



Pregnancy Weight Gain Resource Order Form



The following materials can be ordered from South Dakota Department of Health, Perinatal Health Program at 600 E. Capitol Pierre, SD 57501 or FAX 605.773.5683 or email DOH.PerinatalHealth@state.sd.us

Prenatal weight gain grids

Quantity
___ pads Underweight (50 sheets per pad)
___ pads Normal (50 sheets per pad)
___ pads Overweight (50 sheets per pad)
___ pads Obese (50 sheets per pad)

BMI wall chart

Quantity
___ BMI wall chart

Patient education brochure

Quantity
___ I didn't Know! My weight matters
___ A Healthy Mom's Daily Food Guide

Poster

Quantity
___ 8 1/2x11 size poster "I didn't Know! My weight matters"
___ 18 x 24 size poster "I didn't Know! My weight matters"

Weight gain prescription pad

Quantity
___pads Weight gain prescription pad (50 sheets per pad)

Resource toolkit

Quantity
___ kits Pregnancy weight gain resource toolkit

Healthy Smiles for Two - order by going to <http://doh.sd.gov/oralhealth>

Send to: _____
Name

Mailing address

City State Zip

Contact name Phone number