South Dakotans Diagnosed With Cancer and if Currently Under Control, 2016-2018	the Pain is
Yes, with medication (or treatment)	42%
Yes, without medication (or treatment)	42%
No, with medication (or treatment)	7%
No, without medication (or treatment)	9%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

### **SKIN CANCER**

Definition: South Dakotans who reported they have ever been diagnosed with skin cancer.

### **Prevalence of Skin Cancer**

- South Dakota 6% 0
- Nationwide median 6% 0

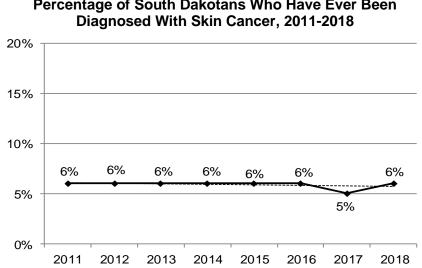


Figure 46 Percentage of South Dakotans Who Have Ever Been

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 40 South Dakotans Who Have Ever Been Diagnosed With Skin Cancer, 2014-2018					
			95% Confidence Interval		
		2014-2018	Low	High	
Gender	Male	6%	5.3%	6.4%	
Gender	Female	6%	5.8%	6.8%	
	18-29	0.4%	0.2%	1.1%	
	30-39	1%	0.7%	1.7%	
Age	40-49	3%	2.2%	3.8%	
	50-59	6%	5.0%	6.9%	
	60-69	10%	8.6%	10.7%	
	70-79	17%	15.7%	19.2%	
	80+	22%	19.9%	24.9%	
	White, Non-Hispanic	7%	6.5%	7.3%	
Race/Ethnicity	American Indian, Non-Hispanic	1%	0.6%	1.8%	
	Hispanic	2%	0.5%	5.9%	
	Less than \$25,000	5%	4.9%	6.1%	
Household Income	\$25,000-\$74,999	6%	5.6%	7.0%	
	\$75,000+	6%	5.3%	6.8%	
	Less than High School, G.E.D.	6%	4.5%	7.4%	
Education	High School, G.E.D.	6%	5.7%	7.0%	
Euucation	Some Post-High School	6%	5.0%	6.1%	
	College Graduate	6%	5.9%	7.1%	

South Dak	Table 40 (contin otans Who Have Ever Been Diagno		in Cancer 201	4-2018
ooutii Duk			95% Confidence Interval	
		2014-2018	Low	High
	Employed for Wages	4%	3.1%	4.0%
	Self-employed	6%	5.3%	7.4%
	Unemployed	3%	1.5%	5.2%
Employment Status	Homemaker	6%	4.2%	7.2%
	Student	0.3%	0.1%	0.9%
	Retired	16%	14.5%	16.8%
	Unable to Work	5%	4.0%	7.2%
	Married/Unmarried Couple	7%	6.2%	7.2%
Marital Status	Divorced/Separated	6%	4.9%	7.1%
	Widowed	16%	13.9%	17.9%
	Never Married	1%	1.1%	1.9%
Home Ownership	Own Home	8%	7.1%	8.1%
Status	Rent Home	3%	2.1%	3.1%
Children Status	Children in Household (Ages 18-44)	1%	0.8%	1.6%
Children Status	No Children in Household (Ages 18-44)	1%	0.6%	1.7%
Phone Status	Landline	9%	8.6%	10.0%
Phone Status	Cell Phone	4%	4.0%	4.9%
Dramman av Statua	Pregnant (Ages 18-44)	0.3%	0.0%	2.1%
Pregnancy Status	Not Pregnant (Ages 18-44)	1%	0.9%	2.0%
	Minnehaha	5%	4.1%	5.7%
	Pennington	9%	8.0%	10.2%
	Lincoln	7%	5.2%	9.0%
County	Brown	6%	4.9%	7.2%
County	Brookings	4%	3.2%	5.0%
	Codington	5%	3.8%	6.0%
	Meade	8%	6.7%	9.9%
	Lawrence	9%	8.0%	10.9%

Note: \*Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

#### **Demographics**

<b>Conden</b> There is no significant gender difference in the prevalence of skin dance	Gender	There is no significant gender difference in the prevalence of skin cancer.
---	--------	---

Age	The prevalence of skin cancer increases as age increases. This includes
	significant increases as the 40s, 50s, 60s, 70s, and 80s are reached.

- **Race/Ethnicity** Whites demonstrate a significantly higher prevalence of skin cancer than American Indians and Hispanics.
- **Household** The prevalence of skin cancer does not seem to change as household income changes.
- **Education** The prevalence of skin cancer does not seem to change as education levels change.
- **Employment** Those who are retired demonstrate a very high prevalence of skin cancer, while those who are a student show a very low prevalence.
- MaritalThose who are widowed exhibit a very high prevalence of skin cancer, while<br/>those who have never been married show a very low prevalence.

# HomeThose who own their home demonstrate a significantly higher prevalence of<br/>skin cancer than those who rent their home.

Children Status	The prevalence of adult skin cancer does not seem to change based on the presence of children in the household.
Phone Status	Those who primarily use a landline phone exhibit a significantly higher prevalence of skin cancer than those who primarily use a cell phone.
Pregnancy Status	The prevalence of skin cancer does not seem to change based on pregnancy status.
County	Pennington, Lincoln, Meade, and Lawrence counties exhibit a very high prevalence of skin cancer, while Minnehaha, Brown, Brookings, and Codington counties show a very low prevalence.

### FLU SHOT

Definition: South Dakotans ages 65 and older who have had an influenza vaccination within the past 12 months.

### **Prevalence of Flu Shot**

- South Dakota 51%
- Nationwide median 61%

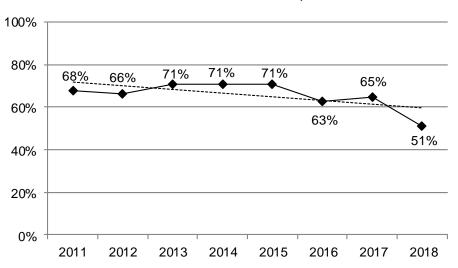


Figure 35 Percentage of South Dakotans, Ages 65 and Older, Who Have Had a Flu Shot Within the Past 12 Months, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

			95% Confide	nce Interva
		2014-2018	Low	High
Condor	Male	63%	60.9%	65.9%
Gender	Female	64%	62.3%	66.3%
	18-29	-	-	-
	30-39	-	-	-
	40-49	-	-	-
Age	50-59	-	-	-
-	60-69	58%	55.4%	60.8%
	70-79	65%	62.5%	67.3%
	80+	69%	66.0%	72.2%
Deee	White, Non-Hispanic	64%	62.5%	65.7%
Race Ethnioity	American Indian, Non-Hispanic	53%	44.4%	61.7%
Ethnicity	Hispanic	*	*	*
	Less than \$35,000	61%	58.6%	64.1%
Household Income	\$35,000-\$74,999	67%	64.0%	69.7%
	\$75,000+	64%	60.3%	67.8%
	Less than High School, G.E.D.	59%	52.4%	64.5%
	High School, G.E.D.	64%	61.2%	66.4%
Education	Some Post-High School	64%	61.4%	66.8%
	College Graduate	67%	64.5%	69.5%
	Employed for Wages	61%	56.3%	65.2%
	Self-employed	49%	43.9%	54.4%
	Unemployed	49%	32.1%	65.5%
Employment Status	Homemaker	68%	61.3%	74.9%
	Student	*	*	*
	Retired	66%	64.5%	68.2%
	Unable to Work	56%	46.8%	65.1%
	Married/Unmarried Couple	65%	62.6%	66.7%
Marital Ctatus	Divorced/Separated	57%	51.9%	61.1%
Marital Status	Widowed	65%	61.7%	67.8%
	Never Married	66%	58.8%	72.8%
Home Ownership	Own Home	64%	62.5%	65.9%
Status	Rent Home	64%	59.4%	67.5%
	Children in Household (Ages 18-44)	-	-	-
Children Status	No Children in Household (Ages 18-44)	-	-	-
	Landline	67%	64.6%	68.6%
Phone Status	Cell Phone	60%	57.3%	62.4%
<b>. .</b>	Pregnant (Ages 18-44)	-	-	-
Pregnancy Status	Not Pregnant (Ages 18-44)	-	-	-
	Minnehaha	69%	65.6%	73.0%
	Pennington	65%	61.1%	67.9%
	Lincoln	66%	59.9%	72.0%
<b>a</b> <i>i</i>	Brown	66%	61.3%	69.8%
County	Brookings	67%	62.7%	71.6%
	Codington	71%	66.2%	74.6%
	Meade	61%	55.3%	67.2%
	Lawrence	66%	61.7%	70.7%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

### **Demographics**

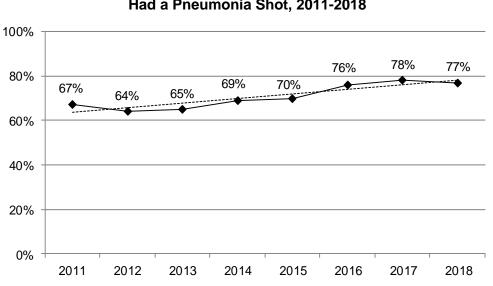
Gender	There seems to be no gender difference regarding getting a flu shot.
Age	The prevalence of getting a flu shot increases as age increases. This includes a significant increase as the 70s are reached.
Race/Ethnicity	Whites demonstrate a significantly higher prevalence of getting a flu shot than American Indians.
Household Income	The prevalence of getting a flu shot does not seem to differ based on household income.
Education	The prevalence of getting a flu shot increases as education levels increase.
Employment	Those who are employed for wages, a homemaker, or retired demonstrate a very high prevalence of getting a flu shot, while those who are self-employed show a very low prevalence.
Marital Status	Those who are married or widowed exhibit a very high prevalence of getting a flu shot, while those who are divorced show a very low prevalence.
Home Ownership	The prevalence of getting a flu shot does not seem to differ based on home ownership status.
Phone Status	Those who primarily use a landline phone demonstrate a significantly higher prevalence of getting a flu shot than those who primarily use a cell phone.
County	There seems to be no difference in the prevalence of getting a flu shot among the eight counties with sufficient sample size.

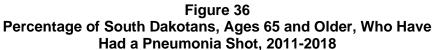
### **PNEUMONIA SHOT**

Definition: South Dakotans, ages 65 and older, who have had a pneumonia vaccination.

### **Prevalence of Pneumonia Shot**

- o South Dakota 77%
- Nationwide median 74%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 33 South Dakotans, Ages 65 and Older, Who Have Had a Pneumonia Shot, 2014-2018					
			95% Confidence Interval		
		2014-2018	Low	High	
	Male	72%	69.8%	74.4%	
Gender	Female	76%	73.9%	77.5%	
	18-29	- 1	-	-	
	30-39	-	-	-	
	40-49	-	-	-	
Age	50-59	-	-	-	
•	60-69	66%	62.9%	68.2%	
	70-79	78%	75.6%	79.7%	
	80+	78%	75.0%	80.7%	
	White, Non-Hispanic	74%	72.6%	75.6%	
Race/Ethnicity	American Indian, Non-Hispanic	74%	66.3%	80.1%	
	Hispanic	*	*	*	
	Less than \$35,000	73%	70.3%	75.5%	
Household Income	\$35,000-\$74,999	77%	74.4%	79.3%	
	\$75,000+	72%	68.4%	75.4%	
	Less than High School, G.E.D.	72%	65.8%	76.8%	
	High School, G.E.D.	74%	71.6%	76.3%	
Education	Some Post-High School	74%	71.0%	76.0%	
	College Graduate	77%	74.2%	78.7%	
	Employed for Wages	66%	61.8%	70.4%	
	Self-employed	58%	52.3%	62.7%	
	Unemployed	57%	39.1%	73.3%	
Employment Status	Homemaker	77%	69.9%	82.6%	
	Student	*	*	*	
	Retired	77%	75.3%	78.7%	
	Unable to Work	83%	76.7%	88.3%	
	Married/Unmarried Couple	74%	71.8%	75.6%	
	Divorced/Separated	67%	62.9%	71.6%	
Marital Status	Widowed	78%	74.9%	80.1%	
	Never Married	74%	66.2%	80.2%	
Home Ownership	Own Home	74%	72.4%	75.5%	
Status	Rent Home	75%	71.7%	78.7%	
	Children in Household (Ages 18-44)	-	-	-	
Children Status	No Children in Household (Ages 18-44)	-	-	-	
	Landline	75%	73.4%	77.0%	
Phone Status	Cell Phone	72%	70.0%	74.6%	
	Pregnant (Ages 18-44)	-	-	-	
Pregnancy Status	Not Pregnant (Ages 18-44)	<u> </u>	-	-	
	Minnehaha	75%	71.6%	78.6%	
	Pennington	77%	73.9%	80.0%	
	Lincoln	72%	65.2%	77.4%	
_	Brown	72%	67.6%	76.0%	
County	Brookings	76%	72.2%	80.2%	
	Codington	81%	77.1%	84.2%	
	Meade	69%	63.6%	74.2%	
	Lawrence	72%	67.6%	76.1%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

### **Demographics**

Gender	The prevalence of getting a pneumonia shot does not seem to differ based on gender.
Age	Overall, the prevalence of getting a pneumonia shot does not seem to change consistently as age changes, but it does show a significant increase as the 70s are reached.
Race/Ethnicity	The prevalence of getting a pneumonia shot does not seem to differ based on race/ethnicity.
Household Income	The prevalence of getting a pneumonia shot does not seem to change as household income changes.
Education	The prevalence of getting a pneumonia shot increases as education levels increase.
Employment	Those who are a homemaker, retired, or unable to work demonstrate a very high prevalence of getting a pneumonia shot, while those who are employed for wages, self-employed, or unemployed show a very low prevalence.
Marital Status	Those who are married or widowed exhibit a very high prevalence of getting a pneumonia shot, while those who are divorced show a very low prevalence.
Home Ownership	The prevalence of getting a pneumonia shot does not seem to differ based on home ownership.

# **Arthritis**

Definition: South Dakotans who answered "yes" to the question: "Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?"

### **Prevalence of Arthritis**

- South Dakota 25%
- Nationwide median 26%

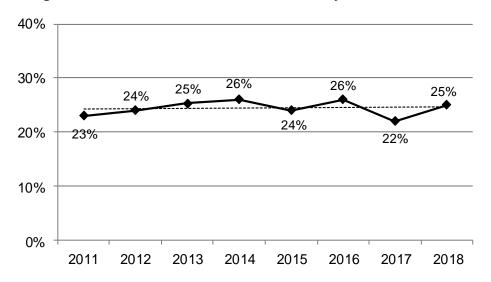


Figure 49 Percentage of South Dakotans Who Were Told They Have Arthritis, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

	th Dakotans Who Were Told They			
			95% Confide	ence Interval
		2014-2018	Low	High
Condor	Male	22%	20.9%	23.0%
Gender	Female	27%	26.4%	28.5%
	18-29	4%	3.2%	5.2%
	30-39	9%	7.8%	10.8%
	40-49	18%	15.7%	19.6%
Age	50-59	29%	27.5%	31.2%
	60-69	42%	40.3%	44.1%
	70-79	53%	50.1%	54.9%
	80+	58%	54.6%	61.0%
	White, Non-Hispanic	25%	24.7%	26.3%
Race/Ethnicity	American Indian, Non-Hispanic	26%	23.0%	29.0%
	Hispanic	16%	11.3%	22.8%
	Less than \$35,000	31%	29.4%	32.6%
Household Income	\$35,000-\$74,999	24%	22.6%	25.3%
	\$75,000+	18%	16.4%	19.0%
	Less than High School, G.E.D.	32%	28.9%	35.7%
	High School, G.E.D.	27%	25.8%	28.7%
Education	Some Post-High School	24%	23.0%	25.6%
	College Graduate	19%	17.8%	19.9%
	Employed for Wages	15%	14.6%	16.4%
	Self-employed	21%	19.2%	23.4%
	Unemployed	20%	16.3%	24.2%
Employment Status	Homemaker	25%	21.4%	29.3%
	Student	3%	2.0%	4.5%
	Retired	51%	49.5%	52.9%
	Unable to Work	59%	54.7%	62.9%
	Married/Unmarried Couple	25%	24.4%	26.3%
	Divorced/Separated	31%	29.1%	33.8%
Marital Status	Widowed	54%	51.2%	56.8%
	Never Married	10%	9.2%	11.7%
Home Ownership	Own Home	27%	26.4%	28.2%
Status	Rent Home	19%	18.0%	21.0%
	Children in Household (Ages 18-44)	9%	8.2%	10.7%
Children Status	No Children in Household (Ages 18-44)	6%	4.8%	7.2%
	Landline	34%	32.8%	35.4%
Phone Status	Cell Phone	20%	19.1%	21.0%
	Pregnant (Ages 18-44)	3%	1.4%	8.2%
Pregnancy Status	Not Pregnant (Ages 18-44)	9%	8.1%	10.9%
	Minnehaha	21%	19.6%	23.2%
	Pennington	21%	25.7%	23.2%
	Lincoln	28%	17.4%	29.7%
	Brown	20%	25.0%	23.5% 30.4%
County	Brookings	<u>28%</u> 15%	<u> </u>	30.4% 17.7%
	Codington	26%	23.1%	28.2%
	Meade	26%	23.1%	28.2%
	Lawrence	24%	21.4%	32.5%

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

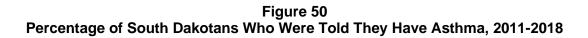
<b>Demographics</b>	
Gender	Females exhibit a significantly higher prevalence of arthritis than males.
Age	The prevalence of arthritis increases as age increases. This includes significant increases as the 30s, 40s, 50s, 60s, and 70s are reached.
Race/Ethnicity	Whites and American Indians demonstrate a significantly higher prevalence of arthritis than Hispanics.
Household Income	The prevalence of arthritis decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income groups are reached.
Education	The prevalence of arthritis decreases as education levels increase. This includes significant decreases as the high school graduate, some post-high school, and college graduate levels are reached.
Employment	Those who are unable to work demonstrate a very high prevalence of arthritis, while those who are students show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of arthritis, while those who have never been married show a very low prevalence.
Home Ownership	Those who own their home demonstrate a significantly higher prevalence of arthritis than those who rent their home.
Children Status	Those with children in the household show a significantly higher prevalence of arthritis than those with no children in the household.
Phone Status	Those who primarily use a landline phone exhibit a significantly higher prevalence of arthritis than those who primarily use a cell phone.
Pregnancy Status	The prevalence of arthritis does not seem to differ based on pregnancy status.
County	Pennington, Brown, Codington, Meade, and Lawrence counties exhibit a very high prevalence of arthritis, while Lincoln and Brookings counties show a very low prevalence.

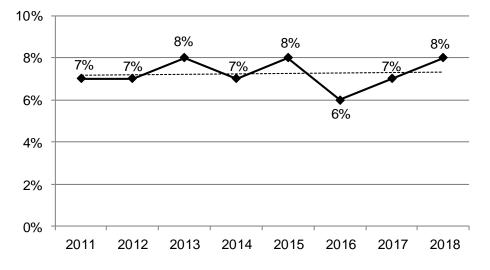
## Asthma

Definition: South Dakotans who were told by a doctor, nurse, or health professional that they had asthma and that they still have asthma.

### **Prevalence of Asthma**

- South Dakota 8%
- Nationwide median 10%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

			na, 2014-2018 95% Confidence Interval		
		2014-2018	Low	High	
	Male	6%	5.1%	6.4%	
Gender	Female	9%	8.4%	9.9%	
	18-29	8%	6.5%	9.4%	
	30-39	7%	5.9%	8.7%	
	40-49	7%	5.6%	8.2%	
Age	50-59	8%	7.1%	9.3%	
U	60-69	7%	5.8%	7.5%	
	70-79	8%	7.2%	9.7%	
	80+	7%	5.2%	9.1%	
	White, Non-Hispanic	7%	6.7%	7.7%	
Race/Ethnicity	American Indian, Non-Hispanic	11%	8.9%	12.5%	
·····,	Hispanic	8%	4.3%	14.5%	
	Less than \$35,000	10%	8.5%	10.7%	
Household Income	\$35,000-\$74,999	6%	5.2%	6.9%	
	\$75,000+	6%	5.4%	7.2%	
	Less than High School, G.E.D.	12%	9.2%	14.3%	
	High School, G.E.D.	7%	6.7%	8.4%	
Education	Some Post-High School	7%	6.3%	8.0%	
	College Graduate	6%	5.5%	6.9%	
	Employed for Wages	7%	5.9%	7.3%	
	Self-employed	5%	3.8%	6.1%	
	Unemployed	11%	8.2%	15.1%	
Employment Status	Homemaker	9%	6.3%	12.5%	
Inployment otatus	Student	8%	5.5%	11.4%	
	Retired	7%	6.6%	8.5%	
	Unable to Work	19%	15.7%	22.1%	
	Married/Unmarried Couple	7%	6.1%	7.3%	
	Divorced/Separated	10%	8.1%	11.1%	
Marital Status	Widowed	9%	7.3%	10.3%	
	Never Married	<u> </u>	6.7%	9.4%	
Joma Ownership	Own Home	7%	6.1%	9.4% 7.2%	
Home Ownership Status	Rent Home	10%	<u> </u>	11.1%	
σιαιώδ					
Children Status	Children in Household (Ages 18-44)	8%	6.6%	8.9%	
	No Children in Household (Ages 18-44)	7%	5.9%	8.7%	
Phone Status		8%	6.9%	8.4%	
	Cell Phone	7%	6.7%	8.0%	
Pregnancy Status	Pregnant (Ages 18-44)	13%	5.8%	27.2%	
	Not Pregnant (Ages 18-44)	9%	7.6%	10.4%	
	Minnehaha	7%	6.2%	8.8%	
	Pennington	8%	6.8%	9.4%	
	Lincoln	7%	5.0%	9.1%	
County	Brown	7%	5.7%	9.1%	
, waity	Brookings	7%	5.1%	9.3%	
	Codington	7%	5.4%	8.9%	
	Meade	10%	6.6%	14.5%	
	Lawrence	10%	7.7%	12.2%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

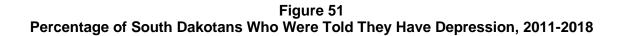
<b>Demographics</b>	
Gender	Females exhibit a significantly higher prevalence of asthma than males.
Age	The prevalence of asthma does not seem to change as age increases.
Race/Ethnicity	American Indians demonstrate a significantly higher prevalence of asthma than whites.
Household Income	The prevalence of asthma decreases as household income increases. This includes a significant decrease as the \$35,000-\$74,999 household income level is reached.
Education	The prevalence of asthma decreases as education increases. This includes a significant decrease as the high school graduate level is reached.
Employment	Those who are unable to work demonstrate a very high prevalence of asthma, while those who are employed for wages, self-employed, or a student show a very low prevalence.
Marital Status	Those who are divorced exhibit a very high prevalence of asthma, while those who are married show a very low prevalence.
Home Ownership	Those who rent their home demonstrate a significantly higher prevalence of asthma than those who own their home.
Children Status	The prevalence of asthma does not seem to differ based on the presence of children in the household.
Phone Status	The prevalence of asthma does not seem to differ based on phone status.
Pregnancy Status	The prevalence of asthma does not seem to differ based on pregnancy status.
County	The prevalence of asthma does not seem to differ among the available counties.

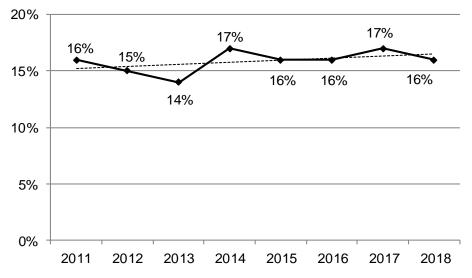
## Depression

Definition: South Dakotans who were told by a doctor, nurse, or health professional that they had some form of depression.

### **Prevalence of Depression**

- South Dakota 16%
- Nationwide median 20%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

			sion, 2014-2018 95% Confidence Interval		
		2014-2018	Low	High	
•	Male	12%	11.2%	13.0%	
Gender	Female	21%	19.7%	21.9%	
	18-29	18%	16.2%	20.3%	
	30-39	19%	16.8%	20.8%	
	40-49	17%	15.5%	19.3%	
Age	50-59	18%	16.2%	19.4%	
0	60-69	15%	13.6%	16.2%	
	70-79	12%	10.1%	13.2%	
	80+	9%	7.1%	10.2%	
	White, Non-Hispanic	16%	15.3%	16.8%	
Race/ Ethnicity	American Indian, Non-Hispanic	22%	19.1%	25.5%	
·····,	Hispanic	16%	11.0%	22.5%	
	Less than \$35,000	24%	22.2%	25.4%	
Household Income	\$35,000-\$74,999	14%	13.2%	15.6%	
	\$75,000+	10%	9.4%	11.6%	
	Less than High School, G.E.D.	18%	15.5%	21.2%	
	High School, G.E.D.	16%	14.6%	17.1%	
Education	Some Post-High School	18%	16.8%	19.4%	
	College Graduate	14%	13.1%	15.3%	
	Employed for Wages	15%	14.3%	16.3%	
	Self-employed	10%	8.2%	11.3%	
	Unemployed	28%	23.7%	33.6%	
Employment Status	Homemaker	20%	16.5%	24.8%	
	Student	16%	12.0%	20.4%	
	Retired	13%	11.5%	13.7%	
	Unable to Work	51%	46.6%	54.9%	
	Married/Unmarried Couple	14%	12.9%	14.6%	
	Divorced/Separated	26%	23.9%	28.6%	
Marital Status	Widowed	17%	14.8%	19.1%	
	Never Married	18%	16.5%	20.2%	
Home Ownership	Own Home	14%	13.2%	14.7%	
Status	Rent Home	23%	21.0%	24.6%	
	Children in Household (Ages 18-44)	18%	16.5%	19.8%	
Children Status	No Children in Household (Ages 18-44)	19%	16.8%	20.9%	
-	Landline	14%	13.4%	15.4%	
Phone Status	Cell Phone	17%	16.5%	18.4%	
	Pregnant (Ages 18-44)	21%	13.2%	32.9%	
Pregnancy Status	Not Pregnant (Ages 18-44)	24%	22.4%	26.6%	
	Minnehaha	18%	16.3%	20.2%	
	Pennington	20%	17.8%	21.8%	
	Lincoln	15%	11.9%	17.9%	
_	Brown	18%	15.7%	21.4%	
County	Brookings	16%	12.6%	19.0%	
	Codington	16%	13.4%	18.4%	
	Meade	18%	14.8%	22.8%	
	Lawrence	18%	15.2%	20.2%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

<b>Demographics</b>	
Gender	Females exhibit a significantly higher prevalence of depression than males.
Age	The prevalence of depression is similar for those 18-59, and then decreases as age increases including a significant decrease as the 70s are reached.
Race/Ethnicity	American Indians demonstrate a significantly higher prevalence of depression than whites.
Household Income	The prevalence of depression decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income groups are reached.
Education	There seems to be no difference in the prevalence of depression as education levels change.
Employment	Those who are unable to work demonstrate a very high prevalence of depression, while those who are self-employed show a very low prevalence.
Marital Status	Those who are divorced exhibit a very high prevalence of depression, while those who are married show a very low prevalence.
Home Ownership	Those who rent their home demonstrate a significantly higher prevalence of depression than those who own their home.
Children Status	The prevalence of depression among adults does not seem to differ based on the presence of children in the household.
Phone Status	Those who primarily use a cell phone exhibit a significantly higher prevalence of depression than those who primarily use a landline phone.
Pregnancy Status	The prevalence of depression does not seem to differ based on pregnancy status.
County	The prevalence of depression does not seem to differ for the counties available for analysis.

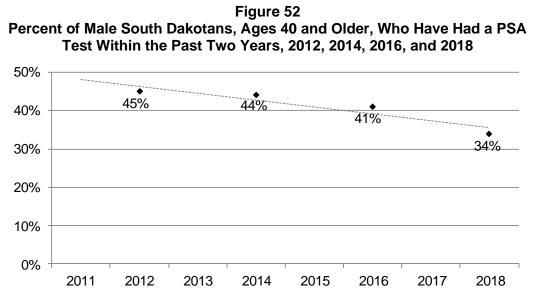
## **Prostate Cancer**

### PROSTATE-SPECIFIC ANTIGEN (PSA) TEST

Definition: Males, ages 40 and older, who have had a PSA test within the past two years.

#### Prevalence of PSA Test

- South Dakota 34%
- Nationwide median 33%



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

Table 46 Male South Dakotans, Ages 40 and Older, Who Have Had a PSA Test Within the Past Two Years, 2014, 2016, and 2018				
			95% Confide	ence Interval
		2014-2018	Low	High
Condor	Male	40%	37.5%	41.7%
Gender	Female	-	-	-
	18-29	-	-	-
	30-39	-	-	-
	40-49	10%	7.0%	12.8%
Age	50-59	33%	29.4%	37.2%
-	60-69	55%	51.2%	58.9%
	70-79	68%	62.7%	72.8%
	80+	51%	43.8%	59.0%
	White, Non-Hispanic	42%	39.5%	43.8%
Race/ Ethnicity	American Indian, Non-Hispanic	32%	22.6%	42.4%
	Hispanic	*	*	*
	Less than \$35,000	37%	32.5%	41.0%
Household Income	\$35,000-\$74,999	41%	37.8%	45.1%
	\$75,000+	40%	36.0%	43.1%
	Less than High School, G.E.D.	28%	21.1%	35.6%
	High School, G.E.D.	38%	34.9%	42.2%
Education	Some Post-High School	39%	35.3%	42.6%
	College Graduate	48%	44.8%	51.7%
	Employed for Wages	28%	25.4%	31.1%
	Self-employed	39%	34.4%	43.6%
	Unemployed	24%	14.4%	36.4%
Employment Status	Homemaker	*	*	*
	Student	*	*	*
	Retired	60%	56.0%	63.6%
	Unable to Work	44%	34.4%	53.4%
	Married/Unmarried Couple	44%	41.2%	46.2%
	Divorced/Separated	28%	23.3%	32.8%
Marital Status	Widowed	46%	37.7%	55.5%
	Never Married	28%	22.4%	35.5%
	Own Home	43%	40.3%	44.9%
Home Ownership Status	Rent Home	25%	20.1%	30.6%
	Children in Household (Ages 18-44)	6%	3.1%	12.3%
Children Status	No Children in Household (Ages 18-44)	8%	3.4%	12.3%
		48%	44.9%	51.5%
Phone Status	Landline Cell Phone	48% 34%	<u> </u>	<u> </u>
Pregnancy Status	Pregnant (Ages 18-44) Not Pregnant (Ages 18-44)	-	-	-
			-	-
	Minnehaha	36%	30.6%	<u>41.0%</u> 44.9%
	Pennington	40%	34.9%	
	Lincoln	40%	31.2%	49.3%
County	Brown	36%	30.2%	42.0%
-	Brookings	34%	28.4%	39.8%
	Codington	44%	37.8%	50.1%
	Meade	35%	28.1%	43.1%
	Lawrence	44%	38.9%	49.9%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014, 2016, and 2018

### **Demographics**

- Age PSA testing increases as age increases with a peak in the 70s. This includes significant increases as the 50s, 60s, and 70s are reached.
- Race/There seems to be no difference in the prevalence of PSA testing regarding<br/>race/ethnicity.
- **Household** There seems to be no difference in the prevalence of PSA testing as household income changes.
- **Education** The prevalence of PSA testing increases as education levels increase. This includes a significant increase as the college graduate level is reached.
- **Employment** Those who are retired demonstrate a very high prevalence of PSA testing, while those who are employed for wages or unemployed show a very low prevalence.
- MaritalThose who are married or widowed exhibit a very high prevalence of PSAStatustesting, while those who are divorced or have never been married show a very<br/>low prevalence.

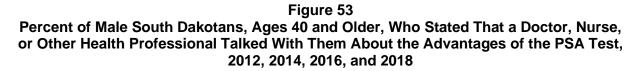
# HomeThose who own their home show a significantly higher prevalence of PSAOwnershiptesting than those who rent their home.

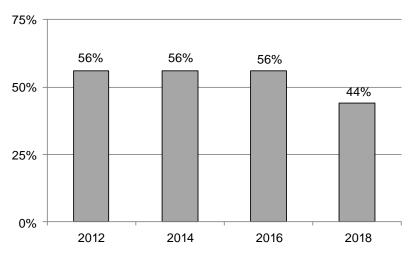
ChildrenThe prevalence of adults getting a PSA test does not seem to be affected by<br/>the presence of children in the household.

# **Phone Status** Those who primarily use a landline phone demonstrate a significantly higher prevalence of PSA testing than those who primarily use a cell phone.

**County** There seems to be no difference in the prevalence of PSA testing among the eight over-sampled counties.

Figure 53, below, shows the percent of male South Dakotans, ages 40 and older, who stated that a doctor, nurse or other health professional talked with them about the advantages of the PSA test. In 2018, 44 percent said that they had been informed of the advantages.

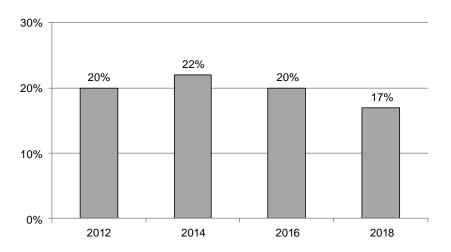




Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

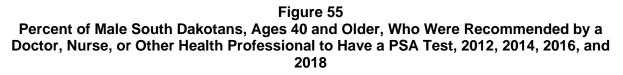
Figure 54, below, shows the percent of male South Dakotans, ages 40 and older, who stated that a doctor, nurse or other health professional talked with them about the disadvantages of the PSA test. Only 17 percent in 2018 stated that a health professional talked with them about the disadvantages.

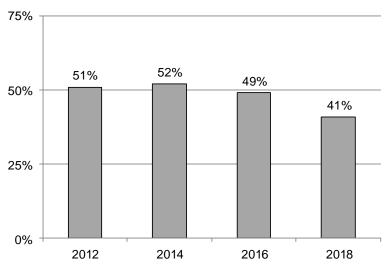
#### Figure 54 Percent of Male South Dakotans, Ages 40 and Older, Who Stated That a Doctor, Nurse, or Other Health Professional Talked With Them About the Disadvantages of the PSA Test, 2012, 2014, 2016, and 2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

Figure 55, below, shows the percent of male South Dakotans, ages 40 and older, who stated that a doctor, nurse or other health professional ever recommended that they have a PSA test. Less than half of respondents in 2018 stated that they were recommended to have a PSA test.

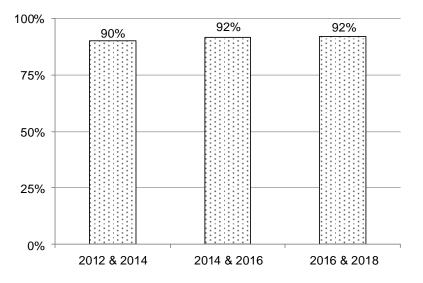




Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

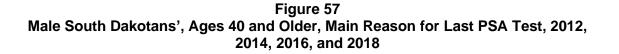
Figure 56, below, shows the percent of male South Dakotans, ages 40 and older, who had a PSA test when their health professional recommended it. Most respondents for all years stated that they had the PSA test that was recommended.

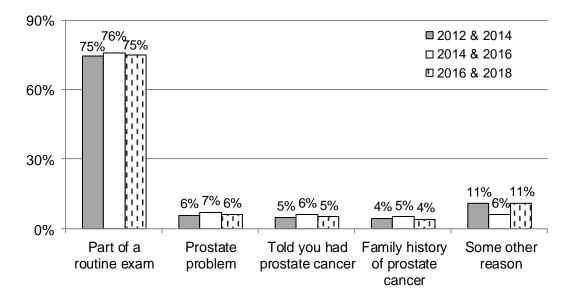
Figure 56 Male South Dakotans, Ages 40 and Older, Who Had a PSA Test When a Health Professional Recommended It, 2012, 2014, 2016, and 2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

Figure 57, below, shows the main reason male South Dakotans, ages 40 and older, gave for having their last PSA test. The majority of respondents for all years stated the main reason they had their last PSA test was because it was part of a routine exam.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

## Kidney Disease

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence."

#### **Prevalence of Kidney Disease**

- South Dakota 3%
- Nationwide median 3%

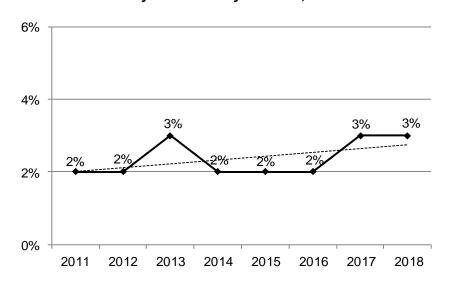


Figure 58 Percentage of South Dakotans Who Have Been Told They Have Kidney Disease, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

South Dake	Table 47 otans Who Have Been Told They I	Have Kidney	Disease, 2014	-2018	
			95% Confidence Interval		
		2014-2018	Low	High	
Gender	Male	2%	2.1%	2.9%	
Gender	Female	2%	2.1%	2.8%	
	18-29	1%	0.7%	2.1%	
	30-39	1%	0.5%	1.4%	
	40-49	2%	1.3%	3.1%	
Age	50-59	2%	1.9%	3.0%	
	60-69	3%	2.8%	4.2%	
	70-79	5%	4.4%	6.5%	
	80+	6%	4.2%	7.3%	
	White, Non-Hispanic	2%	2.1%	2.7%	
Race/ Ethnicity	American Indian, Non-Hispanic	3%	2.2%	3.5%	
-	Hispanic	3%	1.0%	6.3%	
	Less than \$35,000	4%	3.3%	4.7%	
Household Income	\$35,000-\$74,999	2%	1.8%	2.6%	
	\$75,000+	1%	1.0%	1.9%	
	Less than High School, G.E.D.	4%	2.4%	5.4%	
	High School, G.E.D.	3%	2.2%	3.2%	
Education	Some Post-High School	2%	1.8%	2.7%	
	College Graduate	2%	1.6%	2.4%	
	Employed for Wages	1%	1.1%	1.8%	
	Self-employed	1%	1.0%	2.3%	
	Unemployed	1%	0.4%	1.4%	
Employment Status	Homemaker	2%	1.0%	3.1%	
	Student	1%	0.2%	2.9%	
	Retired	5%	4.7%	6.3%	
	Unable to Work	8%	6.2%	10.5%	
	Married/Unmarried Couple	2%	2.0%	2.8%	
	Divorced/Separated	3%	2.6%	4.5%	
Marital Status	Widowed	5%	4.0%	6.1%	
	Never Married	1%	1.0%	2.0%	
Home Ownership	Own Home	3%	2.2%	2.9%	
Status	Rent Home	2%	1.9%	3.0%	
	Children in Household (Ages 18-44)	1%	0.9%	2.2%	
Children Status	No Children in Household (Ages 18-44)	1%	0.6%	1.7%	
	Landline	3%	3.0%	4.1%	
Phone Status	Cell Phone	2%	1.6%	2.3%	
	Pregnant (Ages 18-44)	5%	1.2%	18.0%	
Pregnancy Status	Not Pregnant (Ages 18-44)	1%	0.7%	1.6%	
	Minnehaha	2%	1.3%	2.3%	
	Pennington	3%	2.0%	3.4%	
	Lincoln	2%	1.3%	3.4%	
	Brown	3%	2.3%	4.4%	
County	Brookings	2%	1.3%	3.5%	
	Codington	3%	1.7%	4.0%	
	Meade	2%	1.3%	4.0%	
	Lawrence	2%	1.3%	2.5%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

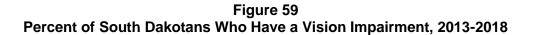
<b>Demographics</b>	
Gender	The prevalence of kidney disease does not seem to differ based on gender.
Age	The prevalence of kidney disease increases as age increases. This includes a significant increase as the 70s are reached.
Race/Ethnicity	The prevalence of kidney disease does not seem to change based on race or ethnicity.
Household Income	The prevalence of kidney disease decreases as household income increases. This includes a significant decrease as the \$35,000-\$74,999 income group is reached.
Education	The prevalence of kidney disease decreases as education levels increase.
Employment	Those who are retired or unable to work demonstrate a very high prevalence of kidney disease, while those who are employed for wages, self-employed, unemployed, a homemaker, or a student show a very low prevalence.
Marital Status	Those who are divorced or widowed exhibit a very high prevalence of kidney disease, while those who are married or have never been married show a very low prevalence.
Home Ownership	There seems to be no difference in the prevalence of kidney disease regarding home ownership.
Children Status	The prevalence of kidney disease among adults does not seem to change based on the presence of children in the household.
Phone Status	Those who primarily use a landline phone exhibit a significantly higher prevalence of kidney disease than those who primarily use a cell phone.
Pregnancy Status	The prevalence of kidney disease does not seem to change based on pregnancy status.
County	There seems to be no difference in the prevalence of kidney disease regarding the eight available counties.

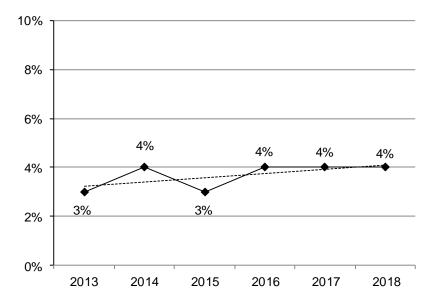
# **Vision Impairment**

Definition: South Dakotans who answered "yes" to the question: "Are you blind or do you have serious difficulty seeing, even when wearing glasses?"

#### **Prevalence of Vision Impairment**

- o South Dakota 4%
- o There is no nationwide median for vision impairment





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2018

Table 48 South Dakotans Who Have a Vision Impairment, 2014-2018				
		2014-2018	95% Confidence Interval	
			Low	High
Gender	Male	4%	3.0%	4.2%
Gender	Female	4%	3.6%	4.6%
Age	18-29	3%	1.7%	3.7%
	30-39	1%	0.9%	2.1%
	40-49	3%	2.4%	4.4%
	50-59	4%	3.6%	5.4%
	60-69	4%	3.3%	4.7%
	70-79	6%	5.0%	7.8%
	80+	11%	9.2%	13.2%
Race/Ethnicity	White, Non-Hispanic	3%	2.9%	3.6%
	American Indian, Non-Hispanic	9%	7.0%	11.3%
	Hispanic	6%	2.7%	11.9%
Household Income	Less than \$35,000	7%	5.8%	7.6%
	\$35,000-\$74,999	3%	2.0%	3.1%
	\$75,000+	1%	0.8%	1.7%
Education	Less than High School, G.E.D.	9%	6.9%	11.0%
	High School, G.E.D.	5%	3.9%	5.3%
	Some Post-High School	3%	2.5%	3.7%
	College Graduate	2%	1.5%	2.3%
Employment Status	Employed for Wages	2%	1.6%	2.5%
	Self-employed	2%	1.2%	3.1%
	Unemployed	6%	3.8%	8.4%
	Homemaker	6%	3.8%	8.3%
	Student	2%	0.6%	5.0%
	Retired	7%	5.8%	7.7%
	Unable to Work	16%	13.2%	19.1%
Marital Status	Married/Unmarried Couple	3%	2.4%	3.1%
	Divorced/Separated	5%	4.4%	6.6%
	Widowed	11%	8.9%	12.6%
	Never Married	4%	2.8%	4.8%
Home Ownership Status	Own Home	3%	2.9%	3.7%
	Rent Home	5%	4.4%	6.3%
Children Status	Children in Household (Ages 18-44)	2%	1.5%	2.7%
	No Children in Household (Ages 18-44)	2%	1.4%	3.3%
Phone Status	Landline	5%	4.7%	6.0%
	Cell Phone	3%	2.6%	3.5%
Pregnancy Status	Pregnant (Ages 18-44)	3%	0.7%	10.0%
	Not Pregnant (Ages 18-44)	2%	1.2%	2.5%
County	Minnehaha	3%	2.5%	4.3%
	Pennington	<u> </u>	3.2%	4.3%
	Lincoln	3%	1.7%	6.4%
	Brown	<u> </u>	2.9%	5.1%
	Brookings	4% 3%	<u> </u>	3.9%
	Codington	4%	3.4%	5.8%
	Meade	4% 5%	3.4%	5.8% 6.6%
	Lawrence	3%	2.5%	4.3%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

### **Demographics**

- **Gender** There seems to be no gender difference regarding the prevalence of severe vision impairment.
- Age The prevalence of severe vision impairment generally increases as age increases including significant increases as the 70s and 80s are reached.
- **Race/Ethnicity** American Indians exhibit a significantly higher prevalence of severe vision impairment than whites.
- **Household** The prevalence of severe vision impairment decreases as household income increases with significant decreases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
- **Education** The prevalence of severe vision impairment decreases as education levels increase with significant decreases at every level.
- **Employment** Those who are unable to work demonstrate a very high prevalence of severe vision impairment, while those who are employed for wages, self-employed, or a student show a very low prevalence.
- MaritalThose who are widowed exhibit a very high prevalence of severe visionStatusimpairment, while those who are married or have never been married show a<br/>very low prevalence.
- HomeThose who rent their home show a significantly higher prevalence of severeOwnershipvision impairment than those who own their home.
- ChildrenThe prevalence of severe vision impairment in the adults does not seem to<br/>change based on the presence of children in the household.
- **Phone Status** Those who primarily use a landline phone show a significantly higher prevalence of severe vision impairment than those who primarily use a cell phone.
- PregnancyThe prevalence of severe vision impairment does not seem to change basedStatuson pregnancy status.
- **County** There seems to be no difference regarding the prevalence of severe vision impairment among the eight counties with sufficient sample size.

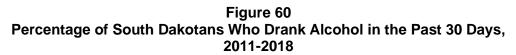
# Alcohol Use

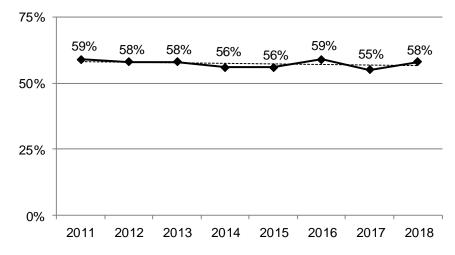
## **DRANK IN PAST 30 DAYS**

Definition: South Dakotans who report drinking alcohol in the past 30 days.

# Prevalence of Drinking in Past 30 Days

- South Dakota 58%
- Nationwide median 54%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Table 49 South Dakotans Who Drank Alcohol in Past 30 Days, 2014-2018				
				ence Interval
		2014-2018	Low	High
Condon	Male	63%	61.9%	64.7%
Gender	Female	50%	49.0%	51.7%
	18-29	60%	56.9%	62.3%
	30-39	62%	59.8%	65.1%
	40-49	64%	60.9%	66.0%
Age	50-59	60%	57.9%	62.0%
	60-69	54%	52.3%	56.2%
	70-79	43%	41.0%	45.8%
	80+	32%	28.9%	34.9%
	White, Non-Hispanic	59%	58.1%	60.1%
Race/Ethnicity	American Indian, Non-Hispanic	40%	36.2%	43.4%
•	Hispanic	46%	37.9%	54.9%
Have also de la	Less than \$35,000	46%	44.3%	48.2%
Household	\$35,000-\$74,999	62%	59.9%	63.4%
Income	\$75,000+	73%	71.1%	74.4%
	Less than High School, G.E.D.	38%	34.4%	42.3%
	High School, G.E.D.	49%	47.4%	51.0%
Education	Some Post-High School	61%	58.9%	62.2%
	College Graduate	69%	67.1%	70.0%
	Employed for Wages	64%	62.9%	65.6%
	Self-employed	65%	62.2%	67.5%
	Unemployed	50%	44.4%	55.8%
Employment	Homemaker	38%	33.5%	42.5%
Status	Student	51%	44.7%	56.4%
	Retired	46%	44.1%	47.6%
	Unable to Work	28%	24.7%	32.3%
	Married/Unmarried Couple	62%	60.3%	62.7%
	Divorced/Separated	51%	48.1%	53.7%
Marital Status	Widowed	36%	33.1%	38.5%
	Never Married	55%	52.1%	57.1%
Home Ownership	Own Home	59%	58.2%	60.4%
Status	Rent Home	53%	50.6%	55.1%
	Children in Household (Ages 18-44)	59%	57.0%	61.4%
Children Status	No Children in Household (Ages 18-44)	64%	60.9%	66.3%
	Landline	48%	46.7%	49.6%
Phone Status	Cell Phone	61%	59.8%	62.4%
	Pregnant (Ages 18-44)	14%	6.4%	26.5%
Pregnancy Status	Not Pregnant (Ages 18-44)	57%	54.4%	59.4%
	Minnehaha	58%	55.8%	60.9%
	Pennington	57%	54.3%	59.2%
	Lincoln	59%	54.6%	63.1%
	Brown	57%	54.2%	60.6%
County	Brookings	61%	57.2%	65.3%
	Codington	58%	54.5%	61.4%
	Meade	55%	50.8%	59.5%
	Lawrence	61%	57.6%	64.5%
loto: *Poquita boood a	Lawrence	0170	57.0%	04.3%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

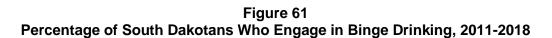
- **Gender** Males exhibit a significantly higher prevalence of drinking alcohol than females.
- Age Alcohol use increases with age until the 40s when it peaks. After that, it decreases as age increases with significant decreases as the 60s, 70s, and 80s are reached.
- **Race/Ethnicity** Whites demonstrate a significantly higher prevalence of drinking alcohol than American Indians and Hispanics.
- **Household** Alcohol use increases as household income increases. This includes significant increases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
- **Education** Alcohol use increases as education levels increase. This includes significant increases as the high school graduate, some post-high school, and college graduate levels are reached.
- **Employment** Those who are employed for wages or self-employed demonstrate a very high prevalence of alcohol use, while those who are unable to work show a very low prevalence.
- MaritalThose who are married exhibit a very high prevalence of alcohol use, whileStatusthose who are widowed show a very low prevalence.
- HomeThose who own their home show a significantly higher prevalence of alcoholOwnershipuse than those who rent their home.
- ChildrenAlcohol use does not seem to differ based on children present in the<br/>household.
- **Phone Status** Those who primarily use a cell phone demonstrate a significantly higher prevalence of alcohol use than those who primarily use a landline phone.
- PregnancyFemales who are not pregnant exhibit a significantly higher prevalence of<br/>alcohol use than those who are pregnant.
- **County** There seems to be no county difference regarding alcohol use.

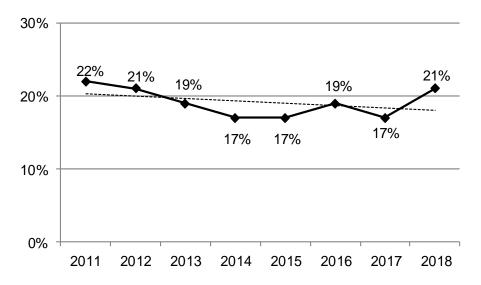
### **BINGE DRINKING**

Definition: South Dakota males who report having five or more alcoholic drinks on one occasion or South Dakota females who have four or more alcoholic drinks on one occasion, one or more times in the past month.

#### Prevalence of Binge Drinking

- o South Dakota 21%
- Nationwide median 16%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

		nge Drinking, 2014-2018			
			95% Confidence Interva		
		2014-2018	Low	High	
Gender	Male	24%	22.9%	25.4%	
Gender	Female	13%	12.0%	14.0%	
	18-29	31%	28.9%	34.0%	
	30-39	23%	21.3%	25.6%	
	40-49	21%	19.1%	23.4%	
Age	50-59	18%	16.0%	19.4%	
	60-69	10%	8.6%	11.1%	
	70-79	4%	3.1%	4.9%	
	80+	1%	0.4%	1.3%	
	White, Non-Hispanic	18%	17.5%	19.2%	
Race/Ethnicity	American Indian, Non-Hispanic	22%	18.9%	25.3%	
···· <b>·</b>	Hispanic	15%	9.4%	22.7%	
	Less than \$35,000	17%	15.8%	18.9%	
Household	\$35,000-\$74,999	20%	18.0%	21.1%	
Income	\$75,000+	22%	20.8%	24.0%	
	Less than High School, G.E.D.	16%	12.7%	18.8%	
	High School, G.E.D.	17%	15.7%	18.6%	
Education	Some Post-High School	20%	18.9%	21.9%	
	College Graduate	19%	17.5%	20.1%	
	Employed for Wages	23%	22.2%	24.7%	
	Self-employed	20%	17.8%	24.7%	
	Unemployed	20 %	18.0%	27.4%	
Employment Status	Homemaker	8%	6.0%	11.4%	
	Student	27%	22.6%	32.5%	
	Retired	5%	4.3%	5.8%	
	Unable to Work	11%	8.6%	14.3%	
	Married/Unmarried Couple	17%	15.6%	17.5%	
Marital Status	Divorced/Separated	18% 5%	16.3%	20.6% 7.1%	
	Widowed Never Married	28%	3.6% 25.9%	30.4%	
Home Ownership	Own Home	16%	15.5%	17.2%	
Status	Rent Home	25%	23.1%	27.2%	
Children Status	Children in Household (Ages 18-44)	22%	19.8%	23.3%	
	No Children in Household (Ages 18-44)	34%	31.3%	36.5%	
Phone Status	Landline	11%	10.2%	12.1%	
	Cell Phone	22%	21.0%	23.3%	
Pregnancy Status	Pregnant (Ages 18-44)	9%	3.1%	22.5%	
	Not Pregnant (Ages 18-44)	20%	18.3%	22.3%	
	Minnehaha	19%	16.6%	20.7%	
	Pennington	16%	14.1%	17.9%	
	Lincoln	16%	13.5%	19.6%	
County	Brown	17%	14.9%	20.2%	
County	Brookings	22%	18.1%	25.9%	
	Codington	19%	16.4%	22.0%	
	Meade	16%	13.0%	19.4%	
	Lawrence	19%	16.0%	21.8%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

<b>Demographics</b>	
Gender	Males exhibit a significantly higher prevalence of binge drinking than females.
Age	Binge drinking decreases as age increases with significant decreases as the 30s, 60s, 70s, and 80s are reached.
Race/Ethnicity	The prevalence of binge drinking does not seem to differ based on race/ethnicity.
Household Income	Binge drinking increases as household income increases.
Education	The prevalence of binge drinking does not seem to change as education levels change.
Employment	Those who are employed for wages, unemployed, or a student demonstrate a very high prevalence of binge drinking, while those who are retired show a very low prevalence.
Marital Status	Those who have never been married exhibit a very high prevalence of binge drinking, while those who are widowed show a very low prevalence.
Home Ownership	Those who rent their home show a significantly higher prevalence of binge drinking than those who own their home.
Children Status	Those who have no children in the household demonstrate a significantly higher prevalence of binge drinking than those who have children.
Phone Status	Those who primarily use a cell phone demonstrate a significantly higher prevalence of binge drinking than those who primarily use a landline phone.
Pregnancy Status	The prevalence of binge drinking does not seem to differ based on pregnancy status.
County	Brookings county exhibits a very high prevalence of binge drinking, while Pennington county shows a very low prevalence.

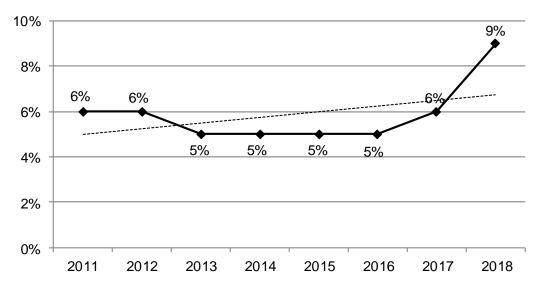
## **HEAVY DRINKING**

Definition: South Dakota males who report having more than 2 drinks per day, or South Dakota females who report having more than 1 drink per day.

#### **Prevalence of Heavy Drinking**

- South Dakota 9%
- Nationwide median 7%

Figure 62 Percentage of South Dakotans Who Engage in Heavy Drinking, 2011-2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

•			avy Drinking, 2014-2018		
			95% Confidence Interval		
		2014-2018	Low	High	
Gender	Male	7%	6.2%	7.7%	
Centaci	Female	5%	4.4%	5.7%	
	18-29	8%	6.3%	9.3%	
	30-39	6%	4.6%	6.9%	
	40-49	7%	5.6%	8.3%	
Age	50-59	7%	6.2%	8.6%	
	60-69	5%	4.4%	6.3%	
	70-79	3%	2.5%	4.1%	
	80+	1%	0.4%	1.4%	
	White, Non-Hispanic	6%	5.5%	6.5%	
Race/Ethnicity	American Indian, Non-Hispanic	5%	3.9%	7.3%	
	Hispanic	6%	2.9%	12.5%	
	Less than \$35,000	6%	4.8%	6.6%	
Household Income	\$35,000-\$74,999	7%	5.8%	7.9%	
	\$75,000+	6%	5.5%	7.3%	
	Less than High School, G.E.D.	7%	5.0%	9.4%	
	High School, G.E.D.	7%	5.9%	7.9%	
Education	Some Post-High School	6%	5.1%	6.7%	
	College Graduate	5%	4.1%	5.5%	
Employment Status	Employed for Wages	7%	5.9%	7.4%	
	Self-employed	7%	5.5%	8.6%	
	Unemployed	9%	5.7%	13.1%	
	Homemaker	4%	2.5%	6.3%	
	Student	5%	3.4%	7.7%	
	Retired	4%	3.1%	4.5%	
	Unable to Work	6%	4.1%	8.8%	
	Married/Unmarried Couple	5%	4.1%		
				5.6%	
Marital Status	Divorced/Separated Widowed	<u>8%</u> 4%	<u>6.2%</u> 2.9%	9.1% 6.3%	
		4% 8%	6.9%	9.7%	
	Never Married				
Home Ownership	Own Home	6%	5.0%	6.1%	
Status	Rent Home	7%	6.2%	8.8%	
Children Status	Children in Household (Ages 18-44)	5%	4.3%	6.2%	
	No Children in Household (Ages 18-44)	8%	6.8%	10.0%	
Phone Status	Landline	4%	3.8%	5.1%	
	Cell Phone	7%	6.1%	7.4%	
Pregnancy Status	Pregnant (Ages 18-44)	3%	0.5%	16.7%	
	Not Pregnant (Ages 18-44)	6%	4.6%	7.0%	
	Minnehaha	6%	5.1%	7.7%	
	Pennington	6%	5.0%	7.5%	
	Lincoln	4%	3.0%	5.7%	
Country	Brown	5%	4.1%	7.0%	
County	Brookings	6%	4.2%	7.9%	
	Codington	5%	4.0%	7.0%	
	Meade	7%	5.2%	10.4%	
	Lawrence	5%	3.7%	6.5%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

- **Gender** Males exhibit a significantly higher prevalence of heavy drinking than females.
- Age Heavy drinking generally decreases as age increases. This includes significant decreases as the 70s and 80s are reached.
- **Race/Ethnicity** There seems to be no racial/ethnic difference regarding heavy drinking.
- **Household** The prevalence of heavy drinking does not seem to change as household income changes.
- **Education** The prevalence of heavy drinking decreases as education levels increase.
- **Employment** Those who are employed for wages, self-employed, or unemployed demonstrate a very high prevalence of heavy drinking, while those who are retired show a very low prevalence.
- MaritalThose who are divorced or have never been married exhibit a very high<br/>prevalence of heavy drinking, while those who are married or widowed show<br/>a very low prevalence.
- HomeThose who rent their home demonstrate a significantly higher prevalence of<br/>heavy drinking than those who own their home.
- ChildrenThose who have no children in the household demonstrate a significantly<br/>higher prevalence of heavy drinking than those who have children.
- **Phone Status** Those who primarily use a cell phone demonstrate a significantly higher prevalence of heavy drinking than those who use primarily use a landline phone.
- PregnancyThere seems to be no difference in heavy drinking regarding pregnancy<br/>status.Statusstatus.
- **County** There seems to be no difference in heavy drinking among the available counties.

# **General Health Status**

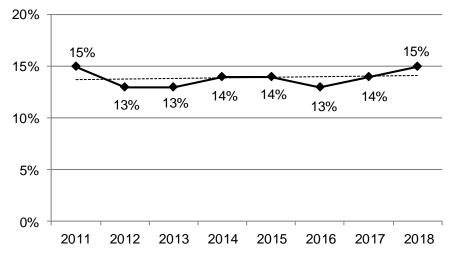
## FAIR OR POOR HEALTH STATUS

Definition: South Dakotans who report having fair or poor health from possible response choices of "excellent", "very good", "good", "fair", or "poor".

#### Prevalence of Fair or Poor Health Status

- o South Dakota 15%
- Nationwide median 17%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

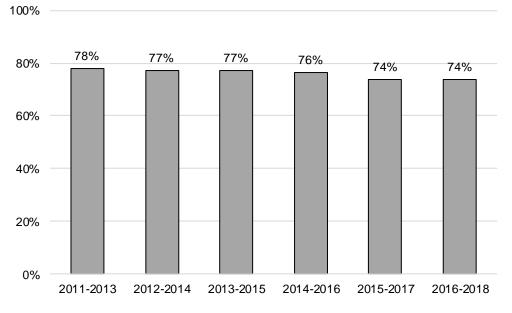
Table 52 South Dakotans Reporting Fair or Poor Health Status, 2014-2018					
			95% Confidence Interval		
		2014-2018	Low	High	
Condor	Male	14%	12.7%	14.6%	
Gender	Female	14%	13.4%	15.1%	
	18-29	7%	6.0%	8.8%	
	30-39	9%	7.3%	10.2%	
	40-49	11%	9.7%	12.8%	
Age	50-59	16%	15.0%	18.1%	
-	60-69	19%	17.8%	21.0%	
	70-79	21%	18.8%	22.8%	
	80+	28%	24.9%	30.8%	
	White, Non-Hispanic	13%	12.4%	13.7%	
Race/Ethnicity	American Indian, Non-Hispanic	25%	22.0%	27.9%	
	Hispanic	14%	8.9%	20.0%	
	Less than \$35,000	24%	22.7%	25.7%	
Household Income	\$35,000-\$74,999	10%	9.3%	11.4%	
	\$75,000+	5%	4.7%	6.4%	
	Less than High School, G.E.D.	26%	22.9%	29.2%	
	High School, G.E.D.	17%	15.8%	18.3%	
Education	Some Post-High School	13%	11.7%	13.9%	
	College Graduate	7%	5.9%	7.3%	
	Employed for Wages	8%	7.6%	9.2%	
	Self-employed	9%	7.3%	10.4%	
	Unemployed	20%	15.9%	24.7%	
Employment Status	Homemaker	14%	10.9%	17.6%	
Employment otatus	Student	5%	3.4%	7.8%	
	Retired	22%	20.5%	23.5%	
	Unable to Work	61%	57.2%	65.4%	
	Married/Unmarried Couple	11%	10.6%	12.1%	
	Divorced/Separated	23%	21.4%	25.7%	
Marital Status	Widowed	26%	23.5%	28.4%	
	Never Married	12%	10.4%	13.4%	
	Own Home	12%	11.8%	13.2%	
Home Ownership Status	Rent Home	12%	16.3%	19.4%	
	Children in Household (Ages 18-44)	8%	7.2%	9.6%	
Children Status	No Children in Household (Ages 18-44)	8%	7.1%	<u> </u>	
	Landline	17%			
Phone Status		17%	16.3%	18.4%	
	Cell Phone		11.5%	13.1%	
Pregnancy Status	Pregnant (Ages 18-44)	7%	2.1%	19.5%	
	Not Pregnant (Ages 18-44)	9%	7.6%	10.3%	
	Minnehaha	11%	10.0%	13.1%	
	Pennington	16%	14.0%	17.5%	
	Lincoln	10%	8.1%	12.6%	
County	Brown	15%	12.8%	17.2%	
-	Brookings	12%	9.7%	15.1%	
	Codington	12%	9.9%	13.6%	
	Meade	14%	11.7%	17.7%	
	Lawrence	12%	10.4%	14.9%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

- **Gender** There seems to be no significant gender difference in the prevalence of those in fair or poor health.
- Age The prevalence of fair or poor health increases as age increases. This includes significant increases when people reach their 50s and 80s.
- **Race/Ethnicity** American Indians exhibit a significantly higher prevalence of those in fair or poor health than do whites or Hispanics.
- **Household** The prevalence of fair or poor health decreases as household income increases. This includes significant decreases when the \$35,000-\$74,999 and \$75,000+ household incomes are reached.
- **Education** The prevalence of fair or poor health decreases as education increases. This includes significant decreases as the high school graduate, some college, and college graduate levels are reached.
- **Employment** Those who are unable to work demonstrate a very high prevalence of those in fair or poor health while those who are employed for wages, self-employed, or a student show a very low prevalence.
- MaritalThose who are divorced or widowed exhibit a very high prevalence of those in<br/>fair or poor health, while those who are married or have never been married<br/>show a very low prevalence.
- **Home** Those who rent their home demonstrate a significantly higher prevalence of fair or poor health than those who own their home.
- ChildrenThe prevalence of fair or poor health of adults does not seem to differ basedStatuson the presence of children in the household.
- **Phone Status** Those who primarily use a landline phone show a significantly higher prevalence of fair or poor health than those who primarily use a cell phone.
- PregnancyThe prevalence of fair or poor health does not seem to differ based on<br/>pregnancy status.
- **County** Pennington and Brown counties exhibit a very high prevalence of those in fair or poor health, while those in Minnehaha, Lincoln, and Codington counties show a very low prevalence.

Figure 64, below, shows the percent of American Indian, non-Hispanic South Dakotans who answered that their general health was excellent, very good, or good. Over all the years since 2011, the trend has been decreasing - from 78 percent in 2011-2013 to 74 percent in 2016-2018.





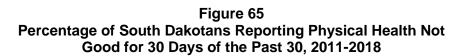
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

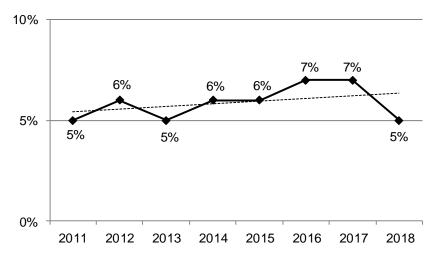
## PHYSICAL HEALTH NOT GOOD

Definition: South Dakotans who reported their physical health was not good for 30 days of the past 30, including physical illness and injury.

### Prevalence of Physical Health Not Good for 30 Days of the Past 30

- o South Dakota 5%
- o There is no nationwide median for physical health not good





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

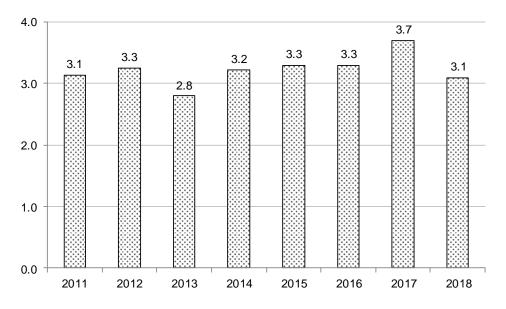
	2018		95% Confide	ence Interva
		2014-2018	Low	High
_ ·	Male	6%	5.2%	6.5%
Gender	Female	7%	6.0%	7.2%
	18-29	2%	1.8%	3.5%
	30-39	4%	2.6%	4.8%
	40-49	5%	4.1%	6.2%
Age	50-59	8%	6.6%	8.7%
-	60-69	10%	8.5%	10.8%
	70-79	10%	8.9%	11.9%
	80+	11%	9.0%	12.6%
	White, Non-Hispanic	6%	5.5%	6.4%
Race/ Ethnicity	American Indian, Non-Hispanic	10%	8.4%	12.8%
-	Hispanic	5%	2.6%	10.9%
	Less than \$35,000	10%	9.4%	11.4%
Household Income	\$35,000-\$74,999	5%	4.3%	5.8%
	\$75,000+	3%	2.2%	3.3%
	Less than High School, G.E.D.	11%	8.6%	12.8%
E de cartiere	High School, G.E.D.	7%	6.6%	8.4%
Education	Some Post-High School	6%	5.2%	6.6%
	College Graduate	3%	2.8%	3.8%
	Employed for Wages	3%	2.6%	3.6%
	Self-employed	3%	2.2%	3.9%
	Unemployed	7%	4.8%	9.7%
Employment Status	Homemaker	7%	4.9%	10.6%
	Student	3%	1.6%	6.5%
	Retired	9%	8.6%	10.5%
	Unable to Work	39%	34.9%	42.9%
	Married/Unmarried Couple	6%	5.0%	6.1%
Marital Status	Divorced/Separated	11%	9.6%	12.8%
	Widowed	11%	9.4%	12.8%
	Never Married	4%	3.2%	4.8%
Home Ownership Status	Own Home	6%	5.2%	6.2%
	Rent Home	8%	6.7%	8.9%
Children Status	Children in Household (Ages 18-44)	4%	2.9%	4.7%
	No Children in Household (Ages 18-44)	3%	1.9%	3.3%
Phone Status	Landline	8%	7.1%	8.6%
	Cell Phone	5%	4.9%	6.0%
Pregnancy Status	Pregnant (Ages 18-44)	1%	0.1%	1.9%
	Not Pregnant (Ages 18-44)	4%	3.0%	4.9%
	Minnehaha	5%	4.1%	6.3%
	Pennington	7%	6.0%	8.3%
	Lincoln	4%	2.8%	5.8%
County	Brown	7%	5.9%	9.2%
	Brookings	4%	2.8%	5.4%
	Codington	6%	4.8%	7.8%
	Meade	7%	5.2%	9.0%
	Lawrence	7%	5.4%	8.8%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

- **Gender** The prevalence of poor physical health does not seem to differ based on gender.
- Age The prevalence of poor physical health increases as age increases. This includes a significant increase as the 50s are reached.
- **Race/Ethnicity** American Indians exhibit a significantly higher prevalence of poor physical health than whites.
- **Household Income** The prevalence of poor physical health decreases as household income increases. This includes significant decreases when the \$35,000-\$74,999 and \$75,000+ household incomes are reached.
- **Education** The prevalence of poor physical health decreases as education increases. This includes significant decreases as the high school and college graduate levels are reached.
- **Employment** Those who are unable to work demonstrate a very high prevalence of poor physical health while those who are employed for wages, self-employed, or a student show a very low prevalence.
- MaritalThose who are divorced or widowed exhibit a very high prevalence of poorStatusphysical health, while those who have never been married show a very low<br/>prevalence.
- HomeThose who rent their home demonstrate a significantly higher prevalence of<br/>poor physical health than those who own their home.
- ChildrenThe prevalence of poor physical health of the adults does not seem to differStatusbased on the presence of children in the household.
- **Phone Status** Those who primarily use a landline phone show a significantly higher prevalence of poor physical health than those who primarily use a cell phone.
- PregnancyThose who are not pregnant demonstrate a significantly higher prevalence of<br/>poor physical health than those who are pregnant.
- **County** Pennington and Brown counties exhibit a very high prevalence of poor physical health, while those in Lincoln and Brookings counties show a very low prevalence.

Figure 66, below, shows the average number of days South Dakotans stated their physical health was not good for the past 30 days. For the past eight years the average number of days has remained steady.





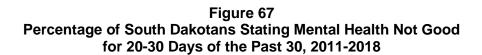
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

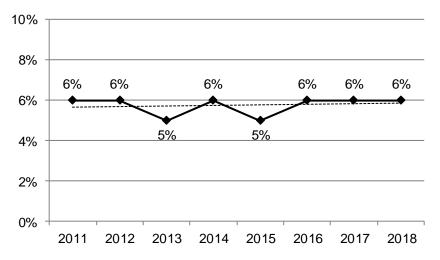
## MENTAL HEALTH NOT GOOD

Definition: South Dakotans who report their mental health was not good for 20 to 30 days of the past 30, including stress, depression, and problems with emotions.

#### Prevalence of Mental Health Not Good for 20-30 Days of the Past 30

- o South Dakota 6%
- o There is no nationwide median for poor mental health





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

South Dakotans Who	Table 54           South Dakotans Who Stated Mental Health Not Good for 20-30 Days of the Past 30, 2014-2018				
		Í	95% Confidence Interval		
		2014-2018	Low	High	
Candar	Male	5%	4.1%	5.3%	
Gender	Female	7%	6.1%	7.6%	
	18-29	7%	5.9%	8.7%	
	30-39	7%	5.5%	8.1%	
	40-49	6%	5.1%	7.6%	
Age	50-59	6%	4.7%	6.6%	
C	60-69	4%	3.6%	5.1%	
	70-79	4%	3.0%	5.3%	
	80+	4%	2.7%	5.3%	
	White, Non-Hispanic	5%	5.0%	6.0%	
Race/Ethnicity	American Indian, Non-Hispanic	8%	6.2%	9.1%	
·····,	Hispanic	6%	2.6%	12.1%	
	Less than \$35,000	10%	8.6%	10.9%	
Household Income	\$35,000-\$74,999	4%	3.8%	5.2%	
	\$75,000+	3%	2.0%	3.3%	
	Less than High School, G.E.D.	9%	7.4%	12.0%	
	High School, G.E.D.	6%	5.6%	7.4%	
Education	Some Post-High School	6%	5.1%	6.8%	
	College Graduate	3%	2.7%	3.8%	
	Employed for Wages	5%	4.2%	5.5%	
	Self-employed	4%	2.7%	4.7%	
	Unemployed	12%	8.8%	16.5%	
Employment Status	Homemaker	5%	2.9%	8.5%	
	Student	6%	3.5%	8.6%	
	Retired	4%	3.2%	4.7%	
	Unable to Work	25%	22.0%	29.1%	
	Married/Unmarried Couple	4%	3.7%	4.7%	
		10%	<u> </u>	4.7%	
Marital Status	Divorced/Separated Widowed	8%	5.9%	10.0%	
	Never Married	7%	6.1%	8.5%	
Home Ownership Status	Own Home Rent Home	4%	3.8%	4.7% 9.8%	
-		9%	7.4%		
Children Status	Children in Household (Ages 18-44)	7%	6.0%	8.4%	
	No Children in Household (Ages 18-44)	6%	5.3%	7.7%	
Phone Status	Landline	5%	4.6%	6.0%	
	Cell Phone	6%	5.4%	6.7%	
Pregnancy Status	Pregnant (Ages 18-44)	6%	2.0%	15.3%	
	Not Pregnant (Ages 18-44)	8%	7.1%	9.9%	
	Minnehaha	6%	4.7%	7.1%	
County	Pennington	7%	5.7%	8.5%	
	Lincoln	4%	3.2%	5.9%	
	Brown	5%	4.1%	7.0%	
- carry	Brookings	5%	3.8%	7.7%	
	Codington	6%	4.5%	8.1%	
	Meade	7%	5.3%	9.0%	
	Lawrence	5%	4.1%	6.9%	

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

- **Gender** Females exhibit a significantly higher prevalence of poor mental health than males.
- Age The prevalence of poor mental health decreases as age increases.
- **Race/Ethnicity** American Indians exhibit a significantly higher prevalence of poor mental health than whites.
- **Household** The prevalence of poor mental health decreases as household income increases. This includes significant decreases when the \$35,000-\$74,999 and \$75,000+ household incomes are reached.
- **Education** The prevalence of poor mental health decreases as education increases. This includes a significant decrease as the college graduate level is reached.
- **Employment** Those who are unable to work demonstrate a very high prevalence of poor mental health while those who are employed for wages, self-employed, homemakers, students, or retired show a very low prevalence.
- MaritalThose who are married exhibit a significantly lower prevalence of poorStatusmental health than all other types of marital status.
- HomeThose who rent their home demonstrate a significantly higher prevalence of<br/>poor mental health than those who own their home.
- ChildrenThe prevalence of poor mental health of the adults does not seem to change<br/>based on the presence of children in the household.
- **Phone Status** The prevalence of poor mental health does not seem to change based on phone status.
- PregnancyThe prevalence of poor mental health does not seem to change based on<br/>pregnancy status.
- **County** The prevalence of poor mental health does not seem to differ among the eight available counties.

Figure 68, below, shows the average number of days South Dakotans stated their mental health was not good for the past 30 days. For the past eight years the average number of days has remained steady.

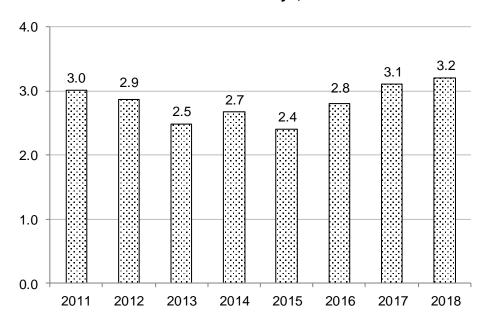


Figure 68 Average Number of Days South Dakotans' Mental Health Was Not Good in the Past 30 Days, 2011-2018

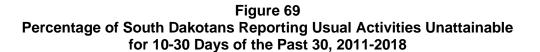
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

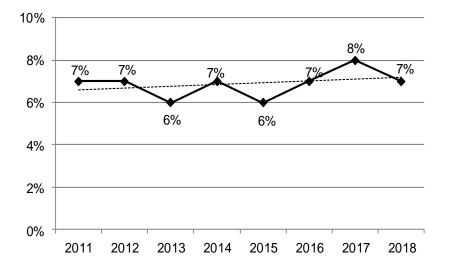
## **USUAL ACTIVITIES UNATTAINABLE**

Definition: South Dakotans who report poor physical or mental health kept them from doing their usual activities for 10 to 30 days of the past 30 days, such as self-care, work, or recreation.

#### Prevalence of Usual Activities Unattainable for 10-30 Days of the Past 30

- South Dakota 7%
- There is no national median for usual activities unattainable for 10-30 days of the past 30





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

			95% Confidence Interval		
		2014-2018	Low	High	
Gender	Male	6%	5.6%	6.9%	
Gender	Female	8%	7.3%	8.6%	
	18-29	4%	3.2%	5.4%	
	30-39	5%	3.9%	6.2%	
	40-49	7%	5.9%	8.6%	
Age	50-59	9%	7.9%	10.2%	
	60-69	10%	9.0%	11.3%	
	70-79	8%	7.2%	9.9%	
	80+	7%	6.0%	9.0%	
	White, Non-Hispanic	7%	6.2%	7.2%	
Race/Ethnicity	American Indian, Non-Hispanic	11%	9.4%	13.7%	
	Hispanic	9%	5.1%	16.0%	
	Less than \$35,000	12%	10.9%	13.1%	
Household Income	\$35,000-\$74,999	6%	4.8%	6.4%	
	\$75,000+	3%	2.3%	3.3%	
	Less than High School, G.E.D.	11%	8.9%	13.1%	
Education	High School, G.E.D.	9%	7.7%	9.6%	
Education	Some Post-High School	7%	6.0%	7.4%	
	College Graduate	4%	3.5%	4.6%	
	Employed for Wages	4%	3.2%	4.2%	
	Self-employed	4%	2.9%	4.8%	
	Unemployed	13%	9.7%	16.6%	
Employment Status	Homemaker	6%	3.8%	8.5%	
-	Student	5%	2.8%	8.4%	
	Retired	9%	7.6%	9.5%	
	Unable to Work	47%	42.4%	50.7%	
	Married/Unmarried Couple	6%	5.4%	6.5%	
Marital Status	Divorced/Separated	13%	11.6%	15.1%	
Marital Status	Widowed	10%	8.2%	12.1%	
	Never Married	6%	4.8%	6.9%	
Home Ownership Status	Own Home	6%	5.5%	6.5%	
	Rent Home	9%	8.2%	10.7%	
Children Status	Children in Household (Ages 18-44)	5%	4.3%	6.4%	
Children Status	No Children in Household (Ages 18-44)	4%	3.3%	5.2%	
Dhana Status	Landline	8%	7.4%	9.0%	
Phone Status	Cell Phone	6%	5.9%	7.1%	
Dragnanau Ctatura	Pregnant (Ages 18-44)	4%	0.9%	15.0%	
Pregnancy Status	Not Pregnant (Ages 18-44)	6%	4.8%	6.9%	
	Minnehaha	7%	5.7%	8.2%	
	Pennington	8%	6.8%	9.3%	
	Lincoln	4%	2.9%	5.5%	
Country	Brown	7%	5.7%	9.2%	
County	Brookings	6%	4.4%	7.8%	
	Codington	6%	4.7%	7.9%	
	Meade	8%	6.1%	10.1%	
	Lawrence	8%	6.1%	9.8%	

Table 55

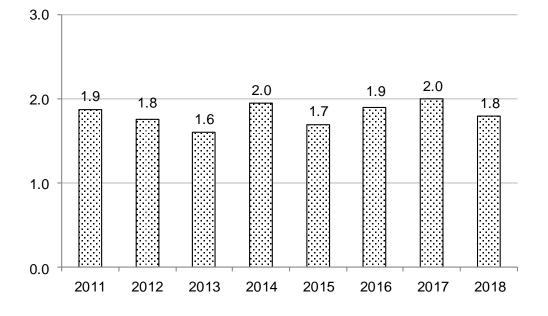
Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

Γ

- **Gender** Females exhibit a significantly higher prevalence of poor health keeping them from usual activities than males.
- Age The prevalence of poor health keeping someone from usual activities increases as age increases and peaks in the 60s. After that, it decreases as age increases.
- **Race/Ethnicity** American Indians exhibit a significantly higher prevalence of poor health keeping them from usual activities than whites.
- **Household Income** The prevalence of poor health keeping someone from usual activities decreases as household income increases. This includes significant decreases when the \$35,000-\$74,999 and \$75,000+ household income groups are reached.
- **Education** The prevalence of poor health keeping someone from usual activities decreases as education increases. This includes significant decreases as some post-high school and college graduate levels are reached.
- **Employment** Those who are unable to work demonstrate a very high prevalence of poor health keeping them from usual activities, while those who are employed for wages, self-employed, a homemaker, or a student show a very low prevalence.
- MaritalThose who are divorced or widowed exhibit a very high prevalence of poorStatushealth keeping them from usual activities, while those who are married or<br/>have never been married show a very low prevalence.
- **Home** Those who rent their home demonstrate a significantly higher prevalence of poor health keeping them from usual activities than those who own their home.
- ChildrenThe prevalence of poor health keeping adults from usual activities does notStatusseem to change based on the presence of children in the household.
- **Phone Status** Those who primarily use a landline phone exhibit a significantly higher prevalence of poor health keeping them from usual activities than those who primarily use a cell phone.
- PregnancyThe prevalence of poor health keeping them from usual activities does notStatusseem to change based on pregnancy status.
- **County** Residents of Minnehaha, Pennington, Brown, Meade, and Lawrence counties exhibit a very high prevalence of poor health keeping them from usual activities, while residents of Lincoln county show a very low prevalence.

Figure 70, below, shows the average number of days in the past 30 days where poor physical or mental health kept South Dakotans from doing their usualy activities. For the past eight years the average number of days has remained steady.





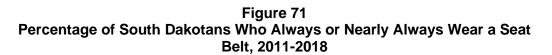
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

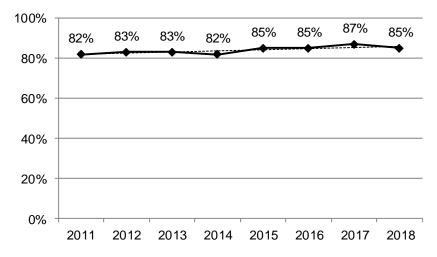
# Seat Belt Use

Definition: South Dakotans who report they "always" or "nearly always" use seat belts when driving or riding in a car.

#### Prevalence of Seat Belt Use

- South Dakota 85%
- Nationwide median 94%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

			95% Confidence Interval		
		2014-2018	Low	High	
0	Male	79%	77.3%	79.8%	
Gender	Female	91%	90.2%	91.8%	
	18-29	82%	80.4%	84.4%	
	30-39	83%	80.3%	84.5%	
	40-49	85%	82.8%	86.8%	
Age	50-59	84%	81.9%	85.3%	
-	60-69	87%	86.0%	88.7%	
	70-79	88%	86.0%	89.7%	
	80+	91%	89.3%	92.9%	
	White, Non-Hispanic	85%	84.2%	85.7%	
Race/Ethnicity	American Indian, Non-Hispanic	84%	80.5%	86.3%	
-	Hispanic	86%	77.8%	91.7%	
	Less than \$35,000	81%	79.3%	82.5%	
Household Income	\$35,000-\$74,999	84%	82.8%	85.6%	
	\$75,000+	89%	88.2%	90.6%	
	Less than High School, G.E.D.	76%	71.9%	79.0%	
Education	High School, G.E.D.	82%	80.3%	83.1%	
	Some Post-High School	85%	84.0%	86.5%	
	College Graduate	92%	90.8%	92.6%	
	Employed for Wages	85%	84.1%	86.2%	
	Self-employed	75%	72.2%	77.1%	
	Unemployed	78%	72.1%	82.6%	
Employment Status	Homemaker	91%	87.4%	94.3%	
	Student	89%	85.0%	92.5%	
	Retired	90%	89.2%	91.5%	
	Unable to Work	79%	75.7%	82.8%	
Marital Status	Married/Unmarried Couple	87%	86.0%	87.8%	
	Divorced/Separated	79%	76.7%	81.5%	
viai itai Status	Widowed	89%	87.1%	91.2%	
	Never Married	81%	78.9%	82.7%	
Home Ownership	Own Home	86%	84.8%	86.5%	
Status	Rent Home	82%	80.0%	83.5%	
Children Status	Children in Household (Ages 18-44)	83%	81.3%	84.8%	
	No Children in Household (Ages 18-44)	83%	80.7%	84.7%	
Phone Status	Landline	87%	85.8%	88.0%	
Filone Status	Cell Phone	84%	82.8%	84.7%	
	Pregnant (Ages 18-44)	86%	72.1%	93.9%	
Pregnancy Status	Not Pregnant (Ages 18-44)	90%	88.2%	91.2%	
	Minnehaha	88%	85.7%	89.3%	
	Pennington	89%	86.9%	90.2%	
	Lincoln	90%	86.8%	92.0%	
Country	Brown	81%	77.9%	83.7%	
County	Brookings	88%	84.4%	90.2%	
	Codington	80%	77.0%	82.9%	
	Meade	79%	74.4%	83.0%	
	Lawrence	86%	83.6%	88.1%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

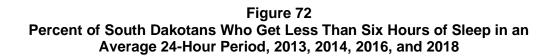
<b>Demographics</b>	
Gender	Females exhibit a significantly higher prevalence of seat belt use than males.
Age	Seat belt use generally increases as age increases with a significant increase as the 60s are reached.
Race/Ethnicity	There seems to be no racial/ethnic difference regarding seat belt use.
Household Income	Seat belt use increases as household income increases. This includes significant increases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
Education	Seat belt use increases as education levels increase. This includes significant increases at each education level.
Employment	Those who are a homemaker, a student, or retired demonstrate a very high prevalence of seat belt use, while those who are self-employed, unemployed, or unable to work show a very low prevalence.
Marital Status	Those who are married or widowed exhibit a very high prevalence of seat belt use, while those who are divorced or have never been married show a very low prevalence.
Home Ownership	Those who own their home show a significantly higher prevalence of seat belt use than those who rent their home.
Children Status	The prevalence of seat belt use does not seem to change based on the presence of children in the household.
Phone Status	Those who primarily use a landline phone demonstrate a significantly higher prevalence of seat belt use than those who primarily use a cell phone.
Pregnancy Status	There seems to be no difference in seat belt use regarding pregnancy status.
County	Minnehaha, Pennington, Lincoln, Brookings, and Lawrence counties all exhibit a very high prevalence of seat belt use, while Brown, Codington, and Meade counties all show a very low prevalence.

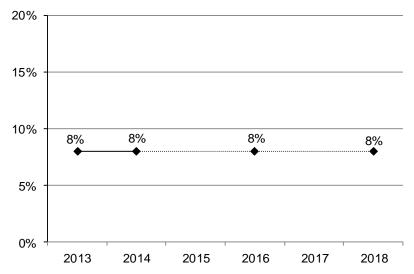
# Sleep

Definition: South Dakotans who said that they got less than six hours of sleep in an average 24-hour period.

#### **Prevalence of Inadequate Sleep**

- o South Dakota 8%
- There is no nationwide median for sleep





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013, 2014, 2016, and 2018

Table 57 South Dakotans Who Get Less Than Six Hours of Sleep in a 24-Hour Period, 2014-2018					
		· · ·	95% Confidence Interval		
		2014-2018	Low	High	
	Male	8%	7.4%	9.5%	
Gender	Female	8%	7.0%	8.9%	
	18-29	9%	6.9%	11.0%	
	30-39	9%	7.4%	11.1%	
	40-49	10%	7.7%	11.8%	
Age	50-59	9%	7.9%	11.0%	
5	60-69	6%	5.1%	7.7%	
	70-79	6%	4.4%	7.1%	
	80+	5%	3.9%	7.5%	
	White, Non-Hispanic	8%	7.2%	8.6%	
Race/Ethnicity	American Indian, Non-Hispanic	8%	6.6%	10.7%	
	Hispanic	13%	6.4%	24.2%	
	Less than \$35,000	12%	10.6%	13.9%	
Household Income	\$35,000-\$74,999	7%	6.0%	8.4%	
	\$75,000+ \$75,000+	5%	3.7%	5.6%	
	Less than High School, G.E.D.	12%	9.1%	14.9%	
	High School, G.E.D.	9%	<u>9.1%</u> 8.0%	14.9%	
Education					
	Some Post-High School	9%	7.3%	9.9%	
	College Graduate	5%	3.8%	5.4%	
	Employed for Wages	8%	7.4%	9.5%	
	Self-employed	5%	3.7%	6.3%	
	Unemployed	13%	9.2%	19.0%	
Employment Status	Homemaker	7%	4.3%	11.3%	
	Student	7%	4.1%	12.3%	
	Retired	5%	4.0%	5.7%	
	Unable to Work	24%	19.2%	28.5%	
	Married/Unmarried Couple	6%	5.7%	7.3%	
Marital Status	Divorced/Separated	14%	11.6%	16.5%	
	Widowed	9%	7.1%	12.4%	
	Never Married	9%	7.3%	11.0%	
Home Ownership Status	Own Home	7%	5.9%	7.3%	
	Rent Home	12%	10.2%	14.1%	
Children Status	Children in Household (Ages 18-44)	9%	7.6%	10.8%	
	No Children in Household (Ages 18-44)	9%	7.2%	11.1%	
Phone Status	Landline	7%	5.9%	7.7%	
Filone Status	Cell Phone	9%	8.0%	9.9%	
	Pregnant (Ages 18-44)	5%	1.8%	12.5%	
Pregnancy Status	Not Pregnant (Ages 18-44)	8%	6.4%	10.2%	
	Minnehaha	8%	6.3%	10.1%	
	Pennington	9%	6.8%	10.6%	
	Lincoln	5%	3.9%	7.1%	
	Brown	11%	8.5%	13.7%	
County	Brookings	10%	6.5%	13.8%	
	Codington	7%	5.3%	9.2%	
	Meade	8%	6.0%	11.7%	
	Lawrence	8%	6.2%	10.4%	

Note: \*Results based on sample sizes less than 100 have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

<b>Demographics</b>	
Gender	There seems to be no gender difference regarding lack of sleep.
Age	Lack of sleep seems to peak in the 40s and then decreases as age increases with a significant decrease as the 60s are reached.
Race/Ethnicity	There seems to be no significant racial/ethnic differences regarding lack of sleep.
Household Income	The prevalence of lack of sleep decreases as household income increases. This includes significant decreases when the \$35,000-\$74,999 and \$75,000+ household income levels are reached.
Education	The prevalence of lack of sleep decreases as education increases. This includes a significant decrease as the college graduate level is reached.
Employment	Those who are unable to work demonstrate a very high prevalence of lack of sleep, while those who are self-employed, a homemaker, a student, or retired show a very low prevalence.
Marital Status	Those who are divorced exhibit a very high prevalence of lack of sleep, while those who are married or have never been married show a very low prevalence.
Home Ownership	Those who rent their home show a significantly higher prevalence of lack of sleep than those who own their home.
Children Status	The prevalence of lack of sleep among adults does not seem to differ based on the presence of children in the household.
Phone Status	Those who primarily use a cell phone show a significantly higher prevalence of lack of sleep than those who primarily use a landline phone.
Pregnancy Status	The prevalence of lack of sleep does not seem to differ based on pregnancy status.
County	Brown county demonstrates a very high prevalence for lack of sleep, while Lincoln county shows a very low prevalence.

# Sunblock Use

Definition: South Dakotans who answered "always" or "nearly always" to the question: "When you are outside for more than one hour on a sunny day, how often do you wear sunblock or sunscreen with an SPF of 15 or higher?"

#### Prevalence of Sunblock Use

- South Dakota 24%
- o There is no nationwide median for sunblock use

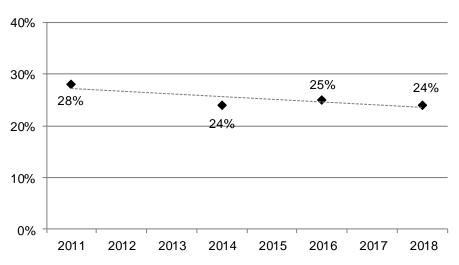


Figure 73 Percent of South Dakotans Who Use Sunblock Most of the Time, 2011, 2014, 2016, and 2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011, 2014, 2016, and 2018

Table 58 South Dakotans Who Use Sunblock Most of the Time, 2014-2018					
			95% Confidence Interval		
		2014-2018	Low	High	
Gender	Male	15%	13.3%	15.8%	
	Female	35%	33.2%	36.7%	
Age	18-29	18%	15.1%	20.6%	
	30-39	26%	23.0%	29.3%	
	40-49	29%	26.0%	32.0%	
	50-59	25%	22.4%	27.1%	
	60-69	27%	24.6%	29.3%	
	70-79	26%	23.6%	29.4%	
	80+	23%	19.5%	26.9%	
Race/Ethnicity	White, Non-Hispanic	26%	25.0%	27.4%	
	American Indian, Non-Hispanic	15%	12.1%	18.8%	
	Hispanic	19%	11.5%	29.1%	
Household Income	Less than \$35,000	19%	16.7%	20.6%	
	\$35,000-\$74,999	26%	23.6%	27.7%	
	\$75,000+	32%	29.6%	34.1%	
Education	Less than High School, G.E.D.	12%	8.7%	15.4%	
	High School, G.E.D.	20%	17.6%	21.5%	
	Some Post-High School	25%	23.3%	27.2%	
	College Graduate	35%	32.6%	36.6%	
	Employed for Wages	26%	24.0%	27.2%	
Employment Status	Self-employed	20%	17.4%	23.0%	
	Unemployed	17%	11.4%	23.9%	
	Homemaker	34%	28.1%	40.8%	
	Student	20%	14.4%	27.9%	
	Retired	26%	24.5%	28.6%	
	Unable to Work	20%	15.7%	25.0%	
Marital Status	Married/Unmarried Couple	28%	26.5%	29.4%	
	Divorced/Separated	20%	17.5%	22.9%	
	Widowed	27%	23.6%	30.7%	
	Never Married	17%	14.4%	19.3%	
Home Ownership Status	Own Home	27%	25.8%	28.4%	
	Rent Home	18%	16.0%	20.6%	
Children Status	Children in Household (Ages 18-44)	25%	22.6%	27.5%	
	No Children in Household (Ages 18-44)	21%	17.6%	23.7%	
Phone Status	Landline	26%	24.7%	28.0%	
	Cell Phone	24%	22.1%	25.0%	
Pregnancy Status	Pregnant (Ages 18-44)	21%	12.0%	34.7%	
	Not Pregnant (Ages 18-44)	34%	30.8%	37.2%	
County	Minnehaha	24%	21.6%	27.2%	
	Pennington	31%	27.9%	33.7%	
	Lincoln	35%	29.5%	41.2%	
	Brown	25%	21.3%	28.0%	
	Brookings	27%	21.9%	32.0%	
	Codington	20%	17.0%	23.3%	
	Meade	26%	21.6%	31.4%	
	Lawrence	28%	24.3%	31.0%	

Note: \*Results based on sample sizes less than 100 have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

- **Gender** Females exhibit a significantly higher prevalence of sun block use than males.
- Age There seems to be no consistent differences with sun block use as age changes.
- **Race/Ethnicity** Whites demonstrate a significantly higher prevalence of sun block use than American Indians.
- **Household** The prevalence of sun block use increases as household income increases. This includes significant increases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
- **Education** The prevalence of sun block use increases as education levels increase. This includes significant increases as each new education level is reached.
- **Employment** Those who are a homemaker or retired demonstrate a very high prevalence of sun block use, while those who are self-employed, unemployed, a student, or unable to work show a very low prevalence.
- MaritalThose who are married or widowed exhibit a very high prevalence of sun<br/>block use, while those who are divorced or have never been married show a<br/>very low prevalence.
- HomeThose who own their home show a significantly higher prevalence of sun<br/>block use than those who rent their home.
- ChildrenThere seems to be no difference in the prevalence of sun block use regarding<br/>whether children are in the household.
- **Phone Status** There seems to be no difference in the prevalence of sun block use regarding phone status.
- **County** Pennington, Lincoln, and Lawrence counties demonstrate a very high prevalence of sun block use, while Minnehaha, Brown, and Codington counties show a very low prevalence.

# Adverse Childhood Experiences

## **ONE OR MORE ADVERSE CHILDHOOD EXPERIENCES**

Definition: South Dakotans that report they have had one or more adverse childhood experiences such as: lived with anyone who was depressed, mentally ill, or suicidal, lived with anyone who was a problem drinker or an alcoholic.

#### Prevalence of One or More Adverse Childhood Experiences

- South Dakota 49%
- o There was no nationwide median for having adverse childhood experiences

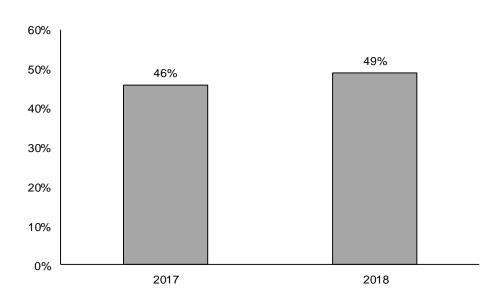


Figure 74 Percent of South Dakotans Who Had One or More Adverse Childhood Experiences, 2017-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

			Experiences, 2017-2018 95% Confidence Interval	
		2017-2018	Low	High
Condor	Male	46%	44.1%	48.8%
Gender	Female	48%	45.8%	50.3%
Age	18-29	53%	48.2%	57.2%
	30-39	55%	50.6%	59.5%
	40-49	52%	47.9%	56.8%
	50-59	44%	40.7%	47.7%
	60-69	44%	40.7%	46.9%
	70-79	35%	31.4%	38.4%
	80+	29%	24.2%	35.2%
Race/Ethnicity	White, Non-Hispanic	46%	44.4%	47.8%
	American Indian, Non-Hispanic	63%	57.6%	68.6%
	Hispanic	52%	39.4%	64.8%
Household Income	Less than \$25,000	53%	49.5%	56.1%
	\$25,000-\$74,999	48%	45.2%	51.2%
	\$75,000+	44%	41.0%	47.1%
Education	Less than High School, G.E.D.	58%	51.3%	64.9%
	High School, G.E.D.	48%	45.0%	51.1%
	Some Post-High School	48%	45.4%	51.1%
	College Graduate	41%	38.5%	43.6%
	Employed for Wages	50%	48.1%	52.9%
Employment Status	Self-employed	43%	38.0%	47.3%
	Unemployed	62%	52.9%	70.3%
	Homemaker	52%	43.6%	60.9%
	Student	46%	37.1%	55.8%
	Retired	37%	33.9%	39.4%
	Unable to Work	56%	49.6%	63.1%
	Married/Unmarried Couple	45%	42.9%	47.0%
Marital Status	Divorced/Separated	54%	49.7%	58.8%
	Widowed	37%	32.4%	41.3%
	Never Married	53%	48.7%	56.9%
Home Ownership Status	Own Home	44%	42.6%	46.3%
	Rent Home	55%	50.8%	58.2%
Children Status	Children in Household (Ages 18-44)	55%	51.7%	59.2%
	No Children in Household (Ages 18-44)	52%	47.4%	56.4%
Phone Status Pregnancy Status	Landline	43%	40.4%	45.3%
	Cell Phone	49%	46.8%	45.3% 51.0%
	Pregnant (Ages 18-44)	*	*	*
	Not Pregnant (Ages 18-44)	56%	51.7%	60.3%
County	Minnehaha	48%	44.3%	52.6%
	Pennington	48% 51%	<u> </u>	52.6% 55.5%
	Lincoln	56%	47.1%	64.5%
	Brown	52%	46.1%	57.4%
	Brookings	51%	42.4%	58.8%
	Codington	49%	42.9%	55.0%
	Meade Lawrence	57%	47.0%	66.0%

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

#### **Demographics**

- **Gender** The prevalence of having faced at least one adverse childhood experience does not seem to differ by gender.
- Age The prevalence of having faced at least one adverse childhood experience generally decreases as adult age increases.
- **Race/Ethnicity** American Indians demonstrate a very high prevalence of having faced at least one adverse childhood experience, while whites show a very low prevalence.
- **Household** The prevalence of having faced at least one adverse childhood experience decreases as adult household income increases.
- **Education** The prevalence of having faced at least one adverse childhood experience decreases as their adult education levels increase.
- **Employment** Those who are employed for wages, unemployed, a homemaker, or unable to work demonstrate a very high prevalence of having faced at least one adverse childhood experience, while those who are self-employed or retired show a very low prevalence.
- MaritalThose who have never been married or are divorced exhibit a very high<br/>prevalence of having faced at least one adverse childhood experience, while<br/>those who are widowed show a very low prevalence.
- **Home** Those who rent their home demonstrate a significantly higher prevalence of having faced at least one adverse childhood experience than those who own their home.
- ChildrenThe prevalence of having faced at least one adverse childhood experienceStatusdoes not seem to differ based on the presence of children in the household.
- **Phone Status** Those who primarily use a cell phone exhibit a significantly higher prevalence of having faced at least one adverse childhood experience than those who primarily use a landline phone.
- **County** There seems to be no difference among the seven counties with enough sample size to analyze with regard to having faced at least one adverse childhood experience.

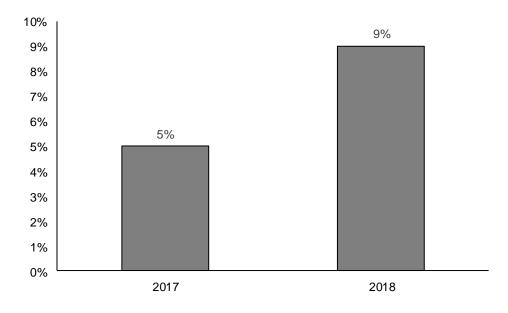
#### FIVE OR MORE ADVERSE CHILDHOOD EXPERIENCES

Definition: South Dakotans that report they have had five or more adverse childhood experiences such as: lived with anyone who was depressed, mentally ill, or suicidal, lived with anyone who was a problem drinker or an alcoholic.

#### Prevalence of Five or More Adverse Childhood Experiences

- o South Dakota 9%
- o There was no nationwide median for having adverse childhood experiences

Figure 75 Percent of South Dakotans Who Had Five or More Adverse Childhood Experiences, 2017-2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

			95% Confide	ence Interval
		2017-2018	Low	High
Gender	Male	6%	4.7%	6.8%
Gender	Female	11%	9.5%	12.7%
	18-29	12%	9.2%	14.9%
	30-39	14%	11.2%	17.6%
	40-49	8%	6.4%	10.9%
Age	50-59	7%	5.6%	9.3%
-	60-69	5%	4.0%	6.7%
	70-79	1%	0.9%	2.3%
	80+	1%	0.4%	3.6%
	White, Non-Hispanic	7%	6.2%	8.2%
Race/Ethnicity	American Indian, Non-Hispanic	20%	15.6%	25.3%
•	Hispanic	18%	11.4%	27.9%
	Less than \$25,000	13%	10.9%	15.3%
Household Income	\$25,000-\$74,999	7%	5.9%	9.3%
	\$75,000+	5%	4.0%	6.9%
	Less than High School, G.E.D.	14%	9.4%	19.4%
<b></b>	High School, G.E.D.	8%	6.4%	9.7%
Education	Some Post-High School	9%	7.4%	10.9%
	College Graduate	6%	4.9%	7.4%
	Employed for Wages	9%	8.1%	11.1%
	Self-employed	7%	4.4%	9.6%
	Unemployed	16%	10.3%	25.2%
Employment Status	Homemaker	9%	5.6%	15.6%
· · · · · · · · · · · · · · · · · · ·	Student	8%	4.7%	13.2%
	Retired	3%	1.9%	3.7%
	Unable to Work	18%	13.7%	23.5%
	Married/Unmarried Couple	7%	6.2%	8.8%
	Divorced/Separated	11%	9.0%	14.4%
Marital Status	Widowed	4%	2.7%	6.6%
	Never Married	11%	8.5%	12.9%
Home Ownership	Own Home	7%	5.9%	8.0%
Status	Rent Home	13%	10.4%	15.1%
	Children in Household (Ages 18-44)	13%	10.3%	15.5%
Children Status	No Children in Household (Ages 18-44)	12%	9.2%	14.8%
	Landline	5%	4.3%	6.6%
Phone Status	Cell Phone	9%	8.3%	10.8%
_	Pregnant (Ages 18-44)	*	*	*
Pregnancy Status	Not Pregnant (Ages 18-44)	17%	13.6%	20.1%
County	Minnehaha	8%	6.4%	11.0%
	Pennington	10%	7.4%	12.6%
	Lincoln	14%	7.9%	22.6%
	Brown	14%	9.8%	19.8%
	Brookings	14 %	6.2%	19.8 %
	Codington	7%	4.0%	11.1%
	Meade	17%	8.7%	29.5%
	Lawrence	11/0	0.1 /0	29.0 /0

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

#### **Demographics**

- **Gender** Females exhibit a significantly higher prevalence of having faced at least five adverse childhood experiences than males.
- Age The prevalence of having faced at least five adverse childhood experiences generally decreases as adult age increases.
- **Race/Ethnicity** American Indians and Hispanics demonstrate a significantly higher prevalence of having faced at least five adverse childhood experiences than whites.
- **Household** The prevalence of having faced at least five adverse childhood experiences decreases as adult household income increases. This includes a significant decrease as the \$35,000-\$74,999 income group is reached.
- **Education** The prevalence of having faced at least five adverse childhood experiences does not seem to change as adult education levels change.
- **Employment** Those who are unemployed, a homemaker, or unable to work demonstrate a very high prevalence of having faced at least five adverse childhood experiences, while those who are retired show a very low prevalence.
- MaritalThose who have never been married or are divorced exhibit a significantly<br/>higher prevalence of having faced at least five adverse childhood experiences<br/>than those who are married or widowed.
- **Home** Those who rent their home show a significantly higher prevalence of having faced at least five adverse childhood experiences than those who own their home.
- ChildrenThe prevalence of having faced at least five adverse childhood experiencesStatusdoes not seem to differ based on the presence of children in the household.
- **Phone Status** Those who primarily use a cell phone demonstrate a significantly higher prevalence of having faced at least five adverse childhood experiences than those who primarily use a landline phone.
- **County** There seems to be no difference among the seven counties with enough sample size to analyze with regard to having faced at least five adverse childhood experiences.

## **Hearing Difficulty**

Definition: South Dakotans that answered yes to the question: "Are you deaf or do you have serious difficulty hearing?"

#### **Prevalence of Hearing Difficulty**

- o South Dakota 8%
- Nationwide median 7%

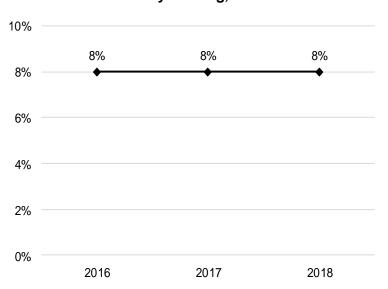


Figure 76 Percentage of South Dakotans Who are Deaf or Have Serious Difficulty Hearing, 2016-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

South Dake	Table 61 otans Who Are Deaf or Have Seric	ous Difficulty	Hearing, 201	6-2018
			95% Confide	ence Interva
		2016-2018	Low	High
<b>A</b>	Male	10%	9.2%	11.3%
Gender	Female	5%	4.6%	5.9%
	18-29	2%	1.5%	4.0%
	30-39	3%	2.1%	4.3%
	40-49	4%	2.9%	5.4%
Age	50-59	7%	5.6%	8.4%
	60-69	10%	8.5%	11.4%
	70-79	19%	16.0%	21.5%
	80+	29%	25.1%	33.1%
	White	8%	6.9%	8.2%
Race/Ethnicity	American Indian, Non-Hispanic	10%	7.7%	12.4%
	Hispanic	7%	3.3%	13.9%
	Less than \$35,000	10%	8.3%	10.9%
Household	\$35,000-\$74,999	7%	6.2%	8.3%
Income				
	\$75,000+	5%	3.8%	5.4%
Education	Less than High School, G.E.D.	11%	8.5%	14.9%
	High School, G.E.D.	9%	8.2%	10.6%
	Some Post-High School	7%	6.1%	8.0%
	College Graduate	5%	4.5%	6.0%
Employment Status	Employed for Wages	4%	3.6%	5.0%
	Self-employed	6%	4.6%	7.4%
	Unemployed	5%	3.4%	8.2%
	Homemaker	7%	4.8%	10.9%
	Student	1%	0.2%	1.8%
	Retired	18%	16.4%	20.0%
	Unable to Work	17%	13.4%	21.8%
	Married/Unmarried Couple	7%	6.6%	8.2%
Marital Status	Divorced/Separated	9%	7.5%	11.5%
iviaritai Status	Widowed	21%	18.2%	24.6%
	Never Married	3%	2.5%	4.5%
Home Ownership	Own Home	8%	7.6%	9.1%
Status	Rent Home	6%	5.2%	7.7%
	Children in Household (Ages 18-44)	3%	2.1%	4.2%
Children Status	No Children in Household (Ages 18-44)	2%	1.6%	3.8%
	Landline	12%	10.3%	12.9%
Phone Status	Cell Phone	6%	5.6%	7.0%
	Pregnant (Ages 18-44)	3%	0.4%	14.9%
Pregnancy Status	Not Pregnant (Ages 18-44)	1%	0.4%	2.4%
County	Minnehaha			
		6% 10%	4.9% 7.9%	7.8% 11.6%
	Pennington	3%		6.7%
	Lincoln		1.8%	
	Brown	10%	7.1%	13.7%
-	Brookings	4%	2.9%	5.8%
	Codington	12%	8.9%	15.7%
	Meade	8%	5.0%	11.4%
	Lawrence	6%	4.6%	8.7%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2018

<b>Demographics</b>	
Gender	Males exhibit a significantly higher prevalence of hearing difficulty than females.
Age	The prevalence of hearing difficulty increases as age increases. This includes significant increases when people reach their 50s, 60s, 70s, and 80s.
Race/Ethnicity	There seems to be no racial/ethnic difference regarding hearing difficulty.
Household Income	The prevalence of hearing difficulty decreases as household income increases. This includes a significant decrease as the \$75,000+ household income group is reached.
Education	The prevalence of hearing difficulty decreases as education increases. This includes significant decreases as some post-high school and college graduate levels are reached.
Employment	Those who are retired or unable to work demonstrate a very high prevalence of hearing difficulty while those who are a student show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of hearing difficulty, while those who have never been married show a very low prevalence.
Home Ownership	The prevalence of hearing difficulty does not seem to change based on home ownership status.
Children Status	The prevalence of hearing difficulty does not seem to change based on the presence of children in the household.
Phone Status	Those who primarily use a landline phone show a significantly higher prevalence of hearing difficulty than those who primarily use a cell phone.
County	Pennington, Brown, and Codington counties exhibit a very high prevalence of hearing difficulty, while those in Minnehaha, Lincoln, and Brookings counties show a very low prevalence.

# HIV/AIDS

Definition: South Dakotans, ages 18-64, that report they have had an HIV test.

#### **Prevalence of HIV Test**

- South Dakota 27%
- Nationwide median 38%

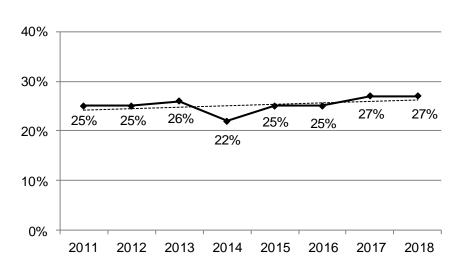


Figure 77 Percentage of South Dakotans, Ages 18-64, Who Have Been Tested for HIV, 2011-2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2018

Male         2014-2018           Gender         Male         24%         22.5%           Female         27%         25.7%           30-39         42%         39.1%           40-49         37%         34.2%           60-69         15%         13.3%           70-79         7%         6.3%           80+         37%         1.9%           Mhite, Non-Hispanic         22%         21.5%           American Indian, Non-Hispanic         50%         46.0%           Household Income         355,000         30%         27.9%           ¥55,000-\$74,999         25%         23.5%         23.5%           Education         \$35,000-\$74,999         25%         23.1%           Less than S35,000         30%         27.9%         23.5%           Some Post-High School         28%         26.1%         20.3%           College Graduate         27%         25.9%         28.3%           Employed for Wages         30%         27.6%         23.3%           Unemployed         43%         37.3%         36.3%           Marital Status         Married/Umarried Couple         23%         22.3%           Married/Umarried	South Da	kotans, Ages 18-64, Who Have Be	en Tested fo	-	
Gender         Male         24%         22.5%           Female         27%         25.7%           30-39         42%         39.1%           40-49         37%         34.2%           50-59         23%         21.0%           60-69         15%         13.3%           70-79         7%         6.3%           80+         3%         1.9%           White, Non-Hispanic         22%         21.5%           American Indian, Non-Hispanic         50%         46.0%           Hispanic         39%         31.1%           Less than \$35,000         30%         27.9%           \$35,000-\$74,999         25%         23.5%           \$75,000+         25%         23.1%           Less than High School, G.E.D.         23%         19.6%           High School, G.E.D.         22%         20.3%           College Graduate         27%         25.9%           Employment Status         Employed for Wages         30%         36.1%           Unemployed         43%         37.3%         19.6%           Homemaker         33%         22.6%         20.3%           Student         17%         13.4% <t< th=""><th></th><th></th><th></th><th>95% Confide</th><th>nce Interva</th></t<>				95% Confide	nce Interva
Gender         Female         27%         25.7%           Age         18-29         29%         26.2%           30-39         42%         33.1%           40-49         37%         34.2%           50-59         23%         21.0%           60-69         15%         13.3%           70-79         7%         6.3%           80+         3%         1.9%           American Indian, Non-Hispanic         50%         46.0%           Hispanic         39%         31.1%           Household Income         \$35,000-\$74,999         25%         23.5%           \$35,000-\$74,999         25%         23.5%         23.5%           \$35,000-\$74,999         25%         23.5%         23.5%           \$35,000-\$74,999         25%         23.5%         23.5%           Some Post-High School         28%         26.1%         College Graduate         27%         20.3%           Education         Homeologe Graduate         27%         23.3%         27.6%         23.3%           Ethemployed         21%         18.4%         Unemployed         43%         27.6%           Marital Status         Divorced/Separated         39%         36.3			2014-2018	Low	High
Female         27%         25.7%           30-39         42%         39.1%           40-49         37%         34.2%           50-59         23%         21.0%           60-69         15%         13.3%           70-79         7%         6.3%           80+         3%         1.9%           White, Non-Hispanic         22%         21.5%           American Indian, Non-Hispanic         50%         46.0%           Hispanic         39%         31.1%           Less than \$35,000         30%         27.9%           \$35,000-\$74,999         25%         23.5%           \$35,000-\$74,999         25%         23.5%           Some Post-High School, G.E.D.         23%         19.6%           High School, G.E.D.         22%         20.3%           Some Post-High School         28%         26.1%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Unemployed         23%         22.3%           Widowed         8%         7.0%           Narital Status         Married/Unmarried Couple         23% </td <td>Condor</td> <td>Male</td> <td>24%</td> <td>22.5%</td> <td>25.0%</td>	Condor	Male	24%	22.5%	25.0%
30-39         42%         39.1%           40-49         37%         34.2%           50-59         23%         21.0%           60-69         15%         13.3%           70-79         7%         6.3%           80+         3%         1.9%           Mine, Non-Hispanic         22%         21.5%           American Indian, Non-Hispanic         50%         46.0%           Hispanic         39%         31.1%           Less than \$35,000         30%         27.9%           \$35,000-\$74,999         25%         23.5%           \$75,000+         25%         23.1%           Less than High School, G.E.D.         23%         19.6%           Kone Post-High School         28%         26.1%           College Graduate         27%         25.9%           Employed for Wages         30%         28.3%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Widowed         8%         7.0%           Maried/Unmarried Couple         23%         22.3%           Student         17%         13.4% <td>Gender</td> <td>Female</td> <td>27%</td> <td>25.7%</td> <td>28.3%</td>	Gender	Female	27%	25.7%	28.3%
Age         40-49         37%         34.2%           50-59         23%         21.0%           60-69         15%         13.3%           70-79         7%         6.3%           80+         3%         1.9%           Race/Ethnicity         Minite, Non-Hispanic         22%         21.5%           American Indian, Non-Hispanic         50%         46.0%           Household Income         \$35,000         30%         27.9%           \$35,000-\$74,999         25%         23.5%           \$75,000+         25%         23.1%           Some Post-High School, G.E.D.         23%         19.6%           High School, G.E.D.         22%         20.3%           College Graduate         27%         25.9%           Employed for Wages         30%         28.3%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Marital Status         Own Home         22% <td< td=""><td></td><td>18-29</td><td>29%</td><td>26.2%</td><td>31.2%</td></td<>		18-29	29%	26.2%	31.2%
Age         50-59         23%         21.0%           60-69         15%         13.3%           70-79         7%         6.3%           80+         3%         1.9%           Race/Ethnicity         White, Non-Hispanic         22%         21.5%           American Indian, Non-Hispanic         50%         46.0%           Hispanic         39%         31.1%           Household Income         \$35,000         30%         27.9%           \$35,000-\$74,999         25%         23.5%           \$75,000+         25%         23.1%           Some Post-High School         28%         26.1%           College Graduate         27%         25.9%           College Graduate         27%         25.9%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Unemployed         43%         37.3%           Unable to Work         40%         36.0%           Widowed         3%         7.0%           Marital Status         Children in Household (Ages 18-44)         40%         36.3%           Widowed         35%		30-39	42%	39.1%	44.5%
60-69         15%         13.3%           70-79         7%         6.3%           80+         3%         1.9%           Race/Ethnicity         American Indian, Non-Hispanic         22%         21.5%           American Indian, Non-Hispanic         50%         46.0%           Hispanic         33%         31.1%           Less than \$35,000         30%         27.9%           \$35,000-\$74,999         25%         23.5%           \$75,000+         25%         23.1%           High School, G.E.D.         23%         19.6%           Some Post-High School         28%         26.1%           College Graduate         27%         25.9%           Some Post-High School         28%         28.3%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Nunable to Work         40%         36.3%           Unable to Work         40%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Divorced/Separated         39%         36.3%           W		40-49	37%	34.2%	39.4%
70-79         7%         6.3%           80+         3%         1.9%           Race/Ethnicity         White, Non-Hispanic         22%         21.5%           American Indian, Non-Hispanic         50%         46.0%           Hispanic         39%         31.1%           Less than \$35,000         30%         27.9%           \$35,000-\$74,999         25%         23.5%           \$75,000+         25%         23.1%           Less than High School, G.E.D.         23%         19.6%           High School, G.E.D.         22%         20.3%           Some Post-High School         23%         28.3%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%	Age	50-59	23%	21.0%	24.5%
80+         3%         1.9%           Race/Ethnicity         White, Non-Hispanic         22%         21.5%           American Indian, Non-Hispanic         50%         46.0%           Hispanic         39%         31.1%           Household Income         Less than \$35,000         30%         27.9%           \$35,000-\$74,999         25%         23.5%         23.1%           Less than S35,000+         25%         23.1%           Education         Less than High School, G.E.D.         23%         19.6%           High School, G.E.D.         23%         20.3%         Some Post-High School         28%         26.1%           College Graduate         27%         25.9%         25.9%         25.9%         25.9%         25.9%         25.9%         25.9%         25.9%         25.9%         25.9%         25.9%         26.1%         18.4%         Unemployed         43%         37.3%         27.6%         33%         27.6%         33%         27.6%         33%         27.6%         33%         22.3%         20.9%         26.4%         0%         36.0%         Maried/Unmarried Couple         23%         22.3%         22.3%         22.3%         20.9%         26.4%         0%         36.3%         32.2%<		60-69	15%	13.3%	16.0%
White, Non-Hispanic         22%         21.5%           American Indian, Non-Hispanic         50%         46.0%           Hispanic         39%         31.1%           Household Income         \$35,000-\$74,999         25%         23.5%           \$\$75,000+         25%         23.1%           Education         \$\$75,000+         25%         23.1%           High School, G.E.D.         23%         19.6%           Some Post-High School         28%         26.1%           College Graduate         27%         25.9%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Unemployed         43%         37.3%           Marital Status         Married/Unmarried Couple         23%         22.3%           Divorced/Separated         9%         8.3%         0.0%           Marital Status         Married/Unmarried Couple         23%         22.3%           Midowed         8%         7.0%         33.2%           Ketired         9%         8.3%         3.2%           Maried/Unmarried		70-79		6.3%	8.8%
Race/Ethnicity         American Indian, Non-Hispanic         50%         46.0%           Hispanic         39%         31.1%           Household Income         Less than \$35,000         30%         27.9%           \$\$5,000-\$74,999         25%         23.5%         \$35,000-\$74,999         25%         23.5%           Education         Less than High School, G.E.D.         23%         19.6%         High School, G.E.D.         22%         20.3%           Education         High School, G.E.D.         28%         26.1%         College Graduate         27%         25.9%           Employed for Wages         30%         28.3%         Self-employed         43%         37.3%           Homemaker         33%         27.6%         Student         17%         13.4%           Homemaker         33%         27.6%         Student         17%         13.4%           Marital Status         Married/Unmarried Couple         23%         22.3%         Self-employed         46.9%         36.9%           Marital Status         Married/Unmarried Couple         23%         22.3%         Self-employed         23%         22.3%           Divorced/Separated         39%         36.39%         Widowed         8%         7.0%		80+	3%	1.9%	4.1%
Hispanic         39%         31.1%           Household Income         Less than \$35,000         30%         27.9%           \$35,000-\$74,999         25%         23.5%           \$75,000+         25%         23.1%           Less than High School, G.E.D.         23%         19.6%           High School, G.E.D.         23%         20.3%           Some Post-High School         28%         26.1%           College Graduate         27%         25.9%           Employed for Wages         30%         28.3%           Self-employed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Unable to Work         40%         36.3%           Widowed         39%         36.3%           Widowed         39%         36.3%           Widowed         39%         32.2%           Children in Household (Ages 18-44)         40%         37.4%           Not Pregnant (Ages 18-44)         40%         37.4%		White, Non-Hispanic	22%	21.5%	23.3%
Household Income         Less than \$35,000         30%         27.9%           \$35,000-\$74,999         25%         23.5%         \$75,00+         25%         23.1%           Education         Less than High School, G.E.D.         22%         20.3%         19.6%           High School, G.E.D.         22%         20.3%         26.1%         20.3%         26.3%         26.1%         20.3%         26.3%         26.3%         26.4%         21.1%         18.4%         11.4%         21.1%         18.4%         21.1%         18.4%         22.3%         22.3%         22.3%         22.3%         22.3%         22.3%         22.3%         22.3%	Race/Ethnicity		50%	46.0%	53.4%
Household Income         \$35,000-\$74,999         25%         23.5%           Formation         \$75,000+         25%         23.1%           Education         Less than High School, G.E.D.         23%         19.6%           High School, G.E.D.         22%         20.3%           Some Post-High School         22%         20.3%           College Graduate         27%         25.9%           Employed for Wages         30%         28.3%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Own Home         22%         20.9%           Status         Rent Home         35%         33.2%           Children in Household (Ages 18-44)         40%         37.4%	-	Hispanic	39%	31.1%	48.0%
Household Income         \$35,000-\$74,999         25%         23.5%           Formation         \$75,000+         25%         23.1%           Education         Less than High School, G.E.D.         23%         19.6%           High School, G.E.D.         22%         20.3%           Some Post-High School         22%         20.3%           College Graduate         27%         25.9%           Employed for Wages         30%         28.3%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Own Home         22%         20.9%           Status         Rent Home         35%         33.2%           Children in Household (Ages 18-44)         40%         37.4%		Less than \$35,000	30%	27.9%	31.6%
\$75,000+         25%         23.1%           Education         Less than High School, G.E.D.         23%         19.6%           High School, G.E.D.         22%         20.3%           Some Post-High School         28%         26.1%           College Graduate         27%         25.9%           Employed for Wages         30%         28.3%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Children status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         40%         37.4%         32.2%           Pregnancy Status         Cell Phone         29%         28.2%         29.2%           Pregnant (Ages 18-44)	Household Income		25%	23.5%	26.7%
Education         Less than High School, G.E.D.         23%         19.6%           High School, G.E.D.         22%         20.3%           Some Post-High School         28%         26.1%           College Graduate         27%         25.9%           Employed for Wages         30%         28.3%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Home Ownership         Own Home         22%         20.9%           Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         40%         37.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%			25%	23.1%	26.4%
Education         High School, G.E.D.         22%         20.3%           Some Post-High School         28%         26.1%           College Graduate         27%         25.9%           Employde for Wages         30%         28.3%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Waried/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Home Ownership         Own Home         22%         20.9%           Status         Children in Household (Ages 18-44)         40%         37.4%           Children in Household (Ages 18-44)         40%         32.8%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%         29.2%           Pregnancy Status         Pregnant (Ages 18-44)			23%	19.6%	26.4%
Education         Some Post-High School         28%         26.1%           College Graduate         27%         25.9%           Employed for Wages         30%         28.3%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Marital Status         Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%         Widowed         8%         7.0%           Never Married         29%         26.4%         Own Home         22%         20.9%         26.4%           Children Status         Rent Home         35%         33.2%         27.4%         33.2%         27.4%         26.4%         29%         26.4%         26.4%         26.4%         26.4%         29%         26.4%         26.4%         26.4%         27.4%         26.4%         27.4%         28%         27.4%         27.4%         28%         27.4%         28%         27.4%         28%         27.4%         <	Education				23.5%
College Graduate         27%         25.9%           Employed for Wages         30%         28.3%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Own Home         22%         20.9%           Status         Rent Home         35%         33.2%           Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Pregnant (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         40%         37.4%           Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%					29.4%
Employment Status         Employed for Wages         30%         28.3%           Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Marital Status         Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%         Widowed         8%         7.0%           Never Married         29%         26.4%         Nover Married         29%         26.4%           Home Ownership         Own Home         22%         20.9%         26.4%           Kiddren in Household (Ages 18-44)         40%         37.4%         No Children in Household (Ages 18-44)         40%         37.4%           Phone Status         Children in Household (Ages 18-44)         40%         37.4%         16.2%           Cell Phone         29%         28.2%         25.2%         Pennington         28%         25.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%         Not Pregnant (Ages 18-44)         41					28.9%
Employment Status         Self-employed         21%         18.4%           Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Marital Status         Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%         0%           Widowed         8%         7.0%         Never Married         29%         26.4%           Home Ownership         Own Home         22%         20.9%         26.4%           Nover Married         29%         26.4%         33.2%           Children Status         Own Home         35%         33.2%           Children In Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         40%         27.4%           Phone Status         Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%			1		31.0%
Employment Status         Unemployed         43%         37.3%           Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Home Ownership         Own Home         22%         20.9%           Status         Rent Home         35%         33.2%           Children Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%         20.2%           Lincoln         26%         21.7%         18.2% </td <td></td> <td></td> <td></td> <td>23.1%</td>					23.1%
Employment Status         Homemaker         33%         27.6%           Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Home Ownership         Own Home         22%         20.9%           Status         Rent Home         35%         33.2%           Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         40%         37.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Browings         21%         18.2% <td></td> <td></td> <td></td> <td></td> <td>48.7%</td>					48.7%
Student         17%         13.4%           Retired         9%         8.3%           Unable to Work         40%         36.0%           Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Home Ownership         Own Home         22%         20.9%           Status         Rent Home         35%         33.2%           Children Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         40%         37.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Browings         17%         13.6%	Employment Status				38.1%
Retired         9%         8.3%           Unable to Work         40%         36.0%           Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Home Ownership         Own Home         22%         20.9%           Status         Own Home         35%         33.2%           Children Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%					21.3%
Unable to Work         40%         36.0%           Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Home Ownership Status         Own Home         22%         20.9%           Rent Home         35%         33.2%           Children Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%					10.3%
Marital Status         Married/Unmarried Couple         23%         22.3%           Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Home Ownership Status         Own Home         22%         20.9%           Rent Home         35%         33.2%           Children Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%					44.6%
Divorced/Separated         39%         36.3%           Widowed         8%         7.0%           Never Married         29%         26.4%           Home Ownership Status         Own Home         22%         20.9%           Rent Home         35%         33.2%           Children Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%					24.5%
Widowed         8%         7.0%           Never Married         29%         26.4%           Home Ownership Status         Own Home         22%         20.9%           Children Status         Rent Home         35%         33.2%           Children Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%					42.0%
Never Married         29%         26.4%           Home Ownership Status         Own Home         22%         20.9%           Rent Home         35%         33.2%           Children Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%	Marital Status				10.2%
Home Ownership Status         Own Home         22%         20.9%           Rent Home         35%         33.2%           Children Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%					30.9%
Status         Rent Home         35%         33.2%           Children Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%	Home Ownership				22.9%
Children Status         Children in Household (Ages 18-44)         40%         37.4%           No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Landline         17%         16.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%					37.6%
Children Status         No Children in Household (Ages 18-44)         30%         27.4%           Phone Status         Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%	otatus				41.8%
Landline         17%         16.2%           Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%	Children Status				32.4%
Prone Status         Cell Phone         29%         28.2%           Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%		·			
Pregnancy Status         Pregnant (Ages 18-44)         66%         53.8%           Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%	Phone Status				18.4% 30.6%
Mot Pregnancy Status         Not Pregnant (Ages 18-44)         41%         38.4%           Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%					
Minnehaha         28%         25.2%           Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%	Pregnancy Status				76.9%
Pennington         32%         29.2%           Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%					43.4%
Lincoln         26%         21.7%           Brown         21%         18.2%           Brookings         17%         13.6%					30.0%
Brown         21%         18.2%           Brookings         17%         13.6%		0			34.1%
Brookings 17% 13.6%					29.8%
Brookings 17% 13.6%					24.1%
					19.9%
Codington 20% 17.4%					23.7%
Meade         28%         23.7%           Lawrence         22%         19.5%					32.0% 25.2%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

#### **Demographics**

- **Gender** Females exhibit a significantly higher prevalence of HIV testing than males.
- Age HIV testing peaks with those in their 30s and then decreases as age increases with significant decreases as the 50s, 60s, 70s, and 80s are reached.
- **Race/Ethnicity** American Indians and Hispanics exhibit a significantly higher prevalence of HIV testing than whites.
- HouseholdThe prevalence of HIV testing does not seem to change as household income<br/>changes.
- **Education** There seems to be no difference in the prevalence of HIV testing regarding changing education levels.
- **Employment** Those who are unemployed, a homemaker, or unable to work demonstrate a very high prevalence of HIV testing, while those who are retired show a very low prevalence.
- MaritalThose who are divorced exhibit a very high prevalence of HIV testing, whileStatusthose who are widowed show a very low prevalence.
- HomeThose who rent their home demonstrate a significantly higher prevalence ofOwnershipHIV testing than those who own their home.
- ChildrenThose who have children in the household demonstrate a significantly higherStatusprevalence of HIV testing than those who do not have children.
- **Phone Status** Those who primarily use a cell phone demonstrate a significantly higher prevalence of HIV testing than those who primarily use a landline.
- PregnancyThose who are pregnant exhibit a significantly higher prevalence of HIVStatustesting than those who are not pregnant.
- **County** Minnehaha, Pennington, Lincoln, and Meade counties exhibit a very high prevalence of HIV testing, while Brown, Brookings, Codington, and Lawrence counties all show a very low prevalence.

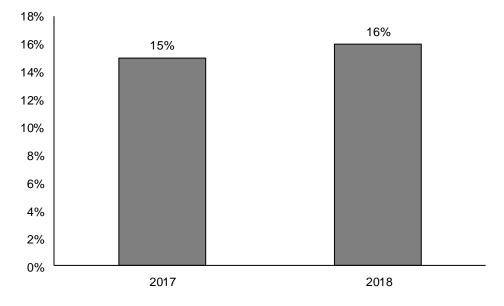
# **Prescription Pain Medication**

# Definition: South Dakotans that have taken prescription pain medication in the past twelve months.

#### **Prevalence of Prescription Pain Medication**

- o South Dakota 16%
- There is no nationwide median for prescription pain medication





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

			95% Confide	nce Interval
		2017-2018	Low	High
<b>.</b> .	Male	14%	12.7%	16.0%
Gender	Female	16%	14.7%	17.9%
	18-29	13%	9.7%	16.1%
	30-39	13%	10.3%	16.0%
	40-49	15%	12.0%	18.3%
Age	50-59	19%	16.1%	21.9%
5	60-69	18%	15.9%	20.7%
	70-79	16%	13.4%	19.0%
	80+	12%	8.4%	15.8%
	White, Non-Hispanic	15%	14.1%	16.5%
Race/ Ethnicity	American Indian, Non-Hispanic	16%	13.0%	20.1%
- •	Hispanic	18%	10.1%	29.4%
	Less than \$35,000	18%	15.9%	20.8%
Household Income	\$35,000-\$74,999	14%	12.4%	16.1%
	\$75,000+	14%	12.4%	16.8%
	Less than High School, G.E.D.	14%	9.8%	19.3%
	High School, G.E.D.	15%	13.0%	17.1%
Education	Some Post-High School	16%	13.8%	17.9%
	College Graduate	16%	13.7%	17.5%
	Employed for Wages	14%	12.8%	16.1%
	Self-employed	11%	8.4%	14.1%
	Unemployed	21%	15.1%	29.7%
Employment Status	Homemaker	14%	9.4%	20.0%
	Student	15%	9.2%	24.9%
	Retired	15%	12.9%	16.8%
	Unable to Work	35%	29.0%	42.3%
	Married/Unmarried Couple	15%	13.7%	16.7%
	Divorced/Separated	19%	16.0%	23.1%
Marital Status	Widowed	18%	14.1%	21.5%
	Never Married	13%	10.5%	15.9%
Home Ownership	Own Home	15%	14.0%	16.7%
Status	Rent Home	15%	13.1%	18.2%
	Children in Household (Ages 18-44)	13%	10.4%	15.6%
Children Status	No Children in Household (Ages 18-44)	13%	10.1%	16.1%
	Landline	15%	13.1%	16.3%
Phone Status	Cell Phone	16%	14.1%	17.1%
	Pregnant (Ages 18-44)	10%	14.170	*
Pregnancy Status	Not Pregnant (Ages 18-44)	13%	10.6%	16.5%
County				
	Minnehaha	14% 19%	11.3%	17.0%
	Pennington Lincoln	21%	16.0%	22.6%
			14.6%	29.9%
	Brown	18%	13.4%	22.5% 17.3%
	Brookings	12% 13%	7.8% 9.3%	17.3%
	Codington Meade	13%	9.3%	26.6%
	Lawrence	10%	11.∠%	20.0%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017-2018

#### **Demographics**

- **Gender** The prevalence of taking prescription pain medication does not seem to differ based on gender.
- Age The prevalence of taking prescription pain medication increases as age increases and peaks in the 50s. After that, the prevalence decreases as age increases.
- **Race/Ethnicity** The prevalence of taking prescription pain medication does not seem to differ based on race or ethnicity.
- HouseholdThe prevalence of taking prescription pain medication does not seem to<br/>change as household income changes.
- **Education** The prevalence of taking prescription pain medication increases as education levels increase.
- **Employment** Those who are unemployed or unable to work demonstrate a much higher prevalence of taking prescription pain medication than all other types of employment.
- MaritalThose who are divorced exhibit a very high prevalence of taking prescriptionStatuspain medication, while those who have never been married show a very low<br/>prevalence.
- HomeThe prevalence of taking prescription pain medication does not seem to differOwnershipbased on home ownership.
- ChildrenThe prevalence of taking prescription pain medication does not seem to differStatusbased on the presence of children in the household.
- **Phone Status** The prevalence of taking prescription pain medication does not seem to differ based on phone status.
- **County** The prevalence of taking prescription pain medication does not seem to differ among the seven available counties.

### Falls

Definition: South Dakotans ages 45 and older who answered "yes" to the question: "In the past 12 months were you injured in a fall; by injured we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor?"

#### Prevalence of Injuries Due to a Fall

- o South Dakota 8%
- o There is no nationwide median for injuries due to a fall

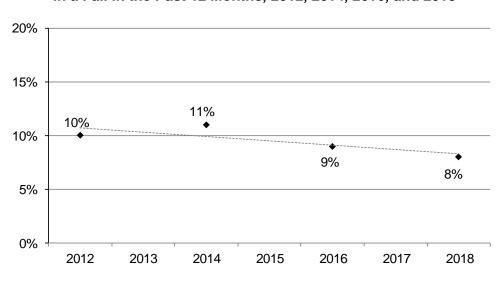


Figure 79 Percent of South Dakotans, Ages 45 or Older, Who Were Injured in a Fall in the Past 12 Months, 2012, 2014, 2016, and 2018

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

South Dakotans, A	Table 64 Ages 45 and Older, Who Were Inju 2014 2010 and 20		in the Past 1	2 Months,
	2014, 2016, and 20	018	95% Confide	ence Interval
		2014-2018	Low	High
	Male	8%	6.6%	9.0%
Gender	Female	11%	9.9%	12.2%
	18-29	-	-	-
	30-39	-	-	-
	40-49	9%	6.7%	12.0%
Age	50-59	10%	8.6%	11.9%
0	60-69	10%	8.2%	11.1%
	70-79	8%	6.5%	9.7%
	80+	10%	7.7%	12.2%
	White, Non-Hispanic	9%	8.3%	10.0%
Race/Ethnicity	American Indian, Non-Hispanic	16%	11.7%	22.2%
	Hispanic	5%	2.2%	11.6%
	Less than \$35,000	14%	12.3%	16.4%
Household Income	\$35,000-\$74,999	9%	7.8%	10.7%
	\$75,000+	5%	4.2%	6.4%
Education	Less than High School, G.E.D.	10%	6.9%	14.2%
	High School, G.E.D.	10%	8.3%	11.3%
	Some Post-High School	9%	7.8%	10.4%
	College Graduate	9%	8.1%	11.0%
	Employed for Wages	7%	5.6%	7.8%
	Self-employed	8%	6.1%	10.3%
	Unemployed	15%	8.7%	23.9%
Employment Status	Homemaker	8%	5.3%	12.2%
	Student	*	*	*
	Retired	9%	7.7%	10.2%
	Unable to Work	32%	26.2%	38.2%
	Married/Unmarried Couple	8%	7.2%	9.0%
	Divorced/Separated	14%	11.6%	17.3%
Marital Status	Widowed	11%	8.6%	12.9%
	Never Married	10%	6.7%	14.4%
	Own Home	8%	7.6%	9.3%
Home Ownership Status	Rent Home	14%	11.6%	17.3%
	Children in Household (Ages 18-44)	-	-	-
Children Status	No Children in Household (Ages 18-44)	-	-	-
	Landline	10%	8.4%	10.8%
Phone Status	Cell Phone	9%	8.2%	10.5%
	Pregnant (Ages 18-44)	-	-	-
Pregnancy Status	Not Pregnant (Ages 18-44)			
	Minnehaha	8%	6.2%	10.0%
	Pennington	8% 11%	<u> </u>	13.0%
	Lincoln	5%	3.6%	7.5%
County	Brown	10%	7.5%	12.2%
	Brookings	8%	5.9%	10.4%
	Codington	10%	7.9%	13.0%
	Meade	10%	7.6%	13.1%
	Lawrence	10%	8.3%	12.9%
Note: *Results based on s	mall sample sizes have been suppressed.	10 /0	0.570	12.3/0

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014, 2016, and 2018

#### **Demographics**

- **Gender** Females exhibit a significantly higher prevalence of being injured in a fall than males.
- Age The prevalence of being injured in a fall does not seem to be affected by age.
- **Race/Ethnicity** American Indians demonstrate a significantly higher prevalence of being injured in a fall than whites or Hispanics.
- **Household** The prevalence of being injured in a fall decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
- **Education** The prevalence of being injured in a fall does not seem to change as education levels change.
- **Employment** Those who are unable to work demonstrate a very high prevalence of being injured in a fall, while those who are employed for wages, self-employed, a homemaker, or retired show a very low prevalence.
- MaritalThose who are divorced exhibit a very high prevalence of being injured in aStatusfall, while those who are married show a very low prevalence.
- **Home** Those who rent their home show a significantly higher prevalence of being injured in a fall than those who own their home.
- **Phone Status** The prevalence of being injured in a fall does not seem to change based on phone status.
- **County** Pennington, Codington, Meade, and Lawrence counties all demonstrate a very high prevalence of being injured in a fall, while Lincoln county shows a very low prevalence.

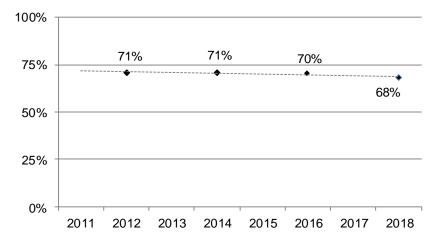
## **Oral Health**

Definition: South Dakotans who have visited a dentist or dental clinic for any reason within the past year.

#### **Prevalence of Oral Health**

- South Dakota 68%
- o Nationwide median 68%

#### Figure 80 Percent of South Dakotans Who Have Visited a Dentist or Dental Clinic for Any Reason Within the Past Year, 2012, 2014, 2016, and 2018



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012, 2014, 2016, and 2018

			95% Confide	ence Interval
		2014-2018	Low	High
Condor	Male	65%	63.1%	66.6%
Gender	Female	74%	72.8%	75.8%
	18-29	70%	66.8%	73.2%
	30-39	67%	64.1%	70.5%
	40-49	73%	69.8%	75.8%
Age	50-59	71%	68.1%	73.1%
U	60-69	73%	70.5%	75.1%
	70-79	65%	61.4%	67.9%
	80+	62%	58.0%	66.1%
	White, Non-Hispanic	71%	70.1%	72.5%
Race/Ethnicity	American Indian, Non-Hispanic	58%	53.3%	62.6%
	Hispanic	57%	46.0%	67.5%
	Less than \$35,000	55%	52.6%	57.5%
Household Income	\$35,000-\$74,999	71%	68.6%	72.9%
	\$75,000+	85%	83.2%	86.7%
Education	Less than High School, G.E.D.	54%	48.6%	58.8%
	High School, G.E.D.	62%	59.9%	64.4%
	Some Post-High School	72%	70.4%	74.4%
	College Graduate	82%	80.0%	83.2%
	Employed for Wages	72%	70.3%	73.7%
	Self-employed	66%	63.0%	69.7%
	Unemployed	58%	51.3%	64.9%
Employment Status	Homemaker	68%	61.3%	73.4%
	Student	82%	74.8%	86.7%
	Retired	69%	66.5%	70.9%
	Unable to Work	53%	48.1%	58.7%
	Married/Unmarried Couple	75%	73.3%	76.2%
	Divorced/Separated	57%	53.2%	60.3%
Marital Status	Widowed	59%	55.2%	62.8%
	Never Married	66%	62.7%	68.7%
Home Ownership	Own Home	74%	72.4%	75.0%
Status	Rent Home	58%	54.9%	60.6%
	Children in Household (Ages 18-44)	70%	67.4%	72.6%
Children Status	No Children in Household (Ages 18-44)	69%	65.7%	72.1%
	Landline	71%	69.3%	72.8%
Phone Status	Cell Phone	69%	67.3%	70.4%
	Pregnant (Ages 18-44)	73%	56.9%	85.2%
Pregnancy Status	Not Pregnant (Ages 18-44)	75%	72.3%	77.9%
County	Minnehaha	72%	69.1%	75.1%
	Pennington	67%	64.4%	70.3%
	Lincoln	77%	71.5%	81.0%
	Brown	71%	67.3%	75.1%
	Brookings	75%	70.3%	78.8%
	Codington	74%	70.2%	77.2%
	Meade	63%	57.2%	69.1%
	Lawrence	70%	66.3%	73.4%

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2018

#### **Demographics**

- **Gender** Females exhibit a significantly higher prevalence of visiting the dentist in the past year than males.
- Age The prevalence of visiting a dentist in the past year does not seem to change as age changes.
- **Race/Ethnicity** Whites demonstrate a significantly higher prevalence of visiting the dentist in the past year than American Indians and Hispanics.
- **Household** The prevalence of visiting the dentist in the past year increases as household income increases. This includes significant increases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
- **Education** The prevalence of visiting the dentist in the past year increases as education levels increase. This includes significant increases as the high school graduate, some post-high school, and college graduate levels are reached.
- **Employment** Those who are unable to work or unemployed demonstrate a very low prevalence of visiting the dentist in the past year, while those who are a student show a very high prevalence.
- MaritalThose who are divorced or widowed exhibit a very low prevalence of visiting<br/>the dentist in the past year, while those who are married show a very high<br/>prevalence.
- HomeThose who rent their home show a significantly lower prevalence of visiting<br/>the dentist in the past than those who own their home.
- ChildrenThe prevalence of visiting the dentist in the past year among adults does notStatusseem to differ based on the presence of children in the household.
- **Phone Status** The prevalence of visiting the dentist in the past year does not seem to differ based on phone status.
- PregnancyThe prevalence of visiting the dentist in the past year does not seem to differStatusbased on pregnancy status.
- **County** Pennington and Meade counties demonstrate a very low prevalence of visiting the dentist in the past year, while Lincoln, Brookings, and Codington counties show a very high prevalence.

# Appendix A: Demographics

	Demographics o					E a	
		Tot # Resp.	al Col %	Ma # Resp.	e Col %	Fem # Resp.	ale Col %
Total		# кезр. 7,120	100%	# кезр. 3,240	100%	# кезр. 3,880	100%
	18-29	690	100 %	3,240	100 %	3,880	8%
	30-39	749	10%	377	11%	329	10%
	40-49	819	12%	404	12%	415	11%
Age	50-59	1,299	12%	627	12%	672	17%
nge	60-69	1,662	23%	736	23%	926	24%
	70-79	1,204	17%	508	16%	696	18%
	80+	697	10%	227	7%	470	12%
	White, Non-Hispanic	5,704	80%	2,612	81%	3,092	80%
	American Indian, Non-Hispanic	1,023	14%	430	13%	593	15%
Race/Ethnicity	Hispanic	140	2%	66	2%	74	2%
	Other	253	4%	132	4%	121	3%
	Less than \$10,000	308	4%	119	4%	189	5%
	\$10,000-\$14,999	243	3%	103	3%	140	4%
	\$15,000-\$19,999	394	6%	172	5%	222	<u>4 %</u> 6%
	\$20,000-\$24,999	390	6%	172	6%	212	<u> </u>
Household	\$25,000-\$34,999	703	10%	307	10%	396	10%
Income	\$35,000-\$49,999	1,009	14%	459	14%	550	14%
	\$50,000-\$74,999	1,024	14%	496	15%	528	14%
	\$75,000 +	1,706	24%	906	28%	800	21%
	Not Stated	1,286	18%	475	15%	811	21%
Education	8 <sup>th</sup> Grade or Less	110	2%	66	2%	44	1%
	Some High School	309	4%	146	5%	163	4%
	High School or G.E.D.	2,072	29%	995	31%	1,077	28%
	Some Post-High School	2,189	31%	957	30%	1,232	32%
	College Graduate	2,419	34%	1,060	33%	1,359	35%
	Not Stated	21	0%	16	0%	5	0%
	Employed for Wages	2,877	40%	1,357	42%	1,520	39%
	Self-employed	841	12%	572	18%	269	7%
	Unemployed	255	4%	120	4%	135	3%
Employment	Homemaker	298	4%	10	0%	288	7%
Status	Student	154	2%	77	2%	77	2%
	Retired	2,192	31%	862	27%	1,330	34%
	Unable to Work	425	6%	206	6%	219	6%
	Not Stated	65	1%	33	1%	32	1%
	Married/Unmarried Couple	4,038	57%	1,913	59%	2,125	55%
Marital Status	Divorced/Separated	924	13%	427	13%	497	13%
	Widowed	943	13%	219	7%	724	19%
	Never Married	1,166	16%	657	20%	509	13%
	Not Stated	49	1%	24	1%	25	1%
Phone Status	Landline	3,490	49%	1,330	41%	2,160	56%
	Cell Phone	3,630	51%	1,910	59%	1,720	44%
Home Ownership	Own Home	5,339	78%	2,407	78%	2,932	78%
	Rent Home	1,485	22%	670	22%	815	22%
Children in Household	Yes	1,948	27%	859	27%	1,089	28%
	No	5,125	72%	2,360	73%	2,765	71%
	Not Stated	31	0%	16	0%	15	0%
	Yes	42	4%	0	0%	42	4%
Pregnant (18-	No	1,020	95%	0	0%	1,020	95%
44)	Not Stated	16	1%	0	0%	16	1%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2018

Resident County         Surveys Surveys         Ye of Total Population         Total Adults         % of Total Population         # Surveys per 1,0 Population           Total         7,120         100.0%         664,629         100.0%         62,2           Beadle         43         0.6%         13,875         2,1%         3,1           Bennett         150         2,1%         2,293         0.3%         65,4           Bon Horme         15         0.2%         5,562         0.8%         2,7           Brookings         543         7,6%         29,000         4,2%         19,4           Brule         20         0.3%         3,864         0.6%         5,2           Buffato         28         0.4%         1,234         0.2%         2,7           Buffato         28         0.4%         1,585         1,7%         4.6           Charles Mix         26         0.4%         6,563         1,0%         4.0           Codington         1512         7,2%         21,211         3,2%         24,0           Cordington         152         7,2%         2,121         3,2%         24,0           Cordington         152         2,2%         2,252		Surv		Table 67 d by Resident C	County, 2018	
Aurora         13         0.2%         2.106         0.3%         6.2           Beadle         43         0.6%         13.675         2.1%         3.1           Bennett         150         2.1%         2.233         0.3%         66.4           Bor Homme         15         0.2%         5.562         0.8%         2.7           Brokings         543         7.6%         28,009         4.2%         19.4           Brown         543         7.6%         29,900         4.5%         18.2           Buffalo         28         0.4%         1.234         0.2%         7.4           Campbell         10         0.1%         1.158         0.2%         8.6           Charles Mix         24         0.3%         2.773         0.4%         8.7           Calington         512         7.2%         21.291         3.2%         24.0           Coston         142         2.0%         2.627         0.4%         6.4           Coston         142         2.0%         2.627         0.4%         6.6           Davison         4.3         0.6%         15.251         2.3%         2.8           Davison         4.						# Surveyed per 1,000 Population
Beadle         43         0.6%         13.675         2.1%         3.1           Bennett         150         2.1%         2.283         0.3%         66.4           Bonkings         543         7.6%         28.009         4.2%         19.4           Browings         543         7.6%         28.009         4.2%         19.4           Brule         20         0.3%         3.864         0.6%         5.2           Butte         57         0.8%         7.746         1.2%         7.7.4           Campbell         10         0.1%         1,158         0.2%         8.6           Charke         26         0.4%         6,563         1.0%         4.0           Cambell         10         0.1%         1,158         0.2%         8.6           Chark         26         0.4%         6,563         1.0%         8.7           Clay         53         0.7%         11.585         1.7%         4.6           Codington         512         7.2%         21.291         3.2%         2.8           Davison         4.3         0.6%         15.251         2.3%         2.8           Davison         4.6	Total	7,120	100.0%	664,629	100.0%	10.7
Bennett         150         2.1%         2.233         0.3%         66.4           Bon Homme         15         0.2%         5.562         0.8%         2.7           Browings         543         7.6%         28,009         4.2%         19.4           Brown         543         7.6%         29,900         4.5%         18.2           Buffalo         28         0.4%         1.234         0.2%         2.7           Buffalo         28         0.4%         1.234         0.2%         7.4           Campbell         10         0.1%         1.158         0.2%         8.6           Charles Mix         24         0.3%         2.773         0.4%         8.7           Caix         24         0.3%         2.773         0.4%         8.7           Clay         53         0.7%         11.585         1.7%         4.6           Corson         142         2.0%         2.627         0.4%         6.6           Davy         28         0.4%         4.264         0.6%         6.6           Dewey         221         3.1%         3.305         0.5%         1.12           Dewey         221         <					0.3%	6.2
Bon Homme         15 $0.2\%$ $5.562$ $0.8\%$ $2.7$ Brookings $543$ $7.6\%$ $28009$ $4.5\%$ $19.4$ Brown $543$ $7.6\%$ $28000$ $4.5\%$ $19.4$ Buffalo $28$ $0.4\%$ $1.234$ $0.2\%$ $22.7$ Butte $57$ $0.8\%$ $7.746$ $1.2\%$ $22.7$ Butte $57$ $0.8\%$ $7.746$ $1.2\%$ $22.7$ Butte $57$ $0.8\%$ $7.746$ $1.2\%$ $22.7$ Butte $53$ $0.7\%$ $11.585$ $1.7\%$ $4.6$ Codington $512$ $7.2\%$ $21.291$ $3.2\%$ $24.0$ Corson $142$ $2.0\%$ $2.627$ $0.4\%$ $64.1$ Custer $39$ $0.5\%$ $7.333$ $1.1\%$ $5.3$ Davison $43$ $0.6\%$ $7.333$ $1.3\%$ $2.8$ Davison $43$ $0.6\%$						
Brookings         543         7.6%         28,009         4.2%         19.4           Bruke         20         0.3%         3.864         0.6%         5.2           Buffalo         28         0.4%         1.234         0.2%         22.7           Butte         57         0.8%         7.746         1.2%         7.4           Campbell         10         0.1%         1.158         0.2%         8.6           Charles Mix         26         0.4%         6.563         1.0%         4.0           Clark         24         0.3%         2.773         0.4%         8.7           Clay         53         0.7%         11.585         1.7%         4.6           Codington         512         7.2%         21.291         3.2%         24.0           Corson         1.42         2.0%         2.627         0.4%         6.6           Davison         43         0.6%         15.251         2.3%         24.0           Custer         39         0.5%         3.305         0.5%         11.2           Dewey         221         3.1%         2.667         0.6%         66.3           Deuglas         10						
Brown         543         7.6%         29.900         4.5%         18.2           Brule         20         0.3%         3.864         0.6%         5.2           Buffalo         28         0.4%         1.234         0.2%         22.7           Butte         57         0.8%         7.746         1.2%         7.4           Campbell         10         0.1%         1.158         0.2%         8.6           Charles Mix         26         0.4%         6.563         1.0%         4.0           Clark         24         0.3%         2.773         0.4%         8.7           Clay         53         0.7%         11.585         1.7%         4.6           Codington         512         7.2%         21.291         3.2%         2.8           Davison         43         0.6%         15.251         2.3%         2.8           Davison         43         0.6%         15.251         2.3%         2.8           Davison         43         0.6%         3.305         0.5%         11.2           Dewel         37         0.5%         3.305         0.5%         11.2           Dewel         32 <td< td=""><td></td><td></td><td></td><td></td><td></td><td></td></td<>						
Brule         20 $0.3\%$ $3.864$ $0.6\%$ $5.2$ Buffalo         28 $0.4\%$ $1.234$ $0.2\%$ $22.7$ Butte         57 $0.8\%$ $7.746$ $1.2\%$ $7.4$ Campbell         10 $0.1\%$ $1.158$ $0.2\%$ $8.6$ Charles Mix         26 $0.4\%$ $6.563$ $1.0\%$ $4.0$ Clark         24 $0.3\%$ $2.773$ $0.4\%$ $8.7$ Clay         53 $0.7\%$ $11.585$ $1.7\%$ $4.6$ Corson $142$ $2.0\%$ $2.627$ $0.4\%$ $64.6$ Davison $43$ $0.6\%$ $15.251$ $2.3\%$ $2.8$ Davison $43$ $0.6\%$ $4.264$ $0.6\%$ $66.6$ Deuel $37$ $0.5\%$ $3.305$ $0.5\%$ $11.2$ Dewey $221$ $3.1\%$ $3.657$ $0.8\%$ $4.6$ Fall River $26$ $0.4\%$ $2.949$						
Buffalo         28         0.4%         1.234         0.2%         22.7           Butte         57         0.8%         7.746         1.2%         7.4           Campbell         10         0.1%         1.158         0.2%         8.6           Charles Mix         26         0.4%         6.563         1.0%         4.0           Clark         24         0.3%         2.773         0.4%         8.7           Clark         24         0.3%         2.773         0.4%         8.6           Codington         512         7.2%         21.291         3.2%         24.0           Corson         142         2.0%         2.627         0.4%         6.4           Custer         39         0.5%         7.383         1.1%         5.3           Davison         43         0.6%         4.264         0.6%         6.6           Devel         37         0.5%         3.305         0.5%         11.2           Dewel         27         0.4%         2.640         0.6%         6.03           Douglas         10         0.1%         2.180         0.3%         7.5           Grant         39         0.	-					
Butte         57         0.8%         7.746         1.2%         7.4           Campbell         10         0.1%         1.158         0.2%         8.6           Charles Mix         26         0.4%         6.563         1.0%         4.0           Clark         24         0.3%         2.773         0.4%         8.7           Clay         53         0.7%         21.291         3.2%         24.0           Corson         142         2.0%         2.627         0.4%         64.1           Custer         39         0.5%         7.383         1.1%         5.3           Davison         43         0.6%         15.251         2.3%         2.8           Davison         43         0.6%         15.251         2.3%         2.8           Devel         37         0.5%         3.305         0.6%         60.3           Douglas         10         0.1%         2.180         0.3%         4.6           Edmunds         32         0.4%         2.949         0.4%         10.9           Fall River         26         0.4%         5.538         0.8%         7.0           Grant         39 <td< td=""><td></td><td></td><td></td><td></td><td></td><td></td></td<>						
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Codington         512         7.2%         21.291         3.2%         24.0           Corson         142         2.0%         2.627         0.4%         54.1           Custer         39         0.5%         7.383         1.1%         5.3           Davison         43         0.6%         15,251         2.3%         2.8           Day         28         0.4%         4.264         0.6%         6.6           Deuel         37         0.5%         3,305         0.5%         11.2           Dewey         221         3.1%         3.667         0.6%         60.3           Douglas         10         0.1%         2.180         0.3%         4.6           Edmunds         32         0.4%         2.949         0.4%         10.9           Fall River         26         0.4%         5.603         0.8%         7.5           Grant         39         0.5%         5.538         0.8%         7.0           Gregory         15         0.2%         2.547         0.4%         5.5           Haskon         31         0.4%         1.469         0.2%         2.51           Haskon         12	Clark					
Corson1422.0%2.627 $0.4\%$ $54.1$ Custer39 $0.5\%$ $7,383$ $1.1\%$ $5.3$ Davison43 $0.6\%$ $15,251$ $2.3\%$ $2.8$ Day28 $0.4\%$ $4,264$ $0.6\%$ $6.6$ Deuel $37$ $0.5\%$ $3,305$ $0.5\%$ $11.2$ Dewey $221$ $3.1\%$ $3,667$ $0.6\%$ $60.3$ Douglas10 $0.1\%$ $2,180$ $0.3\%$ $4.6$ Edmunds $32$ $0.4\%$ $2,949$ $0.4\%$ $10.9$ Fall River26 $0.4\%$ $5,603$ $0.8\%$ $4.6$ Faulk13 $0.2\%$ $1,740$ $0.3\%$ $7.0$ Gregory15 $0.2\%$ $3,220$ $0.5\%$ $4.7$ Haakon31 $0.4\%$ $1,469$ $0.2\%$ $21.1$ Hamin $67$ $0.9\%$ $4,187$ $0.6\%$ $16.0$ Hand14 $0.2\%$ $2,547$ $0.4\%$ $5.5$ Hanson12 $0.2\%$ $959$ $0.1\%$ $14.6$ Hutchinson19 $0.3\%$ $5.500$ $0.8\%$ $3.5$ Hyde5 $0.1\%$ $1.017$ $0.2\%$ $4.9$ Jackson $129$ $1.8\%$ $2,202$ $0.3\%$ $5.6$ Jores3 $0.0\%$ $722$ $0.1\%$ $4.2$ Jackson $129$ $1.8\%$ $2,202$ $0.3\%$ $5.6$ Jerauld6 $0.1\%$ $1,663$ $0.2\%$ $5.5$ Lincoln $6$	Clay	53	0.7%	11,585	1.7%	4.6
Custer         39 $0.5\%$ $7,383$ $1.1\%$ $5.3$ Davison         43 $0.6\%$ $15,251$ $2.3\%$ $2.8$ Day         28 $0.4\%$ $4,264$ $0.6\%$ $6.6$ Deuel         37 $0.5\%$ $3.305$ $0.5\%$ $11.2$ Dewey $221$ $3.1\%$ $3.667$ $0.6\%$ $60.3$ Douglas         10 $0.1\%$ $2.180$ $0.3\%$ $4.6$ Edmunds $32$ $0.4\%$ $5.603$ $0.8\%$ $4.6$ Faulk         13 $0.2\%$ $1,740$ $0.3\%$ $7.5$ Grant         39 $0.5\%$ $5,538$ $0.8\%$ $7.0$ Haakon         31 $0.4\%$ $1,469$ $0.2\%$ $21.1$ Hardin $67$ $0.9\%$ $4,187$ $0.6\%$ $5.5$ Harding $14$ $0.2\%$ $2,547$ $0.4\%$ $5.5$ Harding $14$ $0.2\%$ $2,547$ $0.4\%$ </td <td></td> <td></td> <td>7.2%</td> <td>21,291</td> <td>3.2%</td> <td></td>			7.2%	21,291	3.2%	
Davison         43         0.6%         15.251         2.3%         2.8           Day         28         0.4%         4.264         0.6%         6.6           Deuel         37         0.5%         3.305         0.5%         11.2           Dewey         221         3.1%         3.667         0.6%         60.3           Douglas         10         0.1%         2.180         0.3%         4.6           Edmunds         32         0.4%         2.949         0.4%         10.9           Fall River         26         0.4%         5.603         0.8%         4.6           Grant         39         0.5%         5.538         0.8%         7.0           Gregory         15         0.2%         3.220         0.5%         4.7           Hardon         31         0.4%         1,469         0.2%         21.1           Hardin         67         0.9%         4,187         0.6%         16.0           Hardin         14         0.2%         2,547         0.4%         5.5           Harding         14         0.2%         959         0.1%         14.6           Huchinson         19         0.3%	Corson			/		
Day28 $0.4\%$ $4,264$ $0.6\%$ $6.6$ Deuel37 $0.5\%$ $3,305$ $0.5\%$ $11.2$ Dewey $221$ $3.1\%$ $3,367$ $0.6\%$ $60.3$ Douglas10 $0.1\%$ $2,180$ $0.3\%$ $4.6$ Edmunds $32$ $0.4\%$ $2,949$ $0.4\%$ $10.9$ Fall River $26$ $0.4\%$ $5,603$ $0.8\%$ $4.6$ Faulk $13$ $0.2\%$ $1,740$ $0.3\%$ $7.5$ Grant $39$ $0.5\%$ $5,538$ $0.8\%$ $7.0$ Gregory $15$ $0.2\%$ $3,220$ $0.5\%$ $4.7$ Haakon $31$ $0.4\%$ $1,469$ $0.2\%$ $2.11$ Hamlin $67$ $0.9\%$ $4,187$ $0.6\%$ $16.0$ Hand $14$ $0.2\%$ $2.547$ $0.4\%$ $5.5$ Harson $12$ $0.2\%$ $2.344$ $0.4\%$ $5.5$ Harding $14$ $0.2\%$ $959$ $0.1\%$ $14.6$ Hutchinson $19$ $0.3\%$ $5,500$ $0.8\%$ $3.5$ Hyde $5$ $0.1\%$ $1,017$ $0.2\%$ $4.9$ Jackson $129$ $1.8\%$ $2,202$ $0.3\%$ $58.6$ Jerauld $6$ $0.1\%$ $1,563$ $0.2\%$ $3.8$ Jones $3$ $0.0\%$ $722$ $0.1\%$ $4.2$ Kingsbury $26$ $0.4\%$ $3,792$ $0.6\%$ $6.9$ Lawrence $114$ $1.6\%$ $21,141$ $3.2\%$ $5.4$						
Devel         37         0.5%         3,305         0.5%         11.2           Dewey         221         3,1%         3,667         0.6%         60.3           Douglas         10         0.1%         2,180         0.3%         4.6           Edmunds         32         0.4%         2,949         0.4%         10.9           Fall River         26         0.4%         5,603         0.8%         4.6           Faulk         13         0.2%         1,740         0.3%         7.5           Grant         39         0.5%         5,538         0.8%         7.0           Gregory         15         0.2%         3,220         0.5%         4.7           Haakon         31         0.4%         1,469         0.2%         21.1           Hamon         14         0.2%         2,547         0.4%         5.5           Hand         14         0.2%         959         0.1%         14.6           Huybes         48         0.7%         13,399         2.0%         3.6           Hyde         5         0.1%         1,663         0.2%         3.8           Jones         3         0.0%						
Dewey         221         3.1%         3.667         0.6%         60.3           Douglas         10         0.1%         2.180         0.3%         4.6           Edmunds         32         0.4%         2.949         0.4%         10.9           Fall River         26         0.4%         5.603         0.8%         4.6           Faulk         13         0.2%         1.740         0.3%         7.5           Grant         39         0.5%         5.538         0.8%         7.0           Gregory         15         0.2%         3.200         0.5%         4.7           Haakon         31         0.4%         1.469         0.2%         2.547           Hand         14         0.2%         2.547         0.4%         5.5           Hanson         12         0.2%         2.547         0.4%         5.5           Harding         14         0.2%         2.547         0.4%         5.5           Harson         12         0.2%         2.547         0.4%         5.5           Harson         12         0.2%         2.547         0.4%         5.5           Harson         12         0.2% <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>						
Douglas         10         0.1%         2,180         0.3%         4.6           Edmunds         32         0.4%         2,949         0.4%         10.9           Fall River         26         0.4%         5,603         0.8%         4.6           Faulk         13         0.2%         1,740         0.3%         7.5           Grant         39         0.5%         5,538         0.8%         7.0           Gregory         15         0.2%         3,220         0.5%         4.7           Hakon         31         0.4%         1,469         0.2%         21.1           Harkon         31         0.4%         1,469         0.2%         21.1           Harkon         12         0.2%         2,547         0.4%         5.5           Hanson         12         0.2%         2,344         0.4%         5.1           Harding         14         0.2%         959         0.1%         14.6           Hutchinson         19         0.3%         5,500         0.8%         3.5           Hyde         5         0.1%         1,563         0.2%         3.8           Jones         3         0.0%						
Edmunds $32$ $0.4\%$ $2,949$ $0.4\%$ $10.9$ Fall River26 $0.4\%$ $5,603$ $0.8\%$ $4.6$ Faulk13 $0.2\%$ $1,740$ $0.3\%$ $7.5$ Grant39 $0.5\%$ $5,538$ $0.8\%$ $7.0$ Gregory15 $0.2\%$ $3,220$ $0.5\%$ $4.7$ Haakon31 $0.4\%$ $1,469$ $0.2\%$ $21.1$ Hamin $67$ $0.9\%$ $4.187$ $0.6\%$ $16.0$ Hand14 $0.2\%$ $2,547$ $0.4\%$ $5.5$ Harson12 $0.2\%$ $2,344$ $0.4\%$ $5.1$ Harding14 $0.2\%$ $959$ $0.1\%$ $14.6$ Hughes48 $0.7\%$ $13,399$ $2.0\%$ $3.6$ Hutchinson19 $0.3\%$ $5,500$ $0.8\%$ $3.5$ Hyde5 $0.1\%$ $1.017$ $0.2\%$ $4.9$ Jackson129 $1.8\%$ $2,202$ $0.3\%$ $58.6$ Jerauld6 $0.1\%$ $1.563$ $0.2\%$ $3.8$ Jones3 $0.0\%$ $722$ $0.1\%$ $4.2$ Lake $33$ $0.5\%$ $10,430$ $1.6\%$ $3.2$ Lawence $114$ $1.6\%$ $21,141$ $3.2\%$ $5.4$ Lincoln $648$ $9.1\%$ $42,342$ $6.4\%$ $5.3$ Lwence $114$ $1.6\%$ $21,941$ $3.3\%$ $8.3$ McCook16 $0.2\%$ $4,019$ $0.6\%$ $4.0$ McCook <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>						
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Gregory         15         0.2%         3,220         0.5%         4.7           Haakon         31         0.4%         1,469         0.2%         21.1           Hamlin         67         0.9%         4,187         0.6%         16.0           Hand         14         0.2%         2,547         0.4%         5.5           Hanson         12         0.2%         2,344         0.4%         5.1           Harding         14         0.2%         959         0.1%         14.6           Hughes         48         0.7%         13,399         2.0%         3.6           Hutchinson         19         0.3%         5,500         0.8%         3.5           Hyde         5         0.1%         1,017         0.2%         4.9           Jackson         129         1.8%         2,202         0.3%         58.6           Jerauld         6         0.1%         1,563         0.2%         3.8           Jones         3         0.0%         722         0.1%         4.2           Kingsbury         26         0.4%         3.792         0.6%         6.9           Lake         33         0.5%						
Haakon         31         0.4%         1,469         0.2%         21.1           Hamlin         67         0.9%         4,187         0.6%         16.0           Hand         14         0.2%         2,547         0.4%         5.5           Hanson         12         0.2%         2,344         0.4%         5.1           Harding         14         0.2%         959         0.1%         14.6           Hughes         48         0.7%         13,399         2.0%         3.6           Hutchinson         19         0.3%         5,500         0.8%         3.5           Hyde         5         0.1%         1,017         0.2%         4.9           Jackson         129         1.8%         2,202         0.3%         58.6           Jerauld         6         0.1%         1,563         0.2%         3.8           Jones         3         0.0%         722         0.1%         4.2           Kingsbury         26         0.4%         3,792         0.6%         6.9           Lake         33         0.5%         10,430         1.6%         3.2           Lawrence         114         1.6%						
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Oglala Lakota         383         5.4%         8,985         1.4%         42.6           Pennington         725         10.2%         86,126         13.0%         8.4           Perkins         36         0.5%         2,317         0.3%         15.5           Potter         13         0.2%         1,728         0.3%         7.5           Roberts         42         0.6%         7,458         1.1%         5.6						
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Roberts         42         0.6%         7,458         1.1%         5.6						
Spink 25 0.4% 5,002 0.8% 5.0						

Table 67 (continued)Surveys Completed by Resident County, 2018					
Resident County	Surveys Completed	% of Total Surveys	Total Adult Population	% of Total Population	# Surveyed per 1,000 Population
Stanley	10	0.1%	2,291	0.3%	4.4
Sully	9	0.1%	1,100	0.2%	8.2
Todd	252	3.5%	5,965	0.9%	42.2
Tripp	22	0.3%	4,214	0.6%	5.2
Turner	53	0.7%	6,370	1.0%	8.3
Union	51	0.7%	11,840	1.8%	4.3
Walworth	26	0.4%	4,263	0.6%	6.1
Yankton	49	0.7%	18,009	2.7%	2.7
Ziebach	103	1.4%	1,968	0.3%	52.3

Source: South Dakota Behavioral Risk Factor Surveillance System, 2018 2018 Population Estimates, United States Census Bureau

# Appendix B: BRFSS Questionnaire

#### Section 1: Health Status

- 1.1 Would you say that in general your health is-
  - 1 Excellent
  - 2 Very good
  - 3 Good
  - 4 Fair
  - 5 Poor
  - 7 Don't know / Not sure
  - 9 Refused

Section 2: Healthy Days - Health-Related Quality of Life

- 2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?
  - \_ Number of days
  - 88 None
  - 77 Don't know / Not sure
  - 99 Refused
- 2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?
  - \_ \_ Number of days
  - 88 None [If Q2.1 and Q2.2 = 88 (None), go to next section]
  - 77 Don't know / Not sure
  - 99 Refused
- 2.3 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
  - \_ Number of days
  - 88 None
  - 77 Don't know / Not sure
  - 99 Refused

#### Section 3: Health Care Access

- 3.1.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 3.2 Do you have one person you think of as your personal doctor or health care provider? If No, ask: Is there more than one, or is there no person who you think of as your personal doctor or health care provider?
  - 1 Yes, only one
  - 2 More than one
  - 3 No
  - 7 Don't know / Not sure
  - 9 Refused

- 3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 3.4 About how long has it been since you last visited a doctor for a routine checkup? INTERVIEWER NOTE: A ROUTINE CHECKUP IS A GENERAL PHYSICAL EXAM, NOT AN EXAM FOR A SPECIFIC INJURY, ILLNESS, OR CONDITION.
  - 1 Within the past year (anytime less than 12 months ago)
  - 2 Within the past 2 years (1 year but less than 2 years ago)
  - 3 Within the past 5 years (2 years but less than 5 years ago)
  - 4 5 or more years ago
  - 7 Don't know / Not sure
  - 8 Never
  - 9 Refused

#### Section 4: Exercise

- 4.1 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused

#### Section 5: Inadequate Sleep

5.1 On average, how many hours of sleep do you get in a 24-hour period?

INTERVIEWER NOTE: Enter hours of sleep in whole numbers, rounding 30 minutes (1/2 hour) or more up to the next whole hour and dropping 29 or fewer minutes.

- \_\_\_\_ Number of hours [01-24]
- 7 7 Don't know / Not sure
- 99 Refused

#### Section 6: Chronic Health Conditions

Has a doctor, nurse, or other health professional ever told you that you had any of the following? For each, tell me Yes, No, or you're Not sure.

- 6.1 (Ever told) you that you had a heart attack also called a myocardial infarction?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 6.2 (Ever told) you had angina or coronary heart disease?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused

6.3	(Ever told) you had a stroke? 1 Yes 2 No 7 Don't know / Not sure 9 Refused
6.4	(Ever told) you had asthma? 1 Yes 2 No [Go to Q6.6] 7 Don't know / Not sure [Go to Q6.6] 9 Refused [Go to Q6.6]
6.5	Do you still have asthma? 1 Yes 2 No 7 Don't know / Not sure 9 Refused
6.6	(Ever told) you had skin cancer? 1 Yes 2 No 7 Don't know / Not sure 9 Refused
6.7	(Ever told) you had any other types of cancer? 1 Yes 2 No 7 Don't know / Not sure 9 Refused
6.8	<ul> <li>(Ever told) you have chronic obstructive pulmonary disease or C.O.P.D., emphysema or chronic bronchitis?</li> <li>1 Yes</li> <li>2 No</li> <li>7 Don't know / Not sure</li> <li>9 Refused</li> </ul>
6.9	(Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia? 1 Yes 2 No 7 Don't know / Not sure 9 Refused
	<ul> <li>INTERVIEWER NOTE: Arthritis diagnoses include:</li> <li>rheumatism, polymyalgia rheumatica</li> <li>osteoarthritis (not osteoporosis)</li> <li>tendonitis, bursitis, bunion, tennis elbow</li> <li>carpal tunnel syndrome, tarsal tunnel syndrome</li> <li>joint infection, Reiter's syndrome</li> <li>ankylosing spondylitis; spondylosis</li> <li>rotator cuff syndrome</li> <li>connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome</li> </ul>

- •
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)
- 6.10 (Ever told) you have a depressive disorder (including depression, major depression, dysthymia, or minor depression)?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 6.11 Not including kidney stones, bladder infection or incontinence, were you ever told you have kidney disease?

INTERVIEWER NOTE: Incontinence is not being able to control urine flow.

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- 6.12 (Ever told) you have diabetes?

INTERVIEWER NOTE: IF YES AND RESPONDENT IS FEMALE, ASK: WAS THIS ONLY WHEN YOU WERE PREGNANT? IF RESPONDENT SAYS PRE-DIABETES OR BORDERLINE DIABETES, USE RESPONSE CODE 4.

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 4 No, pre-diabetes or borderline diabetes
- 7 Don't know / Not sure
- 9 Refused

NOTE: If Q6.12 = 1 (Yes), go <u>to next question</u>. If any other response to Q6.12, go to Pre-Diabetes Optional Module (if used). Otherwise, go to next section.

6.13 How old were you when you were told you have diabetes?

- \_\_\_ Code age in years [97 = 97 and older]
- 9 8 Don't know / Not sure
- 9 9 Refused

NOTE: Go to Diabetes Optional Module (if used). Otherwise, go to next section.

Section 7: Oral Health

7.1 Including all types of dentists, such as orthodontists, oral surgeons, and all other dental specialists as well as dental hygienists, how long has it been since you last visited a dentist or a dental clinic for any reason?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
- 7 Don't know / Not sure
- 8 Never
- 9 Refused

7.2 Not including teeth lost for injury or orthodontics, how many of your permanent teeth have been removed because of tooth decay or gum disease?

INTERVIEWER NOTE: If wisdom teeth are removed because of tooth decay or gum disease, they should be included in the count for lost teeth.

- 1 1 to 5
- 2 6 or more but not all
- 3 All
- 8 None
- 7 Don't know / Not sure
- 9 Refused

#### Section 8: Demographics

- 8.1 (What was your sex at birth? Was it...)
  - (What is your sex?)

NOTE: STATES MAY ADOPT ONE OF THE TWO FORMATS OF THE QUESTION. IF FIRST FORMAT IS USED, READ OPTIONS.

- 1 Male
  - 2 Female
  - 9 Refused
- 8.2 What is your age?
  - \_\_\_\_ Code age in years
  - 07 Don't know / Not sure
  - 09 Refused

8.3 Are you Hispanic, Latino/a, or Spanish origin?

If yes, ask: Are you...

INTERVIEWER NOTE: One or more categories may be selected.

- 1 Mexican, Mexican American, Chicano/a
- 2 Puerto Rican
- 3 Cuban
- 4 Another Hispanic, Latino/a, or Spanish origin
- 5 No
- 7 Don't know / Not sure
- 9 Refused

8.4 Which one or more of the following would you say is your race?

INTERVIEWER NOTE: Select all that apply.

INTERVIEWER NOTE: IF 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
  - 41 Asian Indian
  - 42 Chinese
  - 43 Filipino
  - 44 Japanese
  - 45 Korean
  - 46 Vietnamese
  - 47 Other Asian
- 50 Pacific Islander
  - 51 Native Hawaiian

- 52 Guamanian or Chamorro
- 53 Samoan
- 54 Other Pacific Islander
- 60 Other
- 88 No additional choices
- 77 Don't know / Not sure
- 99 Refused

NOTE: If more than one response to Q8.4; continue. Otherwise, go to Q8.6.

8.5 Which one of these groups would you say best represents your race?

INTERVIEWER NOTE: IF RESPONDENT HAS SELECTED MULTIPLE RACES IN PREVIOUS AND REFUSES TO SELECT A SINGLE RACE, CODE "REFUSED."

INTERVIEWER NOTE: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategory underneath major heading.

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
  - 41 Asian Indian
  - 42 Chinese
  - 43 Filipino
  - 44 Japanese
  - 45 Korean
  - 46 Vietnamese
  - 47 Other Asian
- 50 Pacific Islander
  - 51 Native Hawaiian
  - 52 Guamanian or Chamorro
  - 53 Samoan
  - 54 Other Pacific Islander
- 60 Other
- 77 Don't know / Not sure
- 99 Refused
- Are you...?
  - 1 Married
  - 2 Divorced
  - 3 Widowed
  - 4 Separated
  - 5 Never married
  - 6 A member of an unmarried couple
  - 9 Refused

8.7 What is the highest grade or year of school you completed?

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)
- 9 Refused

- 8.8 Do you own or rent your home?
  - 1 Own
  - 2 Rent
  - 3 Other arrangement
  - 7 Don't know / Not sure
  - 9 Refused

INTERVIEWER NOTE: Other arrangement may include group home, staying with friends or family without paying rent. NOTE: Home is defined as the place where you live most of the time/the majority of the year.

INTERVIEWER NOTE: We ask this question in order to compare health indicators among people with different housing situations.

- 8.9 In what county do you currently live?
  - \_ \_ \_ ANSI County Code (formerly FIPS county code)
  - 7 7 7 Don't know / Not sure
  - 999 Refused

8.10 What is the ZIP Code where you currently live?

ZIP Code 77777 Don't know / Not sure 99999 Refused

NOTE: If cellular telephone interview skip to 8.14

- 8.11 Not including cell phones or numbers used for computers, fax machines or security systems, do you have more than one telephone number in your household?
   1 Yes
  - 2 No [Go to Q8.13]
  - 7 Don't know / Not sure [Go to Q8.13]
  - 9 Refused [Go to Q8.13]

8.12 How many of these telephone numbers are residential numbers?

Residential telephone numbers [6 = 6 or more]

- 7 Don't know / Not sure
- 9 Refused
- 8.13 How many cell phones do you have for personal use? INTERVIEWER NOTE: INCLUDE CELL PHONES USED FOR BOTH BUSINESS AND PERSONAL USE.
  - Enter number (1-5)
  - 6 Six or more
  - 7 Don't know / Not sure
  - 8 None
  - 9 Refused
- 8.14 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

INTERVIEWER NOTE: Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- 8.15 Are you currently...?

INTERVIEWER NOTE: IF MORE THAN ONE, SAY "SELECT THE CATEGORY WHICH BEST DESCRIBES YOU".

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for 1 year or more
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired
- 8 Unable to work
- 9 Refused

8.16 How many children less than 18 years of age live in your household?

- \_ Number of children
- 8 8 None
- 9 9 Refused
- 8.17 Is your annual household income from all sources—
  - 0 4 Less than \$25,000 If no, ask 05; if yes, ask 03 (\$20,000 to less than \$25,000)
  - 0 3 Less than \$20,000 If no, code 04; if yes, ask 02 (\$15,000 to less than \$20,000)
  - 0 2 Less than \$15,000 If no, code 03; if yes, ask 01 (\$10,000 to less than \$15,000)
  - 0 1 Less than \$10,000 If no, code 02
  - 0 5 Less than \$35,000 If no, ask 06 (\$25,000 to less than \$35,000)
  - 0 6 Less than \$50,000 If no, ask 07 (\$35,000 to less than \$50,000)
  - 0 7 Less than \$75,000 If no, code 08 (\$50,000 to less than \$75,000)
  - 0 8 \$75,000 or more
  - 7 7 Don't know / Not sure
  - 99 Refused

8.18 About how much do you weigh without shoes? NOTE: If respondent answers in metrics, put 9 in column XXX. Round fractions up

\_ \_ \_ Weight

(pounds/kilograms)

- 7 7 7 7 7 Don't know / Not sure
- 9999 Refused
- 8.19 About how tall are you without shoes? NOTE: If respondent answers in metrics, put 9 in column XXX.

Round fractions down \_\_\_/ \_\_ Height (f t / inches/meters/centimeters)

77/77	Don't know / Not sure
99/ 99	Refused

If male, go to 8.21, if female respondent is 45 years old or older, go to Q8.21

- 8.20 To your knowledge, are you now pregnant?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused

Some people who are deaf or have serious difficulty hearing use assistive devices to communicate by phone.

- 8.21 Are you deaf or do you have serious difficulty hearing?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not Sure
  - 9 Refused

#### 8.22 Are you blind or do you have serious difficulty seeing, even when wearing glasses?

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused
- 8.23 Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 8.24 Do you have serious difficulty walking or climbing stairs?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 8.25 Do you have difficulty dressing or bathing?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 8.26 Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused

9.1 Have you smoked at least 100 cigarettes in your entire life?

INTERVIEWER NOTE: FOR CIGARETTES, DO NOT INCLUDE: ELECTRONIC CIGARETTES (E-CIGARETTES, NJOY, BLUETIP), HERBAL CIGARETTES, CIGARS, CIGARILLOS, LITTLE CIGARS, PIPES, BIDIS, KRETEKS, WATER PIPES (HOOKAHS) OR MARIJUANA.

NOTE: 5 packs = 100 cigarettes

1	Yes	
2	No	[Go to Q9.5]
7	Don't know / Not sure	[Go to Q9.5]
9	Refused	[Go to Q9.5]

- 9.2 Do you now smoke cigarettes every day, some days, or not at all?
  - 1 Every day
  - 2 Some days
  - 3 Not at all [Go to Q9.4]
  - 7 Don't know / Not sure [Go to Q9.5]
  - 9 Refused [Go to Q9.5]
- 9.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?
  - 1 Yes [Go to Q9.5]
  - 2 No [Go to Q9.5]
  - 7 Don't know / Not sure [Go to Q9.5]
  - 9 Refused [Go to Q9.5]

9.4

How long has it been since you last smoked a cigarette, even one or two puffs?

- 0 1 Within the past month (less than 1 month ago)
- 0 2 Within the past 3 months (1 month but less than 3 months ago)
- 0 3 Within the past 6 months (3 months but less than 6 months ago)
- 0.4 Within the past year (6 months but less than 1 year ago)
- 0 5 Within the past 5 years (1 year but less than 5 years ago)
- 0 6 Within the past 10 years (5 years but less than 10 years ago)
- 07 10 years or more
- 08 Never smoked regularly
- 7 7 Don't know / Not sure
- 99 Refused
- 9.5 Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all? Snus (rhymes with 'goose')

INTERVIEWER NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know / Not sure
- 9 Refused

- 10.1 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?
  - 1 \_\_ Days per week
  - 2 \_\_ Days in past 30 days
  - 888 No drinks in past 30 days [Go to next section]777 Don't know / Not sure [Go to next section]
  - 777 Don't know / Not sure [Go 999 Refused [Go
    - Go to next section
- 10.2 One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average? INTERVIEWER NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2

shots would count as 2 drinks.

- \_ Number of drinks
- 77 Don't know / Not sure
- 99 Refused
- 10.3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have X [X = 5 for men, X = 4 for women] or more drinks on an occasion?
  - Number of times
  - 88 None
  - 77 Don't know / Not sure
  - 99 Refused
- 10.4 During the past 30 days, what is the largest number of drinks you had on any occasion?
  - 77 Don't know / Not sure
  - 99 Refused

Section 11: Immunization

11.1 During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?

Read if necessary: A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

- 1 Yes
- 2 No [Go to Q11.4]
- 7 Don't know / Not sure [Go to Q11.4]9 Refused [Go to Q11.4]
- 11.2 During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?

/	Month / Year
77 / 7777	Don't know / Not sure
99 / 9999	Refused

- 11.3 At what kind of place did you get your last flu shot/vaccine?
  - 01 A doctor's office or health maintenance organization (HMO)
  - 02 A health department
  - 03 Another type of clinic or health center (a community health center)
  - 04 A senior, recreation, or community center
  - 05 A store (supermarket, drug store)

- 06 A hospital (inpatient)
- 07 An emergency room
- 08 Workplace
- 09 Some other kind of place
- 11 A school
- 10 Received vaccination in Canada/Mexico
- 77 Don't know / Not sure
- 99 Refused

#### 11.4 Have you ever had a pneumonia shot also known as a pneumococcal vaccine?

INTERVIEWER NOTE: IF RESPONDENT IS CONFUSED READ: THERE ARE TWO TYPES OF PNEUMONIA SHOTS: POLYSACCHARIDE, ALSO KNOWN AS PNEUMOVAX, AND CONJUGATE, ALSO KNOWN AS PREVNAR.

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 12: Falls

If respondent is 45 years or older continue, otherwise go to next section.

12.1

- In the past 12 months, how many times have you fallen?
  - \_\_\_ Number of times [76 = 76 or more]
  - 8 8 None [Go to next section]
  - 7 7 Don't know / Not sure [Go to next section]
  - 9 9 Refused [Go to next section]

INTERVIEWER NOTE: By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level.

12.2 [Fill in Did this fall (from Q12.1) cause an injury?]. If only one fall from Q12.1 and response is Yes (caused an injury); code 01. If response is No, code 88.

How many of these falls caused an injury that limited your regular activities for at least a day?

INTERVIEWER NOTE: By an injury, we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor.

- Number of falls [76 = 76 or more] 8 8 None 7 7 Don't know / Not sure
- 99 Refused

Section 13: Seat Belt Use and Drinking and Driving

13.1 How often do you use seat belts when you drive or ride in a car? Would you say—

- 1 Always
- 2 Nearly always
- 3 Sometimes
- 4 Seldom
- 5 Never

- 7 Don't know / Not sure
- 8 Never drive or ride in a car
- 9 Refused

Note: If Q13.1 = 8 (Never drive or ride in a car), go to next section; otherwise continue.

Note: If Q10.1 = 888 (No drinks in the past 30 days); go to next section.

- 13.2 During the past 30 days, how many times have you driven when you've had perhaps too much to drink?
  - \_ Number of times
  - 88 None
  - 77 Don't know / Not sure
  - 99 Refused

Section 14: Breast and Cervical Cancer Screening

NOTE: If male go to the next section.

1

The next questions are about breast and cervical cancer.

14.1 Have you ever had a mammogram?

Vaa

INTERVIEWER NOTE: A mammogram is an x-ray of each breast to look for breast cancer.

	163	
2	No	[Go to Q14.3]
7	Don't know / Not sure	[Go to Q14.3]
9	Refused	[Go to Q14.3]

- 14.2 How long has it been since you had your last mammogram?
  - 1 Within the past year (anytime less than 12 months ago)
  - 2 Within the past 2 years (1 year but less than 2 years ago)
  - 3 Within the past 3 years (2 years but less than 3 years ago)
  - 4 Within the past 5 years (3 years but less than 5 years ago)
  - 5 5 or more years ago
  - 7 Don't know / Not sure
  - 9 Refused

#### 14.3 Have you ever had a Pap test?

INTERVIEWER NOTE: A Pap test is a test for cancer of the cervix.

1	Yes	
2	No	[Go to Q14.5]
7	Don't know / Not sure	[Go to Q14.5]
9	Refused	[Go to Q14.5]

- 14.4 How long has it been since you had your last Pap test?
  - 1 Within the past year (anytime less than 12 months ago)
  - 2 Within the past 2 years (1 year but less than 2 years ago)
  - 3 Within the past 3 years (2 years but less than 3 years ago)
  - 4 Within the past 5 years (3 years but less than 5 years ago)
  - 5 5 or more years ago
  - 7 Don't know / Not sure
  - 9 Refused

14.5 An H.P.V. test is sometimes given with the Pap test for cervical cancer screening. Have you ever had an H.P.V. test?

INTERVIEWER NOTE: HUMAN PAPILLOMARVIRUS (PAP-UH-LOH-MUH VIRUS)

- 1 Yes
- 2 No [Go to Q14.7]
- 7 Don't know/Not sure [Go to Q14.7]
- 9 Refused [Go to Q14.7]

14.6 How long has it been since you had your last H.P.V. test?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago
- 7 Don't know / Not sure
- 9 Refused

NOTE: If response to Core Q8.20 = 1 (is pregnant); then go to next section.

14.7 Have you had a hysterectomy?

INTERVIEWER NOTE: A HYSTERECTOMY IS AN OPERATION TO REMOVE THE UTERUS (WOMB).

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 15: Prostate Cancer Screening

Note: If respondent is  $\leq$  39 years of age, or is female, go to next section.

15.1 Has a doctor, nurse, or other health professional ever talked with you about the advantages of the Prostate-Specific Antigen or P.S.A. test?

INTERVIEWER NOTE: A PROSTATE-SPECIFIC ANTIGEN TEST, ALSO CALLED A P.S.A. TEST, IS A BLOOD TEST USED TO CHECK MEN FOR PROSTATE CANCER.

- 1 Yes
- 2 No
- 7 Don't Know / Not sure
- 9 Refused
- 15.2 Has a doctor, nurse, or other health professional ever talked with you about the disadvantages of the P.S.A. test?
  - 1 Yes
  - 2 No
  - 7 Don't Know / Not sure
  - 9 Refused
- 15.3 Has a doctor, nurse, or other health professional ever recommended that you have a P.S.A. test?
  - 1 Yes
  - 2 No
  - 7 Don't Know / Not sure
  - 9 Refused

15.4. Have you ever had a P.S.A. test?

> Yes 1

2	No	[Go to next section]
7	Don't Know / Not sure	[Go to next section]
9	Refused	[Go to next section]

15.5. How long has it been since you had your last P.S.A. test?

- Within the past year (anytime less than 12 months ago) 1
- 2 Within the past 2 years (1 year but less than 2 years)
- 3 Within the past 3 years (2 years but less than 3 years)
- 4 Within the past 5 years (3 years but less than 5 years)
- 5 5 or more years ago
- 7 Don't know / Not sure
- 9 Refused
- 15.6. What was the main reason you had this P.S.A. test - was it ...?
  - Part of a routine exam 1
  - 2 Because of a prostate problem
  - 3 Because of a family history of prostate cancer
  - 4 Because you were told you had prostate cancer
  - 5 Some other reason
  - 7 Don't know / Not sure
  - 9 Refused

Section 16: Colorectal Cancer Screening

Note: If respondent is  $\leq$  49 years of age, go to next section.

#### 16.1 A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit? Vaa

1	res	
2	No	[Go to Q16.3]
7	Don't know / Not sure	[Go to Q16.3]
9	Refused	[Go to Q16.3]

16.2

How long has it been since you had your last blood stool test using a home kit?

- Within the past year (anytime less than 12 months ago) 1
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago
- 7 Don't know / Not sure
- 9 Refused
- 16.3 Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?
  - 1 Yes 2 No [Go to next section] Don't know / Not sure [Go to next section] 7 9 Refused [Go to next section]

16.4 For a sigmoidoscopy, a flexible tube is inserted into the rectum to look for problems. A colonoscopy is similar, but uses a longer tube, and you are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test. Was your most recent exam a sigmoidoscopy or a colonoscopy?

- 1 Sigmoidoscopy
- 2 Colonoscopy
- 7 Don't know / Not sure
- 9 Refused

How long has it been since you had your last sigmoidoscopy or colonoscopy?

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 Within the past 10 years (5 years but less than 10 years ago)
- 6 10 or more years ago
- 7 Don't know / Not sure
- 9 Refused

## Section 17: HIV/AIDS

16.5

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

17.1	Not counting tests you may have had as part of blood donation, have you ever been
	tested for HIV?

1	Yes	
2	No	[Go to Q17.3]
7	Don't know / Not sure	[Go to Q17.3]
9	Refused	[Go to Q17.3]

17.2 Not including blood donations, in what month and year was your last HIV test?
 NOTE: If response is before January 1985, code Don't know.
 INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

/	Code month and year
77/ 7777	Don't know / Not sure
99/ 9999	Refused / Not sure

17.3 I am going to read you a list. When I am done, please tell me if any of the situations apply to you. You do not need to tell me which one.

You have used intravenous drugs in the past year.

You have been treated for a sexually transmitted or venereal disease in the past year.

You have given or received money or drugs in exchange for sex in the past year.

You had anal sex without a condom in the past year.

You had four or more sex partners in the past year.

Do any of these situations apply to you?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

NOTE: Only asked of those not responding Yes (code = 1) to Core Q6.12 (Diabetes awareness question).

- 1. Have you had a test for high blood sugar or diabetes within the past three years?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused

Note: If Core Q6.12 = 4 (No, pre-diabetes or borderline diabetes); answer Q2 Yes (code = 1).

2. Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?

If Yes and respondent is female, ask: Was this only when you were pregnant?

- 1 Yes
- 2 Yes, during pregnancy
- 3 No
- 7 Don't know / Not sure
- 9 Refused

# Module 2: Diabetes

Note: To be asked following Core Q6.13; if response to Q6.12 is Yes (code = 1)

- 1. Are you now taking insulin?
  - 1 Yes
  - 2 No
  - 9 Refused
- 2. About how often do you check your blood for glucose or sugar?

INTERVIEWER NOTE: Include times when checked by a family member or friend, but do not include times when checked by a health professional.

1	_	_	Times per day
2	_	_	Times per week
3	_	_	Times per month
4	_	_	Times per year
8	8	8	Never
7	7	7	Don't know / Not sure
9	9	9	Refused

INTERVIEWER NOTE: If the respondent uses a continuous glucose monitoring system (a sensor inserted under the skin to check glucose levels continuously), fill in '98 times per day.'

3. Including times when checked by a family member or friend by not including times when checked by a health professional, about how often do you check your feet for any sores or irritations?

1	Times per day
2	Times per week
3	Times per month
4	Times per year
555	No feet
888	Never
777	Don't know / Not sure
999	Refused

- 4. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?
  - \_ Number of times [76 = 76 or more]
  - 88 None
  - 77 Don't know / Not sure
  - 99 Refused
- 5. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for A-one-C? Interviewer note: A test for A one C measures the average level of blood sugar over the past three months.
  - Number of times [76 = 76 or more]
  - \_ \_ Numb 8 8 None
  - 98 Never heard of A one C test
  - 77 Don't know / Not sure
  - 99 Refused

Note: If Q3 = 555 (No feet), go to Q7.

- 6. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?
  - \_ Number of times [76 = 76 or more]
  - 88 None
  - 77 Don't know / Not sure
  - 99 Refused
- 7. When was the last time you had an eye exam in which the pupils were dilated, making you temporarily sensitive to bright light?
  - 1 Within the past month (anytime less than 1 month ago)
  - 2 Within the past year (1 month but less than 12 months ago)
  - 3 Within the past 2 years (1 year but less than 2 years ago)
  - 4 2 or more years ago
  - 7 Don't know / Not sure
  - 8 Never
  - 9 Refused
- 8. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 9. Have you ever taken a course or class in how to manage your diabetes yourself?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused

Read if necessary: Electronic cigarettes (e-cigarettes) and other electronic vaping products include electronic hookahs (e-hookahs), vape pens, e-cigars, and others. These products are battery-powered and usually contain nicotine and flavors such as fruit, mint, or candy.

INTERVIEWER NOTE: THESE QUESTIONS CONCERN ELECTRONIC VAPING PRODUCTS FOR NICOTINE USE. THE USE OF ELECTRONIC VAPING PRODUCTS FOR MARIJUANA USE IS NOT INCLUDED IN THESE QUESTIONS.

- 1. Have you ever used an e-cigarette or other electronic vaping product, even just one time, in your entire life?
  - 1 Yes
  - 2 No [Go to next module]
  - 7 Don't know / Not Sure [Go to next module]
  - 9 Refused [Go to next module]
- 2. Do you now use e-cigarettes or other electronic vaping products every day, some days, or not at all?
  - 1 Every Day
  - 2 Some days
  - 3 Not at all
  - 7 Don't know/Not sure
  - 9 Refused

Module 13: Lung Cancer Screening

NOTE: IF CORE Q9.1=1 (YES) AND Q9.2 = 1, 2, OR 3 (EVERY DAY, SOME DAYS, OR NOT AT ALL) CONTINUE, ELSE GO TO QUESTION 4.

You've told us that you have smoked in the past or are currently smoking. The next questions are about screening for lung cancer.

1. How old were you when you first started to smoke cigarettes regularly?

- \_\_\_ Age in Years (001 100)
- 888 Never smoked cigarettes regularly [GO TO Q4]
- 777 Don't know/Not sure
- 999 Refused

INTERVIEWER NOTE 1: REGULARLY IS AT LEAST ONE CIGARETTE OR MORE ON DAYS THAT A RESPONDENT SMOKES (EITHER EVERY DAY OR SOME DAYS) OR SMOKED (NOT AT ALL).

[INSTRUCTION/ INTERVIEWER NOTE: (IF RESPONDENT INDICATES AGE INCONSISTENT WITH PREVIOUSLY ENTERED AGE) THE RESPONDENT INDICATED THEIR AGE TO BE \_\_\_\_\_YEARS OLD. YOU INDICATED THEY STARTED SMOKING REGULARLY AT THE AGE OF \_\_\_\_\_YEARS. PLEASE VERIFY THAT THIS IS THE CORRECT ANSWER AND CHANGE THE AGE OF THE RESPONDENT REGULARLY SMOKING OR MAKE A NOTE TO CORRECT THE AGE OF THE RESPONDENT.]

2. How old were you when you last smoked cigarettes regularly?

- \_\_\_ Age in Years
- 777 Don't know/Not sure
- 999 Refused

INTERVIEWER NOTE 1: REGULARLY IS AT LEAST ONE CIGARETTE OR MORE ON DAYS THAT A RESPONDENT SMOKES (EITHER EVERY DAY OR SOME DAYS) OR SMOKED (NOT AT ALL).

3. On average, when you {smoke/smoked} regularly, about how many cigarettes {do/did} you usually smoke each day?

- \_\_\_ Number of cigarettes
- 777 Don't know/Not sure
- 999 Refused

INTERVIEWER NOTE 1: REGULARLY IS AT LEAST ONE CIGARETTE OR MORE ON DAYS THAT A RESPONDENT SMOKES (EITHER EVERY DAY OR SOME DAYS) OR SMOKED (NOT AT ALL).

INTERVIEWER NOTE 2: RESPONDENTS MAY ANSWER IN PACKS INSTEAD OF NUMBER OF CIGARETTES. BELOW IS A CONVERSION TABLE:

0.5 PACK = 10 CIGARETTES 0.75 PACK = 15 CIGARETTES 1 PACK = 20 CIGARETTES 1.25 PACK = 25 CIGARETTES 1.5 PACK = 30 CIGARETTES 1.75 PACK = 35 CIGARETTES 2 PACKS = 40 CIGARETTES 2.5 PACKS= 50 CIGARETTES 3 PACKS= 60 CIGARETTES

- 4. The next question is about CT or CAT scans. During this test, you lie flat on your back on a table. While you hold your breath, the table moves through a donut shaped x-ray machine while the scan is done. In the last 12 months, did you have a CT or CAT scan?
  - 1. Yes, to check for lung cancer
  - 2. No (did not have a CT scan)
  - 3. Had a CT scan, but for some other reason
  - 7. Don't know/not sure
  - 9. Refused

Module 15: Cancer Survivorship

Note: If Core Q6.6 or Q6.7 = 1 (Yes) or Q15.6 = 4 (Because you were told you had prostate cancer) continue, else go to next module.

You've told us that you have had cancer. I would like to ask you a few more questions about your cancer.

- 1. How many different types of cancer have you had?
  - 1 Only one
  - 2 Two
  - 3 Three or more
  - 7 Don't know / Not sure [Go to next module]
  - 9 Refused [Go to next module]
- 2. At what age were you told that you had cancer?
  - \_\_\_ Code age in years [97 = 97 and older]
  - 98 Don't know / Not sure
  - 99 Refused

Note: If Q1= 2 (Two) or 3 (Three or more), ask: At what age were you first diagnosed with cancer?

INTERVIEWER NOTE: This question refers to the first time they were told about their first cancer.

Note: If Core Q6.6 = 1 (Yes) and Q1 = 1 (Only one): ask Was it Melanoma or other skin cancer? then code 21 if Melanoma or 22 if other skin cancer

Note: If Core Q16.6 = 4 (Because you were told you had Prostate Cancer) and Q1 = 1 (Only one) then code 19.

3. What type of cancer was it?

If Q1 = 2 (Two) or 3 (Three or more), ask: With your most recent diagnoses of cancer, what type of cancer was it?

INTERVIEWER NOTE: Read list only if respondent needs prompting for cancer type (i.e., name of cancer) [1-30]:

Breast

01 Breast cancer

Female reproductive (Gynecologic)

- 02 Cervical cancer (cancer of the cervix)
- 03 Endometrial cancer (cancer of the uterus)
- 04 Ovarian cancer (cancer of the ovary)

Head/Neck

- 05 Head and neck cancer
- 06 Oral cancer
- 07 Pharyngeal (throat) cancer
- 08 Thyroid
- 09 Larynx

#### Gastrointestinal

- 10 Colon (intestine) cancer
- 11 Esophageal (esophagus)
- 12 Liver cancer
- 13 Pancreatic (pancreas) cancer
- 14 Rectal (rectum) cancer
- 15 Stomach

Leukemia/Lymphoma (lymph nodes and bone marrow)

- 16 Hodgkin's Lymphoma (Hodgkin's disease)
- 17 Leukemia (blood) cancer
- 18 Non-Hodgkin's Lymphoma

Male reproductive

- 19 Prostate cancer
- 20 Testicular cancer

## Skin

- 21 Melanoma
- 22 Other skin cancer

#### Thoracic

- 23 Heart
- 24 Lung

Urinary cancer:

- 25 Bladder cancer
- 26 Renal (kidney) cancer

Others

- 27 Bone
- 28 Brain
- 29 Neuroblastoma
- 30 Other
- 77 Don't know / Not sure
- 99 Refused
- 4. Are you currently receiving treatment for cancer? INTERVIEWER NOTE: BY TREATMENT, WE MEAN SURGERY, RADIATION THERAPY, CHEMOTHERAPY, OR CHEMOTHERAPY PILLS.
  - 1 Yes
  - 2 No, I've completed treatment
  - 3 No, I've refused treatment
  - 4 No, I haven't started treatment
  - 7 Don't know / Not sure
  - 9 Refused

[Go to next module]

- [Go to next module] [Go to next module]
- [Go to next module]
- [Go to next module]
- 5. What type of doctor provides the majority of your health care?

INTERVIEWER NOTE: If the respondent requests clarification of this question, say: We want to know which type of doctor you see most often for illness or regular health care (Examples: annual exams and/or physicals, treatment of colds, etc.).

- 01 Cancer Surgeon
- 02 Family Practitioner
- 03 General Surgeon
- 04 Gynecologic Oncologist
- 05 General Practitioner, Internist
- 06 Plastic Surgeon, Reconstructive Surgeon
- 07 Medical Oncologist
- 08 Radiation Oncologist
- 09 Urologist
- 10 Other
- 77 Don't know / Not sure
- 99 Refused
- 6. Did any doctor, nurse, or other health professional EVER give you a written summary of all the cancer treatments that you received?

Read only if necessary: By 'other healthcare professional', we mean a nurse practitioner, a physician's assistant, social worker, or some other licensed professional.

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- 7. Have you ever received instructions from a doctor, nurse, or other health professional about where you should return or who you should see for routine cancer check-ups after completing your treatment for cancer?

- 1 Yes
- 2 No
- 7 Don't know / Not sure [Go to Q9]
- 9 Refused [Go to Q9]
- 8. Were these instructions written down or printed on paper for you?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 9. With your most recent diagnosis of cancer, did you have health insurance that paid for all or part of your cancer treatment?

[Go to Q9]

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER NOTE: HEALTH INSURANCE ALSO INCLUDES MEDICARE, MEDICAID, OR OTHER TYPES OF STATE HEALTH PROGRAMS.

- 10. Were you ever denied health insurance or life insurance coverage because of your cancer?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 11. Did you participate in a clinical trial as part of your cancer treatment?
  - 1 Yes
  - 2 No
  - 7 Don't know / Not sure
  - 9 Refused
- 12. Do you currently have physical pain caused by your cancer or cancer treatment?
  - 1 Yes
  - 2 No [Go to next module]
  - 7 Don't know / Not sure [Go to next module]
  - 9 Refused [Go to next module]
- 13. Would you say your pain currently under control...?
  - 1 With medication (or treatment)
  - 2 Without medication (or treatment)
  - 3 Not under control, with medication (or treatment)
  - 4 Not under control, without medication (or treatment)
  - 7 Don't know / Not sure
  - 9 Refused

NOTE: If Core Q8.16 = 88, or 99 (No children under age 18 in the household, or Refused), go to next module.

If Core Q8.16 = 1, Interviewer please read: Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child. [Go to Q1]

If Core Q8.16 is >1 and Core Q8.16 does not equal 88 or 99, Interviewer please read: Previously, you indicated there were [number] children age 17 or younger in your household. Think about those [number] children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the last. Please include children with the same birth date, including twins, in the order of their birth.

INSTRUCTION: RANDOMLY SELECT ONE OF THE CHILDREN. This is the Xth child. Please substitute Xth child's number in all questions below. INTERVIEWER PLEASE READ:

I have some additional questions about one specific child. The child I will be referring to is the Xth [please fill in correct number] child in your household. All following questions about children will be about the Xth [please fill in] child.

1. What is the birth month and year of the Xth child?

1	Code month and year
/	Code month and year
77/ 7777	Don't know / Not sure
99/ 9999	Refused

INSTRUCTION: Calculate the child's age in months (CHLDAGE1=0 to 216) and also in years (CHLDAGE2=0 to 17) based on the interview date and the birth month and year using a value of 15 for the birth day. If the selected child is < 12 months old enter the calculated months in CHLDAGE1 and 0 in CHLDAGE2. If the child is  $\geq$  12 months enter the calculated months in CHLDAGE1 and set CHLDAGE2=Truncate (CHLDAGE1/12).

- 2. Is the child a boy or a girl?
  - 1 Boy
  - 2 Girl
  - 9 Refused

3. Is the child Hispanic, Latino/a, or Spanish origin? If yes, ask: Are they...

INTERVIEWER NOTE: ONE OR MORE CATEGORIES MAY BE SELECTED

- Mexican, Mexican American, Chicano/a
- 2 Puerto Rican
- 3 Cuban

1

- 4 Another Hispanic, Latino/a, or Spanish origin
- 5 No
- 7 Don't know / Not sure
- 9 Refused

4. Which one or more of the following would you say is the race of the child?

(Select all that apply)

INTERVIEWER NOTE: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
  - 41 Asian Indian
  - 42 Chinese
  - 43 Filipino
  - 44 Japanese
  - 45 Korean
  - 46 Vietnamese
  - 47 Other Asian
- 50 Pacific Islander
  - 51 Native Hawaiian
  - 52 Guamanian or Chamorro
  - 53 Samoan
  - 54 Other Pacific Islander
- 60 Other
- 88 No additional choices
- 77 Don't know / Not sure
- 99 Refused

# [NOTE: IF MORE THAN ONE RESPONSE TO Q4; CONTINUE. OTHERWISE, GO TO Q6.]

5. Which one of these groups would you say best represents the child's race?

INTERVIEWER NOTE: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
  - 41 Asian Indian
  - 42 Chinese
  - 43 Filipino
  - 44 Japanese
  - 45 Korean
  - 46 Vietnamese
  - 47 Other Asian
- 50 Pacific Islander
  - 51 Native Hawaiian
  - 52 Guamanian or Chamorro
  - 53 Samoan
  - 54 Other Pacific Islander
- 60 Other
- 77 Don't know / Not sure
- 99 Refused

- How are you related to the child? 1 Parent (include biologic, step, or adoptive parent)
- Grandparent 2 3 4
- Foster parent or guardian
- Sibling (include biologic, step, and adoptive sibling)
- 5 6 Other relative
- Not related in any way
- 7 Don't know / Not sure
- 9 Refused

# SOUTH DAKOTA'S 2018 STATE-ADDED QUESTIONS

# HEALTH CARE COVERAGE

If "1" to Q. 3.1, continue. Otherwise go to SD01Q02.

SD01Q01. Earlier you were asked some questions about your health care coverage. We'd now like to ask you what type of health care coverage you use to pay for most of your medical care?

Is it coverage through:

- 01 Your employer
- 02 Someone else's employer
- 03 A plan that you or someone else buys on your own
- 04 Medicare
- 05 Medicaid or Medical Assistance
- 06 The military, CHAMPUS, TriCare, or the VA
- 07 The Indian Health Service
- 08 Some other source
- 88 None
- 77 Don't know/Not sure
- 99 Refused

Go to Q. SD02Q01.

If "2" to Q. 3.1, continue. Otherwise go to SD02Q01.

SD01Q02. Earlier you indicated that you did not have any type of health care coverage, but there are some types of coverage you may not have considered. Please tell me if you have any of the following:

Coverage through:

- 01 Your employer
- 02 Someone else's employer
- 03 A plan that you or someone else buys on your own
- 04 Medicare
- 05 Medicaid or Medical Assistance
- 06 The military, CHAMPUS, TriCare, or the VA
- 07 The Indian Health Service
- 08 Some other source
- 88 None
- 77 Don't know/Not sure
- 99 Refused

# TOBACCO

If "1" to Q. 3.4, And If ("1" or "2" to Q. 9.2) or ("1" or "2" to Q. 9.5), continue. Otherwise, go to SD02Q02.

SD02Q01. In the past 12 months, has a doctor, nurse, or other health professional advised you to (quit smoking or stop using spit tobacco)?

- 1 Yes
- 2 No
- 7 Don't Know/Not Sure
- 9 Refused
- If "1" or "2" to Q. 8.15, continue. Otherwise, go to SD02Q04.
- SD02Q02. While working at your job, are you indoors most of the time?
  - 1 Yes
  - 2 No Go to SD02Q04
  - 7 Don't Know/Not Sure Go to SD02Q04
  - 9 Refused Go to SD02Q04
- SD02Q03. Which of the following best describes your place of work's official smoking policy for work areas?
  - 1 Not allowed in any work areas
  - 2 Allowed in some work areas
  - 3 Allowed in all work areas
  - 4 No official policy
  - 7 Don't know/Not sure
  - 9 Refused
- SD02Q04. Which statement best describes the rules about smoking inside your home? Do not include decks, garages, or porches.
  - 1 Smoking is not allowed anywhere inside your home Go to SD02Q06
  - 2 Smoking is allowed in some places or at some times
  - 3 Smoking is allowed anywhere inside your home

or

- 4 There are no rules about smoking inside your home
- 7 Don't know / Not sure
- 9 Refused

SD02Q05. On how many of the past 7 days did someone smoke in your home while you were there?

- $5\overline{5}$  Not at home in the past 7 days
- 88 None
- 7 7 Don't know / Not sure
- 99 Refused

#### SUN EXPOSURE

- SD03Q01. When you are outside for more than one hour on a sunny day, how often do you wear sun block or sunscreen with an SPF of 15 or higher?
  - 1 Always
  - 2 Nearly Always
  - 3 Sometimes
  - 4 Seldom
  - 5 Never
  - 6 Don't stay out for more than an hour
  - 7 Don't Know/Not Sure
  - 9 Refused

## COLORECTAL CANCER SCREENING

If respondent is ≤ 49 years of age, go to Q. SD05Q01

- SD04Q01. Has a doctor, nurse, or other health professional ever recommended that you be tested for colorectal or colon cancer?
  - 1 Yes
  - 2 No
  - 7 Don't Know/Not Sure
  - 9 Refused

SUBSTANCE ABUSE AND MENTAL HEALTH

- SD05Q01. During the past 12 months, have you ever taken a prescription pain medication such as OxyContin, Percocet, Vicodin, Tramadol, or Fentanyl?
  - 1 Yes
  - 2 No
  - 7 Don't know/Not sure
  - 9 Refused

#### CHILDREN'S HEALTH INSURANCE

If the total number of children (ages 0-17) is equal to or greater than 1 according to Q. 8.16, continue. Otherwise, go to SD07Q01.

I'm now going to ask you some more questions about the child in the household that we talked about earlier.

- SD06Q01. Does this child have health coverage?
  - 1 Yes
  - 2NoGo to SD06Q037Don't Know/Not SureGo to SD07Q01
  - 9 Refused Go to SD07Q01
- SD06Q02. What type of health coverage do you use to pay for most of this child's medical care? Is it coverage through:
  - 01 Your employer
  - 02 Someone else's employer
  - 03 A plan that you or someone else buys on your own
  - 04 Medicare
  - 05 Medicaid, CHIP, or Medical Assistance
  - 06 The military, CHAMPUS, TriCare, or the VA
  - 07 The Indian Health Service (IHS)
  - 09 Community Health Services
  - 08 Some other source
  - 88 None
  - 77 Don't know/Not sure
  - 99 Refused

Go to SD07Q01.

- SD06Q03. There are some types of coverage you may not have considered, please tell me if this child is covered by any of the following.
  - Coverage through:
  - 01 Your employer
  - 02 Someone else's employer
  - 03 A plan that you or someone else buys on your own
  - 04 Medicare
  - 05 Medicaid, CHIP, or Medical Assistance
  - 06 The military, CHAMPUS, TriCare, or the VA
  - 07 The Indian Health Service
  - 09 Community Health Services
  - 08 Some other source
  - 88 None
  - 77 Don't know/Not sure
  - 99 Refused

If "1" to Q. 2 in Module 1, continue. Otherwise, go to SD08Q01.

SD07Q01. Earlier in the survey you indicated that you had been diagnosed with pre-diabetes or borderline diabetes. Did your doctor or another health professional refer you to pre-diabetes education to prevent diabetes?

- 1 Yes
- 2 No
- 7 Don't know
- 9 Refused

If ("3", "4", or "8") to Q. 3.4, continue. Otherwise, go to SD09Q01.

SD08Q01. Earlier in the survey you indicated that you had not had a routine health check-up in the past two years, what is the main reason you have not been to a doctor for a routine checkup in the past two years?

- 1 Can't afford it
- 2 Do not have health insurance
- 3 Not sick/Rarely get sick/Low perceived need to seek medical services
- 4 Clinic hours don't fit my schedule
- 5 Transportation difficulties
- 6 Distrust of doctors
- 7 Waiting times are too long
- 8 Past negative experiences
- 9 Personal factors such as fear, guilt, embarrassment
- 10 Believe in alternative medicine
- 11 Clinic too far away
- 12 Do not have a personal doctor
- 13 Other priorities/Too busy
- 14 Just haven't thought of it
- 97 Other (specify)
- 77 Don't Know/Not Sure
- 99 Refused

## Adverse Childhood Experiences

I'd like to ask you some questions about events that happened during your childhood. This information will allow us to better understand problems that may occur early in life and may help others in the future. This is a sensitive topic and some people may feel uncomfortable with these questions. At the end of this section, I will give you a phone number for an organization that can provide information and referral for these issues. Please keep in mind that you can ask me to skip any question you do not want to answer.

All questions refer to the time period before you were 18 years of age. Now, looking back before you were 18 years of age—

SD09Q01.	Did you live with anyone who was depressed, mentally ill, or suicidal? 1 Yes 2 No 7 Don't Know/Not Sure 9 Refused
SD09Q02.	Did you live with anyone who was a problem drinker or alcoholic? 1 Yes 2 No 7 Don't Know/Not Sure 9 Refused
SD09Q03.	Did you live with anyone who used illegal street drugs or who abused prescription medications? 1 Yes 2 No 7 Don't Know/Not Sure 9 Refused
SD09Q04.	Did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility? 1 Yes 2 No 7 Don't Know/Not Sure 9 Refused
SD09Q05.	Were your parents separated or divorced? 1 Yes 2 No 7 Don't Know/Not Sure 9 Refused
SD09Q06.	How often did your parents or adults in your home ever slap, hit, kick, punch, or beat each other up? 1 Never 2 Once 3 More than once 7 Don't know / Not sure 9 Refused

- SD09Q07. Before age 18, how often did a parent or adult in your home ever hit, beat, kick, or physically hurt you in any way? Do not include spanking. Would you say---
  - 1 Never
  - 2 Once
  - 3 More than once
  - 7 Don't know / Not sure
  - 9 Refused

#### SD09Q08. How often did a parent or adult in your home ever swear at you, insult you, or put you down? 1 Never

- 2 Once
- 3 More than once
- 7 Don't know / Not sure
- 9 Refused
- SD09Q09. How often did anyone at least 5 years older than you or an adult touch you sexually? 1 Never
  - 2 Once
  - 3 More than once
  - 7 Don't know / Not sure
  - 9 Refused
- SD09Q10. How often did anyone at least 5 years older than you or an adult try to make you touch them sexually?
  - 1 Never
  - 2 Once
  - 3 More than once
  - 7 Don't know / Not sure
  - 9 Refused
- SD09Q11. How often did anyone at least 5 years older than you or an adult force you to have sex?
  - 1 Never
  - 2 Once
  - 3 More than once
  - 7 Don't know / Not sure
  - 9 Refused

#### Please read:

<u>Closing Statement</u>: We realize that this topic may bring up past experiences that some people may wish to talk about. If you or someone you know would like to talk to a trained counselor, please call 1-800-656-HOPE (4673). Would you like me to repeat this number?

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.