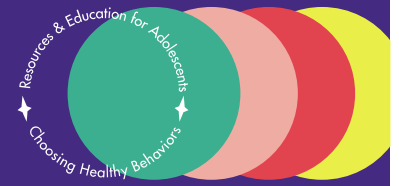


# REACH



## FAMILIES TALKING TOGETHER

**RESOURCES FOR PARENTS** with youth 10-17 years old.

### KEY FEATURES

Families Talking Together is an evidence-based curriculum for parents or caregivers of youth.

- Discussion of strategies and approaches for parents or caregivers to initiate conversations about youth risk behaviors.
- Resources and information to encourage youth to build healthy relationships and learn risk reduction tactics will be provided.

### WHAT TO EXPECT

Parents will meet with a trained facilitator for two 1-2 hour sessions, and again for a follow-up support meeting.

### IMPACT

Strengthen relationships between parents and adolescents to reduce risky behaviors such as:

- Unhealthy Relationships
- Drug and Alcohol Use
- Unplanned teen pregnancy, STIs, and HIV
- Sexual Activity

### COMPONENTS

Practice and identify skills to inform relationships between parents and adolescents with emphasis on:

- Aspects of Quality Relationships
- Communication
- Monitoring and Supervision
- Enforcement of Rules and Expectations
- Consistent Use of Consequences

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SOUTH DAKOTA  
DEPARTMENT OF HEALTH



Independent  
Living Services