# The Health Behaviors of South Dakotans 2017 

A Report of the South Dakota Behavioral Risk Factor Surveillance System

South Dakota Department of Health<br>600 East Capitol Avenue<br>Pierre, South Dakota 57501

In cooperation with the Centers for Disease Control and Prevention Atlanta, Georgia

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## Preface

The Health Behaviors of South Dakotans 2017 serves as a way to measure health risks of South Dakotans.

The information used to develop the report came from the Behavioral Risk Factor Surveillance System (BRFSS). The South Dakota Department of Health (DOH) initiated the BRFSS with help from the Centers for Disease Control and Prevention (CDC).

The survey consists of questions aimed at tracking and trending prevalence of health behaviors and conditions over time.

The BRFSS is the world's largest telephone survey. The survey is administered to households with adults age 18 years or older.

The Office of Health Statistics edited and compiled data for this publication. This report contains as much information as practical from the survey.

For questions regarding The Health Behaviors of South Dakotans 2017, please contact:

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## History

By the early 1980s, scientific research clearly showed that personal health behaviors played a major role in premature morbidity and mortality. The National Center for Health Statistics (NCHS) periodically used surveys to obtain national estimates of health risk behaviors among U.S. adult populations, but these data were not available on a state-specific basis. This deficiency was critical for state health agencies that have the primary role of targeting resources to reduce behavioral risks and their consequent illnesses.

About the same time as personal health behaviors received wider recognition in relation to chronic disease, morbidity and mortality, telephone surveys emerged as an acceptable method for determining the prevalence of many health risk behaviors among populations. In addition to their cost advantages, telephone surveys were especially desirable at the state and local level, where the necessary abilities and resources for conducting area probability sampling for inperson household interviews were likely unavailable.

As a result, surveys were developed and conducted to monitor state-level prevalence of the major behavioral risks associated with premature morbidity and mortality. The basic philosophy was to collect data on actual behaviors, rather than on attitudes or knowledge, which would be especially useful for planning, initiating, supporting, and evaluating health promotion and disease prevention programs. Data from the questionnaire provided health departments, public health offices, and policymakers with necessary behavioral information. When combined with mortality and morbidity statistics, these data enable public health officials to establish policies and priorities and to initiate and assess health promotion strategies.

In 1984, the creation of the Behavioral Risk Factor Surveillance System (BRFSS) began to collect prevalence data on risk behaviors and preventative health practices that affect health status. The Centers for Disease Control and Prevention (CDC) developed a standard core questionnaire for states to use to provide data that would be comparable with all states. Individual states could add questions to gather additional information on topics of specific interest to them. The South Dakota Department of Health (DOH) started the BRFSS in South Dakota in 1987 with the help of the CDC. By 1994, all states, the District of Columbia, and three territories were participating in the BRFSS.

## Purpose

- The main purpose of the BRFSS at the state level is for program support within the DOH . Every year, various health programs collaborate and plan the optional content of the survey to gather useful data. They are then able to use those data to determine priority health issues and identify populations at highest risk. This leads to effective program planning, initiation, support, and evaluation of health promotion and disease prevention programs.
- The DOH also uses BRFSS data to increase awareness and educate the public, the health community, and policymakers about health matters through responses to media inquiries, reports, and publications. Private and public health officials throughout South Dakota receive a copy of this report to aid program efforts in influencing public health issues.

In December 2015, the South Dakota Department of Health released a strategic plan for the next five years. The plan includes goals that will be measured by key performance indicators. Six of these performance indicators use BRFSS data. They include:

- Increase the percent of South Dakota adults who have visited a doctor for a routine check-up within the past 2 years from 80\% in 2014 to 84\% by 2020
- Reduce the percentage of adults who currently smoke from $19 \%$ in 2014 to $14.5 \%$ by 2020
- Increase the percentage of adults who meet the recommended physical activity aerobic guidelines from $54 \%$ in 2013 to 59\% by 2020
- Increase the percentage of adults age 50-75 who are up-to-date with recommended colorectal cancer screening from 67\% in 2014 to 80\% by 2020
- Increase the percent of Native Americans who report good to excellent health status from $77 \%$ in 2012-2014 to $87 \%$ by 2018-2020
- Reduce the percent of low-income South Dakotans who currently smoke from 32.7\% in 2013-2014 to 31.5\% by 2020.

In subsequent reports we will be highlighting these areas and tracking the progress toward 2020.

## Report Description

This report includes several sections covering major indicators from the survey. The DOH has organized the sections in the following manner:

- A definition of the indicator is given.
- The prevalence of the indicator in South Dakota is given and the prevalence in the United States and D.C. is given if it is available.
- A time trend analysis for each indicator is given as far back as comparable data have been gathered. This includes a dashed trend line as well as the actual data results for each available year. Multiple years of data are very valuable not only for analyzing the trend of the indicator, but also help to show the variability in some indicators.
- A detailed demographic breakdown is included. This table is important because it can identify demographic subgroups at highest risk.
- Text explaining any demographic differences or associations with the given indicator is included. When a prevalence is indicated to be significantly different for different demographics, it simply means the $95 \%$ confidence intervals for the given indicators do not overlap.
- Any additional data gathered on the given topic will then follow.

Table 1, on the next page, shows the estimated risk factor rates and the estimated number of persons in South Dakota who are at risk for the selected risk factors. The DOH based the estimated population at risk on 2017 population estimates from the U. S. Census Bureau.

| Table 1 <br> Estimated Percentage and Number of Persons at Risk Due to Selected Factors (Ages 18 and Older Unless Otherwise Specified): South Dakota BRFSS, 2017 |  |  |
| :---: | :---: | :---: |
| Topic | Estimated \% | Estimated Population |
| Body Mass Index - Overweight/Obese (BMI 25.0+) | 68\% | 444,000 |
| Body Mass Index - Obese Classes I-III (BMI 30.0+) | 32\% | 209,000 |
| Body Mass Index - Obese Classes II-III (BMI 35.0+) | 13\% | 86,000 |
| Leisure Time Physical Activity | 75\% | 492,000 |
| Meets Physical Activity Recommendations | 51\% | 332,000 |
| Three or More Servings of Vegetables per Day | 13\% | 88,000 |
| Two or More Servings of Fruit per Day | 30\% | 196,000 |
| Five or More Servings of Fruits and Vegetables per Day | 15\% | 96,000 |
| Cigarette Smoking | 19\% | 126,000 |
| Smokeless Tobacco Use | 6\% | 40,000 |
| E-Cigarette Use | 4\% | 26,000 |
| Tobacco Use (Cigarette, Smokeless, or E-Cig) | 25\% | 163,000 |
| Hypertension | 31\% | 202,000 |
| High Blood Cholesterol | 29\% | 193,000 |
| Diabetes | 11\% | 73,000 |
| No Health Insurance (18-64 Years Old) | 8\% | 39,000 |
| No Health Insurance (0-17 Years Old) | 1\% | 1,000 |
| No Health Insurance (0-64 Years Old) | 5\% | 40,000 |
| Routine Check-Up in Past Two Years | 81\% | 532,000 |
| Flu Shot in Past 12 months (65+ Years Old) | 65\% | 92,000 |
| Ever Had a Pneumonia Shot (65+ Years Old) | 78\% | 110,000 |
| Ever Had a Shingles Shot (50+ years old) | 39\% | 120,000 |
| Been to the Dentist in the Past Year (1-17 years old) | 88\% | 179,000 |
| Ever Had a Heart Attack | 5\% | 32,000 |
| Have Angina or Coronary Heart Disease | 5\% | 31,000 |
| Ever Had a Stroke | 3\% | 18,000 |
| Ever Been Diagnosed with Cancer (Excluding Skin Cancer) | 7\% | 48,000 |
| Ever Been Diagnosed with Skin Cancer | 5\% | 34,000 |
| Current Asthma | 7\% | 48,000 |
| Arthritis | 22\% | 145,000 |
| Chronic Obstructive Pulmonary Disease (COPD) | 5\% | 30,000 |
| Depressive Disorder | 17\% | 114,000 |
| Kidney Disease | 3\% | 18,000 |
| Severe Vision Impairment | 4\% | 24,000 |
| Hearing Difficulty | 8\% | 52,000 |
| Always or Almost Always Use Seat Belt | 87\% | 570,000 |
| Drank Alcohol in Past 30 Days | 55\% | 361,000 |
| Binge Drinking | 17\% | 114,000 |
| Heavy Drinking | 6\% | 40,000 |
| Advance Directive in Place | 32\% | 209,000 |
| Currently Using Birth Control (18-49 Females) | 72\% | 119,000 |
| Taken Prescription Pain Medication in Past 12 Months | 15\% | 98,000 |
| One or More Adverse Childhood Experiences | 46\% | 298,000 |
| Five or More Adverse Childhood Experiences | 7\% | 47,000 |
| Fair/Poor Health Status | 14\% | 94,000 |
| Physical Health Not Good for 30 of the Past 30 days | 7\% | 45,000 |
| Mental Health Not Good for 20-30 Days of the Past 30 days | 6\% | 41,000 |
| Professional Treatment for Mental Problem | 12\% | 82,000 |
| Professional Treatment for Substance Abuse | 2\% | 12,000 |
| Usual Activities Unattainable for 10-30 Days of the Past 30 Days | 8\% | 49,000 |
| Ever Been Tested for HIV (18-64 Years Old) | 27\% | 139,000 |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Table 2 shows the topics covered on South Dakota's BRFSS each year from 2008 through 2017.

| Table 2 <br> Topics Covered on the South Dakota BRFSS, 2008-2017 |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Topics | Year |  |  |  |  |  |  |  |  |  |
|  | 2017 | 2016 | 2015 | 2014 | 2013 | 2012 | 2011 | 2010 | 2009 | 2008 |
| Advanced Directive | X |  | X |  |  |  |  |  | X |  |
| Adverse Childhood Experiences (ACE) | X |  |  |  |  |  |  |  |  |  |
| Alcohol Consumption | X | X | X | X | X | X | X | X | X | X |
| Arthritis | X | X | X | X | X | X | X |  | X |  |
| Asthma | X | X | X | X | X | X | X | X | X | X |
| Birth Control | X |  |  |  |  |  |  |  |  |  |
| Body Mass Index | X | X | X | X | X | X | X | X | X | X |
| Breast Cancer Screening |  | X |  | X |  | X |  | X |  | X |
| Cancer | X | X | X | X | X | X | X | X | X |  |
| Cancer Survivorship | X | X | X |  |  |  |  |  |  |  |
| Cardiovascular Disease | X | X | X | X | X | X | X | X | X | X |
| Care Giving |  | X |  |  |  |  |  |  | X |  |
| Cervical Cancer Screening |  | X |  | X |  | X |  | X |  | X |
| Cholesterol Awareness | X |  | X |  | X |  | X |  | X |  |
| Chronic Obstructive Pulmonary Disease (COPD) | X | X | X | X | X | X | X |  |  |  |
| Cognitive Impairment |  |  | X | X | X |  |  |  |  |  |
| Colorectal Cancer Screening |  | X |  | X |  | X |  | X |  | X |
| Depressive Disorder | X | X | X | X | X | X | X |  |  |  |
| Diabetes | X | X | X | X | X | X | X | X | X | X |
| Diabetes - Children |  |  |  |  |  |  |  |  |  | X |
| Diabetes - Pre | X | X | X | X | X | X | X | X | X | X |
| Disability (Physical, Mental, or Emotional) |  |  | X | X | X | X | X | X | X | X |
| Emotional Support \& Life Satisfaction |  |  |  |  |  |  |  | X | X | X |
| Falls |  | X |  | X |  | X |  | X |  | X |
| Flu Shots | X | X | X | X | X | X | X | X | X | X |
| Health Care Coverage and Access | X | X | X | X | X | X | X | X | X | X |
| Health Care Coverage - Children | X | X | X | X | X | X | X | X | X | X |
| Health Status / Healthy Days | X | X | X | X | X | X | X | X | X | X |
| "Healthy South Dakota" - Name Recognition |  |  |  |  |  | X |  | X |  | X |
| Hearing Difficulty | X | X |  |  |  |  |  |  |  |  |
| Heart Attack - Knowledge of Signs and Symptoms |  |  | X |  | X |  | X |  | X |  |
| High Blood Pressure - Prevalence | X |  | X | X | X | X | X |  | X |  |
| High Blood Pressure - Actions to Control | X |  |  | X |  | X |  |  |  |  |
| HIVIAIDS | X | X | X | X | X | X | X | X | X | X |
| HPV |  | X |  |  |  |  |  |  |  |  |
| Immunization - Children |  |  |  |  |  |  |  | X |  | X |
| Influenza Like Illness |  |  |  |  |  |  | X |  |  |  |
| Influenza - Pandemic |  |  |  |  |  |  |  |  | X |  |
| Kidney Disease | X | X | X | X | X | X | X |  |  |  |
| Mental Health | X | X |  |  |  |  |  |  |  |  |
| Nutrition/Fruits \& Vegetables | X |  | X |  | X |  | X |  | X |  |
| Oral Health |  | X |  | X |  | X |  | X |  | X |
| Oral Health - Children | X |  | X |  | X |  | X |  | X |  |
| Physical Activity - Exercise Trips |  | X | X |  |  |  |  |  |  |  |
| Physical Activity - Hours Sitting per Day |  | X | X |  |  |  |  |  |  |  |
| Physical Activity - Leisure Time | X | X | X | X | X | X | X | X | X | X |
| Physical Activity - Type and Amount of Time | X |  | X |  | X |  | X |  | X |  |
| Physical, Mental, or Emotional Limitations |  |  | X | X | X |  |  |  |  |  |
| Pneumonia Shots | X | X | X | X | X | X | X | X | X | X |
| Preparedness |  |  |  |  |  |  |  |  |  | X |
| Prescription Pain Medication | X |  |  |  |  |  |  |  |  |  |
| Prostate Cancer Screening |  | X |  | X |  | X |  | X |  | X |
| Salt Related Behavior |  |  |  | X |  |  |  |  |  |  |
| Seat Belts | X | X | X | X | X | X | X | X |  | X |
|  |  |  |  |  |  |  |  |  |  |  |

Table 2
Topics Covered on the South Dakota BRFSS, 2008-2017

| Topics | Year |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2017 | 2016 | 2015 | 2014 | 2013 | 2012 | 2011 | 2010 | 2009 | 2008 |
| Sexual Violence |  |  |  | X |  |  |  | X | X | X |
| Shingles Shots | X |  |  | X |  |  |  |  |  |  |
| Sleep |  | X |  | X | X |  |  | X | X | X |
| Special Health Conditions - Children |  |  |  |  |  |  |  | X | X | X |
| Stroke - Signs and Symptoms |  |  |  |  |  | X |  | X |  | X |
| Substance Abuse | X | X |  |  |  |  |  |  |  |  |
| Sun Exposure / Skin Cancer |  | X |  | X |  | X | X | X |  |  |
| Sweetened Beverages / Menu Labeling |  |  |  |  |  | X | X | X |  |  |
| Tetanus Shot |  | X |  |  | X |  |  |  |  |  |
| Tobacco - Cigarette Use | X | X | X | X | X | X | X | X | X | X |
| Tobacco - E-Cigarette Use | X | X | X |  |  |  |  |  |  |  |
| Tobacco - Quitline Name Recognition |  | X | X | X | X |  |  |  |  |  |
| Tobacco - Second Hand Smoke | X | X | X | X | X | X | X | X | X | X |
| Tobacco-Smokeless | X | X | X | X | X | X | X | X | X | X |
| TV Viewing |  |  |  |  | X |  | X |  | X |  |
| Vision Impairment | X | X | X | X | X | X | X |  |  |  |
| Weight Control |  |  |  |  |  |  | X |  | X |  |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2008-2017

## Participating Agencies

The South Dakota Behavioral Risk Factor Surveillance System is a combined effort between the South Dakota Department of Health (DOH) and the Centers for Disease Control and Prevention (CDC). The DOH contracted with Personal Group, Inc. to collect the data through telephone interviews. However, the DOH continues to supervise the survey process, as well as design and distribute the report. The CDC provides financial and technical assistance, develops the questionnaire, designs the methodology, and processes the data.

## Method of Surveillance

This study uses a telephone survey rather than other survey methods because of its low cost, ease of administration in reaching respondents, and reliability. Telephone surveys are less representative of areas where a significant portion of the population does not have telephones. Cell phones were first called in 2011. Fifty percent of all surveys were completed via cell phone in 2017 with the intent to continue to increase this percentage in the coming years.

## Questionnaire Development

The BRFSS is designed to collect information on the health behaviors of adults over time. For the 2017 survey (Appendix B), standard demographic questions were included along with sections on general health status, physical and mental health, health insurance, hypertension, cholesterol, chronic health conditions, cardiovascular disease, tobacco use, alcohol use, physical activity and nutrition, seat belt use, immunization, and HIVIAIDS. South Dakota also added several state-specific questions to the end of the core questionnaire including secondhand smoke, name recognition of the South Dakota QuitLine, cancer, advance directives, family planning, adverse childhood experiences, prescription pain medication, substance abuse, children's health insurance, and children's oral health.

## Accuracy of Survey Data

It is important to remember that the survey data are self-reported. Therefore, people may tend to report a more favorable lifestyle than actually practiced. The accuracy of self-reported data may also vary according to risk factors, i.e., self-reported smoking status is thought to be more accurate than self-reported eating habits. These limitations do not negate the survey's ability to identify high-risk groups and monitor long-term trends.

## Eligible Respondent Selection

Eligible respondents for the landline survey were individuals 18 years of age or over who resided a majority of the time at the household contacted. In households with more than one eligible respondent, a random selection was made to determine the actual respondent. Data included in the children's sections of this report were estimated based on responses from the adult respondent regarding a randomly selected child in the household. Automated prescreening was done to eliminate business phones and non-working numbers. "No Answers" and "Busy Signals" were re-dialed a minimum of three times on five different days at different times before they were removed.

Eligible respondents for the cell phone survey were individuals 18 years of age or over who did not also have a landline phone. Data included in the children's sections of this report were estimated based on responses from the adult respondent regarding a randomly selected child in the adult's household. Six attempts were made to complete a survey. After the sixth attempt the phone number was removed.

## Data Collection Process

There were 7,012 interviews completed between January 1, 2017 and December 31, 2017, at an average of 584 interviews per month.

## Data Processing

The DOH sent the data electronically to the CDC. The CDC then supplied a final data file with applicable data weights and several calculated variables included. The DOH used this file to calculate all the data presented in this report.

## Weighting

Collecting data via telephone survey often produces an over-representation of certain demographic groups in the sample population. Therefore, the sample population may not be representative of the actual population. To account for this, the data are weighted to produce estimates that represent the actual population rather than the sample population.

## Sample Description

Survey interviewers collected demographic variables including age, gender, and race. Those interested can find a summary of the demographic results in a table displayed in Appendix A: Demographics.

Appendix A also summarizes the age, race, ethnicity, household income, education, employment status, marital status, phone status (landline v. cell), home ownership status, presence of children in the household, and pregnancy status of female respondents ages 18-44 years old.

## Completion Rate

Table 3 shows the outcome of all telephone calls. The 7,012 completed interviews represented a completion rate of 2.9 percent. The refusal rate was 9.8 percent.

## Table 3

## Disposition of All Telephone Numbers in the Sample, 2017

| Final Outcome | Number | Percent |
| :--- | ---: | ---: |
| Completed interview | 7,012 | $2.9 \%$ |
| Refused interview | 23,861 | $9.8 \%$ |
|  |  |  |
| Nonworking number | 172,878 | $70.8 \%$ |
| Not a private residence | 12,842 | $5.3 \%$ |
| Technological barrier | 8,968 | $3.7 \%$ |
| Telephone answering service (Multiple times) | 7,319 | $3.0 \%$ |
| No answer (Multiple times) | 2,966 | $1.2 \%$ |
| Cell phone (Landline study) | 1,430 | $0.6 \%$ |
| Fax line | 1,173 | $0.5 \%$ |
| No eligible respondent at this number | 706 | $0.3 \%$ |
| Interview terminated within questionnaire | 421 | $0.2 \%$ |
| Respondent not available during the interviewing period | 280 | $0.1 \%$ |
| Physical/mental impairment | 168 | $0.1 \%$ |
| On never call list | 144 | $0.1 \%$ |
| Landline phone (Cell phone study) | 117 | $0.0 \%$ |
| Language barrier | 113 | $0.0 \%$ |
| Other | 3,785 | $1.6 \%$ |
|  |  |  |
| Total | $\mathbf{2 4 4 , 1 8 3}$ | $\mathbf{1 0 0 . 0 \%}$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

## Overweight and Obese

## OVERWEIGHT OR OBESE

Definition: Overweight or obese is defined as having a Body Mass Index (BMI) of 25.0 or above. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds, divided by their height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (Ib)/height (in) ${ }^{2} x 703$.

## Prevalence of Overweight or Obese

o South Dakota 68\%
o Nationwide median 67\%

Figure 1
Percentage of South Dakotans Who Are Overweight or Obese Based on Body Mass Index, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 4South Dakotans Who Are Overweight or Obese, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 73\% | 71.7\% | 74.3\% |
|  | Female | 59\% | 57.6\% | 60.3\% |
| Age | 18-29 | 48\% | 45.8\% | 51.1\% |
|  | 30-39 | 67\% | 64.3\% | 69.4\% |
|  | 40-49 | 72\% | 69.3\% | 74.0\% |
|  | 50-59 | 74\% | 72.2\% | 75.8\% |
|  | 60-69 | 76\% | 73.8\% | 77.2\% |
|  | 70-79 | 71\% | 68.3\% | 72.9\% |
|  | 80+ | 59\% | 56.2\% | 62.7\% |
| Race | White | 66\% | 65.2\% | 67.2\% |
|  | American Indian | 73\% | 69.3\% | 76.2\% |
| Ethnicity | Hispanic | 68\% | 59.5\% | 76.1\% |
|  | Non-Hispanic | 66\% | 65.2\% | 67.1\% |
| Household Income | Less than \$35,000 | 66\% | 64.3\% | 68.0\% |
|  | \$35,000-\$74,999 | 70\% | 68.0\% | 71.2\% |
|  | \$75,000+ | 68\% | 65.8\% | 69.3\% |
| Education | Less than High School, G.E.D. | 66\% | 61.8\% | 69.4\% |
|  | High School, G.E.D. | 67\% | 65.7\% | 69.1\% |
|  | Some Post-High School | 66\% | 64.6\% | 68.0\% |
|  | College Graduate | 65\% | 63.3\% | 66.3\% |
| Employment Status | Employed for Wages | 67\% | 66.0\% | 68.7\% |
|  | Self-employed | 69\% | 66.8\% | 71.9\% |
|  | Unemployed | 64\% | 58.2\% | 69.0\% |
|  | Homemaker | 56\% | 51.1\% | 60.3\% |
|  | Student | 35\% | 30.4\% | 40.6\% |
|  | Retired | 70\% | 68.3\% | 71.6\% |
|  | Unable to Work | 76\% | 72.3\% | 79.7\% |
| Marital Status | Married/Unmarried Couple | 70\% | 69.2\% | 71.4\% |
|  | Divorced/Separated | 69\% | 66.6\% | 71.6\% |
|  | Widowed | 64\% | 60.9\% | 66.4\% |
|  | Never Married | 54\% | 51.7\% | 56.7\% |
| Home Ownership Status | Own Home | 69\% | 68.0\% | 70.1\% |
|  | Rent Home | 61\% | 59.2\% | 63.7\% |
| Children Status | Children in Household (Ages 18-44) | 62\% | 60.0\% | 64.2\% |
|  | No Children in Household (Ages 18-44) | 55\% | 52.1\% | 57.6\% |
| Phone Status | Landline | 68\% | 66.9\% | 69.6\% |
|  | Cell Phone | 65\% | 63.8\% | 66.4\% |
| Pregnancy Status | Pregnant (Ages 18-44) |  | , |  |
|  | Not Pregnant (Ages 18-44) | 53\% | 50.4\% | 55.3\% |
| County | Minnehaha | 64\% | 60.9\% | 66.1\% |
|  | Pennington | 64\% | 60.8\% | 66.3\% |
|  | Lincoln | 64\% | 59.9\% | 68.1\% |
|  | Brown | 71\% | 67.7\% | 75.0\% |
|  | Brookings | 63\% | 57.6\% | 67.7\% |
|  | Codington | 65\% | 60.3\% | 68.9\% |
|  | Meade | 64\% | 59.3\% | 68.9\% |
|  | Lawrence | 61\% | 56.9\% | 64.0\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender Males exhibit a significantly higher prevalence of being overweight than females.

| Age | The prevalence of being overweight increases as age increases with a peak in the 60s including a significant increase as the 30s are reached. After that the prevalence of being overweight decreases as age increases with significant decreases as the 70s and 80s are reached. |
| :---: | :---: |
| Race | American Indians demonstrate a significantly higher prevalence of being overweight than whites. |
| Ethnicity | There seems to be no Hispanic difference regarding the prevalence of being overweight. |
| Household Income | There seems to be no household income difference regarding the prevalence of being overweight. |
| Education | There seems to be no education level difference regarding the prevalence of being overweight. |
| Employment | Those who are unable to work demonstrate a very high prevalence of being overweight, while those who are students show a very low prevalence. |
| Marital Status | Those who are married or divorced exhibit a very high prevalence of being overweight, while those who have never been married show a very low prevalence. |
| Home Ownership | Those who own their home show a significantly higher prevalence of being overweight than those who rent their home. |
| Children Status | Those adults with children in the household demonstrate a significantly higher prevalence of being overweight than those with no children. |
| Phone Status | Those with a landline phone exhibit a significantly higher prevalence of being overweight than those with a cell phone. |
| County | Brown county demonstrates a very high prevalence of being overweight, while Minnehaha, Pennington, and Lawrence counties show a very low prevalence. |

## OBESITY, CLASS I-III

Definition: Obesity, Class I-III is defined as having a Body Mass Index (BMI) of 30.0 or greater. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds divided by height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in) ${ }^{2} x 703$.

## Prevalence of Obesity, Class I-III

o South Dakota 32\%
o Nationwide median 31\%

Figure 2
Percentage of South Dakotans Who Are Class I-III Obese Based on Body Mass Index, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 5South Dakotans Who Are Class I-III Obese, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 32\% | 31.1\% | 33.7\% |
|  | Female | 28\% | 26.9\% | 29.3\% |
| Age | 18-29 | 20\% | 18.1\% | 22.3\% |
|  | 30-39 | 32\% | 29.2\% | 34.0\% |
|  | 40-49 | 36\% | 33.3\% | 38.4\% |
|  | 50-59 | 37\% | 34.7\% | 38.7\% |
|  | 60-69 | 36\% | 34.0\% | 37.9\% |
|  | 70-79 | 29\% | 26.9\% | 31.3\% |
|  | 80+ | 18\% | 15.7\% | 20.7\% |
| Race | White | 30\% | 28.9\% | 30.7\% |
|  | American Indian | 40\% | 36.9\% | 43.9\% |
| Ethnicity | Hispanic | 32\% | 24.3\% | 40.4\% |
|  | Non-Hispanic | 30\% | 29.4\% | 31.2\% |
| Household Income | Less than \$35,000 | 32\% | 30.6\% | 34.0\% |
|  | \$35,000-\$74,999 | 32\% | 30.0\% | 33.2\% |
|  | \$75,000+ | 30\% | 28.0\% | 31.5\% |
| Education | Less than High School, G.E.D. | 32\% | 28.5\% | 35.5\% |
|  | High School, G.E.D. | 30\% | 28.6\% | 31.8\% |
|  | Some Post-High School | 32\% | 30.1\% | 33.3\% |
|  | College Graduate | 28\% | 26.6\% | 29.4\% |
| Employment Status | Employed for Wages | 32\% | 30.3\% | 32.9\% |
|  | Self-employed | 31\% | 28.2\% | 33.4\% |
|  | Unemployed | 31\% | 26.2\% | 35.9\% |
|  | Homemaker | 23\% | 19.5\% | 26.8\% |
|  | Student | 14\% | 11.1\% | 18.1\% |
|  | Retired | 28\% | 26.6\% | 29.8\% |
|  | Unable to Work | 48\% | 43.4\% | 51.7\% |
| Marital Status | Married/Unmarried Couple | 32\% | 30.9\% | 33.2\% |
|  | Divorced/Separated | 33\% | 30.8\% | 35.8\% |
|  | Widowed | 27\% | 24.3\% | 29.3\% |
|  | Never Married | 25\% | 23.2\% | 27.1\% |
| Home Ownership Status | Own Home | 31\% | 30.1\% | 32.1\% |
|  | Rent Home | 29\% | 27.4\% | 31.3\% |
| Children Status | Children in Household (Ages 18-44) | 28\% | 26.3\% | 30.2\% |
|  | No Children in Household (Ages 18-44) | 25\% | 22.8\% | 27.3\% |
| Phone Status | Landline | 31\% | 29.9\% | 32.5\% |
|  | Cell Phone | 30\% | 28.6\% | 31.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | 26\% | 24.1\% | 28.4\% |
| County | Minnehaha | 29\% | 26.4\% | 31.0\% |
|  | Pennington | 28\% | 25.8\% | 31.0\% |
|  | Lincoln | 28\% | 24.2\% | 31.8\% |
|  | Brown | 32\% | 28.7\% | 36.1\% |
|  | Brookings | 25\% | 21.3\% | 29.3\% |
|  | Codington | 30\% | 26.3\% | 33.8\% |
|  | Meade | 28\% | 23.9\% | 31.6\% |
|  | Lawrence | 25\% | 22.2\% | 27.8\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | Males exhibit a significantly higher prevalence obesity than females. |
| :--- | :--- |
| Age | The prevalence of obesity increases as age increases with a peak in the 50s <br> including a significant increase as the 30s are reached. After that, the <br> prevalence of obesity decreases as age increases with significant decreases <br> as the 70s and 80s are reached. |
| Race | American Indians demonstrate a significantly higher prevalence of obesity <br> than whites. |
| Ethnicity | There seems to be no Hispanic difference regarding the prevalence of <br> obesity. |
| Household | There seems to be no household income difference regarding the prevalence <br> of obesity. |
| Income | There seems to be no education level difference regarding the prevalence of <br> obesity. |
| Education | Those who are unable to work demonstrate a very high prevalence of obesity, <br> while those who are a student show a very low prevalence. |
| Employment |  |
| Marital | Those who are married or divorced exhibit a very high prevalence of obesity, <br> while those who are widowed or have never been married show a very low <br> prevalence. |
| Chome | The prevalence of obesity does not seem to change based on home |
| Ownership | ownership. |
| Che prevalence of the adults being obese does not seem to change based on |  |

## OBESITY, CLASSES II-I|I

Definition: Obesity, Classes II-III is defined as having a Body Mass Index (BMI) of 35.0 or greater. Body Mass Index (BMI) is calculated by taking a person's body weight in pounds divided by height in inches, divided by height in inches (again) times 703. The mathematical equation for BMI is: weight (lb)/height (in) ${ }^{2}$ x 703.

## Prevalence of Obesity, Classes II-III

o South Dakota 13\%
o There is no nationwide median for obese classes II-III

Figure 3
Percentage of South Dakotans Who Are Class II-III Obese Based on Body Mass Index, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 6 <br> South Dakotans Who Are Class II-III Obese, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 11\% | 10.5\% | 12.2\% |
|  | Female | 12\% | 11.3\% | 13.0\% |
| Age | 18-29 | 8\% | 7.1\% | 10.0\% |
|  | 30-39 | 13\% | 11.0\% | 14.3\% |
|  | 40-49 | 14\% | 12.6\% | 16.4\% |
|  | 50-59 | 15\% | 13.1\% | 16.2\% |
|  | 60-69 | 13\% | 11.9\% | 14.6\% |
|  | 70-79 | 9\% | 8.1\% | 10.9\% |
|  | 80+ | 5\% | 3.9\% | 7.1\% |
| Race | White | 11\% | 10.8\% | 12.1\% |
|  | American Indian | 17\% | 14.2\% | 19.4\% |
| Ethnicity | Hispanic | 13\% | 8.8\% | 20.2\% |
|  | Non-Hispanic | 12\% | 11.1\% | 12.3\% |
| Household Income | Less than \$35,000 | 14\% | 13.1\% | 15.6\% |
|  | \$35,000-\$74,999 | 12\% | 10.9\% | 13.1\% |
|  | \$75,000+ | 10\% | 9.0\% | 11.3\% |
| Education | Less than High School, G.E.D. | 13\% | 10.2\% | 15.3\% |
|  | High School, G.E.D. | 12\% | 10.7\% | 12.9\% |
|  | Some Post-High School | 12\% | 11.2\% | 13.4\% |
|  | College Graduate | 11\% | 9.6\% | 11.5\% |
| Employment Status | Employed for Wages | 12\% | 11.6\% | 13.4\% |
|  | Self-employed | 11\% | 8.9\% | 12.5\% |
|  | Unemployed | 13\% | 10.2\% | 16.5\% |
|  | Homemaker | 10\% | 7.3\% | 12.4\% |
|  | Student | 5\% | 2.9\% | 7.8\% |
|  | Retired | 9\% | 8.4\% | 10.5\% |
|  | Unable to Work | 24\% | 20.8\% | 27.6\% |
| Marital Status | Married/Unmarried Couple | 11\% | 10.6\% | 12.2\% |
|  | Divorced/Separated | 14\% | 12.5\% | 16.1\% |
|  | Widowed | 12\% | 9.9\% | 13.8\% |
|  | Never Married | 11\% | 10.1\% | 12.8\% |
| Home Ownership Status | Own Home | 11\% | 10.5\% | 11.9\% |
|  | Rent Home | 13\% | 12.0\% | 14.8\% |
| Children Status | Children in Household (Ages 18-44) | 12\% | 10.3\% | 13.1\% |
|  | No Children in Household (Ages 18-44) | 10\% | 8.7\% | 11.5\% |
| Phone Status | Landline | 13\% | 11.8\% | 13.8\% |
|  | Cell Phone | 11\% | 10.3\% | 11.9\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | 12\% | 10.4\% | 13.4\% |
| County | Minnehaha | 10\% | 8.9\% | 11.9\% |
|  | Pennington | 11\% | 9.5\% | 13.5\% |
|  | Lincoln | 12\% | 9.1\% | 15.0\% |
|  | Brown | 14\% | 11.6\% | 17.1\% |
|  | Brookings | 9\% | 6.6\% | 12.1\% |
|  | Codington | 12\% | 9.3\% | 14.6\% |
|  | Meade | 11\% | 8.3\% | 14.0\% |
|  | Lawrence | 7\% | 5.8\% | 8.6\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | There seems to be no gender difference regarding being very obese. |
| :--- | :--- |
| Age | The prevalence of being very obese increases as age increases with a peak <br> in the 50 including a significant increase as the 30 s are reached. After that, <br> the prevalence of being obese decreases as age increases with significant <br> decreases as the 70s and 80s are reached. |
| Race | American Indians demonstrate a significantly higher prevalence of being very <br> obese than whites. |
| Ethnicity | There seems to be no Hispanic difference regarding the prevalence of being <br> very obese. |
| Household | The prevalence of being very obese decreases as household income <br> increases. |
| Income | The prevalence of being very obese decreases as education levels increase. |
| Education | Those who are unable to work demonstrate a very high prevalence of being <br> very obese, while those who are a homemaker or a student show a very low <br> prevalence. |
| Employment |  |
| Marital | Those who are divorced exhibit a very high prevalence of being very obese, <br> while those who are married show a very low prevalence. |
| Home | Those who rent their home show a significantly higher prevalence of being <br> very obese than those who own their home. |
| Ownership | The prevalence of the adults being very obese does not seem to change <br> based on the presence of children in the household. |
| Children | The prevalence of being very obese does not seem to change based on <br> phone status. |
| Phone Status | Minnehaha, Pennington, Lincoln, Brown, and codington counties demonstrate <br> a very high prevalence of being very obese, while Lawrence county shows a <br> very low prevalence. |

## Physical Activity and Nutrition

## LEISURE TIME PHYSICAL ACTIVITY

Definition: South Dakotans who report leisure time physical activity or exercise during the past 30 days other than the respondent's regular job.

## Prevalence of Leisure Time Physical Activity

o South Dakota 75\%
o Nationwide median 74\%

Figure 4
Percentage of South Dakotans Who Reported Leisure Time Physical Activity, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 7 <br> South Dakotans Who Reported Leisure Time Physical Activity, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 77\% | 76.0\% | 78.4\% |
|  | Female | 79\% | 77.7\% | 79.7\% |
| Age | 18-29 | 86\% | 84.5\% | 88.1\% |
|  | 30-39 | 82\% | 79.4\% | 83.6\% |
|  | 40-49 | 78\% | 76.1\% | 80.4\% |
|  | 50-59 | 75\% | 73.6\% | 77.3\% |
|  | 60-69 | 73\% | 71.0\% | 74.7\% |
|  | 70-79 | 73\% | 70.9\% | 75.4\% |
|  | 80+ | 65\% | 62.2\% | 68.4\% |
| Race | White | 78\% | 77.1\% | 78.7\% |
|  | American Indian | 77\% | 74.4\% | 80.2\% |
| Ethnicity | Hispanic | 83\% | 76.2\% | 88.1\% |
|  | Non-Hispanic | 78\% | 77.1\% | 78.6\% |
| Household Income | Less than \$25,000 | 73\% | 71.5\% | 74.7\% |
|  | \$25,000-\$74,999 | 79\% | 77.1\% | 79.9\% |
|  | \$75,000+ | 85\% | 83.3\% | 85.9\% |
| Education | Less than High School, G.E.D. | 65\% | 61.6\% | 68.7\% |
|  | High School, G.E.D. | 74\% | 72.0\% | 75.0\% |
|  | Some Post-High School | 80\% | 78.5\% | 81.1\% |
|  | College Graduate | 87\% | 85.5\% | 87.5\% |
| Employment Status | Employed for Wages | 81\% | 79.6\% | 81.8\% |
|  | Self-employed | 72\% | 69.9\% | 74.8\% |
|  | Unemployed | 76\% | 70.7\% | 80.0\% |
|  | Homemaker | 82\% | 78.5\% | 85.5\% |
|  | Student | 91\% | 87.6\% | 93.6\% |
|  | Retired | 74\% | 72.5\% | 75.7\% |
|  | Unable to Work | 59\% | 54.9\% | 62.9\% |
| Marital Status | Married/Unmarried Couple | 79\% | 77.6\% | 79.6\% |
|  | Divorced/Separated | 73\% | 70.7\% | 75.3\% |
|  | Widowed | 69\% | 66.2\% | 71.5\% |
|  | Never Married | 82\% | 80.1\% | 83.6\% |
| Home Ownership Status | Own Home | 78\% | 77.2\% | 79.0\% |
|  | Rent Home | 77\% | 74.8\% | 78.4\% |
| Children Status | Children in Household (Ages 18-44) | 83\% | 80.9\% | 84.1\% |
|  | No Children in Household (Ages 18-44) | 84\% | 82.3\% | 86.1\% |
| Phone Status | Landline | 75\% | 73.9\% | 76.4\% |
|  | Cell Phone | 80\% | 78.6\% | 80.7\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 82\% | 72.1\% | 88.5\% |
|  | Not Pregnant (Ages 18-44) | 85\% | 83.4\% | 86.8\% |
| County | Minnehaha | 79\% | 76.6\% | 80.8\% |
|  | Pennington | 80\% | 77.4\% | 81.9\% |
|  | Lincoln | 82\% | 78.3\% | 84.6\% |
|  | Brown | 77\% | 73.2\% | 80.2\% |
|  | Brookings | 85\% | 81.4\% | 87.9\% |
|  | Codington | 77\% | 73.4\% | 80.5\% |
|  | Meade | 79\% | 75.7\% | 81.7\% |
|  | Lawrence | 83\% | 80.7\% | 85.3\% |

[^0]| Gender | There is no gender difference regarding leisure time physical activity. |
| :---: | :---: |
| Age | The prevalence of leisure time physical activity decreases as age increases. This includes significant decreases when the 30s and 80s are reached. |
| Race | There are no significant racial differences regarding leisure time physical activity. |
| Ethnicity | There is no significant Hispanic difference in the prevalence of leisure time physical activity. |
| Household Income | The prevalence of leisure time physical activity increases as household income increases. This includes significant increases when the $\$ 35,000-$ \$74,999 and \$75,000+ household income levels are reached. |
| Education | The prevalence of leisure time physical activity increases as education increases. This includes significant increases as the high school graduate, some post-high school, and college graduate levels are reached. |
| Employment | Students demonstrate a very high prevalence of leisure time physical activity, while those who are unable to work show a very low prevalence. |
| Marital Status | Those who are have never been married exhibit a very high prevalence of leisure time physical activity, while those who are divorced or widowed show a very low prevalence. |
| Home Ownership | The prevalence of leisure time physical activity does not seem to change based on home ownership. |
| Children <br> Status | The prevalence of leisure time physical activity among adults does not seem to change based on the presence of children in the household. |
| Phone Status | Those with a cell phone show a significantly higher prevalence of leisure time physical activity than those with a landline phone. |
| Pregnancy Status | The prevalence of leisure time physical activity does not seem to change based on pregnancy status. |
| County | Residents of Brookings and Lawrence counties exhibit a very high prevalence of leisure time physical activity, while residents of Minnehaha, Brown, and Codington counties show a very low prevalence. |

## PHYSICAL ACTIVITY RECOMMENDATIONS

Definition: South Dakotans who report participating in 150 minutes or more of aerobic physical activity per week.

## Prevalence of Meeting the Physical Activity Recommendations

o South Dakota 51\%
o Nationwide median $51 \%$

## South Dakota Department of Health Strategic Plan

Increase the percent of adults who are physically active on a regular basis to 59 percent by 2020.

Figure 5
Percentage of South Dakotans Who Met Physical Activity Recommendations, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 8South Dakotans Who Met Physical Activity Recommendations, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 50\% | 47.8\% | 51.5\% |
|  | Female | 56\% | 54.0\% | 57.4\% |
| Age | 18-29 | 54\% | 50.4\% | 57.1\% |
|  | 30-39 | 52\% | 48.4\% | 55.3\% |
|  | 40-49 | 48\% | 44.4\% | 51.2\% |
|  | 50-59 | 52\% | 49.7\% | 55.0\% |
|  | 60-69 | 55\% | 51.9\% | 57.1\% |
|  | 70-79 | 58\% | 54.7\% | 61.0\% |
|  | 80+ | 51\% | 46.9\% | 55.6\% |
| Race | White | 53\% | 51.3\% | 53.9\% |
|  | American Indian | 56\% | 51.2\% | 60.6\% |
| Ethnicity | Hispanic | 53\% | 42.7\% | 62.8\% |
|  | Non-Hispanic | 53\% | 51.4\% | 53.9\% |
| Household Income | Less than \$25,000 | 51\% | 48.4\% | 53.2\% |
|  | \$25,000-\$74,999 | 52\% | 50.2\% | 54.7\% |
|  | \$75,000+ | 59\% | 56.3\% | 61.0\% |
| Education | Less than High School, G.E.D. | 42\% | 37.2\% | 46.9\% |
|  | High School, G.E.D. | 51\% | 48.5\% | 53.1\% |
|  | Some Post-High School | 54\% | 51.3\% | 55.8\% |
|  | College Graduate | 58\% | 56.0\% | 60.1\% |
| Employment Status | Employed for Wages | 52\% | 49.7\% | 53.4\% |
|  | Self-employed | 48\% | 44.3\% | 51.8\% |
|  | Unemployed | 57\% | 50.1\% | 63.4\% |
|  | Homemaker | 62\% | 55.4\% | 67.3\% |
|  | Student | 56\% | 49.2\% | 63.2\% |
|  | Retired | 58\% | 56.2\% | 60.8\% |
|  | Unable to Work | 38\% | 33.2\% | 43.6\% |
| Marital Status | Married/Unmarried Couple | 55\% | 53.0\% | 56.1\% |
|  | Divorced/Separated | 50\% | 46.2\% | 53.2\% |
|  | Widowed | 52\% | 48.8\% | 56.0\% |
|  | Never Married | 49\% | 45.8\% | 52.3\% |
| Home Ownership Status | Own Home | 54\% | 52.6\% | 55.4\% |
|  | Rent Home | 48\% | 45.5\% | 51.3\% |
| Children Status | Children in Household (Ages 18-44) | 55\% | 51.7\% | 57.3\% |
|  | No Children in Household (Ages 18-44) | 48\% | 44.7\% | 51.7\% |
| Phone Status | Landline | 53\% | 51.5\% | 55.1\% |
|  | Cell Phone | 52\% | 50.5\% | 54.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 51\% | 36.4\% | 65.6\% |
|  | Not Pregnant (Ages 18-44) | 57\% | 54.1\% | 60.4\% |
| County | Minnehaha | 52\% | 48.6\% | 55.2\% |
|  | Pennington | 57\% | 52.5\% | 60.7\% |
|  | Lincoln | 51\% | 44.9\% | 56.8\% |
|  | Brown | 52\% | 45.9\% | 57.3\% |
|  | Brookings | 55\% | 47.1\% | 62.0\% |
|  | Codington | 48\% | 41.5\% | 54.6\% |
|  | Meade | 52\% | 46.4\% | 58.5\% |
|  | Lawrence | 61\% | 54.8\% | 67.1\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed. This question was not asked in 2014 or 2016.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

| Gender | Females exhibit a significantly higher prevalence of being physically active <br> than males. |
| :--- | :--- |
| Age | The prevalence of being physically active does not seem to change as age <br> changes. |
| Race | The prevalence of being physically active does not seem to change based on <br> race. |
| Ethnicity | The prevalence of being physically active does not seem to change based on <br> ethnicity. |
| Household | The prevalence of being physically active increases as household income <br> increases. This includes a significant increase as the \$75,000+ income group <br> is reached. |
| Income | The prevalence of being physically active increases as education levels <br> increase. This includes significant increases as the high school and college <br> graduate levels are reached. |
| Education | Those who are unemployed, a homemaker, a student, or retired demonstrate <br> a very high prevalence of being physically active, while those who are unable <br> to work show a very low prevalence. |
| Employment |  |
| Marital | Those who are married exhibit a very high prevalence of being physically <br> active, while those who have never been married show a very low prevalence. |
| Status | Those who own their home show a significantly higher prevalence of being <br> physically active than those who rent their home. |
| Come | The prevalence of being physically active does not seem to change based on <br> the presence of children in the household. |
| Children | The prevalence of being physically active does not seem to change based on <br> phone status. |
| Lawrence county demonstrates a very high prevalence of being physically |  |
| active, while Codington county shows a very low prevalence. |  |

The following table shows the physical activity categories for South Dakotans in the past four years.

Table 9
Physical Activity Categories for South Dakotans, 2011-2017

|  | $\mathbf{2 0 1 1}$ | $\mathbf{2 0 1 3}$ | $\mathbf{2 0 1 5}$ | $\mathbf{2 0 1 7}$ |
| :--- | :---: | :---: | :---: | :---: |
| Highly Active | $25 \%$ | $35 \%$ | $33 \%$ | $30 \%$ |
| Active | $21 \%$ | $18 \%$ | $21 \%$ | $20 \%$ |
| Insufficiently Active | $26 \%$ | $21 \%$ | $23 \%$ | $22 \%$ |
| Inactive | $28 \%$ | $25 \%$ | $23 \%$ | $27 \%$ |

Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2017

The following figure shows the percent of South Dakotans that meet muscle strengthening recommendations. For the past four years, less than one third of South Dakotans meet muscle strengthening recommendations.

Figure 6
Percentage of South Dakotans That Meet Muscle Strengthening Recommendations, 2011-2017


Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2017

The following figure shows the percent of South Dakotans that met both muscle strengthening and aerobic activity recommendations. For the past four years, less than 20 percent of South Dakotans met both recommendations.

Figure 7
Percentage of South Dakotans That Meet Both Muscle Strengthening and Aerobic Activity Recommendations, 2011-2017


Source: South Dakota Behavioral Risk Factor Surveillance System, 2011-2017

## FIVE SERVINGS OF FRUITS AND VEGETABLES

Definition: South Dakotans who report they consume at least five servings of fruits and vegetables per day.

## Prevalence of Consuming at Least Five Servings of Fruits and Vegetables Per Day

o South Dakota 15\%
o There is no nationwide median for consuming five fruits and vegetables per day

Figure 8
Percentage of South Dakotans Who Reported Consuming at Least Five Servings of Fruits and Vegetables Per Day, 2011-2017


Note: This question was not asked in 2012, 2014, or 2016.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 10 <br> South Dakotans Who Reported Consuming at Least Five Servings of Fruits and Vegetables Per Day, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 10\% | 8.8\% | 11.2\% |
|  | Female | 15\% | 14.0\% | 16.4\% |
| Age | 18-29 | 11\% | 8.7\% | 12.9\% |
|  | 30-39 | 14\% | 11.8\% | 17.0\% |
|  | 40-49 | 13\% | 10.8\% | 15.8\% |
|  | 50-59 | 14\% | 12.0\% | 15.7\% |
|  | 60-69 | 12\% | 10.3\% | 13.4\% |
|  | 70-79 | 12\% | 10.2\% | 14.1\% |
|  | 80+ | 12\% | 9.5\% | 14.6\% |
| Race | White | 12\% | 11.5\% | 13.2\% |
|  | American Indian | 13\% | 10.2\% | 16.2\% |
| Ethnicity | Hispanic | 14\% | 8.6\% | 22.9\% |
|  | Non-Hispanic | 12\% | 11.7\% | 13.4\% |
| Household Income | Less than \$25,000 | 12\% | 10.1\% | 13.5\% |
|  | \$25,000-\$74,999 | 12\% | 11.0\% | 14.0\% |
|  | \$75,000+ | 15\% | 13.2\% | 16.7\% |
| Education | Less than High School, G.E.D. | 11\% | 7.8\% | 15.9\% |
|  | High School, G.E.D. | 9\% | 8.1\% | 10.7\% |
|  | Some Post-High School | 13\% | 11.5\% | 14.6\% |
|  | College Graduate | 17\% | 15.0\% | 18.2\% |
| Employment Status | Employed for Wages | 13\% | 11.6\% | 14.2\% |
|  | Self-employed | 12\% | 10.2\% | 14.8\% |
|  | Unemployed | 12\% | 8.5\% | 17.0\% |
|  | Homemaker | 14\% | 10.8\% | 17.9\% |
|  | Student | 13\% | 8.9\% | 18.4\% |
|  | Retired | 12\% | 10.8\% | 13.6\% |
|  | Unable to Work | 11\% | 7.8\% | 14.8\% |
| Marital Status | Married/Unmarried Couple | 13\% | 12.0\% | 14.1\% |
|  | Divorced/Separated | 12\% | 10.0\% | 14.7\% |
|  | Widowed | 13\% | 11.1\% | 15.5\% |
|  | Never Married | 11\% | 9.2\% | 13.8\% |
| Home Ownership Status | Own Home | 13\% | 12.4\% | 14.4\% |
|  | Rent Home | 11\% | 9.1\% | 13.0\% |
| Children Status | Children in Household (Ages 18-44) | 13\% | 11.6\% | 15.5\% |
|  | No Children in Household (Ages 18-44) | 11\% | 8.9\% | 14.0\% |
| Phone Status | Landline | 12\% | 11.3\% | 13.8\% |
|  | Cell Phone | 13\% | 11.5\% | 13.8\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 12\% | 7.2\% | 19.7\% |
|  | Not Pregnant (Ages 18-44) | 15\% | 12.7\% | 17.3\% |
| County | Minnehaha | 11\% | 9.5\% | 13.9\% |
|  | Pennington | 14\% | 11.6\% | 17.2\% |
|  | Lincoln | 10\% | 6.7\% | 14.0\% |
|  | Brown | 12\% | 8.9\% | 16.4\% |
|  | Brookings | 10\% | 6.8\% | 14.7\% |
|  | Codington | 14\% | 10.4\% | 19.4\% |
|  | Meade | 9\% | 6.6\% | 12.9\% |
|  | Lawrence | 12\% | 7.9\% | 17.7\% |

Note: *Results based on small sample sizes have been suppressed. This question was not asked in 2014 or 2016.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

| Gender | Females exhibit a significantly higher prevalence of eating five or more fruits <br> and vegetables a day than males. |
| :--- | :--- |
| Age | There seems to be no difference in the prevalence of eating five or more fruits <br> and vegetables a day as age changes. |
| Race | There seems to be no racial difference in the prevalence of eating five or <br> more fruits and vegetables a day. |
| Ethnicity | The prevalence of eating five or more fruits and vegetables a day does not <br> seem to change based on ethnicity. |
| Household | The prevalence of eating five or more fruits and vegetables a day does not <br> seem to change as household income changes. |
| Income | There seems to be no difference in the prevalence of eating five or more fruits <br> and vegetables a day regarding education level. |
| Education | There seems to be no difference in the prevalence of eating five or more fruits <br> and vegetables a day regarding employment status. |
| Employment |  |
| Marital | There seems to be no difference in the prevalence of eating five or more fruits <br> and vegetables a day regarding marital status. |
| Status | There seems to be no difference in the prevalence of eating five or more fruits <br> and vegetables a day regarding home ownership. |
| Home |  |
| Ownership | There seems to be no difference in the prevalence of eating five or more fruits <br> and vegetables a day regarding the presence of children in the household. |
| Children |  |
| Status | There seems to be no difference in the prevalence of eating five or more fruits <br> and vegetables a day regarding phone status. |
| Phone Status |  |
| Ptatus | There seems to be no difference in the prevalence of eating five or more fruits <br> and vegetables a day regarding pregnancy status. |
| There seems to be no difference in the prevalence of eating five or more fruits |  |
| and vegetables a day regarding the eight available counties. |  |

## TWO SERVINGS OF FRUITS PER DAY

Definition: South Dakotans who report they consume at least two servings of fruits per day.

## Prevalence of Consuming at Least Two Servings of Fruits Per Day

o South Dakota 30\%
o There is no nationwide median for two servings of fruits per day

Figure 9
Percentage of South Dakotans Who Reported Consuming at Least Two Servings of Fruit Per Day, 2011-2017


Note: This question was not asked in 2012, 2014, or 2016.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 11
South Dakotans Who Reported Consuming at Least Two Servings of Fruits Per Day, 20132017

|  |  | 2013-2017 | 95\% Confidence Interval |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Low | High |
| Gender | Male |  | 21\% | 19.8\% | 22.8\% |
|  | Female | 31\% | 29.9\% | 32.9\% |
| Age | 18-29 | 23\% | 20.3\% | 26.0\% |
|  | 30-39 | 25\% | 22.5\% | 28.5\% |
|  | 40-49 | 24\% | 21.4\% | 27.3\% |
|  | 50-59 | 24\% | 22.4\% | 26.7\% |
|  | 60-69 | 27\% | 24.9\% | 29.3\% |
|  | 70-79 | 33\% | 30.0\% | 35.7\% |
|  | 80+ | 39\% | 35.0\% | 43.1\% |
| Race | White | 26\% | 25.3\% | 27.6\% |
|  | American Indian | 27\% | 23.5\% | 31.3\% |
| Ethnicity | Hispanic | 26\% | 17.9\% | 36.6\% |
|  | Non-Hispanic | 26\% | 25.3\% | 27.4\% |
| Household Income | Less than \$25,000 | 26\% | 24.1\% | 28.4\% |
|  | \$25,000-\$74,999 | 26\% | 24.3\% | 28.1\% |
|  | \$75,000+ | 27\% | 24.8\% | 28.9\% |
| Education | Less than High School, G.E.D. | 23\% | 19.2\% | 28.0\% |
|  | High School, G.E.D. | 22\% | 20.5\% | 24.0\% |
|  | Some Post-High School | 27\% | 25.1\% | 29.0\% |
|  | College Graduate | 32\% | 30.1\% | 33.9\% |
| Employment Status | Employed for Wages | 25\% | 23.4\% | 26.5\% |
|  | Self-employed | 23\% | 20.3\% | 26.2\% |
|  | Unemployed | 23\% | 18.4\% | 29.2\% |
|  | Homemaker | 33\% | 27.6\% | 37.9\% |
|  | Student | 21\% | 16.4\% | 26.9\% |
|  | Retired | 33\% | 31.2\% | 35.4\% |
|  | Unable to Work | 26\% | 21.3\% | 30.6\% |
| Marital Status | Married/Unmarried Couple | 27\% | 25.4\% | 28.0\% |
|  | Divorced/Separated | 24\% | 21.0\% | 26.8\% |
|  | Widowed | 36\% | 33.0\% | 39.6\% |
|  | Never Married | 24\% | 21.1\% | 26.7\% |
| Home Ownership Status | Own Home | 28\% | 26.3\% | 28.7\% |
|  | Rent Home | 23\% | 21.1\% | 26.1\% |
| Children Status | Children in Household (Ages 18-44) | 25\% | 23.0\% | 27.7\% |
|  | No Children in Household (Ages 18-44) | 23\% | 19.9\% | 26.0\% |
| Phone Status | Landline | 29\% | 27.0\% | 30.1\% |
|  | Cell Phone | 25\% | 23.6\% | 26.5\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 28\% | 18.7\% | 39.9\% |
|  | Not Pregnant (Ages 18-44) | 28\% | 25.3\% | 30.8\% |
| County | Minnehaha | 25\% | 22.7\% | 28.3\% |
|  | Pennington | 27\% | 23.6\% | 30.5\% |
|  | Lincoln | 27\% | 21.9\% | 32.3\% |
|  | Brown | 27\% | 21.9\% | 32.0\% |
|  | Brookings | 26\% | 20.1\% | 32.4\% |
|  | Codington | 27\% | 21.8\% | 33.8\% |
|  | Meade | 20\% | 16.0\% | 25.3\% |
|  | Lawrence | 23\% | 17.8\% | 28.5\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed. This question was not asked in 2014 or 2016.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | Females exhibit a significantly higher prevalence of eating at least two servings of fruit per day than males. |
| :---: | :---: |
| Age | The prevalence of eating at least two servings of fruit per day generally increases as age increases. This includes a significant increase as the 70 s are reached. |
| Race | The prevalence of eating at least two servings of fruit per day does not seem to differ based on race. |
| Ethnicity | The prevalence of eating at least two servings of fruit per day does not seem to differ based on ethnicity. |
| Household Income | The prevalence of eating at least two servings of fruit per day does not seem to differ based on household income. |
| Education | The prevalence of eating at least two servings of fruit per day does not seem to differ based on education. |
| Employment | Those who are a homemaker or retired demonstrate a significantly higher prevalence of eating at least two servings of fruit per day than all other types of employment. |
| Marital Status | Those who are widowed exhibit a significantly higher prevalence of eating at least two servings of fruit per day than all other types of marital status. |
| Home Ownership | Those who own their home show a significantly higher prevalence of eating at least two servings of fruit per day than those who rent their home. |
| Children Status | The prevalence of eating at least two servings of fruit per day does not seem to differ based on the presence of children in the household. |
| Phone Status | Those who use a landline phone demonstrate a significantly higher prevalence of eating at least two servings of fruit per day than those who use a cell phone. |
| Pregnancy Status | The prevalence of eating at least two servings of fruit per day does not seem to differ based on pregnancy status. |
| County | There seems to be no county difference regarding eating at least two servings of fruit per day. |

## THREE SERVINGS OF VEGETABLES PER DAY

Definition: South Dakotans who report they consume at least three servings of vegetables per day.

## Prevalence of Consuming at Least Three Servings of Vegetables Per Day

o South Dakota 13\%
o There is no nationwide median for consuming three servings of vegetables per day

Figure 10
Percentage of South Dakotans Who Reported Consuming at Least Three Servings of Vegetables Per Day, 2011-2017


Note: This question was not asked in 2012, 2014 or 2016.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 12 <br> South Dakotans Who Reported Consuming at Least Three Servings of Vegetables Per Day, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 11\% | 9.3\% | 11.9\% |
|  | Female | 14\% | 12.5\% | 14.8\% |
| Age | 18-29 | 10\% | 8.0\% | 12.0\% |
|  | 30-39 | 15\% | 12.7\% | 18.3\% |
|  | 40-49 | 13\% | 10.8\% | 15.4\% |
|  | 50-59 | 13\% | 11.1\% | 14.7\% |
|  | 60-69 | 12\% | 10.2\% | 13.4\% |
|  | 70-79 | 11\% | 8.5\% | 13.1\% |
|  | 80+ | 9\% | 6.9\% | 11.4\% |
| Race | White | 12\% | 10.9\% | 12.6\% |
|  | American Indian | 12\% | 9.0\% | 15.6\% |
| Ethnicity | Hispanic | 11\% | 6.4\% | 19.0\% |
|  | Non-Hispanic | 12\% | 11.2\% | 12.9\% |
| Household Income | Less than \$ 25,000 | 11\% | 9.2\% | 12.7\% |
|  | \$25,000-\$74,999 | 12\% | 10.4\% | 13.3\% |
|  | \$75,000+ | 15\% | 13.5\% | 17.1\% |
| Education | Less than High School, G.E.D. | 11\% | 7.6\% | 16.0\% |
|  | High School, G.E.D. | 10\% | 8.4\% | 11.0\% |
|  | Some Post-High School | 12\% | 10.8\% | 13.8\% |
|  | College Graduate | 15\% | 13.8\% | 16.8\% |
| Employment Status | Employed for Wages | 12\% | 11.0\% | 13.5\% |
|  | Self-employed | 13\% | 10.3\% | 15.3\% |
|  | Unemployed | 11\% | 7.8\% | 16.0\% |
|  | Homemaker | 16\% | 12.2\% | 21.1\% |
|  | Student | 12\% | 7.9\% | 16.8\% |
|  | Retired | 11\% | 9.2\% | 12.3\% |
|  | Unable to Work | 12\% | 8.0\% | 16.8\% |
| Marital Status | Married/Unmarried Couple | 13\% | 11.8\% | 13.9\% |
|  | Divorced/Separated | 11\% | 9.5\% | 13.8\% |
|  | Widowed | 11\% | 8.9\% | 13.5\% |
|  | Never Married | 11\% | 8.6\% | 13.1\% |
| Home Ownership Status | Own Home | 13\% | 11.7\% | 13.6\% |
|  | Rent Home | 11\% | 9.2\% | 13.3\% |
| Children Status | Children in Household (Ages 18-44) | 13\% | 10.8\% | 14.5\% |
|  | No Children in Household (Ages 18-44) | 12\% | 9.8\% | 15.0\% |
| Phone Status | Landline | 11\% | 10.1\% | 12.5\% |
|  | Cell Phone | 13\% | 11.4\% | 13.8\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 9\% | 4.0\% | 17.7\% |
|  | Not Pregnant (Ages 18-44) | 14\% | 11.9\% | 16.3\% |
| County | Minnehaha | 13\% | 10.4\% | 15.1\% |
|  | Pennington | 13\% | 10.8\% | 16.5\% |
|  | Lincoln | 9\% | 6.4\% | 12.9\% |
|  | Brown | 12\% | 8.9\% | 16.2\% |
|  | Brookings | 8\% | 5.4\% | 12.1\% |
|  | Codington | 12\% | 8.9\% | 17.0\% |
|  | Meade | 11\% | 8.2\% | 15.9\% |
|  | Lawrence | 11\% | 7.7\% | 14.8\% |

Note: *Results based on small sample sizes have been suppressed. This question was not asked in 2014 or 2016.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

| Gender | Females exhibit a significantly higher prevalence of eating at least three servings of vegetables per day than males. |
| :---: | :---: |
| Age | The prevalence of eating at least three servings of vegetables per day peaks with those in their 30s. The prevalence then decreases as age increases. |
| Race | The prevalence of eating at least three servings of vegetables per day does not seem to differ based on race. |
| Ethnicity | The prevalence of eating at least three servings of vegetables per day does not seem to differ based on ethnicity. |
| Household Income | The prevalence of eating at least three servings of vegetables increases as household income increases. This includes a significant increase as the $\$ 75,000+$ income group is reached. |
| Education | The prevalence of eating at least three servings of vegetables per day does not seem to differ based on education. |
| Employment | The prevalence of eating at least three servings of vegetables per day does not seem to differ based on employment. |
| Marital Status | The prevalence of eating at least three servings of vegetables per day does not seem to differ based on marital status. |
| Home Ownership | The prevalence of eating at least three servings of vegetables per day does not seem to differ based on home ownership. |
| Children Status | The prevalence of eating at least three servings of vegetables per day does not seem to differ based on the presence of children in the household. |
| Phone Status | The prevalence of eating at least three servings of vegetables per day does not seem to differ based on phone status. |
| Pregnancy Status | The prevalence of eating at least three servings of vegetables per day does not seem to differ based on pregnancy status. |
| County | There seems to be no difference regarding eating at least three servings of vegetables per day among the eight counties with sufficient sample size. |

## Tobacco Use

## CIGARETTE SMOKING

Definition: South Dakotans who report having smoked at least 100 cigarettes in their lifetime and now smoke every day or smoke some days.

## Prevalence of Current Cigarette Smoking

o South Dakota 19\%
o Nationwide median $17 \%$

## South Dakota Department of Health Strategic Plan

Reduce the percent of adults who smoke cigarettes to 14.5 percent by 2020.

Figure 11
Percentage of South Dakotans Who Currently Smoke Cigarettes, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 13 <br> South Dakotans Who Currently Smoke Cigarettes, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 20\% | 19.1\% | 21.5\% |
|  | Female | 18\% | 17.0\% | 19.1\% |
| Age | 18-29 | 22\% | 19.7\% | 23.8\% |
|  | 30-39 | 26\% | 23.8\% | 28.7\% |
|  | 40-49 | 22\% | 19.9\% | 24.3\% |
|  | 50-59 | 21\% | 19.3\% | 22.7\% |
|  | 60-69 | 16\% | 14.2\% | 17.3\% |
|  | 70-79 | 8\% | 6.8\% | 9.2\% |
|  | 80+ | 4\% | 2.6\% | 5.2\% |
| Race | White | 17\% | 16.1\% | 17.6\% |
|  | American Indian | 43\% | 39.2\% | 46.3\% |
| Ethnicity | Hispanic | 18\% | 13.1\% | 23.8\% |
|  | Non-Hispanic | 19\% | 18.4\% | 20.0\% |
| Household Income | Less than \$35,000 | 29\% | 27.2\% | 30.6\% |
|  | \$35,000-\$74,999 | 18\% | 16.5\% | 19.3\% |
|  | \$75,000+ | 10\% | 8.5\% | 10.9\% |
| Education | Less than High School, G.E.D. | 34\% | 30.1\% | 37.3\% |
|  | High School, G.E.D. | 23\% | 21.6\% | 24.5\% |
|  | Some Post-High School | 19\% | 18.0\% | 20.7\% |
|  | College Graduate | 8\% | 6.8\% | 8.5\% |
| Employment Status | Employed for Wages | 21\% | 19.5\% | 21.9\% |
|  | Self-employed | 15\% | 13.5\% | 17.6\% |
|  | Unemployed | 44\% | 38.5\% | 49.1\% |
|  | Homemaker | 21\% | 17.2\% | 25.6\% |
|  | Student | 9\% | 6.8\% | 11.9\% |
|  | Retired | 9\% | 7.9\% | 9.8\% |
|  | Unable to Work | 40\% | 35.8\% | 43.8\% |
| Marital Status | Married/Unmarried Couple | 15\% | 13.7\% | 15.5\% |
|  | Divorced/Separated | 33\% | 30.6\% | 35.7\% |
|  | Widowed | 13\% | 11.5\% | 15.7\% |
|  | Never Married | 26\% | 23.6\% | 27.8\% |
| Home Ownership Status | Own Home | 15\% | 14.6\% | 16.3\% |
|  | Rent Home | 31\% | 28.6\% | 32.7\% |
| Children Status | Children in Household (Ages 18-44) | 25\% | 23.3\% | 27.0\% |
|  | No Children in Household (Ages 18-44) | 22\% | 19.5\% | 23.8\% |
| Phone Status | Landline | 15\% | 14.0\% | 16.1\% |
|  | Cell Phone | 22\% | 20.5\% | 22.7\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 18\% | 10.6\% | 28.7\% |
|  | Not Pregnant (Ages 18-44) | 23\% | 21.2\% | 25.2\% |
| County | Minnehaha | 19\% | 16.8\% | 21.2\% |
|  | Pennington | 21\% | 18.2\% | 23.1\% |
|  | Lincoln | 17\% | 14.4\% | 21.1\% |
|  | Brown | 17\% | 13.5\% | 20.7\% |
|  | Brookings | 17\% | 13.0\% | 21.4\% |
|  | Codington | 21\% | 17.3\% | 25.1\% |
|  | Meade | 19\% | 16.4\% | 22.8\% |
|  | Lawrence | 18\% | 15.6\% | 21.2\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | There seems to be no gender difference regarding the prevalence of cigarette <br> smoking. |
| :--- | :--- |
| Age | The prevalence of cigarette smoking generally decreases as age increases <br> including significant decreases as the 60s, 70 s, and 80 s are reached. |
| Race | American Indians exhibit a significantly higher prevalence of cigarette <br> smoking than whites. |
| Ethnicity | There seems to be no Hispanic difference regarding the prevalence of <br> cigarette smoking. |
| Household | The prevalence of cigarette smoking decreases as household income <br> increases with significant decreases as the $\$ 35,000-\$ 74,999$ and \$75,000+ <br> income groups are reached. |
| Income | The prevalence of cigarette smoking decreases as education levels increase <br> with significant decreases at each level. |
| Education | Those who are unemployed or unable to work demonstrate a very high <br> prevalence of cigarette smoking, while those who are a student or retired <br> show a very low prevalence. |
| Marital | Those who are divorced exhibit a very high prevalence of cigarette smoking, <br> while those who are married or widowed show a very low prevalence. |
| Status | Those who rent their home show a significantly higher prevalence of cigarette |
| Home |  |
| smoking than those who own their home. |  |

In 2016-2017, 57 percent of South Dakotans tried to stop smoking for one day or longer because they were trying to quit smoking as shown below in Table 14.

| Table 14 <br> South Dakotans Who Tried to Stop Smoking, Within the Past <br> 12 Months, for One Day or Longer Because They Were Trying <br> to Quit Smoking, 2011-2017 |  |
| :---: | :---: |
| Survey Year | Percent |
| $2016-2017$ | $57 \%$ |
| $2015-2016$ | $57 \%$ |
| $2014-2015$ | $56 \%$ |
| $2013-2014$ | $56 \%$ |
| $2012-2013$ | $55 \%$ |
| $2011-2012$ | $56 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017
Table 15, below, shows the percentage of current cigarette smokers for 2011-2017 by the type of health insurance they have. Those with Indian Health Service coverage had the highest percentage of current smokers with 50 percent. This was followed by Medicaid or medical assistance with 45 percent and Medicare with 36 percent.

| Table 15 <br> Percentage of Current Cigarette Smoking by Type of <br> Health Insurance, Ages 18-64, 2011-2017 |  |
| :--- | :---: |
| Type of Health Insurance | $\mathbf{2 0 1 1 - 2 0 1 7}$ |
| The Indian Health Service | $50 \%$ |
| Medicaid or Medical Assistance | $45 \%$ |
| Medicare | $36 \%$ |
| The Military, CHAMPUS, TriCare, or the VA | $26 \%$ |
| Employer Based Coverage | $17 \%$ |
| Private Health Insurance Plan | $12 \%$ |
| None | $46 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 12, below, shows the percentage of smokers who have been advised to quit smoking in the past 12 months by a health professional. In 2015-2017, 78 percent of South Dakotans had been advised to quit smoking by a health professional.

Figure 12
Percentage of Smokers Who Have Been Advised by a Doctor, Nurse, or Other
Health Professional to Quit Smoking in the Past 12 Months, 2011-2017


[^1]Figure 13, below, shows South Dakotans' place of work official smoking policy for work areas. The majority of South Dakotans for all five years stated that smoking was not allowed in any work areas.

Figure 13
South Dakotans' Place of Work Smoking Policy, 2013-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Figure 14, below, shows the South Dakotans' rules about smoking inside their homes. The majority of South Dakotans for all five years stated that smoking was not allowed anywhere in their homes.

Figure 14
South Dakotans' Rules About Smoking Inside the Home, 2013-2017


[^2]
## SMOKELESS TOBACCO

Definition: South Dakotans who report that they use chewing tobacco or snuff every day or some days.

## Prevalence of Smokeless Tobacco

o South Dakota 6\%
o Nationwide median 4\%

Figure 15
Percentage of South Dakotans Who Use Smokeless Tobacco, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 16
South Dakotans Who Use Smokeless Tobacco, 2013-2017

|  |  | 2013-2017 | 95\% Confidence Interval |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Low | High |
| Gender | Male |  | 11\% | 10.4\% | 12.2\% |
|  | Female | 1\% | 0.7\% | 1.2\% |
| Age | 18-29 | 10\% | 8.1\% | 11.1\% |
|  | 30-39 | 8\% | 6.5\% | 9.0\% |
|  | 40-49 | 8\% | 6.6\% | 9.3\% |
|  | 50-59 | 5\% | 4.6\% | 6.5\% |
|  | 60-69 | 3\% | 2.4\% | 3.9\% |
|  | 70-79 | 2\% | 1.5\% | 3.6\% |
|  | 80+ | 1\% | 0.5\% | 2.4\% |
| Race | White | 6\% | 5.4\% | 6.4\% |
|  | American Indian | 9\% | 7.4\% | 12.0\% |
| Ethnicity | Hispanic | 5\% | 2.6\% | 9.3\% |
|  | Non-Hispanic | 6\% | 5.6\% | 6.6\% |
| Household Income | Less than \$35,000 | 5\% | 4.6\% | 6.3\% |
|  | \$35,000-\$74,999 | 7\% | 6.1\% | 8.0\% |
|  | \$75,000+ | 7\% | 5.8\% | 7.8\% |
| Education | Less than High School, G.E.D. | 8\% | 6.6\% | 10.7\% |
|  | High School, G.E.D. | 7\% | 5.7\% | 7.5\% |
|  | Some Post-High School | 6\% | 5.6\% | 7.2\% |
|  | College Graduate | 4\% | 3.4\% | 4.8\% |
| Employment Status | Employed for Wages | 7\% | 6.6\% | 8.0\% |
|  | Self-employed | 9\% | 7.5\% | 10.6\% |
|  | Unemployed | 7\% | 4.7\% | 10.2\% |
|  | Homemaker | 1\% | 0.3\% | 1.1\% |
|  | Student | 6\% | 4.0\% | 9.0\% |
|  | Retired | 2\% | 1.7\% | 3.2\% |
|  | Unable to Work | 5\% | 3.3\% | 6.3\% |
| Marital Status | Married/Unmarried Couple | 6\% | 5.0\% | 6.1\% |
|  | Divorced/Separated | 8\% | 6.7\% | 9.7\% |
|  | Widowed | 2\% | 1.3\% | 4.0\% |
|  | Never Married | 8\% | 6.7\% | 9.1\% |
| Home Ownership Status | Own Home | 5\% | 5.0\% | 6.0\% |
|  | Rent Home | 8\% | 6.8\% | 9.1\% |
| Children Status | Children in Household (Ages 18-44) | 8\% | 7.2\% | 9.5\% |
|  | No Children in Household (Ages 18-44) | 9\% | 7.9\% | 10.7\% |
| Phone Status | Landline | 4\% | 3.8\% | 5.1\% |
|  | Cell Phone | 7\% | 6.4\% | 7.8\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 0.3\% | 0.0\% | 2.4\% |
|  | Not Pregnant (Ages 18-44) | 2\% | 1.2\% | 2.3\% |
| County | Minnehaha | 4\% | 2.8\% | 4.9\% |
|  | Pennington | 5\% | 4.1\% | 6.9\% |
|  | Lincoln | 7\% | 4.6\% | 9.7\% |
|  | Brown | 5\% | 3.5\% | 8.0\% |
|  | Brookings | 6\% | 3.6\% | 9.4\% |
|  | Codington | 6\% | 3.9\% | 8.4\% |
|  | Meade | 9\% | 7.0\% | 11.7\% |
|  | Lawrence | 7\% | 5.0\% | 8.5\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender

Age

Race

Ethnicity There seems to be no Hispanic difference regarding the prevalence of smokeless tobacco use.

There seems to be no household income difference regarding the prevalence of smokeless tobacco use.

The prevalence of smokeless tobacco use decreases as education levels increase with a significant decrease as the college graduate level is reached.

Employment Those who are employed for wages, self-employed, unemployed, or a student demonstrate a very high prevalence of smokeless tobacco use, while those who are a homemaker show a very low prevalence.

Those who are divorced or have never been married exhibit a very high prevalence of smokeless tobacco use, while those who are widowed show a very low prevalence.

Those who rent their home show a significantly higher prevalence of smokeless tobacco use than those who own their home.

The prevalence of smokeless tobacco use in the adults does not seem to change based on the presence of children in the household.

Those with a cell phone show a significantly higher prevalence of smokeless tobacco use than those with a landline phone.

The prevalence of smokeless tobacco use does not seem to change based on pregnancy status.

Meade and Lawrence counties exhibit a very high prevalence of smokeless tobacco use, while Minnehaha and Pennington counties show a very low prevalence.

Figure 16 shows the percentage of South Dakotans whose doctor, nurse, or other health professional advised them to stop using smokeless tobacco. Less than half, 48 percent, of South Dakotans stated they were advised to quit using smokeless tobacco by a health professional.

Figure 16
Percentage of South Dakotans Advised to Quit Using Smokeless Tobacco by a Doctor, Nurse, or Other Health Professional, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

## E-CIGARETTE SMOKING

Definition: South Dakotans who currently use electronic cigarettes (e-cigarettes).

## Prevalence of E-Cigarette Use

o South Dakota 4\%
o There is no nationwide median for electronic cigarette use

Figure 17
Percentage of South Dakotans Who Currently Smoke E-Cigarettes, 2016-2017
$10 \%$


| Table 17South Dakotans Who Currently Smoke E-Cigarettes, 2016-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2016-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 4\% | 3.1\% | 5.6\% |
|  | Female | 3\% | 2.0\% | 3.6\% |
| Age | 18-29 | 6\% | 4.4\% | 8.6\% |
|  | 30-39 | 6\% | 3.5\% | 9.0\% |
|  | 40-49 | 3\% | 2.1\% | 5.6\% |
|  | 50-59 | 3\% | 1.7\% | 4.4\% |
|  | 60-69 | 1\% | 0.7\% | 2.0\% |
|  | 70-79 | 1\% | 0.2\% | 1.5\% |
|  | 80+ | 0.03\% | 0.0\% | 0.2\% |
| Race | White | 3\% | 2.4\% | 3.8\% |
|  | American Indian | 5\% | 2.7\% | 8.4\% |
| Ethnicity | Hispanic | 5\% | 1.8\% | 15.8\% |
|  | Non-Hispanic | 3\% | 2.7\% | 4.2\% |
| Household Income | Less than \$35,000 | 5\% | 3.2\% | 6.9\% |
|  | \$35,000-\$74,999 | 3\% | 2.2\% | 4.6\% |
|  | \$75,000+ | 3\% | 1.7\% | 3.9\% |
| Education | Less than High School, G.E.D. | 5\% | 2.3\% | 11.6\% |
|  | High School, G.E.D. | 4\% | 3.1\% | 5.8\% |
|  | Some Post-High School | 4\% | 2.6\% | 4.9\% |
|  | College Graduate | 1\% | 0.9\% | 2.2\% |
| Employment Status | Employed for Wages | 4\% | 3.0\% | 5.4\% |
|  | Self-employed | 4\% | 2.6\% | 7.5\% |
|  | Unemployed | 3\% | 1.5\% | 6.3\% |
|  | Homemaker | 3\% | 0.8\% | 10.4\% |
|  | Student | 3\% | 1.5\% | 7.3\% |
|  | Retired | 0.4\% | 0.2\% | 0.7\% |
|  | Unable to Work | 6\% | 3.1\% | 10.0\% |
| Marital Status | Married/Unmarried Couple | 3\% | 2.1\% | 3.8\% |
|  | Divorced/Separated | 4\% | 2.4\% | 5.4\% |
|  | Widowed | 1\% | 0.3\% | 1.4\% |
|  | Never Married | 6\% | 3.9\% | 8.7\% |
| Home Ownership Status | Own Home | 3\% | 2.0\% | 3.4\% |
|  | Rent Home | 6\% | 4.2\% | 8.6\% |
| Children Status | Children in Household (Ages 18-44) | 5\% | 3.5\% | 7.1\% |
|  | No Children in Household (Ages 18-44) | 6\% | 4.3\% | 9.5\% |
| Phone Status | Landline | 2\% | 1.2\% | 2.8\% |
|  | Cell Phone | 4\% | 3.1\% | 5.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 4\% | 3.0\% | 6.4\% |
| County | Minnehaha | 3\% | 1.6\% | 6.2\% |
|  | Pennington | 5\% | 3.0\% | 7.2\% |
|  | Lincoln | * | * | * |
|  | Brown | * | * | * |
|  | Brookings | * | * | * |
|  | Codington | * | * | * |
|  | Meade | * | * | * |
|  | Lawrence | 4\% | 2.1\% | 7.5\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

## Demographics

| Gender | There seems to be no gender difference regarding e-cigarette use. |
| :--- | :--- |
| Age | E-cigarette use decreases as age increases. |
| Race | There seems to be no racial difference regarding e-cigarette use. |
| Household |  |
| Income | There seems to be no household income difference regarding e-cigarette use. |
| Education | E-cigarette use decreases as education increases. This includes a significant <br> decrease as the college graduate level is reached. |
| Employment | Those who are retired show a significantly lower prevalence of e-cigarette use <br> than all other employment statuses. |
| Marital | Those who are divorced or have never been married exhibit a very high <br> prevalence of e-cigarette use, while those who are widowed show a very low <br> prevalence. |
| Home | Those who rent their home show a significantly higher prevalence of e- <br> cigarette use than those who own their home. |
| Ownership | E-cigarette use by adults does not seem to differ based on the presence of <br> children in the household. |
| Children | Those who use a cell phone demonstrate a significantly higher prevalence of <br> e-cigarette use than those who use a landline. |
| Phone Status |  |

Definition: South Dakotans who currently smoke cigarettes, use smokeless tobacco, or use E-cigarettes.

## Prevalence of Tobacco Use

o South Dakota 25\%
o There is no nationwide median for tobacco use

Figure 18
Percentage of South Dakotans Who Currently Smoke Cigarettes, Use Smokeless
Tobacco, or Use E-Cigarettes, 2016-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

| Table 18 <br> South Dakotans Who Currently Smoke Cigarettes, Use Smokeless Tobacco, or Use ECigarettes, 2016-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2016-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 31\% | 28.8\% | 33.4\% |
|  | Female | 17\% | 15.6\% | 18.9\% |
| Age | 18-29 | 27\% | 23.3\% | 30.8\% |
|  | 30-39 | 34\% | 30.1\% | 38.7\% |
|  | 40-49 | 28\% | 24.5\% | 32.7\% |
|  | 50-59 | 25\% | 22.3\% | 28.4\% |
|  | 60-69 | 18\% | 15.9\% | 21.0\% |
|  | 70-79 | 12\% | 9.4\% | 15.2\% |
|  | 80+ | 5\% | 3.2\% | 8.7\% |
| Race | White | 22\% | 20.3\% | 23.2\% |
|  | American Indian | 49\% | 43.4\% | 54.9\% |
| Ethnicity | Hispanic | 19\% | 11.9\% | 30.0\% |
|  | Non-Hispanic | 24\% | 22.8\% | 25.8\% |
| Household Income | Less than \$35,000 | 32\% | 28.6\% | 34.6\% |
|  | \$35,000-\$74,999 | 25\% | 22.6\% | 28.0\% |
|  | \$75,000+ | 16\% | 14.1\% | 18.8\% |
| Education | Less than High School, G.E.D. | 37\% | 30.5\% | 43.3\% |
|  | High School, G.E.D. | 29\% | 26.4\% | 32.0\% |
|  | Some Post-High School | 25\% | 22.3\% | 27.2\% |
|  | College Graduate | 12\% | 10.4\% | 13.8\% |
| Employment Status | Employed for Wages | 27\% | 25.0\% | 29.4\% |
|  | Self-employed | 24\% | 20.6\% | 28.5\% |
|  | Unemployed | 36\% | 27.8\% | 44.9\% |
|  | Homemaker | 25\% | 18.2\% | 33.5\% |
|  | Student | 13\% | 8.1\% | 19.3\% |
|  | Retired | 12\% | 10.0\% | 14.1\% |
|  | Unable to Work | 39\% | 33.2\% | 46.0\% |
| Marital Status | Married/Unmarried Couple | 20\% | 18.0\% | 21.5\% |
|  | Divorced/Separated | 39\% | 34.8\% | 43.4\% |
|  | Widowed | 17\% | 12.7\% | 21.6\% |
|  | Never Married | 30\% | 26.5\% | 33.9\% |
| Home Ownership Status | Own Home | 21\% | 19.1\% | 22.2\% |
|  | Rent Home | 36\% | 32.5\% | 39.7\% |
| Children Status | Children in Household (Ages 18-44) | 33\% | 29.1\% | 36.2\% |
|  | No Children in Household (Ages 18-44) | 28\% | 24.2\% | 32.0\% |
| Phone Status | Landline | 19\% | 16.8\% | 21.2\% |
|  | Cell Phone | 26\% | 24.1\% | 27.7\% |
| Pregnancy Status | Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 21\% | 18.4\% | 24.8\% |
| County | Minnehaha | 24\% | 20.0\% | 28.1\% |
|  | Pennington | 24\% | 20.5\% | 28.3\% |
|  | Lincoln | * | * | * |
|  | Brown | * | * | * |
|  | Brookings | * | * | * |
|  | Codington | * | * | * |
|  | Meade | * | * | * |
|  | Lawrence | 23\% | 18.7\% | 28.8\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

| Gender | Males exhibit a significantly higher prevalence of tobacco use than females. |
| :---: | :---: |
| Age | Tobacco use peaks with those in their 30s and then decreases as age increases. This includes significant decreases as the 60s, 70s, and 80s are reached. |
| Race | American Indians demonstrate a significantly higher prevalence of tobacco use than whites. |
| Ethnicity | The prevalence of tobacco use does not seem to change based on ethnicity. |
| Household Income | Tobacco use decreases as household income increases. This includes significant decreases as the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ income groups are reached. |
| Education | Tobacco use decreases as education levels increase. This includes a significant decrease as the college graduate level is reached. |
| Employment | Those who are unemployed, a homemaker, or unable to work demonstrate a very high prevalence of tobacco use, while those who are a student or retired show a very low prevalence. |
| Marital Status | Those who are divorced exhibit a very high prevalence of tobacco use, while those who are married or widowed show a very low prevalence. |
| Home Ownership | Those who rent their home show a significantly higher prevalence of tobacco use than those who own their home. |
| Children Status | The prevalence of tobacco use by the adults does not seem to change based on the presence of children in the household. |
| Phone Status | Those who use a cell phone demonstrate a significantly higher prevalence of tobacco use than those who use a landline phone. |
| County | There seems to be no difference regarding the prevalence of tobacco use among the three counties with sufficient sample size. |

## Diabetes

Definition: South Dakotans ever told by a doctor that they have diabetes, excluding women who were told this while they were pregnant.

## Prevalence of Diabetes

o South Dakota 11\%
o Nationwide median 11\%

Figure 19
Percentage of South Dakotans Who Were Told They Have Diabetes, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 19 <br> South Dakotans Who Were Told They Have Diabetes, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 10\% | 9.1\% | 10.7\% |
|  | Female | 9\% | 8.1\% | 9.4\% |
| Age | 18-29 | 1\% | 0.9\% | 2.3\% |
|  | 30-39 | 3\% | 2.0\% | 3.8\% |
|  | 40-49 | 7\% | 5.9\% | 8.6\% |
|  | 50-59 | 10\% | 9.3\% | 11.7\% |
|  | 60-69 | 17\% | 15.9\% | 18.9\% |
|  | 70-79 | 22\% | 19.8\% | 23.9\% |
|  | 80+ | 18\% | 15.7\% | 21.2\% |
| Race | White | 9\% | 8.3\% | 9.3\% |
|  | American Indian | 17\% | 14.6\% | 19.0\% |
| Ethnicity | Hispanic | 10\% | 6.0\% | 14.8\% |
|  | Non-Hispanic | 9\% | 8.8\% | 9.8\% |
| Household Income | Less than \$35,000 | 13\% | 11.8\% | 13.9\% |
|  | \$35,000-\$74,999 | 8\% | 7.6\% | 9.3\% |
|  | \$75,000+ | 7\% | 5.7\% | 7.6\% |
| Education | Less than High School, G.E.D. | 14\% | 11.8\% | 16.6\% |
|  | High School, G.E.D. | 10\% | 9.3\% | 11.1\% |
|  | Some Post-High School | 9\% | 8.0\% | 9.7\% |
|  | College Graduate | 7\% | 6.2\% | 7.5\% |
| Employment Status | Employed for Wages | 6\% | 5.5\% | 6.7\% |
|  | Self-employed | 6\% | 5.1\% | 7.4\% |
|  | Unemployed | 8\% | 5.6\% | 11.3\% |
|  | Homemaker | 8\% | 6.1\% | 10.8\% |
|  | Student | 1\% | 0.3\% | 2.1\% |
|  | Retired | 20\% | 18.4\% | 21.3\% |
|  | Unable to Work | 25\% | 22.0\% | 28.4\% |
| Marital Status | Married/Unmarried Couple | 9\% | 8.5\% | 9.8\% |
|  | Divorced/Separated | 12\% | 11.0\% | 14.0\% |
|  | Widowed | 19\% | 17.0\% | 21.3\% |
|  | Never Married | 5\% | 4.1\% | 5.7\% |
| Home Ownership Status | Own Home | 10\% | 9.2\% | 10.4\% |
|  | Rent Home | 9\% | 8.1\% | 10.2\% |
| Children Status | Children in Household (Ages 18-44) | 3\% | 2.5\% | 4.2\% |
|  | No Children in Household (Ages 18-44) | 2\% | 1.7\% | 3.0\% |
| Phone Status | Landline | 13\% | 12.0\% | 13.8\% |
|  | Cell Phone | 7\% | 6.6\% | 7.8\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 4\% | 0.9\% | 14.9\% |
|  | Not Pregnant (Ages 18-44) | 3\% | 2.2\% | 3.9\% |
| County | Minnehaha | 8\% | 7.0\% | 9.5\% |
|  | Pennington | 10\% | 8.3\% | 11.2\% |
|  | Lincoln | 7\% | 5.1\% | 8.9\% |
|  | Brown | 8\% | 6.1\% | 9.4\% |
|  | Brookings | 5\% | 3.7\% | 6.6\% |
|  | Codington | 7\% | 5.5\% | 8.8\% |
|  | Meade | 9\% | 7.3\% | 11.6\% |
|  | Lawrence | 8\% | 6.7\% | 9.6\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | There seems to be no gender difference regarding the prevalence of diabetes. |
| :---: | :---: |
| Age | The prevalence of diabetes generally increases as age increases. This includes significant increases as the 40s, 50s, and 60s are reached with it peaking in the 70s. |
| Race | American Indians demonstrate a significantly higher prevalence of diabetes than whites. |
| Ethnicity | There seems to be no Hispanic difference regarding the prevalence of diabetes. |
| Household Income | The prevalence of diabetes decreases as household income increases. This includes a significant decrease as the $\$ 35,000-\$ 74,999$ income group is reached. |
| Education | The prevalence of diabetes decreases as education levels increase. This includes a significant decrease as the high school graduate and college graduate levels are reached. |
| Employment | Those who are unable to work demonstrate a very high prevalence of diabetes, while those who are a student show a very low prevalence. |
| Marital Status | Those who are widowed exhibit a very high prevalence of diabetes, while those who have never been married show a very low prevalence. |
| Home Ownership | There seems to be no difference in the prevalence of diabetes regarding home ownership. |
| Children Status | The prevalence of diabetes among adults does not seem to differ based on the presence of children in the household. |
| Phone Status | Those with a landline phone exhibit a significantly higher prevalence of diabetes than those with a cell phone. |
| Pregnancy Status | The prevalence of diabetes does not seem to differ based on pregnancy status. |
| County | Minnehaha, Pennington, Meade, and Lawrence counties all demonstrate a very high prevalence of diabetes, while Brookings county shows a very low prevalence. |

Figure 20, below, displays the percentage of South Dakotans who had a test for high blood sugar or diabetes within the past three years. Most respondents stated that they had a blood sugar or diabetes test within the past three years.

Figure 20
South Dakotans Who Have Had a Test for High Blood Sugar or Diabetes Within the Past Three Years, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 21, below, displays the diabetic status of all South Dakotans for the past five years. Most respondents for all years stated that they have never been diagnosed with any type of diabetes.

Figure 21
South Dakotans' Diabetic Status, 2013-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Health Insurance

## HEALTH INSURANCE (ADULT)

Definition: South Dakotans, ages 18-64, who do not have health insurance, prepaid plans such as health maintenance organizations (HMOs), or government plans such as Medicare or Indian Health Service.

## Prevalence of No Health Insurance

o South Dakota 8\%
o There is no nationwide median for no health insurance

Figure 22
Percentage of South Dakotans, Ages 18-64, Who Do Not Have Health Insurance, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 20 <br> South Dakotans, Ages 18-64, Who Do Not Have Health Insurance, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 9\% | 8.1\% | 10.2\% |
|  | Female | 8\% | 6.8\% | 8.9\% |
| Age | 18-29 | 12\% | 10.1\% | 14.0\% |
|  | 30-39 | 10\% | 8.0\% | 11.4\% |
|  | 40-49 | 8\% | 6.5\% | 9.8\% |
|  | 50-59 | 6\% | 5.3\% | 7.8\% |
|  | 60-69 | 4\% | 3.3\% | 5.6\% |
|  | 70-79 | - | - | - |
|  | 80+ | - | - | - |
| Race | White | 8\% | 7.2\% | 8.6\% |
|  | American Indian | 2\% | 1.3\% | 2.9\% |
| Ethnicity | Hispanic | 26\% | 18.4\% | 35.8\% |
|  | Non-Hispanic | 8\% | 7.3\% | 8.7\% |
| Household Income | Less than \$35,000 | 18\% | 16.2\% | 20.2\% |
|  | \$35,000-\$74,999 | 5\% | 4.3\% | 6.2\% |
|  | \$75,000+ | 2\% | 1.1\% | 2.5\% |
| Education | Less than High School, G.E.D. | 17\% | 13.3\% | 21.6\% |
|  | High School, G.E.D. | 12\% | 10.4\% | 13.5\% |
|  | Some Post-High School | 7\% | 6.3\% | 8.6\% |
|  | College Graduate | 3\% | 2.4\% | 4.0\% |
| Employment Status | Employed for Wages | 7\% | 6.3\% | 8.1\% |
|  | Self-employed | 11\% | 9.2\% | 13.3\% |
|  | Unemployed | 27\% | 21.8\% | 33.6\% |
|  | Homemaker | 10\% | 6.2\% | 14.3\% |
|  | Student | 5\% | 3.5\% | 8.2\% |
|  | Retired | 3\% | 2.0\% | 6.0\% |
|  | Unable to Work | 8\% | 5.9\% | 11.6\% |
| Marital Status | Married/Unmarried Couple | 5\% | 4.7\% | 6.3\% |
|  | Divorced/Separated | 13\% | 10.6\% | 15.4\% |
|  | Widowed | 11\% | 7.0\% | 15.8\% |
|  | Never Married | 14\% | 11.8\% | 15.6\% |
| Home Ownership Status | Own Home | 5\% | 4.8\% | 6.2\% |
|  | Rent Home | 16\% | 13.9\% | 17.9\% |
| Children Status | Children in Household (Ages 18-44) | 9\% | 7.3\% | 10.1\% |
|  | No Children in Household (Ages 18-44) | 13\% | 11.4\% | 15.4\% |
| Phone Status | Landline | 6\% | 5.0\% | 7.3\% |
|  | Cell Phone | 10\% | 8.7\% | 10.6\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 3\% | 1.1\% | 8.5\% |
|  | Not Pregnant (Ages 18-44) | 10\% | 8.3\% | 11.8\% |
| County | Minnehaha | 9\% | 7.2\% | 11.2\% |
|  | Pennington | 10\% | 8.2\% | 13.1\% |
|  | Lincoln | 6\% | 3.7\% | 9.5\% |
|  | Brown | 9\% | 5.4\% | 13.5\% |
|  | Brookings | 4\% | 2.7\% | 6.8\% |
|  | Codington | 8\% | 5.5\% | 11.6\% |
|  | Meade | 12\% | 8.9\% | 15.6\% |
|  | Lawrence | 14\% | 10.8\% | 17.1\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | There seems to be no gender difference regarding health insurance status. |
| :--- | :--- |
| Age | The prevalence of being uninsured decreases as age increases. |
| Race | Whites demonstrate a significantly higher prevalence of being uninsured than <br> American Indians. |
| Ethnicity | Hispanics exhibit a significantly higher prevalence of being uninsured than <br> non-Hispanics. |
| Household | The prevalence of being uninsured decreases as household income <br> increases. This includes significant decreases as the \$35,000-\$74,999 and <br> \$75,000+ income groups are reached. |
| Income | The prevalence of being uninsured decreases as education levels increase. |
| Education | This includes significant decreases as some post-high school, and college <br> graduate levels are reached. |
| Employment | Those who are unemployed demonstrate a very high prevalence of being <br> uninsured, while those who are students, retired, or unable to work show a <br> very low prevalence. |
| Marital | Those who are married exhibit a significantly lower prevalence of being <br> uninsured than all other types of marital status. |
| Status | Those who rent their home show a significantly higher prevalence of being <br> uninsured than those who own their home. |
| Home | Those without children in the household exhibit a significantly higher |
| Ownership | prevalence of being uninsured than those with children. |
| Children | Those with a cell phone demonstrate a significantly higher prevalence of <br> Status |
| being uninsured than those with a landline. |  |

As shown in Table 21 below, employer based coverage was the most common type of health insurance reported by respondents for the past seven years. The second most common was private plan.

| Table 21 |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Type of Health Insurance, Ages 18-64, 2011-2017 |  |  |  |  |  |  |  |
| Number of Respondents | $\mathbf{4 , 3 3 2}$ | $\mathbf{5 , 1 4 7}$ | $\mathbf{4 , 2 1 6}$ | $\mathbf{4 , 3 8 7}$ | $\mathbf{4 , 0 4 3}$ | $\mathbf{3 , 2 5 8}$ | $\mathbf{3 , 7 7 2}$ |
| Type of Health Insurance |  |  |  |  |  |  |  |
| Employer Based Coverage |  |  |  |  |  |  |  |
| Private Plan | $57 \%$ | $59 \%$ | $59 \%$ | $59 \%$ | $60 \%$ | $58 \%$ | $59 \%$ |
| Military, CHAMPUS, TriCare, or VA | $12 \%$ | $11 \%$ | $12 \%$ | $13 \%$ | $13 \%$ | $15 \%$ | $14 \%$ |
| Medicare | $6 \%$ | $5 \%$ | $5 \%$ | $4 \%$ | $5 \%$ | $5 \%$ | $5 \%$ |
| The Indian Health Service | $4 \%$ | $3 \%$ | $3 \%$ | $3 \%$ | $3 \%$ | $4 \%$ | $5 \%$ |
| Medicaid or Medical Assistance | $5 \%$ | $5 \%$ | $5 \%$ | $5 \%$ | $5 \%$ | $5 \%$ | $4 \%$ |
| Some Other Source | $4 \%$ | $4 \%$ | $5 \%$ | $4 \%$ | $6 \%$ | $4 \%$ | $4 \%$ |
| None | $2 \%$ | $2 \%$ | $1 \%$ | $2 \%$ | $2 \%$ | $2 \%$ | $2 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017
Table 22, below, displays how long it has been since the respondents had a routine checkup and whether the respondent had health insurance. The majority of insured respondents, 68 percent, stated they had a routine checkup within the past year.

When comparing insured respondents to uninsured respondents, 68 percent of respondents who had health insurance had a routine checkup within the past year while only 32 percent of respondents without health insurance had a routine checkup within the past year.

The percent of uninsured respondents who stated that they had a routine checkup five or more years ago was 33 percent while only 10 percent of those respondents with health insurance had a routine checkup five or more years ago.

| Table 22 <br> How Long Since South Dakotans Last Visited a Doctor for a <br> Routine Checkup, 2012-2017 |  |  |
| :--- | :---: | :---: |
|  | Health Insurance | No Health Insurance |
|  |  |  |
| Withhin the past year | $68 \%$ | $32 \%$ |
| Within the past 2 years | $13 \%$ | $17 \%$ |
| Within the past 5 years | $8 \%$ | $15 \%$ |
| 5 or more years ago | $10 \%$ | $33 \%$ |
| Never | $2 \%$ | $4 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota of Department Health, 2012-2017

Figure 23, below, shows the percentage of respondents, ages 18-64, who were asked if there was a time in the past 12 months when they needed to see a doctor but could not because of the cost. Forty-one percent of respondents without health insurance answered yes to this question.

Figure 23
Percentage of South Dakotans, Ages 18-64, Who Needed to See a Doctor But Could Not Because of the Cost, 2012-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2017

## CHILDREN'S HEALTH INSURANCE

Definition: South Dakota children, ages 0-17, who do not have health insurance, prepaid plans such as health maintenance organizations (HMOs), or government plans such as Medicaid, Children's Health Insurance Program (CHIP), or Indian Health Service (IHS).

## Prevalence of No Health Insurance

o South Dakota 1\%
o There is no nationwide median for no children's health insurance

Figure 24
Percentage of South Dakota Children, Ages 0-17, Who Do Not Have Health Insurance, 2011-2017


[^3]| Table 23 <br> South Dakota Children, Ages 0-17, Who Do Not Have Health Insurance, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 1\% | 0.9\% | 1.8\% |
|  | Female | 1\% | 0.9\% | 2.2\% |
| Age | 0-6 | 1\% | 0.5\% | 1.8\% |
|  | 7-12 | 1\% | 0.6\% | 1.7\% |
|  | 13-17 | 2\% | 1.3\% | 2.9\% |
| Race | White | 1\% | 1.0\% | 1.9\% |
|  | American Indian | 0.3\% | 0.1\% | 0.7\% |
| Ethnicity | Hispanic | 1\% | 0.3\% | 3.0\% |
|  | Non-Hispanic | 1\% | 1.0\% | 1.9\% |
| Household Income | Less than \$35,000 | 1\% | 0.8\% | 2.1\% |
|  | \$35,000-\$74,999 | 2\% | 1.4\% | 3.5\% |
|  | \$75,000+ | 1\% | 0.4\% | 1.4\% |
| Home Ownership Status | Own home | 1\% | 0.9\% | 1.9\% |
|  | Rent home | 1\% | 0.9\% | 2.4\% |
| Phone Status | Landline | 1\% | 0.9\% | 2.5\% |
|  | Cell phone | 1\% | 0.9\% | 1.7\% |
| County | Minnehaha | 1\% | 0.6\% | 2.7\% |
|  | Pennington | 1\% | 0.5\% | 2.3\% |
|  | Lincoln | 0.3\% | 0.1\% | 1.0\% |
|  | Brown | 1\% | 0.4\% | 4.7\% |
|  | Brookings | 0.3\% | 0.0\% | 2.3\% |
|  | Codington | 1\% | 0.3\% | 2.2\% |
|  | Meade | 2\% | 1.0\% | 4.7\% |
|  | Lawrence | 3\% | 1.7\% | 6.1\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

Gender

Age

Race

Ethnicity

Household Income

There seems to be no gender difference regarding health insurance status for children.

There seem to be no age differences regarding health insurance status for children.

White children demonstrate a significantly higher prevalence of being uninsured than American Indian children.

There seems to be no Hispanic difference regarding health insurance status for children.

There seems to be no difference in health insurance status for children regarding household income.

$$
\begin{array}{ll}
\text { Home } & \text { There seems to be no difference in health insurance status for children } \\
\text { Ownership } & \text { regarding adult home ownership status. }
\end{array}
$$

Phone Status The health insurance status of children does not seem to change based on phone status.

County Lawrence county demonstrates a very high prevalence of children being uninsured, while Lincoln county shows a very low prevalence.

Table 24, below, shows the different types of health coverage for children, ages 0-17. The main type of health care coverage for the past seven years was employer based coverage. Medicaid, CHIP, or medical assistance coverage was the second most common type of health coverage.

| Table 24 |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Different Types of Health Coverage for South Dakota Children, Ages 17 and Under, 2011-2017 |  |  |  |  |  |  |
|  | 2011-2012 | 2012-2013 | 2013-2014 | 2014-2015 | 2015-2016 | 2016-2017 |
| Type of Coverage |  |  |  |  |  |  |
| Employer Based Coverage | $57 \%$ | $55 \%$ | $55 \%$ | $55 \%$ | $54 \%$ | $53 \%$ |
| Medicaid, CHIP, or Medical Assistance | $23 \%$ | $24 \%$ | $24 \%$ | $24 \%$ | $25 \%$ | $26 \%$ |
| Private Plan | $10 \%$ | $10 \%$ | $11 \%$ | $12 \%$ | $11 \%$ | $11 \%$ |
| The Indian Health Service | $4 \%$ | $3 \%$ | $4 \%$ | $3 \%$ | $3 \%$ | $4 \%$ |
| The Military, CHAMPUS, TriCare, or VA | $3 \%$ | $3 \%$ | $3 \%$ | $3 \%$ | $3 \%$ | $3 \%$ |
| Medicare | $1 \%$ | $2 \%$ | $1 \%$ | $1 \%$ | $1 \%$ | $1 \%$ |
| Some Other Source | $0.5 \%$ | $0.8 \%$ | $1.1 \%$ | $0.8 \%$ | $0.3 \%$ | $1.2 \%$ |
| None | $2 \%$ | $2 \%$ | $1 \%$ | $1 \%$ | $2 \%$ | $1 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

## ROUTINE CHECKUP

Definition: South Dakotans who have visited a doctor for a routine checkup within the past two years. A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

## Prevalence of Routine Checkup

o South Dakota 81\%
o There is no nationwide median for routine checkups

## South Dakota Department of Health Strategic Plan

Increase the percent of South Dakotans who have had a routine checkup within the past two years to 84 percent by 2020.

Figure 25
Percentage of South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 25South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 75\% | 73.3\% | 75.9\% |
|  | Female | 86\% | 85.3\% | 87.2\% |
| Age | 18-29 | 73\% | 71.0\% | 75.7\% |
|  | 30-39 | 72\% | 69.1\% | 73.9\% |
|  | 40-49 | 78\% | 75.9\% | 80.3\% |
|  | 50-59 | 82\% | 80.5\% | 83.7\% |
|  | 60-69 | 89\% | 87.1\% | 89.8\% |
|  | 70-79 | 93\% | 91.4\% | 94.5\% |
|  | 80+ | 92\% | 90.2\% | 94.2\% |


| Table 25 (continued)South Dakotans Who Have Had a Routine Checkup Within the Past Two Years, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Race | White | 81\% | 80.4\% | 82.0\% |
|  | American Indian | 81\% | 77.4\% | 83.5\% |
| Ethnicity | Hispanic | 71\% | 62.4\% | 78.2\% |
|  | Non-Hispanic | 81\% | 79.9\% | 81.6\% |
| Household Income | Less than \$35,000 | 78\% | 76.6\% | 79.8\% |
|  | \$35,000-\$74,999 | 80\% | 78.4\% | 81.4\% |
|  | \$75,000+ | 84\% | 82.6\% | 85.3\% |
| Education | Less than High School, G.E.D. | 77\% | 73.8\% | 80.6\% |
|  | High School, G.E.D. | 79\% | 77.5\% | 80.6\% |
|  | Some Post-High School | 81\% | 79.5\% | 82.3\% |
|  | College Graduate | 83\% | 81.8\% | 84.2\% |
| Employment Status | Employed for Wages | 78\% | 77.1\% | 79.4\% |
|  | Self-employed | 71\% | 68.6\% | 73.9\% |
|  | Unemployed | 73\% | 67.7\% | 77.6\% |
|  | Homemaker | 81\% | 76.8\% | 84.5\% |
|  | Student | 80\% | 75.3\% | 84.8\% |
|  | Retired | 93\% | 91.7\% | 93.9\% |
|  | Unable to Work | 88\% | 85.1\% | 90.1\% |
| Marital Status | Married/Unmarried Couple | 83\% | 81.5\% | 83.5\% |
|  | Divorced/Separated | 77\% | 74.6\% | 79.5\% |
|  | Widowed | 90\% | 88.3\% | 92.3\% |
|  | Never Married | 74\% | 71.9\% | 76.1\% |
| Home Ownership Status | Own Home | 83\% | 81.8\% | 83.6\% |
|  | Rent Home | 75\% | 73.0\% | 76.9\% |
| Children Status | Children in Household (Ages 18-44) | 75\% | 73.0\% | 76.8\% |
|  | No Children in Household (Ages 18-44) | 71\% | 68.9\% | 73.7\% |
| Phone Status | Landline | 85\% | 83.5\% | 85.8\% |
|  | Cell Phone | 78\% | 76.9\% | 79.1\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 85\% | 75.8\% | 90.6\% |
|  | Not Pregnant (Ages 18-44) | 82\% | 79.7\% | 83.6\% |
| County | Minnehaha | 82\% | 79.3\% | 83.7\% |
|  | Pennington | 78\% | 75.6\% | 80.6\% |
|  | Lincoln | 83\% | 79.4\% | 85.8\% |
|  | Brown | 79\% | 75.1\% | 82.8\% |
|  | Brookings | 79\% | 74.8\% | 83.1\% |
|  | Codington | 81\% | 77.5\% | 84.5\% |
|  | Meade | 76\% | 72.6\% | 79.8\% |
|  | Lawrence | 77\% | 74.4\% | 80.1\% |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

Gender

Age

Race There are no significant racial differences regarding obtaining routine checkups.

| Ethnicity | Non-Hispanics demonstrate a significantly higher prevalence of obtaining a <br> routine checkup than Hispanics. |
| :--- | :--- |
| Household | The prevalence of obtaining routine checkups increases as household income <br> increases. This includes a significant increase when the $\$ 75,000+$ household <br> income is reached. |
| Income | The prevalence of obtaining routine checkups increases as education <br> increases. |
| Education | Those who are retired demonstrate a very high prevalence of obtaining a <br> routine checkup, while those who are self-employed or unemployed show a <br> very low prevalence. |
| Marital | Those who are widowed exhibit a very high prevalence of obtaining a routine <br> checkup, while those who are divorced or have never been married show a <br> very low prevalence. |
| Status | Those who own their home demonstrate a significantly higher prevalence of <br> obtaining a routine checkup than those who rent their home. |
| Ownership | The prevalence of obtaining a routine checkup does not seem to change <br> based on the presence of children in the household. |
| Children | Those with a landline phone show a significantly higher prevalence of |
| Status | obtaining a routine checkup than those with a cell phone. |
| Phone Status |  |
| Pregnancy | The prevalence of obtaining a routine checkup does not seem to change <br> based on pregnancy status. |
| County | The prevalence of obtaining a routine checkup does not seem to differ among <br> the eight available counties. |

## Hypertension and Cholesterol

## HYPERTENSION

Definition: South Dakotans who report they have been told by a health professional their blood pressure is high.

## Prevalence of Hypertension

o South Dakota 31\%
o Nationwide median 32\%
Figure 26
Percentage of South Dakotans Who Were Told They Have Hypertension, 2011-


Note: This question was not asked in 2016.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 26 <br> South Dakotans Who Were Told They Have Hypertension, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 32\% | 30.8\% | 33.5\% |
|  | Female | 28\% | 26.9\% | 29.3\% |
| Age | 18-29 | 8\% | 6.2\% | 9.2\% |
|  | 30-39 | 14\% | 11.7\% | 15.5\% |
|  | 40-49 | 24\% | 21.2\% | 26.0\% |
|  | 50-59 | 35\% | 32.9\% | 37.1\% |
|  | 60-69 | 49\% | 46.9\% | 51.3\% |
|  | 70-79 | 60\% | 57.7\% | 63.0\% |
|  | 80+ | 62\% | 58.8\% | 65.7\% |
| Race | White | 31\% | 29.7\% | 31.6\% |
|  | American Indian | 32\% | 28.6\% | 35.1\% |
| Ethnicity | Hispanic | 18\% | 11.8\% | 25.6\% |
|  | Non-Hispanic | 30\% | 29.5\% | 31.3\% |
| Household Income | Less than \$25,000 | 34\% | 32.0\% | 35.5\% |
|  | \$25,000-\$74,999 | 31\% | 29.5\% | 32.7\% |
|  | \$75,000+ | 25\% | 23.0\% | 26.4\% |
| Education | Less than High School, G.E.D. | 35\% | 31.0\% | 38.2\% |
|  | High School, G.E.D. | 33\% | 31.2\% | 34.5\% |
|  | Some Post-High School | 29\% | 27.5\% | 30.7\% |
|  | College Graduate | 26\% | 24.6\% | 27.4\% |
| Employment Status | Employed for Wages | 23\% | 22.0\% | 24.5\% |
|  | Self-employed | 26\% | 23.8\% | 28.7\% |
|  | Unemployed | 23\% | 18.8\% | 27.4\% |
|  | Homemaker | 24\% | 19.9\% | 27.7\% |
|  | Student | 6\% | 3.5\% | 10.0\% |
|  | Retired | 58\% | 56.5\% | 60.3\% |
|  | Unable to Work | 46\% | 41.7\% | 50.5\% |
| Marital Status | Married/Unmarried Couple | 31\% | 30.1\% | 32.4\% |
|  | Divorced/Separated | 34\% | 31.6\% | 36.8\% |
|  | Widowed | 58\% | 55.4\% | 61.3\% |
|  | Never Married | 15\% | 13.6\% | 16.9\% |
| Home Ownership Status | Own Home | 33\% | 32.4\% | 34.5\% |
|  | Rent Home | 23\% | 21.5\% | 25.1\% |
| Children Status | Children in Household (Ages 18-44) | 13\% | 11.6\% | 14.9\% |
|  | No Children in Household (Ages 18-44) | 11\% | 9.1\% | 12.2\% |
| Phone Status | Landline | 38\% | 37.0\% | 39.8\% |
|  | Cell Phone | 24\% | 23.3\% | 25.6\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 4\% | 1.5\% | 8.3\% |
|  | Not Pregnant (Ages 18-44) | 9\% | 7.3\% | 10.3\% |
| County | Minnehaha | 27\% | 25.0\% | 29.7\% |
|  | Pennington | 32\% | 29.1\% | 34.7\% |
|  | Lincoln | 25\% | 21.7\% | 28.5\% |
|  | Brown | 29\% | 26.1\% | 32.4\% |
|  | Brookings | 20\% | 17.0\% | 23.1\% |
|  | Codington | 28\% | 24.9\% | 31.5\% |
|  | Meade | 32\% | 28.6\% | 36.5\% |
|  | Lawrence | 30\% | 26.9\% | 34.0\% |

Note: *Results based on small sample sizes have been suppressed. This question was not asked in 2016.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | Males exhibit a significantly higher prevalence of high blood pressure than <br> females. |
| :--- | :--- |
| Age | The prevalence of high blood pressure increases as age increases. This <br> includes significant increases as the 30s, 40s, $50 \mathrm{~s}, 60 \mathrm{~s}$, and 70 s are reached. |
| Race | There seems to be no racial difference regarding high blood pressure. |
| Ethnicity | Non-Hispanics demonstrate a significantly higher prevalence of high blood <br> pressure than Hispanics. |
| Household | The prevalence of high blood pressure decreases as household income <br> increases. This includes a significant decrease as the \$75,000+ income group is <br> reached. |
| Income | The prevalence of high blood pressure decreases as education levels increase. |
| Education includes significant decreases as some post-high school and college |  |
| Eraduate levels are reached. |  |

The following table shows the percent of South Dakotans with high blood pressure who were taking medicine for it. In 2017, 79 percent of respondents were taking medicine for high blood pressure.

Table 27
Percentage of South Dakotans With High Blood Pressure Who Were Taking Medicine for It, 2011-2017

| Year | \% |
| :---: | :---: |
| 2017 | $79 \%$ |
| 2015 | $79 \%$ |
| 2013 | $81 \%$ |
| 2011 | $78 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

The following figures show what types of actions South Dakotans do to help lower or control high blood pressure. In 2017, 67 percent of South Dakotans changed their eating habits to help lower or control blood pressure (Figure 27).

Figure 27
Percentage of South Dakotans Who Have Changed Their Eating Habits to Help Lower or Control Their High Blood Pressure, 2012-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2017

In 2017, 49 percent of South Dakotans reduced alcohol use to help lower or control their blood pressure (Figure 28).

Figure 28
Percentage of South Dakotans (Current Drinkers) Who Are Reducing Alcohol Use to Help Lower or Control Their High Blood Pressure, 2012-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2017

In 2017, 55 percent of South Dakotans exercised to help lower or control their blood pressure (Figure 29).

Figure 29
Percentage of South Dakotans Who Are Exercising to Help Lower or Control Their High Blood Pressure, 2012-2017


[^4]
## HIGH BLOOD CHOLESTEROL

Definition: South Dakotans who report they have had their blood cholesterol checked and were told it was high by a health professional.

## Prevalence of High Blood Cholesterol

o South Dakota 29\%
o Nationwide median 33\%

Figure 30
Percentage of South Dakotans Who Were Told They Have High Blood Cholesterol, 2011-2017


Note: This question was not asked in 2012, 2014, or 2016.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 28 <br> South Dakotans Who Were Told They Have High Blood Cholesterol, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 35\% | 33.1\% | 36.7\% |
|  | Female | 31\% | 29.8\% | 32.9\% |
| Age | 18-29 | 6\% | 4.0\% | 7.6\% |
|  | 30-39 | 16\% | 13.6\% | 19.1\% |
|  | 40-49 | 24\% | 21.4\% | 27.2\% |
|  | 50-59 | 37\% | 34.6\% | 39.9\% |
|  | 60-69 | 48\% | 45.0\% | 50.1\% |
|  | 70-79 | 53\% | 49.9\% | 55.9\% |
|  | 80+ | 50\% | 45.9\% | 54.7\% |
| Race | White | 34\% | 32.9\% | 35.4\% |
|  | American Indian | 31\% | 26.1\% | 35.3\% |
| Ethnicity | Hispanic | 22\% | 14.6\% | 31.2\% |
|  | Non-Hispanic | 33\% | 32.1\% | 34.5\% |
| Household Income | Less than \$25,000 | 35\% | 32.3\% | 36.9\% |
|  | \$25,000-\$74,999 | 33\% | 31.1\% | 35.4\% |
|  | \$75,000+ | 30\% | 27.9\% | 32.3\% |
| Education | Less than High School, G.E.D. | 40\% | 34.5\% | 44.7\% |
|  | High School, G.E.D. | 33\% | 31.3\% | 35.6\% |
|  | Some Post-High School | 33\% | 30.9\% | 35.1\% |
|  | College Graduate | 31\% | 28.8\% | 32.5\% |
| Employment Status | Employed for Wages | 27\% | 25.8\% | 29.1\% |
|  | Self-employed | 30\% | 26.3\% | 33.1\% |
|  | Unemployed | 22\% | 16.6\% | 28.3\% |
|  | Homemaker | 28\% | 23.8\% | 33.7\% |
|  | Student | 6\% | 3.5\% | 9.9\% |
|  | Retired | 51\% | 48.3\% | 52.8\% |
|  | Unable to Work | 46\% | 40.7\% | 51.7\% |
| Marital Status | Married/Unmarried Couple | 34\% | 32.5\% | 35.5\% |
|  | Divorced/Separated | 34\% | 30.4\% | 37.0\% |
|  | Widowed | 50\% | 45.9\% | 53.2\% |
|  | Never Married | 19\% | 16.9\% | 22.3\% |
| Home Ownership Status | Own Home | 36\% | 34.3\% | 37.1\% |
|  | Rent Home | 24\% | 22.0\% | 26.9\% |
| Children Status | Children in Household (Ages 18-44) | 14\% | 12.1\% | 16.3\% |
|  | No Children in Household (Ages 18-44) | 12\% | 10.0\% | 15.1\% |
| Phone Status | Landline | 41\% | 38.8\% | 42.4\% |
|  | Cell Phone | 27\% | 25.9\% | 29.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 11\% | 9.5\% | 13.8\% |
| County | Minnehaha | 31\% | 28.0\% | 34.0\% |
|  | Pennington | 32\% | 28.5\% | 36.0\% |
|  | Lincoln | 29\% | 24.0\% | 34.1\% |
|  | Brown | 28\% | 24.0\% | 33.3\% |
|  | Brookings | 22\% | 18.0\% | 27.5\% |
|  | Codington | 31\% | 26.0\% | 37.2\% |
|  | Meade | 35\% | 29.5\% | 41.1\% |
|  | Lawrence | 37\% | 31.0\% | 42.9\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed. This question was not asked in 2014 or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Gender Males exhibit a significantly higher prevalence of high cholesterol than females.
Age The prevalence of high cholesterol generally increases as age increases. This includes significant increases as the $30 \mathrm{~s}, 40 \mathrm{~s}, 50 \mathrm{~s}$, and 60s are reached.

Race $\quad$ There seems to be no racial difference regarding high cholesterol.
Ethnicity Non-Hispanics demonstrate a significantly higher prevalence of high cholesterol than Hispanics.

Household The prevalence of high cholesterol decreases as household income increases. Income

Education The prevalence of high cholesterol decreases as education levels increase.
Employment Those who are retired or unable to work demonstrate a very high prevalence of high cholesterol, while those who are a student show a very low prevalence.

Marital Those who are widowed exhibit a very high prevalence of high cholesterol, while Status those who have never been married show a very low prevalence.

Home Those who own their home demonstrate a significantly higher prevalence of high Ownership cholesterol than those who rent their home.

Children The prevalence of high cholesterol does not seem to change based on the Status

Phone Those who use a landline phone demonstrate a significantly higher prevalence Status of high cholesterol than those who use a cell phone.

County Those in Minnehaha, Pennington, Meade, and Lawrence counties all exhibit a very high prevalence of high cholesterol, while those in Brookings county show a very low prevalence.

Figure 31, below, shows the percent of South Dakotans with high cholesterol who take medication it. In 2017, 63 percent of South Dakotans took medication for high cholesterol.

Figure 31
Percentage of South Dakotans With High Cholesterol Who Take Medicine for It, 2017


[^5]
## Cardiovascular Disease

## PREVIOUSLY HAD A HEART ATTACK

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a heart attack, also called a myocardial infarction?"

## Prevalence of Previous Heart Attack

o South Dakota 5\%
o Nationwide median 4\%

Figure 32
Percentage of South Dakotans Who Previously Had a Heart Attack, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 29 <br> South Dakotans Who Previously Had a Heart Attack, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | 95\% Confidence Interval |  |
|  |  | 2013-2017 | Low | High |
| Gender | Male | 7\% | 6.0\% | 7.2\% |
|  | Female | 3\% | 2.8\% | 3.6\% |
| Age | 18-29 | 1\% | 0.4\% | 1.5\% |
|  | 30-39 | 1\% | 0.5\% | 1.6\% |
|  | 40-49 | 2\% | 1.5\% | 2.9\% |
|  | 50-59 | 5\% | 3.7\% | 5.4\% |
|  | 60-69 | 9\% | 7.5\% | 9.7\% |
|  | 70-79 | 13\% | 11.7\% | 15.3\% |
|  | 80+ | 17\% | 14.3\% | 19.0\% |
| Race | White | 5\% | 4.5\% | 5.3\% |
|  | American Indian | 6\% | 4.8\% | 7.4\% |
| Ethnicity | Hispanic | 5\% | 2.5\% | 10.2\% |
|  | Non-Hispanic | 5\% | 4.5\% | 5.2\% |
| Household Income | Less than \$35,000 | 7\% | 6.3\% | 7.9\% |
|  | \$35,000-\$74,999 | 5\% | 4.0\% | 5.2\% |
|  | \$75,000+ | 2\% | 2.0\% | 3.0\% |
| Education | Less than High School, G.E.D. | 8\% | 6.6\% | 9.9\% |
|  | High School, G.E.D. | 6\% | 5.5\% | 7.1\% |
|  | Some Post-High School | 4\% | 3.4\% | 4.4\% |
|  | College Graduate | 3\% | 2.6\% | 3.6\% |
| Employment Status | Employed for Wages | 2\% | 2.0\% | 2.7\% |
|  | Self-employed | 3\% | 2.8\% | 4.3\% |
|  | Unemployed | 4\% | 2.8\% | 6.9\% |
|  | Homemaker | 3\% | 2.0\% | 5.8\% |
|  | Student | 0.3\% | 0.1\% | 1.2\% |
|  | Retired | 13\% | 11.6\% | 14.1\% |
|  | Unable to Work | 14\% | 11.3\% | 16.4\% |
| Marital Status | Married/Unmarried Couple | 5\% | 4.4\% | 5.4\% |
|  | Divorced/Separated | 6\% | 5.3\% | 7.5\% |
|  | Widowed | 12\% | 10.5\% | 14.1\% |
|  | Never Married | 2\% | 1.5\% | 2.4\% |
| Home Ownership Status | Own Home | 5\% | 4.7\% | 5.6\% |
|  | Rent Home | 4\% | 3.8\% | 5.2\% |
| Children Status | Children in Household (Ages 18-44) | 1\% | 0.7\% | 1.8\% |
|  | No Children in Household (Ages 18-44) | 1\% | 0.5\% | 1.2\% |
| Phone Status | Landline | 7\% | 6.1\% | 7.4\% |
|  | Cell Phone | 4\% | 3.4\% | 4.2\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 0\% | 0.0\% | 1.3\% |
|  | Not Pregnant (Ages 18-44) | 1\% | 0.4\% | 1.3\% |
| County | Minnehaha | 4\% | 3.2\% | 4.9\% |
|  | Pennington | 5\% | 3.9\% | 6.0\% |
|  | Lincoln | 3\% | 2.2\% | 4.5\% |
|  | Brown | 5\% | 3.5\% | 6.0\% |
|  | Brookings | 4\% | 2.7\% | 5.9\% |
|  | Codington | 7\% | 5.8\% | 9.2\% |
|  | Meade | 4\% | 3.0\% | 5.5\% |
|  | Lawrence | 5\% | 3.7\% | 6.0\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

Gender
Age
Race
Ethnicity
Household
Income

Education

## Employment

Marital

## Status

Home
Ownership
Children
Status
Phone Status

Pregnancy
Status
County Codington county demonstrates a very high prevalence of a previous heart attack, while Minnehaha, Lincoln, and Meade counties show a very low prevalence.

## ANGINA OR CORONARY HEART DISEASE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have angina or coronary heart disease?"

## Prevalence of Angina or Coronary Heart Disease

o South Dakota 5\%
o Nationwide median 4\%

Figure 33
Percentage of South Dakotans Who Have Angina or Coronary Heart Disease, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 30 <br> South Dakotans Who Have Angina or Coronary Heart Disease, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.2\% | 6.3\% |
| Gender | Female | 4\% | 3.1\% | 4.0\% |
|  | 18-29 | 1\% | 0.5\% | 1.6\% |
|  | 30-39 | 0.4\% | 0.2\% | 0.8\% |
|  | 40-49 | 1\% | 0.7\% | 1.7\% |
| Age | 50-59 | 4\% | 3.6\% | 5.2\% |
|  | 60-69 | 8\% | 7.2\% | 9.3\% |
|  | 70-79 | 14\% | 11.9\% | 15.6\% |
|  | 80+ | 17\% | 14.9\% | 20.3\% |
| Race | White | 5\% | 4.4\% | 5.1\% |
| Race | American Indian | 4\% | 3.3\% | 6.1\% |
| Ethnicity | Hispanic | 5\% | 2.5\% | 9.7\% |
| Ethnicity | Non-Hispanic | 5\% | 4.3\% | 5.0\% |
|  | Less than \$35,000 | 6\% | 5.7\% | 7.3\% |
| Household Income | \$35,000-\$74,999 | 4\% | 3.8\% | 4.9\% |
|  | \$75,000+ | 3\% | 2.2\% | 3.4\% |
|  | Less than High School, G.E.D. | 6\% | 5.1\% | 8.2\% |
| Education | High School, G.E.D. | 6\% | 4.9\% | 6.4\% |
| Education | Some Post-High School | 4\% | 3.7\% | 4.9\% |
|  | College Graduate | 3\% | 2.7\% | 3.5\% |
|  | Employed for Wages | 2\% | 1.7\% | 2.4\% |
|  | Self-employed | 3\% | 2.0\% | 3.6\% |
|  | Unemployed | 4\% | 2.0\% | 6.5\% |
| Employment Status | Homemaker | 2\% | 1.4\% | 3.1\% |
|  | Student | 0.2\% | 0.1\% | 0.9\% |
|  | Retired | 14\% | 13.1\% | 15.8\% |
|  | Unable to Work | 10\% | 8.2\% | 12.8\% |
|  | Married/Unmarried Couple | 5\% | 4.2\% | 5.1\% |
| Marital Status | Divorced/Separated | 6\% | 4.7\% | 6.8\% |
| Marital Status | Widowed | 12\% | 10.6\% | 14.5\% |
|  | Never Married | 2\% | 1.2\% | 2.2\% |
| Home Ownership | Own Home | 5\% | 4.6\% | 5.5\% |
| Status | Rent Home | 4\% | 3.4\% | 4.8\% |
| Children Status | Children in Household (Ages 18-44) | 1\% | 0.3\% | 1.1\% |
| Children Status | No Children in Household (Ages 18-44) | 1\% | 0.4\% | 1.4\% |
| Phone Status | Landline | 7\% | 6.0\% | 7.3\% |
| Phone Status | Cell Phone | 3\% | 3.1\% | 3.9\% |
|  | Pregnant (Ages 18-44) | 0\% | 0.0\% | 1.3\% |
| Pregnancy Status | Not Pregnant (Ages 18-44) | 1\% | 0.4\% | 1.3\% |
|  | Minnehaha | 4\% | 2.9\% | 4.3\% |
|  | Pennington | 5\% | 4.1\% | 6.1\% |
|  | Lincoln | 3\% | 2.1\% | 4.2\% |
|  | Brown | 6\% | 4.3\% | 7.1\% |
| County | Brookings | 3\% | 2.2\% | 4.2\% |
|  | Codington | 6\% | 4.4\% | 7.1\% |
|  | Meade | 4\% | 2.9\% | 5.1\% |
|  | Lawrence | 4\% | 3.4\% | 5.5\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | Males exhibit a significantly higher prevalence of heart disease than females. |
| :---: | :---: |
| Age | The prevalence of heart disease generally increases as age increases with significant increases as the $50 \mathrm{~s}, 60 \mathrm{~s}$, and 70 s are reached. |
| Race | There are no significant racial differences regarding heart disease. |
| Ethnicity | There is no significant Hispanic difference in the prevalence of heart disease. |
| Household Income | The prevalence of heart disease decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income levels are reached. |
| Education | The prevalence of heart disease decreases as education increases. This includes a significant decrease as the college graduate level is reached. |
| Employment | Those who are retired demonstrate a very high prevalence of heart disease, while those who are students show a very low prevalence. |
| Marital Status | Those who are widowed exhibit a very high prevalence of heart disease, while those who have never been married show a very low prevalence. |
| Home Ownership | The prevalence of heart disease does not seem to change based on home ownership status. |
| Children Status | The prevalence of heart disease among adults does not seem to change based on the presence of children in the household. |
| Phone Status | Those with a landline phone show a significantly higher prevalence of heart disease than those with a cell phone. |
| Pregnancy Status | The prevalence of heart disease does not seem to change based on pregnancy status. |
| County | Brown and Codington counties demonstrate a very high prevalence of heart disease, while Minnehaha, Lincoln, and Brookings counties show a very low prevalence. |

## PREVIOUSLY HAD A STROKE

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you had a stroke?"

## Prevalence of Previous Stroke

o South Dakota 3\%
o Nationwide median 3\%

Figure 34
Percentage of South Dakotans Who Have Previously Had a Stroke, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 31 <br> South Dakotans Who Previously Had a Stroke, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | 95\% Confidence Interval |  |
|  |  | 2013-2017 | Low | High |
| Gender | Male | 3\% | 2.4\% | 3.1\% |
|  | Female | 3\% | 2.2\% | 2.9\% |
| Age | 18-29 | 1\% | 0.3\% | 1.1\% |
|  | 30-39 | 1\% | 0.4\% | 1.4\% |
|  | 40-49 | 1\% | 1.0\% | 2.1\% |
|  | 50-59 | 2\% | 1.6\% | 2.5\% |
|  | 60-69 | 4\% | 3.2\% | 4.6\% |
|  | 70-79 | 7\% | 6.1\% | 8.8\% |
|  | 80+ | 11\% | 8.9\% | 12.8\% |
| Race | White | 3\% | 2.4\% | 2.9\% |
|  | American Indian | 4\% | 2.8\% | 4.5\% |
| Ethnicity | Hispanic | 3\% | 1.3\% | 8.9\% |
|  | Non-Hispanic | 3\% | 2.4\% | 2.9\% |
| Household Income | Less than \$35,000 | 4\% | 3.7\% | 4.9\% |
|  | \$35,000-\$74,999 | 2\% | 1.5\% | 2.2\% |
|  | \$75,000+ | 1\% | 0.9\% | 1.4\% |
| Education | Less than High School, G.E.D. | 6\% | 4.4\% | 7.3\% |
|  | High School, G.E.D. | 3\% | 2.4\% | 3.4\% |
|  | Some Post-High School | 2\% | 1.8\% | 2.6\% |
|  | College Graduate | 2\% | 1.4\% | 2.1\% |
| Employment Status | Employed for Wages | 1\% | 0.8\% | 1.3\% |
|  | Self-employed | 1\% | 0.9\% | 1.7\% |
|  | Unemployed | 2\% | 1.0\% | 2.5\% |
|  | Homemaker | 3\% | 1.9\% | 4.9\% |
|  | Student | 0.3\% | 0.1\% | 1.5\% |
|  | Retired | 7\% | 6.3\% | 8.1\% |
|  | Unable to Work | 11\% | 8.6\% | 12.9\% |
| Marital Status | Married/Unmarried Couple | 2\% | 2.0\% | 2.7\% |
|  | Divorced/Separated | 4\% | 3.0\% | 4.5\% |
|  | Widowed | 8\% | 6.8\% | 9.7\% |
|  | Never Married | 1\% | 0.8\% | 1.5\% |
| Home Ownership Status | Own Home | 3\% | 2.3\% | 3.0\% |
|  | Rent Home | 3\% | 2.5\% | 3.4\% |
| Children Status | Children in Household (Ages 18-44) | 1\% | 0.5\% | 1.4\% |
|  | No Children in Household (Ages 18-44) | 1\% | 0.4\% | 1.1\% |
| Phone Status | Landline | 4\% | 3.5\% | 4.4\% |
|  | Cell Phone | 2\% | 1.6\% | 2.2\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 0\% | 0.0\% | 1.3\% |
|  | Not Pregnant (Ages 18-44) | 1\% | 0.4\% | 1.2\% |
| County | Minnehaha | 2\% | 1.5\% | 2.7\% |
|  | Pennington | 3\% | 2.1\% | 3.4\% |
|  | Lincoln | 2\% | 1.4\% | 3.1\% |
|  | Brown | 4\% | 2.6\% | 5.2\% |
|  | Brookings | 2\% | 1.4\% | 3.1\% |
|  | Codington | 3\% | 1.7\% | 3.7\% |
|  | Meade | 3\% | 1.9\% | 4.1\% |
|  | Lawrence | 2\% | 1.8\% | 3.3\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

| Gender | There is no significant gender difference regarding the prevalence of a previous stroke. |
| :---: | :---: |
| Age | The prevalence of a previous stroke increases as age increases with significant increases as the 60s, 70 s , and 80 s are reached. |
| Race | There are no significant racial differences regarding the prevalence of a previous stroke. |
| Ethnicity | There is no significant Hispanic difference in the prevalence of a previous stroke. |
| Household Income | The prevalence of a previous stroke decreases as household income increases. This includes significant decreases as the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ household income levels are reached. |
| Education | The prevalence of a previous stroke decreases as education increases. This includes a significant decrease as the high school graduate level is reached. |
| Employment | Those who are unable to work demonstrate a very high prevalence of a previous stroke, while those who are employed for wages, self-employed, unemployed, or a student show a very low prevalence. |
| Marital Status | Those who are widowed exhibit a very high prevalence of a previous stroke while those who have never been married show a very low prevalence. |
| Home Ownership | The prevalence of a previous stroke does not seem to change based on home ownership status. |
| Children Status | The prevalence of a previous stroke among adults does not seem to change based on the presence of children in the household. |
| Phone Status | Those with a landline phone show a significantly higher prevalence of a previous stroke than those with a cell phone. |
| Pregnancy Status | The prevalence of a previous stroke does not seem to change based on pregnancy status. |
| County | There are no significant differences among the eight counties regarding the prevalence of a previous stroke. |

## FLU SHOT

Definition: South Dakotans ages 65 and older who have had an influenza vaccination within the past 12 months.

## Prevalence of Flu Shot

o South Dakota 65\%
o Nationwide median $61 \%$

Figure 35
Percentage of South Dakotans, Ages 65 and Older, Who Have Had a Flu Shot Within the Past 12 Months, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 32 <br> South Dakotans, Ages 65 and Older, Who Have Had a Flu Shot Within the Past 12 Months, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 68\% | 65.2\% | 70.2\% |
|  | Female | 68\% | 66.4\% | 70.3\% |
| Age | 18-29 | - | - | - |
|  | 30-39 | - | - | - |
|  | 40-49 | - | - | - |
|  | 50-59 | - | - | - |
|  | 60-69 | 62\% | 59.3\% | 64.8\% |
|  | 70-79 | 69\% | 66.6\% | 71.4\% |
|  | 80+ | 73\% | 70.1\% | 76.2\% |
| Race | White | 68\% | 66.9\% | 70.1\% |
|  | American Indian | 57\% | 47.3\% | 65.6\% |
| Ethnicity | Hispanic | * | * | * |
|  | Non-Hispanic | 68\% | 66.6\% | 69.7\% |
| Household Income | Less than \$35,000 | 67\% | 63.7\% | 69.2\% |
|  | \$35,000-\$74,999 | 71\% | 68.2\% | 73.9\% |
|  | \$75,000+ | 69\% | 65.4\% | 73.2\% |
| Education | Less than High School, G.E.D. | 59\% | 53.4\% | 64.9\% |
|  | High School, G.E.D. | 69\% | 66.1\% | 71.2\% |
|  | Some Post-High School | 69\% | 66.3\% | 71.6\% |
|  | College Graduate | 72\% | 69.5\% | 74.6\% |
| Employment Status | Employed for Wages | 65\% | 60.3\% | 69.4\% |
|  | Self-employed | 54\% | 48.2\% | 59.3\% |
|  | Unemployed | 41\% | 26.2\% | 58.1\% |
|  | Homemaker | 69\% | 61.8\% | 75.1\% |
|  | Student | * | * | * |
|  | Retired | 71\% | 69.0\% | 72.7\% |
|  | Unable to Work | 58\% | 49.2\% | 66.3\% |
| Marital Status | Married/Unmarried Couple | 69\% | 67.2\% | 71.3\% |
|  | Divorced/Separated | 59\% | 54.1\% | 63.4\% |
|  | Widowed | 69\% | 65.9\% | 72.0\% |
|  | Never Married | 69\% | 60.6\% | 75.7\% |
| Home Ownership Status | Own Home | 68\% | 66.5\% | 69.9\% |
|  | Rent Home | 68\% | 64.4\% | 72.1\% |
| Children Status | Children in Household (Ages 18-44) | - | - | - |
|  | No Children in Household (Ages 18-44) | - | - | - |
| Phone Status | Landline | 71\% | 68.7\% | 72.5\% |
|  | Cell Phone | 63\% | 60.5\% | 65.9\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | - | - | - |
| County | Minnehaha | 73\% | 69.2\% | 76.8\% |
|  | Pennington | 69\% | 65.0\% | 72.6\% |
|  | Lincoln | 75\% | 69.6\% | 80.2\% |
|  | Brown | 71\% | 65.3\% | 75.5\% |
|  | Brookings | 73\% | 66.9\% | 77.6\% |
|  | Codington | 77\% | 71.2\% | 81.3\% |
|  | Meade | 71\% | 65.0\% | 75.8\% |
|  | Lawrence | 66\% | 61.7\% | 70.7\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | There seems to be no gender difference regarding getting a flu shot. |
| :--- | :--- |
| Age | The prevalence of getting a flu shot increases as age increases. This includes <br> a significant increase as the 70s are reached. |
| Race | Whites demonstrate a significantly higher prevalence of getting a flu shot than <br> American Indians. |
| Household | The prevalence of getting a flu shot does not seem to differ based on <br> household income. |
| Income | The prevalence of getting a flu shot increases as education levels increase. <br> This includes a significant increase when the high school graduate level is <br> reached. |
| Education | Those who are employed for wages, a homemaker, or retired demonstrate a <br> very high prevalence of getting a flu shot, while those who are self-employed, <br> unemployed, or unable to work show a very low prevalence. |
| Marital | Those who are married or widowed exhibit a very high prevalence of getting a <br> flu shot, while those who are divorced show a very low prevalence. |
| Status | The prevalence of getting a flu shot does not seem to differ based on home <br> ownership status. |
| Home |  |
| Ownership | Those who use a landline phone demonstrate a significantly higher <br> prevalence of getting a flu shot than those who use a cell phone. |
| Phone Status |  |

## PNEUMONIA SHOT

Definition: South Dakotans, ages 65 and older, who have had a pneumonia vaccination.

## Prevalence of Pneumonia Shot

o South Dakota 78\%
o Nationwide median 75\%

Figure 36
Percentage of South Dakotans, Ages 65 and Older, Who Have Had a Pneumonia Shot, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017


Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | There seems to be no gender difference regarding getting a pneumonia shot. |
| :--- | :--- |
| Age | The prevalence of pneumonia shot attainment increases as age increases. <br> This includes a significant increase as the 70s are reached. |
| Race | There seems to be no racial difference regarding getting a pneumonia shot. |
| Household | The prevalence of getting a pneumonia shot does not seem to change as <br> household income changes. |
| Income | The prevalence of getting a pneumonia shot does not seem to change as <br> education levels change. |
| Education | Those who are a homemaker, retired, or unable to work demonstrate a very <br> high prevalence of getting a pneumonia shot, while those who are employed <br> for wages or self-employed show a very low prevalence. |
| Marital | Those who are married or widowed exhibit a very high prevalence of getting a <br> pneumonia shot, while those who are divorced show a very low prevalence. |
| Status | Those who rent their home show a significantly higher prevalence of getting a <br> pneumonia shot than those who own their home. |
| Ownership | pne prevalence of getting a pneumonia shot does not seem to change based |
| Phone Status | The <br> on phone status. |
| County | Pennington and Codington counties exhibit a very high prevalence of getting a <br> pneumonia shot, while Brown and Meade counties show a very low <br> prevalence. |

Definition: South Dakotans, ages 50 and older, who have had a shingles vaccination.
Prevalence of Shingles Shot
o South Dakota 39\%
o Nationwide median 29\%

Figure 37
Percentage of South Dakotans, Ages 50 and Older, Who Have Had a Shingles Shot, 2014 and 2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2017

| Table 34 <br> South Dakotans, Ages 50 and Older, Who Have Had a Shingles Shot, 2014-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 31\% | 28.9\% | 34.1\% |
|  | Female | 35\% | 32.4\% | 36.8\% |
| Age | 18-29 | - | - | - |
|  | 30-39 | - | - | - |
|  | 40-49 | - | - | - |
|  | 50-59 | 10\% | 8.6\% | 12.7\% |
|  | 60-69 | 41\% | 37.8\% | 44.0\% |
|  | 70-79 | 54\% | 50.3\% | 57.7\% |
|  | 80+ | 47\% | 42.0\% | 52.7\% |
| Race | White | 34\% | 32.4\% | 35.9\% |
|  | American Indian | 26\% | 18.5\% | 34.2\% |
| Ethnicity | Hispanic | * | * | * |
|  | Non-Hispanic | 33\% | 31.7\% | 35.1\% |
| Household Income | Less than \$35,000 | 29\% | 26.5\% | 32.4\% |
|  | \$35,000-\$74,999 | 39\% | 35.4\% | 41.9\% |
|  | \$75,000+ | 30\% | 26.8\% | 33.3\% |
| Education | Less than High School, G.E.D. | 27\% | 20.9\% | 34.2\% |
|  | High School, G.E.D. | 33\% | 29.7\% | 35.6\% |
|  | Some Post-High School | 32\% | 29.3\% | 35.1\% |
|  | College Graduate | 38\% | 35.3\% | 41.1\% |


| Table 34 (continued) <br> South Dakotans, Ages 50 and Older, Who Have Had a Shingles Shot, 2014-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2014-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Employment Status | Employed for Wages | 20\% | 17.7\% | 22.6\% |
|  | Self-employed | 24\% | 19.7\% | 28.7\% |
|  | Unemployed | 17\% | 10.5\% | 26.6\% |
|  | Homemaker | 36\% | 28.2\% | 45.2\% |
|  | Student | * | * | * |
|  | Retired | 51\% | 48.1\% | 53.6\% |
|  | Unable to Work | 26\% | 19.2\% | 34.2\% |
| Marital Status | Married/Unmarried Couple | 34\% | 32.3\% | 36.6\% |
|  | Divorced/Separated | 22\% | 18.3\% | 26.2\% |
|  | Widowed | 43\% | 38.9\% | 47.5\% |
|  | Never Married | 23\% | 17.6\% | 28.6\% |
| Home Ownership Status | Own Home | 35\% | 32.7\% | 36.4\% |
|  | Rent Home | 25\% | 21.3\% | 29.8\% |
| Children Status | Children in Household (Ages 18-44) | - | - | - |
|  | No Children in Household (Ages 18-44) | - | - | - |
| Phone Status | Landline | 35\% | 33.0\% | 37.6\% |
|  | Cell Phone | 31\% | 28.5\% | 33.4\% |
| Pregnancy Status | Pregnant (Ages 18-44) | - | - | - |
|  | Not Pregnant (Ages 18-44) | - | - | - |
| County | Minnehaha | 34\% | 29.9\% | 38.8\% |
|  | Pennington | 33\% | 29.5\% | 37.6\% |
|  | Lincoln | 28\% | 22.8\% | 33.8\% |
|  | Brown | 32\% | 26.8\% | 36.8\% |
|  | Brookings | 31\% | 25.9\% | 36.2\% |
|  | Codington | 31\% | 26.0\% | 36.7\% |
|  | Meade | 25\% | 20.4\% | 29.4\% |
|  | Lawrence | 32\% | 27.5\% | 36.9\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2014-2017

## Demographics

Gender The prevalence of getting a shingles vaccination does not seem to change based on gender.

Age The prevalence of getting a shingles vaccination generally increases as age increases. This includes significant increases as the 60s and 70s are reached.

Race
Ethnicity Household Income

Education

Employment

Marital
Status

The prevalence of getting a shingles vaccination does not seem to change based on race.

The prevalence of getting a shingles vaccination does not seem to change as household income changes.

The prevalence of getting a shingles vaccination does not seem to change as education levels change.

Those who are retired demonstrate a very high prevalence of getting a shingles vaccination, while those who are employed for wages, selfemployed, unemployed, or unable to work show a very low prevalence.

Those who are widowed exhibit a very high prevalence of getting a shingles vaccination, while those who are divorced or have never been married show a very low prevalence.

Home
Ownership

Phone Status

County

Those who own their home show a significantly higher prevalence of getting a shingles vaccination than those who rent their home.

The prevalence of getting a shingles vaccination does not seem to change based on phone status.

Minnehaha and Pennington counties exhibit a very high prevalence of getting a shingles vaccination, while Meade county shows a very low prevalence.

## Cancer

## CANCER

Definition: South Dakotans who reported they had ever been diagnosed with cancer (excluding skin cancer).

## Prevalence of Cancer

o South Dakota 7\%
o Nationwide median 7\%
Figure 38
Percentage of South Dakotans Who Have Ever Been Diagnosed With Cancer (Excluding Skin Cancer), 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 35South Dakotans Who Have Ever Been Diagnosed With Cancer (Excluding Skin Cancer),2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.2\% | 6.3\% |
|  | Female | 8\% | 7.6\% | 8.9\% |
| Age | 18-29 | 1\% | 0.7\% | 2.0\% |
|  | 30-39 | 2\% | 1.5\% | 2.9\% |
|  | 40-49 | 3\% | 2.6\% | 4.4\% |
|  | 50-59 | 7\% | 5.9\% | 8.0\% |
|  | 60-69 | 12\% | 10.7\% | 13.1\% |
|  | 70-79 | 19\% | 17.5\% | 21.1\% |
|  | 80+ | 21\% | 18.2\% | 23.6\% |
| Race | White | 7\% | 7.1\% | 8.0\% |
|  | American Indian | 4\% | 3.3\% | 5.5\% |
| Ethnicity | Hispanic | 2\% | 0.9\% | 6.8\% |
|  | Non-Hispanic | 7\% | 6.7\% | 7.6\% |
| Household Income | Less than \$35,000 | 8\% | 7.2\% | 9.0\% |
|  | \$35,000-\$74,999 | 7\% | 5.9\% | 7.4\% |
|  | \$75,000+ | 6\% | 5.1\% | 6.6\% |


| Table 35 (continued) <br> South Dakotans Who Have Ever Been Diagnosed With Cancer (Excluding Skin Cancer), 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Education | Less than High School, G.E.D. | 8\% | 6.2\% | 9.8\% |
|  | High School, G.E.D. | 8\% | 6.8\% | 8.3\% |
|  | Some Post-High School | 7\% | 6.1\% | 7.6\% |
|  | College Graduate | 6\% | 5.7\% | 6.9\% |
| Employment Status | Employed for Wages | 4\% | 3.6\% | 4.5\% |
|  | Self-employed | 4\% | 3.5\% | 5.4\% |
|  | Unemployed | 6\% | 4.0\% | 8.9\% |
|  | Homemaker | 7\% | 5.4\% | 9.5\% |
|  | Student | 0.4\% | 0.2\% | 1.0\% |
|  | Retired | 18\% | 16.5\% | 19.2\% |
|  | Unable to Work | 14\% | 11.2\% | 16.7\% |
| Marital Status | Married/Unmarried Couple | 7\% | 6.8\% | 8.0\% |
|  | Divorced/Separated | 8\% | 6.9\% | 9.5\% |
|  | Widowed | 16\% | 14.7\% | 18.5\% |
|  | Never Married | 2\% | 1.8\% | 3.0\% |
| Home Ownership Status | Own Home | 8\% | 7.6\% | 8.6\% |
|  | Rent Home | 5\% | 3.9\% | 5.4\% |
| Children Status | Children in Household (Ages 18-44) | 2\% | 1.5\% | 2.8\% |
|  | No Children in Household (Ages 18-44) | 2\% | 1.1\% | 2.1\% |
| Phone Status | Landline | 10\% | 9.2\% | 10.7\% |
|  | Cell Phone | 5\% | 4.8\% | 5.8\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 1\% | 0.3\% | 2.6\% |
|  | Not Pregnant (Ages 18-44) | 3\% | 2.1\% | 3.7\% |
| County | Minnehaha | 7\% | 5.6\% | 7.8\% |
|  | Pennington | 7\% | 6.0\% | 8.2\% |
|  | Lincoln | 8\% | 6.2\% | 9.9\% |
|  | Brown | 7\% | 5.3\% | 8.2\% |
|  | Brookings | 4\% | 3.2\% | 5.2\% |
|  | Codington | 8\% | 6.4\% | 10.2\% |
|  | Meade | 7\% | 5.2\% | 8.4\% |
|  | Lawrence | 7\% | 6.0\% | 8.5\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

Gender
Age

Race

Ethnicity The prevalence of cancer does not seem to differ based on ethnicity.
Household Income

Education The prevalence of cancer decreases as education levels increase.
Employment Those who are retired or unable to work demonstrate a very high prevalence of cancer, while those who are students show a very low prevalence.

Marital Those who are widowed exhibit a very high prevalence of cancer, while those who have never been married show a very low prevalence.

Home Those who own their home demonstrate a significantly higher prevalence of

Ownership
Children
Status
Phone Status Those with a landline phone exhibit a significantly higher prevalence of cancer than those with a cell phone.

Pregnancy The prevalence of cancer does not seem to differ based on pregnancy status. Status

County Minnehaha, Pennington, Lincoln, Brown, Codington, and Lawrence counties exhibit a very high prevalence of cancer, while Brookings county shows a very low prevalence.

Table 36, below, shows that in 2016-2017, most respondents diagnosed with cancer have had just one type of cancer while 15 percent have had two or more types of cancer. Two percent of respondents have had three or more types of cancer.

| Table 36 |  |  |  |
| :---: | :---: | :---: | :---: |
| Number of Cancers that South Dakotans Have Had, 2015-2017 |  |  |  |
| Year | One Type of Cancer | Two Types of Cancer | Three or More Types <br> of Cancer |
| $\mathbf{2 0 1 6 - 2 0 1 7}$ | $83 \%$ | $15 \%$ | $2 \%$ |
| $\mathbf{2 0 1 5 - 2 0 1 6}$ | $84 \%$ | $14 \%$ | $2 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2015-2017

Table 37, below, shows the type of cancer that respondents had. The most common type of cancer for respondents in 2016-2017 was skin cancer other than melanoma at 27 percent followed by melanoma at 14 percent.

| Table 37 |  |  |
| :--- | :---: | :---: |
| Type of Cancer South Dakotans Have Been Diagnosed With, 2015-2017 |  |  |
| Cancer Type | $\mathbf{2 0 1 5 - 2 0 1 6}$ | $\mathbf{2 0 1 6 - 2 0 1 7}$ |
| Skin cancer other than melanoma | $30 \%$ | $27 \%$ |
| Melanoma | $16 \%$ | $14 \%$ |
| Breast | $14 \%$ | $13 \%$ |
| Prostate | $9 \%$ | $11 \%$ |
| Cervical | $5 \%$ | $4 \%$ |
| Bladder | $2 \%$ | $4 \%$ |
| Colon (intestine) | $4 \%$ | $3 \%$ |
| Renal (kidney) | $3 \%$ | $2 \%$ |
| Thyroid | $2 \%$ | $2 \%$ |
| Endometrial | $2 \%$ | $2 \%$ |
| Ovarian | $2 \%$ | $2 \%$ |
| Non-Hodgkin's Lymphoma | $2 \%$ | $1 \%$ |
| Lung | $2 \%$ | $1 \%$ |
| Other | $7 \%$ | $12 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2015-2017
Table 38, below, shows the percent of respondents with cancer and if they were currently seeking cancer treatments. Most respondents, 73 percent, stated they have completed cancer treatments, while 11 percent of respondents answered they were currently receiving cancer treatments. One percent said that they had refused cancer treatments.

| Table 38 |  |
| :--- | :---: |
| South Dakotans' Treatment for Cancer, $\mathbf{2 0 1 7}$ |  |
| Current Treatment for Cancer | $\%$ |
| Yes | $11 \%$ |
| No, I've completed treatment | $73 \%$ |
| No, I haven't started treatment | $1 \%$ |
| No, I've refused treatment | $1 \%$ |
| Treatment was not needed | $15 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017
Table 39, below, shows the type of doctor that provides the majority of health care to respondents with cancer. Most respondents, 53 percent, stated they see a family practitioner for their health care. Twenty-eight percent of respondents stated they see a general practitioner, internist for the majority of their health care.

| Table 39 <br> Type of Doctor Providing a Majority of Health Care for <br> South Dakotans With Cancer, 2017 |  |
| :--- | :---: |
| Physicians' Specialty | $\%$ |
| Family Practitioner | $53 \%$ |
| General Practitioner, Internist | $28 \%$ |
| Medical Oncologist | $3 \%$ |
| Urologist | $2 \%$ |
| Gynecologic Oncologist | $2 \%$ |
| General Surgeon | $2 \%$ |
| Other | $11 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Figure 39, below, shows that of the respondents who said they had cancer, 43 percent received a written summary given to them by a doctor, nurse, or other health professional of all the cancer treatments they received.

Figure 39
South Dakotans Who Received a Written Summary of All Cancer Treatments, 2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Figure 40, below, shows that of the respondents who said they had cancer, 75 percent received instructions from a doctor, nurse, or other health professional about where they should return or who they should see for routine cancer check-ups after completing cancer treatments.

Figure 40
South Dakotans Who Received Instructions for Routine Cancer Check-ups, 2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Figure 41, below, shows that of the respondents who received instructions from a doctor, nurse, or other health professional about routine cancer check-ups after their treatments, 77 percent said that these instructions were written down or printed on paper for them.

Figure 41

## South Dakotans Who Received Written Instructions on Paper for Routine Cancer Check-ups, 2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Figure 42, below, shows that of the respondent's most recent cancer diagnosis, 93 percent said that they had health insurance that paid for all or part of their cancer treatments. This question included those on Medicare, Medicaid, and other types of state health programs.

Figure 42
South Dakotans Whose Health Insurance Paid for Some or All of Cancer Treatments, 2017


[^6]Figure 43, below, shows that of the respondents ever diagnosed with cancer, 91 percent stated they had never been denied health insurance or life insurance coverage because of their cancer.

Figure 43

## South Dakotans Denied Health Insurance or Life Insurance Due to Cancer Diagnosis, 2017



Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

Figure 44, below, shows that of the respondents ever diagnosed with cancer, four percent stated they had participated in a clinical trial as part of their cancer treatment.

Figure 44
South Dakotans Who Participated in a Clinical Trial as Part of Their Cancer Treatment, 2017


[^7]Figure 45, below, shows that of the respondents ever diagnosed with cancer, seven percent stated they currently have physical pain caused by their cancer or cancer treatments.

Figure 45
South Dakotans Who Have Physical Pain Caused by Cancer or Cancer Treatments, 2017


[^8]
## SKIN CANCER

Definition: South Dakotans who reported they have ever been diagnosed with skin cancer.

## Prevalence of Skin Cancer

o South Dakota 5\%
o Nationwide median 6\%
Figure 46
Percentage of South Dakotans Who Have Ever Been
Diagnosed With Skin Cancer, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| $\text { Table } 40$ <br> South Dakotans Who Have Ever Been Diagnosed With Skin Cancer, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.5\% | 6.6\% |
|  | Female | 6\% | 5.6\% | 6.6\% |
| Age | 18-29 | 1\% | 0.3\% | 1.2\% |
|  | 30-39 | 1\% | 0.7\% | 1.7\% |
|  | 40-49 | 3\% | 2.0\% | 3.4\% |
|  | 50-59 | 6\% | 5.4\% | 7.4\% |
|  | 60-69 | 9\% | 8.3\% | 10.4\% |
|  | 70-79 | 17\% | 15.8\% | 19.3\% |
|  | 80+ | 22\% | 19.4\% | 24.4\% |
| Race | White | 7\% | 6.5\% | 7.3\% |
|  | American Indian | 1\% | 0.6\% | 1.9\% |
| Ethnicity | Hispanic | 2\% | 0.4\% | 6.4\% |
|  | Non-Hispanic | 6\% | 5.8\% | 6.5\% |
| Household Income | Less than \$25,000 | 6\% | 5.0\% | 6.3\% |
|  | \$25,000-\$74,999 | 6\% | 5.6\% | 7.0\% |
|  | \$75,000+ | 6\% | 5.6\% | 7.1\% |
| Education | Less than High School, G.E.D. | 7\% | 5.4\% | 8.6\% |
|  | High School, G.E.D. | 6\% | 5.4\% | 6.7\% |
|  | Some Post-High School | 6\% | 5.0\% | 6.2\% |
|  | College Graduate | 6\% | 5.7\% | 6.9\% |



Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017
Demographics

Gender Income

Marital
Status

Age The prevalence of skin cancer increases as age increases. This includes significant increases as the 40s, 50s, 60s, 70s, and 80s are reached.

Race Whites demonstrate a significantly higher prevalence of skin cancer than American Indians.

Ethnicity The prevalence of skin cancer does not seem to change based on ethnicity.
Household The prevalence of skin cancer does not seem to change as household

Education The prevalence of skin cancer does not seem to change as education levels change.

Employment Those who are retired demonstrate a very high prevalence of skin cancer, while those who are a student show a very low prevalence.
There is no significant gender difference in the prevalence of skin cancer. ( income changes.

Those who are widowed exhibit a very high prevalence of skin cancer, while those who have never been married show a very low prevalence.

Home
Ownership
Children
Status

Phone Status

Pregnancy
Status
County

Those who own their home demonstrate a significantly higher prevalence of skin cancer than those who rent their home.

The prevalence of skin cancer does not seem to change based on the presence of children in the household.

Those with a landline phone exhibit a significantly higher prevalence of skin cancer than those with a cell phone.

The prevalence of skin cancer does not seem to change based on pregnancy status.

Pennington, Meade, and Lawrence counties exhibit a very high prevalence of skin cancer, while Minnehaha, Lincoln, Brown, Brookings, and Codington counties show a very low prevalence.

## Asthma

Definition: South Dakotans who were told by a doctor, nurse, or health professional that they had asthma and that they still have asthma.

## Prevalence of Asthma

o South Dakota 7\%
o Nationwide median 9\%

Figure 47
Percentage of South Dakotans Who Were Told They Have Asthma, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017


Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | , |
| :---: | :---: |
| Age | The prevalence of asthma does not seem to change as age increases. |
| Race | American Indians demonstrate a significantly higher prevalence of asthma than whites. |
| Ethnicity | There is no significant Hispanic difference in the prevalence of asthma. |
| Household Income | The prevalence of asthma decreases as household income increases. This includes a significant decrease as the $\$ 35,000-\$ 74,999$ household income level is reached. |
| Education | The prevalence of asthma decreases as education increases. This includes a significant decrease as the high school graduate level is reached. |
| Employment | Those who are unable to work demonstrate a very high prevalence of asthma, while those who are employed for wages, self-employed, or a student show a very low prevalence. |
| Marital Status | Those who are divorced exhibit a very high prevalence of asthma, while those who are married show a very low prevalence. |
| Home Ownership | Those who rent their home demonstrate a significantly higher prevalence of asthma than those who own their home. |
| Children Status | Children in the household do not seem to affect the prevalence of asthma among adults. |
| Phone Status | The prevalence of asthma does not seem to differ based on phone status. |
| Pregnancy Status | The prevalence of asthma does not seem to differ based on pregnancy status. |
| County | The prevalence of asthma does not seem to differ among the available counties. |

## Arthritis

Definition: South Dakotans who answered "yes" to the question: "Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?"

## Prevalence of Arthritis

o South Dakota 22\%
o Nationwide median 25\%

Figure 48
Percentage of South Dakotans Who Were Told They Have Arthritis, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017


Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

| Gender | Females exhibit a significantly higher prevalence of arthritis than males. |
| :---: | :---: |
| Age | The prevalence of arthritis increases as age increases. This includes significant increases as the 30 s , 40s, 50 s , 60s, and 70 s are reached. |
| Race | There are no racial differences regarding the prevalence of arthritis. |
| Ethnicity | Non-Hispanics demonstrate a significantly higher prevalence of arthritis than Hispanics. |
| Household Income | The prevalence of arthritis decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income groups are reached. |
| Education | The prevalence of arthritis decreases as education levels increase. This includes significant decreases as the high school graduate, some post-high school, and college graduate levels are reached. |
| Employment | Those who are unable to work demonstrate a very high prevalence of arthritis, while those who are students show a very low prevalence. |
| Marital Status | Those who are widowed exhibit a very high prevalence of arthritis, while those who have never been married show a very low prevalence. |
| Home Ownership | Those who own their home demonstrate a significantly higher prevalence of arthritis than those who rent their home. |
| Children Status | Those with children in the household show a significantly higher prevalence of arthritis than those with no children in the household. |
| Phone Status | Those with a landline phone exhibit a significantly higher prevalence of arthritis than those with a cell phone. |
| Pregnancy <br> Status | Pregnancy status does not seem to affect the prevalence of arthritis. |
| County | Pennington, Brown, Codington, Meade, and Lawrence counties exhibit a very high prevalence of arthritis, while Lincoln and Brookings counties show a very low prevalence. |

Figure 49, below, displays the percentage of South Dakotans with arthritis who are limited in their usual activities because of arthritis or joint symptoms. In 2017, 51 percent of respondents were limited because of arthritis or joint symptoms.

Figure 49
Percentage of Those With Arthritis Who Are Limited in Their Usual Activities, 2011-2017


[^9]
## Chronic Obstructive Pulmonary Disease

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have Chronic Obstructive Pulmonary Disease, or COPD, emphysema or chronic bronchitis?"

## Prevalence of COPD

o South Dakota 5\%
o Nationwide median 7\%

Figure 50
Percentage of South Dakotans Who Were Told They Have COPD, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017


Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | There is no significant gender difference regarding the prevalence of COPD. |
| :---: | :---: |
| Age | The prevalence of COPD increases as age increases. This includes significant increases as the 50 s and 70 s are reached. |
| Race | There are no racial differences regarding the prevalence of COPD. |
| Ethnicity | There is no Hispanic difference regarding the prevalence of COPD. |
| Household Income | The prevalence of COPD decreases as household income increases. This includes significant decreases as the \$35,000-\$74,999 and \$75,000+ household income groups are reached. |
| Education | The prevalence of COPD decreases as education levels increase. This includes significant decreases at each level. |
| Employment | Those who are unable to work demonstrate a very high prevalence of COPD, while those who are employed for wages, self-employed, or a student show a very low prevalence. |
| Marital Status | Those who are divorced or widowed exhibit a very high prevalence of COPD, while those who have never been married or are married show a very low prevalence. |
| Home Ownership | Those who rent their home demonstrate a significantly higher prevalence of COPD than those who own their home. |
| Children Status | The prevalence of COPD among adults does not seem to differ based on the presence of children in the household. |
| Phone Status | Those with a landline phone exhibit a significantly higher prevalence of COPD than those with a cell phone. |
| Pregnancy Status | The prevalence of COPD does not seem to differ based on pregnancy status. |
| County | Pennington and Meade counties exhibit a very high prevalence of COPD, while Brookings county shows a very low prevalence. |

## Depression

Definition: South Dakotans who were told by a doctor, nurse, or health professional that they had some form of depression.

## Prevalence of Depression

o South Dakota 17\%
o Nationwide median $21 \%$

Figure 51
Percentage of South Dakotans Who Were Told They Have Depression, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 44 <br> South Dakotans Who Were Told They Have Depression, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 11\% | 10.3\% | 12.1\% |
|  | Female | 21\% | 19.9\% | 22.0\% |
| Age | 18-29 | 17\% | 15.6\% | 19.4\% |
|  | 30-39 | 18\% | 16.3\% | 20.1\% |
|  | 40-49 | 17\% | 15.6\% | 19.4\% |
|  | 50-59 | 17\% | 15.6\% | 18.6\% |
|  | 60-69 | 15\% | 13.9\% | 16.6\% |
|  | 70-79 | 11\% | 9.8\% | 12.8\% |
|  | 80+ | 9\% | 7.5\% | 10.7\% |
| Race | White | 16\% | 15.0\% | 16.5\% |
|  | American Indian | 21\% | 18.2\% | 23.9\% |
| Ethnicity | Hispanic | 18\% | 12.5\% | 24.8\% |
|  | Non-Hispanic | 16\% | 15.3\% | 16.7\% |
| Household Income | Less than \$35,000 | 23\% | 21.6\% | 24.6\% |
|  | \$35,000-\$74,999 | 14\% | 12.9\% | 15.2\% |
|  | \$75,000+ | 10\% | 8.7\% | 10.8\% |
| Education | Less than High School, G.E.D. | 17\% | 14.5\% | 19.5\% |
|  | High School, G.E.D. | 16\% | 14.5\% | 17.0\% |
|  | Some Post-High School | 18\% | 16.7\% | 19.3\% |
|  | College Graduate | 13\% | 12.5\% | 14.6\% |
| Employment Status | Employed for Wages | 15\% | 13.8\% | 15.8\% |
|  | Self-employed | 9\% | 7.9\% | 10.8\% |
|  | Unemployed | 28\% | 23.9\% | 33.2\% |
|  | Homemaker | 21\% | 16.9\% | 24.9\% |
|  | Student | 15\% | 12.0\% | 19.7\% |
|  | Retired | 12\% | 11.1\% | 13.2\% |
|  | Unable to Work | 50\% | 45.6\% | 53.7\% |
| Marital Status | Married/Unmarried Couple | 14\% | 12.8\% | 14.4\% |
|  | Divorced/Separated | 25\% | 23.3\% | 27.8\% |
|  | Widowed | 17\% | 14.6\% | 18.8\% |
|  | Never Married | 18\% | 15.9\% | 19.4\% |
| Home Ownership Status | Own Home | 14\% | 12.9\% | 14.3\% |
|  | Rent Home | 22\% | 20.5\% | 23.9\% |
| Children Status | Children in Household (Ages 18-44) | 18\% | 16.1\% | 19.3\% |
|  | No Children in Household (Ages 18-44) | 18\% | 15.9\% | 19.8\% |
| Phone Status | Landline | 14\% | 13.0\% | 14.9\% |
|  | Cell Phone | 17\% | 16.4\% | 18.3\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 23\% | 14.4\% | 33.3\% |
|  | Not Pregnant (Ages 18-44) | 23\% | 21.5\% | 25.4\% |
| County | Minnehaha | 18\% | 16.0\% | 19.9\% |
|  | Pennington | 20\% | 17.5\% | 22.1\% |
|  | Lincoln | 13\% | 10.5\% | 15.4\% |
|  | Brown | 17\% | 13.5\% | 20.4\% |
|  | Brookings | 15\% | 12.3\% | 18.9\% |
|  | Codington | 16\% | 13.4\% | 19.5\% |
|  | Meade | 17\% | 14.0\% | 20.1\% |
|  | Lawrence | 18\% | 15.2\% | 20.2\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | Females exhibit a significantly higher prevalence of depression than males. |
| :---: | :---: |
| Age | The prevalence of depression seems to peak in the 30s and then decreases as age increases including a significant decrease as the 70s are reached. |
| Race | American Indians demonstrate a significantly higher prevalence of depression than whites. |
| Ethnicity | There seems to be no Hispanic difference regarding the prevalence of depression. |
| Household Income | The prevalence of depression decreases as household income increases. This includes significant decreases as the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ household income groups are reached. |
| Education | There seems to be no difference in the prevalence of depression as education levels change. |
| Employment | Those who are unable to work demonstrate a very high prevalence of depression, while those who are self-employed show a very low prevalence. |
| Marital Status | Those who are divorced exhibit a very high prevalence of depression, while those who are married show a very low prevalence. |
| Home Ownership | Those who rent their home demonstrate a significantly higher prevalence of depression than those who own their home. |
| Children Status | The prevalence of depression among adults does not seem to differ based on the presence of children in the household. |
| Phone Status | Those with a cell phone exhibit a significantly higher prevalence of depression than those with a landline phone. |
| Pregnancy Status | The prevalence of depression does not seem to differ based on pregnancy status. |
| County | Minnehaha and Pennington counties exhibit a very high prevalence of depression, while Lincoln county shows a very low prevalence. |

## Kidney Disease

Definition: South Dakotans who answered "yes" to the question: "Has a doctor, nurse, or other health professional ever told you that you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence."

## Prevalence of Kidney Disease

o South Dakota 3\%
o Nationwide median 3\%

Figure 52
Percentage of South Dakotans Who Have Been
Told They Have Kidney Disease, 2011-2017



Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

| Gender | There seems to be no gender difference regarding the prevalence of kidney disease. |
| :---: | :---: |
| Age | The prevalence of kidney disease increases as age increases. This includes a significant increase as the 70s are reached. |
| Race | The prevalence of kidney disease does not seem to change based on race. |
| Ethnicity | The prevalence of kidney disease does not seem to change based on ethnicity. |
| Household Income | The prevalence of kidney disease decreases as household income increases. This includes a significant decrease as the $\$ 35,000-\$ 74,999$ income group is reached. |
| Education | The prevalence of kidney disease decreases as education levels increase. |
| Employment | Those who are retired or unable to work demonstrate a very high prevalence of kidney disease, while those who are employed for wages, self-employed, unemployed, a homemaker, or a student show a very low prevalence. |
| Marital Status | Those who are divorced or widowed exhibit a very high prevalence of kidney disease, while those who have never been married show a very low prevalence. |
| Home Ownership | There seems to be no difference in the prevalence of kidney disease regarding home ownership. |
| Children Status | The prevalence of kidney disease among adults does not seem to change based on the presence of children in the household. |
| Phone Status | Those with a landline phone exhibit a significantly higher prevalence of kidney disease than those with a cell phone. |
| Pregnancy Status | The prevalence of kidney disease does not seem to change based on pregnancy status. |
| County | There seems to be no difference in the prevalence of kidney disease regarding the eight available counties. |

## Vision Impairment

Definition: South Dakotans who answered "yes" to the question: "Are you blind or do you have serious difficulty seeing, even when wearing glasses?"

## Prevalence of Vision Impairment

o South Dakota 4\%
o There is no nationwide median for vision impairment

Figure 53
Percent of South Dakotans Who Have a Vision Impairment, 2013-2017


[^10]| Table 46 <br> South Dakotans Who Have a Vision Impairment, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 3\% | 2.8\% | 3.7\% |
|  | Female | 4\% | 3.5\% | 4.4\% |
| Age | 18-29 | 2\% | 1.3\% | 2.8\% |
|  | 30-39 | 2\% | 1.1\% | 2.4\% |
|  | 40-49 | 3\% | 1.9\% | 3.7\% |
|  | 50-59 | 4\% | 3.3\% | 4.9\% |
|  | 60-69 | 4\% | 3.0\% | 4.4\% |
|  | 70-79 | 6\% | 4.7\% | 7.6\% |
|  | 80+ | 12\% | 10.3\% | 14.5\% |
| Race | White | 3\% | 2.9\% | 3.6\% |
|  | American Indian | 7\% | 5.5\% | 8.1\% |
| Ethnicity | Hispanic | 6\% | 2.5\% | 11.8\% |
|  | Non-Hispanic | 4\% | 3.2\% | 3.9\% |
| Household Income | Less than \$35,000 | 6\% | 5.5\% | 7.2\% |
|  | \$35,000-\$74,999 | 2\% | 1.6\% | 2.5\% |
|  | \$75,000+ | 1\% | 0.9\% | 1.6\% |
| Education | Less than High School, G.E.D. | 8\% | 6.5\% | 10.4\% |
|  | High School, G.E.D. | 4\% | 3.6\% | 4.8\% |
|  | Some Post-High School | 3\% | 2.3\% | 3.3\% |
|  | College Graduate | 2\% | 1.5\% | 2.3\% |
| Employment Status | Employed for Wages | 2\% | 1.5\% | 2.3\% |
|  | Self-employed | 2\% | 1.3\% | 2.8\% |
|  | Unemployed | 6\% | 3.7\% | 8.6\% |
|  | Homemaker | 5\% | 3.5\% | 7.5\% |
|  | Student | 1\% | 0.3\% | 1.7\% |
|  | Retired | 7\% | 5.9\% | 7.8\% |
|  | Unable to Work | 14\% | 12.1\% | 17.2\% |
| Marital Status | Married/Unmarried Couple | 3\% | 2.3\% | 3.1\% |
|  | Divorced/Separated | 5\% | 4.1\% | 6.2\% |
|  | Widowed | 11\% | 9.3\% | 13.0\% |
|  | Never Married | 3\% | 2.1\% | 3.7\% |
| Home Ownership Status | Own Home | 3\% | 2.8\% | 3.5\% |
|  | Rent Home | 5\% | 4.2\% | 5.9\% |
| Children Status | Children in Household (Ages 18-44) | 2\% | 1.5\% | 2.7\% |
|  | No Children in Household (Ages 18-44) | 2\% | 1.1\% | 2.4\% |
| Phone Status | Landline | 5\% | 4.4\% | 5.5\% |
|  | Cell Phone | 3\% | 2.4\% | 3.2\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 1\% | 0.2\% | 8.0\% |
|  | Not Pregnant (Ages 18-44) | 2\% | 1.3\% | 2.6\% |
| County | Minnehaha | 3\% | 2.2\% | 3.8\% |
|  | Pennington | 4\% | 3.2\% | 5.3\% |
|  | Lincoln | 3\% | 2.1\% | 4.5\% |
|  | Brown | 4\% | 3.0\% | 5.8\% |
|  | Brookings | 3\% | 1.4\% | 4.6\% |
|  | Codington | 3\% | 2.3\% | 4.8\% |
|  | Meade | 5\% | 3.6\% | 6.3\% |
|  | Lawrence | 3\% | 2.5\% | 4.3\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Age The prevalence of severe vision impairment increases as age increases including significant increases as the 70s and 80s are reached.

Race American Indians exhibit a significantly higher prevalence of severe vision impairment than whites.

| Ethnicity | There seems to be no Hispanic difference regarding the prevalence of severe <br> vision impairment. |
| :--- | :--- |
| Household | The prevalence of severe vision impairment decreases as household income <br> increases with a significant decrease as the $\$ 35,000-\$ 74,999$ income group is <br> reached. |
| Income | The prevalence of severe vision impairment decreases as education levels <br> increase with significant decreases as the high school and some post-high <br> school levels are reached. |
| Education | Those who are unable to work demonstrate a very high prevalence of severe <br> vision impairment, while those who are employed for wages, self-employed, <br> or a student show a very low prevalence. |
| Employment |  |
| Marital | Those who are widowed exhibit a very high prevalence of severe vision <br> impairment, while those who are married or have never been married show a <br> very low prevalence. |
| Home | Those who rent their home show a significantly higher prevalence of severe <br> vision impairment than those who own their home. |
| Ownership | The prevalence of severe vision impairment in the adults does not seem to <br> change based on the presence of children in the household. |
| Children | Those with a landline phone show a significantly higher prevalence of severe |
| Phone Status |  |
| vision impairment than those with a cell phone. |  |

## Seat Belt Use

Definition: South Dakotans who report they "always" or "nearly always" use seat belts when driving or riding in a car.

## Prevalence of Seat Belt Use

o South Dakota 87\%
o Nationwide median $94 \%$

Figure 54
Percentage of South Dakotans Who Always or Nearly Always Wear a Seat
Belt, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 47 <br> South Dakotans Who Always or Nearly Always Wear a Seat Belt, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 78\% | 76.8\% | 79.3\% |
|  | Female | 91\% | 90.1\% | 91.6\% |
| Age | 18-29 | 82\% | 79.9\% | 83.8\% |
|  | 30-39 | 83\% | 80.8\% | 84.8\% |
|  | 40-49 | 85\% | 82.9\% | 86.7\% |
|  | 50-59 | 83\% | 81.3\% | 84.8\% |
|  | 60-69 | 87\% | 85.5\% | 88.4\% |
|  | 70-79 | 87\% | 85.4\% | 89.2\% |
|  | 80+ | 91\% | 89.1\% | 92.8\% |
| Race | White | 84\% | 83.7\% | 85.2\% |
|  | American Indian | 84\% | 80.6\% | 86.2\% |
| Ethnicity | Hispanic | 90\% | 83.8\% | 94.0\% |
|  | Non-Hispanic | 84\% | 83.6\% | 85.1\% |
| Household Income | Less than \$35,000 | 81\% | 79.2\% | 82.3\% |
|  | \$35,000-\$74,999 | 84\% | 82.3\% | 85.1\% |
|  | \$75,000+ | 89\% | 87.8\% | 90.2\% |
| Education | Less than High School, G.E.D. | 75\% | 71.5\% | 78.3\% |
|  | High School, G.E.D. | 81\% | 80.1\% | 82.8\% |
|  | Some Post-High School | 85\% | 83.8\% | 86.3\% |
|  | College Graduate | 92\% | 90.7\% | 92.5\% |
| Employment Status | Employed for Wages | 85\% | 83.8\% | 85.9\% |
|  | Self-employed | 74\% | 71.0\% | 76.0\% |
|  | Unemployed | 77\% | 71.2\% | 81.5\% |
|  | Homemaker | 93\% | 90.3\% | 95.0\% |
|  | Student | 89\% | 84.7\% | 92.2\% |
|  | Retired | 90\% | 89.2\% | 91.5\% |
|  | Unable to Work | 78\% | 73.6\% | 81.0\% |
| Marital Status | Married/Unmarried Couple | 87\% | 85.6\% | 87.4\% |
|  | Divorced/Separated | 79\% | 76.8\% | 81.2\% |
|  | Widowed | 90\% | 87.8\% | 91.5\% |
|  | Never Married | 80\% | 78.4\% | 82.2\% |
| Home Ownership Status | Own Home | 85\% | 84.5\% | 86.1\% |
|  | Rent Home | 82\% | 80.4\% | 83.8\% |
| Children Status | Children in Household (Ages 18-44) | 84\% | 82.1\% | 85.4\% |
|  | No Children in Household (Ages 18-44) | 81\% | 79.0\% | 83.1\% |
| Phone Status | Landline | 86\% | 85.3\% | 87.5\% |
|  | Cell Phone | 83\% | 82.4\% | 84.3\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 90\% | 80.6\% | 94.7\% |
|  | Not Pregnant (Ages 18-44) | 90\% | 87.9\% | 90.9\% |
| County | Minnehaha | 88\% | 86.4\% | 89.9\% |
|  | Pennington | 89\% | 86.7\% | 90.5\% |
|  | Lincoln | 87\% | 83.8\% | 90.3\% |
|  | Brown | 80\% | 76.5\% | 84.0\% |
|  | Brookings | 85\% | 81.0\% | 88.8\% |
|  | Codington | 79\% | 74.8\% | 82.3\% |
|  | Meade | 80\% | 76.5\% | 83.6\% |
|  | Lawrence | 86\% | 83.6\% | 88.1\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

Gender
Age

Race $\quad$ There seems to be no racial difference regarding seat belt use.
Ethnicity There seems to be no Hispanic difference regarding seat belt use.
Household
Income
Education

## Employment

Marital
Status

Home
Ownership
Children
Status
Phone Status Those who use a landline phone demonstrate a significantly higher prevalence of seat belt use than those who use a cell phone.

Pregnancy There seems to be no difference in seat belt use regarding pregnancy status.
Status
County Minnehaha, Pennington, Lincoln, and Lawrence counties all exhibit a very high prevalence of seat belt use, while Brown, Codington, and Meade counties all show a very low prevalence.

## Alcohol Use

## DRANK IN PAST 30 DAYS

Definition: South Dakotans who report drinking alcohol in the past 30 days.

## Prevalence of Drinking in Past 30 Days

o South Dakota 55\%
o Nationwide median 55\%

Figure 55
Percentage of South Dakotans Who Drank Alcohol in the Past 30 Days, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 48 <br> South Dakotans Who Drank Alcohol in Past 30 Days, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 63\% | 62.0\% | 64.8\% |
|  | Female | 50\% | 48.9\% | 51.5\% |
| Age | 18-29 | 59\% | 56.7\% | 61.9\% |
|  | 30-39 | 63\% | 60.8\% | 66.0\% |
|  | 40-49 | 64\% | 61.3\% | 66.3\% |
|  | 50-59 | 60\% | 58.4\% | 62.4\% |
|  | 60-69 | 54\% | 51.9\% | 55.8\% |
|  | 70-79 | 42\% | 39.8\% | 44.6\% |
|  | 80+ | 31\% | 28.1\% | 34.2\% |
| Race | White | 59\% | 58.0\% | 60.0\% |
|  | American Indian | 40\% | 36.5\% | 43.6\% |
| Ethnicity | Hispanic | 44\% | 36.0\% | 52.7\% |
|  | Non-Hispanic | 57\% | 56.1\% | 58.0\% |
| Household Income | Less than \$35,000 | 47\% | 44.8\% | 48.5\% |
|  | \$35,000-\$74,999 | 62\% | 60.1\% | 63.5\% |
|  | \$75,000+ | 73\% | 71.7\% | 75.0\% |
| Education | Less than High School, G.E.D. | 37\% | 33.5\% | 40.9\% |
|  | High School, G.E.D. | 50\% | 47.9\% | 51.5\% |
|  | Some Post-High School | 61\% | 59.4\% | 62.7\% |
|  | College Graduate | 68\% | 66.6\% | 69.5\% |
| Employment Status | Employed for Wages | 64\% | 62.8\% | 65.5\% |
|  | Self-employed | 66\% | 62.9\% | 68.1\% |
|  | Unemployed | 48\% | 42.6\% | 53.4\% |
|  | Homemaker | 40\% | 36.2\% | 44.9\% |
|  | Student | 50\% | 44.2\% | 55.5\% |
|  | Retired | 45\% | 43.5\% | 47.0\% |
|  | Unable to Work | 27\% | 23.5\% | 30.5\% |
| Marital Status | Married/Unmarried Couple | 61\% | 60.2\% | 62.5\% |
|  | Divorced/Separated | 52\% | 49.2\% | 54.5\% |
|  | Widowed | 35\% | 32.4\% | 37.6\% |
|  | Never Married | 54\% | 51.8\% | 56.7\% |
| Home Ownership Status | Own Home | 59\% | 58.3\% | 60.4\% |
|  | Rent Home | 52\% | 50.0\% | 54.4\% |
| Children Status | Children in Household (Ages 18-44) | 60\% | 58.4\% | 62.6\% |
|  | No Children in Household (Ages 18-44) | 63\% | 60.0\% | 65.4\% |
| Phone Status | Landline | 49\% | 47.3\% | 50.1\% |
|  | Cell Phone | 62\% | 60.3\% | 62.9\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 10\% | 4.5\% | 19.5\% |
|  | Not Pregnant (Ages 18-44) | 57\% | 55.0\% | 59.8\% |
| County | Minnehaha | 58\% | 55.8\% | 60.9\% |
|  | Pennington | 57\% | 54.2\% | 59.8\% |
|  | Lincoln | 60\% | 55.7\% | 63.9\% |
|  | Brown | 60\% | 56.1\% | 64.0\% |
|  | Brookings | 60\% | 55.6\% | 65.2\% |
|  | Codington | 57\% | 52.5\% | 60.8\% |
|  | Meade | 56\% | 52.3\% | 60.3\% |
|  | Lawrence | 61\% | 57.6\% | 64.5\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | Males exhibit a significantly higher prevalence of drinking alcohol than females. |
| :---: | :---: |
| Age | Alcohol use increases with age until the 40 s when it peaks. After that, it decreases as age increases with significant decreases as the 60s, 70 s, and 80s are reached. |
| Race | Whites demonstrate a significantly higher prevalence of drinking alcohol than American Indians. |
| Ethnicity | Non-Hispanics show a significantly higher prevalence of drinking alcohol than Hispanics. |
| Household Income | Alcohol use increases as household income increases. This includes significant increases as the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ income groups are reached. |
| Education | Alcohol use increases as education levels increase. This includes significant increases as the high school graduate, some post-high school, and college graduate levels are reached. |
| Employment | Those who are employed for wages or self-employed demonstrate a very high prevalence of alcohol use, while those who are unable to work show a very low prevalence. |
| Marital Status | Those who are married exhibit a very high prevalence of alcohol use, while those who are widowed show a very low prevalence. |
| Home Ownership | Those who own their home show a significantly higher prevalence of alcohol use than those who rent their home. |
| Children Status | Children in the household do not seem to affect alcohol use by the adults. |
| Phone Status | Those who use a cell phone demonstrate a significantly higher prevalence of alcohol use than those who use a landline phone. |
| Pregnancy Status | Females who are not pregnant exhibit a significantly higher prevalence of alcohol use than those who are pregnant. |
| County | There seems to be no county difference regarding alcohol use. |

## BINGE DRINKING

Definition: South Dakota males who report having five or more alcoholic drinks on one occasion or South Dakota females who have four or more alcoholic drinks on one occasion, one or more times in the past month.

## Prevalence of Binge Drinking

o South Dakota 17\%
o Nationwide median 17\%

Figure 56
Percentage of South Dakotans Who Engage in Binge Drinking, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 49 <br> South Dakotans Who Engage in Binge Drinking, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 24\% | 22.5\% | 24.9\% |
|  | Female | 13\% | 11.6\% | 13.5\% |
| Age | 18-29 | 30\% | 28.1\% | 32.7\% |
|  | 30-39 | 25\% | 22.7\% | 27.1\% |
|  | 40-49 | 21\% | 18.7\% | 22.8\% |
|  | 50-59 | 17\% | 15.1\% | 18.4\% |
|  | 60-69 | 9\% | 7.7\% | 10.1\% |
|  | 70-79 | 3\% | 2.4\% | 3.9\% |
|  | 80+ | 1\% | 0.3\% | 1.0\% |
| Race | White | 18\% | 17.1\% | 18.7\% |
|  | American Indian | 23\% | 19.8\% | 26.3\% |
| Ethnicity | Hispanic | 14\% | 8.6\% | 21.0\% |
|  | Non-Hispanic | 18\% | 17.4\% | 19.0\% |
| Household Income | Less than \$35,000 | 18\% | 16.1\% | 19.0\% |
|  | \$35,000-\$74,999 | 19\% | 17.6\% | 20.5\% |
|  | \$75,000+ | 21\% | 19.9\% | 23.0\% |
| Education | Less than High School, G.E.D. | 15\% | 12.3\% | 17.8\% |
|  | High School, G.E.D. | 17\% | 15.6\% | 18.4\% |
|  | Some Post-High School | 20\% | 18.3\% | 21.0\% |
|  | College Graduate | 19\% | 17.3\% | 19.9\% |
| Employment Status | Employed for Wages | 23\% | 21.8\% | 24.2\% |
|  | Self-employed | 20\% | 17.5\% | 22.0\% |
|  | Unemployed | 22\% | 17.5\% | 26.3\% |
|  | Homemaker | 9\% | 6.3\% | 12.0\% |
|  | Student | 26\% | 21.9\% | 31.1\% |
|  | Retired | 4\% | 3.8\% | 5.2\% |
|  | Unable to Work | 9\% | 7.3\% | 11.9\% |
| Marital Status | Married/Unmarried Couple | 16\% | 15.2\% | 17.1\% |
|  | Divorced/Separated | 19\% | 16.8\% | 21.1\% |
|  | Widowed | 4\% | 2.9\% | 5.2\% |
|  | Never Married | 28\% | 25.4\% | 29.7\% |
| Home Ownership Status | Own Home | 16\% | 15.0\% | 16.7\% |
|  | Rent Home | 25\% | 23.0\% | 26.9\% |
| Children Status | Children in Household (Ages 18-44) | 23\% | 21.1\% | 24.6\% |
|  | No Children in Household (Ages 18-44) | 32\% | 29.9\% | 34.8\% |
| Phone Status | Landline | 11\% | 9.9\% | 11.6\% |
|  | Cell Phone | 22\% | 21.4\% | 23.6\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 5\% | 1.5\% | 14.5\% |
|  | Not Pregnant (Ages 18-44) | 20\% | 18.4\% | 22.2\% |
| County | Minnehaha | 19\% | 16.8\% | 20.9\% |
|  | Pennington | 15\% | 13.3\% | 17.8\% |
|  | Lincoln | 19\% | 15.5\% | 22.7\% |
|  | Brown | 18\% | 15.3\% | 22.1\% |
|  | Brookings | 21\% | 17.2\% | 25.8\% |
|  | Codington | 17\% | 14.3\% | 20.8\% |
|  | Meade | 15\% | 12.7\% | 18.6\% |
|  | Lawrence | 19\% | 16.0\% | 21.8\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

| Gender | Males exhibit a significantly higher prevalence of binge drinking than females. |
| :--- | :--- |
| Age | Binge drinking decreases as age increases with significant decreases as the <br> 30s, $50 \mathrm{~s}, 60 \mathrm{~s}, 70 \mathrm{~s}$, and 80s are reached. |
| Race | American Indians demonstrate a significantly higher prevalence of binge <br> drinking than whites. |
| Ethnicity | There seems to be no Hispanic difference regarding binge drinking. |
| Household | Binge drinking increases as household income increases. |
| Income | The prevalence of binge drinking does not seem to change as education <br> levels change. |
| Education | Those who are employed for wages, self-employed, unemployed, or a student <br> demonstrate a very high prevalence of binge drinking, while those who are <br> retired show a very low prevalence. |
| Employment |  |
| Marital | Those who have never been married exhibit a very high prevalence of binge <br> drinking, while those who are widowed show a very low prevalence. |
| Status | Those who rent their home show a significantly higher prevalence of binge <br> drinking than those who own their home. |
| Home | Those who have no children in the household demonstrate a significantly <br> higher prevalence of binge drinking than those who have children. |
| Children | Those who use a cell phone demonstrate a significantly higher prevalence of <br> binge drinking than those who use a landline phone. |
| Phone Status | Females who are not pregnant exhibit a significantly higher prevalence of <br> binge drinking than those who are pregnant. |
| County | There seems to be no differences among the available counties regarding <br> binge drinking. |

## HEAVY DRINKING

Definition: South Dakota males who report having more than 2 drinks per day, or South Dakota females who report having more than 1 drink per day.

## Prevalence of Heavy Drinking

o South Dakota 6\%
o Nationwide median 6\%

Figure 57
Percentage of South Dakotans Who Engage in Heavy Drinking, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 50 <br> South Dakotans Who Engage in Heavy Drinking, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.4\% | 6.8\% |
|  | Female | 4\% | 4.0\% | 5.0\% |
| Age | 18-29 | 7\% | 5.4\% | 7.9\% |
|  | 30-39 | 5\% | 4.5\% | 6.8\% |
|  | 40-49 | 6\% | 5.0\% | 7.3\% |
|  | 50-59 | 7\% | 5.7\% | 8.0\% |
|  | 60-69 | 4\% | 3.5\% | 5.1\% |
|  | 70-79 | 3\% | 2.2\% | 3.8\% |
|  | 80+ | 0.4\% | 0.3\% | 0.8\% |
| Race | White | 5\% | 4.9\% | 5.8\% |
|  | American Indian | 5\% | 4.0\% | 7.4\% |
| Ethnicity | Hispanic | 4\% | 2.0\% | 7.4\% |
|  | Non-Hispanic | 5\% | 4.9\% | 5.8\% |
| Household Income | Less than \$35,000 | 5\% | 4.3\% | 5.9\% |
|  | \$35,000-\$74,999 | 6\% | 5.3\% | 7.0\% |
|  | \$75,000+ | 6\% | 5.0\% | 6.8\% |
| Education | Less than High School, G.E.D. | 5\% | 3.8\% | 7.4\% |
|  | High School, G.E.D. | 6\% | 5.3\% | 7.1\% |
|  | Some Post-High School | 5\% | 4.6\% | 6.0\% |
|  | College Graduate | 4\% | 3.6\% | 4.9\% |
| Employment Status | Employed for Wages | 6\% | 5.1\% | 6.4\% |
|  | Self-employed | 6\% | 5.1\% | 7.9\% |
|  | Unemployed | 9\% | 5.8\% | 13.0\% |
|  | Homemaker | 4\% | 2.4\% | 6.2\% |
|  | Student | 6\% | 4.2\% | 9.0\% |
|  | Retired | 3\% | 2.5\% | 3.7\% |
|  | Unable to Work | 4\% | 2.5\% | 6.0\% |
| Marital Status | Married/Unmarried Couple | 4\% | 4.0\% | 5.0\% |
|  | Divorced/Separated | 7\% | 5.5\% | 8.1\% |
|  | Widowed | 3\% | 2.0\% | 4.2\% |
|  | Never Married | 8\% | 6.4\% | 8.9\% |
| Home Ownership Status | Own Home | 5\% | 4.6\% | 5.6\% |
|  | Rent Home | 6\% | 5.1\% | 7.3\% |
| Children Status | Children in Household (Ages 18-44) | 5\% | 4.1\% | 5.9\% |
|  | No Children in Household (Ages 18-44) | 7\% | 6.0\% | 8.6\% |
| Phone Status | Landline | 4\% | 3.3\% | 4.3\% |
|  | Cell Phone | 6\% | 5.6\% | 6.8\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 3\% | 0.6\% | 15.6\% |
|  | Not Pregnant (Ages 18-44) | 5\% | 4.4\% | 6.3\% |
| County | Minnehaha | 5\% | 4.3\% | 6.7\% |
|  | Pennington | 6\% | 4.7\% | 7.5\% |
|  | Lincoln | 4\% | 2.9\% | 6.2\% |
|  | Brown | 5\% | 3.5\% | 7.1\% |
|  | Brookings | 6\% | 4.0\% | 8.6\% |
|  | Codington | 5\% | 3.1\% | 6.7\% |
|  | Meade | 6\% | 4.2\% | 8.0\% |
|  | Lawrence | 5\% | 3.7\% | 6.5\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

| Gender | Males exhibit a significantly higher prevalence of heavy drinking than females. |
| :---: | :---: |
| Age | Heavy drinking does not seem to change consistently as age increases. |
| Race | There seems to be no racial difference regarding heavy drinking. |
| Ethnicity | There seems to be no Hispanic difference regarding heavy drinking. |
| Household Income | There seems to be no household income difference regarding heavy drinking. |
| Education | There seems to be no education level difference regarding heavy drinking. |
| Employment | Those who are employed for wages, self-employed, unemployed, or a student demonstrate a very high prevalence of heavy drinking, while those who are retired show a very low prevalence. |
| Marital Status | Those who are divorced or have never been married exhibit a very high prevalence of heavy drinking, while those who are married or widowed show a very low prevalence. |
| Home Ownership | There seems to be no difference in heavy drinking regarding home ownership status. |
| Children Status | Those who have no children in the household demonstrate a significantly higher prevalence of heavy drinking than those who have children. |
| Phone Status | Those who use a cell phone demonstrate a significantly higher prevalence of heavy drinking than those who use a landline phone. |
| Pregnancy <br> Status | There seems to be no difference in heavy drinking regarding pregnancy status. |
| County | There seems to be no difference in heavy drinking among the available counties. |

## General Health Status

## FAIR OR POOR HEALTH STATUS

Definition: South Dakotans who report having fair or poor health from possible response choices of "excellent", "very good", "good", "fair", or "poor".

## Prevalence of Fair or Poor Health Status

o South Dakota 14\%
o Nationwide median 18\%

Figure 58
Percentage of South Dakotans Reporting Fair or Poor Health Status, 2011-2017


[^11]

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

| Gender | There is no significant gender difference in the prevalence of those in fair or poor health. |
| :---: | :---: |
| Age | The prevalence of fair or poor health increases as age increases. This includes significant increases when people reach their 40s, $50 \mathrm{~s}, 60 \mathrm{~s}$, and 80 s . |
| Race | American Indians exhibit a significantly higher prevalence of those in fair or poor health than do whites. |
| Ethnicity | There is no significant Hispanic difference in the prevalence of those in fair or poor health. |
| Household Income | The prevalence of fair or poor health decreases as household income increases. This includes significant decreases when the $\$ 35,000-\$ 74,999$ and $\$ 75,000+$ household incomes are reached. |
| Education | The prevalence of fair or poor health decreases as education increases. This includes significant decreases as the high school graduate, some college, and college graduate levels are reached. |
| Employment | Those who are unable to work demonstrate a very high prevalence of those in fair or poor health while those who are students show a very low prevalence. |
| Marital Status | Those who are widowed exhibit a very high prevalence of those in fair or poor health, while those who are married or have never been married show a very low prevalence. |
| Home Ownership | Those who rent their home demonstrate a significantly higher prevalence of fair or poor health than those who own their home. |
| Children Status | The prevalence of fair or poor health of adults does not seem to differ based on the presence of children in the household. |
| Phone Status | Those with a landline phone show a significantly higher prevalence of fair or poor health than those with a cell phone. |
| Pregnancy Status | The prevalence of fair or poor health does not seem to differ based on pregnancy status. |
| County | Pennington and Meade counties exhibit a very high prevalence of those in fair or poor health, while those in Minnehaha, Lincoln, and Codington counties show a very low prevalence. |

## PHYSICAL HEALTH NOT GOOD

Definition: South Dakotans who reported their physical health was not good for 30 days of the past 30, including physical illness and injury.

## Prevalence of Physical Health Not Good for 30 Days of the Past 30

o South Dakota 7\%
o There is no nationwide median for physical health not good

Figure 59
Percentage of South Dakotans Reporting Physical Health Not Good for 30 Days of the Past 30, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 52 <br> South Dakotans Who Reported Physical Health Not Good for 30 Days of the Past 30, 20132017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.1\% | 6.3\% |
|  | Female | 7\% | 6.1\% | 7.3\% |
| Age | 18-29 | 2\% | 1.7\% | 3.4\% |
|  | 30-39 | 3\% | 2.5\% | 4.6\% |
|  | 40-49 | 5\% | 4.5\% | 6.7\% |
|  | 50-59 | 7\% | 6.4\% | 8.5\% |
|  | 60-69 | 10\% | 8.4\% | 10.7\% |
|  | 70-79 | 10\% | 8.9\% | 11.8\% |
|  | 80+ | 11\% | 9.6\% | 13.2\% |
| Race | White | 6\% | 5.5\% | 6.3\% |
|  | American Indian | 11\% | 8.6\% | 13.0\% |
| Ethnicity | Hispanic | 5\% | 2.3\% | 11.1\% |
|  | Non-Hispanic | 6\% | 5.8\% | 6.6\% |
| Household Income | Less than \$35,000 | 10\% | 9.3\% | 11.2\% |
|  | \$35,000-\$74,999 | 5\% | 4.1\% | 5.6\% |
|  | \$75,000+ | 3\% | 2.1\% | 3.1\% |
| Education | Less than High School, G.E.D. | 11\% | 8.9\% | 12.9\% |
|  | High School, G.E.D. | 7\% | 6.5\% | 8.2\% |
|  | Some Post-High School | 6\% | 5.2\% | 6.6\% |
|  | College Graduate | 3\% | 2.7\% | 3.6\% |
| Employment Status | Employed for Wages | 3\% | 2.6\% | 3.5\% |
|  | Self-employed | 3\% | 2.5\% | 4.2\% |
|  | Unemployed | 6\% | 4.5\% | 8.7\% |
|  | Homemaker | 8\% | 5.6\% | 11.3\% |
|  | Student | 3\% | 1.4\% | 6.2\% |
|  | Retired | 9\% | 8.5\% | 10.4\% |
|  | Unable to Work | 39\% | 35.2\% | 43.1\% |
| Marital Status | Married/Unmarried Couple | 5\% | 4.9\% | 6.0\% |
|  | Divorced/Separated | 11\% | 9.4\% | 12.4\% |
|  | Widowed | 12\% | 10.2\% | 13.7\% |
|  | Never Married | 4\% | 3.1\% | 4.8\% |
| Home Ownership Status | Own Home | 6\% | 5.2\% | 6.1\% |
|  | Rent Home | 8\% | 6.8\% | 9.0\% |
| Children Status | Children in Household (Ages 18-44) | 4\% | 2.8\% | 4.5\% |
|  | No Children in Household (Ages 18-44) | 3\% | 1.9\% | 3.4\% |
| Phone Status | Landline | 7\% | 6.8\% | 8.2\% |
|  | Cell Phone | 5\% | 4.9\% | 6.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 1\% | 0.2\% | 1.9\% |
|  | Not Pregnant (Ages 18-44) | 4\% | 3.0\% | 4.8\% |
| County | Minnehaha | 5\% | 4.1\% | 6.3\% |
|  | Pennington | 7\% | 6.0\% | 8.7\% |
|  | Lincoln | 4\% | 2.9\% | 5.4\% |
|  | Brown | 7\% | 5.5\% | 9.4\% |
|  | Brookings | 4\% | 3.0\% | 6.2\% |
|  | Codington | 6\% | 4.6\% | 7.8\% |
|  | Meade | 8\% | 6.1\% | 9.9\% |
|  | Lawrence | 7\% | 5.4\% | 8.8\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

There seems to be no significant gender difference in the prevalence of poor physical health.

Age The prevalence of poor physical health increases as age increases.
Race American Indians exhibit a significantly higher prevalence of poor physical health than whites.

Ethnicity There seems to be no significant Hispanic difference in the prevalence of poor physical health.

Household Income

Education The prevalence of poor physical health decreases as education increases. This includes significant decreases as the high school and college graduate levels are reached.

Employment Those who are unable to work demonstrate a very high prevalence of poor physical health while those who are employed for wages, self-employed, and students show a very low prevalence.

Those who are divorced or widowed exhibit a very high prevalence of poor physical health, while those who have never been married show a very low prevalence.

## Home <br> Ownership

Children Status

Phone Status Those with a landline phone show a significantly higher prevalence of poor physical health than those with a cell phone.

Pregnancy Those who are not pregnant demonstrate a significantly higher prevalence of Status

County Pennington, Brown, and Meade counties exhibit a very high prevalence of poor physical health, while those in Lincoln county show a very low prevalence.

Figure 60, below, shows the average number of days all respondents stated their physical health was not good for the past 30 days. For the past seven years the average number of days has remained steady.

Figure 60
Average Number of Days South Dakotans' Physical Health Was Not Good in the Past 30 Days, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

## MENTAL HEALTH NOT GOOD

Definition: South Dakotans who report their mental health was not good for 20 to 30 days of the past 30, including stress, depression, and problems with emotions.

## Prevalence of Mental Health Not Good for 20-30 Days of the Past 30

o South Dakota 6\%
o There is no nationwide median for poor mental health

Figure 61
Percentage of South Dakotans Stating Mental Health Not Good for 20-30 Days of the Past 30, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 53 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 4\% | 3.8\% | 4.9\% |
|  | Female | 7\% | 5.9\% | 7.3\% |
| Age | 18-29 | 6\% | 5.3\% | 7.9\% |
|  | 30-39 | 6\% | 5.0\% | 7.4\% |
|  | 40-49 | 6\% | 5.2\% | 7.6\% |
|  | 50-59 | 5\% | 4.4\% | 6.2\% |
|  | 60-69 | 5\% | 3.9\% | 5.5\% |
|  | 70-79 | 4\% | 2.7\% | 4.7\% |
|  | 80+ | 3\% | 2.2\% | 4.8\% |
| Race | White | 5\% | 4.7\% | 5.6\% |
|  | American Indian | 8\% | 6.3\% | 9.4\% |
| Ethnicity | Hispanic | 4\% | 1.7\% | 9.6\% |
|  | Non-Hispanic | 5\% | 5.0\% | 5.9\% |
| Household Income | Less than \$35,000 | 9\% | 8.0\% | 10.2\% |
|  | \$35,000-\$74,999 | 4\% | 3.4\% | 4.7\% |
|  | \$75,000+ | 2\% | 1.9\% | 3.1\% |
| Education | Less than High School, G.E.D. | 9\% | 7.1\% | 11.3\% |
|  | High School, G.E.D. | 6\% | 5.1\% | 6.6\% |
|  | Some Post-High School | 6\% | 5.0\% | 6.7\% |
|  | College Graduate | 3\% | 2.5\% | 3.5\% |
| Employment Status | Employed for Wages | 4\% | 3.8\% | 4.9\% |
|  | Self-employed | 3\% | 2.4\% | 4.3\% |
|  | Unemployed | 12\% | 9.0\% | 16.5\% |
|  | Homemaker | 6\% | 3.7\% | 9.2\% |
|  | Student | 6\% | 3.8\% | 9.1\% |
|  | Retired | 4\% | 2.9\% | 4.4\% |
|  | Unable to Work | 24\% | 20.9\% | 27.7\% |
| Marital Status | Married/Unmarried Couple | 4\% | 3.6\% | 4.6\% |
|  | Divorced/Separated | 9\% | 8.0\% | 11.1\% |
|  | Widowed | 6\% | 4.9\% | 8.1\% |
|  | Never Married | 7\% | 5.5\% | 7.8\% |
| Home Ownership Status | Own Home | 4\% | 3.7\% | 4.5\% |
|  | Rent Home | 8\% | 6.7\% | 8.9\% |
| Children Status | Children in Household (Ages 18-44) | 7\% | 5.5\% | 7.7\% |
|  | No Children in Household (Ages 18-44) | 6\% | 5.0\% | 7.3\% |
| Phone Status | Landline | 5\% | 4.3\% | 5.5\% |
|  | Cell Phone | 6\% | 5.2\% | 6.4\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 7\% | 2.7\% | 16.0\% |
|  | Not Pregnant (Ages 18-44) | 8\% | 6.6\% | 9.1\% |
| County | Minnehaha | 5\% | 4.4\% | 6.9\% |
|  | Pennington | 6\% | 4.8\% | 7.7\% |
|  | Lincoln | 4\% | 3.1\% | 5.9\% |
|  | Brown | 5\% | 3.3\% | 6.5\% |
|  | Brookings | 5\% | 3.5\% | 7.8\% |
|  | Codington | 6\% | 4.1\% | 8.7\% |
|  | Meade | 8\% | 6.0\% | 10.3\% |
|  | Lawrence | 5\% | 4.1\% | 6.9\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017
Gender Females exhibit a significantly higher prevalence of poor mental health than
Age The prevalence of poor mental health decreases as age increases.

Race American Indians exhibit a significantly higher prevalence of poor mental
Ethnicity There is no significant Hispanic difference in the prevalence of poor mental health.

## Household Income

$\begin{array}{ll}\text { Education } & \text { The prevalence of poor mental health decreases as education increases. } \\ & \text { This includes significant decreases as the high school and college graduate }\end{array}$ levels are reached.

Employment Those who are unable to work demonstrate a very high prevalence of poor mental health while those who are employed for wages, self-employed, homemakers, students, or retired show a very low prevalence.

Those who are divorced or widowed exhibit a very high prevalence of poor mental health, while those who are married show a very low prevalence.

Those who rent their home demonstrate a significantly higher prevalence of poor mental health than those who own their home.

The prevalence of poor mental health of the adults does not seem to change based on the presence of children in the household.

The prevalence of poor mental health does not seem to change based on phone status.

Pregnancy Status

County Meade county exhibits a very high prevalence of poor mental health, while Lincoln county shows a very low prevalence.

Figure 62, below, shows the average number of days all respondents stated their mental health was not good for the past 30 days. For the past six years the average number of days has been steady.

Figure 62
Average Number of Days Respondents' Mental Health Was Not Good in the Past 30 Days, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

## MENTAL HEALTH TREATMENT

Definition: South Dakotans who are currently taking medicine or receiving treatment from a doctor or other health professional for any type of mental health condition or emotional problem.

## Prevalence of Mental Health Treatment

o South Dakota 12\%
o There is no nationwide median for mental health treatment

Figure 63
Percentage of South Dakotans Who Are Taking Medicine or Receiving Treatment for Mental Health or Emotional Problems, 2016-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

| Table 54 <br> South Dakotans Who Are Taking Medicine or Receiving Treatment for Mental Health or Emotional Problems, 2016-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2016-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 8\% | 6.6\% | 9.0\% |
|  | Female | 16\% | 14.6\% | 18.0\% |
| Age | 18-29 | 13\% | 9.7\% | 16.4\% |
|  | 30-39 | 11\% | 8.5\% | 13.5\% |
|  | 40-49 | 16\% | 13.4\% | 19.8\% |
|  | 50-59 | 14\% | 11.6\% | 16.7\% |
|  | 60-69 | 13\% | 11.3\% | 15.5\% |
|  | 70-79 | 7\% | 5.6\% | 9.0\% |
|  | 80+ | 3\% | 1.6\% | 4.8\% |
| Race | White | 13\% | 11.4\% | 13.7\% |
|  | American Indian | 11\% | 7.9\% | 14.2\% |
| Ethnicity | Hispanic | 6\% | 2.8\% | 12.2\% |
|  | Non-Hispanic | 12\% | 11.1\% | 13.2\% |
| Household Income | Less than \$35,000 | 17\% | 14.9\% | 19.7\% |
|  | \$35,000-\$74,999 | 10\% | 8.8\% | 12.0\% |
|  | \$75,000+ | 9\% | 7.5\% | 11.0\% |
| Education | Less than High School, G.E.D. | 9\% | 6.6\% | 13.4\% |
|  | High School, G.E.D. | 12\% | 9.7\% | 13.8\% |
|  | Some Post-High School | 13\% | 11.5\% | 15.4\% |
|  | College Graduate | 12\% | 10.2\% | 13.4\% |
| Employment Status | Employed for Wages | 11\% | 9.9\% | 12.9\% |
|  | Self-employed | 6\% | 4.0\% | 7.7\% |
|  | Unemployed | 19\% | 12.0\% | 28.0\% |
|  | Homemaker | 11\% | 7.4\% | 16.1\% |
|  | Student | 15\% | 8.2\% | 26.1\% |
|  | Retired | 8\% | 6.9\% | 9.7\% |
|  | Unable to Work | 45\% | 38.1\% | 51.9\% |
| Marital Status | Married/Unmarried Couple | 11\% | 9.4\% | 11.9\% |
|  | Divorced/Separated | 20\% | 17.0\% | 24.0\% |
|  | Widowed | 12\% | 9.0\% | 15.3\% |
|  | Never Married | 12\% | 9.4\% | 14.9\% |
| Home Ownership Status | Own Home | 11\% | 9.5\% | 11.8\% |
|  | Rent Home | 16\% | 13.7\% | 19.4\% |
| Children Status | Children in Household (Ages 18-44) | 10\% | 8.4\% | 12.5\% |
|  | No Children in Household (Ages 18-44) | 15\% | 11.7\% | 18.6\% |
| Phone Status | Landline | 10\% | 9.1\% | 12.0\% |
|  | Cell Phone | 13\% | 11.3\% | 14.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 17\% | 14.1\% | 20.7\% |
| County | Minnehaha | 14\% | 11.4\% | 17.5\% |
|  | Pennington | 15\% | 11.9\% | 18.2\% |
|  | Lincoln | * | * | * |
|  | Brown | * | * | * |
|  | Brookings | * | * | * |
|  | Codington | * | * | * |
|  | Meade | * | * | * |
|  | Lawrence | 13\% | 9.6\% | 18.4\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

| Gender | Females exhibit a significantly higher prevalence of seeking professional help <br> for mental health issues than males. |
| :--- | :--- |
| Age | There seems to be no difference in the prevalence of seeking professional <br> help for mental health issues as age changes. |
| Race | There seems to be no racial difference in the prevalence of seeking <br> professional help for mental health issues. |
| Ethnicity | The prevalence of seeking professional help for mental health issues does not <br> seem to change based on ethnicity. |
| Household | The prevalence of seeking help for mental health issues decreases as <br> household income increases. This includes a significant decrease as the <br> \$35,000-\$74,999 income group is reached. |
| Income | There seems to be no difference in the prevalence of seeking help for mental <br> health issues regarding education level. |
| Education | Those who are unable to work exhibit very high prevalence of seeking help for <br> mental health issues, while those who are self-employed, a homemaker, or <br> retired show a very low prevalence. |
| Employment |  |

## USUAL ACTIVITIES UNATTAINABLE

Definition: South Dakotans who report poor physical or mental health kept them from doing their usual activities for 10 to 30 days of the past 30 days, such as self-care, work, or recreation.

## Prevalence of Usual Activities Unattainable for 10-30 Days of the Past 30

o South Dakota 8\%
o There is no national median for usual activities unattainable for 10-30 days of the past 30

Figure 64
Percentage of South Dakotans Reporting Usual Activities Unattainable for 10-30 Days of the Past 30, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 55 <br> South Dakotans Who Stated Usual Activities Unattainable Due to Poor Physical or Mental Health for 10-30 Days of the Past 30, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 6\% | 5.3\% | 6.6\% |
|  | Female | 8\% | 7.1\% | 8.4\% |
| Age | 18-29 | 4\% | 3.0\% | 5.0\% |
|  | 30-39 | 5\% | 3.9\% | 6.2\% |
|  | 40-49 | 6\% | 5.4\% | 7.7\% |
|  | 50-59 | 9\% | 7.8\% | 10.1\% |
|  | 60-69 | 10\% | 9.0\% | 11.5\% |
|  | 70-79 | 8\% | 6.7\% | 9.2\% |
|  | 80+ | 7\% | 5.9\% | 8.6\% |
| Race | White | 6\% | 5.9\% | 6.8\% |
|  | American Indian | 12\% | 10.0\% | 14.5\% |
| Ethnicity | Hispanic | 8\% | 4.1\% | 14.2\% |
|  | Non-Hispanic | 7\% | 6.3\% | 7.2\% |
| Household Income | Less than \$35,000 | 12\% | 10.6\% | 12.7\% |
|  | \$35,000-\$74,999 | 5\% | 4.4\% | 5.9\% |
|  | \$75,000+ | 3\% | 2.4\% | 3.5\% |
| Education | Less than High School, G.E.D. | 11\% | 9.1\% | 13.2\% |
|  | High School, G.E.D. | 8\% | 7.0\% | 8.8\% |
|  | Some Post-High School | 7\% | 5.9\% | 7.3\% |
|  | College Graduate | 4\% | 3.5\% | 4.6\% |
| Employment Status | Employed for Wages | 3\% | 3.0\% | 4.0\% |
|  | Self-employed | 4\% | 2.7\% | 4.6\% |
|  | Unemployed | 12\% | 8.9\% | 15.4\% |
|  | Homemaker | 6\% | 4.1\% | 8.8\% |
|  | Student | 5\% | 3.0\% | 9.0\% |
|  | Retired | 8\% | 7.1\% | 8.9\% |
|  | Unable to Work | 47\% | 43.3\% | 51.3\% |
| Marital Status | Married/Unmarried Couple | 6\% | 5.3\% | 6.4\% |
|  | Divorced/Separated | 12\% | 10.7\% | 13.9\% |
|  | Widowed | 9\% | 7.7\% | 10.9\% |
|  | Never Married | 6\% | 4.6\% | 6.7\% |
| Home Ownership Status | Own Home | 6\% | 5.5\% | 6.4\% |
|  | Rent Home | 9\% | 7.5\% | 9.8\% |
| Children Status | Children in Household (Ages 18-44) | 5\% | 4.2\% | 6.1\% |
|  | No Children in Household (Ages 18-44) | 4\% | 3.2\% | 5.0\% |
| Phone Status | Landline | 8\% | 6.9\% | 8.4\% |
|  | Cell Phone | 6\% | 5.8\% | 7.0\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 4\% | 1.0\% | 14.6\% |
|  | Not Pregnant (Ages 18-44) | 6\% | 4.6\% | 6.6\% |
| County | Minnehaha | 6\% | 5.2\% | 7.7\% |
|  | Pennington | 8\% | 6.9\% | 9.6\% |
|  | Lincoln | 4\% | 3.0\% | 5.7\% |
|  | Brown | 7\% | 4.9\% | 9.2\% |
|  | Brookings | 6\% | 4.0\% | 8.0\% |
|  | Codington | 5\% | 3.7\% | 6.5\% |
|  | Meade | 8\% | 6.6\% | 10.6\% |
|  | Lawrence | 8\% | 6.1\% | 9.8\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

Age The prevalence of poor health keeping them from usual activities peaks in the 60s.

Race American Indians exhibit a significantly higher prevalence of poor health keeping them from usual activities than whites.

Ethnicity There is no significant Hispanic difference in the prevalence of poor health keeping them from usual activities.

Household The prevalence of poor health keeping them from usual activities decreases Income

Education The prevalence of poor health keeping them from usual activities decreases as education increases. This includes significant decreases as the high school and college graduate levels are reached.

Employment Those who are unable to work demonstrate a very high prevalence of poor health keeping them from usual activities, while those who are employed for wages, self-employed, or students show a very low prevalence.

Those who are divorced or widowed exhibit a very high prevalence of poor health keeping them from usual activities, while those who are married or have never been married show a very low prevalence.
Home
Ownership

Children The prevalence of poor health keeping adults from usual activities does not Status

Phone Status The prevalence of poor health keeping them from usual activities does not seem to change based on phone status.

Pregnancy The prevalence of poor health keeping them from usual activities does not Status seem to change based on pregnancy status.

County Residents of Pennington, Meade, and Lawrence counties exhibit a very high prevalence of poor health keeping them from usual activities, while residents of Lincoln and Codington counties show a very low prevalence.

## Children's Oral Health

Definition: South Dakota children, ages 1-17, who have visited a dentist or dental clinic for any reason within the past year.

## Prevalence of Children's Oral Health

o South Dakota 88\%
o There is no nationwide median for children's oral health
Figure 65
South Dakota Children, Ages 1-17, Who Have Visited a Dentist or Dental Clinic for Any Reason Within the Past Year, 2011-2017


Note: $\quad$ These questions were not asked in 2012, 2014, or 2016.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Table 56
South Dakota Children, Ages 1-17, Who Have Visited a Dentist or a Dental Clinic

|  |  | 2013-2017 | 95\% Confidence Interval |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Low | High |
| Gender | Male |  | 87\% | 83.9\% | 88.9\% |
|  | Female | 88\% | 85.3\% | 90.1\% |
| Age | 1-6 | 75\% | 70.8\% | 78.7\% |
|  | 7-12 | 95\% | 92.7\% | 96.5\% |
|  | 13-17 | 92\% | 88.9\% | 94.1\% |
| Race | White | 87\% | 84.6\% | 88.7\% |
|  | American Indian | 89\% | 85.5\% | 91.4\% |
| Ethnicity | Hispanic | 78\% | 64.2\% | 87.4\% |
|  | Non-Hispanic | 88\% | 86.3\% | 89.6\% |
| Household Income | Less than \$35,000 | 85\% | 80.6\% | 88.3\% |
|  | \$35,000-\$74,999 | 85\% | 81.3\% | 88.2\% |
|  | \$75,000+ | 92\% | 90.1\% | 94.1\% |
| Home Ownership Status | Own Home | 89\% | 87.2\% | 90.9\% |
|  | Rent Home | 80\% | 74.9\% | 84.5\% |
| Phone Status | Landline | 91\% | 88.0\% | 92.8\% |
|  | Cell Phone | 85\% | 82.1\% | 87.0\% |
| County | Minnehaha | 85\% | 79.4\% | 89.5\% |
|  | Pennington | 82\% | 73.2\% | 88.7\% |
|  | Lincoln | 84\% | 67.4\% | 92.7\% |
|  | Brown | 83\% | 71.8\% | 89.9\% |
|  | Brookings | 82\% | 68.3\% | 91.1\% |
|  | Codington | * | * | * |
|  | Meade | 85\% | 62.8\% | 94.7\% |
|  | Lawrence | * | * | * |

Note: $\quad$ *Results based on small sample sizes have been suppressed. This question was not asked in 2012, 2014 , or 2016. Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

## Demographics

Gender

Age The prevalence of children visiting the dentist regularly seems to peak with those from 7-12 years of age.

The prevalence of children visiting the dentist regularly does not seem to differ based on race.

Ethnicity The prevalence of children visiting the dentist regularly does not seem to differ based on ethnicity.

The prevalence of children visiting the dentist regularly demonstrates a significant increase as the $\$ 75,000+$ income group is reached.

Those who own their home exhibit a significantly higher prevalence of taking their children to the dentist regularly than those who rent their homes.

Those who use a landline phone show a significantly higher prevalence of taking their children to the dentist regularly than those who use a cell phone.

County The prevalence of children going to the dentist regularly does not seem to change among the six counties with available data.

Figure 66, below, shows the length of time since South Dakota children, ages 1 to 17 years old, had been to a dentist or a dental clinic. Most children from 2011-2017 had been to a dentist or dental clinic within the past year.

Figure 66
Length of Time Since Child Visited the Dentist or Dental Clinic, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 67, below, displays the length of time since the child visited the dentist or dental clinic by age. When looking at the 1 to 4 year old age group, 34 percent have never been to the dentist compared to the three other age groups who all had fewer than three percent who had never seen a dentist.

Figure 67
Length of Time Since Child Visited the Dentist or Dental Clinic by Child's Age, 2011-2017


[^12]The main reason why South Dakota children ages 1 to 17 had not visited the dentist within the past year was because they had no reason to go, i.e. no problems, no teeth, as shown below in Table 57. Eight percent stated that cost was the main reason the child had not been to the dentist within the past year.

| Table 57 <br> Main Reason Child Has Visited Dentist in the Last Year, <br> 2011-2017 |  |
| :--- | :---: |
| Number of Respondents | $\mathbf{7 9 6}$ |
| No reasons to go (no problems, no teeth) | $62 \%$ |
| Cost | $8 \%$ |
| Have not thought of it | $4 \%$ |
| Other priorities | $4 \%$ |
| Cannot get to the office/clinic | $3 \%$ |
| Do not have/know a dentist | $3 \%$ |
| Fear, apprehension, nervousness, pain, dislike going | $2 \%$ |
| Other | $13 \%$ |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017
Figure 68, below, displays the majority of South Dakotans who stated that they have some kind of insurance that pays for some or all of their child's routine dental care. The majority in all years stated they have insurance coverage that pays for some or all of their child's routine dental care.

Figure 68
South Dakotans Who Have Any Kind of Insurance Coverage That Pays for Some or All of This Child's Routine Dental Care, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 69, below, displays the percentage of South Dakota children who had a toothache more than once when biting or chewing in the last six months. For all years, less than ten percent of children had a toothache more than once when biting or chewing in the last six months.

Figure 69
South Dakota Children Who Had Toothache More Than Once When
Biting or Chewing in the Last Six Months, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 70, below, displays the percentage of children who missed school one or more times in the past 12 months because of problems with their teeth or mouth. Fewer than seven percent for all years stated that the child missed school because of problems with their teeth or mouth.

Figure 70
South Dakota Children Who Missed School One or More Times Because of Problems With Their Teeth or Mouth Within the Past 12 Months, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Figure 71, below, displays the percentage of children who visited a hospital emergency room one or more times during the past 12 months because of problems with their teeth or mouth. Fewer than three percent for all years stated that the child did not visit a hospital emergency room because of problems with their teeth or mouth.

Figure 71
South Dakota Children Who Visited a Hospital Emergency Room One or More Times Because of Problems With Their Teeth or Mouth Within the Past 12 Months, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

Definition: South Dakotans, ages 18-64, that report they have had an HIV test.

## Prevalence of HIV Test

o South Dakota 27\%
o Nationwide median 36\%

Figure 72
Percentage of South Dakotans, Ages 18-64, Who Have Been
Tested for HIV, 2011-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

| Table 58 <br> South Dakotans, Ages 18-64, Who Have Been Tested for HIV, 2013-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2013-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 24\% | 22.3\% | 24.8\% |
|  | Female | 27\% | 25.5\% | 28.0\% |
| Age | 18-29 | 31\% | 28.5\% | 33.4\% |
|  | 30-39 | 41\% | 38.1\% | 43.3\% |
|  | 40-49 | 36\% | 33.2\% | 38.4\% |
|  | 50-59 | 22\% | 20.3\% | 23.8\% |
|  | 60-69 | 14\% | 12.4\% | 15.1\% |
|  | 70-79 | 6\% | 5.3\% | 7.5\% |
|  | 80+ | 3\% | 1.9\% | 4.2\% |
| Race | White | 22\% | 21.1\% | 22.9\% |
|  | American Indian | 51\% | 47.8\% | 55.1\% |
| Ethnicity | Hispanic | 37\% | 29.7\% | 45.8\% |
|  | Non-Hispanic | 25\% | 23.9\% | 25.7\% |
| Household Income | Less than \$35,000 | 30\% | 28.4\% | 32.0\% |
|  | \$35,000-\$74,999 | 25\% | 23.2\% | 26.3\% |
|  | \$75,000+ | 24\% | 22.3\% | 25.7\% |
| Education | Less than High School, G.E.D. | 24\% | 20.5\% | 27.2\% |
|  | High School, G.E.D. | 22\% | 20.3\% | 23.4\% |
|  | Some Post-High School | 27\% | 25.5\% | 28.7\% |
|  | College Graduate | 27\% | 25.8\% | 28.8\% |
| Employment Status | Employed for Wages | 29\% | 27.8\% | 30.4\% |
|  | Self-employed | 20\% | 18.2\% | 22.7\% |
|  | Unemployed | 43\% | 37.4\% | 48.3\% |
|  | Homemaker | 33\% | 28.4\% | 38.2\% |
|  | Student | 20\% | 16.4\% | 25.0\% |
|  | Retired | 8\% | 7.1\% | 9.0\% |
|  | Unable to Work | 41\% | 36.4\% | 44.8\% |
| Marital Status | Married/Unmarried Couple | 23\% | 21.9\% | 24.1\% |
|  | Divorced/Separated | 38\% | 35.6\% | 41.1\% |
|  | Widowed | 8\% | 6.6\% | 9.7\% |
|  | Never Married | 30\% | 27.4\% | 31.9\% |
| Home Ownership Status | Own Home | 21\% | 20.2\% | 22.1\% |
|  | Rent Home | 37\% | 34.7\% | 39.1\% |
| Children Status | Children in Household (Ages 18-44) | 39\% | 37.4\% | 41.6\% |
|  | No Children in Household (Ages 18-44) | 30\% | 28.0\% | 33.0\% |
| Phone Status | Landline | 17\% | 16.1\% | 18.3\% |
|  | Cell Phone | 30\% | 28.8\% | 31.2\% |
| Pregnancy Status | Pregnant (Ages 18-44) | 68\% | 57.3\% | 76.7\% |
|  | Not Pregnant (Ages 18-44) | 42\% | 39.1\% | 44.0\% |
| County | Minnehaha | 29\% | 26.4\% | 31.3\% |
|  | Pennington | 32\% | 28.9\% | 34.5\% |
|  | Lincoln | 21\% | 17.7\% | 25.1\% |
|  | Brown | 20\% | 16.4\% | 23.7\% |
|  | Brookings | 16\% | 12.3\% | 19.8\% |
|  | Codington | 21\% | 17.7\% | 25.5\% |
|  | Meade | 24\% | 21.0\% | 28.2\% |
|  | Lawrence | 22\% | 19.5\% | 25.2\% |

[^13]
## Demographics

| Gender | Females exhibit a significantly higher prevalence of HIV testing than males. |
| :--- | :--- |
| Age | HIV testing peaks with those in their 30 s and then decreases as age <br> increases with significant decreases as the $50 \mathrm{~s}, 60 \mathrm{~s}, 70 \mathrm{~s}$, and 80 s are <br> reached. |
| Race | American Indians exhibit a significantly higher prevalence of HIV testing than <br> do whites. |
| Ethnicity | Hispanics demonstrate a significantly higher prevalence of HIV testing than do <br> non-Hispanics. |
| Household | The prevalence of HIV testing decreases as household income increases with <br> a significant decrease as the $\$ 35,000-\$ 74,999$ income group is reached. |
| Income | There seems to be no difference in the prevalence of HIV testing regarding <br> changing education levels. |
| Education | Those who are unemployed, a homemaker, or unable to work demonstrate a <br> very high prevalence of HIV testing, while those who are retired show a very <br> low prevalence. |
| Marital | Those who are divorced exhibit a very high prevalence of HIV testing, while <br> those who are widowed show a very low prevalence. |
| Status | Those who rent their home demonstrate a significantly higher prevalence of |
| Home |  |
| Ownership testing than those who own their home. |  |$\quad$| Those who have children in the household demonstrate a significantly higher |
| :--- |

## Advance Directive

Definition: South Dakotans that report they have an advance directive which is a document that states what kind of health care treatment you would want to receive, or not want to receive, if you could not speak for yourself.

## Prevalence of Advance Directive

o South Dakota 32\%
o There was no nationwide median for having an advance directive

Figure 73
Percent of South Dakotans Who Have an Advance Directive, 2015-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2015-2017

| Table 59 <br> South Dakotans Who Have an Advance Directive, 2015-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2015-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 30\% | 27.6\% | 31.7\% |
|  | Female | 34\% | 31.8\% | 35.6\% |
| Age | 18-29 | 9\% | 6.8\% | 12.0\% |
|  | 30-39 | 22\% | 18.5\% | 25.5\% |
|  | 40-49 | 29\% | 24.9\% | 32.9\% |
|  | 50-59 | 30\% | 27.3\% | 33.5\% |
|  | 60-69 | 43\% | 39.8\% | 45.9\% |
|  | 70-79 | 59\% | 54.7\% | 62.6\% |
|  | 80+ | 65\% | 60.1\% | 70.3\% |
| Race | White | 33\% | 32.0\% | 35.0\% |
|  | American Indian | 20\% | 15.2\% | 26.1\% |
| Ethnicity | Hispanic | 19\% | 11.2\% | 31.1\% |
|  | Non-Hispanic | 32\% | 30.4\% | 33.3\% |
| Household Income | Less than \$25,000 | 29\% | 26.2\% | 31.4\% |
|  | \$25,000-\$74,999 | 31\% | 28.9\% | 34.0\% |
|  | \$75,000+ | 35\% | 32.7\% | 38.2\% |
| Education | Less than High School, G.E.D. | 23\% | 18.2\% | 29.3\% |
|  | High School, G.E.D. | 31\% | 28.4\% | 33.5\% |
|  | Some Post-High School | 31\% | 28.7\% | 33.6\% |
|  | College Graduate | 37\% | 34.5\% | 39.2\% |
| Employment Status | Employed for Wages | 24\% | 22.4\% | 26.3\% |
|  | Self-employed | 33\% | 29.2\% | 37.7\% |
|  | Unemployed | 15\% | 10.5\% | 21.5\% |
|  | Homemaker | 33\% | 26.9\% | 40.6\% |
|  | Student | 7\% | 3.7\% | 11.2\% |
|  | Retired | 59\% | 55.7\% | 61.3\% |
|  | Unable to Work | 35\% | 28.4\% | 41.6\% |
| Marital Status | Married/Unmarried Couple | 35\% | 33.2\% | 36.8\% |
|  | Divorced/Separated | 30\% | 26.0\% | 33.9\% |
|  | Widowed | 58\% | 53.9\% | 63.0\% |
|  | Never Married | 14\% | 11.3\% | 16.6\% |
| Home Ownership Status | Own Home | 36\% | 34.2\% | 37.5\% |
|  | Rent Home | 22\% | 19.3\% | 25.2\% |
| Children Status | Children in Household (Ages 18-44) | 20\% | 17.3\% | 22.9\% |
|  | No Children in Household (Ages 18-44) | 14\% | 10.7\% | 17.0\% |
| Phone Status | Landline | 39\% | 36.7\% | 41.2\% |
|  | Cell Phone | 28\% | 26.0\% | 29.6\% |
| Pregnancy Status | Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 18\% | 14.9\% | 20.9\% |
| County | Minnehaha | 31\% | 27.1\% | 34.4\% |
|  | Pennington | 38\% | 34.0\% | 41.9\% |
|  | Lincoln | 36\% | 30.4\% | 41.8\% |
|  | Brown | 33\% | 28.2\% | 38.4\% |
|  | Brookings | 22\% | 17.4\% | 26.5\% |
|  | Codington | 31\% | 25.5\% | 36.7\% |
|  | Meade | 32\% | 27.0\% | 37.1\% |
|  | Lawrence | 33\% | 27.5\% | 38.3\% |

Note: $\quad$ *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2015-2017

| Gender | Females exhibit a significantly higher prevalence of having an advance directive in place than males. |
| :---: | :---: |
| Age | Having an advance directive in place increases as age increases. This includes significant increases as the 30s, 60s, and 70s are reached. |
| Race | Whites demonstrate a significantly higher prevalence of having an advance directive in place than American Indians. |
| Ethnicity | The prevalence of having an advance directive in place does not seem to differ based on ethnicity. |
| Household Income | The prevalence of having an advance directive in place increases as household income increases. |
| Education | The prevalence of having an advance directive in place generally increases as education levels increase. This includes a significant increase as the college graduate level is reached. |
| Employment | Those who are retired demonstrate a very high prevalence of having an advance directive in place, while those who are unemployed or a student show a very low prevalence. |
| Marital Status | Those who are widowed exhibit a very high prevalence of having an advance directive in place, while those who have never been married show a very low prevalence. |
| Home Ownership | Those who own their home show a significantly higher prevalence of having an advance directive in place than those who rent their home. |
| Children Status | Those with children in the household exhibit a significantly higher prevalence of having an advance directive in place than those with no children. |
| Phone Status | Those who use a landline phone demonstrate a significantly higher prevalence of having an advance directive in place than those who have a cell phone only. |
| County | Residents of Minnehaha, Pennington, Lincoln, Brown, Meade, and Lawrence counties all show a very high prevalence of having an advance directive in place, while residents of Brookings county show a very low prevalence. |

## Adverse Childhood Experiences

## ONE OR MORE ADVERSE CHILDHOOD EXPERIENCES

Definition: South Dakotans that report they have had one or more adverse childhood experiences such as: lived with anyone who was depressed, mentally ill, or suicidal, lived with anyone who was a problem drinker or an alcoholic.

## Prevalence of One or More Adverse Childhood Experiences

o South Dakota 46\%

- There was no nationwide median for having adverse childhood experiences

| Table 60 <br> South Dakotans Who Had One or More Adverse Childhood Experiences, 2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 46\% | 42.4\% | 49.2\% |
|  | Female | 45\% | 42.2\% | 48.6\% |
| Age | 18-29 | 48\% | 41.9\% | 54.6\% |
|  | 30-39 | 51\% | 44.5\% | 57.3\% |
|  | 40-49 | 49\% | 42.9\% | 55.8\% |
|  | 50-59 | 49\% | 43.8\% | 54.0\% |
|  | 60-69 | 43\% | 38.3\% | 47.2\% |
|  | 70-79 | 34\% | 29.1\% | 38.9\% |
|  | 80+ | 29\% | 20.8\% | 38.7\% |
| Race | White | 45\% | 42.6\% | 47.5\% |
|  | American Indian | 59\% | 50.9\% | 65.7\% |
| Ethnicity | Hispanic | * | * | * |
|  | Non-Hispanic | 46\% | 43.2\% | 47.9\% |
| Household Income | Less than \$25,000 | 49\% | 44.3\% | 53.5\% |
|  | \$25,000-\$74,999 | 46\% | 41.9\% | 50.3\% |
|  | \$75,000+ | 44\% | 39.7\% | 48.6\% |
| Education | Less than High School, G.E.D. | 52\% | 41.6\% | 61.5\% |
|  | High School, G.E.D. | 47\% | 43.0\% | 51.6\% |
|  | Some Post-High School | 47\% | 42.9\% | 51.0\% |
|  | College Graduate | 40\% | 36.1\% | 43.2\% |
| Employment Status | Employed for Wages | 48\% | 44.7\% | 51.6\% |
|  | Self-employed | 38\% | 31.4\% | 44.1\% |
|  | Unemployed | 63\% | 50.4\% | 74.2\% |
|  | Homemaker | 56\% | 45.2\% | 66.9\% |
|  | Student | 47\% | 34.2\% | 60.3\% |
|  | Retired | 36\% | 32.0\% | 40.0\% |
|  | Unable to Work | 57\% | 47.7\% | 66.2\% |
| Marital Status | Married/Unmarried Couple | 43\% | 40.0\% | 45.9\% |
|  | Divorced/Separated | 54\% | 48.0\% | 60.1\% |
|  | Widowed | 39\% | 32.9\% | 46.3\% |
|  | Never Married | 50\% | 44.0\% | 55.5\% |
| Home Ownership Status | Own Home | 44\% | 41.4\% | 46.7\% |
|  | Rent Home | 49\% | 44.0\% | 54.7\% |
| Children Status | Children in Household (Ages 18-44) | 50\% | 45.0\% | 56.0\% |
|  | No Children in Household (Ages 18-44) | 49\% | 43.2\% | 55.6\% |
| Phone Status | Landline | 42\% | 38.3\% | 45.6\% |
|  | Cell Phone | 47\% | 43.9\% | 49.7\% |


| Table 60 (continued) <br> South Dakotans Who Had One or More Adverse Childhood Experiences, 2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Pregnancy Status | Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 50\% | 43.8\% | 55.9\% |
| County | Minnehaha | 47\% | 41.1\% | 53.5\% |
|  | Pennington | 50\% | 43.4\% | 55.9\% |
|  | Lincoln | * | * | * |
|  | Brown | * | * | * |
|  | Brookings | * | * | * |
|  | Codington | * | * | * |
|  | Meade | * | * | * |
|  | Lawrence | * | * | * |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

## Demographics

Gender The prevalence of having faced at least one adverse childhood experience does not seem to be affected by gender.

Age The prevalence of having faced at least one adverse childhood experience generally decreases as adult age increases.

Race American Indians demonstrate a significantly higher prevalence of having faced at least one adverse childhood experience than whites.

## Household Income

## Education

Employment Those who are employed for wages, unemployed, a homemaker, or unable to work demonstrate a very high prevalence of having faced at least one adverse childhood experience, while those who are self-employed or retired show a very low prevalence.

Those who are divorced exhibit a very high prevalence of having faced at least one adverse childhood experience, while those who are married or widowed show a very low prevalence.

Home ownership status does not seem to differ by having faced at least one adverse childhood experience.

The prevalence of having faced at least one adverse childhood experience does not seem to differ based on the presence of children in the household.

The prevalence of having faced at least one adverse childhood experience does not seem to differ based on phone status.

There seems to be no difference between Minnehaha and Pennington county residents regarding having faced at least one adverse childhood experience.

## FIVE OR MORE ADVERSE CHILDHOOD EXPERIENCES

Definition: South Dakotans that report they have had five or more adverse childhood experiences such as: lived with anyone who was depressed, mentally ill, or suicidal, lived with anyone who was a problem drinker or an alcoholic.

## Prevalence of Five or More Adverse Childhood Experiences

o South Dakota 5\%
o There was no nationwide median for having adverse childhood experiences

| Table 61 <br> South Dakotans Who Had Five or More Adverse Childhood Experiences, 2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 5\% | 3.9\% | 7.0\% |
|  | Female | 9\% | 7.5\% | 11.2\% |
| Age | 18-29 | 10\% | 6.6\% | 13.7\% |
|  | 30-39 | 9\% | 6.3\% | 13.1\% |
|  | 40-49 | 8\% | 5.4\% | 11.2\% |
|  | 50-59 | 8\% | 5.5\% | 11.6\% |
|  | 60-69 | 6\% | 4.0\% | 8.1\% |
|  | 70-79 | 2\% | 1.1\% | 3.8\% |
|  | 80+ | 2\% | 0.5\% | 7.6\% |
| Race | White | 6\% | 5.1\% | 7.7\% |
|  | American Indian | 17\% | 12.3\% | 23.6\% |
| Ethnicity | Hispanic | * | * | * |
|  | Non-Hispanic | 7\% | 5.8\% | 8.2\% |
| Household Income | Less than \$25,000 | 11\% | 8.9\% | 14.7\% |
|  | \$25,000-\$74,999 | 6\% | 4.5\% | 8.1\% |
|  | \$75,000+ | 4\% | 2.8\% | 6.5\% |
| Education | Less than High School, G.E.D. | 8\% | 5.0\% | 13.9\% |
|  | High School, G.E.D. | 7\% | 5.6\% | 10.0\% |
|  | Some Post-High School | 8\% | 6.2\% | 11.0\% |
|  | College Graduate | 5\% | 3.7\% | 6.7\% |
| Employment Status | Employed for Wages | 8\% | 6.6\% | 10.4\% |
|  | Self-employed | 4\% | 2.1\% | 7.1\% |
|  | Unemployed | 16\% | 8.2\% | 27.6\% |
|  | Homemaker | 3\% | 1.5\% | 7.7\% |
|  | Student | 8\% | 4.4\% | 14.2\% |
|  | Retired | 3\% | 1.6\% | 4.1\% |
|  | Unable to Work | 20\% | 13.5\% | 28.4\% |
| Marital Status | Married/Unmarried Couple | 6\% | 4.8\% | 7.8\% |
|  | Divorced/Separated | 11\% | 7.4\% | 14.9\% |
|  | Widowed | 5\% | 2.9\% | 9.8\% |
|  | Never Married | 9\% | 6.4\% | 12.0\% |
| Home Ownership Status | Own Home | 7\% | 5.4\% | 8.2\% |
|  | Rent Home | 8\% | 6.1\% | 11.3\% |
| Children Status | Children in Household (Ages 18-44) | 9\% | 6.7\% | 12.9\% |
|  | No Children in Household (Ages 18-44) | 9\% | 6.3\% | 12.7\% |
| Phone Status | Landline | 5\% | 4.1\% | 6.8\% |
|  | Cell Phone | 8\% | 6.5\% | 9.5\% |
| Pregnancy Status | Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 12\% | 8.9\% | 16.1\% |

Table 61 (continued)
South Dakotans Who Had Five or More Adverse Childhood Experiences, 2017

|  |  |  | \% Co | Interval |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2017 | Low | High |
|  | Minnehaha | 6\% | 3.9\% | 10.0\% |
|  | Pennington | 10\% | 6.4\% | 14.2\% |
|  | Lincoln | * | * | * |
| County | Brown | * | * | * |
| Cou | Brookings | * | * | * |
|  | Codington | * | * | * |
|  | Meade | * | * | * |
|  | Lawrence | * | * | * |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

## Demographics

## Gender

Age The prevalence of having faced at least five adverse childhood experiences decreases as adult age increases. This includes a significant decrease for those in their 70s.

Race American Indians demonstrate a significantly higher prevalence of having faced at least five adverse childhood experiences than whites.

Household Income

Education The prevalence of having faced at least five adverse childhood experiences does not seem to change as adult education levels change.

Employment Those who are unemployed, a student, or unable to work demonstrate a very high prevalence of having faced at least five adverse childhood experiences, while those who are self-employed, a homemaker, or retired show a very low prevalence.

Marital
Status
Home The prevalence of having faced at least five adverse childhood experiences Ownership

Children
Status
Phone Status The prevalence of having faced at least five adverse childhood experiences does not seem to differ based on phone status.

County There seems to be no difference between Minnehaha and Pennington county residents regarding having faced at least five adverse childhood experiences.

## Hearing Difficulty

Definition: South Dakotans that answered yes to the question: "Are you deaf or do you have serious difficulty hearing?"

## Prevalence of Hearing Difficulty

o South Dakota 8\%
o Nationwide median 7\%

Figure 74
Percentage of South Dakotans Who are Deaf or Have Serious
Difficulty Hearing, 2016-2017


Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

| Table 62 <br> South Dakotans Who Are Deaf or Have Serious Difficulty Hearing, 2016-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2016-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 10\% | 9.2\% | 11.8\% |
|  | Female | 5\% | 4.4\% | 6.0\% |
| Age | 18-29 | 3\% | 1.5\% | 4.6\% |
|  | 30-39 | 3\% | 1.7\% | 4.1\% |
|  | 40-49 | 5\% | 3.2\% | 6.7\% |
|  | 50-59 | 7\% | 5.3\% | 8.7\% |
|  | 60-69 | 10\% | 8.0\% | 11.6\% |
|  | 70-79 | 19\% | 15.3\% | 22.4\% |
|  | 80+ | 30\% | 25.2\% | 35.3\% |
| Race | White | 8\% | 6.9\% | 8.6\% |
|  | American Indian | 10\% | 7.9\% | 13.7\% |
| Ethnicity | Hispanic | 7\% | 2.4\% | 16.9\% |
|  | Non-Hispanic | 8\% | 7.1\% | 8.6\% |
| Household Income | Less than \$35,000 | 10\% | 8.3\% | 11.6\% |
|  | \$35,000-\$74,999 | 7\% | 6.0\% | 8.6\% |
|  | \$75,000+ | 5\% | 3.8\% | 6.0\% |
| Education | Less than High School, G.E.D. | 12\% | 8.3\% | 16.2\% |
|  | High School, G.E.D. | 9\% | 8.1\% | 11.1\% |
|  | Some Post-High School | 7\% | 5.8\% | 8.2\% |
|  | College Graduate | 5\% | 4.4\% | 6.4\% |
| Employment Status | Employed for Wages | 4\% | 3.5\% | 5.3\% |
|  | Self-employed | 6\% | 4.2\% | 7.8\% |
|  | Unemployed | 5\% | 2.7\% | 10.0\% |
|  | Homemaker | 7\% | 4.0\% | 10.8\% |
|  | Student | 1\% | 0.1\% | 2.7\% |
|  | Retired | 19\% | 16.8\% | 21.7\% |
|  | Unable to Work | 17\% | 12.6\% | 22.0\% |
| Marital Status | Married/Unmarried Couple | 7\% | 6.5\% | 8.5\% |
|  | Divorced/Separated | 9\% | 7.2\% | 12.1\% |
|  | Widowed | 22\% | 18.4\% | 26.8\% |
|  | Never Married | 3\% | 2.4\% | 4.6\% |
| Home Ownership Status | Own Home | 9\% | 7.6\% | 9.5\% |
|  | Rent Home | 6\% | 4.9\% | 7.7\% |
| Children Status | Children in Household (Ages 18-44) | 3\% | 1.8\% | 4.4\% |
|  | No Children in Household (Ages 18-44) | 2\% | 1.5\% | 4.0\% |
| Phone Status | Landline | 12\% | 10.4\% | 13.8\% |
|  | Cell Phone | 6\% | 5.5\% | 7.2\% |
| Pregnancy Status | Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 2\% | 0.9\% | 3.1\% |
| County | Minnehaha | 6\% | 4.4\% | 7.8\% |
|  | Pennington | 10\% | 8.3\% | 13.1\% |
|  | Lincoln | * | * | * |
|  | Brown | * | * | * |
|  | Brookings | * | * | * |
|  | Codington | * | * | * |
|  | Meade | * | * | * |
|  | Lawrence | 6\% | 4.6\% | 8.7\% |

[^14]
## Demographics

Gender Males exhibit a significantly higher prevalence of hearing difficulty than females.

| Age | The prevalence of hearing difficulty increases as age increases. This includes <br> significant increases when people reach their 70s, and 80s. |
| :--- | :--- |
| Race | There seems to be no racial difference regarding hearing difficulty. |
| Ethnicity | There seems to be no Hispanic difference regarding hearing difficulty. |
| Household | The prevalence of hearing difficulty decreases as household income <br> increases. |
| Income | The prevalence of hearing difficulty decreases as education increases. |
| Education | Those who are retired or unable to work demonstrate a very high prevalence <br> of hearing difficulty while those who are unemployed or a student show a very <br> low prevalence. |
| Employment |  |
| Marital | Those who are widowed exhibit a very high prevalence of hearing difficulty, <br> while those who have never been married show a very low prevalence. |
| Status | The prevalence of hearing difficulty does not seem to differ based on home <br> ownership status. |
| Ownership | The prevalence of hearing difficulty does not seem to differ based on the <br> presence of children in the household. |
| Children | Those with a landline phone show a significantly higher prevalence of hearing <br> difficulty than those with a cell phone. |
| Phone Status | Pennington county exhibits a very high prevalence of hearing difficulty, while <br> those in Minnehaha county show very low prevalence. |

## Prescription Pain Medication

## Definition: South Dakotans that have taken prescription pain medication in the past twelve months.

## Prevalence of Prescription Pain Medication

o South Dakota 15\%
o There is no nationwide median for prescription pain medication

| Table 66 <br> South Dakotans That Have Taken Prescription Pain Medication in the Last 12 Months, 2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 14\% | 12.1\% | 16.9\% |
|  | Female | 16\% | 13.5\% | 17.9\% |
| Age | 18-29 | 12\% | 8.5\% | 17.9\% |
|  | 30-39 | 13\% | 9.1\% | 16.9\% |
|  | 40-49 | 17\% | 12.6\% | 22.2\% |
|  | 50-59 | 17\% | 13.6\% | 21.5\% |
|  | 60-69 | 17\% | 13.8\% | 20.4\% |
|  | 70-79 | 15\% | 11.4\% | 18.9\% |
|  | 80+ | 14\% | 8.7\% | 21.7\% |
| Race | White | 14\% | 12.7\% | 16.1\% |
|  | American Indian | 19\% | 14.0\% | 24.7\% |
| Ethnicity | Hispanic | * | * | * |
|  | Non-Hispanic | 15\% | 13.2\% | 16.4\% |
| Household Income | Less than \$35,000 | 17\% | 14.1\% | 20.8\% |
|  | \$35,000-\$74,999 | 16\% | 13.6\% | 19.4\% |
|  | \$75,000+ | 14\% | 11.1\% | 17.2\% |
| Education | Less than High School, G.E.D. | 12\% | 7.0\% | 18.4\% |
|  | High School, G.E.D. | 15\% | 12.6\% | 18.7\% |
|  | Some Post-High School | 15\% | 12.1\% | 17.8\% |
|  | College Graduate | 16\% | 13.4\% | 19.1\% |
| Employment Status | Employed for Wages | 15\% | 12.3\% | 17.2\% |
|  | Self-employed | 8\% | 5.6\% | 12.7\% |
|  | Unemployed | 32\% | 20.4\% | 45.5\% |
|  | Homemaker | 11\% | 6.8\% | 16.6\% |
|  | Student | 10\% | 4.2\% | 21.9\% |
|  | Retired | 15\% | 12.2\% | 17.6\% |
|  | Unable to Work | 34\% | 25.2\% | 43.9\% |
| Marital Status | Married/Unmarried Couple | 15\% | 13.3\% | 17.6\% |
|  | Divorced/Separated | 18\% | 14.1\% | 23.3\% |
|  | Widowed | 16\% | 11.2\% | 22.2\% |
|  | Never Married | 12\% | 8.5\% | 15.6\% |
| Home Ownership Status | Own Home | 15\% | 13.4\% | 17.2\% |
|  | Rent Home | 15\% | 12.0\% | 19.4\% |
| Children Status | Children in Household (Ages 18-44) | 14\% | 10.8\% | 18.5\% |
|  | No Children in Household (Ages 18-44) | 12\% | 8.5\% | 16.8\% |
| Phone Status | Landline | 13\% | 10.8\% | 15.1\% |
|  | Cell Phone | 16\% | 13.8\% | 18.0\% |


| Table 66 (continued) <br> South Dakotans That Have Taken Prescription Pain Medication in the Last 12 Months, 2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Pregnancy Status | / Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 13\% | 9.7\% | 17.6\% |
| County | Minnehaha | 13\% | 9.6\% | 17.7\% |
|  | Pennington | 21\% | 16.5\% | 27.2\% |
|  | Lincoln | * | * | * |
|  | Brown | * | * | * |
|  | Brookings | * | * | * |
|  | Codington | * | * | * |
|  | Meade | * | * | * |
|  | Lawrence | * | * | * |
| Note: $\quad$ *Results based on small sample sizes have been suppressed. <br> Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017 |  |  |  |  |
| Demographics |  |  |  |  |
| Gender | The prevalence of taking prescription pain medication does not seem to change based on gender. |  |  |  |
| Age | The prevalence of taking prescription pain medication increases as age increases and peaks in the 40s, 50s, and 60s. After that, the prevalence decreases as age increases. |  |  |  |
| Race | The prevalence of taking prescription pain medication does not seem to change based on race. |  |  |  |
| Household ncome | The prevalence of taking prescription pain medication decreases as household income increases. |  |  |  |
| Education | The prevalence of taking prescription pain medication increases as education levels increase. |  |  |  |
| Employment | Those who are unemployed or unable to work demonstrate a significantly higher prevalence of taking prescription pain medication than all other types of employment. |  |  |  |
| Marital Status | The prevalence of taking prescription pain medication does not seem to change based on marital status. |  |  |  |
| Home Ownership | The prevalence of taking prescription pain medication does not seem to change based on home ownership. |  |  |  |
| Children Status | The prevalence of taking prescription pain medication does not seem to change based on the presence of children in the household. |  |  |  |
| Phone Status | The prevalence of taking prescription pain medication does not seem to change based on phone status. |  |  |  |
| County | The prevalence of taking between Minnehaha and | pain countie | ication d | seem to differ |

## Substance Abuse Treatment

Definition: South Dakotans that have ever been treated or are currently being treated by a health care professional for substance abuse.

## Prevalence of Substance Abuse Treatment

o South Dakota 2\%
o There is no nationwide median for substance abuse treatment

Figure 75
Percent of South Dakotans Who Have Been or are Currently Being Treated for Substance Abuse, 2016-2017


[^15]| Table 67 <br> South Dakotans Who Have Been or are Currently Being Treated for Substance Abuse, 2016-2017 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 2016-2017 | 95\% Confidence Interval |  |
|  |  |  | Low | High |
| Gender | Male | 2\% | 1.7\% | 3.2\% |
|  | Female | 1\% | 0.7\% | 1.8\% |
| Age | 18-29 | 2\% | 0.7\% | 3.1\% |
|  | 30-39 | 3\% | 1.5\% | 4.3\% |
|  | 40-49 | 3\% | 1.6\% | 5.5\% |
|  | 50-59 | 2\% | 1.0\% | 2.8\% |
|  | 60-69 | 1\% | 0.6\% | 2.1\% |
|  | 70-79 | 1\% | 0.4\% | 2.4\% |
|  | 80+ | 0.4\% | 0.1\% | 1.9\% |
| Race | White | 1\% | 1.1\% | 1.9\% |
|  | American Indian | 6\% | 2.9\% | 10.8\% |
| Ethnicity | Hispanic | 2\% | 0.6\% | 6.5\% |
|  | Non-Hispanic | 2\% | 1.3\% | 2.2\% |
| Household Income | Less than \$35,000 | 3\% | 1.8\% | 3.8\% |
|  | \$35,000-\$74,999 | 2\% | 1.1\% | 2.9\% |
|  | \$75,000+ | 1\% | 0.3\% | 1.2\% |
| Education | Less than High School, G.E.D. | 2\% | 0.8\% | 4.0\% |
|  | High School, G.E.D. | 2\% | 1.1\% | 3.3\% |
|  | Some Post-High School | 2\% | 1.6\% | 3.3\% |
|  | College Graduate | 1\% | 0.4\% | 1.1\% |
| Employment Status | Employed for Wages | 2\% | 1.3\% | 2.8\% |
|  | Self-employed | 1\% | 0.4\% | 1.8\% |
|  | Unemployed | 5\% | 1.9\% | 14.4\% |
|  | Homemaker | 2\% | 0.4\% | 5.7\% |
|  | Student | 0.5\% | 0.1\% | 1.9\% |
|  | Retired | 1\% | 0.6\% | 1.7\% |
|  | Unable to Work | 3\% | 1.2\% | 5.3\% |
| Marital Status | Married/Unmarried Couple | 1\% | 0.7\% | 1.5\% |
|  | Divorced/Separated | 3\% | 2.0\% | 5.0\% |
|  | Widowed | 1\% | 0.2\% | 1.5\% |
|  | Never Married | 3\% | 2.1\% | 5.6\% |
| Home Ownership Status | Own Home | 1\% | 0.9\% | 1.8\% |
|  | Rent Home | 3\% | 2.2\% | 4.9\% |
| Children Status | Children in Household (Ages 18-44) | 2\% | 1.2\% | 3.9\% |
|  | No Children in Household (Ages 18-44) | 2\% | 1.4\% | 4.0\% |
| Phone Status | Landline | 1\% | 0.9\% | 2.0\% |
|  | Cell Phone | 2\% | 1.4\% | 2.6\% |
| Pregnancy Status | Pregnant (Ages 18-44) | * | * | * |
|  | Not Pregnant (Ages 18-44) | 2\% | 0.9\% | 3.3\% |
| County | Minnehaha | 1\% | 0.5\% | 2.7\% |
|  | Pennington | 3\% | 1.9\% | 5.7\% |
|  | Lincoln | * | * | * |
|  | Brown | * | * | * |
|  | Brookings | * | * | * |
|  | Codington | * | * | * |
|  | Meade | * | * | * |
|  | Lawrence | 2\% | 0.8\% | 3.8\% |

Note: *Results based on small sample sizes have been suppressed.
Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

| Gender | There seems to be no gender difference regarding the prevalence of seeking <br> treatment for substance abuse. |
| :--- | :--- |
| Age | The prevalence of seeking treatment for substance abuse seems to peak in <br> the 30s and 40s. |
| Race | American Indians exhibit a significantly higher prevalence of seeking <br> treatment for substance abuse than whites. |
| Household | The prevalence of seeking treatment for substance abuse decreases as <br> household income increases. |
| Income | There seems to be no difference in the prevalence of seeking treatment for <br> substance abuse regarding education level. |
| Education | Those who are unemployed exhibit a very high prevalence of seeking <br> treatment for substance abuse, while those who are self-employed or retired <br> show a very low prevalence. |
| Employment |  |
| Marital | Those who are divorced or have never been married demonstrate a very high <br> prevalence of seeking treatment for substance abuse, while those who are <br> married or widowed show a very low prevalence. |
| Home | Those who rent their home exhibit a significantly higher prevalence of seeking <br> treatment for substance abuse than those who own their home. |
| Ownership | There seems to be no difference in the prevalence of seeking treatment for |
| Children | substance abuse regarding the presence of children in the household. |
| Status | There seems to be no difference in the prevalence of seeking treatment for <br> substance abuse regarding phone status. |
| Phone Status | There seems to be no difference in the prevalence of seeking treatment for <br> substance abuse among the three counties with sufficient sample size. |

## Appendix A: Demographics

| Table 68 <br> Demographics of Survey Respondents, 2017 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total |  | Male |  | Female |  |
|  |  | \# Resp. | Col \% | \# Resp. | Col \% | \# Resp. | Col \% |
| Total |  | 7,012 | 100\% | 3,060 | 100\% | 3,952 | 100\% |
| Age | 18-29 | 679 | 10\% | 353 | 12\% | 326 | 8\% |
|  | 30-39 | 768 | 11\% | 358 | 12\% | 410 | 10\% |
|  | 40-49 | 811 | 12\% | 373 | 12\% | 438 | 11\% |
|  | 50-59 | 1,254 | 18\% | 556 | 18\% | 698 | 18\% |
|  | 60-69 | 1,651 | 24\% | 712 | 23\% | 939 | 24\% |
|  | 70-79 | 1,187 | 17\% | 467 | 15\% | 720 | 18\% |
|  | 80+ | 616 | 9\% | 222 | 7\% | 394 | 10\% |
|  | Not Stated | 46 | 1\% | 19 | 1\% | 27 | 1\% |
| Race | White | 5,349 | 76\% | 2,365 | 77\% | 2,984 | 76\% |
|  | American Indian | 1,332 | 19\% | 527 | 17\% | 805 | 20\% |
|  | Other | 278 | 4\% | 138 | 5\% | 140 | 4\% |
|  | Not Stated | 53 | 1\% | 30 | 1\% | 23 | 1\% |
| Hispanic | Yes | 87 | 1\% | 38 | 1\% | 49 | 1\% |
|  | No | 6,903 | 98\% | 3,010 | 98\% | 3,893 | 99\% |
|  | Not Stated | 22 | 0.3\% | 12 | 0.4\% | 10 | 0.3\% |
| Household Income | Less than \$10,000 | 310 | 4\% | 114 | 4\% | 196 | 5\% |
|  | \$10,000-\$14,999 | 316 | 5\% | 125 | 4\% | 191 | 5\% |
|  | \$15,000-\$19,999 | 404 | 6\% | 164 | 5\% | 240 | 6\% |
|  | \$20,000-\$24,999 | 542 | 8\% | 206 | 7\% | 336 | 9\% |
|  | \$25,000-\$34,999 | 690 | 10\% | 281 | 9\% | 409 | 10\% |
|  | \$35,000-\$49,999 | 989 | 14\% | 457 | 15\% | 532 | 14\% |
|  | \$50,000-\$74,999 | 1,066 | 15\% | 505 | 17\% | 561 | 14\% |
|  | \$75,000 + | 1,542 | 22\% | 797 | 26\% | 745 | 19\% |
|  | Not Stated | 1,134 | 16\% | 404 | 13\% | 730 | 19\% |
| Education | $8^{\text {th }}$ Grade or Less | 135 | 2\% | 73 | 2\% | 62 | 2\% |
|  | Some High School | 363 | 5\% | 172 | 6\% | 191 | 5\% |
|  | High School or G.E.D. | 2,032 | 29\% | 964 | 32\% | 1,068 | 27\% |
|  | Some Post-High School | 2,138 | 30\% | 862 | 28\% | 1,276 | 32\% |
|  | College Graduate | 2,334 | 33\% | 986 | 32\% | 1,348 | 34\% |
|  | Not Stated | 10 | 0.1\% | 3 | 0.1\% | 7 | 0.2\% |
| Employment Status | Employed for Wages | 2,833 | 40\% | 1,280 | 42\% | 1,553 | 39\% |
|  | Self-employed | 836 | 12\% | 534 | 17\% | 302 | 8\% |
|  | Unemployed | 265 | 4\% | 115 | 4\% | 150 | 4\% |
|  | Homemaker | 324 | 5\% | 12 | 0.4\% | 312 | 8\% |
|  | Student | 152 | 2\% | 80 | 3\% | 72 | 2\% |
|  | Retired | 2,114 | 30\% | 844 | 28\% | 1,270 | 32\% |
|  | Unable to Work | 457 | 7\% | 174 | 6\% | 283 | 7\% |
|  | Not Stated | 31 | 0.4\% | 21 | 1\% | 10 | 0.3\% |
| Marital Status | Married/Unmarried Couple | 3,819 | 54\% | 1,730 | 57\% | 2,089 | 53\% |
|  | Divorced/Separated | 1,046 | 15\% | 460 | 15\% | 586 | 15\% |
|  | Widowed | 955 | 14\% | 217 | 7\% | 738 | 19\% |
|  | Never Married | 1,161 | 17\% | 637 | 21\% | 524 | 13\% |
|  | Not Stated | 31 | 0.4\% | 16 | 1\% | 15 | 0.4\% |
| Phone Status | Landline | 3,484 | 50\% | 1,326 | 43\% | 2,158 | 55\% |
|  | Cell Phone | 3,528 | 50\% | 1,734 | 57\% | 1,794 | 45\% |
| Home Ownership | Own Home | 5,158 | 77\% | 2,254 | 78\% | 2,904 | 76\% |
|  | Rent Home | 1,544 | 23\% | 649 | 22\% | 895 | 24\% |
| Children in Household | Yes | 1,852 | 26\% | 738 | 24\% | 1,114 | 28\% |
|  | No | 5,133 | 73\% | 2,312 | 76\% | 2,821 | 71\% |
|  | Not Stated | 24 | 0.3\% | 9 | 0.3\% | 15 | 0.4\% |
| Pregnant (18-44) | Yes | 48 | 4\% | - | - | 48 | 4\% |
|  | No | 1,138 | 95\% | - | - | 1,138 | 95\% |
|  | Not Stated | 8 | 1\% | - | - | 8 | 1\% |

Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

| Table 69 <br> Surveys Completed by Resident County, 2017 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Resident County | Surveys Completed | \% of Total Surveys | Total Adult Population | \% of Total Population | \# Surveyed per 1,000 Population |
| Total | 7,012 | 100.0\% | 654,810 | 100.0\% | 10.7 |
| Aurora | 5 | 0.1\% | 2,048 | 0.3\% | 2.4 |
| Beadle | 48 | 0.7\% | 13,167 | 2.0\% | 3.6 |
| Bennett | 152 | 2.2\% | 2,303 | 0.4\% | 66.0 |
| Bon Homme | 19 | 0.3\% | 5,617 | 0.9\% | 3.4 |
| Brookings | 440 | 6.3\% | 27,242 | 4.2\% | 16.2 |
| Brown | 485 | 6.9\% | 29,709 | 4.5\% | 16.3 |
| Brule | 22 | 0.3\% | 3,902 | 0.6\% | 5.6 |
| Buffalo | 54 | 0.8\% | 1,232 | 0.2\% | 43.8 |
| Butte | 83 | 1.2\% | 7,666 | 1.2\% | 10.8 |
| Campbell | 8 | 0.1\% | 1,168 | 0.2\% | 6.8 |
| Charles Mix | 23 | 0.3\% | 6,646 | 1.0\% | 3.5 |
| Clark | 33 | 0.5\% | 2,730 | 0.4\% | 12.1 |
| Clay | 51 | 0.7\% | 11,511 | 1.8\% | 4.4 |
| Codington | 367 | 5.2\% | 21,291 | 3.3\% | 17.2 |
| Corson | 189 | 2.7\% | 2,671 | 0.4\% | 70.8 |
| Custer | 40 | 0.6\% | 7,322 | 1.1\% | 5.5 |
| Davison | 57 | 0.8\% | 15,118 | 2.3\% | 3.8 |
| Day | 37 | 0.5\% | 4,284 | 0.7\% | 8.6 |
| Deuel | 37 | 0.5\% | 3,285 | 0.5\% | 11.3 |
| Dewey | 276 | 3.9\% | 3,681 | 0.6\% | 75.0 |
| Douglas | 11 | 0.2\% | 2,202 | 0.3\% | 5.0 |
| Edmunds | 27 | 0.4\% | 3,010 | 0.5\% | 9.0 |
| Fall River | 34 | 0.5\% | 5,516 | 0.8\% | 6.2 |
| Faulk | 10 | 0.1\% | 1,763 | 0.3\% | 5.7 |
| Grant | 31 | 0.4\% | 5,463 | 0.8\% | 5.7 |
| Gregory | 17 | 0.2\% | 3,245 | 0.5\% | 5.2 |
| Haakon | 47 | 0.7\% | 1,481 | 0.2\% | 31.7 |
| Hamlin | 39 | 0.6\% | 4,056 | 0.6\% | 9.6 |
| Hand | 16 | 0.2\% | 2,579 | 0.4\% | 6.2 |
| Hanson | 14 | 0.2\% | 2,366 | 0.4\% | 5.9 |
| Harding | 9 | 0.1\% | 958 | 0.1\% | 9.4 |
| Hughes | 66 | 0.9\% | 13,417 | 2.0\% | 4.9 |
| Hutchinson | 30 | 0.4\% | 5,537 | 0.8\% | 5.4 |
| Hyde | 5 | 0.1\% | 1,039 | 0.2\% | 4.8 |
| Jackson | 144 | 2.1\% | 2,225 | 0.3\% | 64.7 |
| Jerauld | 5 | 0.1\% | 1,554 | 0.2\% | 3.2 |
| Jones | 10 | 0.1\% | 731 | 0.1\% | 13.7 |
| Kingsbury | 30 | 0.4\% | 3,832 | 0.6\% | 7.8 |
| Lake | 43 | 0.6\% | 10,252 | 1.6\% | 4.2 |
| Lawrence | 474 | 6.8\% | 20,815 | 3.2\% | 22.8 |
| Lincoln | 380 | 5.4\% | 40,655 | 6.2\% | 9.3 |
| Lyman | 14 | 0.2\% | 2,756 | 0.4\% | 5.1 |
| McCook | 23 | 0.3\% | 3,983 | 0.6\% | 5.8 |
| McPherson | 9 | 0.1\% | 1,839 | 0.3\% | 4.9 |
| Marshall | 17 | 0.2\% | 3,693 | 0.6\% | 4.6 |
| Meade | 435 | 6.2\% | 21,509 | 3.3\% | 20.2 |
| Mellette | 111 | 1.6\% | 1,457 | 0.2\% | 76.2 |
| Miner | 14 | 0.2\% | 1,681 | 0.3\% | 8.3 |
| Minnehaha | 635 | 9.1\% | 140,734 | 21.5\% | 4.5 |
| Moody | 20 | 0.3\% | 4,857 | 0.7\% | 4.1 |
| Oglala Lakota | 486 | 6.9\% | 8,963 | 1.4\% | 54.2 |
| Pennington | 593 | 8.5\% | 84,550 | 12.9\% | 7.0 |
| Perkins | 30 | 0.4\% | 2,337 | 0.4\% | 12.8 |
| Potter | 8 | 0.1\% | 1,756 | 0.3\% | 4.6 |
| Roberts | 37 | 0.5\% | 7,382 | 1.1\% | 5.0 |
| Sanborn | 9 | 0.1\% | 1,812 | 0.3\% | 5.0 |
| Spink | 27 | 0.4\% | 4,907 | 0.7\% | 5.5 |


| Surveys Completed by Resident County, 2017 |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |

Source: South Dakota Behavioral Risk Factor Surveillance System, 2017
2017 Population Estimates, United States Census Bureau

## Appendix B: BRFSS Questionnaire

## Section 1: Healthy Status

1.1 Would you say that in general your health is-

1 Excellent
2 Very good
3 Good
4 Fair, or
5 Poor
Don't know / Not sure
Refused

## Section 2: Healthy Days - Health-Related Quality of Life

2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

```
Nōne
Don't know / Not sure
Refused
```

2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

- Number of days

Nōne [IF Q2.1 AND Q2.2 = NONE, GO TO NEXT SECTION]
Don't know / Not sure
Refused
2.3 During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

Nōne
Don't know / Not sure
Refused

## Section 3: Health Care Access

3.1.1 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

1 Yes
2 No
Don't know / Not sure
Refused
3.2 Do you have one person you think of as your personal doctor or health care provider? If "No" ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

1 Yes, only one
2 More than one
3 No
Don't know / Not sure
Refused
3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
3.4 A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition. About how long has it been since you last visited a doctor for a routine checkup?

```
1 Within the past year (anytime less than }12\mathrm{ months ago)
2 Within the past 2 years (1 year but less than 2 years ago)
3 Within the past 5 years (2 years but less than 5 years ago)
4 5 or more years ago
Don't know / Not sure
Never
Refused
```


## Section 4: Hypertension Awareness

4.1 Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

Read only if necessary: By "other health professional" we mean a nurse practitioner, a physician's assistant, or some other licensed health professional.
If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"
1 Yes
2 Yes, but female told only during pregnancy [GO TO NEXT SECTION]
3 No [GO TO NEXT SECTION]
4 Told borderline high or pre-hypertensive [GO TO NEXT SECTION]
Don't know / Not sure [GO TO NEXT SECTION]
Refused
[GO TO NEXT SECTION]
4.2 Are you currently taking medicine for your high blood pressure?
$\begin{array}{ll}1 & \text { Yes } \\ 2 & \text { No }\end{array}$
Don't know / Not sure
Refused

## Section 5: Cholesterol Awareness

5.1 Blood cholesterol is a fatty substance found in the blood. About how long has it been since you last had your blood cholesterol checked?

| 1 | Never [GO TO NEXT SECTION] |
| :--- | :--- |
| 2 | Within the past year (anytime less than 12 months ago) |
| 3 | Within the past 2 years (1 year but less than 2 years ago) |
| 4 | Within the past 5 years (2 years but less than 5 years ago) |
| 5 | 5 or more years ago |
| Don't know / Not sure |  |
| Refused |  |
| [GO TO NEXT SECTION] |  |

5.2 Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?

| 1 | Yes |  |
| :--- | :--- | :--- |
| 2 | No | [GO TO NEXT SECTION] |
| Don't know / Not sure | [GO TO NEXT SECTION] |  |
| Refused | [GO TO NEXT SECTION] |  |

5.3 Are you currently taking medicine prescribed by a doctor or other health professional for your blood cholesterol?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused

## Section 6: Chronic Health Conditions

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."
6.1 (Ever told) you that you had a heart attack also called a myocardial infarction?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
6.2 (Ever told) you had angina or coronary heart disease?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
6.3 (Ever told) you had a stroke?

1 Yes
2 No
Don't know / Not sure
Refused
6.4 (Ever told) you had asthma?

1 Yes
2 No [GO TO Q6.6]
Don't know / Not sure [GO TO Q6.6]
Refused [GO TO Q6.6]
6.5 Do you still have asthma?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
6.6 (Ever told) you had skin cancer?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
6.7 (Ever told) you had any other types of cancer?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
6.8 (Ever told) you have Chronic Obstructive Pulmonary Disease or COPD, emphysema or chronic bronchitis?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
6.9 (Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
ARTHRITIS DIAGNOSES INCLUDE:

- RHEUMATISM, POLYMYALGIA RHEUMATICA
- OSTEOARTHRITIS (NOT OSTEOPOROSIS)
- TENDONITIS, BURSITIS, BUNION, TENNIS ELBOW
- CARPAL TUNNEL SYNDROME, TARSAL TUNNEL SYNDROME
- JOINT INFECTION, REITER'S SYNDROME
- ANKYLOSING SPONDYLITIS; SPONDYLOSIS
- ROTATOR CUFF SYNDROME
- CONNECTIVE TISSUE DISEASE, SCLERODERMA, POLYMYOSITIS, RAYNAUD'S SYNDROME
- VASCULITIS (GIANT CELL ARTERITIS, HENOCH-SCHONLEIN PURPURA, WEGENER'S GRANULOMATOSIS,
- POLYARTERITIS NODOSA)
6.10 (Ever told) you have a depressive disorder, (including depression, major depression, dysthymia), or minor depression?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
6.11 (Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence. [INCONTINENCE IS NOT BEING ABLE TO CONTROL URINE FLOW.]

1 Yes
2 No
Don't know / Not sure Refused
6.12 (Ever told) you have diabetes?
[IF "YES" AND RESPONDENT IS FEMALE, ASK: "WAS THIS ONLY WHEN YOU WERE PREGNANT?"] [IF RESPONDENT SAYS PRE-DIABETES OR BORDERLINE DIABETES, USE RESPONSE CODE 4] 1 Yes
2 Yes, but female told only during pregnancy 3 No
4 No, pre-diabetes or borderline diabetes
Don't know / Not sure
Refused
[IF Q6.12 = 1 (YES), GO TO NEXT QUESTION. IF ANY OTHER RESPONSE TO Q6.12, GO TO PREDIABETES OPTIONAL MODULE (IF USED). OTHERWISE, GO TO NEXT SECTION.]
6.13 How old were you when you were told you have diabetes?

Code age in years [97 = 97 and older]
Don't know / Not sure Refused
[GO TO DIABETES OPTIONAL MODULE (IF USED). OTHERWISE, GO TO NEXT SECTION]

## Section 7: Arthritis Burden

[IF Q6.9 = 1 (YES) THEN CONTINUE, ELSE GO TO NEXT SECTION]
Next, I will ask you about your arthritis.
Arthritis can cause symptoms like pain, aching, or stiffness in or around a joint.
7.1 Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?
$\begin{array}{ll}1 & \text { Yes } \\ 2 & \text { No }\end{array}$
Don't know / Not sure
Refused
IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, SAY: "PLEASE ANSWER THE QUESTION BASED ON YOUR CURRENT EXPERIENCE, REGARDLESS OF WHETHER YOU ARE TAKING ANY MEDICATION OR TREATMENT."
[Q7.2 SHOULD BE ASKED OF ALL RESPONDENTS REGARDLESS OF EMPLOYMENT STATUS.]
7.2 In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?
1
Yes
2 No

Don't know / Not sure
Refused
[IF RESPONDENT GIVES AN ANSWER TO EACH ISSUE (WHETHER RESPONDENT WORKS, TYPE OF WORK, OR AMOUNT OF WORK), THEN IF ANY ISSUE IS "YES" MARK THE OVERALL RESPONSE AS "YES." IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, SAY: "PLEASE ANSWER THE QUESTION BASED ON YOUR CURRENT EXPERIENCE, REGARDLESS OF WHETHER YOU ARE TAKING ANY MEDICATION OR TREATMENT."]
7.3 During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings?

1 A lot
2 A little
3 Not at all
Don't know / Not sure
Refused
[IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, SAY: "PLEASE ANSWER THE QUESTION BASED ON YOUR CURRENT EXPERIENCE, REGARDLESS OF WHETHER YOU ARE TAKING ANY MEDICATION OR TREATMENT."]
7.4 Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. On a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be, DURING THE PAST 30 DAYS, how bad was your joint pain ON AVERAGE?

Enter number [00-10]
Don't know / Not sure Refused

## Section 8: Demographics

8.1 Are you ...

| 1 | Male |
| :--- | :---: |
| 2 | Female |
| Refused |  |

[THIS QUESTION MUST BE ASKED EVEN IF PREVIOUSLY ENTERED SEX IN THE SCREENING QUESTIONS. IT WILL NOT BE ASKED OF PERSONS WHO HAVE SELF-IDENTIFIED SEX IN LL HOUSEHOLD ENUMERATION.THIS QUESTION MAY BE POPULATED BY LANDLINE HOUSEHOLD ENUMERATION ONLY. IT MAY NOT BE POPULATED BY INTERVIEWER ASSIGNMENT OF SEX DURING THE SCREENING FOR CELL PHONE OR PERSONS LIVING IN COLLEGE HOUSING.]
8.2 What is your age?

Code age in years
Dōn't know / Not sure
Refused
8.3 Are you Hispanic, Latino/a, or Spanish origin? If yes, ask: Are you...
[One Or More Categories May Be Selected.]
1 Mexican, Mexican American, Chicano/a
2 Puerto Rican
3 Cuban
4 Another Hispanic, Latino/a, or Spanish origin
5 No
Don't know / Not sure
Refused
8.4 Which one or more of the following would you say is your race?
[SELECT ALL THAT APPLY. IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORIES UNDERNEATH MAJOR HEADING.]

10 White
20 Black or African American
30 American Indian or Alaska Native
40 Asian
41 Asian Indian
42 Chinese
43 Filipino
44 Japanese
45 Korean
46 Vietnamese
47 Other Asian
$50 \quad$ Pacific Islander
51 Native Hawaiian
52 Guamanian or Chamorro
53 Samoan
54 Other Pacific Islander
60 Other
No additional choices
Don't know / Not sure
Refused
[IF MORE THAN ONE RESPONSE TO Q8.4; CONTINUE. OTHERWISE, GO TO Q8.6.]
8.5 Which one of these groups would you say best represents your race?
[IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORY UNDERNEATH MAJOR HEADING. IF RESPONDENT HAS SELECTED MULTIPLE RACES IN PREVIOUS AND REFUSES TO SELECT A SINGLE RACE, CODE "REFUSED."]

| 10 | White |  |
| :---: | :---: | :---: |
| 20 | Black or African American |  |
| 30 | American Indian or Alaska Native |  |
| 40 | Asia |  |
|  | 41 | Asian Indian |
|  | 42 | Chinese |
|  | 43 | Filipino |
|  | 44 | Japanese |
|  | 45 | Korean |
|  | 46 | Vietnamese |
|  | 47 | Other Asian |
| 50 | Pacific Islander |  |
|  | 51 | Native Hawaiian |
|  | 52 | Guamanian or Chamorro |
|  | 53 | Samoan |
|  | 54 | Other Pacific Islander |
| 60 | Other |  |
| Don't know / Not sure |  |  |
| Refused |  |  |

8.6 Are you...?

| 1 | Married |
| :--- | :--- |
| 2 | Divorced |
| 3 | Widowed |
| 4 | Separated |
| 5 | Never married, or |
| 6 | A member of an unmarried couple |
| Refused |  |

8.7 What is the highest grade or year of school you completed?

| 1 | Never attended school or only attended kindergarten |
| :--- | :--- |
| 2 | Grades 1 through 8 (Elementary) |
| 3 | Grades 9 through 11 (Some high school) |
| 4 | Grade 12 or GED (High school graduate) |
| 5 | College 1 year to 3 years (Some college or technical school) |
| 6 | College 4 years or more (College graduate) |
| Refused |  |

8.8 Do you own or rent your home?
$1 \quad$ Own
2
3
3 Rent
Other arrangement
Den't know / Not sure
Refused
["OTHER ARRANGEMENT" MAY INCLUDE GROUP HOME, STAYING WITH FRIENDS OR FAMILY WITHOUT PAYING RENT. HOME IS DEFINED AS THE PLACE WHERE YOU LIVE MOST OF THE TIME/THE MAJORITY OF THE YEAR. IF RESPONDENT ASKS ABOUT WHY WE ARE ASKING THIS QUESTION: WE ASK THIS QUESTION IN ORDER TO COMPARE HEALTH INDICATORS AMONG PEOPLE WITH DIFFERENT HOUSING SITUATIONS.]
8.9 In what county do you currently live?

ANSI County Code (formerly FIPS county code)
Don't know / Not sure
Refused

Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.

| $1 \quad$ Yes |  |
| :--- | :--- |
| 2 | No |
| [GO TO Q8.13] |  |
| Don't know / Not sure | [GO TO Q8.13] |
| Refused | [GO TO Q8.13] |

8.12

How many of these telephone numbers are residential numbers?
Residential telephone numbers [ $6=6$ or more]
Don't know / Not sure
Refused
8.13 Including phones for business and personal use, do you have a cell phone for personal use?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
8.14 Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? [Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.]

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| Don't know / Not sure |  |
| Refused |  |

8.15 Are you currently...?

| 1 | Employed for wages |
| :--- | :--- |
| 2 | Self-employed |
| 3 | Out of work for 1 year or more |
| 4 | Out of work for less than 1 year |
| 5 | A Homemaker |
| 6 | A Student |
| 7 | Retired, or |
| 8 | Unable to work |
| Refused |  |

8.16 How many children less than 18 years of age live in your household?

None
Refused
8.17 Is your annual household income from all sources-

IF RESPONDENT REFUSES AT ANY INCOME LEVEL, CODE REFUSED
04 Less than \$25,000 If "no," ask 05; if "yes," ask 03 (\$20,000 to less than $\$ 25,000$ )
03 Less than \$20,000 If "no," code 04; if "yes," ask 02 (\$15,000 to less than \$20,000)
02 Less than \$15,000 If "no," code 03; if "yes," ask 01 (\$10,000 to less than $\$ 15,000$ )
01 Less than $\$ 10,000$ If "no," code 02
05 Less than \$35,000 If "no," ask 06
( $\$ 25,000$ to less than $\$ 35,000$ )
06 Less than \$50,000 If "no," ask 07
(\$35,000 to less than \$50,000)
07 Less than \$75,000 If "no," code 08
$(\$ 50,000$ to less than $\$ 75,000)$
08 \$75,000 or more
Don't know / Not sure
Refused
8.18 Have you used the internet in the past 30 days?

1 Yes
2 No
Don't know / Not sure
Refused
8.19 About how much do you weigh without shoes? [IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN COLUMN 183. ROUND FRACTIONS UP]

Weight
(pounds/kilograms)
Don't know / Not sure
Refused
8.20 About how tall are you without shoes? [IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN COLUMN 187. ROUND FRACTIONS DOWN]
-- $/$ Height
$\overline{\mathrm{f}} \mathrm{t} /$ inches/meters/centimeters)
Don't know / Not sure
Refused
[IF MALE, GO TO 8.22, IF FEMALE RESPONDENT IS 50 YEARS OLD OR OLDER, GO TO Q8.22]
8.21 To your knowledge, are you now pregnant?
$\begin{array}{ll}1 & \text { Yes } \\ 2 & \text { No }\end{array}$
Don't know / Not sure
Refused
The following questions are about health problems or impairments you may have. Some people who are deaf or have serious difficulty hearing may or may not use equipment to communicate by phone.
8.22 Are you deaf or do you have serious difficulty hearing?

| 1 | Yes |
| :--- | :--- |
| 2 | No |
| Don't know / Not Sure |  |
| Refused |  |

8.23 Are you blind or do you have serious difficulty seeing, even when wearing glasses?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not Sure
Refused
8.24 Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?

```
1 Yes
2 No
Don't know / Not sure
Refused
```

8.25 Do you have serious difficulty walking or climbing stairs?
1 Yes

Don't know / Not sure
Refused
8.26 Do you have difficulty dressing or bathing?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
8.27 Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused

## Section 9: Tobacco Use

9.1 Have you smoked at least 100 cigarettes in your entire life? [5 PACKS $=100$ CIGARETTES]

| 1 | Yes |
| :--- | :--- |
| $2 \quad$ No | [GO TO Q9.5] |
| Don't know / Not sure | [GO TO Q9.5] |
| Refused | [GO TO Q9.5] |

["FOR CIGARETTES, DO NOT INCLUDE: ELECTRONIC CIGARETTES (E-CIGARETTES, NJOY, BLUETIP), HERBAL CIGARETTES, CIGARS, CIGARILLOS, LITTLE CIGARS, PIPES, BIDIS, KRETEKS, WATER PIPES (HOOKAHS), OR MARIJUANA."]
9.2 Do you now smoke cigarettes every day, some days, or not at all?

| 1 | Every day |
| :--- | :--- |
| 2 | Some days |
| 3 | Not at all |

Don't know / Not sure
Refused
[GO TO Q9.4]
[GO TO Q9.5]
[GO TO Q9.5]
9.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

| 1 | Yes |
| :--- | :--- |
| $2 \quad$ No | [GO TO Q9.5] |
| Don't know $/$ Not sure | [GO TO Q9.5] |
| Refused | [GO TO Q9.5] |

9.4 How long has it been since you last smoked a cigarette, even one or two puffs?

01 Within the past month (less than 1 month ago)
02 Within the past 3 months ( 1 month but less than 3 months ago)
03 Within the past 6 months ( 3 months but less than 6 months ago)
04 Within the past year ( 6 months but less than 1 year ago)
05 Within the past 5 years (1 year but less than 5 years ago)
06 Within the past 10 years ( 5 years but less than 10 years ago)
$07 \quad 10$ years or more
08 Never smoked regularly
Don't know / Not sure
Refused
9.5 Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all? [SNUS (RHYMES WITH 'GOOSE')/ SNUS (SWEDISH FOR SNUFF) IS A MOIST SMOKELESS TOBACCO, USUALLY SOLD IN SMALL POUCHES THAT ARE PLACED UNDER THE LIP AGAINST THE GUM.]

1 Every day
2 Some days
3 Not at all
Don't know / Not sure
Refused

## Section 10: E-Cigarettes

"The next 2 questions are about electronic cigarettes and other electronic "vaping" products. These products typically contain nicotine, flavors, and other ingredients. Do not include products used only for marijuana."
[THESE QUESTIONS CONCERN ELECTRONIC VAPING PRODUCTS FOR NICOTINE USE. THE USE OF ELECTRONIC VAPING PRODUCTS FOR MARIJUANA USE IS NOT INCLUDED IN THESE QUESTIONS.]

Read if necessary: Electronic cigarettes (e-cigarettes) and other electronic "vaping" products include electronic hookahs (e-hookahs), vape pens, e-cigars, and others. These products are battery-powered and usually contain nicotine and flavors such as fruit, mint, or candy.
10.1 Have you ever used an e-cigarette or other electronic "vaping" product, even just one time, in your entire life?

1 Yes
2 No [GO TO NEXT SECTION]
Don't know / Not Sure [GO TO NEXT SECTION]
Refused [GO TO NEXT SECTION]
10.2 Do you now use e-cigarettes or other electronic "vaping" products every day, some days, or not at all?

1 Every day
2 Some days
3 Not at all
Don't know / Not sure
Refused

## Section 11: Alcohol Consumption

11.1 During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

1__ Days per week
2-- Days in past 30 days
No drinks in past 30 days Don't know / Not sure Refused
[GO TO NEXT SECTION]
[GO TO NEXT SECTION]
[GO TO NEXT SECTION]
11.2 One drink is equivalent to a 12 -ounce beer, a 5 -ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average? [A 40 OUNCE BEER WOULD COUNT AS 3 DRINKS, OR A COCKTAIL DRINK WITH 2 SHOTS WOULD COUNT AS 2 DRINKS.]

Number of drinks
Dōn't know / Not sure
Refused
11.3 Considering all types of alcoholic beverages, how many times during the past 30 days did you have $X$ [ $\mathrm{X}=5$ FOR MEN, $\mathrm{X}=4$ FOR WOMEN] or more drinks on an occasion?
-- Number of times
$\overline{8} \overline{8} \quad$ None
Don't know / Not sure
Refused
11.4 During the past 30 days, what is the largest number of drinks you had on any occasion?

## Number of drinks

Dōn't know / Not sure
Refused

## Section 12: Fruits and Vegetables

Now think about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks.

INSTRUCTIONS: IF A RESPONDENT INDICATES THAT THEY CONSUME A FOOD ITEM EVERY DAY THEN ENTER THE NUMBER OF TIMES PER DAY. IF THE RESPONDENT INDICATES THAT THEY EAT A FOOD LESS THAN DAILY, THEN ENTER TIMES PER WEEK OR TIME PER MONTH. DO NOT ENTER TIME PER DAY UNLESS THE RESPONDENT REPORTS THAT HE/SHE CONSUMED THAT FOOD ITEM EACH DAY DURING THE PAST MONTH.
12.1 Not including juices, how often did you eat fruit? You can tell me times per day, times per week or times per month. [ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"
READ IF RESPONDENT ASKS WHAT TO INCLUDE OR SAYS 'I DON'T KNOW': INCLUDE FRESH, FROZEN OR CANNED FRUIT. DO NOT INCLUDE DRIED FRUITS.]

| $1--$ | Day |
| :--- | :--- |
| $2--$ | Week |
| $3--$ | Month |
| 300 | Less than once a month |
| Never |  |
| Don't Know |  |
| Refused |  |

12.2 Not including fruit-flavored drinks or fruit juices with added sugar, how often did you drink 100\% fruit juice such as apple or orange juice? [ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.
IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"
READ IF RESPONDENT ASKS ABOUT EXAMPLES OF FRUIT-FLAVORED DRINKS: "DO NOT INCLUDE FRUIT-FLAVORED DRINKS WITH ADDED SUGAR LIKE CRANBERRY COCKTAIL, HI-C, LEMONADE, KOOLAID, GATORADE, TAMPICO, AND SUNNY DELIGHT. INCLUDE ONLY 100\% PURE JUICES OR 100\% JUICE BLENDS."]
$1--\quad$ Day
$2--\quad$ Week
$3--\quad$ Month
$300 \quad$ Less than once a month
Never
Don't Know
Refused
12.3 How often did you eat a green leafy or lettuce salad, with or without other vegetables? [ENTER QUANTITY IN IN TIMES PER DAY, WEEK, OR MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?
READ IF RESPONDENT ASKS ABOUT SPINACH: "INCLUDE SPINACH SALADS."]
$1--\quad$ Day
$2--\quad$ Week
$3--\quad$ Month
$300 \quad$ Less than once a month
Never
Don't Know
Refused
12.4 How often did you eat any kind of fried potatoes, including french fries, home fries, or hash browns? [ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?
READ IF RESPONDENT ASKS ABOUT POTATO CHIPS: "DO NOT INCLUDE POTATO CHIPS."]
$1--\quad$ Day
$2--\quad$ Week
$3--\quad$ Month
$300 \quad$ Less than once a month
Never
Don't Know
Refused
12.5 How often did you eat any other kind of potatoes, or sweet potatoes, such as baked, boiled, mashed potatoes, or potato salad? [ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"
READ IF RESPONDENT ASKS ABOUT WHAT TYPES OF POTATOES TO INCLUDE: "INCLUDE ALL TYPES OF POTATOES EXCEPT FRIED. INCLUDE POTATOES AU GRATIN, SCALLOPED POTATOES."]

1-- Day
2_- Week
3-- Month
300 Less than once a month
Never
Don't Know
Refused
12.6 Not including lettuce salads and potatoes, how often did you eat other vegetables? [ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH. IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"
READ IF RESPONDENT ASKS ABOUT WHAT TO INCLUDE: "INCLUDE TOMATOES, GREEN BEANS, CARROTS, CORN, CABBAGE, BEAN SPROUTS, COLLARD GREENS, AND BROCCOLI. INCLUDE RAW, COOKED, CANNED, OR FROZEN VEGETABLES. DO NOT INCLUDE RICE."

| $1--\quad$ Day |  |
| :--- | :--- |
| $2--$ | Week |
| $3--\quad$ Month |  |
| $300 \quad$ Less than once a month |  |
| Never |  |
| Don't Know |  |
| Refused |  |

## Section 13: Exercise (Physical Activity)

The next few questions are about exercise, recreation, or physical activities other than your regular job duties. [If respondent does not have a "regular job duty" or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.]
13.1 During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

| $1 \quad$ Yes |  |
| :--- | :--- |
| $2 \quad$ No | [GO TO Q13.8] |
| Don't know / Not sure | [GO TO Q13.8] |
| Refused | [GO TO Q13.8] |

13.2 What type of physical activity or exercise did you spend the most time doing during the past month?
(Specify) [See Physical Activity Coding List]
Don't know / Not Sure [GO TO Q13.8]
Refused
[GO TO Q13.8]
[IF THE RESPONDENT'S ACTIVITY IS NOT INCLUDED IN THE PHYSICAL ACTIVITY CODING LIST, CHOOSE THE OPTION LISTED AS "OTHER".]
13.3 How many times per week or per month did you take part in this activity during the past month?

1_ _ Times per week
2_- Times per month
Don't know / Not sure
Refused
13.4 And when you took part in this activity, for how many minutes or hours did you usually keep at it?
$\qquad$
Dō̄n't know / Not sure
Refused
13.5 What other type of physical activity gave you the next most exercise during the past month?

|  | $\quad$ (Specify) |
| :--- | :--- |
| No other activity | [See Physical Activity Coding List] |
| Don't know / Not Sure | [GO TO Q13.8] |
| [GO Q13.8] |  |
| Refused | [GO TO Q13.8] |

## [IF THE RESPONDENT'S ACTIVITY IS NOT INCLUDED IN THE CODING PHYSICAL ACTIVITY LIST, CHOOSE THE OPTION LISTED AS "OTHER".]

13.6 How many times per week or per month did you take part in this activity during the past month?

1_ _ Times per week
2_- Times per month
Don't know / Not sure
Refused
13.7 And when you took part in this activity, for how many minutes or hours did you usually keep at it?
:-_ Hours and minutes
Dō't know / Not sure
Refused
13.8 During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.

1_ _ Times per week
2-- Times per month
Never
Don't know / Not sure
Refused

## Section 14: Seatbelt Use

14.1 How often do you use seat belts when you drive or ride in a car? Would you say -

| 1 | Always |
| :--- | :--- |
| 2 | Nearly always |
| 3 | Sometimes |
| 4 | Seldom |
| 5 | Never |
| Don't know / Not sure |  |
| Never drive or ride in a car |  |
| Refused |  |

## Section 15: Immunization

Now I will ask you questions about the flu vaccine. There are two ways to get the flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist ${ }^{\text {TM }}$.
15.1 During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose? [Read only if necessary: A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.]

| $1 \quad$ Yes |  |
| :--- | :--- |
| 2 | No |
| Don't know / Not sure | [GO TO Q15.3] |
| [GO TO Q15.3] |  |
| Refused | [GO TO Q15.3] |

15.2 During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?
_-I_-_- Month / Year
Dōn't know / Not sure
Refused
15.3 A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

1 Yes
2 No

Don't know / Not sure
Refused
[IF RESPONDENT IS < 49 YEARS OF AGE, GO TO NEXT SECTION.]
15.4. Have you ever had the shingles or zoster vaccine?

1 Yes
2 No
Don't know / Not sure
Refused
[READ IF NECESSARY: SHINGLES IS CAUSED BY THE CHICKEN POX VIRUS. IT IS AN OUTBREAK OF RASH OR BLISTERS ON THE SKIN THAT MAY BE ASSOCIATED WITH SEVERE PAIN. A VACCINE FOR SHINGLES HAS BEEN AVAILABLE SINCE MAY 2006; IT IS CALLED ZOSTAVAX®, THE ZOSTER VACCINE, OR THE SHINGLES VACCINE.]

## Section 16: HIVIAIDS

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.
16.1 Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

| 1 | Yes |
| :--- | :--- |
| $2 \quad$ No | [GO TO Q16.3] |
| Don't know /Not sure | [GO TO Q16.3] |
| Refused | [GO TO Q16.3] |

16.2 Not including blood donations, in what month and year was your last HIV test?
[INSTRUCTIONS: IF RESPONSE IS BEFORE JANUARY 1985, CODE "DON'T KNOW." IF THE RESPONDENT REMEMBERS THE YEAR BUT CANNOT REMEMBER THE MONTH, CODE THE FIRST TWO DIGITS 77 AND THE LAST FOUR DIGITS FOR THE YEAR.]
__I_-_- Code month and year
Don't know / Not sure
Refused / Not sure
16.3 I am going to read you a list. When I am done, please tell me if any of the situations apply to you. You do not need to tell me which one.

You have injected any drug other than those prescribed for you in the past year.
You have been treated for a sexually transmitted disease or STD in the past year.
You have given or received money or drugs in exchange for sex in the past year.
You had anal sex without a condom in the past year.
You had four or more sex partners in the past year.
Do any of these situations apply to you?
1 Yes
2 No
Don't know / Not sure
Refused

## Module 1: Pre-Diabetes

[ONLY ASKED OF THOSE NOT RESPONDING "YES" (CODE = 1) TO CORE Q6.12 (DIABETES AWARENESS QUESTION).]

1. Have you had a test for high blood sugar or diabetes within the past three years?

1 Yes
2 No
Don't know / Not sure
Refused
[IF CORE Q6.12 = 4 (NO, PRE-DIABETES OR BORDERLINE DIABETES); ANSWER Q2 "YES" (CODE = 1).]
2. Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes? INSTRUCTIONS: IF "YES" AND RESPONDENT IS FEMALE, ASK: "WAS THIS ONLY WHEN YOU WERE PREGNANT?"

1 Yes
2 Yes, during pregnancy
3 No
Don't know / Not sure
Refused

## Module 12: Cancer Survivorship

[IF CORE Q6.6 OR Q6.7 = 1 (YES) CONTINUE, ELSE GO TO NEXT MODULE.]
You've told us that you have had cancer. I would like to ask you a few more questions about your cancer.

1. How many different types of cancer have you had?

1 Only one
2 Two
3 Three or more
Don't know / Not sure [GO TO NEXT MODULE]
Refused [GO TO NEXT MODULE]
2. At what age were you told that you had cancer?

- Code age in years ( $97=97$ and older)

Don't know / Not sure
Refused
[IF Q1= 2 (TWO) OR 3 (THREE OR MORE), ASK: "AT WHAT AGE WERE YOU FIRST DIAGNOSED WITH CANCER?]
THIS QUESTION REFERS TO THE FIRST TIME THEY WERE TOLD ABOUT THEIR FIRST CANCER. [IF CORE Q6.6 = 1 (YES) AND Q1 = 1 (ONLY ONE): ASK "WAS IT "MELANOMA" OR "OTHER SKIN CANCER"? THEN CODE 21 IF "MELANOMA" OR 22 IF "OTHER SKIN CANCER]
3. What type of cancer was it?
[IF Q1 = 2 (TWO) OR 3 (THREE OR MORE), ASK: "WITH YOUR MOST RECENT DIAGNOSES OF CANCER, WHAT TYPE OF CANCER WAS IT?] PLEASE READ LIST ONLY IF RESPONDENT NEEDS PROMPTING FOR CANCER TYPE (I.E., NAME OF CANCER) [1-30]:

Breast
01 Breast cancer
Female reproductive (Gynecologic)
02 Cervical cancer (cancer of the cervix)
03 Endometrial cancer (cancer of the uterus)
04 Ovarian cancer (cancer of the ovary)
Head/Neck
05 Head and neck cancer
06 Oral cancer
07 Pharyngeal (throat) cancer
08 Thyroid
09 Larynx
Gastrointestinal
10 Colon (intestine) cancer
11 Esophageal (esophagus)
12 Liver cancer
13 Pancreatic (pancreas) cancer
14 Rectal (rectum) cancer
15 Stomach
Leukemia/Lymphoma (lymph nodes and bone marrow)
16 Hodgkin's Lymphoma (Hodgkin's disease)
17 Leukemia (blood) cancer
18 Non-Hodgkin's Lymphoma
Male reproductive
19 Prostate cancer
20 Testicular cancer
Skin
21 Melanoma
22 Other skin cancer
Thoracic
23 Heart
24 Lung
Urinary cancer:
25 Bladder cancer
26 Renal (kidney) cancer
Others
27 Bone
28 Brain
29 Neuroblastoma
30 Other
Don't know / Not sure
Refused
4. Are you currently receiving treatment for cancer? By treatment, we mean surgery, radiation therapy, chemotherapy, or chemotherapy pills.

| 1 | Yes | [GO TO NEXT MODULE] |
| :--- | :--- | :--- |
| 2 | No, I've completed treatment |  |
| 3 | No, I've refused treatment | [GO TO NEXT MODULE] |
| 4 | No, I haven't started treatment | [GO TO NEXT MODULE] |
| 5 | Treatment was not needed | [GO TO NEXT MODULE] |
| Don't know / Not sure | [GO TO NEXT MODULE] |  |
| Refused | [GO TO NEXT MODULE] |  |

5. What type of doctor provides the majority of your health care?
[IF THE RESPONDENT REQUESTS CLARIFICATION OF THIS QUESTION, SAY: "WE WANT TO KNOW WHICH TYPE OF DOCTOR YOU SEE MOST OFTEN FOR ILLNESS OR REGULAR HEALTH CARE (EXAMPLES: ANNUAL EXAMS AND/OR PHYSICALS, TREATMENT OF COLDS, ETC.)."]

| 01 | Cancer Surgeon |
| :--- | :--- |
| 02 | Family Practitioner |
| 03 | General Surgeon |
| 04 | Gynecologic Oncologist |
| 05 | General Practitioner, Internist |
| 06 | Plastic Surgeon, Reconstructive Surgeon |
| 07 | Medical Oncologist |
| 08 | Radiation Oncologist |
| 09 | Urologist |
| 10 | Other |
| Don't know / Not sure |  |
| Refused |  |

6. Did any doctor, nurse, or other health professional EVER give you a written summary of all the cancer treatments that you received? Read only if necessary: "By 'other healthcare professional', we mean a nurse practitioner, a physician's assistant, social worker, or some other licensed professional."
$1 \quad$ Yes
$2 \quad$ No
Don't know / Not sure
Refused
7. Have you EVER received instructions from a doctor, nurse, or other health professional about where you should return or who you should see for routine cancer check-ups after completing your treatment for cancer?

| $1 \quad$ Yes |  |
| :--- | :--- |
| $2 \quad$ No | [GO TO Q9] |
| Don't know / Not sure | [GO TO Q9] |
| Refused | [GO TO Q9] |

8. Were these instructions written down or printed on paper for you?
$\begin{array}{ll}1 & \text { Yes } \\ 2 & \text { No }\end{array}$
Don't know / Not sure
Refused
9. With your most recent diagnosis of cancer, did you have health insurance that paid for all or part of your cancer treatment? ["HEALTH INSURANCE" ALSO INCLUDES MEDICARE, MEDICAID, OR OTHER TYPES OF STATE HEALTH PROGRAMS.]

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
10. Were you EVER denied health insurance or life insurance coverage because of your cancer?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
11. Did you participate in a clinical trial as part of your cancer treatment?

| 1 | Yes |
| :--- | :--- |
| 2 | No |

Don't know / Not sure
Refused
12. Do you currently have physical pain caused by your cancer or cancer treatment?

| $1 \quad$ Yes |  |
| :--- | :--- |
| $2 \quad$ No | [GO TO NEXT MODULE] |
| Don't know / Not sure | [GO TO NEXT MODULE] |
| Refused | [GO TO NEXT MODULE] |

13. Is your pain currently under control?

1 Yes, with medication (or treatment)
2 Yes, without medication (or treatment)
3 No, with medication (or treatment)
4 No, without medication (or treatment)
Don't know / Not sure
Refused

## Module 16: Preconception Health/Family Planning

[IF RESPONDENT IS FEMALE AND GREATER THAN 49 YEARS OF AGE, HAS HAD A HYSTERECTOMY, IS PREGNANT, OR IF RESPONDENT IS MALE GO TO THE NEXT MODULE.]

The next set of questions asks you about your thoughts and experiences with family planning. Please remember that all of your answers will be kept confidential.

1. Did you or your partner do anything the last time you had sex to keep you from getting pregnant?

| 1 | Yes |  |
| :--- | :--- | :--- |
| 2 | No | [GO TO Q3] |
| 3 | No partner/not sexually active | [GO TO NEXT MODULE] |
| 4 | Same sex partner | [GO TO NEXT MODULE] |
| 5 | Has had a Hysterectomy | [GO TO NEXT MODULE] |
| Don't know/Not sure | [GO TO Q3] |  |
| Refused | [GO TO Q3] |  |

2. What did you or your partner do the last time you had sex to keep you from getting pregnant?
[IF RESPONDENT REPORTS USING MORE THAN ONE METHOD, PLEASE CODE THE METHOD THAT OCCURS FIRST ON THE LIST. IF RESPONDENT REPORTS USING "CONDOMS," PROBE TO DETERMINE IF "FEMALE CONDOMS" OR MALE CONDOMS."

IF RESPONDENT REPORTS USING AN "IUD" PROBE TO DETERMINE IF "LEVONORGESTREL IUD" OR "COPPER-BEARING IUD."<br>IF RESPONDENT REPORTS "OTHER METHOD," ASK RESPONDENT TO "PLEASE BE SPECIFIC" AND ENSURE THAT THEIR RESPONSE DOES NOT FIT INTO ANOTHER CATEGORY. IF RESPONSE DOES FIT INTO ANOTHER CATEGORY, PLEASE MARK APPROPRIATELY.]

```
01 Female sterilization (ex. Tubal ligation, Essure, Adiana) [GO TO NEXT MODULE]
02 Male sterilization (vasectomy) [GO TO NEXT MODULE]
03 Contraceptive implant (ex. Implanon) [GO TO NEXT MODULE]
04 Levonorgestrel (LEE-voe-nor-JES-trel) (LNG) or hormonal IUD (ex. Mirena) [GO TO NEXT
    MODULE]
    Copper-bearing IUD (ex. ParaGard) [GO TO NEXT MODULE]
    IUD, type unknown [GO TO NEXT MODULE]
    Shots (ex. Depo-Provera) [GO TO NEXT MODULE]
    Birth control pills, any kind [GO TO NEXT MODULE]
    Contraceptive patch (ex. Ortho Evra) [GO TO NEXT MODULE]
    Contraceptive ring (ex. NuvaRing) [GO TO NEXT MODULE]
    Male condoms [GO TO NEXT MODULE]
    Diaphragm, cervical cap, sponge [GO TO NEXT MODULE]
    Female condoms [GO TO NEXT MODULE]
    Not having sex at certain times (rhythm or natural family planning) [GO TO NEXT MODULE]
    Withdrawal (or pulling out) [GO TO NEXT MODULE]
    Foam, jelly, film, or cream [GO TO NEXT MODULE]
    Emergency contraception (morning after pill) [GO TO NEXT MODULE]
    Other method [GO TO NEXT MODULE]
    Don't know/Not sure
    Refused
```

Some reasons for not doing anything to keep you from getting pregnant the last time you had sex might include wanting a pregnancy, not being able to pay for birth control, or not thinking that you can get pregnant.
3. What was your main reason for not doing anything the last time you had sex to keep you from getting pregnant? [IF RESPONDENT REPORTS "OTHER REASON," ASK RESPONDENT TO "PLEASE SPECIFY" AND ENSURE THAT THEIR RESPONSE DOES NOT FIT INTO ANOTHER CATEGORY. IF RESPONSE DOES FIT INTO ANOTHER CATEGORY, PLEASE MARK APPROPRIATELY.]

01 You didn't think you were going to have sex/no regular partner
02 You just didn't think about it
03 Don't care if you get pregnant
04 You want a pregnancy
05 You or your partner don't want to use birth control
06 You or your partner don't like birth control/side effects
07 You couldn't pay for birth control
08 You had a problem getting birth control when you needed
09 Religious reasons
10 Lapse in use of a method

## Module 28: Random Child Selection

IF CORE Q8.16 = NO CHILDREN UNDER AGE 18 IN THE HOUSEHOLD, OR REFUSED, GO TO NEXT MODULE.

IF CORE Q8.16 = 1, PLEASE READ: "PREVIOUSLY, YOU INDICATED THERE WAS ONE CHILD AGE 17 OR YOUNGER IN YOUR HOUSEHOLD. I WOULD LIKE TO ASK YOU SOME QUESTIONS ABOUT THAT CHILD." [GO TO Q1]

IF CORE Q8.16 IS >1 AND CORE Q8.16 DOES NOT EQUAL 88 OR 99, PLEASE READ: "PREVIOUSLY, YOU INDICATED THERE WERE [NUMBER] CHILDREN AGE 17 OR YOUNGER IN YOUR HOUSEHOLD. THINK ABOUT THOSE [NUMBER] CHILDREN IN ORDER OF THEIR BIRTH, FROM OLDEST TO YOUNGEST. THE OLDEST CHILD IS THE FIRST CHILD AND THE YOUNGEST CHILD IS THE LAST. PLEASE INCLUDE CHILDREN WITH THE SAME BIRTH DATE, INCLUDING TWINS, IN THE ORDER OF THEIR BIRTH."

RANDOMLY SELECT ONE OF THE CHILDREN. THIS IS THE "XTH" CHILD. PLEASE SUBSTITUTE "XTH" CHILD'S NUMBER IN ALL QUESTIONS BELOW.

I have some additional questions about one specific child. The child I will be referring to is the "Xth" [PLEASE FILL IN CORRECT NUMBER] CHILD IN YOUR HOUSEHOLD. ALL FOLLOWING QUESTIONS ABOUT CHILDREN WILL BE ABOUT THE "XTH" [PLEASE FILL IN CHILD.]

1. What is the birth month and year of the "Xth" child?

$$
\begin{aligned}
& \bar{D}^{\prime} \text { I- }-\overline{\text { Connow }} \text { / Not sure month and year } \\
& \text { Refused }
\end{aligned}
$$

CALCULATE THE CHILD'S AGE IN MONTHS (CHLDAGE1=0 TO 216) AND ALSO IN YEARS (CHLDAGE2=0 TO 17) BASED ON THE INTERVIEW DATE AND THE BIRTH MONTH AND YEAR USING A VALUE OF 15 FOR THE BIRTH DAY. IF THE SELECTED CHILD IS < 12 MONTHS OLD ENTER THE CALCULATED MONTHS IN CHLDAGE1 AND 0 IN CHLDAGE2. IF THE CHILD IS > 12 MONTHS ENTER THE CALCULATED MONTHS IN CHLDAGE1 AND SET CHLDAGE2=TRUNCATE (CHLDAGE1/12).
2. Is the child a boy or a girl?

| 1 | Boy |
| :--- | :--- |
| 2 | Girl |
| Refused |  |

3. Is the child Hispanic, Latino/a, or Spanish origin?

1 Mexican, Mexican American, Chicano/a
2 Puerto Rican
3 Cuban
4 Another Hispanic, Latino/a, or Spanish origin
5 No
Don't know / Not sure
Refused
4. Which one or more of the following would you say is the race of the child?

SELECT ALL THAT APPLY. IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORIES UNDERNEATH MAJOR HEADING.

| 10 | White |  |
| :--- | :--- | :--- |
| 20 | Black or African American |  |
| 30 | American Indian or Alaska Native |  |
| 40 | Asian |  |
|  | 41 | Asian Indian |
|  | 42 | Chinese |
|  | 43 | Filipino |
|  | 44 | Japanese |
|  | 45 | Korean |
|  | 46 | Vietnamese |
| 50 | 47 | Other Asian |
|  | Pacific Islander |  |
|  | 51 | Native Hawaiian |
|  | 52 | Guamanian or Chamorro |
|  | 53 | Samoan |
| 60 | 54 | Other Pacific Islander |
| Other |  |  |
| 88 | No additional choices |  |
| Don't know / Not sure |  |  |
| Refused |  |  |

5. Which one of these groups would you say best represents the child's race?

IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORIES UNDERNEATH MAJOR HEADING.

| 10 | White |  |
| :--- | :--- | :--- |
| 20 | Black or African Amer |  |
| 30 | American Indian or Alask |  |
| 40 | Asian |  |
|  | 41 | Asian Indian |
|  | 42 | Chinese |
| 43 | Filipino |  |
|  | 44 | Japanese |
|  | 45 | Korean |
| 46 | Vietnamese |  |
|  | 47 | Other Asian |

50 Pacific Islander
51 Native Hawaiian
52 Guamanian or Chamorro
53 Samoan
54 Other Pacific Islander
60
Don't know / Not sure
Refused
6. How are you related to the child?

1 Parent (include biologic, step, or adoptive parent)
2 Grandparent
$3 \quad$ Foster parent or guardian
4 Sibling (include biologic, step, and adoptive sibling)
5 Other relative
6 Not related in any way
Don't know / Not sure
Refused

## SOUTH DAKOTA'S 2017 STATE-ADDED QUESTIONS

## health Care coverage

If " 1 " to Q. 3.1, continue. Otherwise go to SD01Q02.
SD01Q01. Earlier you were asked some questions about your health care coverage. We'd now like to ask you what type of health care coverage you use to pay for most of your medical care?

Is it coverage through:
01 Your employer
02 Someone else's employer
03 A plan that you or someone else buys on your own
04 Medicare
05 Medicaid or Medical Assistance
06 The military, CHAMPUS, TriCare, or the VA
07 The Indian Health Service
08 Some other source
None
Don't know/Not sure
Refused

Go to Q. SD02Q01.
If "2" to Q. 3.1, continue. Otherwise go to SD02Q01.
SD01Q02. Earlier you indicated that you did not have any type of health care coverage, but there are some types of coverage you may not have considered. Please tell me if you have any of the following:

Coverage through:
01 Your employer
02 Someone else's employer
03 A plan that you or someone else buys on your own
04 Medicare
05 Medicaid or Medical Assistance
06 The military, CHAMPUS, TriCare, or the VA
07 The Indian Health Service
08 Some other source
None
Don't know/Not sure
Refused

## TOBACCO

If " 1 " to Q. 3.4, And If ("1" or "2" to Q. 9.2) or ("1" or "2" to Q. 9.5), continue. Otherwise, go to SD02Q02.

SD02Q01. In the past 12 months, has a doctor, nurse, or other health professional advised you to (quit smoking or stop using spit tobacco)?

1 Yes
2 No
Don't Know/Not Sure
Refused

If "1" or "2" to Q. 8.15, continue. Otherwise, go to SD02Q04.
SD02Q02. While working at your job, are you indoors most of the time?
1 Yes
2 No Go to SD02Q04
Don't Know/Not Sure Go to SD02Q04
Refused Go to SD02Q04
SD02Q03. Which of the following best describes your place of work's official smoking policy for work areas?

1 Not allowed in any work areas
2 Allowed in some work areas
3 Allowed in all work areas
4 No official policy
Don't know/Not sure
Refused
SD02Q04. Which statement best describes the rules about smoking inside your home? Do not include decks, garages, or porches.
1 Smoking is not allowed anywhere inside your home Go to SD02Q06
2 Smoking is allowed in some places or at some times
3 Smoking is allowed anywhere inside your home
4 There are no rules about smoking inside your home
Don't know / Not sure
Refused

SD02Q05. On how many of the past 7 days did someone smoke in your home while you were there?
Number of days
$\overline{5} \overline{\text { Not }}$ at home in the past 7 days
None
Don't know / Not sure
Refused

If "1" or "2" to Q. 10.2, continue. Otherwise, go to SD03Q01.
SD02Q06. During the past 30 days on how many days did you use electronic cigarettes or E-cigarettes?
Number of Days [Range 1-30]
$\overline{8} \overline{8}$ None
Don't know/Not sure
Refused

## Actions to Control High Blood Pressure

If "1" to Q. 4.1 in Section 4, continue. Otherwise, go to Q. SD04Q01.
Are you now doing any of the following to help lower or control your high blood pressure?
SD03Q01. (Are you) changing your eating habits (to help lower or control your high blood pressure)?
1 Yes
2 No
Don't know / Not sure
Refused

SD03Q02. (Are you) cutting down on salt (to help lower or control your high blood pressure)?
1 Yes
2 No
3 Do not use salt
Don't know / Not sure
Refused
SD03Q03. (Are you) reducing alcohol use (to help lower or control your high blood pressure)?
1 Yes
2 No
3 Do not drink
Don't know / Not sure
Refused
If "1" to Q. 13.1 in Section 13, continue. Otherwise, go to SD04Q01.
SD03Q04. (Are you) exercising (to help lower or control your high blood pressure)?
1 Yes
2 No
Don't know / Not sure
Refused

## SUBSTANCE ABUSE AND MENTAL HEALTH

SD04Q01. During the past 12 months, how many times have you taken a prescription pain medication such as OxyContin, Percocet, Vicodin, Tramadol, or Fentanyl?

Number of Times
Nōne
Don't know/Not sure Refused

SD04Q02. Are you now taking medicine or receiving treatment from a doctor or other health professionals for any type of mental health condition or emotional problem?
1 Yes
2 No
Don't know/Not sure
Refused

SD04Q03. Have you ever been treated or are you currently being treated by a health care professional for substance abuse?

1 Yes
2 No
Don't know/Not sure
Refused

## ADVANCE DIRECTIVE

SD05Q01. An advance directive is a document that states what kind of health care treatment you would want to receive, or not want to receive, if you could not speak for yourself. Have you completed an advance directive?
1 Yes
2 No
Don't know/Not sure
Refused

## CHILDREN'S HEALTH INSURANCE

If the total number of children (ages $0-17$ ) is equal to or greater than 1 according to Q .8 .16 , continue. Otherwise, go to SD08Q01.

I'm now going to ask you some more questions about the child in the household that we talked about earlier.
SD06Q01. Does this child have health coverage?

| $1 \quad$ Yes |  |
| :--- | :--- |
| $2 \quad$ No | Go to SD06Q03 |
| Don't Know/Not Sure | Go to SD07Q01 |
| Refused | Go to SD07Q01 |

SD06Q02. What type of health coverage do you use to pay for most of this child's medical care?
01 Your employer
02 Someone else's employer
03 A plan that you or someone else buys on your own
04 Medicare
05 Medicaid, CHIP, or Medical Assistance
06 The military, CHAMPUS, TriCare, or the VA
07 The Indian Health Service (IHS)
09 Community Health Services
08 Some other source
88 None
Don't know/Not sure
Refused
Go to SD07Q01.
SD06Q03. There are some types of coverage you may not have considered, please tell me if this child is covered by any of the following.
01 Your employer
02 Someone else's employer
03 A plan that you or someone else buys on your own
04 Medicare

05 Medicaid, CHIP, or Medical Assistance
06 The military, CHAMPUS, TriCare, or the VA
07 The Indian Health Service
09 Community Health Services
08 Some other source
88 None
Don't know/Not sure
Refused

## CHILDREN'S ORAL HEALTH

If child's age is greater than or equal to 1 continue.
SD07Q01. How long has it been since this child last visited the dentist or a dental clinic?
1 Within the past year (1 to 12 months ago) Go to SD07Q03
2 Within the past 2 years ( 1 to 2 years ago)
3 Within the past 5 years ( 2 to 5 years ago)
45 or more years ago
7 Don't Know/Not Sure Go to SD07Q03
Never
Refused Go to SD07Q03
SD07Q02. What is the main reason this child has not visited the dentist in the last year?
01 Fear, apprehension, nervousness, pain, dislike going
02 Cost
03 Do not have/know a dentist
04 Cannot get to the office/clinic (too far away, no transportation, no appointments available)
05 No reason to go (no problems, no teeth)
06 Other priorities
07 Have not thought of it
08 Other
Don't Know/Not Sure
Refused

SD07Q03. Do you have any kind of insurance coverage that pays for some or all of this child's routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicare?

1 Yes
2 No
Don't Know/Not Sure
Refused
SD07Q04. During the past 6 months, did this child have a toothache more than once, when biting or chewing?
1 Yes
2 No
Don't Know/Not Sure
Refused

SD07Q05. During the past 12 months, how many times has this child missed school because of problems with their teeth or mouth?
$\__{-}=$Number of times [76=76+ times]
Nōne
Don't know/Not sure
Refused
SD07Q06. During the past 12 months, how many times has this child visited a hospital emergency room because of dental problems?
$Z_{-}=$Number of times [76=76+ times]
None
Don't know/Not sure
Refused

## Adverse Childhood Experiences

l'd like to ask you some questions about events that happened during your childhood. This information will allow us to better understand problems that may occur early in life, and may help others in the future. This is a sensitive topic and some people may feel uncomfortable with these questions. At the end of this section, I will give you a phone number for an organization that can provide information and referral for these issues. Please keep in mind that you can ask me to skip any question you do not want to answer.

All questions refer to the time period before you were 18 years of age. Now, looking back before you were 18 years of age-

SD08Q01. Did you live with anyone who was depressed, mentally ill, or suicidal?
1 Yes
2 No
Don't Know/Not Sure
Refused
SD08Q02. Did you live with anyone who was a problem drinker or alcoholic?
1 Yes
2 No
Don't Know/Not Sure
Refused
SD08Q03. Did you live with anyone who used illegal street drugs or who abused prescription medications?
1 Yes
2 No
Don't Know/Not Sure
Refused
SD08Q04. Did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility?
1 Yes
2 No
Don't Know/Not Sure
Refused

SD08Q05. Were your parents separated or divorced?
1 Yes
2 No
Don't Know/Not Sure
Refused
SD08Q06. How often did your parents or adults in your home ever slap, hit, kick, punch, or beat each other up?
1 Never
2 Once
3 More than once
Don't know / Not sure
Refused
SD08Q07. Before age 18, how often did a parent or adult in your home ever hit, beat, kick, or physically hurt you in any way? Do not include spanking. Would you say---
1 Never
2 Once
3 More than once
Don't know / Not sure
Refused
SD08Q08. How often did a parent or adult in your home ever swear at you, insult you, or put you down?
1 Never
2 Once
3 More than once
Don't know / Not sure
Refused
SD08Q09. How often did anyone at least 5 years older than you or an adult touch you sexually?
1 Never
2 Once
3 More than once
Don't know / Not sure
Refused
SD08Q10. How often did anyone at least 5 years older than you or an adult try to make you touch them sexually?
1 Never
2 Once
3 More than once
Don't know / Not sure
Refused

SD08Q11. How often did anyone at least 5 years older than you or an adult force you to have sex?
1 Never
2 Once
3 More than once
Don't know / Not sure
Refused
As I mentioned when we started this section, I would give you a phone number for an organization that can provide information and referral for these issues. You can call the National Hotline for child abuse at 1-800-4224453 to reach a referral service to locate an agency in your area.

## CLOSING STATEMENT

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.

## Activity List for Common Leisure Activities

 (To be used for Section 12: Physical Activity)Code Description (Physical Activity, Questions 12.2 and 12.5 above)

01 Active Gaming Devices (Wii Fit, Dance, Dance revolution)
02 Aerobics video or class
03 Backpacking
04 Badminton
05 Basketball
06 Bicycling machine exercise
07 Bicycling
08 Boating (Canoeing, rowing, kayaking, sailing for
pleasure or camping)
09 Bowling
10 Boxing
11 Calisthenics
12 Canoeing/rowing in competition
13 Carpentry
14 Dancing-ballet, ballroom, Latin, hip hop, Zumba, etc.
15 Elliptical/EFX machine exercise
16 Fishing from river bank or boat
17 Frisbee
18 Gardening (spading, weeding, digging, filling)
19 Golf (with motorized cart)
20 Golf (without motorized cart)
21 Handball
22 Hiking - cross-country
23 Hockey
24 Horseback riding
25 Hunting large game - deer, elk
26 Hunting small game - quail
27 Inline Skating
28 Jogging
29 Lacrosse
30 Mountain climbing
31 Mowing lawn
32 Paddleball
33 Painting/papering house
34 Pilates
35 Racquetball
36 Raking lawn/trimming hedges
37 Running
38 Rock climbing

39 Rope skipping
40 Rowing machine exercises
41 Rugby
42 Scuba diving
43 Skateboarding
44 Skating - ice or roller
45 Sledding, tobogganing
46 Snorkeling
47 Snow blowing
48 Snow shoveling by hand
49 Snow skiing
50 Snowshoeing
51 Soccer
52 Softball/Baseball
53 Squash
54 Stair climbing/Stair master
55 Stream fishing in waders
56 Surfing
57 Swimming
58 Swimming in laps
59 Table tennis
60 Tai Chi
61 Tennis
62 Touch football
63 Volleyball
64 Walking
66 Waterskiing
67 Weight lifting
68 Wrestling
69 Yoga
71 Childcare
72 Farm/Ranch Work (caring for livestock, stacking hay, etc.)
73 Household Activities (vacuuming, dusting, home repair, etc.)
74 Karate/Martial Arts
75 Upper Body Cycle (wheelchair sports, ergometer
76 Yard work (cutting/gathering wood, trimming,
etc.)
98 Other $\qquad$
99 Refused


[^0]:    Note: *Results based on small sample sizes have been suppressed.
    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

[^1]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

[^2]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

[^3]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

[^4]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2012-2017

[^5]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

[^6]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

[^7]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

[^8]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2017

[^9]:    Note: This question was not asked in 2014 or 2016.
    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

[^10]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

[^11]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

[^12]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2011-2017

[^13]:    Note: *Results based on small sample sizes have been suppressed.
    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2013-2017

[^14]:    Note: *Results based on small sample sizes have been suppressed.
    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

[^15]:    Source: The Behavioral Risk Factor Surveillance System, South Dakota Department of Health, 2016-2017

