

**SOUTH DAKOTA BOARD OF NURSING**

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IN THE MATTER OF THE LICENSURE :  
PROCEEDINGS :

RE: KAY LYNN CAIN, RN :  
License No. R031317, :  
Licensee. :

**VOLUNTARY SURRENDER  
CONSENT ORDER**

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WHEREAS, Kay Lynn Cain, RN (“Licensee”), is licensed to practice as a registered nurse in the State of South Dakota and holds License number R031317; and

WHEREAS, on or about April 23, 2012, the Licensee became a voluntary participant in the South Dakota Health Professionals Assistance Program (“HPAP”) following her completion of inpatient treatment at Hazelden where she was diagnosed with alcohol dependence and over-the-counter drug abuse (Benadryl). Licensee was compliant with the participation agreement with HPAP until the end of August 2013 when she had a relapse. The Licensee voluntarily signed a Voluntary Refrain from Practice in September 2013 and remains refrained to date. Licensee continued in the HPAP program and self-reported use of alcohol on November 15, 2013. Licensee started an intensive outpatient program on November 25, 2013, and successfully completed this treatment in January 2014; and

WHEREAS, on November 25, 2013, the South Dakota Board of Nursing (“Board”) was advised that the Licensee had had a relapse with alcohol which evidenced non-compliance with HPAP. The Licensee was issued a Letter of Reprimand with continued mandated HPAP on January 28, 2014; and

WHEREAS, on March 12, 2014, the Board was notified by HPAP that the Licensee had a positive drug screen for tramadol on February 28, 2014, for which she did not have a valid prescription; and

WHEREAS, Licensee has agreed that she would surrender her South Dakota nursing license to address her ongoing situation; and

WHEREAS, the Board has a statutory obligation to protect the public health, safety and welfare set forth in SDCL §36-9, including the protection of the public from unsafe nursing practices and practitioners; and

WHEREAS, Licensee agrees that the matters under investigation would be of a nature that would constitute grounds for the discipline of her license to practice nursing in South Dakota under SDCL § 36-9-49; and

WHEREAS, the Licensee agrees that she enters into this Voluntary Surrender Consent Order voluntarily and without duress or compulsion, in full understanding of the legal consequences of this document and her rights; therefore,

IT IS HEREBY STIPULATED AND AGREED AS FOLLOWS:

1. That the Board has jurisdiction over the person of the Licensee and the subject matter of this Voluntary Surrender Consent Order.

2. That on or about April 23, 2012, the Licensee became a voluntary participant in HPAP following her completion of inpatient treatment at Hazelden where she was diagnosed with alcohol dependence and over-the-counter drug abuse (Benadryl). Licensee was compliant with the participation agreement with HPAP until the end of August 2013 when she had a relapse. The Licensee voluntarily signed a Voluntary Refrain from Practice in September 2013 and remains refrained to date. Licensee continued in the HPAP program and self-reported use of alcohol on November 15, 2013. Licensee started an intensive outpatient program on November 25, 2013, and successfully completed this treatment in January 2014.

On November 25, 2013, the Board was advised that the Licensee had had a relapse with alcohol which evidenced non-compliance with HPAP. The Licensee was issued a Letter of Reprimand with continued mandated HPAP on January 28, 2014.

On March 12, 2014, the Board was notified by HPAP that the Licensee had a positive drug screen for tramadol on February 28, 2014, for which she did not have a valid prescription.

Licensee has agreed that she would surrender her South Dakota nursing license to address her ongoing situation and now intends to leave the profession of nursing as a registered nurse.

3. That the Licensee has been given an opportunity to discuss this Voluntary Surrender Consent Order with an attorney of Licensee's choice, and is aware of her right to a hearing in this matter, and of her rights under the United States and South Dakota Constitutions, laws, rules and/or regulations. Licensee hereby voluntarily waives all such rights to a hearing, notice, appearance, or any other rights under said Constitutions, laws, rules and/or regulations. Licensee also agrees that the Board's Executive Director or her designee may present this Voluntary Surrender Consent Order to the Board and disclose to the Board all items of her investigation, including, but not limited to, any communications with Licensee.

4. That the Licensee's license to practice nursing in South Dakota and her privilege to practice nursing pursuant to the Nurse Licensure Compact shall be surrendered and the Board shall suspend said license for an indefinite period from the date of this Order. Licensee may apply to have her license reinstated for good cause shown.

5. That nothing in this Voluntary Surrender Consent Order should imply that the Licensee shall be reinstated. Licensee recognizes that the reinstatement terms, as well as the requirements for reinstatement, are at the sole discretion of the Board.

6. That if the Licensee requests reinstatement, Licensee has the burden of presenting information showing that Licensee's license should be reinstated.

7. That it is further stipulated and agreed that this Voluntary Surrender Consent Order is being entered into voluntarily by the Licensee and without threats or coercion and is entered into after the Licensee has been given ample opportunity to consider these matters and to discuss this Voluntary Surrender Consent Order with an attorney of Licensee's choice and that the Licensee has a full understanding of the legal consequences of this Voluntary Surrender Consent Order and of the Licensee's rights to a formal hearing on these matters, which rights are hereby waived by the signing of this Voluntary Surrender Consent Order.

8. Licensee understands that during the period of this Voluntary Surrender that she is ineligible to work in any nursing role, including that of a nurse aide, nurse assistant, or medication assistant/aide.

9. This action is reportable discipline and will be published in the Board's newsletter and posted on its web site and reported into the National Practitioner Data Bank (NPDB) as required by law.

10. That the Board may enter an Order consistent with the terms of this Stipulation.

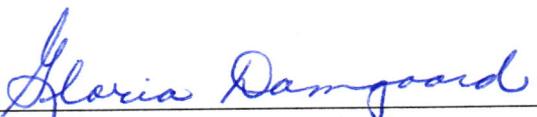
NOW, THEREFORE, the foregoing Voluntary Surrender Consent Order is entered into and is respectfully submitted to the Board with the request that the Board adopt its terms as an Order of the Board in the above matter.

Dated this 3 day of July, 2014.

  
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Kay Lynn Cain, RN

The South Dakota Board of Nursing met on the 12<sup>th</sup> day of June, 2014, and approved the attached Voluntary Surrender Consent Order as written by a vote of 9-0 and issued its Order as follows:

IT IS HEREBY ORDERED that the above Voluntary Surrender Consent Order is adopted as shown herein by the South Dakota Board of Nursing this 14<sup>th</sup> day of July, 2014.

  
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Gloria Damgaard, RN, MS  
Executive Director  
South Dakota Board of Nursing