



Pregnancy Weight Gain Resource Order Form



The following materials can be ordered from South Dakota Department of Health, Perinatal Health Program at 600 E. Capitol Pierre, SD 57501 or FAX 605.773.5683 or email DOH.PerinatalHealth@state.sd.us

Prenatal weight gain grids

Quantity
____ pads Underweight (50 sheets per pad)
____ pads Normal (50 sheets per pad)
____ pads Overweight (50 sheets per pad)
____ pads Obese (50 sheets per pad)

BMI wall chart

Quantity
____ BMI wall chart

Patient education brochure

Quantity
____ I didn't Know! My weight matters
____ A Healthy Mom's Daily Food Guide

Poster

Quantity
____ 8 1/2x11 size poster "I didn't Know! My weight matters"
____ 18 x 24 size poster "I didn't Know! My weight matters"

Resource toolkit

Quantity
____ kits Pregnancy weight gain resource toolkit

Healthy Smiles for Two - order by going to <http://doh.sd.gov/prevention/oralhealth/>

Send to: _____
Name

Mailing address

City State Zip

Contact name Phone number