



**SOUTH DAKOTA DEPARTMENT OF HEALTH  
Office of Health Care Facilities Licensure and Certification  
Assisted Living Center Optional Services and Practitioner Review**

44:70:04:13:01 this form is required to be used and not modified

\_\_\_\_\_ (facility name) assisted living center is licensed by the South Dakota Department of Health to provide the following additional services beyond basic assisted living level of care as permitted by the Administrative Rules of South Dakota (ARSD) 44:70 Assisted Living Centers.

**Provider - Please check those optional services the facility is licensed to provide.**

- Medication Administration
- Accept and retain Cognitively Impaired Residents
- Accept and retain Physically Impaired Residents
- Accept and retain Residents Incapable of Self-preservation
- Accept and retain Residents Dependent on Supplemental Oxygen
- Accept and retain Residents Requiring Therapeutic Diets
- Accept Residents that have Elected Hospice
- Accept and retain Residents who Require Dining Assistance
- Accept and retain Residents who Require Total Assistance with ADLs or Two-person Assist

**An assisted living center may not admit or retain residents who require more than intermittent nursing care or rehabilitation services. Reference ARSD 44:70:01:05 Restrictions on acceptance and retaining of residents and 44:70:04:14(1) Optional services. If the provider is licensed for ARSD for 44:70:04:14(9) dining assistance 44:70:01:05(6)(d) would not be applicable. If the provider is licensed for ARSD for 44:70:04:14(10) total assistance with ADLs or two-person assist ARSD 44:70:01:05(6)(a), (b), and (c) would not be applicable.**

\_\_\_\_\_  
Administrator or Authorized Representative

\_\_\_\_\_  
Date

**Physician, Physician Assistant, or Nurse Practitioner Section**

I have seen \_\_\_\_\_ (Print Resident's Name) and approve admission or retention at the above assisted living center after reviewing the above additional optional services to determine proper level of care and services.

\_\_\_\_\_  
Physician, Physician Assistant, or Nurse Practitioner Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

**Definitions and specific regulations on the reverse side.**

**DEFINITIONS:**

ARSD 44:70:01:01(8) Cognitively impaired - a resident with mental deficiencies which result in a diminished ability to solve problems, to exercise good judgment in the context of a value system, to remember, and to be aware of and respond to safety hazards.

ARSD 44:70:01:01(46) Self-administration of medications - the removal of the correct dosage from the pharmaceutical container and self-injecting, -ingesting, or -applying the medication with no assistance or with assistance from qualified personnel of the facility for the correct dosage or frequency.

ARSD 44:70:01:01(52) Therapeutic diet, any diet other than a regular diet, excluding low sodium diets, that is ordered by a physician as part of the treatment for a disease or clinical condition to increase, decrease, or to eliminate certain substances in the diet, and to alter food consistency.

**REGULATIONS:**

44:70:01:05(2) Restrictions on acceptance and retaining of residents. A licensed facility may not accept or retain resident who require care in excess of the classification for which it is licensed.

44:70:01:05(6) An assisted living center may admit and retain any resident who is able to:

- a. Turn self in bed and raise from bed or chair independently or with assistance of one staff.
- b. Transfer independently or with assist of one staff and do not require a mechanical lift.
- c. Complete activities of daily living of mobility or ambulation, dressing, toileting, personal hygiene, and bathing with assist of one staff but less than total assist.
- d. Feed self with set up, cueing, and supervision.
- e. Complete own ostomy or catheter cares.
- f. Display normal expected behaviors for condition that do not place self or others at risk.
- g. Complete own injections if scheduled or required or provided by nursing staff if assisted living staffing allows.
- h. Manage cares for his or her own feeding tube, tracheostomy, or other high tech equipment.
- i. Remains free from the need for restraints, except for admission to a secured unit.
- j. Demonstrate no need for skilled services unless provided by contract with a Medicare certified home health agency or assisted living nursing staff for a limited time with a planned end date.
- k. Be free from communicable diseases that place other residents or staff at risk.
- l. Maintain conditions that are stable and controlled that do not require frequent nursing care.

ARSD 44:70:04:14(4) Physical impairment prevents a resident from ambulating independently.

ARSD 44:70:04:14(5) Not capable of self-preservation (mental and physical capacity for a resident to provide for their own needs or safety without assistance of another person) shall meet NFPA 101 Life Safety Code occupancy standards or equip the facility with complete automatic sprinkler protection.

44:70:04:14(6) Dependent on Supplemental Oxygen (the administration of oxygen as a medical intervention) shall train staff regarding oxygen safety, proper administration of oxygen, and shall practice safe oxygen handling procedures.

44:70:04:14(7) Therapeutic diet, excluding low sodium diets, shall employ or contract with a dietitian.

44:70:04:14(8) Provision for a certified hospice provider permitted to serve residents who have elected hospice. SD DOH required notifications, staffing and training requirements, and coordination of a care plan between the ALC and the hospice provider.

44:70:04:14(9) Provision to allow staff who have completed an approved nutrition and hydration dining program to assist feeding residents under the supervision of a registered nurse.

44:70:04:14(10) Provision to allow staff who have completed an approved nurse aide training program in accordance to assist residents who require total assistance with ADLs or the assistance of two staff for repositioning or transferring.

ARSD 44:70:05:04 Intermittent nursing care - Skilled nursing services or rehabilitation services provided to residents of assisted living centers must be limited to less than eight hours per day and 28 or fewer hours each week. The service providing the care must specify a planned completion date based on the assessments conducted. An unlicensed employee of a licensed facility may not accept any delegated skilled tasks from any nonemployed, noncontracted skilled nursing and therapy providers pursuant to SDCL chapters 36-9, 36-10, and 36-31.