# The Health Behaviors of South Dakotans 2017

A Report of the South Dakota Behavioral Risk Factor Surveillance System

> South Dakota Department of Health 600 East Capitol Avenue Pierre, South Dakota 57501

In cooperation with the Centers for Disease Control and Prevention Atlanta, Georgia

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### Preface

*The Health Behaviors of South Dakotans 2017* serves as a way to measure health risks of South Dakotans.

The information used to develop the report came from the Behavioral Risk Factor Surveillance System (BRFSS). The South Dakota Department of Health (DOH) initiated the BRFSS with help from the Centers for Disease Control and Prevention (CDC).

The survey consists of questions aimed at tracking and trending prevalence of health behaviors and conditions over time.

The BRFSS is the world's largest telephone survey. The survey is administered to households with adults age 18 years or older.

The Office of Health Statistics edited and compiled data for this publication. This report contains as much information as practical from the survey.

For questions regarding The Health Behaviors of South Dakotans 2017, please contact:

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#### <u>History</u>

By the early 1980s, scientific research clearly showed that personal health behaviors played a major role in premature morbidity and mortality. The National Center for Health Statistics (NCHS) periodically used surveys to obtain national estimates of health risk behaviors among U.S. adult populations, but these data were not available on a state-specific basis. This deficiency was critical for state health agencies that have the primary role of targeting resources to reduce behavioral risks and their consequent illnesses.

About the same time as personal health behaviors received wider recognition in relation to chronic disease, morbidity and mortality, telephone surveys emerged as an acceptable method for determining the prevalence of many health risk behaviors among populations. In addition to their cost advantages, telephone surveys were especially desirable at the state and local level, where the necessary abilities and resources for conducting area probability sampling for in-person household interviews were likely unavailable.

As a result, surveys were developed and conducted to monitor state-level prevalence of the major behavioral risks associated with premature morbidity and mortality. The basic philosophy was to collect data on actual behaviors, rather than on attitudes or knowledge, which would be especially useful for planning, initiating, supporting, and evaluating health promotion and disease prevention programs. Data from the questionnaire provided health departments, public health offices, and policymakers with necessary behavioral information. When combined with mortality and morbidity statistics, these data enable public health officials to establish policies and priorities and to initiate and assess health promotion strategies.

In 1984, the creation of the Behavioral Risk Factor Surveillance System (BRFSS) began to collect prevalence data on risk behaviors and preventative health practices that affect health status. The Centers for Disease Control and Prevention (CDC) developed a standard core questionnaire for states to use to provide data that would be comparable with all states. Individual states could add questions to gather additional information on topics of specific interest to them. The South Dakota Department of Health (DOH) started the BRFSS in South Dakota in 1987 with the help of the CDC. By 1994, all states, the District of Columbia, and three territories were participating in the BRFSS.

#### Purpose

- The main purpose of the BRFSS at the state level is for program support within the DOH. Every year, various health programs collaborate and plan the optional content of the survey to gather useful data. They are then able to use those data to determine priority health issues and identify populations at highest risk. This leads to effective program planning, initiation, support, and evaluation of health promotion and disease prevention programs.
- The DOH also uses BRFSS data to increase awareness and educate the public, the health community, and policymakers about health matters through responses to media inquiries, reports, and publications. Private and public health officials throughout South Dakota receive a copy of this report to aid program efforts in influencing public health issues.

In December 2015, the South Dakota Department of Health released a strategic plan for the next five years. The plan includes goals that will be measured by key performance indicators. Six of these performance indicators use BRFSS data. They include:

 Increase the percent of South Dakota adults who have visited a doctor for a routine check-up within the past 2 years from 80% in 2014 to 84% by 2020

- Reduce the percentage of adults who currently smoke from 19% in 2014 to 14.5% by 2020
- Increase the percentage of adults who meet the recommended physical activity aerobic guidelines from 54% in 2013 to 59% by 2020
- Increase the percentage of adults age 50-75 who are up-to-date with recommended colorectal cancer screening from 67% in 2014 to 80% by 2020
- Increase the percent of Native Americans who report good to excellent health status from 77% in 2012-2014 to 87% by 2018-2020
- Reduce the percent of low-income South Dakotans who currently smoke from 32.7% in 2013-2014 to 31.5% by 2020.

In subsequent reports we will be highlighting these areas and tracking the progress toward 2020.

#### **Report Description**

This report includes several sections covering major indicators from the survey. The DOH has organized the sections in the following manner:

- A definition of the indicator is given.
- The prevalence of the indicator in South Dakota is given and the prevalence in the United States and D.C. is given if it is available.
- A time trend analysis for each indicator is given as far back as comparable data have been gathered. This includes a dashed trend line as well as the actual data results for each available year. Multiple years of data are very valuable not only for analyzing the trend of the indicator, but also help to show the variability in some indicators.
- A detailed demographic breakdown is included. This table is important because it can identify demographic subgroups at highest risk.
- Text explaining any demographic differences or associations with the given indicator is included. When a prevalence is indicated to be significantly different for different demographics, it simply means the 95% confidence intervals for the given indicators do not overlap.
- Any additional data gathered on the given topic will then follow.

Table 1, on the next page, shows the estimated risk factor rates and the estimated number of persons in South Dakota who are at risk for the selected risk factors. The DOH based the estimated population at risk on 2017 population estimates from the U. S. Census Bureau.

Table 1			
Estimated Percentage and Number of Persons at Risk Due to	Selected Factors	(Ages 18 and	
Older Unless Otherwise Specified): South Dak	ota BRFSS, 2017		
Торіс	Estimated %	Estimated Population	
Body Mass Index - Overweight/Obese (BMI 25.0+)	68%	444,000	
Body Mass Index - Obese Classes I-III (BMI 30.0+)	32%	209,000	
Body Mass Index - Obese Classes II-III (BMI 35.0+)	13%	86,000	
Leisure Time Physical Activity	75%	492,000	
Meets Physical Activity Recommendations	51%	332,000	
Three or More Servings of Vegetables per Day	13%	88,000	
Two or More Servings of Fruit per Day	30%	196,000	
Five or More Servings of Fruits and Vegetables per Day	15%	96,000	
Cigarette Smoking	19%	126,000	
Smokeless Tobacco Use	6%	40,000	
E-Cigarette Use	4%	26,000	
Tobacco Use (Cigarette, Smokeless, or E-Cig)	25%	163,000	
Hypertension	31%	202,000	
High Blood Cholesterol	29%	193,000	
Diabetes	11%	73,000	
No Health Insurance (18-64 Years Old)	8%	39,000	
No Health Insurance (0-17 Years Old)	1%	1,000	
No Health Insurance (0-64 Years Old)	5%	40,000	
Routine Check-Up in Past Two Years	81%	532,000	
Flu Shot in Past 12 months (65+ Years Old)	65%	92,000	
Ever Had a Pneumonia Shot (65+ Years Old)	78%	110,000	
Ever Had a Shingles Shot (50+ years old)	39%	120,000	
Been to the Dentist in the Past Year (1-17 years old)	88%	179,000	
Ever Had a Heart Attack	5%	32,000	
Have Angina or Coronary Heart Disease	5%	31,000	
Ever Had a Stroke	3%	18,000	
Ever Been Diagnosed with Cancer (Excluding Skin Cancer)	7%	48,000	
Ever Been Diagnosed with Skin Cancer	5%	34,000	
Current Asthma	7%	48,000	
Arthritis	22%	145,000	
Chronic Obstructive Pulmonary Disease (COPD)	5%	30,000	
Depressive Disorder	17%	114,000	
Kidney Disease	3%	18,000	
Severe Vision Impairment	4%	24,000	
Hearing Difficulty	8%	52,000	
Always or Almost Always Use Seat Belt	87%	570,000	
Drank Alcohol in Past 30 Days	55%	361,000	
Binge Drinking	17%	114,000	
Heavy Drinking	6%	40,000	
Advance Directive in Place	32%	209,000	
Currently Using Birth Control (18-49 Females)	72%	119,000	
Taken Prescription Pain Medication in Past 12 Months	15%	98,000	
One or More Adverse Childhood Experiences	46%	298,000	
Five or More Adverse Childhood Experiences	7%	47,000	
Fair/Poor Health Status	14%	94,000	
Physical Health Not Good for 30 of the Past 30 days	7%	45,000	
Mental Health Not Good for 20-30 Days of the Past 30 days	6%	41,000	
Professional Treatment for Mental Problem	12%	82,000	
Professional Treatment for Substance Abuse	2%	12,000	
Usual Activities Unattainable for 10-30 Days of the Past 30 Days	8%	49,000	
Ever Been Tested for HIV (18-64 Years Old)	27%	139,000	

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Table 2 shows the topics covered on South Dakota's BRFSS each year from 2008 through 2017.

Table 2       Topics Covered on the South Dakota BRESS, 2008-2017										
Topics			un Dan		Ye	ar	•			
100103	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008
Advanced Directive	X		X						X	
Adverse Childhood Experiences (ACE)	X		~						~	
Alcohol Consumption	X	Х	Х	Х	Х	Х	Х	Х	Х	Х
Arthritis	X	X	X	X	X	X	X	~	X	~
Asthma	X	X	X	X	X	X	X	X	X	X
Birth Control	X	~	Λ	Λ	~	~	~	~	~	~
Body Mass Index	X	X	X	X	X	X	X	X	Х	Х
Breast Cancer Screening	Λ	X	Λ	X	~	X	~	X	~	X
Cancer	X	X	X	X	X	X	X	X	X	~
Cancer Survivorship	X	X	X	~	~	~	~	~	~	
Cardiovascular Disease	X	X	X	X	X	X	X	X	X	Х
Care Giving	X	X	Λ	~	~			~	X	
Cervical Cancer Screening		X		x		X		X	~	X
Cholesterol Awareness	X		X	~	X		X	~	X	~
Chronic Obstructive Pulmonary Disease					~				~	
	Y	Y	Y	Y	Y	Y	Y			
Cognitive Impairment	~	~	× ×	× ×	× ×	~	~			
Coloroctal Capcor Scrooning		v	^		^	v		v		V
Depressive Disorder	v		v		v		v	^		^
Dishetes								v	v	v
Diabetes Children	~	~	~	^	^	^	^	~	~	
Diabetes – Children	V	V	V	V	V	V	V	V	V	X
Diabetes – Pre	X	X	X	X	X	X	X	X	X	X
Disability (Physical, Mental, or Emotional)			X	X	X	X	X	X	X	X
Emotional Support & Life Satisfaction				Ň				X	X	X
Falls		X		X		X		X		X
Flu Shots	X	X	X	X	X	X	X	X	X	X
Health Care Coverage and Access	X	X	X	X	X	X	X	X	X	X
Health Care Coverage - Children	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Health Status / Healthy Days	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
"Healthy South Dakota" - Name Recognition						Х		Х		Х
Hearing Difficulty	Х	Х								
Heart Attack - Knowledge of Signs and										
Symptoms			Х		Х		Х		X	
High Blood Pressure - Prevalence	Х		Х	Х	Х	Х	Х		Х	
High Blood Pressure - Actions to Control	Х			Х		Х				
HIV/AIDS	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
HPV		Х								
Immunization – Children								Х		Х
Influenza Like Illness							Х			
Influenza – Pandemic									Х	
Kidney Disease	Х	Х	Х	Х	Х	Х	Х			
Mental Health	Х	Х								
Nutrition/Fruits & Vegetables	Х		Х		Х		Х		Х	
Oral Health		Х		Х		Х		Х		Х
Oral Health – Children	Х		Х		Х		Х		Х	
Physical Activity - Exercise Trips		Х	Х							
Physical Activity - Hours Sitting per Day		Х	Х							
Physical Activity - Leisure Time	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Physical Activity - Type and Amount of Time	Х		Х		Х		Х		Х	
Physical, Mental, or Emotional Limitations			Х	Х	Х					
Pneumonia Shots	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Preparedness										Х
Prescription Pain Medication	Х									
Prostate Cancer Screening		Х		Х	1	Х	1	Х		Х
Salt Related Behavior				X	1		1			
Seat Belts	Х	Х	Х	X	Х	Х	Х	Х		Х

Table 2										
Topics Cove	red on t	the Sou	ith Dak	ota BRI	FSS, 20	08-201	7			
Topics	Year									
	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008
Sexual Violence				Х				Х	Х	Х
Shingles Shots	Х			Х						
Sleep		Х		Х	Х			Х	Х	Х
Special Health Conditions - Children								Х	Х	Х
Stroke - Signs and Symptoms						Х		Х		Х
Substance Abuse	Х	Х								
Sun Exposure / Skin Cancer		Х		Х		Х	Х	Х		
Sweetened Beverages / Menu Labeling						Х	Х	Х		
Tetanus Shot		Х			Х					
Tobacco - Cigarette Use	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Tobacco - E-Cigarette Use	Х	Х	Х							
Tobacco - Quitline Name Recognition		Х	Х	Х	Х					
Tobacco - Second Hand Smoke	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
Tobacco - Smokeless	Х	Х	Х	Х	Х	Х	Х	Х	Х	Х
TV Viewing					Х		Х		Х	
Vision Impairment	Х	Х	Х	Х	Х	Х	Х			
Weight Control							Х		Х	

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2008-2017

### Methodology

#### Participating Agencies

The South Dakota Behavioral Risk Factor Surveillance System is a combined effort between the South Dakota Department of Health (DOH) and the Centers for Disease Control and Prevention (CDC). The DOH contracted with Personal Group, Inc. to collect the data through telephone interviews. However, the DOH continues to supervise the survey process, as well as design and distribute the report. The CDC provides financial and technical assistance, develops the questionnaire, designs the methodology, and processes the data.

#### Method of Surveillance

This study uses a telephone survey rather than other survey methods because of its low cost, ease of administration in reaching respondents, and reliability. Telephone surveys are less representative of areas where a significant portion of the population does not have telephones. Cell phones were first called in 2011. Fifty percent of all surveys were completed via cell phone in 2017 with the intent to continue to increase this percentage in the coming years.

#### **Questionnaire Development**

The BRFSS is designed to collect information on the health behaviors of adults over time. For the 2017 survey (Appendix B), standard demographic questions were included along with sections on general health status, physical and mental health, health insurance, hypertension, cholesterol, chronic health conditions, cardiovascular disease, tobacco use, alcohol use, physical activity and nutrition, seat belt use, immunization, and HIV/AIDS. South Dakota also added several state-specific questions to the end of the core questionnaire including secondhand smoke, name recognition of the South Dakota *QuitLine*, cancer, advance directives, family planning, adverse childhood experiences, prescription pain medication, substance abuse, children's health insurance, and children's oral health.

#### Accuracy of Survey Data

It is important to remember that the survey data are **self-reported**. Therefore, people may tend to report a more favorable lifestyle than actually practiced. The accuracy of self-reported data may also vary according to risk factors, i.e., self-reported smoking status is thought to be more accurate than self-reported eating habits. These limitations do not negate the survey's ability to identify high-risk groups and monitor long-term trends.

#### **Eligible Respondent Selection**

Eligible respondents for the landline survey were individuals 18 years of age or over who resided a majority of the time at the household contacted. In households with more than one eligible respondent, a random selection was made to determine the actual respondent. Data included in the children's sections of this report were estimated based on responses from the adult respondent regarding a randomly selected child in the household. Automated prescreening was done to eliminate business phones and non-working numbers. "No Answers" and "Busy Signals" were re-dialed a minimum of three times on five different days at different times before they were removed.

Eligible respondents for the cell phone survey were individuals 18 years of age or over who did not also have a landline phone. Data included in the children's sections of this report were estimated based on responses from the adult respondent regarding a randomly selected child in the adult's household. Six attempts were made to complete a survey. After the sixth attempt the phone number was removed.

#### Data Collection Process

There were 7,012 interviews completed between January 1, 2017 and December 31, 2017, at an average of 584 interviews per month.

#### Data Processing

The DOH sent the data electronically to the CDC. The CDC then supplied a final data file with applicable data weights and several calculated variables included. The DOH used this file to calculate all the data presented in this report.

#### Weighting

Collecting data via telephone survey often produces an over-representation of certain demographic groups in the sample population. Therefore, the sample population may not be representative of the actual population. To account for this, the data are weighted to produce estimates that represent the actual population rather than the sample population.

#### Sample Description

Survey interviewers collected demographic variables including age, gender, and race. Those interested can find a summary of the demographic results in a table displayed in Appendix A: Demographics.

Appendix A also summarizes the age, race, ethnicity, household income, education, employment status, marital status, phone status (landline v. cell), home ownership status, presence of children in the household, and pregnancy status of female respondents ages 18-44 years old.

#### **Completion Rate**

Table 3 shows the outcome of all telephone calls. The 7,012 completed interviews represented a completion rate of 2.9 percent. The refusal rate was 9.8 percent.

<b></b>		
Final Outcome	<u>Number</u>	Percent
Completed interview	7,012	2.9%
Refused interview	23,861	9.8%
Nonworking number	172,878	70.8%
Not a private residence	12,842	5.3%
Technological barrier	8,968	3.7%
Telephone answering service (Multiple times)	7,319	3.0%
No answer (Multiple times)	2,966	1.2%
Cell phone (Landline study)	1,430	0.6%
Fax line	1,173	0.5%
No eligible respondent at this number	706	0.3%
Interview terminated within questionnaire	421	0.2%
Respondent not available during the interviewing period	280	0.1%
Physical/mental impairment	168	0.1%
On never call list	144	0.1%
Landline phone (Cell phone study)	117	0.0%
Language barrier	113	0.0%
Other	3,785	1.6%
Total	244,183	100.0%

# Table 3Disposition of All Telephone Numbers in the Sample, 2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

### **Overweight and Obese**

#### **OVERWEIGHT OR OBESE**

Definition: Overweight or obese is defined as having a Body Mass Index (BMI) of 25.0 or above. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds, divided by their height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in)  $^{2}x$  703.

#### Prevalence of Overweight or Obese

- o South Dakota 68%
- o Nationwide median 67%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 4 South Dakotans Who Are Overweight or Obese, 2013-2017				
			95% Confide	ence Interval
		2013-2017	Low	High
	Male	73%	71.7%	74.3%
Gender	Female	59%	57.6%	60.3%
	18-29	48%	45.8%	51.1%
	30-39	67%	64.3%	69.4%
	40-49	72%	69.3%	74.0%
Age	50-59	74%	72.2%	75.8%
-	60-69	76%	73.8%	77.2%
	70-79	71%	68.3%	72.9%
	80+	59%	56.2%	62.7%
Deee	White	66%	65.2%	67.2%
Race	American Indian	73%	69.3%	76.2%
Etherica iter	Hispanic	68%	59.5%	76.1%
Ethnicity	Non-Hispanic	66%	65.2%	67.1%
	Less than \$35,000	66%	64.3%	68.0%
Household Income	\$35,000-\$74,999	70%	68.0%	71.2%
	\$75,000+	68%	65.8%	69.3%
	Less than High School, G.E.D.	66%	61.8%	69.4%
E du a sti su	High School, G.E.D.	67%	65.7%	69.1%
Education	Some Post-High School	66%	64.6%	68.0%
	College Graduate	65%	63.3%	66.3%
	Employed for Wages	67%	66.0%	68.7%
	Self-employed	69%	66.8%	71.9%
	Unemployed	64%	58.2%	69.0%
Employment Status	Homemaker	56%	51.1%	60.3%
	Student	35%	30.4%	40.6%
	Retired	70%	68.3%	71.6%
	Unable to Work	76%	72.3%	79.7%
	Married/Unmarried Couple	70%	69.2%	71.4%
Marital Status	Divorced/Separated	69%	66.6%	71.6%
	Widowed	64%	60.9%	66.4%
	Never Married	54%	51.7%	56.7%
Home Ownership	Own Home	69%	68.0%	70.1%
Status	Rent Home	61%	59.2%	63.7%
Children Status	Children in Household (Ages 18-44)	62%	60.0%	64.2%
Children Status	No Children in Household (Ages 18-44)	55%	52.1%	57.6%
Phone Status	Landline	68%	66.9%	69.6%
T none otatus	Cell Phone	65%	63.8%	66.4%
Prognancy Status	Pregnant (Ages 18-44)	-	-	-
Freghancy Status	Not Pregnant (Ages 18-44)	53%	50.4%	55.3%
	Minnehaha	64%	60.9%	66.1%
County	Pennington	64%	60.8%	66.3%
	Lincoln	64%	59.9%	68.1%
	Brown	71%	67.7%	75.0%
county	Brookings	63%	57.6%	67.7%
	Codington	65%	60.3%	68.9%
	Meade	64%	59.3%	68.9%
	Lawrence	61%	56.9%	64.0%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

#### **Demographics**

- **Gender** Males exhibit a significantly higher prevalence of being overweight than females.
- Age The prevalence of being overweight increases as age increases with a peak in the 60s including a significant increase as the 30s are reached. After that, the prevalence of being overweight decreases as age increases with significant decreases as the 70s and 80s are reached.
- Race American Indians demonstrate a significantly higher prevalence of being overweight than whites.
- **Ethnicity** There seems to be no Hispanic difference regarding the prevalence of being overweight.
- **Household** There seems to be no household income difference regarding the prevalence of being overweight.
- **Education** There seems to be no education level difference regarding the prevalence of being overweight.
- **Employment** Those who are unable to work demonstrate a very high prevalence of being overweight, while those who are students show a very low prevalence.
- MaritalThose who are married or divorced exhibit a very high prevalence of being<br/>overweight, while those who have never been married show a very low<br/>prevalence.

# **Home** Those who own their home show a significantly higher prevalence of being overweight than those who rent their home.

- ChildrenThose adults with children in the household demonstrate a significantly higherStatusprevalence of being overweight than those with no children.
- **Phone Status** Those with a landline phone exhibit a significantly higher prevalence of being overweight than those with a cell phone.
- **County** Brown county demonstrates a very high prevalence of being overweight, while Minnehaha, Pennington, and Lawrence counties show a very low prevalence.

#### **OBESITY, CLASS I-III**

Definition: Obesity, Class I-III is defined as having a Body Mass Index (BMI) of 30.0 or greater. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds divided by height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in)  $^2 x$  703.

#### Prevalence of Obesity, Class I-III

- o South Dakota 32%
- o Nationwide median 31%



Figure 2 Percentage of South Dakotans Who Are Class I-III Obese Based on Body Mass Index, 2011-2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 5 South Dakotans Who Are Class I-III Obese, 2013-2017					
			95% Confidence Interval		
		2013-2017	Low	High	
Condor	Male	32%	31.1%	33.7%	
Gender	Female	28%	26.9%	29.3%	
	18-29	20%	18.1%	22.3%	
	30-39	32%	29.2%	34.0%	
	40-49	36%	33.3%	38.4%	
Age	50-59	37%	34.7%	38.7%	
-	60-69	36%	34.0%	37.9%	
	70-79	29%	26.9%	31.3%	
	80+	18%	15.7%	20.7%	
Baaa	White	30%	28.9%	30.7%	
Race	American Indian	40%	36.9%	43.9%	
Ethericity.	Hispanic	32%	24.3%	40.4%	
Ethnicity	Non-Hispanic	30%	29.4%	31.2%	
	Less than \$35,000	32%	30.6%	34.0%	
Household	\$35,000-\$74,999	32%	30.0%	33.2%	
Income	\$75,000+	30%	28.0%	31.5%	
	Less than High School, G.E.D.	32%	28.5%	35.5%	
	High School, G.E.D.	30%	28.6%	31.8%	
Education	Some Post-High School	32%	30.1%	33.3%	
	College Graduate	28%	26.6%	29.4%	
	Employed for Wages	32%	30.3%	32.9%	
	Self-employed	31%	28.2%	33.4%	
	Unemployed	31%	26.2%	35.9%	
Employment	Homemaker	23%	19.5%	26.8%	
Status	Student	14%	11.1%	18.1%	
	Retired	28%	26.6%	29.8%	
	Unable to Work	48%	43.4%	51.7%	
	Married/Unmarried Couple	32%	30.9%	33.2%	
	Divorced/Separated	33%	30.8%	35.8%	
Marital Status	Widowed	27%	24.3%	29.3%	
	Never Married	25%	23.2%	27.1%	
Home Ownership	Own Home	31%	30.1%	32.1%	
Status	Rent Home	29%	27.4%	31.3%	
	Children in Household (Ages 18-44)	28%	26.3%	30.2%	
Children Status	No Children in Household (Ages 18-44)	25%	22.8%	27.3%	
		31%	29.9%	32.5%	
Phone Status	Cell Phone	30%	28.6%	31.0%	
	$\frac{1}{2} \frac{1}{2} \frac{1}$	-	20.070	01.070	
Pregnancy Status	Not Program (Ages $18-44$ )	26%	- 2/ 1%	28 /0/	
	Minnohoho	20%	24.170	20.470	
		2370	20.470	31.0%	
		20%	20.0%	31.0%	
	Brown	20 /0	29.7%	36.1%	
County	Brookings	32 /0 25%	20.7 /0	20.1/0	
-	Codinaton	20%	26.3%	23.370	
	Meade	28%	20.0%	31.6%	
		2070	20.3/0	27.9%	
	Lawience	20/0	۲۲.۲/۵	21.0/0	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

#### **Demographics**

- **Gender** Males exhibit a significantly higher prevalence obesity than females.
- Age The prevalence of obesity increases as age increases with a peak in the 50s including a significant increase as the 30s are reached. After that, the prevalence of obesity decreases as age increases with significant decreases as the 70s and 80s are reached.
- Race American Indians demonstrate a significantly higher prevalence of obesity than whites.
- **Ethnicity** There seems to be no Hispanic difference regarding the prevalence of obesity.
- **Household** There seems to be no household income difference regarding the prevalence of obesity.
- **Education** There seems to be no education level difference regarding the prevalence of obesity.
- **Employment** Those who are unable to work demonstrate a very high prevalence of obesity, while those who are a student show a very low prevalence.
- MaritalThose who are married or divorced exhibit a very high prevalence of obesity,<br/>while those who are widowed or have never been married show a very low<br/>prevalence.
- HomeThe prevalence of obesity does not seem to change based on homeOwnershipownership.
- ChildrenThe prevalence of the adults being obese does not seem to change based on<br/>the presence of children in the household.
- **Phone Status** The prevalence of obesity does not seem to change based on phone status.
- **County** Brown county demonstrates a very high prevalence of obesity, while Lawrence county shows a very low prevalence.

#### **OBESITY, CLASSES II-III**

Definition: Obesity, Classes II-III is defined as having a Body Mass Index (BMI) of 35.0 or greater. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds divided by height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in)  $^2 x$  703.

#### Prevalence of Obesity, Classes II-III

- o South Dakota 13%
- o There is no nationwide median for obese classes II-III



Figure 3 Percentage of South Dakotans Who Are Class II-III Obese Based on

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 6 South Dakotans Who Are Class II-III Obese, 2013-2017				
			95% Confide	ence Interval
		2013-2017	Low	High
Gondor	Male	11%	10.5%	12.2%
Gender	Female	12%	11.3%	13.0%
	18-29	8%	7.1%	10.0%
	30-39	13%	11.0%	14.3%
	40-49	14%	12.6%	16.4%
Age	50-59	15%	13.1%	16.2%
-	60-69	13%	11.9%	14.6%
	70-79	9%	8.1%	10.9%
	80+	5%	3.9%	7.1%
Beee	White	11%	10.8%	12.1%
Race	American Indian	17%	14.2%	19.4%
Ethnicity	Hispanic	13%	8.8%	20.2%
	Non-Hispanic	12%	11.1%	12.3%
	Less than \$35,000	14%	13.1%	15.6%
Household Income	\$35,000-\$74,999	12%	10.9%	13.1%
	\$75,000+	10%	9.0%	11.3%
	Less than High School, G.E.D.	13%	10.2%	15.3%
Education	High School, G.E.D.	12%	10.7%	12.9%
Education	Some Post-High School	12%	11.2%	13.4%
	College Graduate	11%	9.6%	11.5%
	Employed for Wages	12%	11.6%	13.4%
	Self-employed	11%	8.9%	12.5%
	Unemployed	13%	10.2%	16.5%
Employment Status	Homemaker	10%	7.3%	12.4%
	Student	5%	2.9%	7.8%
	Retired	9%	8.4%	10.5%
	Unable to Work	24%	20.8%	27.6%
	Married/Unmarried Couple	11%	10.6%	12.2%
Marital Status	Divorced/Separated	14%	12.5%	16.1%
	Widowed	12%	9.9%	13.8%
	Never Married	11%	10.1%	12.8%
Home Ownership	Own Home	11%	10.5%	11.9%
Status	Rent Home	13%	12.0%	14.8%
Children Status	Children in Household (Ages 18-44)	12%	10.3%	13.1%
	No Children in Household (Ages 18-44)	10%	8.7%	11.5%
Phone Status	Landline	13%	11.8%	13.8%
	Cell Phone	11%	10.3%	11.9%
Prognancy Status	Pregnant (Ages 18-44)	-	-	-
Freghancy Status	Not Pregnant (Ages 18-44)	12%	10.4%	13.4%
	Minnehaha	10%	8.9%	11.9%
	Pennington	11%	9.5%	13.5%
	Lincoln	12%	9.1%	15.0%
County	Brown	14%	11.6%	17.1%
Jounty	Brookings	9%	6.6%	12.1%
	Codington	12%	9.3%	14.6%
	Meade	11%	8.3%	14.0%
	Lawrence	7%	5.8%	8.6%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

#### **Demographics**

Gender	There seems to be no	gender difference	regarding b	eing very obese.
		0		

- Age The prevalence of being very obese increases as age increases with a peak in the 50s including a significant increase as the 30s are reached. After that, the prevalence of being obese decreases as age increases with significant decreases as the 70s and 80s are reached.
- **Race** American Indians demonstrate a significantly higher prevalence of being very obese than whites.
- **Ethnicity** There seems to be no Hispanic difference regarding the prevalence of being very obese.
- **Household** The prevalence of being very obese decreases as household income increases.
- **Education** The prevalence of being very obese decreases as education levels increase.

**Employment** Those who are unable to work demonstrate a very high prevalence of being very obese, while those who are a homemaker or a student show a very low prevalence.

- MaritalThose who are divorced exhibit a very high prevalence of being very obese,Statuswhile those who are married show a very low prevalence.
- HomeThose who rent their home show a significantly higher prevalence of being<br/>very obese than those who own their home.
- ChildrenThe prevalence of the adults being very obese does not seem to changeStatusbased on the presence of children in the household.
- **Phone Status** The prevalence of being very obese does not seem to change based on phone status.
- **County** Minnehaha, Pennington, Lincoln, Brown, and Codington counties demonstrate a very high prevalence of being very obese, while Lawrence county shows a very low prevalence.

### **Physical Activity and Nutrition**

#### LEISURE TIME PHYSICAL ACTIVITY

Definition: South Dakotans who report leisure time physical activity or exercise during the past 30 days other than the respondent's regular job.

#### Prevalence of Leisure Time Physical Activity

- o South Dakota 75%
- Nationwide median 74%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Baseline     Second Se	Table 7 South Dakotans Who Reported Leisure Time Physical Activity, 2013-2017				
Bender     Male     77%     Low     High       Gender     Male     77%     76.0%     78.4%       Age     18-29     86%     84.5%     88.1%       30-39     82%     79.4%     83.6%       40-49     78%     76.1%     80.4%       50-59     75%     73.6%     77.3%       60-69     73%     71.0%     74.7%       70-79     73%     70.9%     75.4%       80+     65%     62.2%     68.4%       80+     65%     62.2%     68.4%       80+     77.1%     78.7%     74.4%       Race     White     78%     77.1%     78.6%       Hispanic     78%     77.1%     78.6%     83.5%       Ethnicity     Less than St2.000     73%     71.5%     74.7%       Household Income     525.000-374.999     79%     77.1%     79.9%       Statuan     Stabool, G.E.D.     64%     76.5%     81.1%       College Graduate     87% <t< th=""><th></th><th></th><th><b>,</b></th><th>95% Confiden</th><th>ce Interval</th></t<>			<b>,</b>	95% Confiden	ce Interval
Gender     Male     77%     76.0%     78.4%       Female     79%     77.7%     79.7%     79.7%       Age     30-39     86%     84.5%     88.1%       40-49     78%     79.4%     83.6%       40-49     78%     76.1%     80.4%       50-59     75%     73.6%     77.3%       60-69     73%     70.9%     74.4%       80+     65%     62.2%     68.4%       White     78%     77.10%     74.7%       80+     65%     62.2%     68.4%       White     78%     77.10%     78.6%       Ethnicity     Hispanic     78%     77.1%     78.6%       Less than s25.000     73%     71.1%     78.6%       Less than s25.000     73%     71.1%     79.9%       575.0004     85%     83.3%     85.9%       Education     Less than High School, G.E.D.     65%     61.6%     68.7%       College Graduate     87%     79.5%     81.1%     79.6			2013-2017	Low	High
Gender     Female     79%     77.7%     79.7%       Age     18-29     86%     84.5%     88.1%       Jo-39     82%     79.4%     88.1%       Jo-39     82%     79.4%     88.1%       Jo-39     82%     79.4%     88.1%       Jo-39     73%     71.0%     74.7%       Jo-39     73%     71.0%     74.7%       Jo-79     73%     70.9%     75.4%       Race     White     78%     77.1%     78.7%       American Indian     77%     74.4%     80.2%       Ethnicity     Hispanic     83%     76.2%     88.1%       Non-Hispanic     78%     77.1%     78.6%     79.9%       Foucation     \$25,000     73%     77.1%     78.6%     83.3%     85.9%       Education     \$25,000     73.8%     71.5%     74.7%     80.7%       Education     \$25,000-\$74.999     79.9%     77.1%     79.9%     75.5%     81.1%       Education     \$25,000-\$		Male	77%	76.0%	78.4%
Age     18-29 30-39 40-49     86% 82% 70-79 70-79     84.5% 70-78 70-79     84.5% 70-78 70-79     84.5% 70-78 70-79     84.5% 70-78 70-79     84.5% 70-78 70-79     84.5% 70-78 70-79     84.5% 70-79     84.5% 70-79     83.6% 70-79       Race     White     77.5% 80+     77.3% 70.9%     77.3% 70.9%     77.3% 70.9%     77.3% 72.4%     80.4% 80.4%       Ethnicity     Hispanic     83% 76.2%     88.1%     80.2% 76.5%     88.1%       Household Income     \$25,000-574,999     77.1% 77.1%     78.6%     81.3%       \$25,000-574,999     79.% 77.1%     71.5% 71.5%     74.4%     80.2% 85.5%       Education     Less than High School, G.E.D.     65% 66.6%     66.8% 68.7% 85.5%     87.5% 85.5%       Employment Status     Employed for Wages     81% 79.6%     70.7% 80.0%     70.7% 80.0%     70.7% 80.0%     73.8% 70.5%       Marital Status     Married/Unmarried Couple     79% 77.6%     70.7% 70.7%     70.5% 80.9%     71.5% 77.5%     71.5% 77.5%       Marital Status     Children in Household (Ages 18-44)     83% 80.1%     83.8% 80.1%     83.8% 80.1%     83.8% 80.1%       Marital Stat	Gender	Female	79%	77.7%	79.7%
Age     30-39 40-49     78/40 70%     72.4% 70.1%     83.6% 80.4%       Age     70-79     73%     77.1%     73.8%     77.3%       70-79     73%     70.9%     75.4%     80.4%       Race     White     78%     70.9%     75.4%       B0+     65%     62.2%     68.4%       Race     White     78%     77.1%     78.7%       Marcican Indian     77%     74.4%     80.2%     88.1%       Hispanic     83%     76.2%     88.1%     77.1%     78.6%       Household Income     \$25,000     73%     77.1%     78.6%     83.3%       Education     \$25,000+\$74,999     79%     77.1%     79.9%     75.0%       Education     \$25,000+\$74,999     79%     77.1%     78.5%     81.5%       Education     \$25,000+\$74,999     79%     77.1%     78.5%     81.5%       Education     \$25,000+\$74,999     79%     77.5%     81.1%     70.5%     81.1%     70.5%     81.1%     70.5% <t< td=""><td></td><td>18-29</td><td>86%</td><td>84.5%</td><td>88.1%</td></t<>		18-29	86%	84.5%	88.1%
Age     40-49     78%     76.1%     80.4%       50-59     75%     73.6%     77.3%     77.3%       60-69     73%     71.0%     74.7%       70-79     73%     77.0%     75.4%       80+     65%     62.2%     68.4%       Race     White     78%     77.1%     78.7%       Household Income     Hispanic     83%     76.2%     88.1%       Household Income     25,000-574,999     79%     77.1%     79.9%       Education     575,000+     85%     61.6%     68.7%       High School, G.E.D.     74%     72.0%     75.0%       Some Post-High School     70%     71.5%     74.7%       Self-employed     76%     70.7%     80.0%       Self-employed     76%     70.7%     80.0%       Homemaker     82%     78.5%     81.1%       Unemployed     76%     70.7%     80.0%       High School, G.E.D.     74%     72.0%     75.0%       Solf-employed     77% </td <td></td> <td>30-39</td> <td>82%</td> <td>79.4%</td> <td>83.6%</td>		30-39	82%	79.4%	83.6%
Age     50-59     75%     73.6%     77.3%       60-69     73%     70.9%     75.4%     71.0%     74.7%       70-79     73%     70.9%     75.4%     80.4     665%     62.2%     68.4%       Race     White     78%     77.1%     78.7%     78.6%     87.5%       Ethnicity     Hispanic     78%     77.1%     78.6%     88.1%       Non-Hispanic     78%     77.1%     78.6%     88.1%       Household Income     255,000     73%     71.5%     74.7%       S75,000+     855,000     73%     77.1%     78.6%       Education     575,000+     85.5%     83.3%     85.5%     85.5%     81.1%       Education     Gole Post-High School, G.E.D.     74%     72.0%     75.0%     85.5%     81.8%     81.8%     81.8%     81.8%     85.5%     81.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%		40-49	78%	76.1%	80.4%
60-69     73%     71.0%     74.7%       70-79     73%     70.9%     75.4%       80+     65%     62.2%     68.4%       American Indian     77%     74.4%     80.2%       Ethnicity     Hispanic     83%     76.2%     88.1%       Non-Hispanic     73%     77.1%     78.6%     88.1%       Household Income     255,000-     73%     77.1%     79.9%       \$25,000-\$74,999     79%     77.1%     79.9%     85.5%       \$25,000-\$74,999     79%     77.1%     79.9%     87.5%       Education     65%     61.6%     68.7%     81.7%       Figh School, G.E.D.     74%     72.0%     75.5%     87.5%       Employed for Wages     81%     79.6%     81.8%     81.9%     79.6%     81.8%       Maried/Umarried Couple     77%     70.7%     80.0%     85.5%     87.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%	Age	50-59	75%	73.6%	77.3%
70.79     73%     70.9%     75.4%       80+     65%     62.2%     68.4%       Race     American Indian     77%     77.4%     78.7%       Ethnicity     Hispanic     83%     77.1%     78.6%       Non-Hispanic     73%     77.1%     78.6%       Household Income     252,000-374,999     79%     77.1%     79.9%       \$75,000+     85%     83.3%     85.9%       Education     14gh School, G.E.D.     65%     61.6%     68.7%       High School, G.E.D.     74.4%     72.0%     75.0%       Some Post-High School     80%     78.5%     81.1%       College Graduate     87%     85.5%     87.5%       Employed for Wages     81%     79.6%     81.6%       Marital Status     Self-employed     76%     70.7%     75.3%       Marited/Ummaried Couple     79%     70.7%     75.3%       Marited Status     Chidern in Household (Ages 18-44)     83%     80.9%     74.8%       Moreed     69%     66.2%	C	60-69	73%	71.0%	74.7%
80+     65%     62.2%     68.4%       Race     White     78%     77.1%     78.7%       American Indian     77%     74.4%     80.2%       Ethnicity     Hispanic     83%     76.2%     88.1%       Non-Hispanic     78%     77.1%     78.6%       Household Income     \$25,000-\$74.999     79%     77.1%     78.9%       \$75.004     85%     83.3%     85.9%     83.3%     85.9%       Education     \$25,000-\$74.999     79%     77.1%     78.9%     85.9%       Egucation     \$25,000-\$6.D.     65%     61.8%     68.7%     85.9%       College Graduate     87%     85.5%     87.5%     81.1%       College Graduate     87%     78.5%     88.5%       Self-employed for Wages     81%     79.6%     78.5%     85.5%       Maried/Unmarried Couple     79%     77.6%     78.5%     85.5%       Maried/Unmarried Couple     79%     77.6%     75.3%     76.7%       Divorced/Separated     73%		70-79	73%	70.9%	75.4%
Race     White     78%     77.1%     78.%       Ethnicity     Hispanic     77%     74.4%     80.2%       Bethnicity     Hispanic     77%     74.4%     80.2%       Household Income     \$25,000-574.999     77%     77.1%     78.6%       \$25,000-574.999     79%     77.1%     78.9%     85.9%       Education     \$25,000-574.999     79%     77.1%     78.0%       High School, G.E.D.     65%     61.8%     68.7%       High School, G.E.D.     74%     72.0%     75.0%       Some Post-High School     80%     78.5%     81.1%       College Graduate     87%     85.5%     87.5%       Self-employed     72%     69.9%     74.8%       Unemployed for Wages     81%     70.7%     80.0%       Retired     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     77.6%     79.6%       Widowed     609%     66.2%     71.5%		80+	65%	62.2%	68.4%
Race     American Indian     77%     74.4%     80.2%       Ethnicity     Hispanic     83%     76.2%     88.1%       Non-Hispanic     78%     77.1%     78.6%     77.1%     78.6%       Household Income     \$25,000-\$74,999     79%     77.1%     79.9%     77.1%     79.9%       Education     \$25,000-\$74,999     79%     77.1%     79.9%     85.5%     88.7%       Education     \$25,000-\$61.6.D.     65%     61.6%     68.7%     81.1%       College Graduate     87%     85.5%     87.5%     85.5%     87.5%       Some Post-High School     80%     76.2%     78.5%     85.5%     87.5%       Employed for Wages     81%     70.7%     80.0%     74.4%     10.0%     74.4%     10.0%     17.4%     10.0%     17.4%     10.0%     17.4%     17.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     85.5%     18.2%     17.5%     17.5%     17.5%	Dees	White	78%	77.1%	78.7%
Ethnicity     Hispanic     83%     76.2%     88.1%       Non-Hispanic     78%     77.1%     78.6%       Household Income     Less than \$25,000     73%     77.1%     79.9%       \$25,000-\$74,999     79%     77.1%     79.9%       \$75,000+     85%     83.3%     85.9%       Less than High School, G.E.D.     66%     61.6%     68.7%       High School, G.E.D.     74%     72.0%     75.0%       Some Post-High School     80%     78.5%     81.1%       College Graduate     87%     68.5%     87.5%       Employed for Wages     81%     79.6%     74.8%       Self-employed     72%     69.9%     74.8%       Unemployed     76%     70.7%     80.0%       Homenaker     82%     76.5%     85.5%       Student     59%     54.9%     62.9%       Marital Status     Married/Ummaried Couple     79%     77.6%     79.6%       Mover Married     62%     80.1%     83.6%     83.6%       Home	Race	American Indian	77%	74.4%	80.2%
Innertity     Non-Hispanic     78%     77.1%     78.6%       Household Income     Less than \$25,000     73%     71.5%     74.7%       B25,000-\$74,999     79%     77.1%     79.9%     \$75.00+     78.6%     83.3%     85.9%       Education     \$25,000-\$74,999     79%     77.1%     77.0%     75.0%       Some Post-High School, G.E.D.     65%     61.6%     68.7%     81.7%       College Graduate     87%     85.5%     87.5%     87.5%       Self-employed for Wages     81%     70.6%     81.8%       Self-employed     72%     69.9%     74.8%       Unemployed     76%     70.7%     80.0%       Homemaker     82%     78.5%     85.5%       Student     91%     87.6%     93.6%       Retired     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Married/Ummarried Couple     79%     77.6%     79.6%       Divorced/Separated     73%     70.7%     73.3%	Ethnicity	Hispanic	83%	76.2%	88.1%
Household Income     Less than \$25,000     73%     71.5%     74.7%       \$25,000-\$74,999     79%     77.1%     79.9%       \$75,000+     85%     83.3%     85.9%       Less than High School, G.E.D.     65%     61.6%     68.7%       High School, G.E.D.     74%     72.0%     75.0%       Some Post-High School     80%     78.5%     81.1%       College Graduate     87%     85.5%     81.8%       Self-employed     72%     69.9%     74.8%       Unemployed     76%     70.7%     80.0%       Self-employed     72%     69.9%     74.8%       Unamployed     76%     70.7%     80.0%       Student     91%     87.6%     93.6%       Retired     91%     87.6%     93.6%       Married/Unmarried Couple     79%     77.6%     70.7%       Married     69%     66.2%     71.5%       Widowed     69%     66.2%     71.5%       Married/Unmarried Couple     79%     77.6%     73.4% <	Ethnicity	Non-Hispanic	78%	77.1%	78.6%
Household Income     \$25,000-\$74,999     79%     77.1%     79.9%       Education     \$75,000+     85%     83.3%     85.9%       High School, G.E.D.     65%     61.6%     68.7%       High School, G.E.D.     74%     72.0%     75.0%       Some Post-High School     80%     78.5%     81.1%       College Graduate     87%     85.5%     87.5%       Employed for Wages     81%     79.6%     81.8%       Self-employed     72%     69.9%     74.8%       Unemployed     76%     70.7%     80.0%       Home maker     82%     78.5%     85.5%       Student     91%     87.6%     93.6%       Retired     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     77.6%     79.6%       Widowed     69%     66.2%     71.5%       No Chidren in Household (Ages 18-44)     83%     80.9%     84.1%       Chidren in Household (Ages 18-44)     83%		Less than \$25,000	73%	71.5%	74.7%
\$75,000+     85%     83.3%     85.9%       Education     Less than High School, G.E.D.     65%     61.6%     68.7%       Some Post-High School     80%     78.5%     81.1%       College Graduate     87%     85.5%     87.5%       Employed for Wages     81%     79.6%     81.8%       Self-employed     72%     69.9%     74.8%       Unemployed     76%     70.7%     80.0%       Homemaker     82%     78.5%     85.5%       Student     91%     87.6%     93.6%       Retired     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Nover Married     82%     80.1%     83.6%       Home Ownership     Own Home     77%     74.8%     78.4%       Children in Household (Ages 18-44)     83%     80.9%     84.1%       Children in Household (Ages 18-44)     84%	Household Income	\$25,000-\$74,999	79%	77.1%	79.9%
Education     Less than High School, G.E.D.     65%     61.6%     68.7%       High School, G.E.D.     74%     72.0%     75.0%       Some Post-High School     80%     78.5%     81.1%       College Graduate     87%     85.5%     81.8%       Self-employed for Wages     81%     79.6%     81.8%       Self-employed     72%     69.9%     74.8%       Unemployed     76%     70.7%     80.0%       Homemaker     82%     78.5%     85.5%       Student     91%     87.6%     93.6%       Retired     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     71.6%     79.6%       Divorced/Separated     73%     70.7%     83.6%       Home Ownership     Never Married     82%     80.1%     83.6%       Khildren in Household (Ages 18-44)     83%     80.9%     84.1%       Children in Household (Ages 18-44)     83%     80.7%     84.1%       Pregnancy		\$75,000+	85%	83.3%	85.9%
Education     High School, G.E.D.     74%     72.0%     75.0%       Some Post-High School     80%     78.5%     81.1%       College Graduate     87%     85.5%     87.5%       Employed for Wages     81%     79.6%     81.8%       Self-employed     72%     69.9%     74.8%       Unemployed     76%     70.7%     80.0%       Homemaker     82%     78.5%     85.5%       Student     91%     87.6%     85.5%       Ketired     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Maried/Unmarried Couple     79%     77.6%     79.6%       Divorced/Separated     73%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Home Ownership     Own Home     78%     77.2%     79.0%       Status     Rent Home     77%     74.8%     86.1%       Phone Status     Children in Household (Ages 18-44)		Less than High School, G.E.D.	65%	61.6%	68.7%
Some Post-High School     80%     78.5%     81.1%       College Graduate     87%     85.5%     87.5%       Employed for Wages     81%     79.6%     81.8%       Self-employed     72%     69.9%     74.8%       Unemployed     76%     70.7%     80.0%       Homemaker     82%     78.5%     85.5%       Student     91%     87.6%     85.5%       Retired     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     77.6%     79.6%       Morried/Separated     73%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Home Ownership     Own Home     77%     77.4%     79.0%       Status     Rent Home     77%     74.8%     78.4%       Children in Household (Ages 18-44)     83%     80.9%     84.1%       Phone Status     Cell Phone     80%     <	Education	High School, G.E.D.	74%	72.0%	75.0%
College Graduate     87%     85.5%     87.5%       Employed for Wages     81%     79.6%     81.8%       Self-employed     72%     69.9%     74.8%       Unemployed     76%     70.7%     80.0%       Homemaker     82%     78.5%     85.5%       Student     91%     87.6%     93.6%       Retired     74%     72.5%     75.7%       Marited/Unmarried Couple     74%     72.5%     75.7%       Divorced/Separated     73%     70.7%     79.6%       Married/Unmarried Couple     79%     77.6%     79.6%       Nover Married     82%     80.1%     83.6%       Home Ownership     Own Home     78%     77.2%     79.0%       Status     Children in Household (Ages 18-44)     83%     80.9%     84.1%       No Children in Household (Ages 18-44)     84%     82.3%     86.1%       Pregnancy Status     Pregnant (Ages 18-44)     84%     82.3%     86.1%       Not Pregnant (Ages 18-44)     82%     72.1%     88.5% <t< td=""><td>Education</td><td>Some Post-High School</td><td>80%</td><td>78.5%</td><td>81.1%</td></t<>	Education	Some Post-High School	80%	78.5%	81.1%
Employed for Wages     81%     79.6%     81.8%       Self-employed     72%     69.9%     74.8%       Unemployed     76%     70.7%     80.0%       Homemaker     82%     78.5%     85.5%       Student     91%     87.6%     93.6%       Retired     74%     72.5%     85.5%       Marital Status     91%     87.6%     93.6%       Married/Unmarried Couple     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     77.6%     79.6%       Divorced/Separated     73%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Home Ownership     Own Home     77%     74.8%     78.4%       Children in Household (Ages 18-44)     83%     80.9%     84.1%       Children in Household (Ages 18-44)     84%     82.3%     86.1%       Pregnant (Ages 18-44)     82%     72.1%		College Graduate	87%	85.5%	87.5%
Self-employed     72%     69.9%     74.8%       Unemployed     76%     70.7%     80.0%       Homemaker     82%     78.5%     85.5%       Student     91%     87.6%     93.6%       Retired     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     77.6%     79.6%       Divorced/Separated     73%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Home Ownership     Own Home     78%     77.2%     79.0%       Status     Own Home     78%     77.2%     79.0%       Children in Household (Ages 18-44)     83%     80.9%     84.1%       Phone Status     Landline     75%     73.9%     76.4%       Cell Phone     80%     78.6%     80.7%       Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     82% <t< td=""><td></td><td>Employed for Wages</td><td>81%</td><td>79.6%</td><td>81.8%</td></t<>		Employed for Wages	81%	79.6%	81.8%
Unemployed     76%     70.7%     80.0%       Homemaker     82%     78.5%     85.5%       Student     91%     87.6%     93.6%       Retired     91%     87.6%     93.6%       Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     77.6%     79.6%       Divorced/Separated     73%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Now Home     78%     77.2%     79.0%       Status     Rent Home     77%     74.8%     78.4%       Children in Household (Ages 18-44)     83%     80.9%     84.1%       Phone Status     Landline     75%     73.9%     76.4%       Pregnant (Ages 18-44)     83%     80.9%     86.1%       Not Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     82%     72.1%     88.5%       Minnehaha     79%     76.6%		Self-employed	72%	69.9%	74.8%
Employment Status     Homemaker     82%     78.5%     85.5%       Student     91%     87.6%     93.6%       Retired     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     77.6%     79.6%       Divorced/Separated     73%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Home Ownership     Own Home     78%     77.2%     79.0%       Status     Rent Home     77%     74.8%     78.4%       Children in Household (Ages 18-44)     83%     80.9%     84.1%       Phone Status     Landline     75%     73.9%     76.4%       Pregnant (Ages 18-44)     84%     82.3%     86.1%       Pregnant (Ages 18-44)     85%     83.4%     86.8%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln		Unemployed	76%	70.7%	80.0%
Student     91%     87.6%     93.6%       Retired     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     77.6%     79.6%       Divorced/Separated     73%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Home Ownership Status     Own Home     78%     77.2%     79.0%       Status     Children in Household (Ages 18-44)     83%     80.9%     84.1%       Children in Household (Ages 18-44)     83%     80.9%     86.1%       Phone Status     Landline     75%     73.9%     76.4%       Cell Phone     80%     72.1%     88.5%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Brown     77%     73.2%     80.2%       Bro	Employment Status	Homemaker	82%	78.5%	85.5%
Retired     74%     72.5%     75.7%       Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     77.6%     79.6%       Divorced/Separated     73%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Home Ownership     Own Home     78%     77.2%     79.0%       Status     Own Home     78%     77.2%     79.0%       Children In Home     77%     74.8%     78.4%       Children in Household (Ages 18-44)     83%     80.9%     84.1%       No Children in Household (Ages 18-44)     83%     80.9%     86.1%       Phone Status     Landline     75%     73.9%     76.4%       Cell Phone     80%     78.6%     80.7%       Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     85%     83.4%     86.8%       Pennington     80%     77.4%     81.9%       Lincoln		Student	91%	87.6%	93.6%
Unable to Work     59%     54.9%     62.9%       Married/Unmarried Couple     79%     77.6%     79.6%       Divorced/Separated     73%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Home Ownership     Own Home     78%     77.2%     79.0%       Status     Rent Home     77%     74.8%     78.4%       Children in Household (Ages 18-44)     83%     80.9%     84.1%       No Children in Household (Ages 18-44)     84%     82.3%     86.1%       Phone Status     Landline     75%     73.9%     76.4%       Cell Phone     80%     78.6%     80.7%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     82%     72.1%     88.6%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6% <t< td=""><td></td><td>Retired</td><td>74%</td><td>72.5%</td><td>75.7%</td></t<>		Retired	74%	72.5%	75.7%
Married/Unmarried Couple     79%     77.6%     79.6%       Divorced/Separated     73%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Home Ownership Status     Own Home     78%     77.2%     79.0%       Children Status     Own Home     78%     77.2%     79.0%       Children Status     Children in Household (Ages 18-44)     83%     80.9%     84.1%       Phone Status     Calldren in Household (Ages 18-44)     84%     82.3%     86.1%       Phone Status     Landline     75%     73.9%     76.4%       Cell Phone     80%     78.6%     80.7%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%		Unable to Work	59%	54.9%	62.9%
Marital Status     Divorced/Separated     73%     70.7%     75.3%       Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Home Ownership Status     Own Home     78%     77.2%     79.0%       Children Status     Rent Home     77%     74.8%     78.4%       Children in Household (Ages 18-44)     83%     80.9%     84.1%       No Children in Household (Ages 18-44)     84%     82.3%     86.1%       Phone Status     Landline     75%     73.9%     76.4%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     82%     72.1%     88.5%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77.4%     81.9%     80.8%       Encoln     82%     78.3%     84.6%       Brookings     85%     81.4%     87.9%		Married/Unmarried Couple	79%	77.6%	79.6%
Widowed     69%     66.2%     71.5%       Never Married     82%     80.1%     83.6%       Home Ownership Status     Own Home     78%     77.2%     79.0%       Children Status     Rent Home     77%     74.8%     78.4%       Children Status     Children in Household (Ages 18-44)     83%     80.9%     84.1%       No Children in Household (Ages 18-44)     84%     82.3%     86.1%       Phone Status     Landline     75%     73.9%     76.4%       Cell Phone     80%     78.6%     80.7%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     82%     72.1%     88.5%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%	Marital Status	Divorced/Separated	73%	70.7%	75.3%
Never Married     82%     80.1%     83.6%       Home Ownership Status     Own Home     78%     77.2%     79.0%       Rent Home     77%     74.8%     78.4%       Children Status     Children in Household (Ages 18-44)     83%     80.9%     84.1%       No Children in Household (Ages 18-44)     83%     80.9%     84.1%       Phone Status     Landline     75%     73.9%     76.4%       Cell Phone     80%     78.6%     80.7%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     82%     72.1%     88.5%       Incoln     82%     78.3%     86.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%		Widowed	69%	66.2%	/1.5%
Home Ownership Status     Own Home     78%     77.2%     79.0%       Rent Home     77%     74.8%     78.4%       Children Status     Children in Household (Ages 18-44)     83%     80.9%     84.1%       Phone Status     Landline     75%     73.9%     76.4%       Cell Phone     80%     78.6%     80.7%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.2%     80.2%       Meade     79%     75.7%     81.7%		Never Married	82%	80.1%	83.6%
Status     Rent Home     77%     74.8%     78.4%       Children Status     Children in Household (Ages 18-44)     83%     80.9%     84.1%       No Children in Household (Ages 18-44)     84%     82.3%     86.1%       Phone Status     Landline     75%     73.9%     76.4%       Cell Phone     80%     78.6%     80.7%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     85%     83.4%     86.8%       Not Pregnant (Ages 18-44)     85%     83.4%     86.8%       Innehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%       Meade     79%     75.7%     81.7%	Home Ownership	Own Home	78%	77.2%	79.0%
Children Status     Children in Household (Ages 18-44)     83%     80.9%     84.1%       No Children in Household (Ages 18-44)     84%     82.3%     86.1%       Phone Status     Landline     75%     73.9%     76.4%       Oell Phone     80%     78.6%     80.7%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     85%     83.4%     86.8%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%       Meade     79%     75.7%     81.7%	Status	Rent Home	11%	74.8%	78.4%
No Children in Housenoid (Ages 18-44)     84%     82.3%     86.1%       Phone Status     Landline     75%     73.9%     76.4%       Cell Phone     80%     78.6%     80.7%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     85%     83.4%     86.8%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%	Children Status	Children in Household (Ages 18-44)	83%	80.9%	84.1%
Phone Status     Landline     75%     73.9%     76.4%       Cell Phone     80%     78.6%     80.7%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     85%     83.4%     86.8%       Image: Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%       Meade     79%     75.7%     81.7%		No Children in Household (Ages 18-44)	84%	82.3%	86.1%
Cell Phone     80%     78.6%     80.7%       Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     85%     83.4%     86.8%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%       Meade     79%     75.7%     81.7%	Phone Status		/5%	73.9%	76.4%
Pregnancy Status     Pregnant (Ages 18-44)     82%     72.1%     88.5%       Not Pregnant (Ages 18-44)     85%     83.4%     86.8%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%       Meade     79%     75.7%     81.7%			80%	78.6%	80.7%
Not Pregnant (Ages 18-44)     85%     83.4%     86.8%       Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%       Meade     79%     75.7%     81.7%	Pregnancy Status	Pregnant (Ages 18-44)	82%	72.1%	88.5%
Minnehaha     79%     76.6%     80.8%       Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%       Meade     79%     75.7%     81.7%		Not Pregnant (Ages 18-44)	85%	83.4%	86.8%
Pennington     80%     77.4%     81.9%       Lincoln     82%     78.3%     84.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%       Meade     79%     75.7%     81.7%		Minnehaha	79%	76.6%	80.8%
County     62%     78.3%     64.6%       Brown     77%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%       Meade     79%     75.7%     81.7%		Pennington	80%	70.20/	81.9%
Brown     71%     73.2%     80.2%       Brookings     85%     81.4%     87.9%       Codington     77%     73.4%     80.5%       Meade     79%     75.7%     81.7%		Lincoin	82%	78.3%	84.6%
Biodxings     63 %     61.4 %     67.9 %       Codington     77%     73.4 %     80.5 %       Meade     79%     75.7 %     81.7 %	County	Brookings	1170 850/	13.2% 81.40/	00.∠% 87.0%
Obditigent     1778     13.478     80.378       Meade     79%     75.7%     81.7%		Codinaton	77%	73.4%	80.5%
		Meade	79%	75.7%	81.7%
Lawrence 83% 80.7% 85.3%		Lawrence	83%	80.7%	85.3%

Note:\*Results based on small sample sizes have been suppressed.Source:The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

<u>Demographics</u>	
Gender	There is no gender difference regarding leisure time physical activity.
Age	The prevalence of leisure time physical activity decreases as age increases. This includes significant decreases when the 30s and 80s are reached.
Race	There are no significant racial differences regarding leisure time physical activity.
Ethnicity	There is no significant Hispanic difference in the prevalence of leisure time physical activity.
Household Income	The prevalence of leisure time physical activity increases as household income increases. This includes significant increases when the \$35,000-\$74,999 and \$75,000+ household income levels are reached.
Education	The prevalence of leisure time physical activity increases as education increases. This includes significant increases as the high school graduate, some post-high school, and college graduate levels are reached.
Employment	Students demonstrate a very high prevalence of leisure time physical activity, while those who are unable to work show a very low prevalence.
Marital Status	Those who are have never been married exhibit a very high prevalence of leisure time physical activity, while those who are divorced or widowed show a very low prevalence.
Home Ownership	The prevalence of leisure time physical activity does not seem to change based on home ownership.
Children Status	The prevalence of leisure time physical activity among adults does not seem to change based on the presence of children in the household.
Phone Status	Those with a cell phone show a significantly higher prevalence of leisure time physical activity than those with a landline phone.
Pregnancy Status	The prevalence of leisure time physical activity does not seem to change based on pregnancy status.
County	Residents of Brookings and Lawrence counties exhibit a very high prevalence of leisure time physical activity, while residents of Minnehaha, Brown, and Codington counties show a very low prevalence.
#### PHYSICAL ACTIVITY RECOMMENDATIONS

Definition: South Dakotans who report participating in 150 minutes or more of aerobic physical activity per week.

#### Prevalence of Meeting the Physical Activity Recommendations

- o South Dakota 51%
- Nationwide median 51%

#### South Dakota Department of Health Strategic Plan

Increase the percent of adults who are physically active on a regular basis to 59 percent by 2020.





Note: This question was not asked in 2012, 2014, or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 8       South Dakotans Who Met Physical Activity Recommendations, 2013-2017				
			95% Confidenc	
		2013-2017	Low	High
	Male	50%	47.8%	51.5%
Gender	Female	56%	54.0%	57.4%
	18-29	54%	50.4%	57.1%
	30-39	52%	48.4%	55.3%
	40-49	48%	44.4%	51.2%
Age	50-59	52%	49.7%	55.0%
	60-69	55%	51.9%	57.1%
	70-79	58%	54.7%	61.0%
	80+	51%	46.9%	55.6%
Baaa	White	53%	51.3%	53.9%
Race	American Indian	56%	51.2%	60.6%
Ethnicity	Hispanic	53%	42.7%	62.8%
Ethnicity	Non-Hispanic	53%	51.4%	53.9%
	Less than \$25,000	51%	48.4%	53.2%
Household Income	\$25,000-\$74,999	52%	50.2%	54.7%
	\$75,000+	59%	56.3%	61.0%
	Less than High School, G.E.D.	42%	37.2%	46.9%
Education	High School, G.E.D.	51%	48.5%	53.1%
Education	Some Post-High School	54%	51.3%	55.8%
	College Graduate	58%	56.0%	60.1%
	Employed for Wages	52%	49.7%	53.4%
	Self-employed	48%	44.3%	51.8%
	Unemployed	57%	50.1%	63.4%
Employment Status	Homemaker	62%	55.4%	67.3%
	Student	56%	49.2%	63.2%
	Retired	58%	56.2%	60.8%
	Unable to Work	38%	33.2%	43.6%
	Married/Unmarried Couple	55%	53.0%	56.1%
Marital Status	Divorced/Separated	50%	46.2%	53.2%
	Widowed	52%	48.8%	56.0%
	Never Married	49%	45.8%	52.3%
Home Ownership Status	Own Home	54%	52.6%	55.4%
	Rent Home	48%	45.5%	51.3%
Children Status	Children in Household (Ages 18-44)	55%	51.7%	57.3%
	No Children in Household (Ages 18-44)	48%	44.7%	51.7%
Phone Status	Landline	53%	51.5%	55.1%
	Cell Phone	52%	50.5%	54.0%
Pregnancy Status	Pregnant (Ages 18-44)	51%	36.4%	65.6%
	Not Pregnant (Ages 18-44)	57%	54.1%	60.4%
	Minnehaha	52%	48.6%	55.2%
	Pennington	57%	52.5%	60.7%
	Lincoln	51%	44.9%	56.8%
County	Brown	52%	45.9%	57.3%
·····	Brookings	55%	47.1%	62.0%
	Codington	48%	41.5%	54.6%
		52%	46.4%	58.5%
	Lawrence	61%	54.8%	67.1%

Note: \*Results based on small sample sizes have been suppressed. This question was not asked in 2014 or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender Females exhibit a significantly higher prevalence of being physically active than males. Age The prevalence of being physically active does not seem to change as age changes. Race The prevalence of being physically active does not seem to change based on race. Ethnicity The prevalence of being physically active does not seem to change based on ethnicity. Household The prevalence of being physically active increases as household income increases. This includes a significant increase as the \$75,000+ income group Income is reached. Education The prevalence of being physically active increases as education levels increase. This includes significant increases as the high school and college graduate levels are reached. Employment Those who are unemployed, a homemaker, a student, or retired demonstrate a very high prevalence of being physically active, while those who are unable to work show a very low prevalence. Marital Those who are married exhibit a very high prevalence of being physically Status active, while those who have never been married show a very low prevalence. Home Those who own their home show a significantly higher prevalence of being Ownership physically active than those who rent their home. Children The prevalence of being physically active does not seem to change based on Status the presence of children in the household. Phone Status The prevalence of being physically active does not seem to change based on phone status. County Lawrence county demonstrates a very high prevalence of being physically active, while Codington county shows a very low prevalence.

The following table shows the physical activity categories for South Dakotans in the past four years.

Table 9       Physical Activity Categories for South Dakotans, 2011-2017				
	2011	2013	2015	2017
Highly Active	25%	35%	33%	30%
Active	21%	18%	21%	20%
Insufficiently Active	26%	21%	23%	22%
Inactive	28%	25%	23%	27%

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2017

The following figure shows the percent of South Dakotans that meet muscle strengthening recommendations. For the past four years, less than one third of South Dakotans meet muscle strengthening recommendations.

## Figure 6 Percentage of South Dakotans That Meet Muscle Strengthening Recommendations, 2011-2017



Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2017

The following figure shows the percent of South Dakotans that met both muscle strengthening and aerobic activity recommendations. For the past four years, less than 20 percent of South Dakotans met both recommendations.







### FIVE SERVINGS OF FRUITS AND VEGETABLES

# Definition: South Dakotans who report they consume at least five servings of fruits and vegetables per day.

#### Prevalence of Consuming at Least Five Servings of Fruits and Vegetables Per Day

- o South Dakota 15%
- o There is no nationwide median for consuming five fruits and vegetables per day





Note: This question was not asked in 2012, 2014, or 2016.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 10				
South Dakotans Who Reported Consuming at Least Five Servings of Fruits and Vegetables Per Day, 2013-2017				
		95% Confidence Interv		nce Interval
		2013-2017	Low	High
Condon	Male	10%	8.8%	11.2%
Gender	Female	15%	14.0%	16.4%
	18-29	11%	8.7%	12.9%
	30-39	14%	11.8%	17.0%
	40-49	13%	10.8%	15.8%
Age	50-59	14%	12.0%	15.7%
	60-69	12%	10.3%	13.4%
	70-79	12%	10.2%	14.1%
	80+	12%	9.5%	14.6%
Race	White	12%	11.5%	13.2%
Nace	American Indian	13%	10.2%	16.2%
Ethnicity	Hispanic	14%	8.6%	22.9%
Etimolog	Non-Hispanic	12%	11.7%	13.4%
	Less than \$25,000	12%	10.1%	13.5%
Household Income	\$25,000-\$74,999	12%	11.0%	14.0%
	\$75,000+	15%	13.2%	16.7%
	Less than High School, G.E.D.	11%	7.8%	15.9%
Education	High School, G.E.D.	9%	8.1%	10.7%
Education	Some Post-High School	13%	11.5%	14.6%
	College Graduate	17%	15.0%	18.2%
	Employed for Wages	13%	11.6%	14.2%
	Self-employed	12%	10.2%	14.8%
	Unemployed	12%	8.5%	17.0%
Employment Status	Homemaker	14%	10.8%	17.9%
	Student	13%	8.9%	18.4%
	Retired	12%	10.8%	13.6%
		11%	7.8%	14.8%
	Married/Unmarried Couple	13%	12.0%	14.1%
Marital Status	Divorced/Separated	12%	10.0%	14.7%
	Nover Married	13%	0.20/	10.0%
Home Ownership		11/0	9.2 /0	13.0%
Status	Dwn Home Ront Home	13%	12.4%	14.4%
Status	Children in Household (Ages 19, 14)	1170	9.1%	15.0%
Children Status	No Children in Household (Ages 18-44)	13%	9.0%	13.3%
	Londling	170	0.370	12 00/
Phone Status		12%	11.5%	13.0%
	Dregnant (Ages 19, 44)	1.3%	7 20/	10.7%
Pregnancy Status	Not Program (Ages 10-44)	1270	12.70	19.7%
	Minnohoho	110/	0.5%	12.0%
	Poppington	1 1 70	9.5%	13.9%
		14 /0	6.7%	11.270
	Brown	10%	8.9%	14.0%
County	Brookings	10%	6.8%	14 7%
	Codington	14%	10.4%	19.4%
	Meade	9%	6.6%	12.9%
	Lawrence	12%	7.9%	17.7%

Note: \*Results based on small sample sizes have been suppressed. This question was not asked in 2014 or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender	Females exhibit a significantly higher prevalence of eating five or more fruits and vegetables a day than males.
Age	There seems to be no difference in the prevalence of eating five or more fruits and vegetables a day as age changes.
Race	There seems to be no racial difference in the prevalence of eating five or more fruits and vegetables a day.
Ethnicity	The prevalence of eating five or more fruits and vegetables a day does not seem to change based on ethnicity.
Household Income	The prevalence of eating five or more fruits and vegetables a day does not seem to change as household income changes.
Education	There seems to be no difference in the prevalence of eating five or more fruits and vegetables a day regarding education level.
Employment	There seems to be no difference in the prevalence of eating five or more fruits and vegetables a day regarding employment status.
Marital Status	There seems to be no difference in the prevalence of eating five or more fruits and vegetables a day regarding marital status.
Home Ownership	There seems to be no difference in the prevalence of eating five or more fruits and vegetables a day regarding home ownership.
Children Status	There seems to be no difference in the prevalence of eating five or more fruits and vegetables a day regarding the presence of children in the household.
Phone Status	There seems to be no difference in the prevalence of eating five or more fruits and vegetables a day regarding phone status.
Pregnancy Status	There seems to be no difference in the prevalence of eating five or more fruits and vegetables a day regarding pregnancy status.
County	There seems to be no difference in the prevalence of eating five or more fruits and vegetables a day regarding the eight available counties.

#### TWO SERVINGS OF FRUITS PER DAY

# Definition: South Dakotans who report they consume at least two servings of fruits per day.

#### Prevalence of Consuming at Least Two Servings of Fruits Per Day

- o South Dakota 30%
- o There is no nationwide median for two servings of fruits per day





Note: This question was not asked in 2012, 2014, or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 11				
South Dakotans Who Reported Consuming at Least Two Servings of Fruits Per Day, 2013- 2017				
			95% Confiden	ce Interval
		2013-2017	Low	High
Gondor	Male	21%	19.8%	22.8%
Gender	Female	31%	29.9%	32.9%
	18-29	23%	20.3%	26.0%
	30-39	25%	22.5%	28.5%
	40-49	24%	21.4%	27.3%
Age	50-59	24%	22.4%	26.7%
	60-69	27%	24.9%	29.3%
	70-79	33%	30.0%	35.7%
	80+	39%	35.0%	43.1%
Race	White	26%	25.3%	27.6%
Nace	American Indian	27%	23.5%	31.3%
Ethnicity	Hispanic	26%	17.9%	36.6%
Etimicity	Non-Hispanic	26%	25.3%	27.4%
	Less than \$25,000	26%	24.1%	28.4%
Household Income	\$25,000-\$74,999	26%	24.3%	28.1%
	\$75,000+	27%	24.8%	28.9%
	Less than High School, G.E.D.	23%	19.2%	28.0%
Education	High School, G.E.D.	22%	20.5%	24.0%
Education	Some Post-High School	27%	25.1%	29.0%
	College Graduate	32%	30.1%	33.9%
	Employed for Wages	25%	23.4%	26.5%
	Self-employed	23%	20.3%	26.2%
	Unemployed	23%	18.4%	29.2%
Employment Status	Homemaker	33%	27.6%	37.9%
	Student	21%	16.4%	26.9%
	Retired	33%	31.2%	35.4%
	Unable to Work	26%	21.3%	30.6%
	Married/Unmarried Couple	27%	25.4%	28.0%
Marital Status	Divorced/Separated	24%	21.0%	26.8%
	Widowed	36%	33.0%	39.6%
	Never Married	24%	21.1%	26.7%
Home Ownership	Own Home	28%	26.3%	28.7%
Status	Rent Home	23%	21.1%	26.1%
Children Status	Children in Household (Ages 18-44)	25%	23.0%	27.7%
	No Children in Household (Ages 18-44)	23%	19.9%	26.0%
Phone Status	Landline	29%	27.0%	30.1%
	Cell Phone	25%	23.6%	26.5%
Pregnancy Status	Pregnant (Ages 18-44)	28%	18.7%	39.9%
Treghaney otatus	Not Pregnant (Ages 18-44)	28%	25.3%	30.8%
	Minnehaha	25%	22.7%	28.3%
	Pennington	27%	23.6%	30.5%
	Lincoln	27%	21.9%	32.3%
County	Brown	27%	21.9%	32.0%
county	Brookings	26%	20.1%	32.4%
	Codington	27%	21.8%	33.8%
	Meade	20%	16.0%	25.3%
	Lawrence	23%	17.8%	28.5%

Note: \*Results based on small sample sizes have been suppressed. This question was not asked in 2014 or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

- **Gender** Females exhibit a significantly higher prevalence of eating at least two servings of fruit per day than males.
- Age The prevalence of eating at least two servings of fruit per day generally increases as age increases. This includes a significant increase as the 70s are reached.
- **Race** The prevalence of eating at least two servings of fruit per day does not seem to differ based on race.
- **Ethnicity** The prevalence of eating at least two servings of fruit per day does not seem to differ based on ethnicity.
- HouseholdThe prevalence of eating at least two servings of fruit per day does not seemIncometo differ based on household income.
- **Education** The prevalence of eating at least two servings of fruit per day does not seem to differ based on education.
- **Employment** Those who are a homemaker or retired demonstrate a significantly higher prevalence of eating at least two servings of fruit per day than all other types of employment.
- MaritalThose who are widowed exhibit a significantly higher prevalence of eating at<br/>least two servings of fruit per day than all other types of marital status.

# HomeThose who own their home show a significantly higher prevalence of eating atOwnershipleast two servings of fruit per day than those who rent their home.

- ChildrenThe prevalence of eating at least two servings of fruit per day does not seemStatusto differ based on the presence of children in the household.
- **Phone Status** Those who use a landline phone demonstrate a significantly higher prevalence of eating at least two servings of fruit per day than those who use a cell phone.
- PregnancyThe prevalence of eating at least two servings of fruit per day does not seemStatusto differ based on pregnancy status.
- **County** There seems to be no county difference regarding eating at least two servings of fruit per day.

#### THREE SERVINGS OF VEGETABLES PER DAY

Definition: South Dakotans who report they consume at least three servings of vegetables per day.

#### Prevalence of Consuming at Least Three Servings of Vegetables Per Day

- o South Dakota 13%
- o There is no nationwide median for consuming three servings of vegetables per day





Note: This question was not asked in 2012, 2014 or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 12   Operating With Departure 1 Operating of Manufacture Departure				
2013-2017				
			95% Confidence Interval	
		2013-2017	Low	High
Gender	Male	11%	9.3%	11.9%
Gender	Female	14%	12.5%	14.8%
	18-29	10%	8.0%	12.0%
	30-39	15%	12.7%	18.3%
	40-49	13%	10.8%	15.4%
Age	50-59	13%	11.1%	14.7%
	60-69	12%	10.2%	13.4%
	70-79	11%	8.5%	13.1%
	80+	9%	6.9%	11.4%
Deee	White	12%	10.9%	12.6%
Race	American Indian	12%	9.0%	15.6%
Ethericity	Hispanic	11%	6.4%	19.0%
Ethnicity	Non-Hispanic	12%	11.2%	12.9%
	Less than \$25.000	11%	9.2%	12.7%
Household Income	\$25,000-\$74,999	12%	10.4%	13.3%
	\$75.000+	15%	13.5%	17.1%
	Less than High School G E D	11%	7.6%	16.0%
	High School G E D	10%	8.4%	11.0%
Education	Some Post-High School	12%	10.8%	13.8%
	College Graduate	15%	13.8%	16.8%
	Employed for Wages	12%	11.0%	13.5%
	Self-employed	1.3%	10.3%	15.3%
Employment Status		11%	7.8%	16.0%
	Homemaker	16%	12.2%	21.1%
	Student	12%	7.9%	16.8%
	Retired	11%	9.2%	12.3%
	Unable to Work	12%	8.0%	16.8%
	Married/Unmarried Couple	13%	11.8%	13.9%
	Divorced/Separated	11%	9.5%	13.8%
Marital Status	Widowed	11%	8.9%	13.5%
	Never Married	11%	8.6%	13.1%
Home Ownership	Own Home	13%	11 7%	13.6%
Status	Pent Home	11%	0.2%	13.0%
Olalus	Children in Household (Ages 18 44)	120/	10.9%	14.5%
Children Status	No Children in Household (Ages 18-44)	1376	0.8%	14.5%
	Londling	12/0	10.19/	10.070
Phone Status		120/	10.1%	12.0%
	Dragnant (Agaa 19, 44)	1370	11.470	13.0 /0
Pregnancy Status	Not Drognopt (Ages 18-44)	9%	4.0%	16.20/
	Not Freghant (Ages 10-44)	14%	11.9%	10.3%
	Ninnenana	13%	10.4%	15.1%
	Pennington	13%	10.8%	10.5%
	LINCOIN Brown	9% 100/	0.4%	12.9%
County	DIUWII	12%	0.9%	10.2%
	Diuukiings Codington	<u>گ%</u>	0.4%	12.1%
	Moodo	12%	0.9% 0.0%	17.0%
		11%	0.2%	10.9%
	Lawience	11%	1.1%	14.8%

Note: \*Results based on small sample sizes have been suppressed. This question was not asked in 2014 or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

- **Gender** Females exhibit a significantly higher prevalence of eating at least three servings of vegetables per day than males.
- Age The prevalence of eating at least three servings of vegetables per day peaks with those in their 30s. The prevalence then decreases as age increases.
- **Race** The prevalence of eating at least three servings of vegetables per day does not seem to differ based on race.
- **Ethnicity** The prevalence of eating at least three servings of vegetables per day does not seem to differ based on ethnicity.
- **Household** The prevalence of eating at least three servings of vegetables increases as household income increases. This includes a significant increase as the \$75,000+ income group is reached.
- **Education** The prevalence of eating at least three servings of vegetables per day does not seem to differ based on education.
- **Employment** The prevalence of eating at least three servings of vegetables per day does not seem to differ based on employment.
- MaritalThe prevalence of eating at least three servings of vegetables per day doesStatusnot seem to differ based on marital status.
- HomeThe prevalence of eating at least three servings of vegetables per day doesOwnershipnot seem to differ based on home ownership.
- ChildrenThe prevalence of eating at least three servings of vegetables per day doesStatusnot seem to differ based on the presence of children in the household.
- **Phone Status** The prevalence of eating at least three servings of vegetables per day does not seem to differ based on phone status.
- PregnancyThe prevalence of eating at least three servings of vegetables per day doesStatusnot seem to differ based on pregnancy status.
- **County** There seems to be no difference regarding eating at least three servings of vegetables per day among the eight counties with sufficient sample size.

#### **CIGARETTE SMOKING**

Definition: South Dakotans who report having smoked at least 100 cigarettes in their lifetime and now smoke every day or smoke some days.

#### Prevalence of Current Cigarette Smoking

- o South Dakota 19%
- Nationwide median 17%

#### South Dakota Department of Health Strategic Plan

Reduce the percent of adults who smoke cigarettes to 14.5 percent by 2020.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 13 South Dakotans Who Currently Smoke Cigarettes, 2013-2017				
			95% Confidence Interval	
		2013-2017	Low	High
O an dan	Male	20%	19.1%	21.5%
Gender	Female	18%	17.0%	19.1%
	18-29	22%	19.7%	23.8%
	30-39	26%	23.8%	28.7%
	40-49	22%	19.9%	24.3%
Age	50-59	21%	19.3%	22.7%
-	60-69	16%	14.2%	17.3%
	70-79	8%	6.8%	9.2%
	80+	4%	2.6%	5.2%
Data	White	17%	16.1%	17.6%
Race	American Indian	43%	39.2%	46.3%
	Hispanic	18%	13.1%	23.8%
Ethnicity	Non-Hispanic	19%	18.4%	20.0%
	Less than \$35,000	29%	27.2%	30.6%
Household Income	\$35.000-\$74.999	18%	16.5%	19.3%
	\$75.000+	10%	8.5%	10.9%
	Less than High School, G.E.D.	34%	30.1%	37.3%
	High School, G.F.D.	23%	21.6%	24.5%
Education	Some Post-High School	19%	18.0%	20.7%
	College Graduate	8%	6.8%	8.5%
	Employed for Wages	21%	19.5%	21.9%
	Self-employed	15%	13.5%	17.6%
	Unemployed	44%	38.5%	49.1%
Employment Status	Homemaker	21%	17.2%	25.6%
	Student	9%	6.8%	11.9%
	Retired	9%	7.9%	9.8%
	Unable to Work	40%	35.8%	43.8%
	Married/Unmarried Couple	15%	13.7%	15.5%
Marital Otatus	Divorced/Separated	33%	30.6%	35.7%
Marital Status	Widowed	13%	11.5%	15.7%
	Never Married	26%	23.6%	27.8%
Home Ownership	Own Home	15%	14.6%	16.3%
Status	Rent Home	31%	28.6%	32.7%
	Children in Household (Ages 18-44)	25%	23.3%	27.0%
Children Status	No Children in Household (Ages 18-44)	22%	19.5%	23.8%
	Landline	15%	14.0%	16.1%
Phone Status	Cell Phone	22%	20.5%	22.7%
	Pregnant (Ages 18-44)	18%	10.6%	28.7%
Pregnancy Status	Not Pregnant (Ages 18-44)	23%	21.2%	25.2%
	Minnehaha	19%	16.8%	21.2%
	Pennington	21%	18.2%	23.1%
	Lincoln	17%	14.4%	21.1%
	Brown	17%	13.5%	20.7%
County	Brookings	17%	13.0%	21.4%
	Codington	21%	17.3%	25.1%
	Meade	19%	16.4%	22.8%
	Lawrence	18%	15.6%	21.2%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

- **Gender** There seems to be no gender difference regarding the prevalence of cigarette smoking.
- Age The prevalence of cigarette smoking generally decreases as age increases including significant decreases as the 60s, 70s, and 80s are reached.
- **Race** American Indians exhibit a significantly higher prevalence of cigarette smoking than whites.
- **Ethnicity** There seems to be no Hispanic difference regarding the prevalence of cigarette smoking.
- **Household** The prevalence of cigarette smoking decreases as household income increases with significant decreases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
- **Education** The prevalence of cigarette smoking decreases as education levels increase with significant decreases at each level.
- **Employment** Those who are unemployed or unable to work demonstrate a very high prevalence of cigarette smoking, while those who are a student or retired show a very low prevalence.
- MaritalThose who are divorced exhibit a very high prevalence of cigarette smoking,<br/>while those who are married or widowed show a very low prevalence.
- HomeThose who rent their home show a significantly higher prevalence of cigaretteOwnershipsmoking than those who own their home.
- ChildrenThe prevalence of cigarette smoking in the adults does not seem to differStatusbased on the presence of children in the household.
- **Phone Status** Those with a cell phone show a significantly higher prevalence of cigarette smoking than those with a landline phone.
- PregnancyThe prevalence of cigarette smoking does not seem to differ based on<br/>pregnancy status.
- **County** There seems to be no county differences regarding the prevalence of cigarette smoking.

In 2016-2017, 57 percent of South Dakotans tried to stop smoking for one day or longer because they were trying to quit smoking as shown below in Table 14.

Table 14 South Dakotans Who Tried to Stop Smoking, Within the Past 12 Months, for One Day or Longer Because They Were Trying to Quit Smoking, 2011-2017		
Survey Year	Percent	
2016-2017	57%	
2015-2016	57%	
2014-2015	56%	
2013-2014	56%	
2012-2013	55%	
2011-2012	56%	

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 15, below, shows the percentage of current cigarette smokers for 2011-2017 by the type of health insurance they have. Those with Indian Health Service coverage had the highest percentage of current smokers with 50 percent. This was followed by Medicaid or medical assistance with 45 percent and Medicare with 36 percent.

Table 15Percentage of Current Cigarette Smoking by Type of Health Insurance, Ages 18-64, 2011-2017			
Type of Health Insurance	2011-2017		
The Indian Health Service	50%		
Medicaid or Medical Assistance	45%		
Medicare	36%		
The Military, CHAMPUS, TriCare, or the VA	26%		
Employer Based Coverage	17%		
Private Health Insurance Plan	12%		
None	46%		

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 12, below, shows the percentage of smokers who have been advised to quit smoking in the past 12 months by a health professional. In 2015-2017, 78 percent of South Dakotans had been advised to quit smoking by a health professional.

Figure 12 Percentage of Smokers Who Have Been Advised by a Doctor, Nurse, or Other Health Professional to Quit Smoking in the Past 12 Months, 2011-2017





Figure 13, below, shows South Dakotans' place of work official smoking policy for work areas. The majority of South Dakotans for all five years stated that smoking was not allowed in any work areas.



Figure 13 South Dakotans' Place of Work Smoking Policy, 2013-2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Figure 14, below, shows the South Dakotans' rules about smoking inside their homes. The majority of South Dakotans for all five years stated that smoking was not allowed anywhere in their homes.

Figure 14 South Dakotans' Rules About Smoking Inside the Home, 2013-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

#### **SMOKELESS TOBACCO**

Definition: South Dakotans who report that they use chewing tobacco or snuff every day or some days.

#### Prevalence of Smokeless Tobacco

- o South Dakota 6%
- o Nationwide median 4%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 16 South Dakotans Who Use Smokeless Tobacco, 2013-2017				
			95% Confidence Interval	
		2013-2017	Low	High
O and an	Male	11%	10.4%	12.2%
Gender	Female	1%	0.7%	1.2%
	18-29	10%	8.1%	11.1%
	30-39	8%	6.5%	9.0%
	40-49	8%	6.6%	9.3%
Age	50-59	5%	4.6%	6.5%
	60-69	3%	2.4%	3.9%
	70-79	2%	1.5%	3.6%
	80+	1%	0.5%	2.4%
Baaa	White	6%	5.4%	6.4%
Race	American Indian	9%	7.4%	12.0%
Ethnicity	Hispanic	5%	2.6%	9.3%
Ethnicity	Non-Hispanic	6%	5.6%	6.6%
	Less than \$35,000	5%	4.6%	6.3%
Household Income	\$35,000-\$74,999	7%	6.1%	8.0%
	\$75,000+	7%	5.8%	7.8%
	Less than High School, G.E.D.	8%	6.6%	10.7%
Education	High School, G.E.D.	7%	5.7%	7.5%
Education	Some Post-High School	6%	5.6%	7.2%
	College Graduate	4%	3.4%	4.8%
	Employed for Wages	7%	6.6%	8.0%
	Self-employed	9%	7.5%	10.6%
	Unemployed	7%	4.7%	10.2%
Employment Status	Homemaker	1%	0.3%	1.1%
	Student	6%	4.0%	9.0%
	Retired	2%	1.7%	3.2%
	Unable to Work	5%	3.3%	6.3%
	Married/Unmarried Couple	6%	5.0%	6.1%
Marital Status	Divorced/Separated	8%	6.7%	9.7%
Maritar Otatus	Widowed	2%	1.3%	4.0%
	Never Married	8%	6.7%	9.1%
Home Ownershin Status	Own Home	5%	5.0%	6.0%
nome ownersnip otatus	Rent Home	8%	6.8%	9.1%
Children Status	Children in Household (Ages 18-44)	8%	7.2%	9.5%
offindren otatus	No Children in Household (Ages 18-44)	9%	7.9%	10.7%
Phone Status	Landline	4%	3.8%	5.1%
Filone Status	Cell Phone	7%	6.4%	7.8%
Prognancy Status	Pregnant (Ages 18-44)	0.3%	0.0%	2.4%
Freghancy Status	Not Pregnant (Ages 18-44)	2%	1.2%	2.3%
	Minnehaha	4%	2.8%	4.9%
	Pennington	5%	4.1%	6.9%
	Lincoln	7%	4.6%	9.7%
County	Brown	5%	3.5%	8.0%
County	Brookings	6%	3.6%	9.4%
	Codington	6%	3.9%	8.4%
	Meade	9%	7.0%	11.7%
	Lawrence	7%	5.0%	8.5%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

- **Gender** Males exhibit a significantly higher prevalence of smokeless tobacco use than females.
- Age The prevalence of smokeless tobacco use decreases as age increases including significant decreases as the 50s and 60s are reached.
- Race American Indians exhibit a significantly higher prevalence of smokeless tobacco use than whites.
- **Ethnicity** There seems to be no Hispanic difference regarding the prevalence of smokeless tobacco use.
- HouseholdThere seems to be no household income difference regarding the prevalenceIncomeof smokeless tobacco use.
- **Education** The prevalence of smokeless tobacco use decreases as education levels increase with a significant decrease as the college graduate level is reached.
- **Employment** Those who are employed for wages, self-employed, unemployed, or a student demonstrate a very high prevalence of smokeless tobacco use, while those who are a homemaker show a very low prevalence.
- MaritalThose who are divorced or have never been married exhibit a very high<br/>prevalence of smokeless tobacco use, while those who are widowed show a<br/>very low prevalence.
- HomeThose who rent their home show a significantly higher prevalence of<br/>smokeless tobacco use than those who own their home.
- ChildrenThe prevalence of smokeless tobacco use in the adults does not seem to<br/>change based on the presence of children in the household.
- **Phone Status** Those with a cell phone show a significantly higher prevalence of smokeless tobacco use than those with a landline phone.
- PregnancyThe prevalence of smokeless tobacco use does not seem to change basedStatuson pregnancy status.

**County** Meade and Lawrence counties exhibit a very high prevalence of smokeless tobacco use, while Minnehaha and Pennington counties show a very low prevalence.

Figure 16 shows the percentage of South Dakotans whose doctor, nurse, or other health professional advised them to stop using smokeless tobacco. Less than half, 48 percent, of South Dakotans stated they were advised to quit using smokeless tobacco by a health professional.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

#### **E-CIGARETTE SMOKING**

Definition: South Dakotans who currently use electronic cigarettes (e-cigarettes).

#### Prevalence of E-Cigarette Use

- o South Dakota 4%
- o There is no nationwide median for electronic cigarette use

#### Figure 17 Percentage of South Dakotans Who Currently Smoke E-Cigarettes, 2016-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

Table 17 South Dakotans Who Currently Smoke E-Cigarettes, 2016-2017					
	*	95% Confidence Interv		95% Confidence Int	ence Interval
		2016-2017	Low	High	
Conder	Male	4%	3.1%	5.6%	
Gender	Female	3%	2.0%	3.6%	
	18-29	6%	4.4%	8.6%	
	30-39	6%	3.5%	9.0%	
	40-49	3%	2.1%	5.6%	
Age	50-59	3%	1.7%	4.4%	
-	60-69	1%	0.7%	2.0%	
	70-79	1%	0.2%	1.5%	
	80+	0.03%	0.0%	0.2%	
Base	White	3%	2.4%	3.8%	
Race	American Indian	5%	2.7%	8.4%	
Ethericity	Hispanic	5%	1.8%	15.8%	
Ethnicity	Non-Hispanic	3%	2.7%	4.2%	
	Less than \$35,000	5%	3.2%	6.9%	
Household Income	\$35,000-\$74,999	3%	2.2%	4.6%	
	\$75,000+	3%	1.7%	3.9%	
	Less than High School, G.E.D.	5%	2.3%	11.6%	
	High School, G.E.D.	4%	3.1%	5.8%	
Education	Some Post-High School	4%	2.6%	4.9%	
	College Graduate	1%	0.9%	2.2%	
	Employed for Wages	4%	3.0%	5.4%	
	Self-employed	4%	2.6%	7.5%	
	Unemployed	3%	1.5%	6.3%	
Employment Status	Homemaker	3%	0.8%	10.4%	
	Student	3%	1.5%	7.3%	
	Retired	0.4%	0.2%	0.7%	
	Unable to Work	6%	3.1%	10.0%	
	Married/Unmarried Couple	3%	2.1%	3.8%	
Marital Otatura	Divorced/Separated	4%	2.4%	5.4%	
Marital Status	Widowed	1%	0.3%	1.4%	
	Never Married	6%	3.9%	8.7%	
Home Ownership	Own Home	3%	2.0%	3.4%	
Status	Rent Home	6%	4.2%	8.6%	
	Children in Household (Ages 18-44)	5%	3.5%	7.1%	
Children Status	No Children in Household (Ages 18-44)	6%	4.3%	9.5%	
	Landline	2%	1.2%	2.8%	
Phone Status	Cell Phone	4%	3.1%	5.0%	
	Pregnant (Ages 18-44)	*	*	*	
Pregnancy Status	Not Pregnant (Ages 18-44)	4%	3.0%	6.4%	
	Minnehaha	3%	1.6%	6.2%	
	Pennington	5%	3.0%	7.2%	
	Lincoln	*	*	*	
0	Brown	*	*	*	
County	Brookings	*	*	*	
	Codington	*	*	*	
	Meade	*	*	*	
	Lawrence	4%	2.1%	7.5%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

Gender	There seems to be no gender difference regarding e-cigarette use.
Age	E-cigarette use decreases as age increases.
Race	There seems to be no racial difference regarding e-cigarette use.
Household Income	There seems to be no household income difference regarding e-cigarette use.
Education	E-cigarette use decreases as education increases. This includes a significant decrease as the college graduate level is reached.
Employment	Those who are retired show a significantly lower prevalence of e-cigarette use than all other employment statuses.
Marital Status	Those who are divorced or have never been married exhibit a very high prevalence of e-cigarette use, while those who are widowed show a very low prevalence.
Home Ownership	Those who rent their home show a significantly higher prevalence of e- cigarette use than those who own their home.
Children Status	E-cigarette use by adults does not seem to differ based on the presence of children in the household.
Phone Status	Those who use a cell phone demonstrate a significantly higher prevalence of e-cigarette use than those who use a landline.
County	The prevalence of e-cigarette use does not seem to differ among the available counties.

#### TOBACCO USE

Definition: South Dakotans who currently smoke cigarettes, use smokeless tobacco, or use E-cigarettes.

#### Prevalence of Tobacco Use

- o South Dakota 25%
- There is no nationwide median for tobacco use

#### Figure 18 Percentage of South Dakotans Who Currently Smoke Cigarettes, Use Smokeless Tobacco, or Use E-Cigarettes, 2016-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

Table 18     South Dakotans Who Currently Smoke Cigarettes, Use Smokeless Tobacco, or Use E-     Cigarettes, 2016-2017				
	Gigarettes, 2010-20		95% Confidence Interval	
		2016-2017	Low	High
Condor	Male	31%	28.8%	33.4%
Gender	Female	17%	15.6%	18.9%
	18-29	27%	23.3%	30.8%
	30-39	34%	30.1%	38.7%
	40-49	28%	24.5%	32.7%
Age	50-59	25%	22.3%	28.4%
	60-69	18%	15.9%	21.0%
	70-79	12%	9.4%	15.2%
	80+	5%	3.2%	8.7%
Baco	White	22%	20.3%	23.2%
Nace	American Indian	49%	43.4%	54.9%
Ethnicity	Hispanic	19%	11.9%	30.0%
	Non-Hispanic	24%	22.8%	25.8%
	Less than \$35,000	32%	28.6%	34.6%
Household Income	\$35,000-\$74,999	25%	22.6%	28.0%
	\$75,000+	16%	14.1%	18.8%
	Less than High School, G.E.D.	37%	30.5%	43.3%
Education	High School, G.E.D.	29%	26.4%	32.0%
Education	Some Post-High School	25%	22.3%	27.2%
	College Graduate	12%	10.4%	13.8%
	Employed for Wages	27%	25.0%	29.4%
	Self-employed	24%	20.6%	28.5%
	Unemployed	36%	27.8%	44.9%
Employment Status	Homemaker	25%	18.2%	33.5%
	Student	13%	8.1%	19.3%
	Retired	12%	10.0%	14.1%
	Unable to Work	39%	33.2%	46.0%
	Married/Unmarried Couple	20%	18.0%	21.5%
Marital Status	Divorced/Separated	39%	34.8%	43.4%
Warita Status	Widowed	17%	12.7%	21.6%
	Never Married	30%	26.5%	33.9%
Home Ownership	Own Home	21%	19.1%	22.2%
Status	Rent Home	36%	32.5%	39.7%
Children Status	Children in Household (Ages 18-44)	33%	29.1%	36.2%
Cillidren Status	No Children in Household (Ages 18-44)	8-44) 28% 24.2%	24.2%	32.0%
Bhono Status	Landline	19%	16.8%	21.2%
Filone Status	Cell Phone	26%	24.1%	27.7%
Drognonov Statuo	Pregnant (Ages 18-44)	*	*	*
Pregnancy Status	Not Pregnant (Ages 18-44)	21%	18.4%	24.8%
	Minnehaha	24%	20.0%	28.1%
	Pennington	24%	20.5%	28.3%
	Lincoln	*	*	*
County	Brown	*	*	*
County	Brookings	*	*	*
	Codington	*	*	*
	Meade	*	*	*
	Lawrence	23%	18.7%	28.8%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

#### **Demographics** Gender Males exhibit a significantly higher prevalence of tobacco use than females. Age Tobacco use peaks with those in their 30s and then decreases as age increases. This includes significant decreases as the 60s, 70s, and 80s are reached. Race American Indians demonstrate a significantly higher prevalence of tobacco use than whites. Ethnicity The prevalence of tobacco use does not seem to change based on ethnicity. Household Tobacco use decreases as household income increases. This includes Income significant decreases as the \$35,000-\$74,999 and \$75,000+ income groups are reached. Education Tobacco use decreases as education levels increase. This includes a significant decrease as the college graduate level is reached. Employment Those who are unemployed, a homemaker, or unable to work demonstrate a very high prevalence of tobacco use, while those who are a student or retired show a very low prevalence. Marital Those who are divorced exhibit a very high prevalence of tobacco use, while Status those who are married or widowed show a very low prevalence. Home Those who rent their home show a significantly higher prevalence of tobacco Ownership use than those who own their home. Children The prevalence of tobacco use by the adults does not seem to change based Status on the presence of children in the household. Phone Status Those who use a cell phone demonstrate a significantly higher prevalence of tobacco use than those who use a landline phone. County There seems to be no difference regarding the prevalence of tobacco use

among the three counties with sufficient sample size.

# **Diabetes**

Definition: South Dakotans ever told by a doctor that they have diabetes, excluding women who were told this while they were pregnant.

#### **Prevalence of Diabetes**

- o South Dakota 11%
- o Nationwide median 11%

Figure 19 Percentage of South Dakotans Who Were Told They Have Diabetes, 2011-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 19 South Dakotans Who Were Told They Have Diabetes, 2013-2017					
			95% Confide	% Confidence Interval	
		2013-2017	Low	High	
Condor	Male	10%	9.1%	10.7%	
Gender	Female	9%	8.1%	9.4%	
Age	18-29	1%	0.9%	2.3%	
	30-39	3%	2.0%	3.8%	
	40-49	7%	5.9%	8.6%	
	50-59	10%	9.3%	11.7%	
	60-69	17%	15.9%	18.9%	
	70-79	22%	19.8%	23.9%	
	80+	18%	15.7%	21.2%	
Rese	White	9%	8.3%	9.3%	
Race	American Indian	17%	14.6%	19.0%	
Ethnicity	Hispanic	10%	6.0%	14.8%	
Ethnicity	Non-Hispanic	9%	8.8%	9.8%	
	Less than \$35,000	13%	11.8%	13.9%	
Household Income	\$35,000-\$74,999	8%	7.6%	9.3%	
	\$75,000+	7%	5.7%	7.6%	
	Less than High School, G.E.D.	14%	11.8%	16.6%	
	High School, G.E.D.	10%	9.3%	11.1%	
Education	Some Post-High School	9%	8.0%	9.7%	
	College Graduate	7%	6.2%	7.5%	
	Employed for Wages	6%	5.5%	6.7%	
	Self-employed	6%	5.1%	7.4%	
	Unemployed	8%	5.6%	11.3%	
Employment Status	Homemaker	8%	6.1%	10.8%	
	Student	1%	0.3%	2.1%	
	Retired	20%	18.4%	21.3%	
	Unable to Work	25%	22.0%	28.4%	
	Married/Unmarried Couple	9%	8.5%	9.8%	
Marital Status	Divorced/Separated	12%	11.0%	14.0%	
Waritai Status	Widowed	19%	17.0%	21.3%	
	Never Married	5%	4.1%	5.7%	
Home Ownership	Own Home	10%	9.2%	10.4%	
Status	Rent Home	9%	8.1%	10.2%	
Children Status	Children in Household (Ages 18-44)	3%	2.5%	4.2%	
Children Status	No Children in Household (Ages 18-44)	2%	1.7%	3.0%	
Dhana Ctatua	Landline	13%	12.0%	13.8%	
Phone Status	Cell Phone	7%	6.6%	7.8%	
	Pregnant (Ages 18-44)	4%	0.9%	14.9%	
Pregnancy Status	Not Pregnant (Ages 18-44)	3%	2.2%	3.9%	
	Minnehaha	8%	7.0%	9.5%	
	Pennington	10%	8.3%	11.2%	
	Lincoln	7%	5.1%	8.9%	
County	Brown	8%	6.1%	9.4%	
County	Brookings	5%	3.7%	6.6%	
	Codington	7%	5.5%	8.8%	
	Meade	9%	7.3%	11.6%	
	Lawrence	8%	6.7%	9.6%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

- **Gender** There seems to be no gender difference regarding the prevalence of diabetes.
- Age The prevalence of diabetes generally increases as age increases. This includes significant increases as the 40s, 50s, and 60s are reached with it peaking in the 70s.
- **Race** American Indians demonstrate a significantly higher prevalence of diabetes than whites.
- **Ethnicity** There seems to be no Hispanic difference regarding the prevalence of diabetes.
- **Household** The prevalence of diabetes decreases as household income increases. This includes a significant decrease as the \$35,000-\$74,999 income group is reached.
- **Education** The prevalence of diabetes decreases as education levels increase. This includes a significant decrease as the high school graduate and college graduate levels are reached.
- **Employment** Those who are unable to work demonstrate a very high prevalence of diabetes, while those who are a student show a very low prevalence.
- MaritalThose who are widowed exhibit a very high prevalence of diabetes, whileStatusthose who have never been married show a very low prevalence.
- HomeThere seems to be no difference in the prevalence of diabetes regarding<br/>home ownership.
- ChildrenThe prevalence of diabetes among adults does not seem to differ based on<br/>the presence of children in the household.
- **Phone Status** Those with a landline phone exhibit a significantly higher prevalence of diabetes than those with a cell phone.
- PregnancyThe prevalence of diabetes does not seem to differ based on pregnancyStatusstatus.
- **County** Minnehaha, Pennington, Meade, and Lawrence counties all demonstrate a very high prevalence of diabetes, while Brookings county shows a very low prevalence.

Figure 20, below, displays the percentage of South Dakotans who had a test for high blood sugar or diabetes within the past three years. Most respondents stated that they had a blood sugar or diabetes test within the past three years.



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 21, below, displays the diabetic status of all South Dakotans for the past five years. Most respondents for all years stated that they have never been diagnosed with any type of diabetes.

Figure 21 South Dakotans' Diabetic Status, 2013-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

### HEALTH INSURANCE (ADULT)

Definition: South Dakotans, ages 18-64, who do not have health insurance, prepaid plans such as health maintenance organizations (HMOs), or government plans such as Medicare or Indian Health Service.

#### Prevalence of No Health Insurance

- o South Dakota 8%
- o There is no nationwide median for no health insurance



Figure 22 Percentage of South Dakotans, Ages 18-64, Who Do Not Have Health Insurance, 2011-2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 20 South Dakotans, Ages 18-64, Who Do Not Have Health Insurance, 2013-2017					
			95% Confide	95% Confidence Interval	
		2013-2017	Low	High	
Candar	Male	9%	8.1%	10.2%	
Gender	Female	8%	6.8%	8.9%	
Age	18-29	12%	10.1%	14.0%	
	30-39	10%	8.0%	11.4%	
	40-49	8%	6.5%	9.8%	
	50-59	6%	5.3%	7.8%	
-	60-69	4%	3.3%	5.6%	
	70-79	-	-	-	
	80+	-	-	-	
Reco	White	8%	7.2%	8.6%	
Race	American Indian	2%	1.3%	2.9%	
Ethnicity	Hispanic	26%	18.4%	35.8%	
	Non-Hispanic	8%	7.3%	8.7%	
Household Income	Less than \$35,000	18%	16.2%	20.2%	
Household Income	\$35,000-\$74,999	5%	4.3%	6.2%	
	\$75,000+	2%	1.1%	2.5%	
	Less than High School, G.E.D.	17%	13.3%	21.6%	
	High School, G.E.D.	12%	10.4%	13.5%	
Education	Some Post-High School	7%	6.3%	8.6%	
	College Graduate	3%	2.4%	4.0%	
	Employed for Wages	7%	6.3%	8.1%	
	Self-employed	11%	9.2%	13.3%	
	Unemployed	27%	21.8%	33.6%	
Employment Status	Homemaker	10%	6.2%	14.3%	
	Student	5%	3.5%	8.2%	
	Retired	3%	2.0%	6.0%	
	Unable to Work	8%	5.9%	11.6%	
	Married/Unmarried Couple	5%	4.7%	6.3%	
Manifed Ofering	Divorced/Separated	13%	10.6%	15.4%	
Marital Status	Widowed	11%	7.0%	15.8%	
	Never Married	14%	11.8%	15.6%	
Home Ownership	Own Home	5%	4.8%	6.2%	
Status	Rent Home	16%	13.9%	17.9%	
	Children in Household (Ages 18-44)	9%	7.3%	10.1%	
Children Status	No Children in Household (Ages 18-44)	13%	11.4%	15.4%	
	Landline	6%	5.0%	7.3%	
Phone Status	Cell Phone	10%	8.7%	10.6%	
	Pregnant (Ages 18-44)	3%	1.1%	8.5%	
Pregnancy Status	Not Pregnant (Ages 18-44)	10%	8.3%	11.8%	
	Minnehaha	9%	7.2%	11.2%	
	Pennington	10%	8.2%	13.1%	
	Lincoln	6%	3.7%	9.5%	
O sum to s	Brown	9%	5.4%	13.5%	
County	Brookings	4%	2.7%	6.8%	
	Codington	8%	5.5%	11.6%	
	Meade	12%	8.9%	15.6%	
	Lawrence	14%	10.8%	17.1%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender	There seems to be no	gender difference	regarding health	n insurance status.
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- Age The prevalence of being uninsured decreases as age increases.
- **Race** Whites demonstrate a significantly higher prevalence of being uninsured than American Indians.
- **Ethnicity** Hispanics exhibit a significantly higher prevalence of being uninsured than non-Hispanics.
- **Household Income** The prevalence of being uninsured decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
- **Education** The prevalence of being uninsured decreases as education levels increase. This includes significant decreases as some post-high school, and college graduate levels are reached.
- **Employment** Those who are unemployed demonstrate a very high prevalence of being uninsured, while those who are students, retired, or unable to work show a very low prevalence.
- MaritalThose who are married exhibit a significantly lower prevalence of being<br/>uninsured than all other types of marital status.
- HomeThose who rent their home show a significantly higher prevalence of being<br/>uninsured than those who own their home.
- ChildrenThose without children in the household exhibit a significantly higherStatusprevalence of being uninsured than those with children.
- **Phone Status** Those with a cell phone demonstrate a significantly higher prevalence of being uninsured than those with a landline.
- PregnancyThe prevalence of being uninsured does not seem to change based on<br/>pregnancy status.
- **County** Minnehaha, Pennington, Meade, and Lawrence counties all demonstrate a very high prevalence of being uninsured, while Lincoln and Brookings counties show a very low prevalence.
As shown in Table 21 below, employer based coverage was the most common type of health insurance reported by respondents for the past seven years. The second most common was private plan.

Table 21									
Type of Health Insurance, Ages 18-64, 2011-2017									
	2011 2012 2013 2014 2015 2016 2017								
Number of Respondents	4,332	5,147	4,216	4,387	4,043	3,258	3,772		
Type of Health Insurance									
Employer Based Coverage	57%	59%	59%	59%	60%	58%	59%		
Private Plan	12%	11%	12%	13%	13%	15%	14%		
Military, CHAMPUS, TriCare, or VA	6%	5%	5%	4%	5%	5%	5%		
Medicare	4%	3%	3%	3%	3%	4%	5%		
The Indian Health Service	5%	5%	5%	5%	5%	5%	4%		
Medicaid or Medical Assistance	4%	4%	5%	4%	6%	4%	4%		
Some Other Source	2%	2%	1%	2%	2%	2%	2%		
None	11%	10%	10%	9%	8%	8%	8%		

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 22, below, displays how long it has been since the respondents had a routine checkup and whether the respondent had health insurance. The majority of insured respondents, 68 percent, stated they had a routine checkup within the past year.

When comparing insured respondents to uninsured respondents, 68 percent of respondents who had health insurance had a routine checkup within the past year while only 32 percent of respondents without health insurance had a routine checkup within the past year.

The percent of uninsured respondents who stated that they had a routine checkup five or more years ago was 33 percent while only 10 percent of those respondents with health insurance had a routine checkup five or more years ago.

Table 22 How Long Since South Dakotans Last Visited a Doctor for a Routine Checkup, 2012-2017						
	Health Insurance	No Health Insurance				
Within the past year	68%	32%				
Within the past 2 years	13%	17%				
Within the past 5 years	8%	15%				
5 or more years ago	10%	33%				
Never	2%	4%				

Figure 23, below, shows the percentage of respondents, ages 18-64, who were asked if there was a time in the past 12 months when they needed to see a doctor but could not because of the cost. Forty-one percent of respondents without health insurance answered yes to this question.



Figure 23 Percentage of South Dakotans, Ages 18-64, Who Needed to See a Doctor But Could Not Because of the Cost, 2012-2017

# **CHILDREN'S HEALTH INSURANCE**

Definition: South Dakota children, ages 0-17, who do not have health insurance, prepaid plans such as health maintenance organizations (HMOs), or government plans such as Medicaid, Children's Health Insurance Program (CHIP), or Indian Health Service (IHS).

#### **Prevalence of No Health Insurance**

- o South Dakota 1%
- o There is no nationwide median for no children's health insurance





Table 23   South Dakota Children, Ages 0-17, Who Do Not Have Health Insurance, 2013-2017						
			95% Confidence Interval			
		2013-2017	Low	High		
Condor	Male	1%	0.9%	1.8%		
Gender	Female	1%	0.9%	2.2%		
	0-6	1%	0.5%	1.8%		
Age	7-12	1%	0.6%	1.7%		
-	13-17	2%	1.3%	2.9%		
Data	White	1%	1.0%	1.9%		
Race	American Indian	0.3%	0.1%	0.7%		
Ethericity	Hispanic	1%	0.3%	3.0%		
Ethnicity	Non-Hispanic	1%	1.0%	1.9%		
	Less than \$35,000	1%	0.8%	2.1%		
Household Income	\$35,000-\$74,999	2%	1.4%	3.5%		
	\$75,000+	1%	0.4%	1.4%		
Home Ownership	Own home	1%	0.9%	1.9%		
Status	Rent home	1%	0.9%	2.4%		
Dhana Statua	Landline	1%	0.9%	2.5%		
Phone Status	Cell phone	1%	0.9%	1.7%		
	Minnehaha	1%	0.6%	2.7%		
	Pennington	1%	0.5%	2.3%		
	Lincoln	0.3%	0.1%	1.0%		
County	Brown	1%	0.4%	4.7%		
County	Brookings	0.3%	0.0%	2.3%		
	Codington	1%	0.3%	2.2%		
	Meade	2%	1.0%	4.7%		
	Lawrence	3%	1.7%	6.1%		

Note: \*Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender	There seems to be no gender difference regarding health insurance status for
	children.

- Age There seem to be no age differences regarding health insurance status for children.
- **Race** White children demonstrate a significantly higher prevalence of being uninsured than American Indian children.
- **Ethnicity** There seems to be no Hispanic difference regarding health insurance status for children.
- **Household** There seems to be no difference in health insurance status for children regarding household income.

HomeThere seems to be no difference in health insurance status for childrenOwnershipregarding adult home ownership status.

- **Phone Status** The health insurance status of children does not seem to change based on phone status.
- **County** Lawrence county demonstrates a very high prevalence of children being uninsured, while Lincoln county shows a very low prevalence.

Table 24, below, shows the different types of health coverage for children, ages 0-17. The main type of health care coverage for the past seven years was employer based coverage. Medicaid, CHIP, or medical assistance coverage was the second most common type of health coverage.

Table 24   Different Types of Health Coverage for South Dakota Children, Ages 17 and Under, 2011-2017							
	2011-2012	2012-2013	2013-2014	2014-2015	2015-2016	2016-2017	
Type of Coverage							
Employer Based Coverage	57%	55%	55%	55%	54%	53%	
Medicaid, CHIP, or Medical Assistance	23%	24%	24%	24%	25%	26%	
Private Plan	10%	10%	11%	12%	11%	11%	
The Indian Health Service	4%	3%	4%	3%	3%	4%	
The Military, CHAMPUS, TriCare, or VA	3%	3%	3%	3%	3%	3%	
Medicare	1%	2%	1%	1%	1%	1%	
Some Other Source	0.5%	0.8%	1.1%	0.8%	0.3%	1.2%	
None	2%	2%	1%	1%	2%	1%	

#### **ROUTINE CHECKUP**

Definition: South Dakotans who have visited a doctor for a routine checkup within the past two years. A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

#### **Prevalence of Routine Checkup**

- South Dakota 81% 0
- There is no nationwide median for routine checkups 0

#### South Dakota Department of Health Strategic Plan

Increase the percent of South Dakotans who have had a routine checkup within the past two years to 84 percent by 2020.



Figure 25 Percentage of South Dakotans Who Have Had a Routine Checkup Within

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 25 South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2013-2017						
	95% Confidence Interval					
		2013-2017	Low	High		
O a mada m	Male	75%	73.3%	75.9%		
Gender	Female	86%	85.3%	87.2%		
	18-29	73%	71.0%	75.7%		
	30-39	72%	69.1%	73.9%		
	40-49	78%	75.9%	80.3%		
Age	50-59	82%	80.5%	83.7%		
	60-69	89%	87.1%	89.8%		
	70-79	93%	91.4%	94.5%		
	80+	92%	90.2%	94.2%		

Table 25 (continued) South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2013-2017					
			95% Confid	ence Interval	
		2013-2017	Low	High	
_	White	81%	80.4%	82.0%	
Race	American Indian	81%	77.4%	83.5%	
	Hispanic	71%	62.4%	78.2%	
Ethnicity	Non-Hispanic	81%	79.9%	81.6%	
	Less than \$35,000	78%	76.6%	79.8%	
Household Income	\$35,000-\$74,999	80%	78.4%	81.4%	
	\$75,000+	84%	82.6%	85.3%	
	Less than High School, G.E.D.	77%	73.8%	80.6%	
Education	High School, G.E.D.	79%	77.5%	80.6%	
Education	Some Post-High School	81%	79.5%	82.3%	
	College Graduate	83%	81.8%	84.2%	
	Employed for Wages	78%	77.1%	79.4%	
	Self-employed	71%	68.6%	73.9%	
	Unemployed	73%	67.7%	77.6%	
Employment Status	Homemaker	81%	76.8%	84.5%	
	Student	80%	75.3%	84.8%	
	Retired	93%	91.7%	93.9%	
	Unable to Work	88%	85.1%	90.1%	
	Married/Unmarried Couple	83%	81.5%	83.5%	
Marital Status	Divorced/Separated	77%	74.6%	79.5%	
Marital Status	Widowed	90%	88.3%	92.3%	
	Never Married	74%	71.9%	76.1%	
Home Ownership	Own Home	83%	81.8%	83.6%	
Status	Rent Home	75%	73.0%	76.9%	
Childron Status	Children in Household (Ages 18-44)	75%	73.0%	76.8%	
Children Status	No Children in Household (Ages 18-44)	71%	68.9%	73.7%	
Phone Status	Landline	85%	83.5%	85.8%	
Filone Status	Cell Phone	78%	76.9%	79.1%	
Brognanov Status	Pregnant (Ages 18-44)	85%	75.8%	90.6%	
Freghancy Status	Not Pregnant (Ages 18-44)	82%	79.7%	83.6%	
	Minnehaha	82%	79.3%	83.7%	
	Pennington	78%	75.6%	80.6%	
	Lincoln	83%	79.4%	85.8%	
County	Brown	79%	75.1%	82.8%	
County	Brookings	79%	74.8%	83.1%	
	Codington	81%	77.5%	84.5%	
	Meade	76%	72.6%	79.8%	
	Lawrence	77%	74.4%	80.1%	

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender	Females exhibit a significantly higher prevalence of obtaining a routine checkup than males.
Age	The prevalence of obtaining a routine checkup generally increases as age increases.
Race	There are no significant racial differences regarding obtaining routine checkups.

- **Ethnicity** Non-Hispanics demonstrate a significantly higher prevalence of obtaining a routine checkup than Hispanics.
- **Household** The prevalence of obtaining routine checkups increases as household income increases. This includes a significant increase when the \$75,000+ household income is reached.
- **Education** The prevalence of obtaining routine checkups increases as education increases.
- **Employment** Those who are retired demonstrate a very high prevalence of obtaining a routine checkup, while those who are self-employed or unemployed show a very low prevalence.
- MaritalThose who are widowed exhibit a very high prevalence of obtaining a routineStatuscheckup, while those who are divorced or have never been married show a<br/>very low prevalence.
- HomeThose who own their home demonstrate a significantly higher prevalence of<br/>obtaining a routine checkup than those who rent their home.
- ChildrenThe prevalence of obtaining a routine checkup does not seem to change<br/>based on the presence of children in the household.
- **Phone Status** Those with a landline phone show a significantly higher prevalence of obtaining a routine checkup than those with a cell phone.
- Pregnancy<br/>StatusThe prevalence of obtaining a routine checkup does not seem to change<br/>based on pregnancy status.
- **County** The prevalence of obtaining a routine checkup does not seem to differ among the eight available counties.

# Hypertension and Cholesterol

#### **HYPERTENSION**

Definition: South Dakotans who report they have been told by a health professional their blood pressure is high.

#### **Prevalence of Hypertension**

- o South Dakota 31%
- Nationwide median 32%

#### Figure 26 Percentage of South Dakotans Who Were Told They Have Hypertension, 2011-



Note: This question was not asked in 2016.

Table 26 South Dakotans Who Were Told They Have Hypertension, 2013-2017					
			95% Confide	ence Interval	
		2013-2017	Low	High	
	Male	32%	30.8%	33.5%	
Gender	Female	28%	26.9%	29.3%	
	18-29	8%	6.2%	9.2%	
	30-39	14%	11.7%	15.5%	
	40-49	24%	21.2%	26.0%	
Age	50-59	35%	32.9%	37.1%	
0	60-69	49%	46.9%	51.3%	
	70-79	60%	57.7%	63.0%	
	80+	62%	58.8%	65.7%	
	White	31%	29.7%	31.6%	
Race	American Indian	32%	28.6%	35.1%	
	Hispanic	18%	11.8%	25.6%	
Ethnicity	Non-Hispanic	30%	29.5%	31.3%	
	Less than \$25.000	34%	32.0%	35.5%	
Household Income	\$25.000-\$74.999	31%	29.5%	32.7%	
	\$75.000+	25%	23.0%	26.4%	
	Less than High School, G.F.D.	35%	31.0%	38.2%	
	High School, G.E.D.	33%	31.2%	34.5%	
Education	Some Post-High School	29%	27.5%	30.7%	
	College Graduate	26%	24.6%	27.4%	
	Employed for Wages	23%	22.0%	24.5%	
	Self-employed	26%	23.8%	28.7%	
	Unemployed	23%	18.8%	27.4%	
Employment Status	Homemaker	24%	19.9%	27.7%	
	Student	6%	3.5%	10.0%	
	Retired	58%	56.5%	60.3%	
	Unable to Work	46%	41.7%	50.5%	
	Married/Unmarried Couple	31%	30.1%	32.4%	
	Divorced/Separated	34%	31.6%	36.8%	
Marital Status	Widowed	58%	55.4%	61.3%	
	Never Married	15%	13.6%	16.9%	
	Own Home	33%	32.4%	34.5%	
Home Ownership Status	Rent Home	23%	21.5%	25.1%	
Objildaren Otatura	Children in Household (Ages 18-44)	13%	11.6%	14.9%	
Children Status	No Children in Household (Ages 18-44)	11%	9.1%	12.2%	
Bhana Qiatua	Landline	38%	37.0%	39.8%	
Phone Status	Cell Phone	24%	23.3%	25.6%	
	Pregnant (Ages 18-44)	4%	1.5%	8.3%	
Pregnancy Status	Not Pregnant (Ages 18-44)	9%	7.3%	10.3%	
	Minnehaha	27%	25.0%	29.7%	
	Pennington	32%	29.1%	34.7%	
Country	Lincoln	25%	21.7%	28.5%	
	Brown	29%	26.1%	32.4%	
County	Brookings	20%	17.0%	23.1%	
	Codington	28%	24.9%	31.5%	
	Meade	32%	28.6%	36.5%	
	Lawrence	30%	26.9%	34.0%	

Note: \*Results based on small sample sizes have been suppressed. This question was not asked in 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender	Males exhibit a significantly higher prevalence of high blood pressure than females.
Age	The prevalence of high blood pressure increases as age increases. This includes significant increases as the 30s, 40s, 50s, 60s, and 70s are reached.
Race	There seems to be no racial difference regarding high blood pressure.
Ethnicity	Non-Hispanics demonstrate a significantly higher prevalence of high blood pressure than Hispanics.
Household Income	The prevalence of high blood pressure decreases as household income increases. This includes a significant decrease as the \$75,000+ income group is reached.
Education	The prevalence of high blood pressure decreases as education levels increase. This includes significant decreases as some post-high school and college graduate levels are reached.
Employment	Those who are retired demonstrate a very high prevalence of high blood pressure, while those who are a student show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of high blood pressure, while those who have never been married show a very low prevalence.
Home Ownership	Those who own their home demonstrate a significantly higher prevalence of high blood pressure than those who rent their home.
Children Status	The prevalence of high blood pressure does not seem to change based on the presence of children in the household.
Phone Status	Those who use a landline phone demonstrate a significantly higher prevalence of high blood pressure than those who use a cell phone.
Pregnancy Status	There seems to be no difference in high blood pressure regarding pregnancy status.
County	Those in Minnehaha, Pennington, Brown, Codington, Meade, and Lawrence counties all exhibit a very high prevalence of high blood pressure, while those in Lincoln and Brookings counties show a very low prevalence.

The following table shows the percent of South Dakotans with high blood pressure who were taking medicine for it. In 2017, 79 percent of respondents were taking medicine for high blood pressure.

# Table 27Percentage of South Dakotans With High Blood PressureWho Were Taking Medicine for It, 2011-2017

Year	%
2017	79%
2015	79%
2013	81%
2011	78%

The following figures show what types of actions South Dakotans do to help lower or control high blood pressure. In 2017, 67 percent of South Dakotans changed their eating habits to help lower or control blood pressure (Figure 27).





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2017

In 2017, 49 percent of South Dakotans reduced alcohol use to help lower or control their blood pressure (Figure 28).

#### Figure 28 Percentage of South Dakotans (Current Drinkers) Who Are Reducing Alcohol Use to Help Lower or Control Their High Blood Pressure, 2012-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2017

In 2017, 55 percent of South Dakotans exercised to help lower or control their blood pressure (Figure 29).

#### Figure 29 Percentage of South Dakotans Who Are Exercising to Help Lower or Control Their High Blood Pressure, 2012-2017



#### HIGH BLOOD CHOLESTEROL

Definition: South Dakotans who report they have had their blood cholesterol checked and were told it was high by a health professional.

#### Prevalence of High Blood Cholesterol

- o South Dakota 29%
- Nationwide median 33%





Note: This question was not asked in 2012, 2014, or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 28 South Dakotans Who Were Told They Have High Blood Cholesterol, 2013-2017				
		95% Confidence I		nce Interval
		2013-2017	Low	High
Quera da m	Male	35%	33.1%	36.7%
Gender	Female	31%	29.8%	32.9%
	18-29	6%	4.0%	7.6%
	30-39	16%	13.6%	19.1%
	40-49	24%	21.4%	27.2%
Age	50-59	37%	34.6%	39.9%
-	60-69	48%	45.0%	50.1%
	70-79	53%	49.9%	55.9%
	80+	50%	45.9%	54.7%
Base	White	34%	32.9%	35.4%
Race	American Indian	31%	26.1%	35.3%
Ethnicity	Hispanic	22%	14.6%	31.2%
Ethnicity	Non-Hispanic	33%	32.1%	34.5%
	Less than \$25,000	35%	32.3%	36.9%
Household Income	\$25,000-\$74,999	33%	31.1%	35.4%
	\$75,000+	30%	27.9%	32.3%
	Less than High School, G.E.D.	40%	34.5%	44.7%
Education	High School, G.E.D.	33%	31.3%	35.6%
Education	Some Post-High School	33%	30.9%	35.1%
	College Graduate	31%	28.8%	32.5%
	Employed for Wages	27%	25.8%	29.1%
	Self-employed	30%	26.3%	33.1%
	Unemployed	22%	16.6%	28.3%
Employment Status	Homemaker	28%	23.8%	33.7%
	Student	6%	3.5%	9.9%
	Retired	51%	48.3%	52.8%
	Unable to Work	46%	40.7%	51.7%
	Married/Unmarried Couple	34%	32.5%	35.5%
Marital Status	Divorced/Separated	34%	30.4%	37.0%
Walital Status	Widowed	50%	45.9%	53.2%
	Never Married	19%	16.9%	22.3%
Homo Ownorship Status	Own Home	36%	34.3%	37.1%
Home Ownership Status	Rent Home	24%	22.0%	26.9%
Children Status	Children in Household (Ages 18-44)	14%	12.1%	16.3%
Children Status	No Children in Household (Ages 18-44)	12%	10.0%	15.1%
Phono Status	Landline	41%	38.8%	42.4%
Filone Status	Cell Phone	27%	25.9%	29.0%
Brognonov Status	Pregnant (Ages 18-44)	*	*	*
Freghancy Status	Not Pregnant (Ages 18-44)	11%	9.5%	13.8%
	Minnehaha	31%	28.0%	34.0%
Country	Pennington	32%	28.5%	36.0%
	Lincoln	29%	24.0%	34.1%
	Brown	28%	24.0%	33.3%
County	Brookings	22%	18.0%	27.5%
	Codington	31%	26.0%	37.2%
	Meade	35%	29.5%	41.1%
	Lawrence	37%	31.0%	42.9%

Note: \*Results based on small sample sizes have been suppressed. This question was not asked in 2014 or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender	Males exhibit a significantly higher prevalence of high cholesterol than females.
Age	The prevalence of high cholesterol generally increases as age increases. This includes significant increases as the 30s, 40s, 50s, and 60s are reached.
Race	There seems to be no racial difference regarding high cholesterol.
Ethnicity	Non-Hispanics demonstrate a significantly higher prevalence of high cholesterol than Hispanics.
Household Income	The prevalence of high cholesterol decreases as household income increases.
Education	The prevalence of high cholesterol decreases as education levels increase.
Employment	Those who are retired or unable to work demonstrate a very high prevalence of high cholesterol, while those who are a student show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of high cholesterol, while those who have never been married show a very low prevalence.
Home Ownership	Those who own their home demonstrate a significantly higher prevalence of high cholesterol than those who rent their home.
Children Status	The prevalence of high cholesterol does not seem to change based on the presence of children in the household.
Phone Status	Those who use a landline phone demonstrate a significantly higher prevalence of high cholesterol than those who use a cell phone.
County	Those in Minnehaha, Pennington, Meade, and Lawrence counties all exhibit a very high prevalence of high cholesterol, while those in Brookings county show a very low prevalence.

Figure 31, below, shows the percent of South Dakotans with high cholesterol who take medication it. In 2017, 63 percent of South Dakotans took medication for high cholesterol.

Figure 31 Percentage of South Dakotans With High Cholesterol Who Take Medicine for It, 2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

# Cardiovascular Disease

# PREVIOUSLY HAD A HEART ATTACK

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?"

#### Prevalence of Previous Heart Attack

- South Dakota 5%
- o Nationwide median 4%



Figure 32 Percentage of South Dakotans Who Previously Had a Heart Attack, 2011-2017

Table 29 South Dakotans Who Previously Had a Heart Attack, 2013-2017				
95% Confidence Inter			ence Interval	
		2013-2017	Low	High
- ·	Male	7%	6.0%	7.2%
Gender	Female	3%	2.8%	3.6%
	18-29	1%	0.4%	1.5%
	30-39	1%	0.5%	1.6%
	40-49	2%	1.5%	2.9%
Age	50-59	5%	3.7%	5.4%
-	60-69	9%	7.5%	9.7%
	70-79	13%	11.7%	15.3%
	80+	17%	14.3%	19.0%
Base	White	5%	4.5%	5.3%
Race	American Indian	6%	4.8%	7.4%
<b>Ethnicity</b>	Hispanic	5%	2.5%	10.2%
Ethnicity	Non-Hispanic	5%	4.5%	5.2%
	Less than \$35,000	7%	6.3%	7.9%
Household Income	\$35,000-\$74,999	5%	4.0%	5.2%
	\$75,000+	2%	2.0%	3.0%
	Less than High School, G.E.D.	8%	6.6%	9.9%
Education	High School, G.E.D.	6%	5.5%	7.1%
Education	Some Post-High School	4%	3.4%	4.4%
	College Graduate	3%	2.6%	3.6%
	Employed for Wages	2%	2.0%	2.7%
	Self-employed	3%	2.8%	4.3%
	Unemployed	4%	2.8%	6.9%
Employment Status	Homemaker	3%	2.0%	5.8%
	Student	0.3%	0.1%	1.2%
	Retired	13%	11.6%	14.1%
	Unable to Work	14%	11.3%	16.4%
	Married/Unmarried Couple	5%	4.4%	5.4%
Marital Status	Divorced/Separated	6%	5.3%	7.5%
	Widowed	12%	10.5%	14.1%
	Never Married	2%	1.5%	2.4%
Home Ownership	Own Home	5%	4.7%	5.6%
Status	Rent Home	4%	3.8%	5.2%
Children Status	Children in Household (Ages 18-44)	1%	0.7%	1.8%
	No Children in Household (Ages 18-44)	1%	0.5%	1.2%
Phone Status	Landline	7%	6.1%	7.4%
	Cell Phone	4%	3.4%	4.2%
Pregnancy Status	Pregnant (Ages 18-44)	0%	0.0%	1.3%
	Not Pregnant (Ages 18-44)	1%	0.4%	1.3%
	Minnehaha	4%	3.2%	4.9%
	Pennington	5%	3.9%	6.0%
	Lincoln	3%	2.2%	4.5%
County	Brown	5%	3.5%	6.0%
-	Brookings	4%	2.7%	5.9%
	Loaington	1%	5.8%	9.2%
		4%	3.0%	5.5%
	Lawrence	5%	3.1%	6.0%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

<b>Demographics</b>	
Gender	Males exhibit a significantly higher prevalence of a previous heart attack than females.
Age	The prevalence of a previous heart attack increases as age increases with significant increases as the 50s, 60s, and 70s are reached.
Race	There are no significant racial differences regarding a previous heart attack.
Ethnicity	There is no significant Hispanic difference in the prevalence of a previous heart attack.
Household Income	The prevalence of a previous heart attack decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income levels are reached.
Education	The prevalence of a previous heart attack decreases as education increases. This includes a significant decrease as some post-high school level is reached.
Employment	Those who are retired or unable to work demonstrate a very high prevalence of a previous heart attack, while those who are students show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of a previous heart attack while those who have never been married show a very low prevalence.
Home Ownership	The prevalence of a previous heart attack does not seem to change based on home ownership status.
Children Status	The prevalence of a previous heart attack among adults does not seem to change based on the presence of children in the household.
Phone Status	Those with a landline phone show a significantly higher prevalence of a previous heart attack than those with a cell phone.
Pregnancy Status	The prevalence of a previous heart attack does not seem to change based on pregnancy status.
County	Codington county demonstrates a very high prevalence of a previous heart attack, while Minnehaha, Lincoln, and Meade counties show a very low prevalence.

# ANGINA OR CORONARY HEART DISEASE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have angina or coronary heart disease?"

#### Prevalence of Angina or Coronary Heart Disease

- South Dakota 5%
- o Nationwide median 4%

#### Figure 33 Percentage of South Dakotans Who Have Angina or Coronary Heart Disease, 2011-2017



Table 30 South Dakotans Who Have Angina or Coronary Heart Disease, 2013-2017					
			95% Confidence Interval		
		2013-2017	Low	High	
Condor	Male	6%	5.2%	6.3%	
Gender	Female	4%	3.1%	4.0%	
	18-29	1%	0.5%	1.6%	
	30-39	0.4%	0.2%	0.8%	
	40-49	1%	0.7%	1.7%	
Age	50-59	4%	3.6%	5.2%	
	60-69	8%	7.2%	9.3%	
	70-79	14%	11.9%	15.6%	
	80+	17%	14.9%	20.3%	
Baaa	White	5%	4.4%	5.1%	
Nace	American Indian	4%	3.3%	6.1%	
Ethnicity	Hispanic	5%	2.5%	9.7%	
Ethnicity	Non-Hispanic	5%	4.3%	5.0%	
	Less than \$35,000	6%	5.7%	7.3%	
Household Income	\$35,000-\$74,999	4%	3.8%	4.9%	
	\$75,000+	3%	2.2%	3.4%	
	Less than High School, G.E.D.	6%	5.1%	8.2%	
	High School, G.E.D.	6%	4.9%	6.4%	
Education	Some Post-High School	4%	3.7%	4.9%	
	College Graduate	3%	2.7%	3.5%	
	Employed for Wages	2%	1.7%	2.4%	
	Self-employed	3%	2.0%	3.6%	
	Unemployed	4%	2.0%	6.5%	
Employment Status	Homemaker	2%	1.4%	3.1%	
	Student	0.2%	0.1%	0.9%	
	Retired	14%	13.1%	15.8%	
	Unable to Work	10%	8.2%	12.8%	
	Married/Unmarried Couple	5%	4.2%	5.1%	
Marital Status	Divorced/Separated	6%	4.7%	6.8%	
	Widowed	12%	10.6%	14.5%	
	Never Married	2%	1.2%	2.2%	
Home Ownership	Own Home	5%	4.6%	5.5%	
Status	Rent Home	4%	3.4%	4.8%	
Children Status	Children in Household (Ages 18-44)	1%	0.3%	1.1%	
	No Children in Household (Ages 18-44)	1%	0.4%	1.4%	
Phone Status	Landline	7%	6.0%	7.3%	
	Cell Phone	3%	3.1%	3.9%	
Pregnancy Status	Pregnant (Ages 18-44)	0%	0.0%	1.3%	
	Not Pregnant (Ages 18-44)	1%	0.4%	1.3%	
	Minnehaha	4%	2.9%	4.3%	
	Pennington	5%	4.1%	6.1%	
	Lincoln	3%	2.1%	4.2%	
County	Brown	6%	4.3%	7.1%	
	Brookings	3%	2.2%	4.2%	
		<u>۵%</u>	4.4%	7.1%	
		4%	2.9%	5.1%	
	Lawrence	4%	3.4%	5.5%	

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender	Males exhibit a significantly higher prevalence of heart disease than females.					
Age	The prevalence of heart disease generally increases as age increases with significant increases as the 50s, 60s, and 70s are reached.					
Race	There are no significant racial differences regarding heart disease.					
Ethnicity	There is no significant Hispanic difference in the prevalence of heart disease.					
Household Income	The prevalence of heart disease decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income levels are reached.					
Education	The prevalence of heart disease decreases as education increases. This includes a significant decrease as the college graduate level is reached.					
Employment	Those who are retired demonstrate a very high prevalence of heart disease, while those who are students show a very low prevalence.					
Marital Status	Those who are widowed exhibit a very high prevalence of heart disease, while those who have never been married show a very low prevalence.					
Home Ownership	The prevalence of heart disease does not seem to change based on home ownership status.					
Children Status	The prevalence of heart disease among adults does not seem to change based on the presence of children in the household.					
Phone Status	Those with a landline phone show a significantly higher prevalence of heart disease than those with a cell phone.					
Pregnancy Status	The prevalence of heart disease does not seem to change based on pregnancy status.					
County	Brown and Codington counties demonstrate a very high prevalence of heart disease, while Minnehaha, Lincoln, and Brookings counties show a very low prevalence.					

## PREVIOUSLY HAD A STROKE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a stroke?"

#### Prevalence of Previous Stroke

- o South Dakota 3%
- Nationwide median 3%

Figure 34 Percentage of South Dakotans Who Have Previously Had a Stroke, 2011-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 31   South Dakotans Who Previously Had a Stroke, 2013-2017				
		95% Confidence Interval		
		2013-2017	Low	High
Condor	Male	3%	2.4%	3.1%
Gender	Female	3%	2.2%	2.9%
	18-29	1%	0.3%	1.1%
	30-39	1%	0.4%	1.4%
	40-49	1%	1.0%	2.1%
Age	50-59	2%	1.6%	2.5%
	60-69	4%	3.2%	4.6%
	70-79	7%	6.1%	8.8%
	80+	11%	8.9%	12.8%
Baaa	White	3%	2.4%	2.9%
Race	American Indian	4%	2.8%	4.5%
Ethnicity	Hispanic	3%	1.3%	8.9%
Ethnicity	Non-Hispanic	3%	2.4%	2.9%
	Less than \$35,000	4%	3.7%	4.9%
Household Income	\$35,000-\$74,999	2%	1.5%	2.2%
	\$75,000+	1%	0.9%	1.4%
	Less than High School, G.E.D.	6%	4.4%	7.3%
Education	High School, G.E.D.	3%	2.4%	3.4%
Education	Some Post-High School	2%	1.8%	2.6%
	College Graduate	2%	1.4%	2.1%
	Employed for Wages	1%	0.8%	1.3%
	Self-employed	1%	0.9%	1.7%
	Unemployed	2%	1.0%	2.5%
Employment Status	Homemaker	3%	1.9%	4.9%
	Student	0.3%	0.1%	1.5%
	Retired	7%	6.3%	8.1%
	Unable to Work	11%	8.6%	12.9%
	Married/Unmarried Couple	2%	2.0%	2.7%
Marital Status	Divorced/Separated	4%	3.0%	4.5%
	Widowed	8%	6.8%	9.7%
	Never Married	1%	0.8%	1.5%
Home Ownership	Own Home	3%	2.3%	3.0%
Status	Rent Home	3%	2.5%	3.4%
Children Status	Children in Household (Ages 18-44)	1%	0.5%	1.4%
	No Children in Household (Ages 18-44)	1%	0.4%	1.1%
Phone Status	Landline	4%	3.5%	4.4%
Thene otatus	Cell Phone	2%	1.6%	2.2%
Brognancy Status	Pregnant (Ages 18-44)	0%	0.0%	1.3%
Freghancy Status	Not Pregnant (Ages 18-44)	1%	0.4%	1.2%
	Minnehaha	2%	1.5%	2.7%
	Pennington	3%	2.1%	3.4%
	Lincoln	2%	1.4%	3.1%
County	Brown	4%	2.6%	5.2%
county	Brookings	2%	1.4%	3.1%
	Codington	3%	1.7%	3.7%
	Meade	3%	1.9%	4.1%
	Lawrence	2%	1.8%	3.3%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

- **Gender** There is no significant gender difference regarding the prevalence of a previous stroke.
- Age The prevalence of a previous stroke increases as age increases with significant increases as the 60s, 70s, and 80s are reached.
- **Race** There are no significant racial differences regarding the prevalence of a previous stroke.
- **Ethnicity** There is no significant Hispanic difference in the prevalence of a previous stroke.
- **Household** The prevalence of a previous stroke decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income levels are reached.
- **Education** The prevalence of a previous stroke decreases as education increases. This includes a significant decrease as the high school graduate level is reached.
- **Employment** Those who are unable to work demonstrate a very high prevalence of a previous stroke, while those who are employed for wages, self-employed, unemployed, or a student show a very low prevalence.
- MaritalThose who are widowed exhibit a very high prevalence of a previous strokeStatuswhile those who have never been married show a very low prevalence.
- HomeThe prevalence of a previous stroke does not seem to change based on homeOwnershipownership status.
- ChildrenThe prevalence of a previous stroke among adults does not seem to changeStatusbased on the presence of children in the household.
- **Phone Status** Those with a landline phone show a significantly higher prevalence of a previous stroke than those with a cell phone.
- PregnancyThe prevalence of a previous stroke does not seem to change based on<br/>pregnancy status.
- **County** There are no significant differences among the eight counties regarding the prevalence of a previous stroke.

## FLU SHOT

Definition: South Dakotans ages 65 and older who have had an influenza vaccination within the past 12 months.

#### **Prevalence of Flu Shot**

- o South Dakota 65%
- o Nationwide median 61%



Figure 35 Percentage of South Dakotans, Ages 65 and Older, Who Have Had a Flu Shot Within the Past 12 Months, 2011-2017

Table 32 South Dakotans, Ages 65 and Older, Who Have Had a Flu Shot Within the Past 12 Months, 2013-2017				
			95% Confidence Interval	
		2013-2017	Low	High
- ·	Male	68%	65.2%	70.2%
Gender	Female	68%	66.4%	70.3%
	18-29	-	-	-
	30-39	-	-	-
	40-49	-	-	-
Age	50-59	-	-	-
5	60-69	62%	59.3%	64.8%
	70-79	69%	66.6%	71.4%
	80+	73%	70.1%	76.2%
	White	68%	66.9%	70.1%
Race	American Indian	57%	47.3%	65.6%
	Hispanic	*	*	*
Ethnicity	Non-Hispanic	68%	66.6%	69.7%
	Less than \$35,000	67%	63.7%	69.2%
Household Income	\$35,000-\$74,999	71%	68.2%	73.9%
	\$75,000+	69%	65.4%	73.2%
	Less than High School G F D	59%	53.4%	64.9%
	High School G E D	69%	66.1%	71.2%
Education	Some Post-High School	69%	66.3%	71.2%
	College Graduate	72%	69.5%	74.6%
	Employed for Wages	65%	60.3%	69.4%
	Self-employed	54%	/8.2%	59.4%
		/1%	26.2%	58.1%
Employment Status	Homemaker	69%	61.8%	75.1%
Employment otatus	Student	*	*	*
	Retired	71%	69.0%	72 7%
	Linable to Work	58%	49.2%	66.3%
	Married/Linmarried Couple	69%	67.2%	71.3%
	Divorced/Separated	59%	5/ 1%	63.4%
Marital Status	Widowed	69%	65.9%	72.0%
	Never Married	69%	60.6%	75.7%
Homo Ownorship		68%	66.5%	60.0%
Status	Rent Home	68%	64.4%	72.1%
Otatus	Children in Household (Ages 19, 44)	0070	07.770	72.170
Children Status	No Children in Household (Ages 18-44)	-	-	-
	No Children III Household (Ages 18-44)	-	-	-
Phone Status		71%	00.7% 60.5%	72.3%
		03%	00.3%	00.9%
Pregnancy Status	Pregnant (Ages 18-44)	-	-	-
	Not Pregnant (Ages 18-44)	-	-	-
		/ 3%	69.2%	/ 6.8%
		69% 75%	60.0%	72.6%
		/5%	69.6%	80.2%
County	DIUWI	71%	00.3%	/ 5.5%
-	Codington	13%	00.9%	11.0%
		740/	/1.2%	δ1.3% 75.00/
		/ 1% 66%	61 7%	/ J.8%
		0070	UI./70	10.170

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender	There seems to be no gender difference regarding getting a flu shot.
Age	The prevalence of getting a flu shot increases as age increases. This includes a significant increase as the 70s are reached.
Race	Whites demonstrate a significantly higher prevalence of getting a flu shot than American Indians.
Household Income	The prevalence of getting a flu shot does not seem to differ based on household income.
Education	The prevalence of getting a flu shot increases as education levels increase. This includes a significant increase when the high school graduate level is reached.
Employment	Those who are employed for wages, a homemaker, or retired demonstrate a very high prevalence of getting a flu shot, while those who are self-employed, unemployed, or unable to work show a very low prevalence.
Marital Status	Those who are married or widowed exhibit a very high prevalence of getting a flu shot, while those who are divorced show a very low prevalence.
Home Ownership	The prevalence of getting a flu shot does not seem to differ based on home ownership status.
Phone Status	Those who use a landline phone demonstrate a significantly higher prevalence of getting a flu shot than those who use a cell phone.
County	Codington county exhibits a very high prevalence of getting a flu shot, while Lawrence county shows a very low prevalence.

#### **PNEUMONIA SHOT**

Definition: South Dakotans, ages 65 and older, who have had a pneumonia vaccination.

#### **Prevalence of Pneumonia Shot**

- o South Dakota 78%
- Nationwide median 75%



Figure 36

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 33   South Dakotans, Ages 65 and Older, Who Have Had a Pneumonia Shot, 2013-2017				
			95% Confidence Interval	
		2013-2017	Low	High
Condon	Male	71%	68.6%	73.4%
Gender	Female	73%	70.6%	74.4%
	18-29	-	-	-
	30-39	-	-	-
	40-49	-	-	-
Age	50-59	-	-	-
	60-69	63%	60.0%	65.5%
	70-79	75%	72.5%	77.0%
	80+	77%	74.1%	79.9%
Baco	White	72%	70.4%	73.5%
Nace	American Indian	75%	66.9%	81.2%
Ethnicity	Hispanic	*	*	*
	Non-Hispanic	72%	70.4%	73.4%
	Less than \$35,000	73%	70.0%	75.1%
Household Income	\$35,000-\$74,999	74%	71.0%	76.4%
	\$75,000+	71%	66.7%	74.4%
	Less than High School, G.E.D.	70%	64.5%	75.1%
Education	High School, G.E.D.	72%	69.9%	74.8%
Education	Some Post-High School	70%	66.8%	72.3%
	College Graduate	75%	72.9%	77.7%
	Employed for Wages	62%	57.6%	66.6%
	Self-employed	56%	50.8%	62.0%
	Unemployed	*	*	*
Employment Status	Homemaker	73%	65.8%	78.7%
	Student	*	*	*
	Retired	75%	73.1%	76.6%
	Unable to Work	82%	73.9%	87.3%
	Married/Unmarried Couple	71%	69.3%	73.3%
Marital Status	Divorced/Separated	65%	59.8%	68.9%
	VVIdowed	76%	73.3%	78.7%
		70%	61.6%	77.5%
Home Ownership	Own Home	71%	<u> </u>	72.9%
Status	Children in Llounghold (Area 49, 44)	11%	73.0%	79.9%
Children Status	Children in Household (Ages 18-44)	-	-	-
	No Children III Housenoid (Ages 18-44)	-	-	-
Phone Status		73%	70.6%	74.3%
	Cell Filone	7 1 70	00.0%	73.1%
Pregnancy Status	Net Dregnant (Ages 18-44)	-	-	-
	Not Pregnant (Ages 16-44)	-	-	-
	Ninnenana Deprington	71%	01.3%	/ 5.0%
		70%	64.2%	01.0% 75.9%
	Brown	67%	61 50/	70 /0/
County	Brookings	73%	67.3%	77 0%
	Codington	80%	74 7%	83.8%
	Meade	69%	63.1%	74.3%
	Lawrence	72%	67.6%	76.1%
		/ \$		, .

Note:\*Results based on small sample sizes have been suppressed.Source:The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender	There seems to be no gender difference regarding getting a pneumonia shot.
Age	The prevalence of pneumonia shot attainment increases as age increases. This includes a significant increase as the 70s are reached.
Race	There seems to be no racial difference regarding getting a pneumonia shot.
Household Income	The prevalence of getting a pneumonia shot does not seem to change as household income changes.
Education	The prevalence of getting a pneumonia shot does not seem to change as education levels change.
Employment	Those who are a homemaker, retired, or unable to work demonstrate a very high prevalence of getting a pneumonia shot, while those who are employed for wages or self-employed show a very low prevalence.
Marital Status	Those who are married or widowed exhibit a very high prevalence of getting a pneumonia shot, while those who are divorced show a very low prevalence.
Home Ownership	Those who rent their home show a significantly higher prevalence of getting a pneumonia shot than those who own their home.
Phone Status	The prevalence of getting a pneumonia shot does not seem to change based on phone status.
County	Pennington and Codington counties exhibit a very high prevalence of getting a pneumonia shot, while Brown and Meade counties show a very low prevalence.

#### **SHINGLES SHOT**

Definition: South Dakotans, ages 50 and older, who have had a shingles vaccination.

#### **Prevalence of Shingles Shot**

- o South Dakota 39%
- Nationwide median 29%



Figure 37 Percentage of South Dakotans, Ages 50 and Older, Who Have Had a Shingles Shot, 2014 and 2017

Table 34					
South Dakota	South Dakotans, Ages 50 and Older, Who Have Had a Shingles Shot, 2014-2017				
			95% Confidence Interval		
		2014-2017	Low	High	
Gondor	Male	31%	28.9%	34.1%	
Gender	Female	35%	32.4%	36.8%	
	18-29	-	-	-	
	30-39	-	-	-	
	40-49	-	-	-	
Age	50-59	10%	8.6%	12.7%	
	60-69	41%	37.8%	44.0%	
	70-79	54%	50.3%	57.7%	
	80+	47%	42.0%	52.7%	
Paga	White	34%	32.4%	35.9%	
Race	American Indian	26%	18.5%	34.2%	
Ethnicity	Hispanic	*	*	*	
Ethnicity	Non-Hispanic	33%	31.7%	35.1%	
	Less than \$35,000	29%	26.5%	32.4%	
Household Income	\$35,000-\$74,999	39%	35.4%	41.9%	
	\$75,000+	30%	26.8%	33.3%	
	Less than High School, G.E.D.	27%	20.9%	34.2%	
Education	High School, G.E.D.	33%	29.7%	35.6%	
Education	Some Post-High School	32%	29.3%	35.1%	
	College Graduate	38%	35.3%	41.1%	

Table 34 (continued)   South Deketang, Ages 50 and Older, Who Have Had a Shingles Shet, 2014 2017				
South Dakotans, Ages 50 and Older, Who have			95% Confidence Interv	
		2014-2017	Low	High
	Employed for Wages	20%	17.7%	22.6%
	Self-employed	24%	19.7%	28.7%
	Unemployed	17%	10.5%	26.6%
Employment Status	Homemaker	36%	28.2%	45.2%
	Student	*	*	*
	Retired	51%	48.1%	53.6%
	Unable to Work	26%	19.2%	34.2%
	Married/Unmarried Couple	34%	32.3%	36.6%
Marital Status	Divorced/Separated	22%	18.3%	26.2%
Marital Status	Widowed	43%	38.9%	47.5%
	Never Married	23%	17.6%	28.6%
Home Ownership	Own Home	35%	32.7%	36.4%
Status	Rent Home	25%	21.3%	29.8%
	Children in Household (Ages 18-44)	-	-	-
Children Status	No Children in Household (Ages 18-44)	-	-	-
	Landline	35%	33.0%	37.6%
Phone Status	Cell Phone	31%	28.5%	33.4%
D	Pregnant (Ages 18-44)	-	-	-
Pregnancy Status	Not Pregnant (Ages 18-44)	-	-	-
	Minnehaha	34%	29.9%	38.8%
	Pennington	33%	29.5%	37.6%
	Lincoln	28%	22.8%	33.8%
O	Brown	32%	26.8%	36.8%
County	Brookings	31%	25.9%	36.2%
	Codington	31%	26.0%	36.7%
	Meade	25%	20.4%	29.4%
	Lawrence	32%	27.5%	36.9%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2017

Gender	The prevalence of getting a shingles vaccination does not seem to change based on gender.
Age	The prevalence of getting a shingles vaccination generally increases as age increases. This includes significant increases as the 60s and 70s are reached.
Race	The prevalence of getting a shingles vaccination does not seem to change based on race.
Household Income	The prevalence of getting a shingles vaccination does not seem to change as household income changes.
Education	The prevalence of getting a shingles vaccination does not seem to change as education levels change.
Employment	Those who are retired demonstrate a very high prevalence of getting a shingles vaccination, while those who are employed for wages, self-employed, unemployed, or unable to work show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of getting a shingles vaccination, while those who are divorced or have never been married show a very low prevalence.

Home Ownership	Those who own their home show a significantly higher prevalence of getting a shingles vaccination than those who rent their home.
Phone Status	The prevalence of getting a shingles vaccination does not seem to change based on phone status.
County	Minnehaha and Pennington counties exhibit a very high prevalence of getting a shingles vaccination, while Meade county shows a very low prevalence.

# **CANCER**

Definition: South Dakotans who reported they had ever been diagnosed with cancer (excluding skin cancer).

#### **Prevalence of Cancer**

- o South Dakota 7%
- o Nationwide median 7%



Figure 38 Percentage of South Dakotans Who Have Ever Been Diagnosed With Cancer (Excluding Skin Cancer). 2011-2017

Table 35					
South Dakotans Who Have Ever Been Diagnosed With Cancer (Excluding Skin Cancer), 2013-2017					
			95% Confidence Interval		
		2013-2017	Low	High	
Gender	Male	6%	5.2%	6.3%	
	Female	8%	7.6%	8.9%	
	18-29	1%	0.7%	2.0%	
	30-39	2%	1.5%	2.9%	
	40-49	3%	2.6%	4.4%	
Age	50-59	7%	5.9%	8.0%	
	60-69	12%	10.7%	13.1%	
	70-79	19%	17.5%	21.1%	
	80+	21%	18.2%	23.6%	
Race	White	7%	7.1%	8.0%	
	American Indian	4%	3.3%	5.5%	
Ethnicity	Hispanic	2%	0.9%	6.8%	
Ethnicity	Non-Hispanic	7%	6.7%	7.6%	
Household Income	Less than \$35,000	8%	7.2%	9.0%	
	\$35,000-\$74,999	7%	5.9%	7.4%	
	\$75,000+	6%	5.1%	6.6%	

Table 35 (continued) South Dakotans Who Have Ever Been Diagnosed With Cancer (Excluding Skin Cancer),				
	2013-2017			
			95% Confidence Interval	
		2013-2017	Low	High
	Less than High School, G.E.D.	8%	6.2%	9.8%
Education	High School, G.E.D.	8%	6.8%	8.3%
Education	Some Post-High School	7%	6.1%	7.6%
	College Graduate	6%	5.7%	6.9%
	Employed for Wages	4%	3.6%	4.5%
	Self-employed	4%	3.5%	5.4%
	Unemployed	6%	4.0%	8.9%
Employment Status	Homemaker	7%	5.4%	9.5%
	Student	0.4%	0.2%	1.0%
	Retired	18%	16.5%	19.2%
	Unable to Work	14%	11.2%	16.7%
	Married/Unmarried Couple	7%	6.8%	8.0%
Marital Status	Divorced/Separated	8%	6.9%	9.5%
Marital Status	Widowed	16%	14.7%	18.5%
	Never Married	2%	1.8%	3.0%
Home Ownership Status	Own Home	8%	7.6%	8.6%
	Rent Home	5%	3.9%	5.4%
Children Status	Children in Household (Ages 18-44)	2%	1.5%	2.8%
	No Children in Household (Ages 18-44)	2%	1.1%	2.1%
	Landline	10%	9.2%	10.7%
Phone Status	Cell Phone	5%	4.8%	5.8%
-	Pregnant (Ages 18-44)	1%	0.3%	2.6%
Pregnancy Status	Not Pregnant (Ages 18-44)	3%	2.1%	3.7%
	Minnehaha	7%	5.6%	7.8%
	Pennington	7%	6.0%	8.2%
County	Lincoln	8%	6.2%	9.9%
	Brown	7%	5.3%	8.2%
	Brookings	4%	3.2%	5.2%
	Codington	8%	6.4%	10.2%
	Meade	7%	5.2%	8.4%
	Lawrence	7%	6.0%	8.5%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender	Females exhibit a significantly higher prevalence of cancer than males.
Age	The prevalence of cancer increases as age increases. This includes significant increases as the 50s, 60s, and 70s are reached.
Race	Whites demonstrate a significantly higher prevalence of cancer than American Indians.
Ethnicity	The prevalence of cancer does not seem to differ based on ethnicity.
Household Income	The prevalence of cancer decreases as household income increases.
Education	The prevalence of cancer decreases as education levels increase.
Employment	Those who are retired or unable to work demonstrate a very high prevalence of cancer, while those who are students show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of cancer, while those who have never been married show a very low prevalence.
---------------------	---
Home Ownership	Those who own their home demonstrate a significantly higher prevalence of cancer than those who rent their home.
Children Status	The prevalence of cancer among adults does not seem to differ based on the presence of children in the household.
Phone Status	Those with a landline phone exhibit a significantly higher prevalence of cancer than those with a cell phone.
Pregnancy Status	The prevalence of cancer does not seem to differ based on pregnancy status.
County	Minnehaha, Pennington, Lincoln, Brown, Codington, and Lawrence counties exhibit a very high prevalence of cancer, while Brookings county shows a very low prevalence.

Table 36, below, shows that in 2016-2017, most respondents diagnosed with cancer have had just one type of cancer while 15 percent have had two or more types of cancer. Two percent of respondents have had three or more types of cancer.

Table 36       Number of Cancers that South Dakotans Have Had, 2015-2017				
Year One Type of Cancer Two Types of Cancer Three or More Types of Cancer of Cancer				
2016-2017	83%	15%	2%	
2015-2016	84%	14%	2%	

Table 37, below, shows the type of cancer that respondents had. The most common type of cancer for respondents in 2016-2017 was skin cancer other than melanoma at 27 percent followed by melanoma at 14 percent.

Table 37							
Type of Cancer South Dakotans Have Been Diagnosed With, 2015-2017							
Cancer Type 2015-2016 2016-2017							
Skin cancer other than melanoma	30%	27%					
Melanoma	16%	14%					
Breast	14%	13%					
Prostate	9%	11%					
Cervical	5%	4%					
Bladder	2%	4%					
Colon (intestine)	4%	3%					
Renal (kidney)	3%	2%					
Thyroid	2%	2%					
Endometrial	2%	2%					
Ovarian	2%	2%					
Non-Hodgkin's Lymphoma	2%	1%					
Lung	2%	1%					
Other	7%	12%					

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2015-2017

Table 38, below, shows the percent of respondents with cancer and if they were currently seeking cancer treatments. Most respondents, 73 percent, stated they have completed cancer treatments, while 11 percent of respondents answered they were currently receiving cancer treatments. One percent said that they had refused cancer treatments.

Table 38       South Dakotans' Treatment for Cancer, 2017			
Current Treatment for Cancer %			
Yes	11%		
No, I've completed treatment	73%		
No, I haven't started treatment	1%		
No, I've refused treatment	1%		
Treatment was not needed	15%		

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Table 39, below, shows the type of doctor that provides the majority of health care to respondents with cancer. Most respondents, 53 percent, stated they see a family practitioner for their health care. Twenty-eight percent of respondents stated they see a general practitioner, internist for the majority of their health care.

Table 39 Type of Doctor Providing a Majority of Health Care for South Dakotans With Cancer, 2017				
Physicians' Specialty %				
Family Practitioner	53%			
General Practitioner, Internist	28%			
Medical Oncologist	3%			
Urologist	2%			
Gynecologic Oncologist	2%			
General Surgeon	2%			
Other	11%			

Figure 39, below, shows that of the respondents who said they had cancer, 43 percent received a written summary given to them by a doctor, nurse, or other health professional of all the cancer treatments they received.

Figure 39 South Dakotans Who Received a Written Summary of All Cancer Treatments, 2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Figure 40, below, shows that of the respondents who said they had cancer, 75 percent received instructions from a doctor, nurse, or other health professional about where they should return or who they should see for routine cancer check-ups after completing cancer treatments.

Figure 40 South Dakotans Who Received Instructions for Routine Cancer Check-ups, 2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Figure 41, below, shows that of the respondents who received instructions from a doctor, nurse, or other health professional about routine cancer check-ups after their treatments, 77 percent said that these instructions were written down or printed on paper for them.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Figure 42, below, shows that of the respondent's most recent cancer diagnosis, 93 percent said that they had health insurance that paid for all or part of their cancer treatments. This question included those on Medicare, Medicaid, and other types of state health programs.

Figure 42 South Dakotans Whose Health Insurance Paid for Some or All of Cancer Treatments, 2017



Figure 43, below, shows that of the respondents ever diagnosed with cancer, 91 percent stated they had never been denied health insurance or life insurance coverage because of their cancer.







Figure 44, below, shows that of the respondents ever diagnosed with cancer, four percent stated they had participated in a clinical trial as part of their cancer treatment.

Figure 44 South Dakotans Who Participated in a Clinical Trial as Part of Their Cancer Treatment, 2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Figure 45, below, shows that of the respondents ever diagnosed with cancer, seven percent stated they currently have physical pain caused by their cancer or cancer treatments.



Figure 45 South Dakotans Who Have Physical Pain Caused by Cancer or Cancer Treatments, 2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

# SKIN CANCER

Definition: South Dakotans who reported they have ever been diagnosed with skin cancer.

### Prevalence of Skin Cancer

- South Dakota 5%
- o Nationwide median 6%





Table 40       South Dakotans Who Have Ever Been Diagnosed With Skin Cancer, 2013-2017					
Journ Dalle			95% Confidence Interval		
		2013-2017	Low	High	
Gondor	Male	6%	5.5%	6.6%	
Gender	Female	6%	5.6%	6.6%	
	18-29	1%	0.3%	1.2%	
	30-39	1%	0.7%	1.7%	
	40-49	3%	2.0%	3.4%	
Age	50-59	6%	5.4%	7.4%	
-	60-69	9%	8.3%	10.4%	
	70-79	17%	15.8%	19.3%	
	80+	22%	19.4%	24.4%	
Baaa	White	7%	6.5%	7.3%	
Race	American Indian	1%	0.6%	1.9%	
Ethnicity	Hispanic	2%	0.4%	6.4%	
Ethnicity	Non-Hispanic	6%	5.8%	6.5%	
	Less than \$25,000	6%	5.0%	6.3%	
Household Income	\$25,000-\$74,999	6%	5.6%	7.0%	
	\$75,000+	6%	5.6%	7.1%	
	Less than High School, G.E.D.	7%	5.4%	8.6%	
Education	High School, G.E.D.	6%	5.4%	6.7%	
Education	Some Post-High School	6%	5.0%	6.2%	
	College Graduate	6%	5.7%	6.9%	

Table 40 (continued)       Courth Delectors Whe Have Even Been Diamaged With Shin Courses 2010 2017				
South Dakotans who have Ever Been Diagno			95% Confidence Interval	
		2013-2017	Low	High
	Employed for Wages	4%	3.2%	4.1%
	Self-employed	6%	5.4%	7.6%
	Unemployed	3%	1.8%	5.9%
Employment Status	Homemaker	6%	4.5%	7.8%
	Student	0.3%	0.1%	0.9%
	Retired	15%	14.3%	16.6%
	Unable to Work	5%	3.9%	7.1%
	Married/Unmarried Couple	7%	6.2%	7.2%
Marital Status	Divorced/Separated	6%	5.0%	7.1%
Marital Status	Widowed	15%	12.8%	16.6%
	Never Married	2%	1.3%	2.3%
Home Ownership	Own Home	7%	7.0%	7.9%
Status	Rent Home	3%	2.4%	3.5%
	Children in Household (Ages 18-44)	1%	0.7%	1.4%
Children Status	No Children in Household (Ages 18-44)	1%	0.8%	1.9%
Disease Oferford	Landline	9%	8.5%	9.8%
Phone Status	Cell Phone	4%	3.8%	4.7%
Des ann an All Allan	Pregnant (Ages 18-44)	0.3%	0.0%	2.0%
Pregnancy Status	Not Pregnant (Ages 18-44)	1%	1.0%	1.9%
	Minnehaha	5%	3.9%	5.5%
	Pennington	9%	8.0%	10.5%
	Lincoln	6%	4.5%	7.3%
	Brown	6%	4.8%	7.7%
County	Brookings	4%	3.0%	5.2%
	Codington	5%	3.4%	6.2%
	Meade	9%	6.9%	10.4%
	Lawrence	9%	8.0%	10.9%

## **Demographics**

Gender	There is no significant gender difference in the prevalence of skin cancer.
Age	The prevalence of skin cancer increases as age increases. This includes significant increases as the 40s, 50s, 60s, 70s, and 80s are reached.
Race	Whites demonstrate a significantly higher prevalence of skin cancer than American Indians.
Ethnicity	The prevalence of skin cancer does not seem to change based on ethnicity.
Household Income	The prevalence of skin cancer does not seem to change as household income changes.
Education	The prevalence of skin cancer does not seem to change as education levels change.
Employment	Those who are retired demonstrate a very high prevalence of skin cancer, while those who are a student show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of skin cancer, while those who have never been married show a very low prevalence.

Home Ownership	Those who own their home demonstrate a significantly higher prevalence of skin cancer than those who rent their home.
Children Status	The prevalence of skin cancer does not seem to change based on the presence of children in the household.
Phone Status	Those with a landline phone exhibit a significantly higher prevalence of skin cancer than those with a cell phone.
Pregnancy Status	The prevalence of skin cancer does not seem to change based on pregnancy status.
County	Pennington, Meade, and Lawrence counties exhibit a very high prevalence of skin cancer, while Minnehaha, Lincoln, Brown, Brookings, and Codington counties show a very low prevalence.

# Asthma

Definition: South Dakotans who were told by a doctor, nurse, or health professional that they had asthma and that they still have asthma.

### **Prevalence of Asthma**

- o South Dakota 7%
- o Nationwide median 9%





Table 41 South Dakotans Who Were Told They Have Asthma, 2013-2017				
			95% Confidence Interval	
		2013-2017	Low	High
Gondor	Male	6%	5.4%	6.7%
Gender	Female	9%	8.1%	9.7%
	18-29	8%	6.7%	9.4%
	30-39	7%	5.9%	8.6%
	40-49	6%	5.3%	7.8%
Age	50-59	8%	7.1%	9.4%
	60-69	7%	6.1%	8.0%
	70-79	8%	6.9%	9.4%
	80+	7%	5.5%	9.6%
Race	White	7%	6.7%	7.7%
Nabe	American Indian	11%	9.2%	13.0%
Ethnicity	Hispanic	9%	4.5%	15.3%
Lumenty	Non-Hispanic	7%	7.0%	7.9%
	Less than \$35,000	10%	8.8%	10.9%
Household Income	\$35,000-\$74,999	7%	5.7%	7.5%
	\$75,000+	6%	4.9%	6.6%
	Less than High School, G.E.D.	12%	9.6%	14.4%
Education	High School, G.E.D.	8%	6.9%	8.6%
Education	Some Post-High School	7%	6.3%	8.1%
	College Graduate	6%	5.1%	6.4%
	Employed for Wages	7%	6.0%	7.3%
	Self-employed	5%	4.0%	6.4%
	Unemployed	10%	7.3%	13.5%
Employment Status	Homemaker	10%	6.9%	13.2%
	Student	6%	4.5%	8.8%
	Retired	7%	6.5%	8.4%
	Unable to Work	20%	17.0%	23.5%
	Married/Unmarried Couple	7%	6.2%	7.4%
Marital Status	Divorced/Separated	10%	8.3%	11.3%
Maritar Otatas	Widowed	8%	6.7%	9.5%
	Never Married	8%	6.8%	9.3%
Home Ownership	Own Home	7%	6.1%	7.2%
Status	Rent Home	10%	8.3%	10.9%
Children Status	Children in Household (Ages 18-44)	8%	6.5%	8.7%
officient otatus	No Children in Household (Ages 18-44)	7%	5.9%	8.6%
Phone Status	Landline	8%	7.1%	8.7%
	Cell Phone	7%	6.6%	7.9%
Prognancy Status	Pregnant (Ages 18-44)	14%	6.6%	27.2%
Tregnancy Status	Not Pregnant (Ages 18-44)	9%	7.4%	10.1%
	Minnehaha	7%	5.7%	8.3%
	Pennington	8%	6.8%	9.7%
	Lincoln	7%	4.9%	9.1%
County	Brown	7%	5.4%	9.6%
county	Brookings	6%	4.1%	8.6%
	Codington	6%	4.1%	8.0%
	Meade	7%	5.4%	9.9%
	Lawrence	10%	7.7%	12.2%

<b>Demographics</b>	
Gender	Females exhibit a significantly higher prevalence of asthma than males.
Age	The prevalence of asthma does not seem to change as age increases.
Race	American Indians demonstrate a significantly higher prevalence of asthma than whites.
Ethnicity	There is no significant Hispanic difference in the prevalence of asthma.
Household Income	The prevalence of asthma decreases as household income increases. This includes a significant decrease as the \$35,000-\$74,999 household income level is reached.
Education	The prevalence of asthma decreases as education increases. This includes a significant decrease as the high school graduate level is reached.
Employment	Those who are unable to work demonstrate a very high prevalence of asthma, while those who are employed for wages, self-employed, or a student show a very low prevalence.
Marital Status	Those who are divorced exhibit a very high prevalence of asthma, while those who are married show a very low prevalence.
Home Ownership	Those who rent their home demonstrate a significantly higher prevalence of asthma than those who own their home.
Children Status	Children in the household do not seem to affect the prevalence of asthma among adults.
Phone Status	The prevalence of asthma does not seem to differ based on phone status.
Pregnancy Status	The prevalence of asthma does not seem to differ based on pregnancy status.
County	The prevalence of asthma does not seem to differ among the available counties.

# **Arthritis**

Definition: South Dakotans who answered "yes" to the question: "Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?"

#### Prevalence of Arthritis

- o South Dakota 22%
- o Nationwide median 25%



Figure 48 Percentage of South Dakotans Who Were Told They Have Arthritis, 2011-2017

Table 42 South Dakotans Who Were Told They Have Arthritis, 2013-2017				
			95% Confidence Interval	
		2013-2017	Low	High
Condor	Male	22%	20.9%	23.0%
Gender	Female	28%	26.5%	28.6%
	18-29	4%	3.3%	5.2%
	30-39	10%	8.2%	11.3%
	40-49	17%	15.3%	19.0%
Age	50-59	30%	28.0%	31.7%
	60-69	42%	40.4%	44.2%
	70-79	53%	50.1%	55.0%
	80+	58%	54.3%	60.7%
Baaa	White	26%	24.7%	26.3%
Race	American Indian	26%	22.9%	28.8%
Ethericity	Hispanic	16%	11.6%	22.8%
Ethnicity	Non-Hispanic	25%	24.2%	25.7%
	Less than \$35,000	31%	29.5%	32.5%
Household Income	\$35,000-\$74,999	23%	22.0%	24.7%
	\$75,000+	18%	16.7%	19.4%
	Less than High School, G.E.D.	32%	29.2%	35.7%
	High School, G.E.D.	27%	26.0%	28.8%
Education	Some Post-High School	24%	23.0%	25.6%
	College Graduate	18%	17.3%	19.4%
	Employed for Wages	16%	14.7%	16.5%
	Self-employed	22%	19.7%	23.9%
	Unemployed	23%	19.2%	27.5%
Employment Status	Homemaker	25%	21.7%	29.2%
	Student	4%	2.5%	5.4%
	Retired	51%	48.9%	52.4%
	Unable to Work	61%	56.8%	64.8%
	Married/Unmarried Couple	25%	24.4%	26.4%
Marital Status	Divorced/Separated	30%	28.0%	32.5%
Waritai Status	Widowed	54%	51.4%	56.8%
	Never Married	11%	9.4%	11.9%
Home Ownership	Own Home	27%	26.4%	28.3%
Status	Rent Home	19%	17.9%	20.9%
Children Status	Children in Household (Ages 18-44)	9%	8.2%	10.6%
Children Status	No Children in Household (Ages 18-44)	6%	4.9%	7.1%
Dhana Statua	Landline	34%	32.4%	34.9%
Phone Status	Cell Phone	19%	18.6%	20.4%
Due and an ave Status	Pregnant (Ages 18-44)	4%	1.6%	8.4%
Pregnancy Status	Not Pregnant (Ages 18-44)	9%	8.1%	10.9%
	Minnehaha	21%	19.4%	23.1%
	Pennington	28%	25.4%	29.8%
	Lincoln	20%	17.1%	22.4%
County	Brown	29%	26.1%	33.0%
County	Brookings	16%	13.3%	18.7%
	Codington	25%	22.4%	28.6%
	Meade	25%	22.1%	28.7%
	Lawrence	29%	26.4%	32.5%

<b>Demographics</b>	
Gender	Females exhibit a significantly higher prevalence of arthritis than males.
Age	The prevalence of arthritis increases as age increases. This includes significant increases as the 30s, 40s, 50s, 60s, and 70s are reached.
Race	There are no racial differences regarding the prevalence of arthritis.
Ethnicity	Non-Hispanics demonstrate a significantly higher prevalence of arthritis than Hispanics.
Household Income	The prevalence of arthritis decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income groups are reached.
Education	The prevalence of arthritis decreases as education levels increase. This includes significant decreases as the high school graduate, some post-high school, and college graduate levels are reached.
Employment	Those who are unable to work demonstrate a very high prevalence of arthritis, while those who are students show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of arthritis, while those who have never been married show a very low prevalence.
Home Ownership	Those who own their home demonstrate a significantly higher prevalence of arthritis than those who rent their home.
Children Status	Those with children in the household show a significantly higher prevalence of arthritis than those with no children in the household.
Phone Status	Those with a landline phone exhibit a significantly higher prevalence of arthritis than those with a cell phone.
Pregnancy Status	Pregnancy status does not seem to affect the prevalence of arthritis.
County	Pennington, Brown, Codington, Meade, and Lawrence counties exhibit a very high prevalence of arthritis, while Lincoln and Brookings counties show a very low prevalence.

Figure 49, below, displays the percentage of South Dakotans with arthritis who are limited in their usual activities because of arthritis or joint symptoms. In 2017, 51 percent of respondents were limited because of arthritis or joint symptoms.



Figure 49 Percentage of Those With Arthritis Who Are Limited in Their

Note: This question was not asked in 2014 or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

# **Chronic Obstructive Pulmonary Disease**

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have Chronic Obstructive Pulmonary Disease, or COPD, emphysema or chronic bronchitis?"

#### Prevalence of COPD

- South Dakota 5%
- o Nationwide median 7%



Figure 50 Percentage of South Dakotans Who Were Told They Have COPD, 2011-2017

Bender     Male     5%     4.3%     5.4%       Female     5%     4.3%     5.4%       Female     5%     4.3%     5.4%       18-29     2%     1.2%     2.6%       30-39     2%     1.5%     3.0%       40-49     3%     2.2%     3.8%       50-59     6%     5.3%     7.4%       60-69     8%     7.1%     9.2%       70-79     111%     9.6%     12.5%       80+     111%     9.0%     13.6%       Race     White     5%     4.8%     5.6%       American Indian     6%     4.7%     7.6%       Hispanic     4%     1.7%     10.7%       Non-Hispanic     5%     4.8%     5.5%       Education     \$35,000-\$74,999     4%     3.6%     4.9%       \$5,000+     1.1%     1.1%     1.7%     2.2%       Some Post-High School, G.E.D.     10%     8.1%     10.2%       Some Post-High School     4%     3	Table 43 South Dakotans Who Have Been Told They Have COPD, 2013-2017				
Z013-2017     Low     High       Gender     Male     5%     4.3%     5.4%       Female     5%     4.9%     6.0%       30-39     2%     1.2%     2.6%       30-39     2%     1.5%     3.0%       40-49     3%     2.2%     3.8%       50-59     6%     5.3%     7.4%       60-69     8%     7.1%     9.2%       70-79     11%     9.6%     12.5%       80+     11%     9.6%     13.6%       Ethnicity     Hispanic     4%     4.7%     7.6%       Mon-Hispanic     5%     4.8%     5.6%       Mon-Hispanic     5%     4.8%     5.5%       Household Income     \$35,000     9%     8.3%     10.2%       \$35,000+\$74,999     4%     3.6%     4.9%       Some Post-High School, G.E.D.     10%     8.1%     1.2%       Education     \$85,000, G.E.D.     6%     5.7%     7.2%       Some Post-High School, G.E.D.     6%				95% Confidence Interval	
Gender     Male     5%     4.3%     5.4%       Female     5%     4.9%     6.0%       18-29     2%     1.2%     2.6%       30-39     2%     1.2%     2.6%       40-49     3%     2.2%     3.8%       60-69     3%     2.2%     3.8%       60-69     8%     7.1%     9.2%       70-79     11%     9.6%     12.5%       80+     11%     9.6%     12.5%       B0+     11%     9.6%     12.5%       B0+     5%     4.8%     5.6%       American Indian     6%     4.7%     7.6%       Hispanic     4%     1.7%     10.7%       Non-Hispanic     5%     4.8%     5.5%       Household Income     \$35,000     9%     8.3%     10.2%       \$25,000+     1     1%     1.1%     1.7%       Education     \$35,000     9%     8.3%     5.0%       Some Post-High School, G.E.D.     6%     5.7% <td< th=""><th></th><th></th><th>2013-2017</th><th>Low</th><th>High</th></td<>			2013-2017	Low	High
Gender     Female     5%     4.9%     6.0%       Age     18-29     2%     1.2%     2.6%       30-39     2%     1.5%     3.0%       40-49     3%     2.2%     3.8%       50-59     6%     5.3%     7.4%       60-69     8%     7.1%     9.2%       70-79     11%     9.6%     12.5%       80+     11%     9.0%     13.6%       Ethnicity     Mite     5%     4.8%     5.6%       American Indian     6%     4.7%     7.6%       Household Income     15%     4.8%     5.5%       Kon-Hispanic     4%     1.7%     10.7%       Kon-Hispanic     5%     4.8%     5.5%       Household Income     \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     11%     1.1%     1.2%       High School, G.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School	Condor	Male	5%	4.3%	5.4%
Age     18-29     2%     1.2%     2.6%       30-39     2%     1.5%     3.0%       40-49     3%     2.2%     3.8%       50-59     6%     5.3%     7.4%       60-69     8%     7.1%     9.2%       70-79     11%     9.6%     12.5%       80+     11%     9.0%     13.6%       American Indian     6%     4.7%     7.6%       Ethnicity     Hispanic     4%     1.7%     10.7%       Mon-Hispanic     5%     4.8%     5.5%       Household Income     \$35,000-\$74,999     4%     3.6%     4.9%       \$35,000-\$74,999     4%     3.6%     4.9%     5.5%       Education     \$35,000-\$74,999     4%     3.6%     4.9%       \$35,000-\$74,999     4%     3.6%     4.9%       \$35,000-\$74,999     4%     3.6%     5.0%       College Graduate     2%     2.0%     2.8%       College Graduate     2%     2.0%     2.8%	Gender	Female	5%	4.9%	6.0%
Age     30-39     2%     1.5%     3.0%       40-49     3%     2.2%     3.8%       50-59     6%     5.3%     7.4%       60-69     8%     7.1%     9.2%       70-79     11%     9.6%     12.5%       80+     11%     9.0%     13.6%       Race     American Indian     6%     4.8%     5.6%       American Indian     6%     4.7%     7.6%       Hispanic     4%     1.7%     10.7%       Household Income     \$35,000-\$74,999     4%     3.6%     4.9%       \$35,000-\$74,999     4%     3.6%     4.9%     5.5%       Household Income     \$35,000-\$74,999     4%     3.6%     4.9%       \$35,000-\$74,999     4%     3.6%     4.9%       \$35,000-\$74,999     4%     3.6%     4.9%       \$35,000-\$74,999     4%     3.6%     5.0%       College Graduate     2%     2.0%     2.8%       College Graduate     2%     2.0%     2.8%		18-29	2%	1.2%	2.6%
Age     40-49     3%     2.2%     3.8%       50-59     6%     5.3%     7.4%       60-69     8%     7.1%     9.2%       70-79     111%     9.6%     12.5%       80+     11%     9.0%     13.6%       Race     White     5%     4.8%     5.6%       American Indian     6%     4.7%     7.6%       Hispanic     4%     1.7%     10.7%       Non-Hispanic     5%     4.8%     5.5%       Household Income     \$35,000     9%     8.3%     10.2%       \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     1%     1.1%     1.7%       Household Income     \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     1%     1.1%     1.7%     1.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%		30-39	2%	1.5%	3.0%
Age     50-59     6%     5.3%     7.4%       60-69     8%     7.1%     9.2%       70-79     11%     9.6%     12.5%       80+     11%     9.0%     13.6%       Race     White     5%     4.8%     5.6%       American Indian     6%     4.7%     7.6%       Ethnicity     Hispanic     4%     1.7%     10.7%       Non-Hispanic     5%     4.8%     5.6%       American Indian     6%     4.7%     7.6%       Household Income     4%     1.7%     10.7%       Amorican S35,000     9%     8.3%     10.2%       \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     1%     1.1%     1.7%       Best han High School, G.E.D.     10%     8.1%     5.0%       College Graduate     2%     2.0%     2.8%       Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     <		40-49	3%	2.2%	3.8%
60-69     8%     7.1%     9.2%       70-79     11%     9.6%     12.5%       80+     11%     9.0%     13.6%       Race     White     5%     4.8%     5.6%       American Indian     6%     4.7%     7.6%       Ethnicity     Hispanic     4%     1.7%     10.7%       Mon-Hispanic     5%     4.8%     5.5%       Association     5%     4.8%     5.5%       Household Income     Less than \$35,000     9%     8.3%     10.2%       \$35,000-\$74,999     4%     3.6%     4.9%       For South     10%     8.1%     12.2%       High School, G.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker<	Age	50-59	6%	5.3%	7.4%
70-79     11%     9.6%     12.5%       80+     11%     9.0%     13.6%       Race     White     5%     4.8%     5.6%       American Indian     6%     4.7%     7.6%       Ethnicity     Hispanic     4%     1.7%     10.7%       Mon-Hispanic     4%     1.7%     10.2%       Mousehold Income     \$35,000     9%     8.3%     10.2%       \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     1%     1.1%     1.7%       Education     \$35,000.§C.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%		60-69	8%	7.1%	9.2%
80+     11%     9.0%     13.6%       Race     White     5%     4.8%     5.6%       American Indian     6%     4.7%     7.6%       Ethnicity     Hispanic     4%     1.7%     10.7%       Non-Hispanic     4%     1.7%     10.7%       Household Income     §35,000     9%     8.3%     10.2%       \$35,000-\$74,999     4%     3.6%     4.9%       Less than \$35,000     9%     8.3%     10.2%       \$35,000-\$74,999     4%     3.6%     4.9%       Education     Less than High School, G.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.3%       Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemplayed     6%     4.3%     9.5%       Homemaker     4%     2.8%     <		70-79	11%	9.6%	12.5%
White     5%     4.8%     5.6%       American Indian     6%     4.7%     7.6%       Ethnicity     Hispanic     4%     1.7%     10.7%       Non-Hispanic     5%     4.8%     5.5%       Household Income     \$35,000     9%     8.3%     10.2%       \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     1%     1.1%     1.7%       Less than \$35,000     9%     8.3%     10.2%       \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     1%     1.1%     1.7%       Less than High School, G.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       Employed for Wages     3%     2.3%     3.1%       Self-employed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Stude		80+	11%	9.0%	13.6%
Nace     American Indian     6%     4.7%     7.6%       Ethnicity     Hispanic     4%     1.7%     10.7%       Non-Hispanic     5%     4.8%     5.5%       Household Income     \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     1%     1.1%     1.7%       High School, G.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       Employment Status     Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Wident     1%     0.6%     2.6%       Matried/Unmatried Couple     4%     3.8%     4.8%	Pace	White	5%	4.8%	5.6%
Hispanic     4%     1.7%     10.7%       Non-Hispanic     5%     4.8%     5.5%       Household Income     Less than \$35,000     9%     8.3%     10.2%       \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     1%     1.1%     1.7%       Less than High School, G.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Retired     10%     9.3%     11.5%       Unable to Work     22%     18.7%     25.6%       Married/Unmarried Couple     4%     3.8%     4.8%	Nace	American Indian	6%	4.7%	7.6%
Less than \$35,000     9%     8.3%     10.2%       Household Income     \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     1%     1.1%     1.7%       Less than High School, G.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       Employed for Wages     3%     2.3%     3.1%       Self-employed     6%     4.3%     9.5%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Married/Unmarried Couple     4%     3.8%     4.8%       Divorced/Separated     9%     8.1%     11.0%	Ethnicity	Hispanic	4%	1.7%	10.7%
Household Income     Less than \$35,000     9%     8.3%     10.2%       \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     1%     1.1%     1.7%       Less than High School, G.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Indext red     1%     0.6%     2.6%       Married/Unmarried Couple     1%     3.8%     4.8%       Divorced/Separated     9%     8.1%     11.0%		Non-Hispanic	5%	4.8%	5.5%
Household Income     \$35,000-\$74,999     4%     3.6%     4.9%       \$75,000+     1%     1.1%     1.7%       Less than High School, G.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       College Graduate     2%     2.0%     2.8%       Married/Unemployed     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Unable to Work     22%     18.7%     25.6%       Married/Unmarried Couple     4%     3.8%     4.8%       Divorced/Separated     9%     8.1%     11.0%		Less than \$35,000	9%	8.3%	10.2%
\$75,000+     1%     1.1%     1.7%       Less than High School, G.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Matried/Unmatried Couple     1%     0.6%     2.6%       Divorced/Separated     9%     8.1%     11.0%	Household Income	\$35,000-\$74,999	4%	3.6%	4.9%
Education     Less than High School, G.E.D.     10%     8.1%     12.2%       High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Numble to Work     22%     18.7%     25.6%       Divorced/Separated     9%     8.1%     11.0%		\$75,000+	1%	1.1%	1.7%
Education     High School, G.E.D.     6%     5.7%     7.2%       Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Retired     10%     9.3%     11.5%       Unable to Work     22%     18.7%     25.6%       Divorced/Separated     9%     8.1%     11.0%		Less than High School, G.E.D.	10%	8.1%	12.2%
Some Post-High School     4%     3.8%     5.0%       College Graduate     2%     2.0%     2.8%       Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Retired     10%     9.3%     11.5%       Unable to Work     22%     18.7%     25.6%       Divorced/Separated     9%     8.1%     11.0%	Education	High School, G.E.D.	6%	5.7%	7.2%
College Graduate     2%     2.0%     2.8%       Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Retired     10%     9.3%     11.5%       Unable to Work     22%     18.7%     25.6%       Divorced/Separated     9%     8.1%     11.0%	Education	Some Post-High School	4%	3.8%	5.0%
Employed for Wages     3%     2.3%     3.1%       Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Retired     10%     9.3%     11.5%       Unable to Work     22%     18.7%     25.6%       Married/Unmarried Couple     4%     3.8%     4.8%       Divorced/Separated     9%     8.1%     11.0%		College Graduate	2%	2.0%	2.8%
Self-employed     3%     2.3%     4.2%       Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Retired     10%     9.3%     11.5%       Unable to Work     22%     18.7%     25.6%       Married/Unmarried Couple     4%     3.8%     4.8%       Divorced/Separated     9%     8.1%     11.0%		Employed for Wages	3%	2.3%	3.1%
Unemployed     6%     4.3%     9.5%       Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Retired     10%     9.3%     11.5%       Unable to Work     22%     18.7%     25.6%       Married/Unmarried Couple     4%     3.8%     4.8%       Divorced/Separated     9%     8.1%     11.0%		Self-employed	3%	2.3%	4.2%
Employment Status     Homemaker     4%     2.8%     5.8%       Student     1%     0.6%     2.6%       Retired     10%     9.3%     11.5%       Unable to Work     22%     18.7%     25.6%       Married/Unmarried Couple     4%     3.8%     4.8%       Divorced/Separated     9%     8.1%     11.0%		Unemployed	6%	4.3%	9.5%
Student     1%     0.6%     2.6%       Retired     10%     9.3%     11.5%       Unable to Work     22%     18.7%     25.6%       Married/Unmarried Couple     4%     3.8%     4.8%       Divorced/Separated     9%     8.1%     11.0%	Employment Status	Homemaker	4%	2.8%	5.8%
Retired     10%     9.3%     11.5%       Unable to Work     22%     18.7%     25.6%       Married/Unmarried Couple     4%     3.8%     4.8%       Divorced/Separated     9%     8.1%     11.0%		Student	1%	0.6%	2.6%
Unable to Work22%18.7%25.6%Married/Unmarried Couple4%3.8%4.8%Divorced/Separated9%8.1%11.0%		Retired	10%	9.3%	11.5%
Married/Unmarried Couple4%3.8%4.8%Divorced/Separated9%8.1%11.0%		Unable to Work	22%	18.7%	25.6%
Divorced/Separated 9% 81% 11.0%		Married/Unmarried Couple	4%	3.8%	4.8%
Marital Status	Marital Status	Divorced/Separated	9%	8.1%	11.0%
Widowed     11%     9.3%     12.6%       Name Mania d     0%     0.5%     4.0%		VVIdowed	11%	9.3%	12.6%
Never Married     3%     2.5%     4.0%			3%	PPD, 2013-2017       95% Confide       Low       4.3%       4.9%       1.2%       1.5%       2.2%       5.3%       7.1%       9.6%       9.0%       4.8%       4.7%       1.7%       4.8%       8.3%       3.6%       1.1%       8.3%       3.6%       1.1%       8.3%       3.6%       1.1%       8.1%       5.7%       3.8%       2.0%       2.3%       4.3%       2.5%       4.3%       5.6%       1.3%       5.6%       1.3%       5.6%       1.3%       5.9%       3.8%       0.2%       1.8%       3.5%       4.6%       3.1%       4.6%       3.8%       4.6% <t< td=""><td>4.0%</td></t<>	4.0%
Home Ownership Own Home 5% 4.3% 5.2%	Home Ownership	Own Home	5%	4.3%	5.2%
Status     Rent Home     6%     5.6%     7.4%       Obildram in Household (Area 40.44)     0%     0.0%     0.4%	Status	Rent Home	6% 0%	5.6%	7.4%
Children Status	Children Status	Children in Household (Ages 18-44)	2%	1.3%	2.4%
No Children in Housenold (Ages 18-44) 2% 1.8% 3.4%		No Children in Household (Ages 18-44)	2%	1.8%	3.4%
Phone Status	Phone Status	Call Phana	1%	5.9%	/.3%
Cell Flidle     4%     5.6%     4.7%       Drement (Asse 40.44)     4%     0.0%     5.0%     5.0%			4%	3.0%	4.7%
Pregnancy Status	Pregnancy Status	Pregnant (Ages 18-44)	1%	0.2%	5.3%
Not Fleghalit (Ages 10-44)     2%     1.0%     5.4%       Minneholo     40/     2.5%     5.4%		Minnehehe	<u>2</u> %	1.0%	5.4%
Willing     4%     3.5%     5.1%       Dennington     6%     4.6%     6.7%		Bonnington	4%	3.5%	5.1%
Lincoln 4% 3.1% 6.1%			0 /0 /0/	4.0 %	6.1%
Brown 6% / 0% 0.1%		Brown	470 6%	4.0%	0.1%
County     Brookings     3%     1.8%     4.2%	County	Brookings	3%	1.8%	4 2%
Codington 5% 3.8% 7.1%		Codington	5%	3.8%	7.1%
Meade 5% 4.3% 7.1%		Meade	5%	4.3%	7.1%
Lawrence 5% 4.0% 6.4%		Lawrence	5%	4.0%	6.4%

## **Demographics**

Gender	There is no significant gender difference regarding the prevalence of COPD.
Age	The prevalence of COPD increases as age increases. This includes significant increases as the 50s and 70s are reached.
Race	There are no racial differences regarding the prevalence of COPD.
Ethnicity	There is no Hispanic difference regarding the prevalence of COPD.
Household Income	The prevalence of COPD decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income groups are reached.
Education	The prevalence of COPD decreases as education levels increase. This includes significant decreases at each level.
Employment	Those who are unable to work demonstrate a very high prevalence of COPD, while those who are employed for wages, self-employed, or a student show a very low prevalence.
Marital Status	Those who are divorced or widowed exhibit a very high prevalence of COPD, while those who have never been married or are married show a very low prevalence.
Home Ownership	Those who rent their home demonstrate a significantly higher prevalence of COPD than those who own their home.
Children Status	The prevalence of COPD among adults does not seem to differ based on the presence of children in the household.
Phone Status	Those with a landline phone exhibit a significantly higher prevalence of COPD than those with a cell phone.
Pregnancy Status	The prevalence of COPD does not seem to differ based on pregnancy status.
County	Pennington and Meade counties exhibit a very high prevalence of COPD, while Brookings county shows a very low prevalence.

# Depression

Definition: South Dakotans who were told by a doctor, nurse, or health professional that they had some form of depression.

### **Prevalence of Depression**

- o South Dakota 17%
- o Nationwide median 21%



Figure 51 Percentage of South Dakotans Who Were Told They Have Depression, 2011-2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 44       South Dakotans Who Were Told They Have Depression, 2013-2017				
			95% Confidence Interval	
		2013-2017	Low	High
Condon	Male	11%	10.3%	12.1%
Gender	Female	21%	19.9%	22.0%
	18-29	17%	15.6%	19.4%
	30-39	18%	16.3%	20.1%
	40-49	17%	15.6%	19.4%
Age	50-59	17%	15.6%	18.6%
-	60-69	15%	13.9%	16.6%
	70-79	11%	9.8%	12.8%
	80+	9%	7.5%	10.7%
	White	16%	15.0%	16.5%
Race	American Indian	21%	18.2%	23.9%
	Hispanic	18%	12.5%	24.8%
Ethnicity	Non-Hispanic	16%	15.3%	16.7%
	Less than \$35,000	23%	21.6%	24.6%
Household Income	\$35,000-\$74,999	14%	12.9%	15.2%
	\$75,000+	10%	8.7%	10.8%
	Less than High School G E D	17%	14.5%	19.5%
	High School G E D	16%	14.5%	17.0%
Education	Some Post-High School	18%	16.7%	19.3%
	College Graduate	13%	12.5%	14.6%
	Employed for Wages	15%	13.8%	15.8%
	Self-employed	9%	7.9%	10.8%
	Unemployed	28%	23.9%	33.2%
Employment Status	Homemaker	21%	16.9%	24.9%
	Student	15%	12.0%	19.7%
	Retired	12%	11.1%	13.2%
	Unable to Work	50%	45.6%	53.7%
	Married/Unmarried Couple	14%	12.8%	14 4%
	Divorced/Separated	25%	23.3%	27.8%
Marital Status	Widowed	17%	14.6%	18.8%
	Never Married	18%	15.9%	19.4%
Home Ownership	Own Home	14%	12.9%	14.3%
Status	Rent Home	22%	20.5%	23.9%
	Children in Household (Ages 18-44)	18%	16.1%	19.3%
Children Status	No Children in Household (Ages 18-44)	18%	15.9%	19.8%
		14%	13.0%	14.9%
Phone Status	Cell Phone	17%	16.4%	18.3%
	$\frac{1}{2} \frac{1}{2} \frac{1}$	23%	1/ /%	33.3%
Pregnancy Status	Not Pregnant (Ages 18-14)	23%	21 5%	25.0%
	Minnohoho	190/	16.0%	10.0%
	Poppington	20%	17.5%	19.9%
		20%	17.5%	22.1%
	Brown	13%	13 5%	20.4%
County	Brookings	17 /0	12.070	20.4 /0 18 0%
	Codington	15%	13.0/0	10.5%
	Meade	17%	14.0%	20.1%
		18%	15.0%	20.1/0
	Lawielle	1070	13.270	20.270

<b>Demographics</b>	
Gender	Females exhibit a significantly higher prevalence of depression than males.
Age	The prevalence of depression seems to peak in the 30s and then decreases as age increases including a significant decrease as the 70s are reached.
Race	American Indians demonstrate a significantly higher prevalence of depression than whites.
Ethnicity	There seems to be no Hispanic difference regarding the prevalence of depression.
Household Income	The prevalence of depression decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income groups are reached.
Education	There seems to be no difference in the prevalence of depression as education levels change.
Employment	Those who are unable to work demonstrate a very high prevalence of depression, while those who are self-employed show a very low prevalence.
Marital Status	Those who are divorced exhibit a very high prevalence of depression, while those who are married show a very low prevalence.
Home Ownership	Those who rent their home demonstrate a significantly higher prevalence of depression than those who own their home.
Children Status	The prevalence of depression among adults does not seem to differ based on the presence of children in the household.
Phone Status	Those with a cell phone exhibit a significantly higher prevalence of depression than those with a landline phone.
Pregnancy Status	The prevalence of depression does not seem to differ based on pregnancy status.
County	Minnehaha and Pennington counties exhibit a very high prevalence of depression, while Lincoln county shows a very low prevalence.

# Kidney Disease

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence."

#### **Prevalence of Kidney Disease**

- o South Dakota 3%
- o Nationwide median 3%



Figure 52 Percentage of South Dakotans Who Have Been Told They Have Kidney Disease, 2011-2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 45 South Dakotans Who Have Been Told They Have Kidney Disease, 2013-2017				
			95% Confidence Interval	
		2013-2017	Low	High
O an dan	Male	2%	2.0%	2.8%
Gender	Female	2%	2.1%	2.8%
	18-29	1%	0.8%	2.2%
	30-39	1%	0.4%	1.2%
	40-49	2%	1.2%	2.9%
Age	50-59	2%	1.9%	3.1%
	60-69	3%	2.7%	4.0%
	70-79	5%	4.5%	6.6%
	80+	5%	4.1%	7.2%
Paga	White	2%	2.1%	2.7%
Nace	American Indian	3%	2.4%	4.1%
Ethnicity	Hispanic	2%	0.6%	6.2%
Ethnicity	Non-Hispanic	2%	2.1%	2.7%
	Less than \$35,000	4%	3.1%	4.4%
Household Income	\$35,000-\$74,999	2%	1.8%	2.7%
	\$75,000+	1%	1.0%	2.0%
	Less than High School, G.E.D.	4%	2.4%	5.4%
Education	High School, G.E.D.	3%	2.2%	3.3%
Education	Some Post-High School	2%	1.7%	2.5%
	College Graduate	2%	1.5%	2.3%
	Employed for Wages	1%	1.1%	1.8%
	Self-employed	2%	1.0%	2.4%
	Unemployed	1%	0.5%	3.3%
Employment Status	Homemaker	2%	1.2%	3.4%
	Student	1%	0.4%	3.2%
	Retired	5%	4.4%	5.9%
	Unable to Work	8%	5.8%	10.1%
	Married/Unmarried Couple	2%	2.1%	2.8%
Marital Status	Divorced/Separated	3%	2.4%	4.3%
	Widowed	4%	3.4%	5.2%
	Never Married	1%	0.9%	1.9%
Home Ownership	Own Home	2%	2.1%	2.8%
Status	Rent Home	3%	2.1%	3.2%
Children Status	Children in Household (Ages 18-44)	1%	1.0%	2.2%
ermaierretatae	No Children in Household (Ages 18-44)	1%	0.7%	1.8%
Phone Status	Landline	3%	2.8%	3.9%
	Cell Phone	2%	1.6%	2.2%
Pregnancy Status	Pregnant (Ages 18-44)	6%	1.7%	17.6%
	Not Pregnant (Ages 18-44)	1%	0.8%	1.7%
	Minnehaha	2%	1.2%	2.1%
	Pennington	3%	1.9%	3.5%
	Lincoln	2%	1.2%	3.2%
County	Brown	3%	1.8%	3.6%
	Brookings	2%	1.1%	4.4%
	Codington	3%	1.5%	4.8%
	Meade	2%	1.4%	3.1%
	Lawrence	2%	1.2%	2.5%

<b>Demographics</b>	
Gender	There seems to be no gender difference regarding the prevalence of kidney disease.
Age	The prevalence of kidney disease increases as age increases. This includes a significant increase as the 70s are reached.
Race	The prevalence of kidney disease does not seem to change based on race.
Ethnicity	The prevalence of kidney disease does not seem to change based on ethnicity.
Household Income	The prevalence of kidney disease decreases as household income increases. This includes a significant decrease as the \$35,000-\$74,999 income group is reached.
Education	The prevalence of kidney disease decreases as education levels increase.
Employment	Those who are retired or unable to work demonstrate a very high prevalence of kidney disease, while those who are employed for wages, self-employed, unemployed, a homemaker, or a student show a very low prevalence.
Marital Status	Those who are divorced or widowed exhibit a very high prevalence of kidney disease, while those who have never been married show a very low prevalence.
Home Ownership	There seems to be no difference in the prevalence of kidney disease regarding home ownership.
Children Status	The prevalence of kidney disease among adults does not seem to change based on the presence of children in the household.
Phone Status	Those with a landline phone exhibit a significantly higher prevalence of kidney disease than those with a cell phone.
Pregnancy Status	The prevalence of kidney disease does not seem to change based on pregnancy status.
County	There seems to be no difference in the prevalence of kidney disease regarding the eight available counties.

# **Vision Impairment**

Definition: South Dakotans who answered "yes" to the question: "Are you blind or do you have serious difficulty seeing, even when wearing glasses?"

### **Prevalence of Vision Impairment**

- o South Dakota 4%
- o There is no nationwide median for vision impairment

Figure 53 Percent of South Dakotans Who Have a Vision Impairment, 2013-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Table 46 South Dakotans Who Have a Vision Impairment, 2013-2017				
		95% Confidence Interv		
		2013-2017	Low	High
Condor	Male	3%	2.8%	3.7%
Gender	Female	4%	3.5%	4.4%
	18-29	2%	1.3%	2.8%
	30-39	2%	1.1%	2.4%
	40-49	3%	1.9%	3.7%
Age	50-59	4%	3.3%	4.9%
	60-69	4%	3.0%	4.4%
	70-79	6%	4.7%	7.6%
	80+	12%	10.3%	14.5%
Baaa	White	3%	2.9%	3.6%
Race	American Indian	7%	5.5%	8.1%
Ethnicity	Hispanic	6%	2.5%	11.8%
Ethnicity	Non-Hispanic	4%	3.2%	3.9%
	Less than \$35,000	6%	5.5%	7.2%
Household Income	\$35,000-\$74,999	2%	1.6%	2.5%
	\$75,000+	1%	0.9%	1.6%
	Less than High School, G.E.D.	8%	6.5%	10.4%
Education	High School, G.E.D.	4%	3.6%	4.8%
Education	Some Post-High School	3%	2.3%	3.3%
	College Graduate	2%	1.5%	2.3%
	Employed for Wages	2%	1.5%	2.3%
	Self-employed	2%	1.3%	2.8%
	Unemployed	6%	3.7%	8.6%
Employment Status	Homemaker	5%	3.5%	7.5%
	Student	1%	0.3%	1.7%
	Retired	7%	5.9%	7.8%
	Unable to Work	14%	12.1%	17.2%
	Married/Unmarried Couple	3%	2.3%	3.1%
Marital Status	Divorced/Separated	5%	4.1%	6.2%
	Widowed	11%	9.3%	13.0%
	Never Married	3%	Airment, 2013-2017       95% Confide       13-2017     Low       3%     2.8%       4%     3.5%       2%     1.3%       2%     1.3%       2%     1.1%       3%     1.9%       4%     3.3%       4%     3.0%       6%     4.7%       12%     10.3%       3%     2.9%       7%     5.5%       6%     2.5%       4%     3.2%       6%     5.5%       2%     1.6%       1%     0.9%       8%     6.55%       2%     1.5%       2%     1.5%       2%     1.5%       2%     1.5%       2%     1.5%       3%     2.3%       5%     4.1%       3%     2.3%       5%     4.1%       3%     2.8%       5%     4.2%       2%     1.5%       2%     1.	3.7%
Home Ownership	Own Home	3%	2.8%	3.5%
Status	Rent Home	5%	4.2%	5.9%
Children Status	Children in Household (Ages 18-44)	2%	1.5%	2.7%
	No Children in Household (Ages 18-44)	2%	1.1%	2.4%
Phone Status	Landline	5%	4.4%	5.5%
	Cell Phone	3%	2.4%	3.2%
Pregnancy Status	Pregnant (Ages 18-44)	1%	0.2%	8.0%
r regnancy otatus	Not Pregnant (Ages 18-44)	2%	1.3%	2.6%
	Minnehaha	3%	2.2%	3.8%
	Pennington	4%	3.2%	5.3%
	Lincoln	3%	2.1%	4.5%
County	Brown	4%	3.0%	5.8%
	Brookings	3%	1.4%	4.6%
	Codington	3%	2.3%	4.8%
	Meade	5%	3.6%	6.3%
	Lawrence	3%	2.5%	4.3%

### **Demographics**

- **Gender** There seems to be no gender difference regarding the prevalence of severe vision impairment.
- Age The prevalence of severe vision impairment increases as age increases including significant increases as the 70s and 80s are reached.
- **Race** American Indians exhibit a significantly higher prevalence of severe vision impairment than whites.
- **Ethnicity** There seems to be no Hispanic difference regarding the prevalence of severe vision impairment.
- **Household** The prevalence of severe vision impairment decreases as household income increases with a significant decrease as the \$35,000-\$74,999 income group is reached.
- **Education** The prevalence of severe vision impairment decreases as education levels increase with significant decreases as the high school and some post-high school levels are reached.
- **Employment** Those who are unable to work demonstrate a very high prevalence of severe vision impairment, while those who are employed for wages, self-employed, or a student show a very low prevalence.
- MaritalThose who are widowed exhibit a very high prevalence of severe visionStatusimpairment, while those who are married or have never been married show a<br/>very low prevalence.
- **Home** Those who rent their home show a significantly higher prevalence of severe vision impairment than those who own their home.
- ChildrenThe prevalence of severe vision impairment in the adults does not seem to<br/>change based on the presence of children in the household.
- **Phone Status** Those with a landline phone show a significantly higher prevalence of severe vision impairment than those with a cell phone.
- PregnancyThe prevalence of severe vision impairment does not seem to change basedStatuson pregnancy status.
- **County** There seems to be no difference regarding the prevalence of severe vision impairment among the eight counties with sufficient sample size.

# Seat Belt Use

Definition: South Dakotans who report they "always" or "nearly always" use seat belts when driving or riding in a car.

### Prevalence of Seat Belt Use

- o South Dakota 87%
- o Nationwide median 94%





Table 47 South Dakotans Who Always or Nearly Always Wear a Seat Belt, 2013-2017						
			95% Confidence Interval		95% Confidence Interval	
		2013-2017	Low	High		
Condon	Male	78%	76.8%	79.3%		
Gender	Female	91%	90.1%	91.6%		
	18-29	82%	79.9%	83.8%		
	30-39	83%	80.8%	84.8%		
	40-49	85%	82.9%	86.7%		
Age	50-59	83%	81.3%	84.8%		
-	60-69	87%	85.5%	88.4%		
	70-79	87%	85.4%	89.2%		
	80+	91%	89.1%	92.8%		
<b>B</b>	White	84%	83.7%	85.2%		
Race	American Indian	84%	80.6%	86.2%		
	Hispanic	90%	83.8%	94.0%		
Ethnicity	Non-Hispanic	84%	83.6%	85.1%		
	Less than \$35.000	81%	79.2%	82.3%		
Household Income	\$35.000-\$74.999	84%	82.3%	85.1%		
	\$75.000+	89%	87.8%	90.2%		
	Less than High School, G.E.D.	75%	71.5%	78.3%		
	High School, G.E.D.	81%	80.1%	82.8%		
Education	Some Post-High School	85%	83.8%	86.3%		
	College Graduate	92%	90.7%	92.5%		
	Employed for Wages	85%	83.8%	85.9%		
	Self-employed	74%	71.0%	76.0%		
	Unemployed	77%	71.2%	81.5%		
Employment Status	Homemaker	93%	90.3%	95.0%		
. ,	Student	89%	84.7%	92.2%		
	Retired	90%	89.2%	91.5%		
	Unable to Work	78%	73.6%	81.0%		
	Married/Unmarried Couple	87%	85.6%	87.4%		
	Divorced/Separated	79%	76.8%	81.2%		
Marital Status	Widowed	90%	87.8%	91.5%		
	Never Married	80%	78.4%	82.2%		
Home Ownership	Own Home	85%	84.5%	86.1%		
Status	Rent Home	82%	80.4%	83.8%		
	Children in Household (Ages 18-44)	84%	82.1%	85.4%		
Children Status	No Children in Household (Ages 18-44)	81%	79.0%	83.1%		
	Landline	86%	85.3%	87.5%		
Phone Status	Cell Phone	83%	82.4%	84.3%		
	Pregnant (Ages 18-44)	90%	80.6%	94.7%		
Pregnancy Status	Not Pregnant (Ages 18-44)	90%	87.9%	90.9%		
	Minnehaha	88%	86.4%	89.9%		
	Pennington	89%	86.7%	90.5%		
	Lincoln	87%	83.8%	90.3%		
	Brown	80%	76.5%	84.0%		
County	Brookings	85%	81.0%	88.8%		
	Codington	79%	74.8%	82.3%		
	Meade	80%	76.5%	83.6%		
	Lawrence	86%	83.6%	88.1%		

<b>Demographics</b>	
Gender	Females exhibit a significantly higher prevalence of seat belt use than males.
Age	Seat belt use generally increases as age increases with a significant increase as the 60s are reached.
Race	There seems to be no racial difference regarding seat belt use.
Ethnicity	There seems to be no Hispanic difference regarding seat belt use.
Household Income	Seat belt use increases as household income increases. This includes a significant increase as the \$75,000+ income group is reached.
Education	Seat belt use increases as education levels increase. This includes significant increases at each education level.
Employment	Those who are a homemaker, a student, or retired demonstrate a very high prevalence of seat belt use, while those who are self-employed, unemployed, or unable to work show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of seat belt use, while those who are divorced or have never been married show a very low prevalence.
Home Ownership	Those who own their home show a significantly higher prevalence of seat belt use than those who rent their home.
Children Status	The prevalence of seat belt use does not seem to change based on the presence of children in the household.
Phone Status	Those who use a landline phone demonstrate a significantly higher prevalence of seat belt use than those who use a cell phone.
Pregnancy Status	There seems to be no difference in seat belt use regarding pregnancy status.
County	Minnehaha, Pennington, Lincoln, and Lawrence counties all exhibit a very high prevalence of seat belt use, while Brown, Codington, and Meade counties all show a very low prevalence.

# Alcohol Use

# **DRANK IN PAST 30 DAYS**

Definition: South Dakotans who report drinking alcohol in the past 30 days.

### Prevalence of Drinking in Past 30 Days

- o South Dakota 55%
- o Nationwide median 55%





Table 48 South Dakotans Who Drank Alcohol in Past 30 Days, 2013-2017						
			95% Confidence Interva		95% Confidence Interva	
		2013-2017	Low	High		
Condor	Male	63%	62.0%	64.8%		
Gender	Female	50%	48.9%	51.5%		
	18-29	59%	56.7%	61.9%		
	30-39	63%	60.8%	66.0%		
	40-49	64%	61.3%	66.3%		
Age	50-59	60%	58.4%	62.4%		
	60-69	54%	51.9%	55.8%		
	70-79	42%	39.8%	44.6%		
	80+	31%	28.1%	34.2%		
Pace	White	59%	58.0%	60.0%		
Nace	American Indian	40%	36.5%	43.6%		
Ethnicity	Hispanic	44%	36.0%	52.7%		
Eunicity	Non-Hispanic	57%	56.1%	58.0%		
Heusehold	Less than \$35,000	47%	44.8%	48.5%		
Incomo	\$35,000-\$74,999	62%	60.1%	63.5%		
Income	\$75,000+	73%	71.7%	75.0%		
	Less than High School, G.E.D.	37%	33.5%	40.9%		
Education	High School, G.E.D.	50%	47.9%	51.5%		
Education	Some Post-High School	61%	59.4%	62.7%		
	College Graduate	68%	66.6%	69.5%		
	Employed for Wages	64%	62.8%	65.5%		
	Self-employed	66%	62.9%	68.1%		
Employment	Unemployed	48%	42.6%	53.4%		
Status	Homemaker	40%	36.2%	44.9%		
oluluo	Student	50%	44.2%	55.5%		
	Retired	45%	43.5%	47.0%		
	Unable to Work	27%	23.5%	30.5%		
	Married/Unmarried Couple	61%	60.2%	62.5%		
Marital Status	Divorced/Separated	52%	49.2%	54.5%		
	Widowed	35%	32.4%	37.6%		
	Never Married	54%	95% Confider       -2017     Low       3%     62.0%       3%     56.7%       3%     60.8%       4%     61.3%       9%     58.4%       4%     51.9%       2%     39.8%       1%     28.1%       9%     56.7%       3%     60.8%       4%     51.9%       2%     39.8%       1%     28.1%       9%     56.7%       3%     66.5%       4%     36.0%       7%     56.1%       7%     44.8%       2%     60.1%       3%     71.7%       7%     33.5%       9%     62.8%       9%     62.8%       9%     62.8%       9%     62.2%       9%     62.8%       9%     62.8%       9%     62.9%       3%     62.9%       3%     62.9%       9%     32.4%	56.7%		
Home Ownership	Own Home	59%	58.3%	60.4%		
Status	Rent Home	52%	50.0%	54.4%		
Children Status	Children in Household (Ages 18-44)	60%	58.4%	62.6%		
	No Children in Household (Ages 18-44)	63%	60.0%	65.4%		
Phone Status	Landline	49%	47.3%	50.1%		
	Cell Phone	62%	60.3%	62.9%		
Pregnancy Status	Pregnant (Ages 18-44)	10%	4.5%	19.5%		
	Not Pregnant (Ages 18-44)	57%	55.0%	59.8%		
	Minnehaha	58%	55.8%	60.9%		
	Pennington	57%	54.2%	59.8%		
	Lincoln	60%	55.7%	63.9%		
County	Brown	60%	56.1%	64.0%		
· · · · · · ·	Brookings	60%	55.6%	65.2%		
	Coaington	5/%	52.5%	60.8%		
		56%	52.3%	60.3%		
	Lawience	01%	57.6%	04.5%		

### **Demographics**

- **Gender** Males exhibit a significantly higher prevalence of drinking alcohol than females.
- Age Alcohol use increases with age until the 40s when it peaks. After that, it decreases as age increases with significant decreases as the 60s, 70s, and 80s are reached.
- **Race** Whites demonstrate a significantly higher prevalence of drinking alcohol than American Indians.
- **Ethnicity** Non-Hispanics show a significantly higher prevalence of drinking alcohol than Hispanics.
- **Household** Alcohol use increases as household income increases. This includes significant increases as the \$35,000-\$74,999 and \$75,000+ income groups are reached.
- **Education** Alcohol use increases as education levels increase. This includes significant increases as the high school graduate, some post-high school, and college graduate levels are reached.
- **Employment** Those who are employed for wages or self-employed demonstrate a very high prevalence of alcohol use, while those who are unable to work show a very low prevalence.
- MaritalThose who are married exhibit a very high prevalence of alcohol use, whileStatusthose who are widowed show a very low prevalence.
- HomeThose who own their home show a significantly higher prevalence of alcoholOwnershipuse than those who rent their home.
- **Children** Children in the household do not seem to affect alcohol use by the adults.
- **Phone Status** Those who use a cell phone demonstrate a significantly higher prevalence of alcohol use than those who use a landline phone.
- PregnancyFemales who are not pregnant exhibit a significantly higher prevalence of<br/>alcohol use than those who are pregnant.
- **County** There seems to be no county difference regarding alcohol use.

Status

## **BINGE DRINKING**

Definition: South Dakota males who report having five or more alcoholic drinks on one occasion or South Dakota females who have four or more alcoholic drinks on one occasion, one or more times in the past month.

### Prevalence of Binge Drinking

- o South Dakota 17%
- o Nationwide median 17%





Table 49				
South Dakotans Who Engage in Binge Drinking, 2013-2017				
			95% Confider	ice Interval
		2013-2017	Low	High
Gender	Male	24%	22.5%	24.9%
	Female	13%	11.6%	13.5%
	18-29	30%	28.1%	32.7%
	30-39	25%	22.7%	27.1%
	40-49	21%	18.7%	22.8%
Age	50-59	17%	15.1%	18.4%
	60-69	9%	7.7%	10.1%
	70-79	3%	2.4%	3.9%
	80+	1%	0.3%	1.0%
Race	White	18%	17.1%	18.7%
11000	American Indian	23%	19.8%	26.3%
Ethnicity	Hispanic	14%	8.6%	21.0%
Lunneny	Non-Hispanic	18%	95% Confiden       22.5%       11.6%       28.1%       22.7%       18.7%       15.1%       7.7%       2.4%       0.3%       17.1%       19.8%       8.6%       17.4%       16.1%       17.6%       19.9%       21.8%       17.5%       6.3%       21.9%       3.8%       7.3%       15.2%       16.8%       2.9%       21.9%       3.8%       7.3%       15.2%       16.8%       2.9%       21.9%       3.8%       7.3%       15.2%       16.8%       2.9%       21.1%       15.0%       15.0%       15.5%       15.3%       15.5%       15.3%       15.5%       15.3%       17.2%       14.3%	19.0%
Household	Less than \$35,000	18%	16.1%	19.0%
Income	\$35,000-\$74,999	19%	17.6%	20.5%
meonie	Item To       uth Dakotans Who Engage in Binge Drinki       2013-201       Male     24%       Female     13%       18-29     30%       30-39     25%       40-49     21%       50-59     17%       60-69     9%       70-79     3%       80+     1%       White     18%       American Indian     23%       Hispanic     14%       Non-Hispanic     18%       Less than \$35,000     18%       \$35,000-\$74,999     19%       \$75,00+     21%       Less than High School, G.E.D.     17%       Some Post-High School     20%       College Graduate     19%       Employed for Wages     23%       Student     26%       Married/Unmarried Couple     16%       Divorced/Separated     19%       Widowed     4%       Own Home     16%       Retired     28%       Own Home     16%       Retined <td>21%</td> <td>19.9%</td> <td>23.0%</td>	21%	19.9%	23.0%
	Less than High School, G.E.D.	15%	12.3%	17.8%
Education	High School, G.E.D.	17%	15.6%	18.4%
Education	Some Post-High School	20%	18.3%	21.0%
	College Graduate	19%	17.3%	19.9%
	Employed for Wages	23%	21.8%	24.2%
	Self-employed	20%	17.5%	22.0%
Employment Status	Unemployed	22%	17.5%	26.3%
	Homemaker	9%	6.3%	12.0%
Status	Student	26%	21.9%	31.1%
	Retired	4%	3.8%	5.2%
	Unable to Work	9%	7.3%	11.9%
	Married/Unmarried Couple	16%	15.2%	17.1%
Marital Status	Divorced/Separated	19%	16.8%	21.1%
Marital Status	Widowed	4%	2.9%	5.2%
	Never Married	28%	25.4%	29.7%
Home Ownership	Own Home	16%	15.0%	16.7%
Status	Rent Home	25%	Sector     Sector       95% Confider       017       Low       22.5%       11.6%       28.1%       22.7%       18.7%       15.1%       7.7%       2.4%       0.3%       17.1%       19.8%       8.6%       17.4%       16.1%       17.6%       19.9%       12.3%       15.6%       18.3%       17.5%       17.5%       17.5%       17.5%       17.5%       17.5%       17.5%       17.5%       17.5%       17.5%       17.5%       15.2%       16.8%       2.9%       25.4%       15.0%       21.1%       29.9%       21.4%       15.5%       15.3%       15.5%       15.3%       17.2%       14.3%  <	26.9%
Children Ctatus	Children in Household (Ages 18-44)	23%	21.1%	24.6%
Children Status	No Children in Household (Ages 18-44)	32%	29.9%	34.8%
	Landline	11%	9.9%	11.6%
Phone Status	Cell Phone	22%	21.4%	23.6%
	Pregnant (Ages 18-44)	5%	1.5%	14.5%
Pregnancy Status	Not Pregnant (Ages 18-44)	20%	18.4%	22.2%
	Minnehaha	19%	16.8%	20.9%
	Pennington	15%	13.3%	17.8%
	Lincoln	19%	15.5%	22.7%
	Brown	18%	15.3%	22.1%
County	Brookings	21%	17.2%	25.8%
	Codington	17%	14.3%	20.8%
	Meade	15%	12.7%	18.6%
	Lawrence	19%	16.0%	21.8%
<b>Demographics</b>				
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Gender	Males exhibit a significantly higher prevalence of binge drinking than females.			
Age	Binge drinking decreases as age increases with significant decreases as the 30s, 50s, 60s, 70s, and 80s are reached.			
Race	American Indians demonstrate a significantly higher prevalence of binge drinking than whites.			
Ethnicity	There seems to be no Hispanic difference regarding binge drinking.			
Household Income	Binge drinking increases as household income increases.			
Education	The prevalence of binge drinking does not seem to change as education levels change.			
Employment	Those who are employed for wages, self-employed, unemployed, or a student demonstrate a very high prevalence of binge drinking, while those who are retired show a very low prevalence.			
Marital Status	Those who have never been married exhibit a very high prevalence of binge drinking, while those who are widowed show a very low prevalence.			
Home Ownership	Those who rent their home show a significantly higher prevalence of binge drinking than those who own their home.			
Children Status	Those who have no children in the household demonstrate a significantly higher prevalence of binge drinking than those who have children.			
Phone Status	Those who use a cell phone demonstrate a significantly higher prevalence of binge drinking than those who use a landline phone.			
Pregnancy Status	Females who are not pregnant exhibit a significantly higher prevalence of binge drinking than those who are pregnant.			
County	There seems to be no differences among the available counties regarding binge drinking.			

### **HEAVY DRINKING**

Definition: South Dakota males who report having more than 2 drinks per day, or South Dakota females who report having more than 1 drink per day.

#### **Prevalence of Heavy Drinking**

- South Dakota 6%
- o Nationwide median 6%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 50 South Dakotans Who Engage in Heavy Drinking, 2013-2017				
		Г ́Т	95% Confide	nce Interval
		2013-2017	Low	High
	Male	6%	5.4%	6.8%
Gender	Female	4%	4.0%	5.0%
	18-29	7%	5.4%	7.9%
	30-39	5%	4.5%	6.8%
	40-49	6%	5.0%	7.3%
Age	50-59	7%	5.7%	8.0%
U	60-69	4%	3.5%	5.1%
	70-79	3%	2.2%	3.8%
	80+	0.4%	0.3%	0.8%
	White	5%	4.9%	5.8%
Race	American Indian	5%	4.0%	7.4%
	Hispanic	4%	2.0%	7.4%
Ethnicity	Non-Hispanic	5%	4.9%	5.8%
	Less than \$35,000	5%	4.3%	5.9%
Household Income	\$35.000-\$74.999	6%	5.3%	7.0%
	\$75.000+	6%	5.0%	6.8%
	Less than High School, G.E.D.	5%	3.8%	7.4%
	High School, G.E.D.	6%	5.3%	7.1%
Education	Some Post-High School	5%	4.6%	6.0%
	College Graduate	4%	3.6%	4.9%
	Employed for Wages	6%	5.1%	6.4%
	Self-employed	6%	5.1%	7.9%
	Unemployed	9%	5.8%	13.0%
Employment Status	Homemaker	4%	2.4%	6.2%
	Student	6%	4.2%	9.0%
	Retired	3%	2.5%	3.7%
	Unable to Work	4%	2.5%	6.0%
	Married/Unmarried Couple	4%	4.0%	5.0%
Marital Status	Divorced/Separated	7%	5.5%	8.1%
Warital Status	Widowed	3%	2.0%	4.2%
	Never Married	8%	6.4%	8.9%
Home Ownership	Own Home	5%	4.6%	5.6%
Status	Rent Home	6%	5.1%	7.3%
Children Status	Children in Household (Ages 18-44)	5%	4.1%	5.9%
Children Status	No Children in Household (Ages 18-44)	7%	6.0%	8.6%
Dhana Ctatua	Landline	4%	3.3%	4.3%
Phone Status	Cell Phone	6%	5.6%	6.8%
Dramman av Statua	Pregnant (Ages 18-44)	3%	0.6%	15.6%
Pregnancy Status	Not Pregnant (Ages 18-44)	5%	4.4%	6.3%
	Minnehaha	5%	4.3%	6.7%
	Pennington	6%	4.7%	7.5%
	Lincoln	4%	2.9%	6.2%
County	Brown	5%	3.5%	7.1%
County	Brookings	6%	4.0%	8.6%
	Codington	5%	3.1%	6.7%
	Meade	6%	4.2%	8.0%
	Lawrence	5%	3.7%	6.5%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

### **Demographics**

Gender	Males exhibit a significantly higher prevalence of heavy drinking than females.
Age	Heavy drinking does not seem to change consistently as age increases.
Race	There seems to be no racial difference regarding heavy drinking.
Ethnicity	There seems to be no Hispanic difference regarding heavy drinking.
Household Income	There seems to be no household income difference regarding heavy drinking.
Education	There seems to be no education level difference regarding heavy drinking.
Employment	Those who are employed for wages, self-employed, unemployed, or a student demonstrate a very high prevalence of heavy drinking, while those who are retired show a very low prevalence.
Marital Status	Those who are divorced or have never been married exhibit a very high prevalence of heavy drinking, while those who are married or widowed show a very low prevalence.
Home Ownership	There seems to be no difference in heavy drinking regarding home ownership status.
Children Status	Those who have no children in the household demonstrate a significantly higher prevalence of heavy drinking than those who have children.
Phone Status	Those who use a cell phone demonstrate a significantly higher prevalence of heavy drinking than those who use a landline phone.
Pregnancy Status	There seems to be no difference in heavy drinking regarding pregnancy status.
County	There seems to be no difference in heavy drinking among the available counties.

### **General Health Status**

### FAIR OR POOR HEALTH STATUS

Definition: South Dakotans who report having fair or poor health from possible response choices of "excellent", "very good", "good", "fair", or "poor".

### Prevalence of Fair or Poor Health Status

- o South Dakota 14%
- Nationwide median 18%





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 51 South Dakotans Reporting Fair or Poor Health Status, 2013-2017				
			95% Confide	ence Interval
		2013-2017	Low	High
O a mala m	Male	13%	12.2%	14.0%
Gender	Female	14%	13.2%	14.9%
	18-29	6%	5.3%	7.7%
	30-39	8%	6.8%	9.6%
	40-49	11%	9.9%	12.9%
Age	50-59	16%	14.3%	17.3%
	60-69	19%	17.4%	20.7%
	70-79	21%	19.1%	23.2%
	80+	28%	25.2%	31.1%
Pace	White	13%	12.0%	13.3%
Nace	American Indian	25%	22.2%	28.0%
Ethnicity	Hispanic	13%	8.6%	20.4%
Ethnicity	Non-Hispanic	14%	12.9%	14.2%
	Less than \$35,000	23%	21.6%	24.4%
Household Income	\$35,000-\$74,999	10%	9.1%	11.1%
	\$75,000+	5%	4.2%	5.8%
	Less than High School, G.E.D.	26%	22.7%	28.6%
Education	High School, G.E.D.	16%	14.9%	17.2%
Education	Some Post-High School	12%	11.5%	13.6%
	College Graduate	6%	5.8%	7.2%
	Employed for Wages	8%	7.3%	8.8%
	Self-employed	9%	7.3%	10.2%
	Unemployed	19%	15.4%	23.9%
Employment Status	Homemaker	14%	10.8%	17.0%
	Student	5%	3.0%	6.8%
	Retired	22%	20.4%	23.4%
	Unable to Work	61%	56.5%	64.6%
	Married/Unmarried Couple	11%	10.5%	12.0%
Marital Status	Divorced/Separated	22%	19.6%	23.6%
	Widowed	26%	23.9%	28.8%
	Never Married	11%	9.7%	12.5%
Home Ownershin Status	Own Home	12%	11.6%	12.9%
Home Ownership Otatus	Rent Home	17%	15.6%	18.5%
Children Status	Children in Household (Ages 18-44)	8%	7.2%	9.5%
	No Children in Household (Ages 18-44)	7%	6.1%	8.6%
Phone Status	Landline	16%	15.4%	17.4%
Those olatas	Cell Phone	12%	11.1%	12.6%
Pregnancy Status	Pregnant (Ages 18-44)	5%	2.0%	10.3%
r regnancy clattes	Not Pregnant (Ages 18-44)	9%	7.6%	10.2%
	Minnehaha	11%	9.7%	12.7%
	Pennington	15%	13.5%	17.3%
	Lincoln	9%	7.5%	11.5%
County	Brown	14%	11.1%	16.3%
	Brookings	11%	8.6%	15.1%
	Codington	11%	8.8%	13.1%
	Meade	14%	11.8%	17.1%
	Lawrence	12%	10.4%	14.9%

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

### **Demographics**

- **Gender** There is no significant gender difference in the prevalence of those in fair or poor health.
- Age The prevalence of fair or poor health increases as age increases. This includes significant increases when people reach their 40s, 50s, 60s, and 80s.
- **Race** American Indians exhibit a significantly higher prevalence of those in fair or poor health than do whites.
- **Ethnicity** There is no significant Hispanic difference in the prevalence of those in fair or poor health.
- **Household** The prevalence of fair or poor health decreases as household income increases. This includes significant decreases when the \$35,000-\$74,999 and \$75,000+ household incomes are reached.
- **Education** The prevalence of fair or poor health decreases as education increases. This includes significant decreases as the high school graduate, some college, and college graduate levels are reached.
- **Employment** Those who are unable to work demonstrate a very high prevalence of those in fair or poor health while those who are students show a very low prevalence.
- MaritalThose who are widowed exhibit a very high prevalence of those in fair or poorStatushealth, while those who are married or have never been married show a very<br/>low prevalence.
- HomeThose who rent their home demonstrate a significantly higher prevalence of<br/>fair or poor health than those who own their home.
- ChildrenThe prevalence of fair or poor health of adults does not seem to differ basedStatuson the presence of children in the household.
- **Phone Status** Those with a landline phone show a significantly higher prevalence of fair or poor health than those with a cell phone.
- PregnancyThe prevalence of fair or poor health does not seem to differ based on<br/>pregnancy status.
- **County** Pennington and Meade counties exhibit a very high prevalence of those in fair or poor health, while those in Minnehaha, Lincoln, and Codington counties show a very low prevalence.

### PHYSICAL HEALTH NOT GOOD

Definition: South Dakotans who reported their physical health was not good for 30 days of the past 30, including physical illness and injury.

### Prevalence of Physical Health Not Good for 30 Days of the Past 30

- o South Dakota 7%
- o There is no nationwide median for physical health not good





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 52 South Dakotans Who Reported Physical Health Not Good for 30 Days of the Past 30, 2013- 2017				
			95% Confide	ence Interval
		2013-2017	Low	High
	Male	6%	5.1%	6.3%
Gender	Female	7%	6.1%	7.3%
	18-29	2%	1.7%	3.4%
	30-39	3%	2.5%	4.6%
	40-49	5%	4.5%	6.7%
Age	50-59	7%	6.4%	8.5%
-	60-69	10%	8.4%	10.7%
	70-79	10%	8.9%	11.8%
	80+	11%	9.6%	13.2%
Base	White	6%	5.5%	6.3%
Race	American Indian	11%	8.6%	13.0%
<b>Ethnicity</b>	Hispanic	5%	2.3%	11.1%
Ethnicity	Non-Hispanic	6%	5.8%	6.6%
	Less than \$35,000	10%	9.3%	11.2%
Household Income	\$35,000-\$74,999	5%	4.1%	5.6%
	\$75,000+	3%	2.1%	3.1%
	Less than High School, G.E.D.	11%	8.9%	12.9%
Education	High School, G.E.D.	7%	6.5%	8.2%
Education	Some Post-High School	6%	5.2%	6.6%
	College Graduate	3%	2.7%	3.6%
	Employed for Wages	3%	2.6%	3.5%
	Self-employed	3%	2.5%	4.2%
	Unemployed	6%	4.5%	8.7%
Employment Status	Homemaker	8%	5.6%	11.3%
	Student	3%	1.4%	6.2%
	Retired	9%	8.5%	10.4%
	Unable to Work	39%	35.2%	43.1%
	Married/Unmarried Couple	5%	4.9%	6.0%
Marital Status	Divorced/Separated	11%	9.4%	12.4%
	Widowed	12%	10.2%	13.7%
	Never Married	4%	3.1%	4.8%
Home Ownershin Status	Own Home	6%	5.2%	6.1%
	Rent Home	8%	6.8%	9.0%
Children Status	Children in Household (Ages 18-44)	4%	2.8%	4.5%
	No Children in Household (Ages 18-44)	3%	1.9%	3.4%
Phone Status	Landline	7%	6.8%	8.2%
Those olatas	Cell Phone	5%	4.9%	6.0%
Pregnancy Status	Pregnant (Ages 18-44)	1%	0.2%	1.9%
r regnancy status	Not Pregnant (Ages 18-44)	4%	3.0%	4.8%
	Minnehaha	5%	4.1%	6.3%
	Pennington	7%	6.0%	8.7%
	Lincoln	4%	2.9%	5.4%
County	Brown	7%	5.5%	9.4%
	Brookings	4%	3.0%	6.2%
	Codington	6%	4.6%	7.8%
	Meade	8%	6.1%	9.9%
	Lawrence	7%	5.4%	8.8%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

#### **Demographics** Gender There seems to be no significant gender difference in the prevalence of poor physical health. Age The prevalence of poor physical health increases as age increases. Race American Indians exhibit a significantly higher prevalence of poor physical health than whites. Ethnicity There seems to be no significant Hispanic difference in the prevalence of poor physical health. Household The prevalence of poor physical health decreases as household income Income increases. This includes significant decreases when the \$35,000-\$74,999 and \$75.000+ household incomes are reached. Education The prevalence of poor physical health decreases as education increases. This includes significant decreases as the high school and college graduate levels are reached. Employment Those who are unable to work demonstrate a very high prevalence of poor physical health while those who are employed for wages, self-employed, and students show a very low prevalence. Marital Those who are divorced or widowed exhibit a very high prevalence of poor Status physical health, while those who have never been married show a very low prevalence. Home Those who rent their home demonstrate a significantly higher prevalence of Ownership poor physical health than those who own their home. Children The prevalence of poor physical health of the adults does not seem to change Status based on the presence of children in the household. Phone Status Those with a landline phone show a significantly higher prevalence of poor physical health than those with a cell phone. Pregnancy Those who are not pregnant demonstrate a significantly higher prevalence of Status poor physical health than those who are pregnant. County Pennington, Brown, and Meade counties exhibit a very high prevalence of poor physical health, while those in Lincoln county show a very low prevalence.

Figure 60, below, shows the average number of days all respondents stated their physical health was not good for the past 30 days. For the past seven years the average number of days has remained steady.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

### MENTAL HEALTH NOT GOOD

Definition: South Dakotans who report their mental health was not good for 20 to 30 days of the past 30, including stress, depression, and problems with emotions.

### Prevalence of Mental Health Not Good for 20-30 Days of the Past 30

- o South Dakota 6%
- o There is no nationwide median for poor mental health





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 53 South Dakotans Who Stated Mental Health Not Good for 20-30 Days of the Past 30, 2013-2017				
			95% Confide	ence Interval
		2013-2017	Low	High
Condor	Male	4%	3.8%	4.9%
Gender	Female	7%	5.9%	7.3%
	18-29	6%	5.3%	7.9%
	30-39	6%	5.0%	7.4%
	40-49	6%	5.2%	7.6%
Age	50-59	5%	4.4%	6.2%
	60-69	5%	3.9%	5.5%
	70-79	4%	2.7%	4.7%
	80+	3%	2.2%	4.8%
Baaa	White	5%	4.7%	5.6%
Race	American Indian	8%	6.3%	9.4%
Ethnicity	Hispanic	4%	1.7%	9.6%
Ethnicity	Non-Hispanic	5%	5.0%	5.9%
	Less than \$35,000	9%	8.0%	10.2%
Household Income	\$35,000-\$74,999	4%	3.4%	4.7%
	\$75,000+	2%	1.9%	3.1%
	Less than High School, G.E.D.	9%	7.1%	11.3%
	High School, G.E.D.	6%	5.1%	6.6%
Education	Some Post-High School	6%	5.0%	6.7%
	College Graduate	3%	2.5%	3.5%
	Employed for Wages	4%	3.8%	4.9%
	Self-employed	3%	2.4%	4.3%
	Unemployed	12%	9.0%	16.5%
Employment Status	Homemaker	6%	3.7%	9.2%
	Student	6%	3.8%	9.1%
	Retired	4%	2.9%	4.4%
	Unable to Work	24%	20.9%	27.7%
	Married/Unmarried Couple	4%	3.6%	4.6%
Marital Status	Divorced/Separated	9%	8.0%	11.1%
Marital Status	Widowed	6%	4.9%	8.1%
	Never Married	7%	5.5%	7.8%
Home Oumorokin Status	Own Home	4%	3.7%	4.5%
Home Ownership Status	Rent Home	8%	6.7%	8.9%
Children Status	Children in Household (Ages 18-44)	7%	5.5%	7.7%
Children Status	No Children in Household (Ages 18-44)	6%	5.0%	7.3%
	Landline	5%	4.3%	5.5%
Phone Status	Cell Phone	6%	5.2%	6.4%
	Pregnant (Ages 18-44)	7%	2.7%	16.0%
Pregnancy Status	Not Pregnant (Ages 18-44)	8%	6.6%	9.1%
	Minnehaha	5%	4.4%	6.9%
	Pennington	6%	4.8%	7.7%
	Lincoln	4%	3.1%	5.9%
	Brown	5%	3.3%	6.5%
County	Brookings	5%	3.5%	7.8%
	Codington	6%	4.1%	8.7%
	Meade	8%	6.0%	10.3%
	Lawrence	5%	4.1%	6.9%

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

### **Demographics**

- **Gender** Females exhibit a significantly higher prevalence of poor mental health than males.
- Age The prevalence of poor mental health decreases as age increases.
- **Race** American Indians exhibit a significantly higher prevalence of poor mental health than whites.
- **Ethnicity** There is no significant Hispanic difference in the prevalence of poor mental health.
- **Household Income** The prevalence of poor mental health decreases as household income increases. This includes significant decreases when the \$35,000-\$74,999 and \$75,000+ household incomes are reached.
- **Education** The prevalence of poor mental health decreases as education increases. This includes significant decreases as the high school and college graduate levels are reached.
- **Employment** Those who are unable to work demonstrate a very high prevalence of poor mental health while those who are employed for wages, self-employed, homemakers, students, or retired show a very low prevalence.
- MaritalThose who are divorced or widowed exhibit a very high prevalence of poorStatusmental health, while those who are married show a very low prevalence.
- **Home** Those who rent their home demonstrate a significantly higher prevalence of poor mental health than those who own their home.
- ChildrenThe prevalence of poor mental health of the adults does not seem to change<br/>based on the presence of children in the household.
- **Phone Status** The prevalence of poor mental health does not seem to change based on phone status.
- PregnancyThe prevalence of poor mental health does not seem to change based on<br/>pregnancy status.
- **County** Meade county exhibits a very high prevalence of poor mental health, while Lincoln county shows a very low prevalence.

Figure 62, below, shows the average number of days all respondents stated their mental health was not good for the past 30 days. For the past six years the average number of days has been steady.



Figure 62 Average Number of Days Respondents' Mental Health Was Not Good in the Past 30 Days, 2011-2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

### MENTAL HEALTH TREATMENT

Definition: South Dakotans who are currently taking medicine or receiving treatment from a doctor or other health professional for any type of mental health condition or emotional problem.

#### Prevalence of Mental Health Treatment

- o South Dakota 12%
- o There is no nationwide median for mental health treatment



Figure 63 Percentage of South Dakotans Who Are Taking Medicine or Receiving Treatment for Mental Health or Emotional Problems, 2016-2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

Table 54				
South Dakotans Who Are Taking Medicine or Receiving Treatment for Mental Health or				
Emotional Problems, 2016-2017				
			95% Confidence Interval	
		2016-2017	Low	High
	Male	8%	6.6%	9.0%
Gender	Female	16%	14.6%	18.0%
	18-20	13%	0.7%	16.0%
	30-39	11%	8.5%	13.5%
	40-49	16%	13.4%	19.8%
Age	50-59	14%	11.6%	16.7%
	60-69	13%	11.3%	15.5%
	70-79	7%	5.6%	9.0%
	80+	3%	1.6%	4.8%
	White	1.3%	11.4%	13.7%
Race	American Indian	11%	7.9%	14.2%
	Hispanic	6%	2.8%	12.2%
Ethnicity	Non-Hispanic	12%	11 1%	13.2%
	Less than \$35,000	12%	1/ 0%	10.2%
Household Income	\$35,000-\$71,999	10%	8.8%	12.0%
nousenoid income	\$75,000-\$7,535 \$75,000-\$	9%	7.5%	11.0%
	Loss than High School C E D	976	6.6%	12.4%
	High School C E D	9 /0 1 20/	0.0 %	12.9%
Education	Some Post-High School	12%	11 5%	15.0%
	College Graduate	12%	10.2%	13.4%
	Employed for Wages	12/0	0.0%	12.0%
	Self-employed	6%	9.9%	7 7%
		10%	4.076	28.0%
Employment Status	Homemaker	11%	7.4%	16.1%
	Student	15%	8.2%	26.1%
	Retired	8%	6.9%	9.7%
	Unable to Work	45%	38.1%	51.9%
	Married/Unmarried Couple	11%	9.4%	11.0%
	Divorced/Separated	20%	17.0%	24.0%
Marital Status	Widowed	12%	9.0%	15.3%
	Never Married	12%	9.4%	14.9%
	Own Home	11%	9.5%	11.8%
Home Ownership Status	Rent Home	16%	13.7%	19.4%
	Children in Household (Ages 18-14)	10%	8 /0/	12.5%
Children Status	No Children in Household (Ages 18-14)	15%	11 7%	18.6%
		10%	0.1%	12.0%
Phone Status		13%	11 3%	14.0%
	Brognont (Agos 19, 44)	*	*	14.076
Pregnancy Status	Not Prograph (Ages 18-44)	170/	1/ 10/	20.7%
	Not Fleghant (Ages 10-44)	1//0	14.1 /0	20.7 /0
	Reprington	14%	11.4%	10.0%
		10%	11.9%	10.∠%
		*	*	т 
County	BLOWU		*	*
	Brookings	*	*	*
	Codington	*	*	*
	Meade	*	*	*
	Lawrence	13%	9.6%	18.4%

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

# Demographics

- **Gender** Females exhibit a significantly higher prevalence of seeking professional help for mental health issues than males.
- Age There seems to be no difference in the prevalence of seeking professional help for mental health issues as age changes.
- **Race** There seems to be no racial difference in the prevalence of seeking professional help for mental health issues.
- **Ethnicity** The prevalence of seeking professional help for mental health issues does not seem to change based on ethnicity.
- **Household** The prevalence of seeking help for mental health issues decreases as household income increases. This includes a significant decrease as the \$35,000-\$74,999 income group is reached.
- **Education** There seems to be no difference in the prevalence of seeking help for mental health issues regarding education level.
- **Employment** Those who are unable to work exhibit very high prevalence of seeking help for mental health issues, while those who are self-employed, a homemaker, or retired show a very low prevalence.
- MaritalThose who are divorced demonstrate a significantly higher prevalence of<br/>seeking help for mental health issues than all other types of marital status.
- HomeThose who rent their home demonstrate a significantly higher prevalence of<br/>seeking help for mental health issues than those who own their home.
- ChildrenThere seems to be no difference in the prevalence of seeking help for mental<br/>health issues regarding the presence of children in the household.
- **Phone Status** There seems to be no difference in the prevalence of seeking help for mental health issues regarding phone status.
- **County** There seems to be no difference in the prevalence of seeking help for mental health issues among the three counties with sufficient sample size.

### **USUAL ACTIVITIES UNATTAINABLE**

Definition: South Dakotans who report poor physical or mental health kept them from doing their usual activities for 10 to 30 days of the past 30 days, such as self-care, work, or recreation.

### Prevalence of Usual Activities Unattainable for 10-30 Days of the Past 30

- o South Dakota 8%
- o There is no national median for usual activities unattainable for 10-30 days of the past 30



Figure 64 Percentage of South Dakotans Reporting Usual Activities Unattainable for 10-30 Days of the Past 30, 2011-2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 55 South Dakotans Who Stated Usual Activities Unattainable Due to Poor Physical or Mental Health for 10-30 Days of the Past 30, 2013-2017				
		95% Confidence Interval		ence Interval
		2013-2017	Low	High
_ ·	Male	6%	5.3%	6.6%
Gender	Female	8%	7.1%	8.4%
	18-29	4%	3.0%	5.0%
	30-39	5%	3.9%	6.2%
	40-49	6%	5.4%	7.7%
Age	50-59	9%	7.8%	10.1%
	60-69	10%	9.0%	11.5%
	70-79	8%	6.7%	9.2%
	80+	7%	5.9%	8.6%
_	White	6%	5.9%	6.8%
Race	American Indian	12%	10.0%	14.5%
	Hispanic	8%	4 1%	14.2%
Ethnicity	Non-Hispanic	7%	6.3%	7.2%
	Less than \$35,000	12%	10.6%	12.7%
Housebold Income	\$35,000-\$74,999	5%	4 4%	5.9%
	\$75,000+	3%	2.4%	3.5%
	Less than High School G E D	11%	0.1%	13.2%
	High School G E D	8%	9.1% 7.0%	8.8%
Education	Some Post-High School	7%	5.0%	7.3%
	College Graduate	1 /0	3.5%	1.5%
	Employed for Wages	+ /0 20/	3.0%	4.0%
	Self-employed	<u> </u>	2 7%	4.0%
		4 /0	8.0%	4.0 %
Employment Status	Homemaker	6%	4 1%	8.8%
	Student	5%	3.0%	9.0%
	Retired	8%	7.1%	8.9%
	Unable to Work	47%	43.3%	51.3%
	Married/Upmarried Couple	6%	5 3%	6.4%
	Divorced/Separated	12%	10.7%	13.0%
Marital Status	Widowed	9%	7.7%	10.9%
	Never Married	6%	4.6%	6.7%
	Own Home	6%	5.5%	6.1%
Home Ownership Status	Pent Home	0%	7.5%	0.4 %
	Children in Household (Area 19, 44)	570	1.3%	9.076
Children Status	No Children in Household (Ages 18-44)	5% //	4.2%	0.1% 5.0%
	Londling	4 /0	5.2 /o	9.40/
Phone Status		8% 6%	0.9% 5.9%	0.4% 7.00/
		0%	0.0%	7.0%
Pregnancy Status	Pregnant (Ages 18-44)	4%	1.0%	14.6%
	Not Pregnant (Ages 18-44)	6% 0%	4.6%	0.0%
	Iviinnenana Depariestes	6%	5.2%	1.1%
		8%	6.9%	9.6%
	LINCOIN	4%	3.0%	5.7%
County	Brown	1%	4.9%	9.2%
-	Brookings	۵% ۲۷	4.0%	8.0%
	Loaington	5%	3.1%	0.5%
		8%	6.6%	10.6%
	Lawrence	8%	6.1%	9.8%

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Note:\*Results based on small sample sizes have been suppressed.Source:The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Demographics	
Gender	Females exhibit a significantly higher prevalence of poor health keeping them from usual activities than males.
Age	The prevalence of poor health keeping them from usual activities peaks in the 60s.
Race	American Indians exhibit a significantly higher prevalence of poor health keeping them from usual activities than whites.
Ethnicity	There is no significant Hispanic difference in the prevalence of poor health keeping them from usual activities.
Household Income	The prevalence of poor health keeping them from usual activities decreases as household income increases. This includes significant decreases when the \$35,000-\$74,999 and \$75,000+ household income is reached.
Education	The prevalence of poor health keeping them from usual activities decreases as education increases. This includes significant decreases as the high school and college graduate levels are reached.
Employment	Those who are unable to work demonstrate a very high prevalence of poor health keeping them from usual activities, while those who are employed for wages, self-employed, or students show a very low prevalence.
Marital Status	Those who are divorced or widowed exhibit a very high prevalence of poor health keeping them from usual activities, while those who are married or have never been married show a very low prevalence.
Home Ownership	Those who rent their home demonstrate a significantly higher prevalence of poor health keeping them from usual activities than those who own their home.
Children Status	The prevalence of poor health keeping adults from usual activities does not seem to change based on the presence of children in the household.
Phone Status	The prevalence of poor health keeping them from usual activities does not seem to change based on phone status.
Pregnancy Status	The prevalence of poor health keeping them from usual activities does not seem to change based on pregnancy status.
County	Residents of Pennington, Meade, and Lawrence counties exhibit a very high prevalence of poor health keeping them from usual activities, while residents of Lincoln and Codington counties show a very low prevalence.

### Children's Oral Health

Definition: South Dakota children, ages 1-17, who have visited a dentist or dental clinic for any reason within the past year.

### Prevalence of Children's Oral Health

- o South Dakota 88%
- o There is no nationwide median for children's oral health





Note: These questions were not asked in 2012, 2014, or 2016.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

South Dakota Children, Ages 1-17, Who Have Visited a Dentist or a Dental Clinic for Any Reason Within the Past Year, 2013-2017				
			95% Confide	ence Interval
		2013-2017	Low	High
Condor	Male	87%	83.9%	88.9%
Gender	Female	88%	85.3%	90.1%
	1-6	75%	70.8%	78.7%
Age	7-12	95%	92.7%	96.5%
-	13-17	92%	88.9%	94.1%
Dees	White	87%	84.6%	88.7%
Race	American Indian	89%	85.5%	91.4%
Ethnicity	Hispanic	78%	64.2%	87.4%
Ethnicity	Non-Hispanic	88%	86.3%	89.6%
	Less than \$35,000	85%	80.6%	88.3%
Household Income	\$35,000-\$74,999	85%	81.3%	88.2%
	\$75,000+	92%	90.1%	94.1%
Home Ownership	Own Home	89%	87.2%	90.9%
Status	Rent Home	80%	74.9%	84.5%
Dhana Statua	Landline	91%	88.0%	92.8%
Filone Status	Cell Phone	85%	82.1%	87.0%
	Minnehaha	85%	79.4%	89.5%
	Pennington	82%	73.2%	88.7%
	Lincoln	84%	67.4%	92.7%
County	Brown	83%	71.8%	89.9%
County	Brookings	82%	68.3%	91.1%
	Codington	*	*	*
	Meade	85%	62.8%	94.7%
	Lawrence	*	*	*

Note: \*Results based on small sample sizes have been suppressed. This question was not asked in 2012, 2014, or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

<u>Demographics</u> Gender	There seems to be no gender difference regarding oral health visits for children.
Age	The prevalence of children visiting the dentist regularly seems to peak with those from 7-12 years of age.
Race	The prevalence of children visiting the dentist regularly does not seem to differ based on race.
Ethnicity	The prevalence of children visiting the dentist regularly does not seem to differ based on ethnicity.
Household Income	The prevalence of children visiting the dentist regularly demonstrates a significant increase as the \$75,000+ income group is reached.
Home Ownership	Those who own their home exhibit a significantly higher prevalence of taking their children to the dentist regularly than those who rent their homes.
Phone Status	Those who use a landline phone show a significantly higher prevalence of taking their children to the dentist regularly than those who use a cell phone.
County	The prevalence of children going to the dentist regularly does not seem to change among the six counties with available data.

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Figure 66, below, shows the length of time since South Dakota children, ages 1 to 17 years old, had been to a dentist or a dental clinic. Most children from 2011-2017 had been to a dentist or dental clinic within the past year.

Figure 66 Length of Time Since Child Visited the Dentist or Dental Clinic, 2011-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 67, below, displays the length of time since the child visited the dentist or dental clinic by age. When looking at the 1 to 4 year old age group, 34 percent have never been to the dentist compared to the three other age groups who all had fewer than three percent who had never seen a dentist.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

The main reason why South Dakota children ages 1 to 17 had not visited the dentist within the past year was because they had no reason to go, i.e. no problems, no teeth, as shown below in Table 57. Eight percent stated that cost was the main reason the child had not been to the dentist within the past year.

Table 57 Main Reason Child Has Not Visited Dentist in the Last Year, 2011-2017			
Number of Respondents 796			
No reasons to go (no problems, no teeth)	62%		
Cost	8%		
Have not thought of it	4%		
Other priorities	4%		
Cannot get to the office/clinic	3%		
Do not have/know a dentist	3%		
Fear, apprehension, nervousness, pain, dislike going 2%			
Other	13%		

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 68, below, displays the majority of South Dakotans who stated that they have some kind of insurance that pays for some or all of their child's routine dental care. The majority in all years stated they have insurance coverage that pays for some or all of their child's routine dental care.

Figure 68 South Dakotans Who Have Any Kind of Insurance Coverage That Pays for Some or All of This Child's Routine Dental Care, 2011-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 69, below, displays the percentage of South Dakota children who had a toothache more than once when biting or chewing in the last six months. For all years, less than ten percent of children had a toothache more than once when biting or chewing in the last six months.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 70, below, displays the percentage of children who missed school one or more times in the past 12 months because of problems with their teeth or mouth. Fewer than seven percent for all years stated that the child missed school because of problems with their teeth or mouth.





Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 71, below, displays the percentage of children who visited a hospital emergency room one or more times during the past 12 months because of problems with their teeth or mouth. Fewer than three percent for all years stated that the child did not visit a hospital emergency room because of problems with their teeth or mouth.







## HIV/AIDS

Definition: South Dakotans, ages 18-64, that report they have had an HIV test.

### **Prevalence of HIV Test**

- o South Dakota 27%
- o Nationwide median 36%



Figure 72 Percentage of South Dakotans, Ages 18-64, Who Have Been Tested for HIV, 2011-2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 58 South Dakotans, Ages 18-64, Who Have Been Tested for HIV, 2013-2017				
			95% Confidence Interval	
		2013-2017	Low	High
	Male	24%	22.3%	24.8%
Gender	Female	27%	25.5%	28.0%
	18-29	31%	28.5%	33.4%
	30-39	41%	38.1%	43.3%
	40-49	36%	33.2%	38.4%
Age	50-59	22%	20.3%	23.8%
	60-69	14%	12.4%	15.1%
	70-79	6%	5.3%	7.5%
	80+	3%	1.9%	4.2%
Base	White	22%	21.1%	22.9%
Race	American Indian	51%	47.8%	55.1%
Ethnicity	Hispanic	37%	29.7%	45.8%
Ethnicity	Non-Hispanic	25%	23.9%	25.7%
	Less than \$35,000	30%	28.4%	32.0%
Household Income	\$35,000-\$74,999	25%	23.2%	26.3%
	\$75,000+	24%	22.3%	25.7%
	Less than High School, G.E.D.	24%	20.5%	27.2%
Education	High School, G.E.D.	22%	20.3%	23.4%
Education	Some Post-High School	27%	25.5%	28.7%
	College Graduate	27%	25.8%	28.8%
	Employed for Wages	29%	27.8%	30.4%
	Self-employed	20%	18.2%	22.7%
	Unemployed	43%	37.4%	48.3%
Employment Status	Homemaker	33%	28.4%	38.2%
	Student	20%	16.4%	25.0%
	Retired	8%	7.1%	9.0%
	Unable to Work	41%	36.4%	44.8%
	Married/Unmarried Couple	23%	21.9%	24.1%
Marital Status	Divorced/Separated	38%	35.6%	41.1%
	Widowed	8%	6.6%	9.7%
	Never Married	30%	27.4%	31.9%
Home Ownership	Own Home	21%	20.2%	22.1%
Status	Rent Home	37%	34.7%	39.1%
Children Status	Children in Household (Ages 18-44)	39%	37.4%	41.6%
	No Children in Household (Ages 18-44)	30%	28.0%	33.0%
Phone Status	Landline	17%	16.1%	18.3%
	Cell Phone	30%	28.8%	31.2%
Pregnancy Status	Pregnant (Ages 18-44)	68%	57.3%	76.7%
Trognancy Otatao	Not Pregnant (Ages 18-44)	42%	39.1%	44.0%
	Minnehaha	29%	26.4%	31.3%
	Pennington	32%	28.9%	34.5%
	Lincoln	21%	17.7%	25.1%
County	Brown	20%	16.4%	23.7%
	Brookings	16%	12.3%	19.8%
	Codington	21%	17.7%	25.5%
	Meade	24%	21.0%	28.2%
	Lawrence	22%	19.5%	25.2%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

### **Demographics**

- **Gender** Females exhibit a significantly higher prevalence of HIV testing than males.
- Age HIV testing peaks with those in their 30s and then decreases as age increases with significant decreases as the 50s, 60s, 70s, and 80s are reached.
- **Race** American Indians exhibit a significantly higher prevalence of HIV testing than do whites.
- **Ethnicity** Hispanics demonstrate a significantly higher prevalence of HIV testing than do non-Hispanics.
- **Household** The prevalence of HIV testing decreases as household income increases with a significant decrease as the \$35,000-\$74,999 income group is reached.
- **Education** There seems to be no difference in the prevalence of HIV testing regarding changing education levels.
- **Employment** Those who are unemployed, a homemaker, or unable to work demonstrate a very high prevalence of HIV testing, while those who are retired show a very low prevalence.
- MaritalThose who are divorced exhibit a very high prevalence of HIV testing, whileStatusthose who are widowed show a very low prevalence.
- HomeThose who rent their home demonstrate a significantly higher prevalence ofOwnershipHIV testing than those who own their home.
- ChildrenThose who have children in the household demonstrate a significantly higherStatusprevalence of HIV testing than those who do not have children.
- **Phone Status** Those who use a cell phone demonstrate a significantly higher prevalence of HIV testing than those who use a landline.
- PregnancyThose who are pregnant exhibit a significantly higher prevalence of HIVStatustesting than those who are not pregnant.
- **County** Minnehaha and Pennington counties exhibit a very high prevalence of HIV testing, while Lincoln, Brown, Brookings, Codington, and Lawrence counties all show a very low prevalence.

### **Advance Directive**

Definition: South Dakotans that report they have an advance directive which is a document that states what kind of health care treatment you would want to receive, or not want to receive, if you could not speak for yourself.

#### **Prevalence of Advance Directive**

- o South Dakota 32%
- o There was no nationwide median for having an advance directive

Figure 73 Percent of South Dakotans Who Have an Advance Directive, 2015-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2015-2017

Table 59 South Dakotans Who Have an Advance Directive, 2015-2017				
		·	95% Confide	ence Interval
		2015-2017	Low	High
Condor	Male	30%	27.6%	31.7%
Gender	Female	34%	31.8%	35.6%
	18-29	9%	6.8%	12.0%
	30-39	22%	18.5%	25.5%
	40-49	29%	24.9%	32.9%
Age	50-59	30%	27.3%	33.5%
	60-69	43%	39.8%	45.9%
	70-79	59%	54.7%	62.6%
	80+	65%	60.1%	70.3%
Pace	White	33%	32.0%	35.0%
касе	American Indian	20%	15.2%	26.1%
Ethnioity	Hispanic	19%	11.2%	31.1%
Ethnicity	Non-Hispanic	32%	30.4%	33.3%
	Less than \$25,000	29%	26.2%	31.4%
Household Income	\$25,000-\$74,999	31%	28.9%	34.0%
	\$75,000+	35%	32.7%	38.2%
	Less than High School, G.E.D.	23%	18.2%	29.3%
Education	High School, G.E.D.	31%	28.4%	33.5%
Education	Some Post-High School	31%	28.7%	33.6%
	College Graduate	37%	34.5%	39.2%
	Employed for Wages	24%	22.4%	26.3%
	Self-employed	33%	29.2%	37.7%
	Unemployed	15%	10.5%	21.5%
Employment Status	Homemaker	33%	26.9%	40.6%
	Student	7%	3.7%	11.2%
	Retired	59%	55.7%	61.3%
	Unable to Work	35%	28.4%	41.6%
	Married/Unmarried Couple	35%	33.2%	36.8%
Marital Status	Divorced/Separated	30%	26.0%	33.9%
	Widowed	58%	53.9%	63.0%
	Never Married	14%	11.3%	16.6%
Home Ownership	Own Home	36%	34.2%	37.5%
Status	Rent Home	22%	19.3%	25.2%
Children Status	Children in Household (Ages 18-44)	20%	17.3%	22.9%
	No Children in Household (Ages 18-44)	14%	10.7%	17.0%
Phone Status	Landline	39%	36.7%	41.2%
	Cell Phone	28%	26.0%	29.6%
Pregnancy Status	Pregnant (Ages 18-44)	*	*	*
	Not Pregnant (Ages 18-44)	18%	14.9%	20.9%
	Minnehaha	31%	27.1%	34.4%
	Pennington	38%	34.0%	41.9%
	Lincoln	36%	30.4%	41.8%
County	Brown	33%	28.2%	38.4%
	Brookings	22%	17.4%	26.5%
	Coaington	31%	25.5%	36.7%
		32%	27.0%	37.1%
	Lawrence	33%	27.5%	38.3%

 Note:
 \*Results based on small sample sizes have been suppressed.

 Source:
 The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2015-2017

### **Demographics**

Gender	Females exhibit a significantly higher prevalence of having an advance directive in place than males.
Age	Having an advance directive in place increases as age increases. This includes significant increases as the 30s, 60s, and 70s are reached.
Race	Whites demonstrate a significantly higher prevalence of having an advance directive in place than American Indians.
Ethnicity	The prevalence of having an advance directive in place does not seem to differ based on ethnicity.
Household Income	The prevalence of having an advance directive in place increases as household income increases.
Education	The prevalence of having an advance directive in place generally increases as education levels increase. This includes a significant increase as the college graduate level is reached.
Employment	Those who are retired demonstrate a very high prevalence of having an advance directive in place, while those who are unemployed or a student show a very low prevalence.
Marital Status	Those who are widowed exhibit a very high prevalence of having an advance directive in place, while those who have never been married show a very low prevalence.
Home Ownership	Those who own their home show a significantly higher prevalence of having an advance directive in place than those who rent their home.
Children Status	Those with children in the household exhibit a significantly higher prevalence of having an advance directive in place than those with no children.
Phone Status	Those who use a landline phone demonstrate a significantly higher prevalence of having an advance directive in place than those who have a cell phone only.
County	Residents of Minnehaha, Pennington, Lincoln, Brown, Meade, and Lawrence counties all show a very high prevalence of having an advance directive in place, while residents of Brookings county show a very low prevalence.

## Adverse Childhood Experiences

### ONE OR MORE ADVERSE CHILDHOOD EXPERIENCES

Definition: South Dakotans that report they have had one or more adverse childhood experiences such as: lived with anyone who was depressed, mentally ill, or suicidal, lived with anyone who was a problem drinker or an alcoholic.

### Prevalence of One or More Adverse Childhood Experiences

- o South Dakota 46%
- There was no nationwide median for having adverse childhood experiences

Table 60 South Dakotans Who Had One or More Adverse Childhood Experiences, 2017				
			95% Confidence Interval	
		2017	Low	High
Conder	Male	46%	42.4%	49.2%
Gender	Female	45%	42.2%	48.6%
	18-29	48%	41.9%	54.6%
	30-39	51%	44.5%	57.3%
	40-49	49%	42.9%	55.8%
Age	50-59	49%	43.8%	54.0%
-	60-69	43%	38.3%	47.2%
	70-79	34%	29.1%	38.9%
	80+	29%	20.8%	38.7%
_	White	45%	42.6%	47.5%
Race	American Indian	59%	50.9%	65.7%
	Hispanic	*	*	*
Ethnicity	Non-Hispanic	46%	43.2%	47.9%
	Less than \$25,000	49%	44.3%	53.5%
Household	\$25,000-\$74,999	46%	41.9%	50.3%
Income	\$75,000+	44%	39.7%	48.6%
	Less than High School, G.E.D.	52%	41.6%	61.5%
Education	High School, G.E.D.	47%	43.0%	51.6%
Education	Some Post-High School	47%	42.9%	51.0%
	College Graduate	40%	36.1%	43.2%
	Employed for Wages	48%	44.7%	51.6%
	Self-employed	38%	31.4%	44.1%
<b>F</b> armely and	Unemployed	63%	50.4%	74.2%
Employment	Homemaker	56%	45.2%	66.9%
Status	Student	47%	34.2%	60.3%
	Retired	36%	32.0%	40.0%
	Unable to Work	57%	47.7%	66.2%
	Married/Unmarried Couple	43%	40.0%	45.9%
Marital Clature	Divorced/Separated	54%	48.0%	60.1%
Marital Status	Widowed	39%	32.9%	46.3%
	Never Married	50%	44.0%	55.5%
Home Ownership	Own Home	44%	41.4%	46.7%
Status	Rent Home	49%	44.0%	54.7%
Obiliates Otation	Children in Household (Ages 18-44)	50%	45.0%	56.0%
Children Status	No Children in Household (Ages 18-44)	49%	43.2%	55.6%
Phone Status	Landline	42%	38.3%	45.6%
	Cell Phone	47%	43.9%	49.7%

Table 60 (continued)South Dakotans Who Had One or More Adverse Childhood Experiences, 2017				
		2017	95% Confidence Interval	
			Low	High
Pregnancy Status	Pregnant (Ages 18-44)	*	*	*
	Not Pregnant (Ages 18-44)	50%	43.8%	55.9%
County	Minnehaha	47%	41.1%	53.5%
	Pennington	50%	43.4%	55.9%
	Lincoln	*	*	*
	Brown	*	*	*
	Brookings	*	*	*
	Codington	*	*	*
	Meade	*	*	*
	Lawrence	*	*	*

Note: \*Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

#### **Demographics**

- **Gender** The prevalence of having faced at least one adverse childhood experience does not seem to be affected by gender.
- Age The prevalence of having faced at least one adverse childhood experience generally decreases as adult age increases.
- **Race** American Indians demonstrate a significantly higher prevalence of having faced at least one adverse childhood experience than whites.
- **Household** The prevalence of having faced at least one adverse childhood experience decreases as adult household income increases.
- **Education** The prevalence of having faced at least one adverse childhood experience generally decreases as education levels increase.
- **Employment** Those who are employed for wages, unemployed, a homemaker, or unable to work demonstrate a very high prevalence of having faced at least one adverse childhood experience, while those who are self-employed or retired show a very low prevalence.
- MaritalThose who are divorced exhibit a very high prevalence of having faced at<br/>least one adverse childhood experience, while those who are married or<br/>widowed show a very low prevalence.
- HomeHome ownership status does not seem to differ by having faced at least oneOwnershipadverse childhood experience.
- ChildrenThe prevalence of having faced at least one adverse childhood experienceStatusdoes not seem to differ based on the presence of children in the household.
- **Phone Status** The prevalence of having faced at least one adverse childhood experience does not seem to differ based on phone status.

## **County** There seems to be no difference between Minnehaha and Pennington county residents regarding having faced at least one adverse childhood experience.

### FIVE OR MORE ADVERSE CHILDHOOD EXPERIENCES

Definition: South Dakotans that report they have had five or more adverse childhood experiences such as: lived with anyone who was depressed, mentally ill, or suicidal, lived with anyone who was a problem drinker or an alcoholic.

### Prevalence of Five or More Adverse Childhood Experiences

• South Dakota 5%

• There was no nationwide median for having adverse childhood experiences

Table 61 South Dakotans Who Had Five or More Adverse Childhood Experiences, 2017						
		95% Cor		fidence Interval		
		2017	Low	Hiah		
	Male	5%	3.9%	7.0%		
Gender	Female	9%	7.5%	11.2%		
	18-29	10%	6.6%	13.7%		
	30-39	9%	6.3%	13.1%		
	40-49	8%	5.4%	11.2%		
Age	50-59	8%	5.5%	11.6%		
- 5-	60-69	6%	4.0%	8.1%		
	70-79	2%	1.1%	3.8%		
	80+	2%	0.5%	7.6%		
	White	6%	5.1%	7.7%		
Race	American Indian	17%	12.3%	23.6%		
<b>_</b>	Hispanic	*	*	*		
Ethnicity	Non-Hispanic	7%	5.8%	8.2%		
	Less than \$25.000	11%	8.9%	14.7%		
Household	\$25,000-\$74,999	6%	4.5%	8.1%		
Income	\$75.000+	4%	2.8%	6.5%		
	Less than High School, G.E.D.	8%	5.0%	13.9%		
<b>_</b>	High School, G.E.D.	7%	5.6%	10.0%		
Education	Some Post-High School	8%	6.2%	11.0%		
	College Graduate	5%	3.7%	6.7%		
	Employed for Wages	8%	6.6%	10.4%		
	Self-employed	4%	2.1%	7.1%		
<b>F</b>	Unemployed	16%	8.2%	27.6%		
Employment	Homemaker	3%	1.5%	7.7%		
Status	Student	8%	4.4%	14.2%		
	Retired	3%	1.6%	4.1%		
	Unable to Work	20%	13.5%	28.4%		
	Married/Unmarried Couple	6%	4.8%	7.8%		
Marital Status	Divorced/Separated	11%	7.4%	14.9%		
Marilar Status	Widowed	5%	2.9%	9.8%		
	Never Married	9%	6.4%	12.0%		
Home Ownership	Own Home	7%	5.4%	8.2%		
Status	Rent Home	8%	6.1%	11.3%		
	Children in Household (Ages 18-44)	9%	6.7%	12.9%		
Children Status	No Children in Household (Ages 18-44)	9%	6.3%	12.7%		
	Landline	5%	4.1%	6.8%		
Phone Status	Cell Phone	8%	6.5%	9.5%		
	Pregnant (Ages 18-44)	*	*	*		
Pregnancy Status	Not Pregnant (Ages 18-44)	12%	8.9%	16.1%		
Table 61 (continued)           South Dakotans Who Had Five or More Adverse Childhood Experiences, 2017						
--	-----------------------	------	------	-------	--	--
	95% Confidence Interv					
		2017	Low	High		
County	Minnehaha	6%	3.9%	10.0%		
	Pennington	10%	6.4%	14.2%		
	Lincoln	*	*	*		
	Brown	*	*	*		
	Brookings	*	*	*		
	Codington	*	*	*		
	Meade	*	*	*		
	Lawrence	*	*	*		

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

#### **Demographics**

Gender	Females exhibit a significantly higher prevalence of having faced at least five adverse childhood experiences than males.
Age	The prevalence of having faced at least five adverse childhood experiences decreases as adult age increases. This includes a significant decrease for those in their 70s.
Race	American Indians demonstrate a significantly higher prevalence of having faced at least five adverse childhood experiences than whites.
Household Income	The prevalence of having faced at least five adverse childhood experiences decreases as adult household income increases. This includes a significant decrease as the \$35,000-\$74,999 income group is reached.
Education	The prevalence of having faced at least five adverse childhood experiences does not seem to change as adult education levels change.
Employment	Those who are unemployed, a student, or unable to work demonstrate a very high prevalence of having faced at least five adverse childhood experiences, while those who are self-employed, a homemaker, or retired show a very low prevalence.
Marital Status	The prevalence of having faced at least five adverse childhood experiences does not seem to differ based on adult marital status.
Home Ownership	The prevalence of having faced at least five adverse childhood experiences does not seem to differ based on adult home ownership status.
Children Status	The prevalence of having faced at least five adverse childhood experiences does not seem to differ based on the presence of children in the household.
Phone Status	The prevalence of having faced at least five adverse childhood experiences does not seem to differ based on phone status.
County	There seems to be no difference between Minnehaha and Pennington county residents regarding having faced at least five adverse childhood experiences.

## Hearing Difficulty

Definition: South Dakotans that answered yes to the question: "Are you deaf or do you have serious difficulty hearing?"

#### **Prevalence of Hearing Difficulty**

- o South Dakota 8%
- o Nationwide median 7%



Figure 74 Percentage of South Dakotans Who are Deaf or Have Serious Difficulty Hearing, 2016-2017

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

Table 62 South Dakotans Who Are Deaf or Have Serious Difficulty Hearing, 2016-2017				
			95% Confide	ence Interval
		2016-2017	Low	Hiah
	Male	10%	9.2%	11.8%
Gender	Female	5%	4.4%	6.0%
	18-29	3%	1.5%	4.6%
	30-39	3%	1.7%	4.1%
	40-49	5%	3.2%	6.7%
Age	50-59	7%	5.3%	8.7%
	60-69	10%	8.0%	11.6%
	70-79	19%	15.3%	22.4%
	80+	30%	25.2%	35.3%
Race	White	8%	6.9%	8.6%
Nace	American Indian	10%	7.9%	13.7%
Ethnicity	Hispanic	7%	2.4%	16.9%
Lunnerty	Non-Hispanic	8%	7.1%	8.6%
Household	Less than \$35,000	10%	8.3%	11.6%
Income	\$35,000-\$74,999	7%	6.0%	8.6%
Income	\$75,000+	5%	3.8%	6.0%
	Less than High School, G.E.D.	12%	8.3%	16.2%
Education	High School, G.E.D.	9%	8.1%	11.1%
Luucation	Some Post-High School	7%	5.8%	8.2%
	College Graduate	5%	4.4%	6.4%
	Employed for Wages	4%	3.5%	5.3%
	Self-employed	6%	4.2%	7.8%
Employment	Unemployed	5%	2.7%	10.0%
Status	Homemaker	7%	4.0%	10.8%
	Student	1%	0.1%	2.7%
	Retired	19%	16.8%	21.7%
		17%	12.6%	22.0%
	Narried/Unmarried Couple	<u> </u>	6.5%	8.5%
Marital Status	Divorced/Separated	9%	1.2%	12.1%
	Never Married	22%	10.4%	20.0%
Hama Ownershin		3%	2.4%	4.0%
Status	Dont Home	9% 6%	7.0%	9.5%
Status	Children in Household (Ages 19, 44)	0 /0	4.9%	1.1/0
Children Status	No Children in Household (Ages 18-44)	3% 2%	1.0%	4.4%
	Londling	2 /0	10.49/	4.0 /8
Phone Status		6%	5.5%	7 2%
	$\frac{1}{2} \frac{1}{2} \frac{1}$	*	*	*
Pregnancy Status	Not Pregnant (Ages 18-14)	2%	0.9%	3.1%
	Minnehaba	£70	0.376	7.8%
	Pennington	10%	4.4 /0	13.1%
		*	*	*
	Brown	*	*	*
County	Brookings	*	*	*
	Codinaton	*	*	*
	Meade	*	*	*
	Lawrence	6%	4.6%	8.7%

Note: \*Results based on small sample sizes have been suppressed. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

<b>Demographics</b>								
Gender	Males exhibit a significantly higher prevalence of hearing difficulty than females.							
Age	The prevalence of hearing difficulty increases as age increases. This includes significant increases when people reach their 70s, and 80s.							
Race	There seems to be no racial difference regarding hearing difficulty.							
Ethnicity	There seems to be no Hispanic difference regarding hearing difficulty.							
Household Income	The prevalence of hearing difficulty decreases as household income increases.							
Education	The prevalence of hearing difficulty decreases as education increases.							
Employment	Those who are retired or unable to work demonstrate a very high prevalence of hearing difficulty while those who are unemployed or a student show a very low prevalence.							
Marital Status	Those who are widowed exhibit a very high prevalence of hearing difficulty, while those who have never been married show a very low prevalence.							
Home Ownership	The prevalence of hearing difficulty does not seem to differ based on home ownership status.							
Children Status	The prevalence of hearing difficulty does not seem to differ based on the presence of children in the household.							
Phone Status	Those with a landline phone show a significantly higher prevalence of hearing difficulty than those with a cell phone.							
County	Pennington county exhibits a very high prevalence of hearing difficulty, while those in Minnehaha county show a very low prevalence.							

# **Prescription Pain Medication**

# Definition: South Dakotans that have taken prescription pain medication in the past twelve months.

#### **Prevalence of Prescription Pain Medication**

- South Dakota 15%
- There is no nationwide median for prescription pain medication

Table 66						
South Dakotans That Have Taken Prescription Pain Medication in the Last 12 Months, 2017						
			95% Confidence Interval			
		2017	Low	High		
	Male	14%	12.1%	16.9%		
Gender	Female	16%	13.5%	17.9%		
	18-29	12%	8.5%	17.9%		
	30-39	13%	9.1%	16.9%		
	40-49	17%	12.6%	22.2%		
Age	50-59	17%	13.6%	21.5%		
•	60-69	17%	13.8%	20.4%		
	70-79	15%	11.4%	18.9%		
	80+	14%	8.7%	21.7%		
Dees	White	14%	12.7%	16.1%		
Race	American Indian	19%	14.0%	24.7%		
	Hispanic	*	*	*		
Ethnicity	Non-Hispanic	15%	13.2%	16.4%		
	Less than \$35,000	17%	14.1%	20.8%		
Household	\$35,000-\$74,999	16%	13.6%	19.4%		
Income	\$75,000+	14%	11.1%	17.2%		
	Less than High School, G.E.D.	12%	7.0%	18.4%		
	High School, G.E.D.	15%	12.6%	18.7%		
Education	Some Post-High School	15%	12.1%	17.8%		
	College Graduate	16%	13.4%	19.1%		
	Employed for Wages	15%	12.3%	17.2%		
	Self-employed	8%	5.6%	12.7%		
Frankasmant	Unemployed	32%	20.4%	45.5%		
Status	Homemaker	11%	6.8%	16.6%		
Status	Student	10%	4.2%	21.9%		
	Retired	15%	12.2%	17.6%		
	Unable to Work	34%	25.2%	43.9%		
	Married/Unmarried Couple	15%	13.3%	17.6%		
Marital Status	Divorced/Separated	18%	14.1%	23.3%		
Marital Status	Widowed	16%	11.2%	22.2%		
	Never Married	12%	8.5%	15.6%		
Home Ownership	Own Home	15%	13.4%	17.2%		
Status	Rent Home	15%	12.0%	19.4%		
Children Status	Children in Household (Ages 18-44)	14%	10.8%	18.5%		
Children Status	No Children in Household (Ages 18-44)	12%	8.5%	16.8%		
Dhana Status	Landline	13%	10.8%	15.1%		
Phone Status	Cell Phone	16%	13.8%	18.0%		

Table 66 (continued) South Dakotans That Have Taken Prescription Pain Medication in the Last 12 Months, 2017					
			95% Confide	ence Interval	
2017 Low Hig					
Pregnancy Status	Pregnant (Ages 18-44)	*	*	*	
	Not Pregnant (Ages 18-44)	13%	9.7%	17.6%	
	Minnehaha	13%	9.6%	17.7%	
	Pennington	21%	16.5%	27.2%	
	Lincoln	*	*	*	
County	Brown	*	*	*	
	Brookings	*	*	*	
	Codington	*	*	*	
	Meade	*	*	*	
	Lawrence	*	*	*	

Note: \*Results based on small sample sizes have been suppressed.

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

#### **Demographics**

- **Gender** The prevalence of taking prescription pain medication does not seem to change based on gender.
- Age The prevalence of taking prescription pain medication increases as age increases and peaks in the 40s, 50s, and 60s. After that, the prevalence decreases as age increases.
- **Race** The prevalence of taking prescription pain medication does not seem to change based on race.
- **Household** The prevalence of taking prescription pain medication decreases as household income increases.
- **Education** The prevalence of taking prescription pain medication increases as education levels increase.
- **Employment** Those who are unemployed or unable to work demonstrate a significantly higher prevalence of taking prescription pain medication than all other types of employment.
- MaritalThe prevalence of taking prescription pain medication does not seem to<br/>change based on marital status.

HomeThe prevalence of taking prescription pain medication does not seem to<br/>change based on home ownership.

- ChildrenThe prevalence of taking prescription pain medication does not seem to<br/>change based on the presence of children in the household.
- **Phone Status** The prevalence of taking prescription pain medication does not seem to change based on phone status.
- **County** The prevalence of taking prescription pain medication does not seem to differ between Minnehaha and Pennington counties.

### Substance Abuse Treatment

Definition: South Dakotans that have ever been treated or are currently being treated by a health care professional for substance abuse.

#### **Prevalence of Substance Abuse Treatment**

- o South Dakota 2%
- o There is no nationwide median for substance abuse treatment

Figure 75 Percent of South Dakotans Who Have Been or are Currently Being Treated for Substance Abuse, 2016-2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

Table 67					
South Dakot	ans Who Have Been or are Currer Abuse, 2016-20	ntly Being Tre 17	eated for Sub	ostance	
	· · · · · ·		95% Confide	ence Interval	
		2016-2017	Low	High	
	Male	2%	1.7%	3.2%	
Gender	Female	1%	0.7%	1.8%	
	18-20	2%	0.7%	3.1%	
	30-39	3%	1.5%	4 3%	
	40-49	3%	1.5%	5.5%	
Δαe	50-59	2%	1.0%	2.8%	
, .go	60-69	1%	0.6%	2.1%	
	70-79	1%	0.6%	2.1%	
	80+	0.4%	0.1%	1.9%	
	White	1%	1 1%	1.9%	
Race	American Indian	6%	2.9%	10.8%	
	Hispanic	2%	0.6%	6.5%	
Ethnicity	Non-Hispanic	2%	1.3%	2.2%	
	Less than \$35,000	3%	1.8%	3.8%	
Household Income	\$35,000-\$74,999	2%	1.0%	2.9%	
nousenoia income	\$75,000+	1%	0.3%	1.2%	
	Loss than High School C E D	20/	0.370	1.270	
	High School G E D	2 /0	0.0%	4.0%	
Education	Some Post-High School	2 /0	1.170	3.3%	
	College Graduate	2 /0	0.4%	1 1%	
	Employed for Wagaa	1 /0	0.4%	2 90/	
	Self-employed	2 /0	0.4%	2.0%	
		5%	1.9%	1/ /%	
Employment	Homemaker	2%	0.4%	5.7%	
Status	Student	0.5%	0.4%	1.9%	
	Retired	1%	0.6%	1.0%	
	Unable to Work	3%	1.2%	5.3%	
	Married/Unmarried Couple	1%	0.7%	1.5%	
	Divorced/Separated	3%	2.0%	5.0%	
Marital Status	Widowed	1%	0.2%	1.5%	
	Never Married	3%	2.1%	5.6%	
Home Ownership	Own Home	1%	0.9%	1.8%	
Status	Rent Home	3%	2.2%	4.9%	
	Children in Household (Ages 18-44)	2%	1.2%	3.9%	
Children Status	No Children in Household (Ages 18-44)	2%	1.2%	4 0%	
		1%	0.9%	2.0%	
Phone Status	Cell Phone	2%	1.4%	2.6%	
	$\frac{1}{2} \frac{1}{2} \frac{1}$	*	*	*	
Pregnancy Status	Not Pregnant (Ages 18-14)	2%	0.9%	3 3%	
	Minnohaha	2 /0	0.5%	0.376	
	Pennington	1 /0 20/	1.0%	5.7%	
		*	*	*	
	Brown	*	*	*	
County	Brookings	*	*	*	
	Codington	*	*	*	
	Meade	*	*	*	
	Lawrence	2%	0.8%	3.8%	
	Lamonoo	<u>د</u> /٥	0.070	0.070	

Note:\*Results based on small sample sizes have been suppressed.Source:The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

#### **Demographics** Gender There seems to be no gender difference regarding the prevalence of seeking treatment for substance abuse. Age The prevalence of seeking treatment for substance abuse seems to peak in the 30s and 40s. Race American Indians exhibit a significantly higher prevalence of seeking treatment for substance abuse than whites. Household The prevalence of seeking treatment for substance abuse decreases as household income increases. Income Education There seems to be no difference in the prevalence of seeking treatment for substance abuse regarding education level. Those who are unemployed exhibit a very high prevalence of seeking Employment treatment for substance abuse, while those who are self-employed or retired show a very low prevalence. Marital Those who are divorced or have never been married demonstrate a very high Status prevalence of seeking treatment for substance abuse, while those who are married or widowed show a very low prevalence. Home Those who rent their home exhibit a significantly higher prevalence of seeking treatment for substance abuse than those who own their home. Ownership Children There seems to be no difference in the prevalence of seeking treatment for Status substance abuse regarding the presence of children in the household. Phone Status There seems to be no difference in the prevalence of seeking treatment for substance abuse regarding phone status. County There seems to be no difference in the prevalence of seeking treatment for substance abuse among the three counties with sufficient sample size.

# Appendix A: Demographics

Table 68       Demographics of Survey Respondents 2017							
			tal	<u>ма</u>	le	Fem	ale
		# Resp.	Col %	# Resp.	Col %	# Resp.	Col %
Total		7.012	100%	3.060	100%	3.952	100%
	18-29	679	10%	353	12%	326	8%
	30-39	768	11%	358	12%	410	10%
	40-49	811	12%	373	12%	438	11%
	50-59	1.254	18%	556	18%	698	18%
Age	60-69	1.651	24%	712	23%	939	24%
	70-79	1,187	17%	467	15%	720	18%
	80+	616	9%	222	7%	394	10%
	Not Stated	46	1%	19	1%	27	1%
	White	5.349	76%	2.365	77%	2.984	76%
_	American Indian	1.332	19%	527	17%	805	20%
Race	Other	278	4%	138	5%	140	4%
	Not Stated	53	1%	30	1%	23	1%
	Yes	87	1%	38	1%	49	1%
Hispanic	No	6.903	98%	3.010	98%	3.893	99%
	Not Stated	22	0.3%	12	0.4%	10	0.3%
	Less than \$10,000	310	4%	114	4%	196	5%
	\$10.000-\$14.999	316	5%	125	4%	191	5%
	\$15.000-\$19.999	404	6%	164	5%	240	6%
	\$20.000-\$24.999	542	8%	206	7%	336	9%
Household	\$25.000-\$34.999	690	10%	281	9%	409	10%
Income	\$35.000-\$49.999	989	14%	457	15%	532	14%
	\$50,000-\$74,999	1,066	15%	505	17%	561	14%
	\$75,000 +	1,542	22%	797	26%	745	19%
	Not Stated	1,134	16%	404	13%	730	19%
	8 <sup>th</sup> Grade or Less	135	2%	73	2%	62	2%
	Some High School	363	5%	172	6%	191	5%
Education	High School or G.E.D.	2,032	29%	964	32%	1,068	27%
	Some Post-High School	2,138	30%	862	28%	1,276	32%
	College Graduate	2,334	33%	986	32%	1,348	34%
	Not Stated	10	0.1%	3	0.1%	7	0.2%
	Employed for Wages	2,833	40%	1,280	42%	1,553	39%
	Self-employed	836	12%	534	17%	302	8%
	Unemployed	265	4%	115	4%	150	4%
Employment	Homemaker	324	5%	12	0.4%	312	8%
Status	Student	152	2%	80	3%	72	2%
	Retired	2,114	30%	844	28%	1,270	32%
	Unable to Work	457	7%	174	6%	283	7%
	Not Stated	31	0.4%	21	1%	10	0.3%
	Married/Unmarried Couple	3,819	54%	1,730	57%	2,089	53%
Marital Status	Divorced/Separated	1,046	15%	460	15%	586	15%
	Widowed	955	14%	217	7%	738	19%
	Never Married	1,161	17%	637	21%	524	13%
	Not Stated	31	0.4%	16	1%	15	0.4%
Phone Status	Landline	3,484	50%	1,326	43%	2,158	55%
	Cell Phone	3,528	50%	1,734	57%	1,794	45%
	Own Home	5,158	77%	2,254	78%	2,904	76%
Home Ownership	Rent Home	1,544	23%	649	22%	895	24%
	Yes	1,852	26%	738	24%	1,114	28%
	No	5,133	73%	2,312	76%	2,821	71%
Household	Not Stated	24	0.3%	. 9	0.3%	15	0.4%
	Yes	48	4%	-	-	48	4%
Pregnant (18-44)	No	1.138	95%	-	-	1.138	95%
	Not Stated	8	1%	-	-	8	1%

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Table 69 Surveys Completed by Resident County, 2017					
Resident County	Surveys Completed	% of Total Surveys	Total Adult Population	% of Total Population	# Surveyed per 1,000 Population
Total	7,012	100.0%	654.810	100.0%	10.7
Aurora	5	0.1%	2.048	0.3%	2.4
Beadle	48	0.7%	13,167	2.0%	3.6
Bennett	152	2.2%	2,303	0.4%	66.0
Bon Homme	19	0.3%	5,617	0.9%	3.4
Brookings	440	6.3%	27,242	4.2%	16.2
Brown	485	6.9%	29,709	4.5%	16.3
Brule	22	0.3%	3.902	0.6%	5.6
Buffalo	54	0.8%	1,232	0.2%	43.8
Butte	83	1.2%	7.666	1.2%	10.8
Campbell	8	0.1%	1,168	0.2%	6.8
Charles Mix	23	0.3%	6.646	1.0%	3.5
Clark	33	0.5%	2.730	0.4%	12.1
Clav	51	0.7%	11.511	1.8%	4.4
Codington	367	5.2%	21,291	3.3%	17.2
Corson	189	2.7%	2.671	0.4%	70.8
Custer	40	0.6%	7.322	1.1%	5.5
Davison	57	0.8%	15,118	2.3%	3.8
Dav	37	0.5%	4 284	0.7%	8.6
Deuel	37	0.5%	3,285	0.5%	11.3
Dewey	276	3.9%	3 681	0.6%	75.0
Douglas	11	0.2%	2 202	0.3%	50
Edmunds	27	0.4%	3.010	0.5%	9.0
Fall River	34	0.5%	5 516	0.8%	62
Faulk	10	0.0%	1 763	0.3%	57
Grant	31	0.4%	5 463	0.8%	57
Gregory	17	0.2%	3 245	0.5%	52
Haakon	47	0.2%	1 481	0.2%	31.7
Hamlin	39	0.6%	4 056	0.6%	96
Hand	16	0.2%	2 579	0.4%	62
Hanson	14	0.2%	2,366	0.1%	59
Harding	9	0.2%	958	0.1%	94
Hughes	66	0.1%	13 417	2.0%	49
Hutchinson	30	0.0%	5 537	0.8%	5.4
Hyde	5	0.1%	1 039	0.2%	4.8
lackson	144	2.1%	2 225	0.2%	64.7
Jerauld	5	0.1%	1 554	0.2%	32
Jones	10	0.1%	731	0.2%	13.7
Kingsbury	30	0.4%	3 832	0.6%	7.8
Lake	43	0.6%	10 252	1.6%	4.2
Lawrence	474	6.8%	20.815	3.2%	22.8
Lincoln	380	5.4%	40,655	6.2%	9.3
Lyman	14	0.2%	2,756	0.4%	5.1
McCook	23	0.3%	3,983	0.6%	5.8
McPherson	9	0.1%	1,839	0.3%	4.9
Marshall	17	0.2%	3 693	0.6%	4.6
Meade	435	6.2%	21 509	3.3%	20.2
Mellette	111	1.6%	1 457	0.2%	76.2
Miner	14	0.2%	1,681	0.3%	83
Minnehaha	635	9.1%	140 734	21.5%	4.5
Moody	20	0.3%	4 857	0.7%	<u>4</u> 1
Odlala Lakota	186	6.0%	8 063	1 /0/	5/ 2
Pennington	400 502	0.9% Q 50/	0,903 Q1 550	1.470	7.0
Perkins	30	0.070	2 2 2 7	0 /0/	12.9
Potter	20 2	0.470	2,337	0.4/0	12.0
Roberto	0 27	0.1%	7 202	0.3%	4.0 5.0
Sanborn	0	0.0%	1,302	0.20/	5.0
Snink	27	0.1%	4 907	0.3%	5.5

Table 69 (continued)Surveys Completed by Resident County, 2017						
Resident County	Surveys Completed	% of Total Surveys	Total Adult Population	% of Total Population	# Surveyed per 1,000 Population	
Stanley	14	0.2%	2,277	0.3%	6.1	
Sully	10	0.1%	1,112	0.2%	9.0	
Todd	335	4.8%	5,914	0.9%	56.6	
Tripp	13	0.2%	4,206	0.6%	3.1	
Turner	58	0.8%	6,326	1.0%	9.2	
Union	51	0.7%	11,421	1.7%	4.5	
Walworth	21	0.3%	4,245	0.6%	4.9	
Yankton	65	0.9%	17,878	2.7%	3.6	
Ziebach	109	1.6%	1,926	0.3%	56.6	

Source: South Dakota Behavioral Risk Factor Surveillance System, 2017 2017 Population Estimates, United States Census Bureau

#### Section 1: Healthy Status

- 1.1 Would you say that in general your health is—
  - 1 Excellent
  - 2 Very good
  - 3 Good
  - 4 Fair, or
  - 5 Poor

Don't know / Not sure Refused

#### Section 2: Healthy Days — Health-Related Quality of Life

2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

\_\_\_ Number of days None Don't know / Not sure Refused

2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

\_\_\_ Number of days None [IF Q2.1 AND Q2.2 = NONE, GO TO NEXT SECTION] Don't know / Not sure Refused

2.3 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

\_\_\_ Number of days None Don't know / Not sure Refused

#### **Section 3: Health Care Access**

3.1.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

1 Yes 2 No Don't know / Not sure Refused

3.2 Do you have one person you think of as your personal doctor or health care provider? If "No" ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

1 Yes, only one 2 More than one 3 No Don't know / Not sure Refused

- 3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost? Yes 1
  - 2 No Don't know / Not sure Refused
- 3.4 A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition. About how long has it been since you last visited a doctor for a routine checkup?
  - Within the past year (anytime less than 12 months ago) 1
  - 2 Within the past 2 years (1 year but less than 2 years ago)
  - 3 Within the past 5 years (2 years but less than 5 years ago)
  - 4 5 or more years ago

Don't know / Not sure Never

Refused

#### **Section 4: Hypertension Awareness**

4.1 Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

Read only if necessary: By "other health professional" we mean a nurse practitioner, a physician's assistant, or some other licensed health professional.

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

- 1 Yes
- 2 Yes, but female told only during pregnancy [GO TO NEXT SECTION]
- 3 No [GO TO NEXT SECTION]
- 4 Told borderline high or pre-hypertensive [GO TO NEXT SECTION]

[GO TO NEXT SECTION] Don't know / Not sure [GO TO NEXT SECTION]

Refused

- 4.2 Are you currently taking medicine for your high blood pressure?
  - 1 Yes 2 No Don't know / Not sure Refused

#### **Section 5: Cholesterol Awareness**

- 5.1 Blood cholesterol is a fatty substance found in the blood. About how long has it been since you last had your blood cholesterol checked?
  - Never [GO TO NEXT SECTION] 1
  - 2 Within the past year (anytime less than 12 months ago)
  - 3 Within the past 2 years (1 year but less than 2 years ago)
  - 4 Within the past 5 years (2 years but less than 5 years ago)
  - 5 5 or more years ago
  - Don't know / Not sure

Refused [GO TO NEXT SECTION]

5.2 Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?

1 Yes	
2 No	[GO TO NEXT SECTION]
Don't know / Not sure	[GO TO NEXT SECTION]
Refused	[GO TO NEXT SECTION]

- 5.3 Are you currently taking medicine prescribed by a doctor or other health professional for your blood cholesterol?
  - Yes

1 2 No Don't know / Not sure Refused

#### **Section 6: Chronic Health Conditions**

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

- 6.1 (Ever told) you that you had a heart attack also called a myocardial infarction?
  - 1 Yes 2 No Don't know / Not sure Refused
- 6.2 (Ever told) you had angina or coronary heart disease?
  - Yes 1 2 No Don't know / Not sure Refused
- 6.3 (Ever told) you had a stroke?
  - 1 Yes 2 No Don't know / Not sure Refused
- (Ever told) you had asthma? 6.4

1	Yes	
2	No	[GO TO Q6.6]
Don	't know / Not sure	[GO TO Q6.6]
Refu	ised	[GO TO Q6.6]

6.5 Do you still have asthma?

1 Yes 2 No Don't know / Not sure Refused

6.6 (Ever told) you had skin cancer? 1 Yes 2 No

Don't know / Not sure Refused

6.7 (Ever told) you had any other types of cancer? 1 Yes

2 No Don't know / Not sure Refused

- 6.8 (Ever told) you have Chronic Obstructive Pulmonary Disease or COPD, emphysema or chronic bronchitis?
  - 1 Yes 2 No Don't know / Not sure Refused
- 6.9 (Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?
  - 1 Yes 2 No Don't know / Not sure Refused

#### ARTHRITIS DIAGNOSES INCLUDE:

- RHEUMATISM, POLYMYALGIA RHEUMATICA
- OSTEOARTHRITIS (NOT OSTEOPOROSIS)
- TENDONITIS, BURSITIS, BUNION, TENNIS ELBOW
- CARPAL TUNNEL SYNDROME, TARSAL TUNNEL SYNDROME
- JOINT INFECTION, REITER'S SYNDROME
- ANKYLOSING SPONDYLITIS; SPONDYLOSIS
- ROTATOR CUFF SYNDROME
- CONNECTIVE TISSUE DISEASE, SCLERODERMA, POLYMYOSITIS, RAYNAUD'S SYNDROME
- VASCULITIS (GIANT CELL ARTERITIS, HENOCH-SCHONLEIN PURPURA, WEGENER'S GRANULOMATOSIS,
- POLYARTERITIS NODOSA)
- 6.10 (Ever told) you have a depressive disorder, (including depression, major depression, dysthymia), or minor depression?
  - 1 Yes 2 No Don't know / Not sure Refused

6.11 (Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence. [INCONTINENCE IS NOT BEING ABLE TO CONTROL URINE FLOW.]

1 Yes 2 No Don't know / Not sure Refused

6.12 (Ever told) you have diabetes?

[IF "YES" AND RESPONDENT IS FEMALE, ASK: "WAS THIS ONLY WHEN YOU WERE PREGNANT?"] [IF RESPONDENT SAYS PRE-DIABETES OR BORDERLINE DIABETES, USE RESPONSE CODE 4]

Yes
 Yes, but female told only during pregnancy
 No
 No, pre-diabetes or borderline diabetes
 Don't know / Not sure
 Refused

[IF Q6.12 = 1 (YES), GO TO NEXT QUESTION. IF ANY OTHER RESPONSE TO Q6.12, GO TO PRE-DIABETES OPTIONAL MODULE (IF USED). OTHERWISE, GO TO NEXT SECTION.]

6.13 How old were you when you were told you have diabetes? \_\_\_\_ Code age in years [97 = 97 and older] Don't know / Not sure Refused

[GO TO DIABETES OPTIONAL MODULE (IF USED). OTHERWISE, GO TO NEXT SECTION]

#### Section 7: Arthritis Burden

[IF Q6.9 = 1 (YES) THEN CONTINUE, ELSE GO TO NEXT SECTION]

Next, I will ask you about your arthritis. Arthritis can cause symptoms like pain, aching, or stiffness in or around a joint.

- 7.1 Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?
  - 1 Yes 2 No Don't know / Not sure Refused

IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, SAY: "PLEASE ANSWER THE QUESTION BASED ON YOUR CURRENT EXPERIENCE, REGARDLESS OF WHETHER YOU ARE TAKING ANY MEDICATION OR TREATMENT."

[Q7.2 SHOULD BE ASKED OF ALL RESPONDENTS REGARDLESS OF EMPLOYMENT STATUS.]

7.2 In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?

1 Yes 2 No Don't know / Not sure Refused IF RESPONDENT GIVES AN ANSWER TO EACH ISSUE (WHETHER RESPONDENT WORKS, TYPE OF WORK, OR AMOUNT OF WORK), THEN IF ANY ISSUE IS "YES" MARK THE OVERALL RESPONSE AS "YES." IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, SAY: "PLEASE ANSWER THE QUESTION BASED ON YOUR CURRENT EXPERIENCE, REGARDLESS OF WHETHER YOU ARE TAKING ANY **MEDICATION OR TREATMENT."**]

- 7.3 During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings? 1
  - A lot 2
    - A little

3 Not at all Don't know / Not sure Refused

[IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, SAY: "PLEASE ANSWER THE QUESTION BASED ON YOUR CURRENT EXPERIENCE, REGARDLESS OF WHETHER YOU ARE TAKING ANY MEDICATION OR TREATMENT."]

7.4 Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. On a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be, DURING THE PAST 30 DAYS, how bad was your joint pain ON AVERAGE?

Enter number [00-10] Don't know / Not sure Refused

#### Section 8: Demographics

8.1 Are you ...

- 1 Male
- 2 Female

Refused

[THIS QUESTION MUST BE ASKED EVEN IF PREVIOUSLY ENTERED SEX IN THE SCREENING QUESTIONS. IT WILL NOT BE ASKED OF PERSONS WHO HAVE SELF-IDENTIFIED SEX IN LL HOUSEHOLD ENUMERATION.THIS QUESTION MAY BE POPULATED BY LANDLINE HOUSEHOLD ENUMERATION ONLY. IT MAY NOT BE POPULATED BY INTERVIEWER ASSIGNMENT OF SEX DURING THE SCREENING FOR CELL PHONE OR PERSONS LIVING IN COLLEGE HOUSING.]

8.2 What is your age?

Code age in years Don't know / Not sure Refused

8.3 Are you Hispanic, Latino/a, or Spanish origin? If yes, ask: Are you... [One Or More Categories May Be Selected.]

Mexican, Mexican American, Chicano/a

- 1 2 Puerto Rican
- 3 Cuban
- 4 Another Hispanic, Latino/a, or Spanish origin
- 5 No

Don't know / Not sure

Refused

8.4 Which one or more of the following would you say is your race? [SELECT ALL THAT APPLY. IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORIES UNDERNEATH MAJOR HEADING.]

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
  - 41 Asian Indian
  - 42 Chinese
  - 43 Filipino
  - 44 Japanese
  - 45 Korean
  - 46 Vietnamese
  - 47 Other Asian
- 50 Pacific Islander
  - 51 Native Hawaiian
  - 52 Guamanian or Chamorro
  - 53 Samoan
  - 54 Other Pacific Islander
- 60 Other

No additional choices Don't know / Not sure Refused

[IF MORE THAN ONE RESPONSE TO Q8.4; CONTINUE. OTHERWISE, GO TO Q8.6.]

8.5 Which one of these groups would you say best represents your race?

[IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORY UNDERNEATH MAJOR HEADING. IF RESPONDENT HAS SELECTED MULTIPLE RACES IN PREVIOUS AND REFUSES TO SELECT A SINGLE RACE, CODE "REFUSED."]

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
  - 41 Asian Indian
  - 42 Chinese
  - 43 Filipino
  - 44 Japanese
  - 45 Korean
  - 46 Vietnamese
  - 47 Other Asian
- 50 Pacific Islander
  - 51 Native Hawaiian
  - 52 Guamanian or Chamorro
  - 53 Samoan
  - 54 Other Pacific Islander

60 Other

Don't know / Not sure

Refused

- 8.6 Are you...?
  - 1 Married
  - 2 Divorced
  - 3 Widowed
  - 4 Separated
  - 5 Never married, or
  - 6 A member of an unmarried couple
  - Refused
- 8.7 What is the highest grade or year of school you completed?
  - Never attended school or only attended kindergarten
  - 2 Grades 1 through 8 (Elementary)
  - 3 Grades 9 through 11 (Some high school)
  - 4 Grade 12 or GED (High school graduate)
  - 5 College 1 year to 3 years (Some college or technical school)
  - 6 College 4 years or more (College graduate)

Refused

- 8.8 Do you own or rent your home?
  - 1 Own
  - 2 Rent
  - 3 Other arrangement
  - Don't know / Not sure
  - Refused

["OTHER ARRANGEMENT" MAY INCLUDE GROUP HOME, STAYING WITH FRIENDS OR FAMILY WITHOUT PAYING RENT. HOME IS DEFINED AS THE PLACE WHERE YOU LIVE MOST OF THE TIME/THE MAJORITY OF THE YEAR. IF RESPONDENT ASKS ABOUT WHY WE ARE ASKING THIS QUESTION: WE ASK THIS QUESTION IN ORDER TO COMPARE HEALTH INDICATORS AMONG PEOPLE WITH DIFFERENT HOUSING SITUATIONS.]

8.9 In what county do you currently live?

\_ \_ \_ ANSI County Code (formerly FIPS county code) Don't know / Not sure

Refused

8.10 What is the ZIP Code where you currently live? ZIP Code

Don't know / Not sure Refused

8.11 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.

1 Y	es	
2 N	0	[GO TO Q8.13]
Don't know / Not sure		[GO TO Q8.13]
Refused		[GO TO Q8.13]

8.12 How many of these telephone numbers are residential numbers? Residential telephone numbers [6 = 6 or more] Don't know / Not sure Refused

- 8.13 Including phones for business and personal use, do you have a cell phone for personal use?
  - 1 Yes 2 No Don't know / Not sure Refused
- 8.14 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? [Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.]
  - 1 Yes 2 No Don't know / Not sure Refused
- 8.15 Are you currently...?

1

- Employed for wages
- 2 Self-employed
- 3 Out of work for 1 year or more
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired, or
- 8 Unable to work

Refused

8.16 How many children less than 18 years of age live in your household?

Number of children

None Refused

8.17 Is your annual household income from all sources—

IF RESPONDENT REFUSES AT ANY INCOME LEVEL, CODE REFUSED

04	Less than \$25,000	If "no," ask 05; if "yes," ask 03
	(\$20,000 to less than \$2	25,000)
03	Less than \$20,000	If "no," code 04; if "yes," ask 02
	(\$15,000 to less than \$2	20,000)
02	Less than \$15,000	If "no," code 03; if "yes," ask 01
	(\$10,000 to less than \$1	5,000)
01	Less than \$10,000	lf "no," code 02
05	Less than \$35,000	lf "no," ask 06
	(\$25,000 to less than \$3	35,000)
06	Less than \$50,000	lf "no," ask 07
	(\$35,000 to less than \$5	50,000)
07	Less than \$75,000	lf "no," code 08
	(\$50,000 to less than \$7	(5,000)
08	\$75,000 or more	
Don't kr	now / Not sure	
Refused	t	

- 8.18 Have you used the internet in the past 30 days?
  - 1 Yes 2 No Don't know / Not sure

Refused

8.19 About how much do you weigh without shoes? [IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN COLUMN 183. ROUND FRACTIONS UP]

\_ \_ \_ Weight (pounds/kilograms) Don't know / Not sure Refused

8.20 About how tall are you without shoes? [IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN COLUMN 187. ROUND FRACTIONS DOWN]

\_\_/ \_\_ Height (f t / inches/meters/centimeters) Don't know / Not sure Refused

[IF MALE, GO TO 8.22, IF FEMALE RESPONDENT IS 50 YEARS OLD OR OLDER, GO TO Q8.22]

8.21 To your knowledge, are you now pregnant?

1 Yes 2 No Don't know / Not sure Refused

The following questions are about health problems or impairments you may have. Some people who are deaf or have serious difficulty hearing may or may not use equipment to communicate by phone.

8.22 Are you deaf or do you have serious difficulty hearing?

1 Yes 2 No Don't know / Not Sure Refused

8.23 Are you blind or do you have serious difficulty seeing, even when wearing glasses?

1 Yes 2 No Don't know / Not Sure Refused

8.24 Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?

1 Yes 2 No Don't know / Not sure Refused

- 8.25 Do you have serious difficulty walking or climbing stairs?

   Yes
   No
   Don't know / Not sure
   Refused
- 8.26 Do you have difficulty dressing or bathing?

   Yes
   No
   Don't know / Not sure
   Refused
- 8.27 Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?
  - 1 Yes 2 No Don't know / Not sure Refused

#### Section 9: Tobacco Use

9.1 Have you smoked at least 100 cigarettes in your entire life? [5 PACKS = 100 CIGARETTES]

1	Yes	
2	No	[GO TO Q9.5]
Don'	t know / Not sure	[GO TO Q9.5]
Refused		[GO TO Q9.5]

["FOR CIGARETTES, DO NOT INCLUDE: ELECTRONIC CIGARETTES (E-CIGARETTES, NJOY, BLUETIP), HERBAL CIGARETTES, CIGARS, CIGARILLOS, LITTLE CIGARS, PIPES, BIDIS, KRETEKS, WATER PIPES (HOOKAHS), OR MARIJUANA."]

9.2 Do you now smoke cigarettes every day, some days, or not at all?

1	Every day	
2	Some days	
3	Not at all	[GO TO Q9.4]
Don'	t know / Not sure	[GO TO Q9.5]
Refu	sed	[GO TO Q9.5]

9.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

1	Yes	[GO TO Q9.5]
2	No	[GO TO Q9.5]
Dor	i't know / Not sure	[GO TO Q9.5]
Refused		[GO TO Q9.5]

- 9.4 How long has it been since you last smoked a cigarette, even one or two puffs?
  - 01 Within the past month (less than 1 month ago)
  - 02 Within the past 3 months (1 month but less than 3 months ago)
  - 03 Within the past 6 months (3 months but less than 6 months ago)
  - 04 Within the past year (6 months but less than 1 year ago)
  - 05 Within the past 5 years (1 year but less than 5 years ago)
  - 06 Within the past 10 years (5 years but less than 10 years ago)
  - 07 10 years or more
  - 08 Never smoked regularly

Don't know / Not sure Refused

9.5 Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all? [SNUS (RHYMES WITH 'GOOSE')/ SNUS (SWEDISH FOR SNUFF) IS A MOIST SMOKELESS TOBACCO, USUALLY SOLD IN SMALL POUCHES THAT ARE PLACED UNDER THE LIP AGAINST THE GUM.]

- 1 Every day 2 Some days 3 Not at all Don't know / Not sure
- Refused

#### Section 10: E-Cigarettes

"The next 2 questions are about electronic cigarettes and other electronic "vaping" products. These products typically contain nicotine, flavors, and other ingredients. Do not include products used only for marijuana."

[THESE QUESTIONS CONCERN ELECTRONIC VAPING PRODUCTS FOR NICOTINE USE. THE USE OF ELECTRONIC VAPING PRODUCTS FOR MARIJUANA USE IS NOT INCLUDED IN THESE QUESTIONS.]

Read if necessary: Electronic cigarettes (e-cigarettes) and other electronic "vaping" products include electronic hookahs (e-hookahs), vape pens, e-cigars, and others. These products are battery-powered and usually contain nicotine and flavors such as fruit, mint, or candy.

10.1 Have you ever used an e-cigarette or other electronic "vaping" product, even just one time, in your entire life?

1 Yes	
2 No	[GO TO NEXT SECTION]
Don't know / Not Sure	[GO TO NEXT SECTION]
Refused	[GO TO NEXT SECTION]

- 10.2 Do you now use e-cigarettes or other electronic "vaping" products every day, some days, or not at all? 1 Every day
  - 2 Some days 3 Not at all Don't know / Not sure Refused

#### **Section 11: Alcohol Consumption**

- 11.1 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?
  - 1 \_\_\_ Days per week 2 \_\_ Days in past 30 days No drinks in past 30 days Don't know / Not sure Refused

[GO TO NEXT SECTION] [GO TO NEXT SECTION] [GO TO NEXT SECTION]

11.2 One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average? [A 40 OUNCE BEER WOULD COUNT AS 3 DRINKS, OR A COCKTAIL DRINK WITH 2 SHOTS WOULD COUNT AS 2 DRINKS.]

\_\_\_ Number of drinks Don't know / Not sure Refused

11.3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have X [X = 5 FOR MEN, X = 4 FOR WOMEN] or more drinks on an occasion?

\_\_\_ Number of times 88 None Don't know / Not sure Refused

11.4 During the past 30 days, what is the largest number of drinks you had on any occasion? \_\_\_\_\_\_Number of drinks Don't know / Not sure Refused

#### **Section 12: Fruits and Vegetables**

Now think about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks.

INSTRUCTIONS: IF A RESPONDENT INDICATES THAT THEY CONSUME A FOOD ITEM EVERY DAY THEN ENTER THE NUMBER OF TIMES PER DAY. IF THE RESPONDENT INDICATES THAT THEY EAT A FOOD LESS THAN DAILY, THEN ENTER TIMES PER WEEK OR TIME PER MONTH. DO NOT ENTER TIME PER DAY UNLESS THE RESPONDENT REPORTS THAT HE/SHE CONSUMED THAT FOOD ITEM EACH DAY DURING THE PAST MONTH.

12.1 Not including juices, how often did you eat fruit? You can tell me times per day, times per week or times per month. [ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"

READ IF RESPONDENT ASKS WHAT TO INCLUDE OR SAYS 'I DON'T KNOW': INCLUDE FRESH, FROZEN OR CANNED FRUIT. DO NOT INCLUDE DRIED FRUITS.]

1\_\_ Day 2\_\_ Week 3\_\_ Month 300 Less than once a month Never Don't Know Refused 12.2 Not including fruit-flavored drinks or fruit juices with added sugar, how often did you drink 100% fruit juice such as apple or orange juice? [ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"

READ IF RESPONDENT ASKS ABOUT EXAMPLES OF FRUIT-FLAVORED DRINKS: "DO NOT INCLUDE FRUIT-FLAVORED DRINKS WITH ADDED SUGAR LIKE CRANBERRY COCKTAIL, HI-C, LEMONADE, KOOL-AID, GATORADE, TAMPICO, AND SUNNY DELIGHT. INCLUDE ONLY 100% PURE JUICES OR 100% JUICE BLENDS."]

1\_\_ Day 2\_ Week 3\_ Month 300 Less than once a month Never Don't Know Refused

12.3 How often did you eat a green leafy or lettuce salad, with or without other vegetables? [ENTER QUANTITY IN IN TIMES PER DAY, WEEK, OR MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH? READ IF RESPONDENT ASKS ABOUT SPINACH: "INCLUDE SPINACH SALADS."]

1\_\_ Day 2\_\_ Week 3\_\_ Month 300 Less than once a month Never Don't Know Refused

12.4 How often did you eat any kind of fried potatoes, including french fries, home fries, or hash browns? [ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?

READ IF RESPONDENT ASKS ABOUT POTATO CHIPS: "DO NOT INCLUDE POTATO CHIPS."]

1\_\_ Day 2\_\_ Week 3\_\_ Month 300 Less than once a month Never Don't Know Refused

12.5 How often did you eat any other kind of potatoes, or sweet potatoes, such as baked, boiled, mashed potatoes, or potato salad? [ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?" READ IF RESPONDENT ASKS ABOUT WHAT TYPES OF POTATOES TO INCLUDE: "INCLUDE ALL TYPES OF POTATOES EXCEPT FRIED. INCLUDE POTATOES AU GRATIN, SCALLOPED POTATOES."]

1\_\_ Day 2\_\_ Week 3\_\_ Month 300 Less than once a month Never Don't Know Refused 12.6 Not including lettuce salads and potatoes, how often did you eat other vegetables? [ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"

READ IF RESPONDENT ASKS ABOUT WHAT TO INCLUDE: "INCLUDE TOMATOES, GREEN BEANS, CARROTS, CORN, CABBAGE, BEAN SPROUTS, COLLARD GREENS, AND BROCCOLI. INCLUDE RAW, COOKED, CANNED, OR FROZEN VEGETABLES. DO NOT INCLUDE RICE."

1\_\_Day2\_\_Week3\_\_Month300Less than once a monthNeverDon't KnowDon't KnowRefused

#### Section 13: Exercise (Physical Activity)

The next few questions are about exercise, recreation, or physical activities other than your regular job duties. [If respondent does not have a "regular job duty" or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.]

13.1 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

1	Yes	
2	No	[GO TO Q13.8]
Don'	t know / Not sure	[GO TO Q13.8]
Refu	sed	[GO TO Q13.8]

 13.2 What type of physical activity or exercise did you spend the most time doing during the past month?
 \_\_ (Specify) [See Physical Activity Coding List] Don't know / Not Sure [GO TO Q13.8] Refused [GO TO Q13.8]

[IF THE RESPONDENT'S ACTIVITY IS NOT INCLUDED IN THE PHYSICAL ACTIVITY CODING LIST, CHOOSE THE OPTION LISTED AS "OTHER".]

13.3 How many times per week or per month did you take part in this activity during the past month?

1\_\_ Times per week 2\_\_ Times per month Don't know / Not sure Refused

13.4 And when you took part in this activity, for how many minutes or hours did you usually keep at it? \_:\_\_ Hours and minutes Don't know / Not sure Refused

13.5 What other type of physical activity gave you the next most exercise during the past month? \_\_\_\_\_(Specify) [See Physical Activity Coding List] No other activity [GO TO Q13.8]

Not other activity[GO TO Q13.6]Don't know / Not Sure[GO TO Q13.8]Refused[GO TO Q13.8]

[IF THE RESPONDENT'S ACTIVITY IS NOT INCLUDED IN THE CODING PHYSICAL ACTIVITY LIST, CHOOSE THE OPTION LISTED AS "OTHER".]

13.6 How many times per week or per month did you take part in this activity during the past month? 1\_\_\_\_\_\_Times per week

2\_\_\_\_ Times per month Don't know / Not sure Refused

- 13.7 And when you took part in this activity, for how many minutes or hours did you usually keep at it? \_:\_\_ Hours and minutes Don't know / Not sure Refused
- 13.8 During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.

1\_\_\_ Times per week 2\_\_ Times per month Never Don't know / Not sure Refused

#### Section 14: Seatbelt Use

- 14.1 How often do you use seat belts when you drive or ride in a car? Would you say
  - 1 Always
  - 2 Nearly always
  - 3 Sometimes
  - 4 Seldom
  - 5 Never

Don't know / Not sure Never drive or ride in a car Refused

#### Section 15: Immunization

Now I will ask you questions about the flu vaccine. There are two ways to get the flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist<sup>™</sup>.

15.1 During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose? [Read only if necessary: A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.]

[GO TO Q15.3]
[GO TO Q15.3]
[GO TO Q15.3]

15.2 During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?

\_\_/\_\_\_ Month / Year Don't know / Not sure Refused

15.3 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

1 Yes 2 No Don't know / Not sure Refused [IF RESPONDENT IS < 49 YEARS OF AGE, GO TO NEXT SECTION.]

15.4. Have you ever had the shingles or zoster vaccine?

1 Yes 2 No Don't know / Not sure Refused

[READ IF NECESSARY: SHINGLES IS CAUSED BY THE CHICKEN POX VIRUS. IT IS AN OUTBREAK OF RASH OR BLISTERS ON THE SKIN THAT MAY BE ASSOCIATED WITH SEVERE PAIN. A VACCINE FOR SHINGLES HAS BEEN AVAILABLE SINCE MAY 2006; IT IS CALLED ZOSTAVAX®, THE ZOSTER VACCINE, OR THE SHINGLES VACCINE.]

#### Section 16: HIV/AIDS

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

16.1 Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

1	Yes	
2	No	[GO TO Q16.3]
Don't	know /Not sure	[GO TO Q16.3]
Refus	ed	[GO TO Q16.3]

16.2 Not including blood donations, in what month and year was your last HIV test?

[INSTRUCTIONS: IF RESPONSE IS BEFORE JANUARY 1985, CODE "DON'T KNOW." IF THE RESPONDENT REMEMBERS THE YEAR BUT CANNOT REMEMBER THE MONTH, CODE THE FIRST TWO DIGITS 77 AND THE LAST FOUR DIGITS FOR THE YEAR.]

> \_\_/\_\_\_ Code month and year Don't know / Not sure Refused / Not sure

16.3 I am going to read you a list. When I am done, please tell me if any of the situations apply to you. You do not need to tell me which one.

You have injected any drug other than those prescribed for you in the past year. You have been treated for a sexually transmitted disease or STD in the past year. You have given or received money or drugs in exchange for sex in the past year. You had anal sex without a condom in the past year. You had four or more sex partners in the past year.

Do any of these situations apply to you?

1 Yes 2 No Don't know / Not sure Refused

#### Module 1: Pre-Diabetes

[ONLY ASKED OF THOSE NOT RESPONDING "YES" (CODE = 1) TO CORE Q6.12 (DIABETES AWARENESS QUESTION).]

- 1. Have you had a test for high blood sugar or diabetes within the past three years?
  - 1 Yes 2 No Don't know / Not sure Refused

[IF CORE Q6.12 = 4 (NO, PRE-DIABETES OR BORDERLINE DIABETES); ANSWER Q2 "YES" (CODE = 1).]

- 2. Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes? INSTRUCTIONS: IF "YES" AND RESPONDENT IS FEMALE, ASK: "WAS THIS ONLY WHEN YOU WERE PREGNANT?"
  - 1 Yes
  - 2 Yes, during pregnancy
  - 3 No
  - Don't know / Not sure
  - Refused

#### Module 12: Cancer Survivorship

[IF CORE Q6.6 OR Q6.7 = 1 (YES) CONTINUE, ELSE GO TO NEXT MODULE.]

You've told us that you have had cancer. I would like to ask you a few more questions about your cancer.

- 1. How many different types of cancer have you had?
  - 1 Only one 2 Two 3 Three or more Don't know / Not sure Refused [GO TO NEXT MODULE] [GO TO NEXT MODULE]
- 2. At what age were you told that you had cancer?

\_\_\_\_ Code age in years (97 = 97 and older) Don't know / Not sure Refused [IF Q1= 2 (TWO) OR 3 (THREE OR MORE), ASK: "AT WHAT AGE WERE YOU FIRST DIAGNOSED WITH CANCER?]

THIS QUESTION REFERS TO THE FIRST TIME THEY WERE TOLD ABOUT THEIR FIRST CANCER. [IF CORE Q6.6 = 1 (YES) AND Q1 = 1 (ONLY ONE): ASK "WAS IT "MELANOMA" OR "OTHER SKIN CANCER"? THEN CODE 21 IF "MELANOMA" OR 22 IF "OTHER SKIN CANCER]

3. What type of cancer was it?

[IF Q1 = 2 (TWO) OR 3 (THREE OR MORE), ASK: "WITH YOUR MOST RECENT DIAGNOSES OF CANCER, WHAT TYPE OF CANCER WAS IT?] PLEASE READ LIST ONLY IF RESPONDENT NEEDS PROMPTING FOR CANCER TYPE (I.E., NAME OF CANCER) [1-30]:

- Breast
- 01 Breast cancer
- Female reproductive (Gynecologic)
- 02 Cervical cancer (cancer of the cervix)
- 03 Endometrial cancer (cancer of the uterus)
- 04 Ovarian cancer (cancer of the ovary)

Head/Neck

- 05 Head and neck cancer
- 06 Oral cancer
- 07 Pharyngeal (throat) cancer
- 08 Thyroid
- 09 Larynx

Gastrointestinal

- 10 Colon (intestine) cancer
- 11 Esophageal (esophagus)
- 12 Liver cancer
- 13 Pancreatic (pancreas) cancer
- 14 Rectal (rectum) cancer
- 15 Stomach
- Leukemia/Lymphoma (lymph nodes and bone marrow)
- 16 Hodgkin's Lymphoma (Hodgkin's disease)
- 17 Leukemia (blood) cancer
- 18 Non-Hodgkin's Lymphoma

Male reproductive

- 19 Prostate cancer
- 20 Testicular cancer
- Skin
- 21 Melanoma
- 22 Other skin cancer
- Thoracic
- 23 Heart
- 24 Lung
- Urinary cancer:
- 25 Bladder cancer
- 26 Renal (kidney) cancer
- Others
- 27 Bone
- 28 Brain
- 29 Neuroblastoma
- 30 Other
- Don't know / Not sure
- Refused

4. Are you currently receiving treatment for cancer? By treatment, we mean surgery, radiation therapy, chemotherapy, or chemotherapy pills.

1	Yes	[GO TO NEXT MODULE]
2	No, I've completed treatment	
3	No, I've refused treatment	[GO TO NEXT MODULE]
4	No, I haven't started treatment	[GO TO NEXT MODULE]
5	Treatment was not needed	[GO TO NEXT MODULE]
Don't k	now / Not sure	[GO TO NEXT MODULE]
Refuse	d	[GO TO NEXT MODULE]

5. What type of doctor provides the majority of your health care?

[IF THE RESPONDENT REQUESTS CLARIFICATION OF THIS QUESTION, SAY: "WE WANT TO KNOW WHICH TYPE OF DOCTOR YOU SEE MOST OFTEN FOR ILLNESS OR REGULAR HEALTH CARE (EXAMPLES: ANNUAL EXAMS AND/OR PHYSICALS, TREATMENT OF COLDS, ETC.)."]

- 01 Cancer Surgeon
- 02 Family Practitioner
- 03 General Surgeon
- 04 Gynecologic Oncologist
- 05 General Practitioner, Internist
- 06 Plastic Surgeon, Reconstructive Surgeon
- 07 Medical Oncologist
- 08 Radiation Oncologist
- 09 Urologist
- 10 Other

Don't know / Not sure Refused

- 6. Did any doctor, nurse, or other health professional EVER give you a written summary of all the cancer treatments that you received? Read only if necessary: "By 'other healthcare professional', we mean a nurse practitioner, a physician's assistant, social worker, or some other licensed professional."
  - 1 Yes 2 No Don't know / Not sure Refused
- 7. Have you EVER received instructions from a doctor, nurse, or other health professional about where you should return or who you should see for routine cancer check-ups after completing your treatment for cancer?

1	Yes	
2	No	[GO TO Q9]
Don'	t know / Not sure	[GO TO Q9]
Refu	sed	[GO TO Q9]

- 8. Were these instructions written down or printed on paper for you?
  - 1 Yes 2 No Don't know / Not sure Refused

- With your most recent diagnosis of cancer, did you have health insurance that paid for all or part of your cancer treatment? ["HEALTH INSURANCE" ALSO INCLUDES MEDICARE, MEDICAID, OR OTHER TYPES OF STATE HEALTH PROGRAMS.]
  - 1 Yes 2 No Don't know / Not sure Refused
- 10. Were you EVER denied health insurance or life insurance coverage because of your cancer?
  - 1 Yes 2 No Don't know / Not sure Refused
- 11. Did you participate in a clinical trial as part of your cancer treatment?
  - 1 Yes 2 No Don't know / Not sure Refused
- 12. Do you currently have physical pain caused by your cancer or cancer treatment?

1	Yes	
2	No	[GO TO NEXT MODULE]
Don't k	now / Not sure	[GO TO NEXT MODULE]
Refuse	d	[GO TO NEXT MODULE]

- 13. Is your pain currently under control?
  - 1 Yes, with medication (or treatment)
  - 2 Yes, without medication (or treatment)
  - 3 No, with medication (or treatment)
  - 4 No, without medication (or treatment)
  - Don't know / Not sure
  - Refused

#### Module 16: Preconception Health/Family Planning

[IF RESPONDENT IS FEMALE AND GREATER THAN 49 YEARS OF AGE, HAS HAD A HYSTERECTOMY, IS PREGNANT, OR IF RESPONDENT IS MALE GO TO THE NEXT MODULE.]

The next set of questions asks you about your thoughts and experiences with family planning. Please remember that all of your answers will be kept confidential.

1. Did you or your partner do anything the last time you had sex to keep you from getting pregnant?

1	Yes	
2	No	[GO TO Q3]
3	No partner/not sexually active	[GO TO NEXT MODULE]
4	Same sex partner	[GO TO NEXT MODULE]

5	Has had a Hysterectomy	[GO TO NEXT MODULE]
Don't know/Not sure		[GO TO Q3]
Refused		[GO TO Q3]

2. What did you or your partner do the last time you had sex to keep you from getting pregnant?

[IF RESPONDENT REPORTS USING MORE THAN ONE METHOD, PLEASE CODE THE METHOD THAT OCCURS FIRST ON THE LIST. IF RESPONDENT REPORTS USING "CONDOMS," PROBE TO DETERMINE IF "FEMALE CONDOMS" OR MALE CONDOMS."

IF RESPONDENT REPORTS USING AN "IUD" PROBE TO DETERMINE IF "LEVONORGESTREL IUD" OR "COPPER-BEARING IUD."

IF RESPONDENT REPORTS "OTHER METHOD," ASK RESPONDENT TO "PLEASE BE SPECIFIC" AND ENSURE THAT THEIR RESPONSE DOES NOT FIT INTO ANOTHER CATEGORY. IF RESPONSE DOES FIT INTO ANOTHER CATEGORY, PLEASE MARK APPROPRIATELY.]

- 01 Female sterilization (ex. Tubal ligation, Essure, Adiana) [GO TO NEXT MODULE]
- 02 Male sterilization (vasectomy) [GO TO NEXT MODULE]
- 03 Contraceptive implant (ex. Implanon) [GO TO NEXT MODULE]
- 04 Levonorgestrel (LEE-voe-nor-JES-trel) (LNG) or hormonal IUD (ex. Mirena) [GO TO NEXT MODULE]
- 05 Copper-bearing IUD (ex. ParaGard) [GO TO NEXT MODULE]
- 06 IUD, type unknown [GO TO NEXT MODULE]
- 07 Shots (ex. Depo-Provera) [GO TO NEXT MODULE]
- 08 Birth control pills, any kind [GO TO NEXT MODULE]
- 09 Contraceptive patch (ex. Ortho Evra) [GO TO NEXT MODULE]
- 10 Contraceptive ring (ex. NuvaRing) [GO TO NEXT MODULE]
- 11 Male condoms [GO TO NEXT MODULE]
- 12 Diaphragm, cervical cap, sponge [GO TO NEXT MODULE]
- 13 Female condoms [GO TO NEXT MODULE]
- 14 Not having sex at certain times (rhythm or natural family planning) [GO TO NEXT MODULE]
- 15 Withdrawal (or pulling out) [GO TO NEXT MODULE]
- 16 Foam, jelly, film, or cream [GO TO NEXT MODULE]
- 17 Emergency contraception (morning after pill) [GO TO NEXT MODULE]
- 18 Other method [GO TO NEXT MODULE]

Don't know/Not sure

Refused

Some reasons for not doing anything to keep you from getting pregnant the last time you had sex might include wanting a pregnancy, not being able to pay for birth control, or not thinking that you can get pregnant.

- 3. What was your main reason for not doing anything the last time you had sex to keep you from getting pregnant? [IF RESPONDENT REPORTS "OTHER REASON," ASK RESPONDENT TO "PLEASE SPECIFY" AND ENSURE THAT THEIR RESPONSE DOES NOT FIT INTO ANOTHER CATEGORY. IF RESPONSE DOES FIT INTO ANOTHER CATEGORY, PLEASE MARK APPROPRIATELY.]
  - 01 You didn't think you were going to have sex/no regular partner
  - 02 You just didn't think about it
  - 03 Don't care if you get pregnant
  - 04 You want a pregnancy
  - 05 You or your partner don't want to use birth control
  - 06 You or your partner don't like birth control/side effects
  - 07 You couldn't pay for birth control
  - 08 You had a problem getting birth control when you needed
  - 09 Religious reasons
  - 10 Lapse in use of a method

- 11 Don't think you or your partner can get pregnant (infertile or too old)
- 12 You had tubes tied (sterilization)
- 13 You had a hysterectomy
- 14 Your partner had a vasectomy (sterilization)
- 15 You are currently breast-feeding
- 16 You just had a baby/postpartum
- 17 You are pregnant now
- 18 Same sex partner
- 19 Other reasons

Don't know/Not sure Refused

#### Module 28: Random Child Selection

IF CORE Q8.16 = NO CHILDREN UNDER AGE 18 IN THE HOUSEHOLD, OR REFUSED, GO TO NEXT MODULE.

IF CORE Q8.16 = 1, PLEASE READ: "PREVIOUSLY, YOU INDICATED THERE WAS ONE CHILD AGE 17 OR YOUNGER IN YOUR HOUSEHOLD. I WOULD LIKE TO ASK YOU SOME QUESTIONS ABOUT THAT CHILD." [GO TO Q1]

IF CORE Q8.16 IS >1 AND CORE Q8.16 DOES NOT EQUAL 88 OR 99, PLEASE READ: "PREVIOUSLY, YOU INDICATED THERE WERE [NUMBER] CHILDREN AGE 17 OR YOUNGER IN YOUR HOUSEHOLD. THINK ABOUT THOSE [NUMBER] CHILDREN IN ORDER OF THEIR BIRTH, FROM OLDEST TO YOUNGEST. THE OLDEST CHILD IS THE FIRST CHILD AND THE YOUNGEST CHILD IS THE LAST. PLEASE INCLUDE CHILDREN WITH THE SAME BIRTH DATE, INCLUDING TWINS, IN THE ORDER OF THEIR BIRTH."

RANDOMLY SELECT ONE OF THE CHILDREN. THIS IS THE "XTH" CHILD. PLEASE SUBSTITUTE "XTH" CHILD'S NUMBER IN ALL QUESTIONS BELOW.

I have some additional questions about one specific child. The child I will be referring to is the "Xth" [PLEASE FILL IN CORRECT NUMBER] CHILD IN YOUR HOUSEHOLD. ALL FOLLOWING QUESTIONS ABOUT CHILDREN WILL BE ABOUT THE "XTH" [PLEASE FILL IN CHILD.]

 What is the birth month and year of the "Xth" child?
 \_\_/\_\_\_ Code month and year Don't know / Not sure Refused

CALCULATE THE CHILD'S AGE IN MONTHS (CHLDAGE1=0 TO 216) AND ALSO IN YEARS (CHLDAGE2=0 TO 17) BASED ON THE INTERVIEW DATE AND THE BIRTH MONTH AND YEAR USING A VALUE OF 15 FOR THE BIRTH DAY. IF THE SELECTED CHILD IS < 12 MONTHS OLD ENTER THE CALCULATED MONTHS IN CHLDAGE1 AND 0 IN CHLDAGE2. IF THE CHILD IS > 12 MONTHS ENTER THE CALCULATED MONTHS IN CHLDAGE1 AND SET CHLDAGE2=TRUNCATE (CHLDAGE1/12).

2. Is the child a boy or a girl?

1 Boy 2 Girl Refused
- Is the child Hispanic, Latino/a, or Spanish origin? 3.
  - Mexican, Mexican American, Chicano/a 1
  - 2 Puerto Rican
  - 3 Cuban
  - 4 Another Hispanic, Latino/a, or Spanish origin No
  - 5

Don't know / Not sure

Refused

Which one or more of the following would you say is the race of the child? 4.

#### SELECT ALL THAT APPLY. IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORIES UNDERNEATH MAJOR HEADING.

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
  - 41 Asian Indian
  - 42 Chinese
  - Filipino 43
  - Japanese 44
  - 45 Korean
  - 46 Vietnamese
  - Other Asian 47
- 50 Pacific Islander
  - Native Hawaiian 51
  - 52 Guamanian or Chamorro
  - 53 Samoan
  - 54 Other Pacific Islander
- 60 Other
- 88 No additional choices
- Don't know / Not sure
- Refused
- Which one of these groups would you say best represents the child's race? 5.

IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORIES UNDERNEATH MAJOR HEADING.

- White 10
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
  - Asian Indian 41
  - 42 Chinese
  - Filipino 43
  - 44 Japanese
  - 45 Korean
  - 46 Vietnamese
  - 47 Other Asian

- 50 Pacific Islander
  - Native Hawaiian 51
  - Guamanian or Chamorro 52
  - 53 Samoan
  - 54 Other Pacific Islander

60 Other

Don't know / Not sure Refused

- 6.
- How are you related to the child?
  - Parent (include biologic, step, or adoptive parent) 1
  - 2 Grandparent
  - 3
  - Foster parent or guardian Sibling (include biologic, step, and adoptive sibling) 4
  - 5 Other relative
  - Not related in any way 6

Don't know / Not sure

Refused

## SOUTH DAKOTA'S 2017 STATE-ADDED QUESTIONS

#### HEALTH CARE COVERAGE

If "1" to Q. 3.1, continue. Otherwise go to SD01Q02.

SD01Q01. Earlier you were asked some questions about your health care coverage. We'd now like to ask you what type of health care coverage you use to pay for most of your medical care?

Is it coverage through:

- 01 Your employer
- 02 Someone else's employer
- 03 A plan that you or someone else buys on your own
- 04 Medicare
- 05 Medicaid or Medical Assistance
- 06 The military, CHAMPUS, TriCare, or the VA
- 07 The Indian Health Service
- 08 Some other source
- None
- Don't know/Not sure Refused

Go to Q. SD02Q01.

If "2" to Q. 3.1, continue. Otherwise go to SD02Q01.

SD01Q02. Earlier you indicated that you did not have any type of health care coverage, but there are some types of coverage you may not have considered. Please tell me if you have any of the following:

Coverage through:

- 01 Your employer
- 02 Someone else's employer
- 03 A plan that you or someone else buys on your own
- 04 Medicare
- 05 Medicaid or Medical Assistance
- 06 The military, CHAMPUS, TriCare, or the VA
- 07 The Indian Health Service

08 Some other source

None

Don't know/Not sure Refused

#### TOBACCO

If "1" to Q. 3.4, And If ("1" or "2" to Q. 9.2) or ("1" or "2" to Q. 9.5), continue. Otherwise, go to SD02Q02.

- SD02Q01. In the past 12 months, has a doctor, nurse, or other health professional advised you to (quit smoking or stop using spit tobacco)?
  - 1 Yes 2 No Don't Know/Not Sure Refused
- If "1" or "2" to Q. 8.15, continue. Otherwise, go to SD02Q04.
- SD02Q02. While working at your job, are you indoors most of the time?

1 Yes	
2 No	Go to SD02Q04
Don't Know/Not Sure	Go to SD02Q04
Refused	Go to SD02Q04

- SD02Q03. Which of the following best describes your place of work's official smoking policy for work areas?
  - 1 Not allowed in any work areas
  - 2 Allowed in some work areas
  - 3 Allowed in all work areas
  - 4 No official policy

Don't know/Not sure

Refused

- SD02Q04. Which statement best describes the rules about smoking inside your home? Do not include decks, garages, or porches.
  - 1 Smoking is not allowed anywhere inside your home
- Go to SD02Q06
- 2 Smoking is allowed in some places or at some times3 Smoking is allowed anywhere inside your home
- 4 There are no rules about smoking inside your home
- Don't know / Not sure

Refused

SD02Q05. On how many of the past 7 days did someone smoke in your home while you were there? \_\_\_\_ Number of days 5 5 Not at home in the past 7 days None

Don't know / Not sure

Refused

If "1" or "2" to Q. 10.2, continue. Otherwise, go to SD03Q01.

SD02Q06. During the past 30 days on how many days did you use electronic cigarettes or E-cigarettes?

\_\_ Number of Days [Range 1-30]
8 8 None
Don't know/Not sure
Refused

### **Actions to Control High Blood Pressure**

If "1" to Q. 4.1 in Section 4, continue. Otherwise, go to Q. SD04Q01.

Are you now doing any of the following to help lower or control your high blood pressure?

SD03Q01.	(Are you) changing your eating habits (to help lower or control your high blood pressure)? 1 Yes 2 No Don't know / Not sure Refused
SD03Q02.	<ul> <li>(Are you) cutting down on salt (to help lower or control your high blood pressure)?</li> <li>Yes</li> <li>No</li> <li>Do not use salt</li> <li>Don't know / Not sure</li> <li>Refused</li> </ul>
SD03Q03.	<ul> <li>(Are you) reducing alcohol use (to help lower or control your high blood pressure)?</li> <li>Yes</li> <li>No</li> <li>Do not drink</li> <li>Don't know / Not sure</li> <li>Refused</li> </ul>

If "1" to Q. 13.1 in Section 13, continue. Otherwise, go to SD04Q01.

SD03Q04. (Are you) exercising (to help lower or control your high blood pressure)?
1 Yes
2 No
Don't know / Not sure
Refused

#### SUBSTANCE ABUSE AND MENTAL HEALTH

- SD04Q01. During the past 12 months, how many times have you taken a prescription pain medication such as OxyContin, Percocet, Vicodin, Tramadol, or Fentanyl? \_\_\_ Number of Times None Don't know/Not sure Refused
- SD04Q02. Are you now taking medicine or receiving treatment from a doctor or other health professionals for any type of mental health condition or emotional problem?
  1 Yes
  2 No
  Don't know/Not sure

Don't know/Not su Refused

- SD04Q03. Have you ever been treated or are you currently being treated by a health care professional for substance abuse?
  - 1 Yes 2 No Don't know/Not sure Refused

#### **ADVANCE DIRECTIVE**

SD05Q01. An advance directive is a document that states what kind of health care treatment you would want to receive, or not want to receive, if you could not speak for yourself. Have you completed an advance directive?

1 Yes 2 No Don't know/Not sure Refused

#### CHILDREN'S HEALTH INSURANCE

If the total number of children (ages 0-17) is equal to or greater than 1 according to Q. 8.16, continue. Otherwise, go to SD08Q01.

I'm now going to ask you some more questions about the child in the household that we talked about earlier.

SD06Q01. Does this child have health coverage?

1 Yes	
2 No	Go to SD06Q03
Don't Know/Not Sure	Go to SD07Q01
Refused	Go to SD07Q01

- SD06Q02. What type of health coverage do you use to pay for most of this child's medical care?
  - 01 Your employer
  - 02 Someone else's employer
  - 03 A plan that you or someone else buys on your own
  - 04 Medicare
  - 05 Medicaid, CHIP, or Medical Assistance
  - 06 The military, CHAMPUS, TriCare, or the VA
  - 07 The Indian Health Service (IHS)
  - 09 Community Health Services
  - 08 Some other source
  - 88 None

Don't know/Not sure

Refused

Go to SD07Q01.

- SD06Q03. There are some types of coverage you may not have considered, please tell me if this child is covered by any of the following.
  - 01 Your employer
  - 02 Someone else's employer
  - 03 A plan that you or someone else buys on your own
  - 04 Medicare

- 05 Medicaid, CHIP, or Medical Assistance
- 06 The military, CHAMPUS, TriCare, or the VA
- 07 The Indian Health Service
- 09 Community Health Services
- 08 Some other source
- 88 None
- Don't know/Not sure
- Refused

# CHILDREN'S ORAL HEALTH

If child's age is greater than or equal to 1 continue.

- SD07Q01. How long has it been since this child last visited the dentist or a dental clinic?
  - 1 Within the past year (1 to 12 months ago) Go to SD07Q03
    - 2 Within the past 2 years (1 to 2 years ago)
    - 3 Within the past 5 years (2 to 5 years ago)
    - 4 5 or more years ago
    - 7 Don't Know/Not Sure
  - Never
  - Refused

Go to SD07Q03

Go to SD07Q03

- SD07Q02. What is the main reason this child has not visited the dentist in the last year?
  - 01 Fear, apprehension, nervousness, pain, dislike going
  - 02 Cost
  - 03 Do not have/know a dentist
  - 04 Cannot get to the office/clinic (too far away, no transportation, no appointments available)
  - 05 No reason to go (no problems, no teeth)
  - 06 Other priorities
  - 07 Have not thought of it
  - 08 Other
  - Don't Know/Not Sure
  - Refused
- SD07Q03. Do you have any kind of insurance coverage that pays for some or all of this child's routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicare?
  - 1 Yes 2 No Don't Know/Not Sure Refused
- SD07Q04. During the past 6 months, did this child have a toothache more than once, when biting or chewing? 1 Yes
  - 2 No

Don't Know/Not Sure Refused

SD07Q05.	During the past 12 months, how many times has this child missed school because of problems with their teeth or mouth? = Number of times [76 = 76+ times] None Don't know/Not sure Refused
SD07Q06.	During the past 12 months, how many times has this child visited a hospital emergency room because of dental problems? = Number of times [76 = 76+ times] None Don't know/Not sure Refused

#### Adverse Childhood Experiences

I'd like to ask you some questions about events that happened during your childhood. This information will allow us to better understand problems that may occur early in life, and may help others in the future. This is a sensitive topic and some people may feel uncomfortable with these questions. At the end of this section, I will give you a phone number for an organization that can provide information and referral for these issues. Please keep in mind that you can ask me to skip any question you do not want to answer.

All questions refer to the time period before you were 18 years of age. Now, looking back before you were 18 years of age—

SD08Q01.	Did you live with anyone who was depressed, mentally ill, or suicidal? 1 Yes 2 No Don't Know/Not Sure Refused
SD08Q02.	Did you live with anyone who was a problem drinker or alcoholic? 1 Yes 2 No Don't Know/Not Sure Refused
SD08Q03.	Did you live with anyone who used illegal street drugs or who abused prescription medications? 1 Yes 2 No Don't Know/Not Sure Refused
SD08Q04.	Did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility? 1 Yes 2 No Don't Know/Not Sure Refused

SD08Q05.	Were your parents separated or divorced? 1 Yes 2 No Don't Know/Not Sure Refused
SD08Q06.	How often did your parents or adults in your home ever slap, hit, kick, punch, or beat each other up? 1 Never 2 Once 3 More than once Don't know / Not sure Refused
SD08Q07.	<ul> <li>Before age 18, how often did a parent or adult in your home ever hit, beat, kick, or physically hurt you in any way? Do not include spanking. Would you say</li> <li>1 Never</li> <li>2 Once</li> <li>3 More than once</li> <li>Don't know / Not sure</li> <li>Refused</li> </ul>
SD08Q08.	How often did a parent or adult in your home ever swear at you, insult you, or put you down? 1 Never 2 Once 3 More than once Don't know / Not sure Refused
SD08Q09.	How often did anyone at least 5 years older than you or an adult touch you sexually? 1 Never 2 Once 3 More than once Don't know / Not sure Refused
SD08Q10.	How often did anyone at least 5 years older than you or an adult try to make you touch them sexually? 1 Never 2 Once 3 More than once Don't know / Not sure Refused

## SD08Q11. How often did anyone at least 5 years older than you or an adult force you to have sex?

Never
 Once
 More than once
 Don't know / Not sure
 Refused

As I mentioned when we started this section, I would give you a phone number for an organization that can provide information and referral for these issues. You can call the National Hotline for child abuse at 1-800-422-4453 to reach a referral service to locate an agency in your area.

# **CLOSING STATEMENT**

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.

#### Activity List for Common Leisure Activities (To be used for Section 12: Physical Activity)

Code Description (Physical Activity, Questions 12.2 and 12.5 above)

01 Active Gaming Devices (Wii Fit, Dance, Dance revolution) 02 Aerobics video or class 03 Backpacking 04 Badminton 05 Basketball 06 Bicycling machine exercise 07 Bicycling 08 Boating (Canoeing, rowing, kayaking, sailing for pleasure or camping) 09 Bowling 10 Boxing **11** Calisthenics 12 Canoeing/rowing in competition 13 Carpentry 14 Dancing-ballet, ballroom, Latin, hip hop, Zumba, etc. 15 Elliptical/EFX machine exercise 16 Fishing from river bank or boat 17 Frisbee 18 Gardening (spading, weeding, digging, filling) 19 Golf (with motorized cart) 20 Golf (without motorized cart) 21 Handball 22 Hiking - cross-country 23 Hockey 24 Horseback riding 25 Hunting large game – deer, elk 26 Hunting small game - quail 27 Inline Skating 28 Jogging 29 Lacrosse 30 Mountain climbing 31 Mowing lawn 32 Paddleball 33 Painting/papering house 34 Pilates 35 Racquetball 36 Raking lawn/trimming hedges 37 Running

38 Rock climbing

39 Rope skipping 40 Rowing machine exercises 41 Rugby 42 Scuba diving 43 Skateboarding 44 Skating - ice or roller 45 Sledding, tobogganing 46 Snorkelina 47 Snow blowing 48 Snow shoveling by hand 49 Snow skiing 50 Snowshoeing 51 Soccer 52 Softball/Baseball 53 Squash 54 Stair climbing/Stair master 55 Stream fishing in waders 56 Surfing 57 Swimming 58 Swimming in laps 59 Table tennis 60 Tai Chi 61 Tennis 62 Touch football 63 Volleyball 64 Walking 66 Waterskiing 67 Weight lifting 68 Wrestling 69 Yoga 71 Childcare 72 Farm/Ranch Work (caring for livestock, stacking hay, etc.) 73 Household Activities (vacuuming, dusting, home repair, etc.) 74 Karate/Martial Arts 75 Upper Body Cycle (wheelchair sports, ergometer 76 Yard work (cutting/gathering wood, trimming, etc.) 98 Other

99 Refused